

Final Report

FS [OBSERVER]



Wesley A. Swinford

Incident ID: 01-005-168205, AS14-2022-0123925- 01

Injury: Boat Accident- Passenger

Date of Injury: Jun 03, 2022

Created Date: 12/11/2024

Requested By

Martie Buchanan

mbuchanan@mwcattorneys.com

Supporting File Documents

12/10/2024 Criminal Records ([Download file](#))

Background

Method Of Discovery

Name, Location, Associates, and DOB.

Summary of findings

Background and Family:

Wesley A. Swinford is a 53-year-old who lives in Lenexa, KS. He is married to Shea Swinford with whom he shares four children Saige, Sterling, Scarlett, and Slate.

Employment:

Per LinkedIn, Subject is a Branch Manager at Union Home Mortgage Corp (Mar 2024- present). Additionally, he is a contact for Swinford Properties, LLC.

Social Media:

Facebook, Instagram, Threads X, TikTok, and LinkedIn accounts were discovered for Subject.

Before the DOI:

- Half Marathon in May 2022
- 24-mile bike ride in July 2021
- Pictured on a boat in June 2021
- Trip to Maine in July 2021
- Photo of Subject on a boat in July 2020

After the DOI:

- Picture on a boat with Dan Schmidt and John Hilleary (06/04/2022)
- Colorado Trip in April 2024
- Thanksgiving 5K in November 2024 and 2022
- 10-mile backpacking hike in October 2024
- Colorado backpacking in July 2024
- 5K in June 2024
- 5K obstacle course in May 2024
- 10-mile hike in July 2022
- A backpacking trip in Europe in July 2022

Findings:

Most of the content on Subject's Facebook account is pictures of Subject with his friends and family going on walks, hikes, or backpacking. He frequently mentions participating in 5ks and going on 10-mile hikes with friends. Subject is frequently seen traveling and going to sporting events as well. His Instagram account features similar content to his Facebook account in addition to him documenting a 4000-mile backpacking trip in Europe in July 2022. He mentioned carrying a 50-pound backpack and posted photos of the terrain and cities he stopped in.

On 06/05/2022, Subject posted a photo of him and related claimants, Dan Schmidt and John Hilleary, on a boat. John Hilleary can be seen holding a can with a sleeve/koozy around it. The caption on this post reads, "Great day at LOTO. So blessed to have the these men: [Dan Schmidt](#) and [Chip Hilleary](#) and many others in my life. [#RCjH](#)#kufb." No direct mention of the claimed incident, injuries, or complications was observed on

Subject's accounts.

There is no content on his Threads and TikTok accounts. There is a content gap on Subject's X account from May 2017 to December 2022. Most of the content on this account is reposted finance charts and political content. There is no recent activity on his LinkedIn account.

Property Records:

Property records indicate that Subject doesn't own the property at the current address on the background check, 9324 Kenton St, Lenexa, KS 66227. Property records indicated that Subject doesn't own the property at the address provided by the Requestor, 9550 Monticello Rd, Lenexa, KS 66227. Please note that this report's "details" section includes the last two years of Subject's address history, as found on the background check.

File notes (other)

Indicators

Bankruptcies: None Found

Liens: None Found

Judgments: None Found

Professional License

WESLEY A SWINFORD

24355 W 114TH ST, OLATHE, KS 66061-7301

(JOHNSON COUNTY)

INSURANCE AGENT

Kansas 2183470

The account below appear to be hacked:

<https://www.facebook.com/wesswinford1>

Subject Information

Name :	Wesley A. Swinford
Social Security Number :	448-70-5432
	Nov 4, 2024 - Nov 8, 2024 9324 Kenton Street, Lenexa, Kansas 66227, United States
	Nov 22, 2023 - Jul 9, 2024 10237 Millstone Drive, Lenexa, Kansas 66220, United States
Last Known Addresses:	Nov 14, 2009 - Apr 23, 2023 9550 Monticello Road, Lenexa, Kansas 66227, United States
	Dec 18, 1998 - Aug 23, 2024 5433 Mission Road, Fairway, Kansas 66205, United States
	(913) 764-5336 (CT) (LandLine) (100%)
	(913) 221-7815 (CT) (Mobile) (86%)
	(816) 560-4494 (CT) (Mobile) (86%)
	(913) 254-6846 (CT) (VoIP) (70%)
	(913) 961-2099 (CT) (Mobile) (68%)
	(913) 485-9224 (CT) (Mobile) (66%)
Phone(s) :	(913) 492-8890 (CT) (LandLine) (66%)
	(913) 223-5760 (CT) (Mobile) (40%)
	(913) 314-1251 (CT) (Mobile) (40%)
	(913) 362-3284 (CT) (LandLine) (40%)
	(913) 432-3423 (CT) (LandLine) (40%)
	(913) 485-9272 (CT) (Mobile) (40%)
	(773) 525-3532 (CT) (LandLine) (39%)
	WES A SWINFORD (09/02/1995 to 10/15/2024)
	WESLEY SWINFORD (02/14/2013 to 10/15/2024)
	WESLEY A SWINFORD (09/02/1998 to 10/05/2024)
	WES N SWINFORD (12/08/2018 to 09/14/2023)
	WES SWINGFORD (09/02/2003 to 09/25/2024)
Alias(es) :	WES S SWINFORD (10/03/2020 to 10/03/2023)
	W SWINFORD (01/04/2016 to 10/03/2023)
	wes.swinford.3
	kccraze
	WesSwinford
	wes-swinford-1574234
	wswinford
Email Address(es) :	wswinford@gmail.com (100%)
DOB :	01/17/1971
Marital Status :	Married to Shea Swinford
Employment :	Branch Manager at Union Home Mortgage Corp (Mar 2024- present)
Alleged Injury :	Boat Accident- Passenger
Date of Loss :	06/03/2022
Education :	The University of Kansas
Hobbies :	Hiking, backpacking, and exercising
Additional Info :	NA

Associates

Name	Relationship	Account
Shea Swinford	Spouse	https://www.facebook.com/sheaphotography https://www.instagram.com/sheaphotography https://twitter.com/HeadshotsKC https://www.tiktok.com/@shea_photography https://www.instagram.com/the_headshot_studio/ https://theheadshotstudiokc.com/
Saige Swinford	Child	https://www.facebook.com/saige.swinford https://www.instagram.com/saigeswinford/ https://www.tiktok.com/@saigeswinford
Scarlett Swinford	Child	https://www.instagram.com/scarlett.swin/ https://www.tiktok.com/@scooby.immasnack
Sterling Swinford	Child	https://www.instagram.com/sterlingguy/
Slate Swinford	Child	https://www.instagram.com/slatethegreat2008/ https://www.instagram.com/slateswinford/ https://www.threads.net/@slateswinford

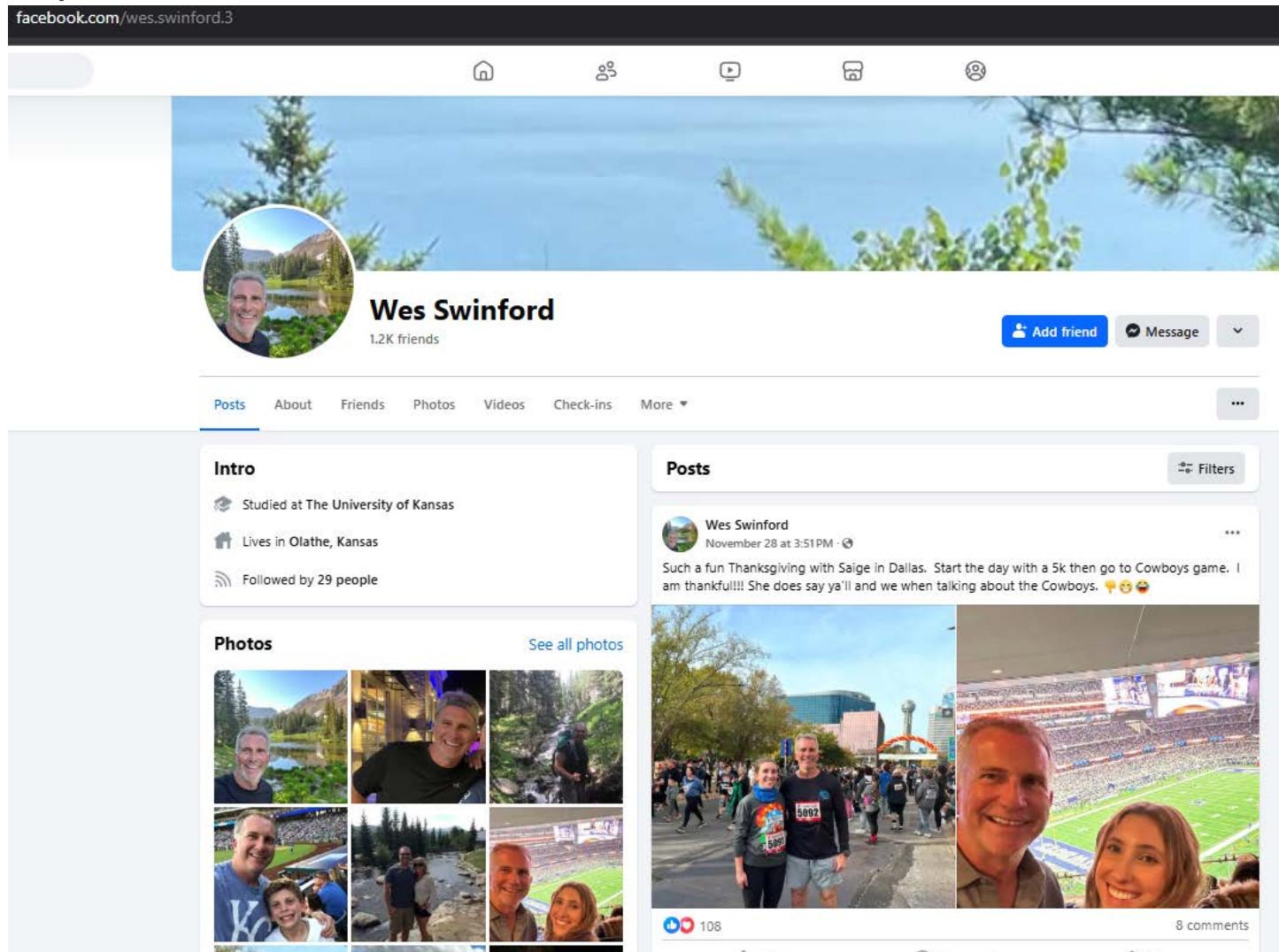
Profile Pages

Social Media Link: <https://www.facebook.com/wes.swinford.3>

Date Captured: Dec 09, 2024

Snapshot:

facebook.com/wes.swinford.3



The image shows a screenshot of a Facebook profile page. At the top, there is a large profile picture of a man with grey hair and a blue background. Below it, a smaller circular profile picture shows him smiling outdoors. The name "Wes Swinford" is displayed in bold black text, with "1.2K friends" underneath. To the right are buttons for "Add friend" and "Message". A navigation bar below the profile picture includes links for "Posts", "About", "Friends", "Photos", "Videos", "Check-ins", and "More".

Intro

- Studied at The University of Kansas
- Lives in Olathe, Kansas
- Followed by 29 people

Photos

See all photos



A grid of nine thumbnail images showing various photos of Wes Swinford and his family in different settings, including outdoors and at a stadium.

Posts

Filters

Wes Swinford November 28 at 3:51 PM · 

Such a fun Thanksgiving with Saige in Dallas. Start the day with a 5k then go to Cowboys game. I am thankful!!! She does say ya'll and we when talking about the Cowboys.   



108   8 comments

Social Media Link: <https://www.facebook.com/profile.php?id=100085762917210>

Additional Note: Inactive

Date Captured: Dec 11, 2024

Snapshot:

facebook.com/profile.php?id=100085762917210

Q Search Facebook

Wes Swinford
7 friends

Add friend Message

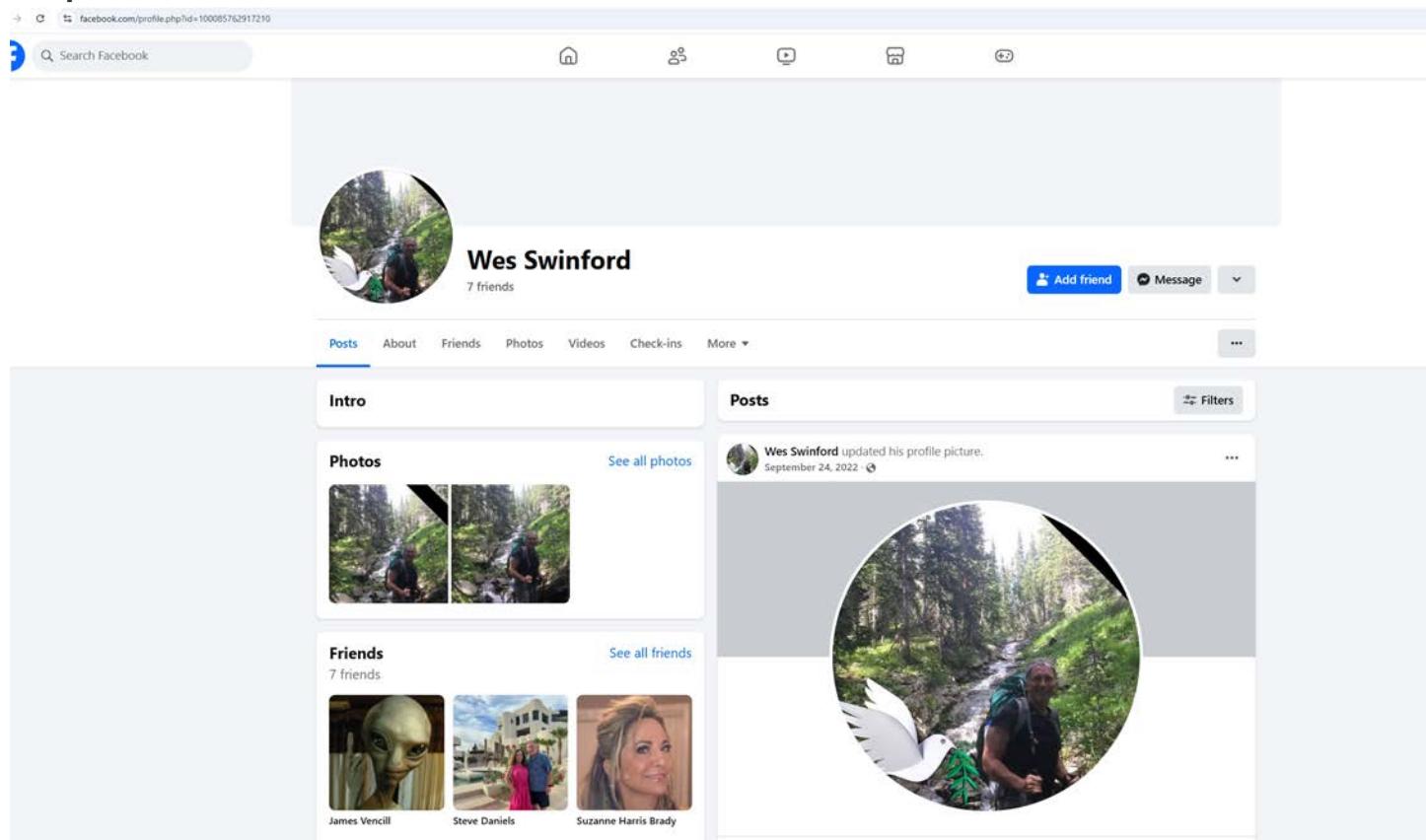
Posts About Friends Photos Videos Check-ins More

Intro Photos Friends Posts

Photos See all photos

Wes Swinford updated his profile picture. September 24, 2022

James Vencill Steve Daniels Suzanne Harris Brady

A screenshot of a Facebook profile page for 'Wes Swinford'. The profile picture shows a man with a backpack in a forest. The page title is 'Wes Swinford' with '7 friends'. Below the title are buttons for 'Add friend' and 'Message'. A navigation bar below the title includes 'Posts', 'About', 'Friends', 'Photos', 'Videos', 'Check-ins', and 'More'. The 'Photos' section shows two thumbnail images of the man in the forest. The 'Friends' section shows three friends: James Vencill, Steve Daniels, and Suzanne Harris Brady, each with a small profile picture. The 'Posts' section shows a single post by Wes Swinford from September 24, 2022, which is a profile picture of him in the forest. The post has a caption and a timestamp.

Social Media Link: <https://www.instagram.com/kccraze/>

Date Captured: Dec 09, 2024

Snapshot:

An Instagram profile for the user 'kccraze'. The profile picture is a circular photo of a smiling man with a beard. The bio reads 'Wes Swinford'. The stats are 84 posts, 473 followers, and 586 following. The profile features a grid of nine images: 1. A couple at a race finish line with city buildings in the background. 2. A vertical stack of four autumn foliage photos. 3. A group of people at a race. 4. A man smiling at a lake. 5. A yellow backpack with an American flag patch. 6. A large crowd of people at a race. 7. A man's face in a landscape. 8. A large crowd of people at a race. 9. A man's face in a landscape.

Social Media Link: <https://www.threads.net/@kccraze>

Additional Note: No Content

Date Captured: Dec 09, 2024

Snapshot:

threads.net/@kccraze

kccraze

...

Wes Swinford
kccraze



74 followers

Follow Mention

Threads Replies Reposts

No threads yet.

Social Media Link: <https://x.com/WesSwinford>

Date Captured: Dec 09, 2024

Snapshot:

x.com/WesSwinford

Wes Swinford
44 posts



Wes Swinford
@WesSwinford

Joined April 2016

168 Following 28 Followers

Not followed by anyone you're following

Posts **Replies** **Media**

Wes Swinford @WesSwinford · Jun 27
Can't wait for Saturday night live after this debate!!

Q 4 48

Lindsey Graham @LindseyGrahamSC · Jun 27
President Biden's memory is worse than we thought:

“The truth is, I'm the only President this century...this decade that doesn't have any troops dying anywhere in the world like he did.”

The American people will never forget the horrible withdrawal from Afghanistan that claimed

Show more

Post

Social Media Link: <https://www.tiktok.com/@wesswinford>

Additional Note: No Content

Date Captured: Dec 09, 2024

Snapshot:

tiktok.com/@wesswinford



wesswinford WesSwinfeld

[Follow](#) [Message](#) [...](#)

25 Following 37 Followers 0 Likes

No bio yet.

[Videos](#) [Liked](#)



No content

This user has not published any videos.

Social Media Link: <https://www.linkedin.com/in/wes-swinford-1574234/>

Date Captured: Dec 09, 2024

Snapshot:

linkedin.com/in/wes-swinford-1574234/



Search



Home



My Network



Jobs



Messaging



Notifications



Wes Swinford

It's an Adventure

United States · [Contact info](#)

500+ connections

 Connect

 Message

 More

Activity

1,107 followers

Wes hasn't posted yet

Recent posts Wes shares will be displayed here.

[Show all activity →](#)

Experience



Branch Manager

Union Home Mortgage Corp. · Full-time

Mar 2024 - Present · 10 mos

Overland Park, Kansas, United States



Search



Home



My Network



Jobs



Messaging



Notifications



Wes Swinford

It's an Adventure



Caliber Home Loans, Inc. · Full-time
Sep 2021 - Mar 2024 · 2 yrs 7 mos
Overland Park, Kansas, United States



Associate

None

Oct 2021 - Nov 2022 · 1 yr 2 mos



Branch Manager

Sente Mortgage

Jan 2020 - Sep 2021 · 1 yr 9 mos
Overland Park, KS



Branch Manager

Caliber Home Loans, Inc.

Apr 2017 - Jan 2020 · 2 yrs 10 mos
Kansas City, Missouri Area

Show all 8 experiences →

Education



The University of Kansas

1989 - 2003

Skills

Management

4 endorsements

Credit

Social Media Link: <https://www.uhm.com/loan-officers/wes-swinford/>

Date Captured: Dec 10, 2024

Snapshot:

The screenshot shows a web browser with the URL [uhm.com/loan-officers/wes-swinford/](https://www.uhm.com/loan-officers/wes-swinford/) in the address bar. The page features the Union Home Mortgage logo at the top left. At the top right are links for "APPLY NOW", "MY ACCOUNT", and a menu icon. A large, dark purple banner across the top has the phone number "(913) 562-9576" in green text, and a "SET AS MY LOAN OFFICER" button. Below the banner, the page title "Wes Swinford" is in bold black text. To the left of a large portrait of Wes Swinford, there is contact information: "Branch Manager", "wswinford@uhm.com", "Phone/Fax: (913) 562-9576", "Mobile: (913) 221-7815", and the address "5350 College Boulevard | Suite 100 Overland Park, KS 66211". Below this is the "NMLS 212335" identifier. A section titled "LICENSED IN: KS, MO" includes a link to the "STATE NMLS LIST" and a "Contact me today!" button. At the bottom left are two buttons: "CONTACT WES" with an arrow icon and "CHECK MY LOAN STATUS".

Social Media Link: <https://www.zillow.com/lender-profile/wswinford/>

Date Captured: Dec 10, 2024

Snapshot:

zillow.com/lender-profile/wswinford/

Buy Rent Sell Home Loans Agent finder



List your rental Advertise Help Sign In

Mortgages / Lender Directory / Kansas / Overland Park / Wes Swinford



Union Home Mortgage Corp.

Wes Swinford

Branch Manager | NMLS# 212335

5.00

15 Reviews (0 Recent | 1 Verified)

[Message Wes](#)

About Wes

Union Home Mortgage offers you friendly, exceptional service and great mortgage products. As a customer, you will have the unique opportunity to develop a relationship with mortgage professionals who really care about you. We take pride in giving our customers the very best lending experience possible.

[Show More](#)

Address

5350 College Boulevard Suite 100
Overland Park, KS 66211

Cell

(913) 221-7815

Website

<http://www.uhm.com/wswinford>

Wes's Reviews

[Write a review...](#)

Other

 Reviews

 System ID: [516920](#)

 [Wesley A. Swinford](#)

 <https://www.experience.com/reviews/wes-12631061>

Reviews for Subject as a Loan Officer

experience.com/reviews/wes-12631061

ence.com Solutions Products Resources Search Professionals, Services, Titles...



Wes Swinford
Branch Manager
Works at [Union Home Mortgage Corp - Ove...](#)

5.0  (15) [Contact Wes](#) [Refer Wes](#) [...](#)

Contact [My Website](#)

Reviews Rating About

Reviews [Write a Review](#)

5.0  [Zuser20180103100929807](#) Lenexa, KS [Posted on May 24th, 2018 08:00 PM](#)
I've worked with Wes a couple times, he is always easy to work with and making buying a house simple! I would highly recommend Wes and his team to anyone looking to buy a home

5.0  [Pbsr1](#) Overland Park, KS [Posted on December 17th, 2017 07:00 PM](#)
Wes did a great job for my family. He took care of every aspect of the loan making the process completely stress free. At closing all of his documents were presigned and in order. I give Wes a 10!

 5350 College Boulevard | Suite 100, Overland Park, Kansas - 66211

 Wheelchair

 Parking available

Wes is our go to person when dealing with a mortgage. We were 1st introduced to Wes in 2009 when we wanted to refinance our home. Wes was great to work with. He explained every step to us and made us very comfortable. We purchase a new property... [read more](#)

5.0 

 :

 Zuser20140407173734740
Valley Falls, KS

Posted on September 21st, 2017 08:00 PM

He made the first time home loan a very quick and painless.. He made everything so easy and had updates come directly to my phone so I knew where things were at with the loan process. I would definitely recommend him for a home loan!

5.0 

 :

 Danehundley
Lenexa, KS

Posted on May 9th, 2017 08:00 PM

Wes stuck with my wife and I and helped us along for over a year during the closing process. Long story short the first house did not work out due to misleading promises from the seller and Wes was able to stick with us while we searched for... [read more](#)

5.0 

 :

 Zuser20160326165407753
Kansas City, KS

Posted on November 6th, 2016 07:00 PM

Wes and Michele went above and beyond during the entire home buying process. Wes was always available to answer questions during normal business hours and after business hours. Michele was



User22113235

Shawnee, KS

Posted on June 14th, 2016 08:00 PM

We've used Wes three times and each time he provides exceptional service. He does everything he can to make the process easy for his clients. Wes is pleasure to work with, and we would definitely use him again.

5.0



:



Heidi B

Olathe, KS

Posted on June 1st, 2016 08:00 PM

Wes was Great! I had a somewhat complicated road with a year long pending divorce that was not close to being finalized, no orders and a mortgage that I had to refinance that was not in my name but in my husband's. Wes was super patient, in... [read more](#)

5.0



:



Ally A

Atchison, KS

Posted on April 19th, 2016 08:00 PM

Wes was helpful with every part of the mortgage process and was available to answer any and all questions we had. We would highly recommend him for your mortgage needs.

5.0



:



Seever09

Atchison, KS

Posted on February 22nd, 2016 07:00 PM

This was my first time buying a home and I was doing it by myself. Wes was really helpful to make

f Facebook

f [wes.swinford.3](#)



Posted: Jul 18, 2020

f System ID: [517338](#)



Captured: Dec 11, 2024

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo.php?fbid=10219946144182820&set=pb.1198655445.-2207520000&type=3>

Before the DOI. Photo of Subject on a boat. It's not the Mountains, but it's the next best thing if you live in Kansas. LOTO

facebook.com/photos.php?fbid=102199461441820&user=pb.1199555445_2207520090&type=3



Wes Swinford July 18, 2020

It's not the Mountains, but it's the next best thing if you live in Kansas. LOTO

115 15

Most relevant

Matt McLane dude, you wearing a thong? 4y Like Reply Edited

Wes Swinford Yes Sir! Like always 4y Like Reply

Write a reply...

Jeff James Looking good Billy Ray! 4y Like Reply

Wes Swinford I don't know what that means? 4y Like Reply

Jeff James Wes Swinford its a movie quote, from the end of Trading Places. 4y Like Reply

Jeff James https://youtu.be/sCkiHxcBgXg 4y Like Reply

YOUTUBE.COM Looking good, Billy...

Write a comment...

4y Like Reply

Wes Swinford

Of course it's a movie quote
from you. 😊

...

4y Like Reply



Barb Roth Wells

Wes Swinford oh Wes how
could you not know that line?

...

4y Like Reply



Wes Swinford

Feeling Good Lewis! ...
Am I forgiven?

...

4y Like Reply 2 😊



Jeff James

Wes Swinford all good!

...

4y Like Reply



Write a reply...



Brian Smith

Do they have lifeguards?

...

4y Like Reply



Wes Swinford

Yes. They are very friendly

...

4y Like Reply



Brian Smith

Wes Swinford always good if
you need to get rescued

...

4y Like Reply



Wes Swinford

It's likely

...

4y Like Reply



Write a reply...



Jeff Hall

Looking good wild man!

...

4y Like Reply



Write a comment...

...



f Facebook

f [wes.swinford.3](#)

Posted: Jun 26, 2021

f System ID: [516722](#)

Captured: Dec 10, 2024

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid03gt3hA6weJfgctUoWZXpQ4uEsRkCvNd5rNUorMk8BWKmgivv7Yc8yYJH4tioHeUMI>

Before the DOI. Subject is pictured on a boat Incredible day in Florida on the water.

facebook.com/wes.swinford.3/posts/pfbid03gt3hA6weJfgctUoWZXpQ4uEsRkCvNd5rNUorMk8BWKmgivv7Yc8yYJH4tioHeUMI

Wes Swinford
June 26, 2021 ·

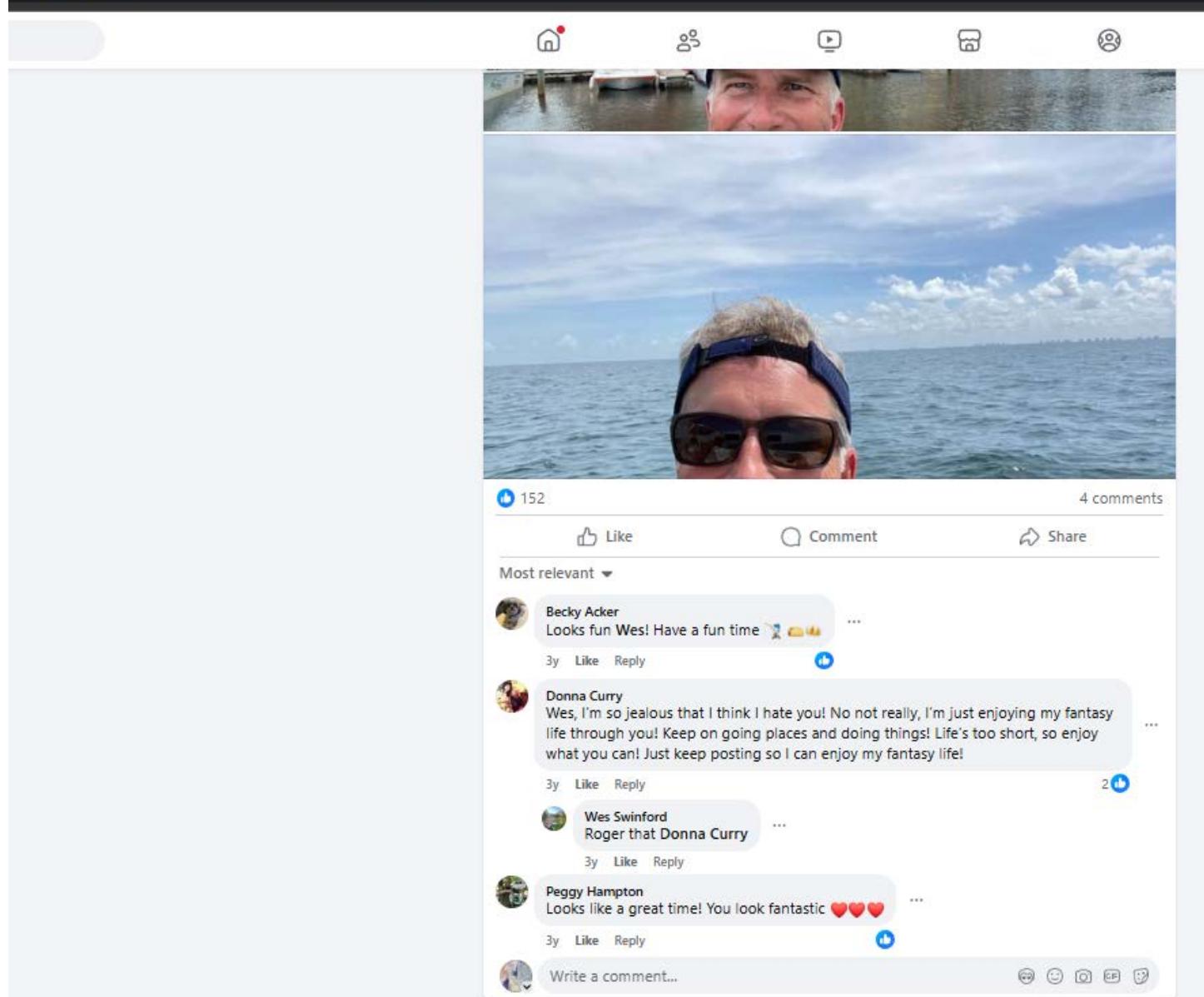
Incredible day in Florida on the water.

152

Like Comment Share

Most relevant

Becky Acker
Looks fun Wes! Have a fun time



152 4 comments

Like Comment Share

Most relevant

Becky Acker Looks fun Wes! Have a fun time 😊👍...

3y Like Reply

Donna Curry Wes, I'm so jealous that I think I hate you! No not really, I'm just enjoying my fantasy life through you! Keep on going places and doing things! Life's too short, so enjoy what you can! Just keep posting so I can enjoy my fantasy life!

3y Like Reply 2

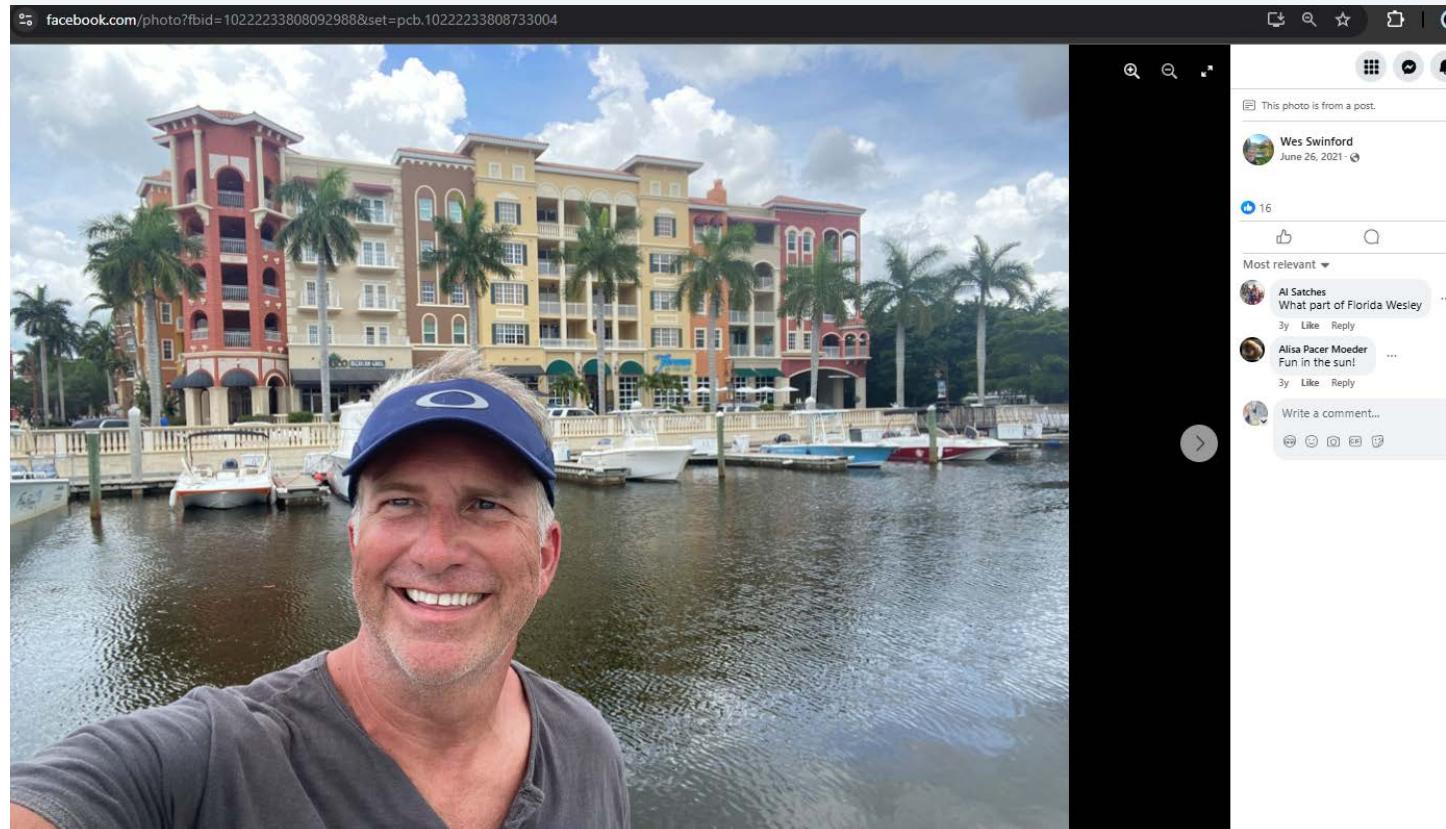
Wes Swinford Roger that Donna Curry ...

3y Like Reply

Peggy Hampton Looks like a great time! You look fantastic ❤️❤️❤️ ...

3y Like Reply

Write a comment...



facebook.com/photo?fbid=10222233808092988&set=pcb.10222233808733004

16

Like Comment

Most relevant

Al Satches What part of Florida Wesly ...

3y Like Reply

Alisa Pacer Moeder Fun in the sun! ...

3y Like Reply

Write a comment...



This photo is from a post.

 Wes Swinford
June 26, 2021

 Write a comment...

Instagram

Profile: [kccraze](#)

System ID: [516820](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/CQmWJg6ALg4/>

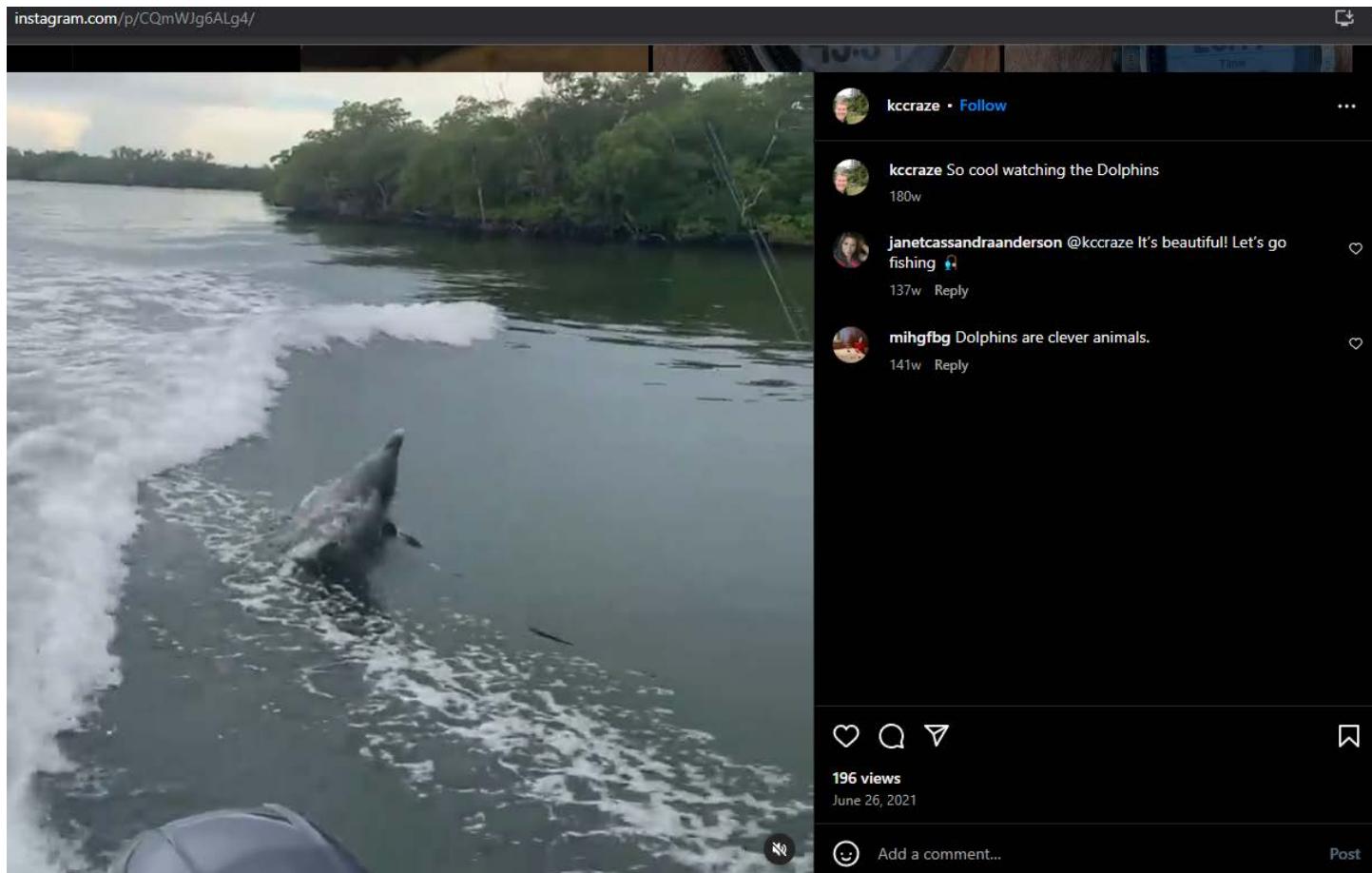


Posted: Jun 26, 2021



Captured: Dec 10, 2024

Before the DOI. So cool watching the Dolphins



[Link to download video](#)

f Facebook

f [wes.swinford.3](#)



Posted: Jul 23, 2021

f System ID: [516721](#)



Captured: Dec 10, 2024

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10222386025618331&set=a.10203343796014492>

Before the DOI. Mentions a 24 mile bike ride The kids sure love a 24 mile bike ride with dad on Friday afternoon....at least some of them do.. 😂 3 outta 4 ain't bad!!!

facebook.com/photo?fbid=10222386025618331&set=a.10203343796014492

Wes Swinford July 23, 2021 · 9
The kids sure love a 24 mile bike ride with dad on Friday afternoon....at least some of them do.. 😂
3 outta 4 ain't bad!!!

155 21

Most relevant

Mandy Martin Adcock Oh Saige!!! I think I saw you at the airport on Wednesday. Aden was going to Georgia with a friend. Have fun.
3y Like Reply

Jaidan Alley Carter I feel you, Saige!!!!
3y Like Reply

Barbara Rodriguez I feel you, Saige!!!!
3y Like Reply

Darrin Shiplett Great job dad!
3y Like Reply

Sara Shay Tarvin 🥰
3y Like Reply

Rita Lawson Lol poor thing! 😂
3y Like Reply

Terri Watters-Treat Meanie!

Write a comment...



 Kristene Canady
Omg, I'm right there with her!! 😱😱
I'd have called an Uber at mile 1!!! 😱😱😱

3y Like Reply

 Wes Swinford replied - 1 Reply

 Jason Rawlings
Wes that bike ride better have been in CO or that is child abuse! 😱😱

3y Like Reply

 Wes Swinford replied - 1 Reply

 Joe Guerrien
When are we going to ride??? ...

3y Like Reply

 Wes Swinford replied - 1 Reply

 Michelle Forlenza Justis
I'm right there with ya girl! ...

3y Like Reply

 JaShena Turner Duke
They hate you

3y Like Reply

 Wes Swinford
Most Days! 😊

3y Like Reply

 Jaci Duke Kern
What a group of comments

3y Like Reply

 Matt McLane
I'll be in Breck tomorrow if you wanna extend that ride a bit

3y Like Reply

 Write a comment...

Instagram

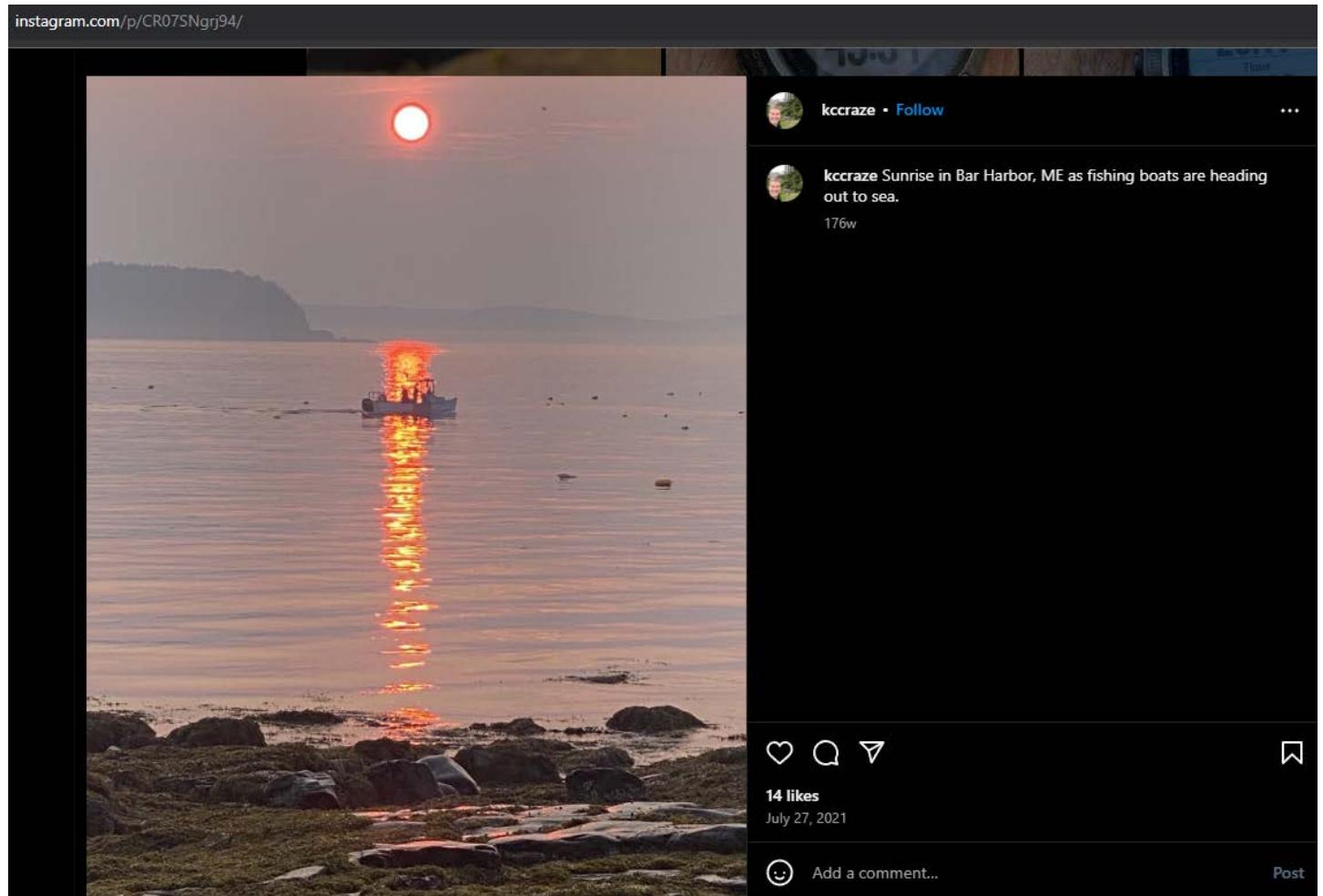
Profile: [kccraze](#)

System ID: [516817](#)

Profile: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/CR07SNgrj94/>

Before the DOI. Subject went to Maine



f Facebook

f [wes.swinford.3](#)

f System ID: [516720](#)

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10222502568171822&set=a.10222502568531831>

Before the DOI.

facebook.com/photo?fbid=10222502568171822&set=a.10222502568531831



Wes Swinford August 14, 2021 · 190 2:1

Most relevant

- Marilyn Kerr Good-looking crew. 3y
- Bonnie Bradley Great pic 3y
- Allison Marler Porembski Beautiful family 3y
- Peggy Hampton Beautiful family 3y
- Jenny Taylor Edrington You did good Wes! 3y
- Wes Swinford Ahhh Thanks 3y
- Becky Acker Gorgeous!!!! 3y
- Dan Pickman Great picture !! 3y
- Corbin Frank Hey all four of em smiling this time 3y
- Marni Peet Licursi Beautiful Family 3y



Kevin Kimerer Beautiful fam, beautiful country ...
3y

Cory Tarvin Nice pic. Have fun ...
3y

Terri Watters-Treat Great picture!! ...
3y

Suzanne White Hilleary Beautiful family ...
3y

Bret Pomrenke Great looking crew! ...
3y

Alisa Pacer Moeder Great picture ...
3y

Laura Glenn Aaron Good job Dad, awesome photo ...
3y

Jeff D Frank Follow Looking good ...
3y

David Bond Great photo! Where was that taken?
3y

Wes Swinford Acadia national forest Bar Harbor Maine ...
3y

Tanya Tippeconic-Shaw Beautiful family! ...
3y

David Sanders Nice pic happy family ...
3y

f Facebook

f [wes.swinford.3](#)



Posted: Sep 18, 2021

f System ID: [516718](#)



Captured: Dec 10, 2024

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid02hxgf7MwrFeN6pSQmQnAijo2HGLLiGAHuULSd84d2jf89HyQPBoExzhc6qM9spbU7I>

Before the DOI. It's always a great day in Lawrence, Kansas with this crew no matter the score. Blessed Dad.

Home Groups Photos Videos News

 Wes Swinford
September 18, 2021 · 

It's always a great day in Lawrence, Kansas with this crew no matter the score. Blessed Dad.



217 29 comments

 Like  Comment  Share

Most relevant ▾

 David Lyle
Great picture of all of you ...

3y Like Reply



David Lyle
Great picture of all of you

3y Like Reply



Wes Swinford
We're you there? I thought I saw you.

3y Like Reply



David Lyle
Wes Swinford I was. Beth, Jack, Rachel too.

3y Like Reply



Alice Alcorn
You have some good looking kids Wesley

3y Like Reply



Wes Swinford
Ahhh Thanks.

3y Like Reply



Cody Vandruff
Awesome !!

3y Like Reply



Andrea Moore Sewell
Love this

3y Like Reply



Dan Schmidt
Rock Chalk!!

3y Like Reply



Jeff James
Awesome pics brother! Definitely blessed!

3y Like Reply



Devalyn Duke · Follow

3y Like Reply



Devalyn Duke · Follow
love!!!!!!

3y Like Reply

Devalyn Duke · FOLLOW
love!!!!!!

3y Like Reply Edited

Fred Roll
Just be glad you don't live here. One is required to be so fng woke.

3y Like Reply

Mike Rouse



3y Like Reply

Wes Swinford
Mike Rouse Haha...She does look cute in purple. She's Crimson and Blue at heart. Thanks for having her.

3y Like Reply

Write a reply...

Chris Maumalanga
Jayhawker Baby

3y Like Reply

Reynae Frank Quigley
Lookin good Wes !!

3y Like Reply

Michael Ring
Looking Good!

3y Like Reply

Becky Acker
Beautiful family!! How was the game, did they win?!

3y Like Reply

Wes Swinford
Becky Acker-Renner ummm...No they did not.

3y Like Reply

Write a reply...

Susie Cheatham
I thought I saw you at the game! ...
3y Like Reply

Wes Swinford
Susie Cheatham thanks for saying hi. ...
3y Like Reply

Susie Cheatham
Wes Swinford you were a long ways away!! And entering the stadium. ...
3y Like Reply

Write a reply...

Jaci Duke Kern
What fun. Where's Scarlett ...
3y Like Reply

Wes Swinford
Jaci Duke Kern with friends of course 😊 ...
3y Like Reply

Jaci Duke Kern
Wes Swinford being sixteen ...
3y Like Reply

Write a reply...

Keith Rodgers
The throwback threads are epic ...
3y Like Reply

Wes Swinford
Vintage ...
3y Like Reply

Write a reply...

Janelle Johnston
That is awesome!!! ❤ ...
3y Like Reply

Write a comment...



This photo is from a post.

Wes Swinford
September 18, 2021

5

Write a comment...



This photo is from a post.

 Wes Swinford
September 18, 2021

12

Like Comment

Write a comment...



This photo is from a post.

 Wes Swinford
September 18, 2021

9

Like Comment

Most relevant

 Ty Moeder
Nice view from the Suites ...
3y Like Reply

 Wes Swinford replied - 1 Reply

Write a comment...

f Facebook

f [wes.swinford.3](#)



Posted: Oct 24, 2021

f System ID: [516716](#)

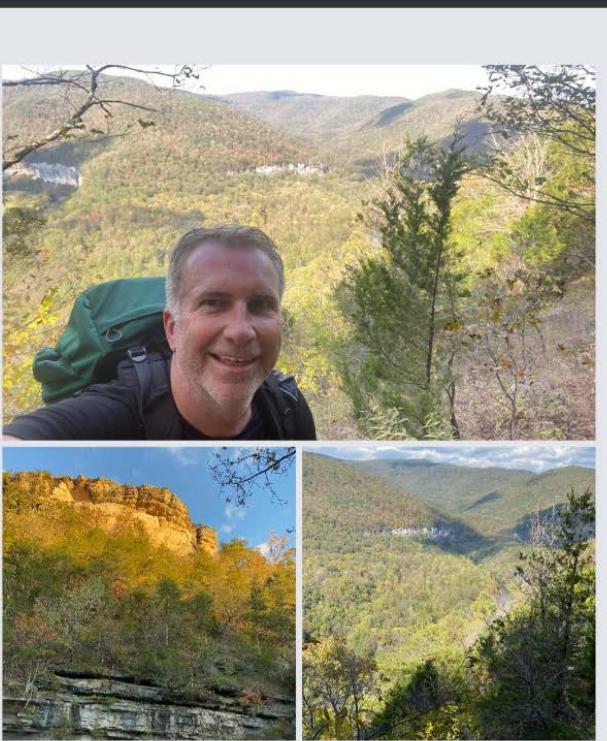


Captured: Dec 10, 2024

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10222843127525593&set=a.10203343796014492>

Before the DOI. Incredible weather to hike and camp in Arkansas this weekend. "Sit as little as possible, do not believe any idea that was not born in the open air and in free movement in which the muscles do not also revel" - Nietzsche



Wes Swinford October 24, 2021 ·    

Incredible weather to hike and camp in Arkansas this weekend.
"Sit as little as possible, do not believe any idea that was not born in the open air and in free movement in which the muscles do not also revel!"
- Nietzsche

111    

Most relevant ▾

Jaci Duke Kern Looks beautiful!     3y Like Reply

Jason Kanak Awesome wes     3y Like Reply

Peggy Hampton     3y Like Reply

     3y Like Reply

Devalyn Duke Follow nice     3y Like Reply

Devalyn Duke replied - 2 Replies    

Steven Curry Looks awesome!!     3y Like Reply

Alisa Pacer Moeder Beautiful     3y Like Reply

    Write a comment...    

f Facebook

f [wes.swinford.3](#)



Posted: Dec 11, 2021

f System ID: [516715](#)

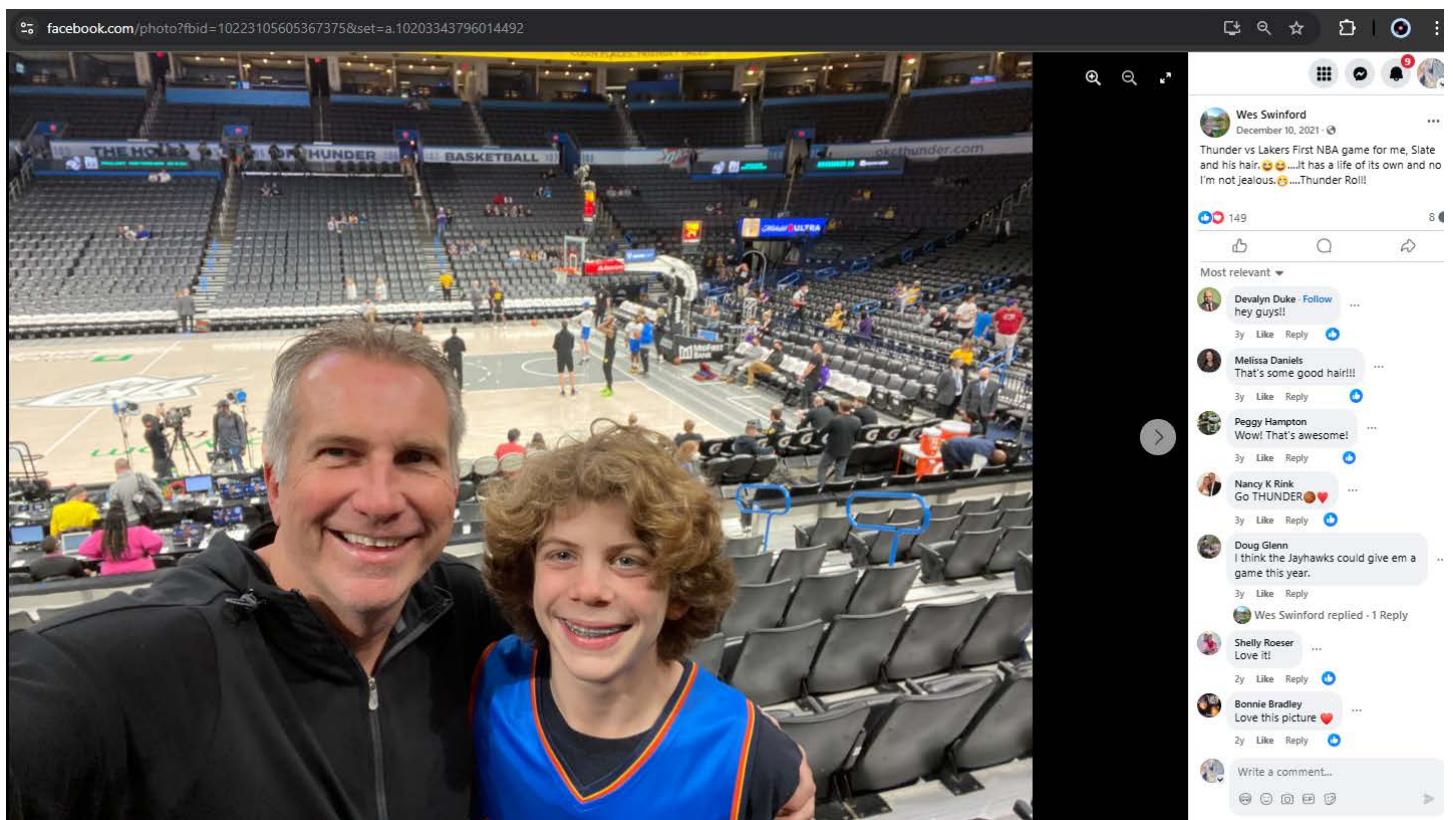


Captured: Dec 10, 2024

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10223105605367375&set=a.10203343796014492>

Before the DOI. Thunder vs Lakers First NBA game for me, Slate and his hair. 😂....It has a life of its own and no I'm not jealous. 😂....Thunder Roll!



f Facebook

[f wes.swinford.3](#)



Posted: Jan 17, 2022

[f System ID: 516714](#)



Captured: Dec 10, 2024

[p Wesley A. Swinford](#)

→ <https://www.facebook.com/wes.swinford.3/posts/pfbid0xCxNaa6vngC6f4WaHqyRPjzgtwnRV8S6gqdZq2WYwEMSMGHjiDZCzziZZkZvHLnl>

Before the DOI. Thanks for all the birthday wishes. I had an incredible day. Starting with my OTF pep's then a 9 mile hike with these two awesome men, and dinner with my youngest two. Only 49 more years to go. May you live as long as you want, and as long as you live may you never want. Cheers



Wes Swinford

January 17, 2022 ·

...

Thanks for all the birthday wishes. I had an incredible day. Starting with my OTF pep's then a 9 mile hike with these two awesome men, and dinner with my youngest two. Only 49 more years to go.

May you live as long as you want, and as long as you live may you never want.
Cheers



147

54 comments

Like

Comment

Share

Most relevant ▾

Home Groups Photos Videos News

Alice Alcorn Happy belated birthday 🎉 hope it was great ...
2y Like Reply 1

Melinda Mason Wall Happy birthday! ...
2y Like Reply 1

Ali Cia Happy Birthday 🎉🎈!! ...
2y Like Reply 1

Lori Womack-Kloxin Happy birthday Wes!! ...
2y Like Reply 1

Max Taylor How well I remember that Sunday morning that you were born! Happy Birthday 🎉 ...
2y Like Reply 1

Steven Curry Max Taylor I bet you do ...
2y Like Reply 2

Write a reply... 🎉🎈

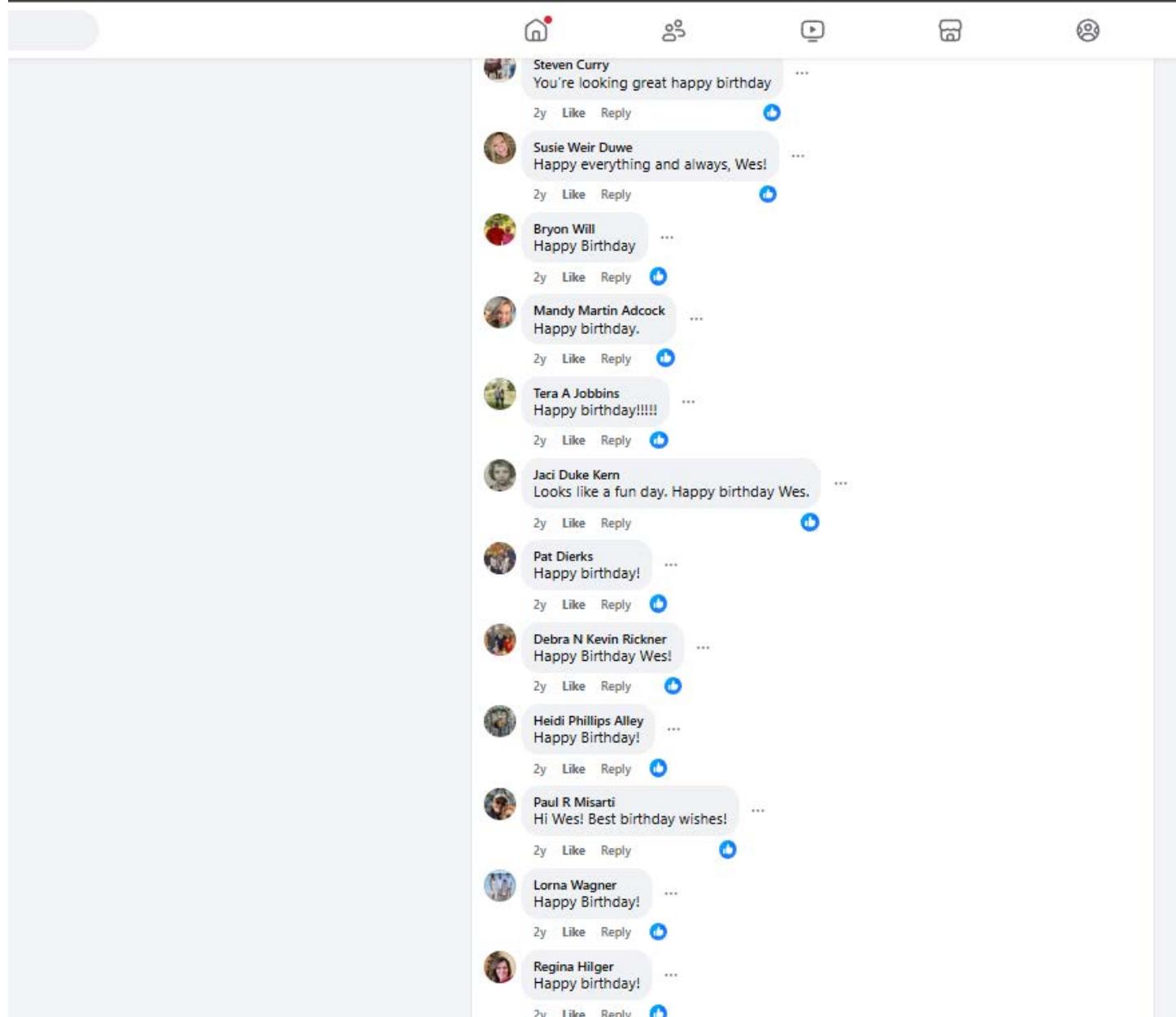
Beth Levan Lyle Happy Birthday, Wes! 🎉 Cheers to 51 years! ...
2y Like Reply 1

Amy Reilly Arnold Happy birthday!! 🎉🎈🎉 ...
2y Like Reply 1

Genia Gore Sounds like you had a great day!!! Happy birthday ...
2y Like Reply 1

Shona Houston Happy Birthday! 🎉 ...
2y Like Reply 1

Melissa Hahn Price Happy Birthday! 🎉🎈🎉 ...
2y Like Reply 1



A screenshot of a Facebook post showing 11 comments from 2018. The comments are as follows:

- Steven Curry: You're looking great happy birthday. 2y Like Reply
- Susie Weir Duwe: Happy everything and always, Wes! 2y Like Reply
- Bryon Will: Happy Birthday. 2y Like Reply
- Mandy Martin Adcock: Happy birthday. 2y Like Reply
- Tera A Jobbins: Happy birthday!!!! 2y Like Reply
- Jaci Duke Kern: Looks like a fun day. Happy birthday Wes. 2y Like Reply
- Pat Dierks: Happy birthday! 2y Like Reply
- Debra N Kevin Rickner: Happy Birthday Wes! 2y Like Reply
- Heidi Phillips Alley: Happy Birthday! 2y Like Reply
- Paul R Misarti: Hi Wes! Best birthday wishes! 2y Like Reply
- Lorna Wagner: Happy Birthday! 2y Like Reply
- Regina Hilger: Happy birthday! 2y Like Reply

Home Groups Video Photos People

Morgan Loewenherz Happy Birthday Wes! ...
2y Like Reply

Julie Koetting Barrett Happy Birthday! 🎉🎈...

Larri Veit Happy birthday! 🎉...

David Sanders Happy Birthday ...
2y Like Reply

Christine Rhoades Happy Birthday 🎉...

Bret Pomrenke Love you man! ...



2y Like Reply

Christine Kovalik Sounds like a great birthday! 🎉...

Yvette Long- Hatfield Happy Birthday! 🎉...

Shannon Brimacombe Compass · Follow Happy Birthday 🎉...

Denise Lovelv

The image shows a screenshot of a Facebook post comments section. The post itself is not visible, but the comments are clearly legible. There are 12 comments, each with a user profile picture, the user's name, their message, and interaction buttons for 'Like' and 'Reply'. The messages are all birthday wishes for 'Wes Swinford'.

- Denise Lovely: Happy Birthday!!!
- Carrie Deck: Happy Birthday!
- Shelly Roeser: Happy birthday!
- Jamie M. Moore: Happy Birthday
- Devalyn Duke: Happy Birthday
- James Vencill: Happy Birthday Wes Swinford !!!
- Jeff D Frank: Happy birthday
- Kyle Vandruff: Happy Birthday!
- Marsha Moore: Happy birthday Wes
- Allison Vance Moore: Happy birthday!
- Terri Watters-Treat: Happy happy birthday
- Amanda Alexander: Happy Birthday, Wes!

Amanda Alexander
Happy Birthday, Wes!

2y Like Reply

Donna Glenn

2y Like Reply

Katie Cullen-Strong
Happy birthday, Wes!

2y Like Reply

Reynae Frank Quigley

2y Like Reply

Terri Ruder
HBD

2y Like Reply

Heather Meyer
Happy Birthday Wes!!!

2y Like Reply

Darwin L. Anderson
Happy Birthday

2y Like Reply

Shannon Fleenor Price
Happy Birthday

2y Like Reply

Jnz Davis
Happy belated bday!

2y Like Reply

Suzanne Harris Brady
Happy belated birthday 🎉

2y Like Reply

Laura Taylor
Happy birthday!

2y Like Reply

Write a comment...





Instagram

Profile: [kccraze](#)

System ID: [516815](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/CZXJOJex3n/>

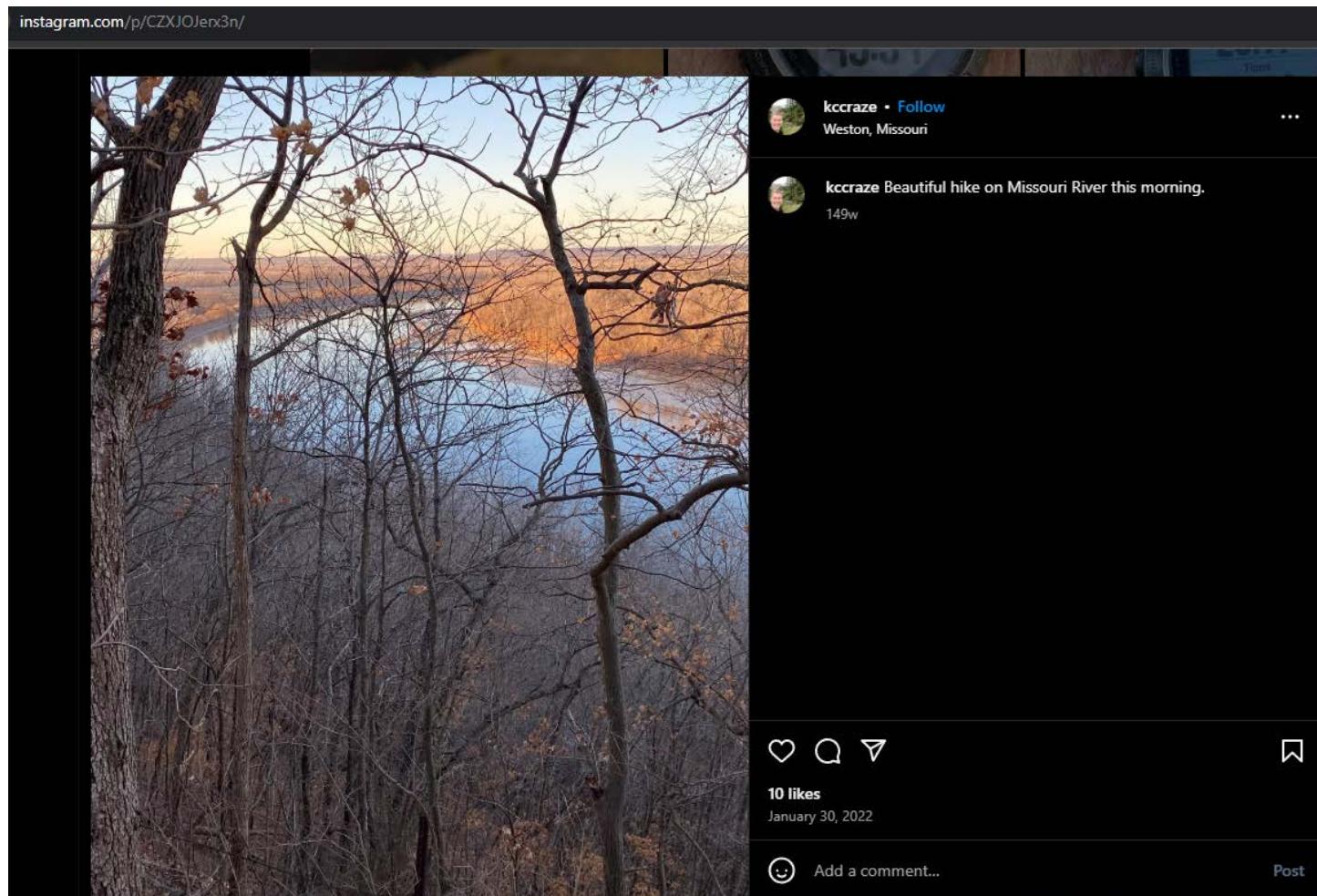


Posted: Jan 30, 2022



Captured: Dec 10, 2024

Before the DOI. Beautiful hike on Missouri River this morning.



Instagram

Profile: [kccraze](#)

System ID: [516814](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/CZfz13JrZZm/>

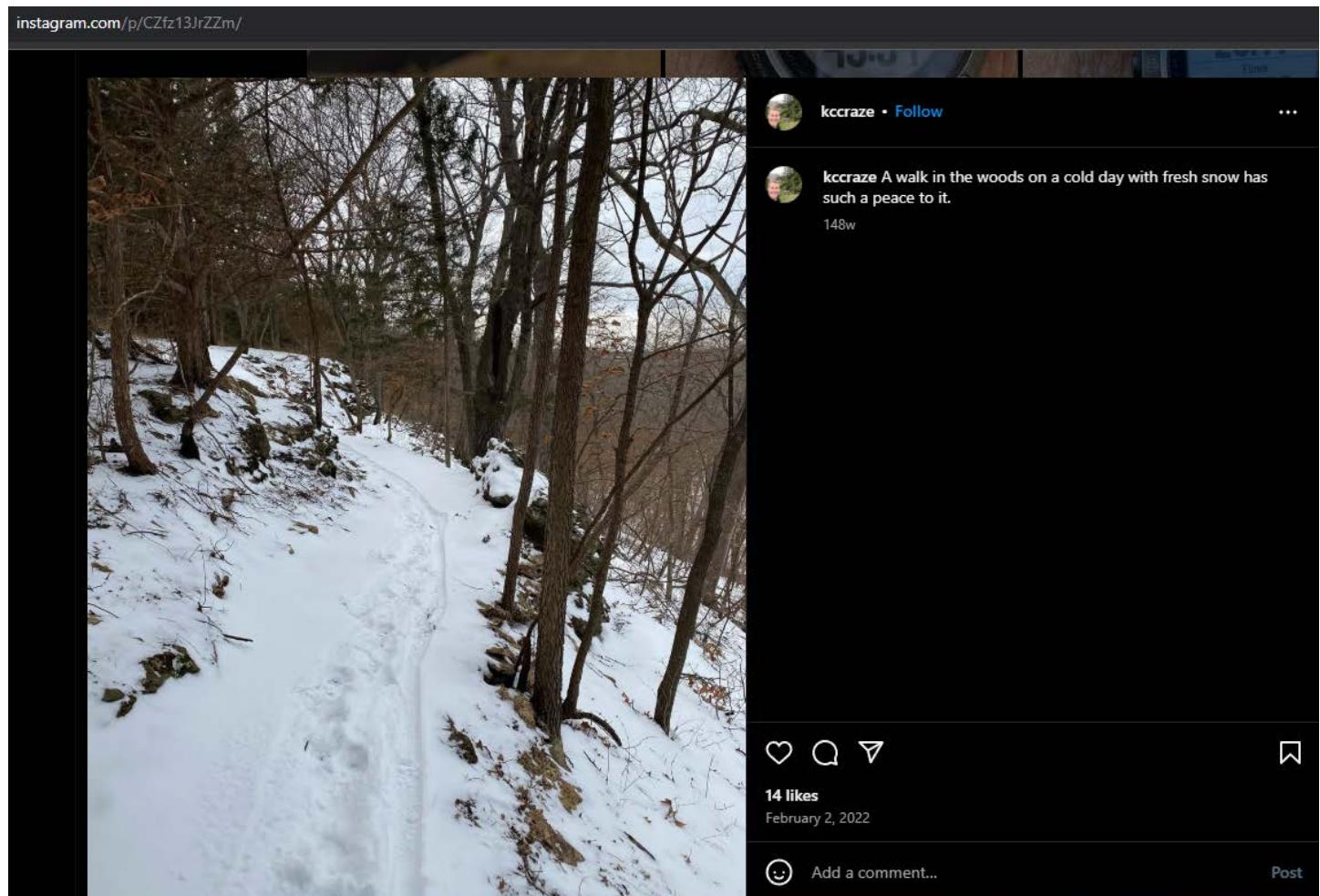


Posted: Feb 02, 2022



Captured: Dec 10, 2024

Before the DOI. A walk in the woods on a cold day with fresh snow has such a peace to it.



f Facebook

f [wes.swinford.3](#)



Posted: Mar 10, 2022

f System ID: [516713](#)



Captured: Dec 10, 2024

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10223553771291243&set=a.10203343796014492>

Before the DOI. Snow day = Big 12 tournament with this guy! RCJH

facebook.com/photo?fbid=10223553771291243&set=a.10203343796014492



Wes Swinford March 10, 2022 · 193 18

Snow day = Big 12 tournament with this guy! RCJH

Heidi Phillips Alley Wade and I have always wanted to go to the Big 12 tournament. Have fun! 2y Like Reply

Wes Swinford Great well let's get it scheduled for next year. Your son is just an hour away. 2y Like Reply

Write a reply...

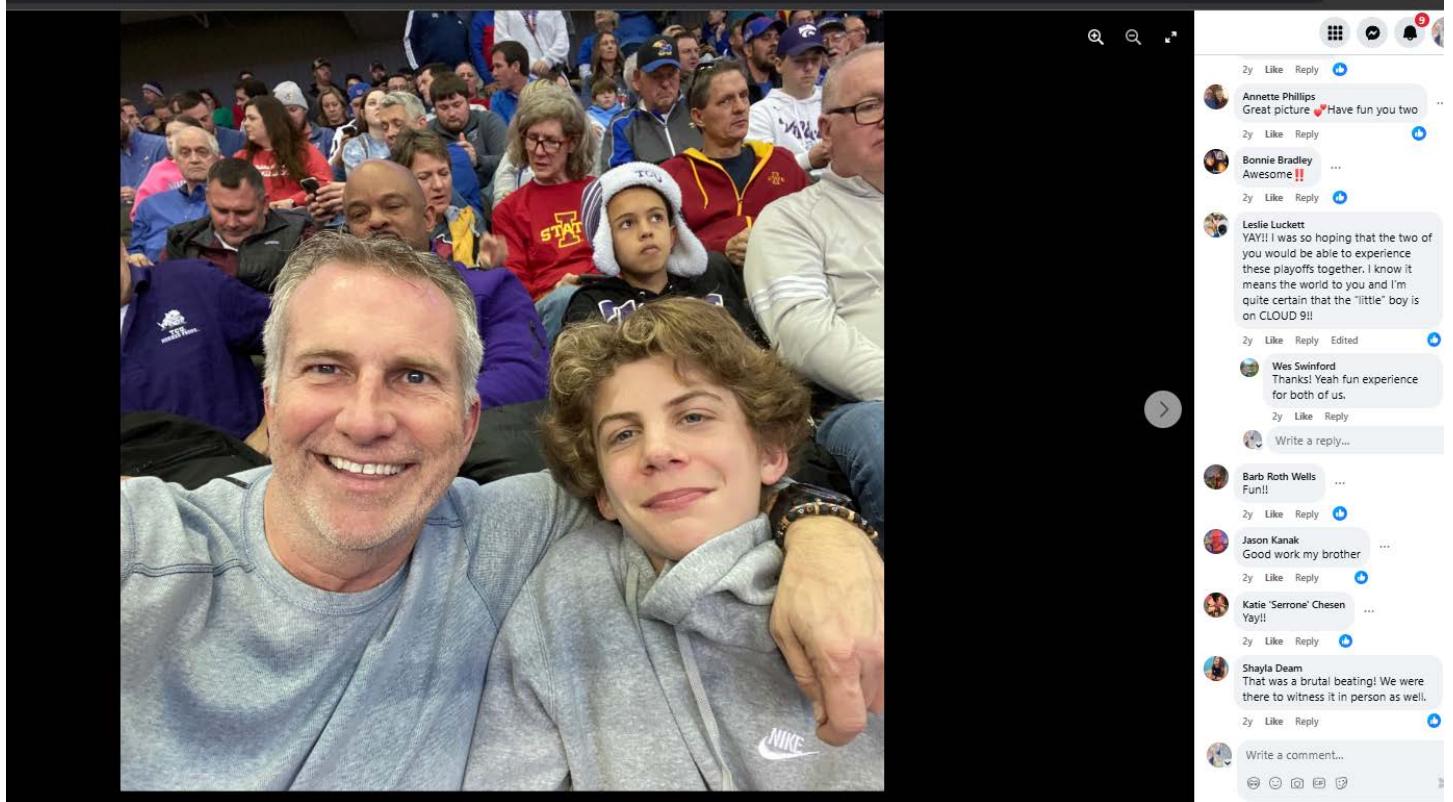
Peggy Hampton Great picture 2y Like Reply

Jeff James That's awesome! 2y Like Reply

Devallyn Duke · Follow Hey boy! 2y Like Reply 2

Cody Elwood That is awesome! Have fun. But definitely not a Jhawki! Unless you are playing that is! 2y Like Reply

Write a comment...



Instagram

Profile: [kccraze](#)

System ID: [516811](#)

Profile: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/CbVvb1YpjEl/>



Posted: Mar 20, 2022



Captured: Dec 10, 2024

Before the DOI. Got a PR today on the DriTri with the support/harassment from these two!

instagram.com/p/CbVvb1YpjEl/

kccraze • Follow

kccraze Got a PR today on the DriTri with the support/harassment from these two! 142w

riva.zook12 You have a nice family 137w Reply

mandy.luecke Way to go Wes! 🏃‍♂️🏃‍♀️🏃‍♂️ Your support crew is almost as tall as you! 142w Reply

adcockmandy Way to go kids!! 142w Reply

earthgypsygirl 🏃‍♀️ great job! 142w Reply

47 likes March 20, 2022

Add a comment... Post

Instagram

Profile: [kccraze](#)

System ID: [516807](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/CcK70NFgyY4/>

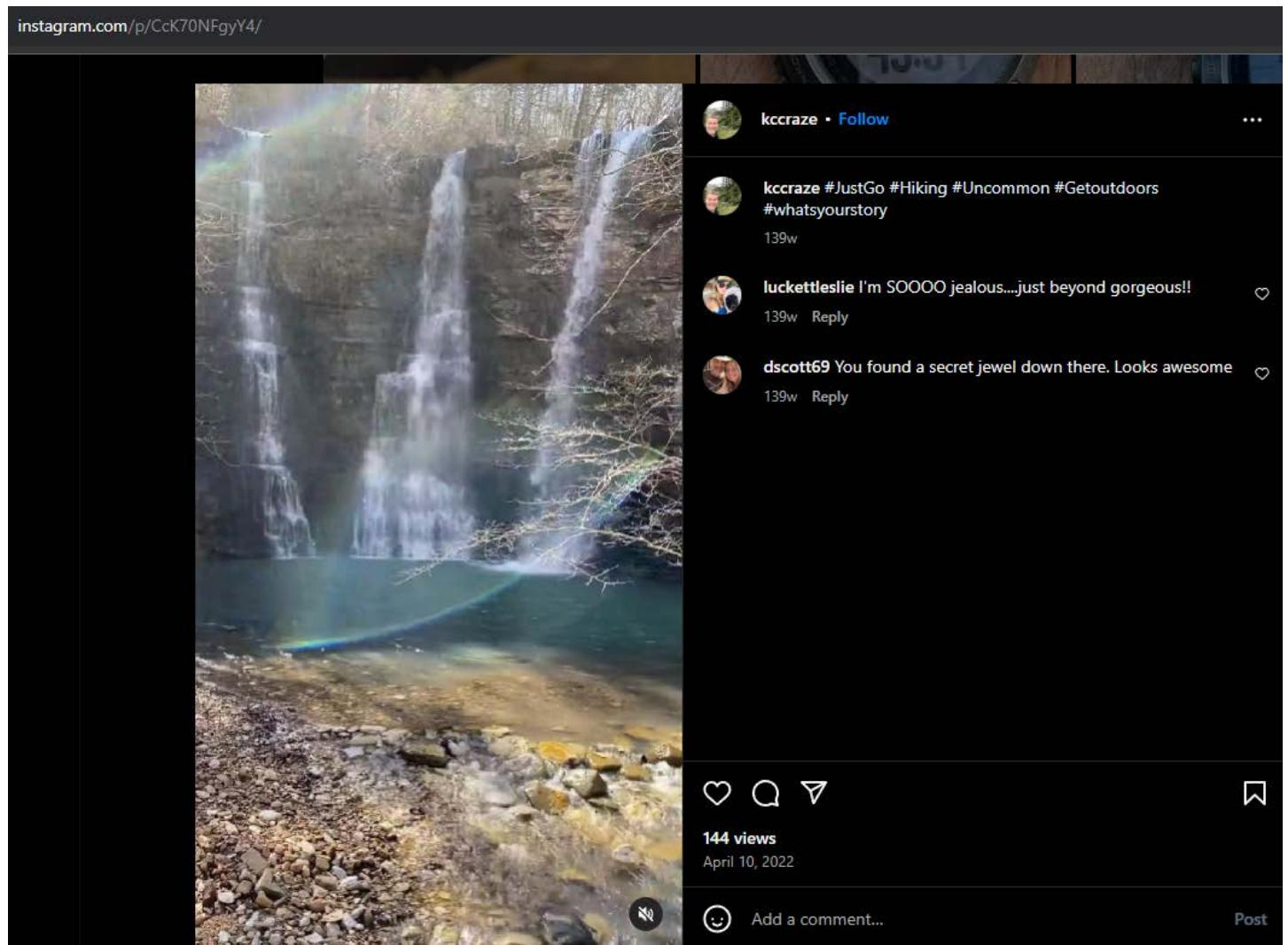


Posted: Apr 10, 2022



Captured: Dec 10, 2024

Before the DOI. #JustGo #Hiking #Uncommon #Getoutdoors #whatsyourstory



[Link to download video](#)

f Facebook

f [wes.swinford.3](#)

f System ID: [516712](#)

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10223728691464138&set=a.10203343796014492>

Before the DOI. Happy Easter. I am a blessed man. He Lives!!

facebook.com/photo?fbid=10223728691464138&set=a.10203343796014492

Wes Swinford
April 17, 2022 ·

Happy Easter. I am a blessed man.
He Lives!!

252

Most relevant

Jeff Strianni Happy Easter!! 2y Like Reply

Scott Marlow Happy Easter! He is Risen! 2y Like Reply

Bret Pommerehne There's a thorn amongst those roses. 2y Like Reply

Wes Swinford Truth 2y Like Reply

Write a reply...

Steven Curry Looking good! 2y Like Reply

Annette Phillips Very neat indeed you are blessed Great picture 2y Like Reply

Devlyn Duke Follow Love this!!! 2y Like Reply

Write a comment...



f Facebook

f [wes.swinford.3](#)

f System ID: [516711](#)

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10223876685163888&set=a.10203343796014492>



Posted: May 15, 2022



Captured: Dec 10, 2024

Before the DOI. So proud of Sterling, finished his first and maybe last marathon. 😊....Dad shuffled through another half marathon. Beautiful weather in Colorado this weekend. #worstparent #saigeisnext

facebook.com/photo?fbid=10223876685163888&set=a.10203343796014492

Wes Swinford May 15, 2022 · [9](#)

So proud of Sterling, finished his first and maybe last marathon. 😊....Dad shuffled through another half marathon. Beautiful weather in Colorado this weekend. #worstparent #saigeisnext

— in City Park.

143 27

Most relevant

Mike Rodriguez Woot! Congratulations! 2y Like Reply

Annette Phillips Yea to both of you guys looking good 2y Like Reply

Valerie Schuman I think it's easier when you wear shoes. Good job!!!! 2y Like Reply 2

Wes Swinford Haha...who wants it to be easier? 2y Like Reply

Mike Rodriguez Haha...who wants it to be easier? 2y Like Reply

Write a reply...

Bonnie Bradley Way to go guys!!!!!! 2y Like Reply

Steven Curry That's awesome! Congrats! 2y Like Reply

Write a comment...



That is amazing 🤩🤩🤩

2y Like Reply

Mallory Bounds Awesome!!!! Nice family bonding!

2y Like Reply

Marilyn Kerr Congrats!

2y Like Reply

Leslie Luckett Was this a Fred Flintstone inspired marathon?? 😂 All jokes aside, what an amazing accomplishment for you both to share together! Great job guys!

2y Like Reply

Wes Swinford Hahaha!! 😂

2y Like Reply

Write a reply...

Jodi Young Schade That's awesome! Congratulations!

2y Like Reply

Ty Moeder ANIMALS... just plain and simple.

2y Like Reply

Wes Swinford Yes Sir!!! Let the beast inside out!

2y Like Reply

Write a reply...

Terry Thomas Congratulations!!

Write a comment...



Cambre Abercrombie Leathers Awesome job to you both!!!

2y Like Reply

Wes Swinford Thanks Coach

2y Like Reply

Write a reply...

Julie Sandige Way to go!!! Congrats!!!

2y Like Reply

Tera A. Jobbins Congrats. 😊

2y Like Reply

Gary Aaron Congratulations!

2y Like Reply

Dennis Casey Awesome accomplishment

2y Like Reply

Stephanie Prichard Congrats!

2y Like Reply

Janelle Johnston That is awesome!

2y Like Reply

Shawn Spratley 🍍

2y Like Reply

John Jones Congratulations

2y Like Reply

Write a comment...

f Facebook

f [wes.swinford.3](#)



Posted: Jun 04, 2022

f System ID: [516701](#)



Captured: Dec 09, 2024

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid02o3Dw6ipvE7am3KZu27nYgrv91fqM4qffAiUzq8d2z1LGizXeKLjzL3vxYmEYyBfvI>

After the DOI. Great day at LOTO. So blessed to have the these men: Dan Schmidt and Chip Hilleary and many others in my life. #RCjH#kufb

Home

Wes Swinford

June 4, 2022 · 

Great day at LOTO. So blessed to have the these men: [Dan Schmidt](#) and [Chip Hilleary](#) and many others in my life. #RCJH#kufb



136

26 comments

Like Comment Share

Most relevant

Susie Weir Duwe
Blast from the past!!!



Susie Weir Duwe

Blast from the past!!!

...

2y Like Reply

Wes Swinford

Yes!! Just 30 years!

...

2y Like Reply

Susie Weir Duwe

Don't say that! It's only been ten or so! 😊



...

2y Like Reply



Write a reply...



Andrea Moore Sewell

Omg... the three-some! ❤️❤️

...

2y Like Reply

Wes Swinford

OG's! 😊

...

2y Like Reply

Write a reply...



John Jones

Awesome Crew there!!!

...

2y Like Reply



Patrick Richey

3 great dudes right there.

...

2y Like Reply



Wes Swinford

2 outta 3 at least! 😊

...

2y Like Reply



Write a reply...



Christopher Perez

Thanks again for the invite...sorry I couldn't make it.

...

2y Like Reply



Wes Swinford

Brother you're always invited. I'll let you know next time.

...

2y Like Reply



Home · Groups · Videos · Photos · News · About · Log Out

Marni Peet Licursi · 2y · Like · Reply · ...
Woah!! Hey fellas, lookin good 😊

Wes Swinford · 2y · Like · Reply · ...
We haven't changed in 30 years! 😊😊😊

Write a reply...

Pete Vang · 2y · Like · Reply · ...
Love my Jayhawk Brothers!!

Greg Gurley · 2y · Like · Reply · ...
Great to see you boys today!

Christopher Perez · 2y · Like · Reply · ...
Greg Gurley great to see u too! 😊

Greg Gurley · 2y · Like · Reply · ...
Heisman Hilleary



2y · Like · Reply · ...

Write a reply...

Get Sandsational - Follow · 2y · Like · Reply · ...
My guys

Gilbert Brown · 2y · Like · Reply · ...
Time to get in the gym boys 😊😊😊😊 luv u guys

Wes Swinford · 2y · Like · Reply · ...
C. This is 50! 😊

Get Sandstational · Follow
My guys

2y Like Reply

Gilbert Brown
Time to get in the gym boys 🤸‍♂️💪💪💪💪💪 luv u guys

2y Like Reply 4

Wes Swinford
G This is 50! 😊😊🔥

2y Like Reply

Craig Fincham
Awesome 🔥

2y Like Reply

Fred Roll
I believe Chip is TRYING to flex!???

2y Like Reply 2

Steve Harvey
Fred Roll flexin...I bought the trulys

2y Like Reply

Wes Swinford
Of course he is!! 😊

2y Like Reply

Jennifer Chamberlain McQuade
Fine young men! 🔥🔥🔥

2y Like Reply

Jeff Himes
What a crew
They still got it!

2y Like Reply

Sara Buckler
Go K-State! Lol

2y Like Reply

Write a reply...

Write a comment...

facebook.com/photo/?fbid=10223989081293721&set=a.1020343796014492



Wes Swinford
June 4, 2022

Great day at LOTO. So blessed to have these men: Dan Schmidt and Chip Hilleary and many others in my life. #RQJH#kulb

136 26

Most relevant

Susie Weir Duwe
Blast from the past!!!

2y Like Reply

Susie Weir Duwe replied · 2 Replies

Andrea Moore Sewell
Om... the three-some! ❤️

2y Like Reply

Wes Swinford replied · 1 Reply

John Jones
Awesome Crew there!!!

2y Like Reply

Patrick Richey
3 great dudes right there.

2y Like Reply

Wes Swinford replied · 1 Reply

Christopher Perez
Thanks again for the invite...sorry I couldn't make it.

2y Like Reply

Wes Swinford replied · 1 Reply

Marni Peet Licursi
Woah!! Hey fellas, lookin good 😊

2y Like Reply

Write a comment...

Instagram

Profile: [kccraze](#)

System ID: [516804](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/Cfeys-Cjslr/>

After the DOI. #hiking #justgo #keepclimbing



Instagram post by [kccraze](#) • [Follow](#)
Original audio

kccraze #hiking #justgo #keepclimbing
127w

steviedurkin Where is this? Beautiful!
127w Reply

dsinkler1 Hell yea
127w Reply

momto2ksboys Gorgeous
127w Reply

mandy.luecke Beautiful!
127w Reply

38 likes
July 1, 2022

Add a comment... Post

[Link to download video](#)

Instagram

Profile: [kccraze](#)

System ID: [516806](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/Cfd8m93O84U/>



Posted: Jul 01, 2022



Captured: Dec 10, 2024

After the DOI. #thebodyiscapable #dohardthings #uncommon #hiking

instagram.com/p/Cfd8m93O84U/



kccraze • Follow

kccraze #thebodyiscapable #dohardthings #uncommon #hiking
127w

greatpeak safaris12 were is these standing mountain?
121w Reply

19 likes
July 1, 2022

Add a comment... Post

f Facebook

[f wes.swinford.3](#)



Posted: Jul 02, 2022

[f System ID: 516699](#)



Captured: Dec 09, 2024

[p Wesley A. Swinford](#)

→ <https://www.facebook.com/wes.swinford.3/posts/pfbid02HbBG2zmkXMbamG6bTfBWz6cdUhQABjtqX9fgttcKb1q1tgNLHssi6SYQyarsj3Thl>

After the DOI. Incredible 10 mile hike with Kelly Allen and Bret Pomrenke yesterday and 5k race this morning. Master's division champ.. ☺️ #justgo#getmoving#dohardthings#youarecapable “A ship in harbour is safe, but that is not what ships are built for.” John A Shedd 1928.



Wes Swinford

July 2, 2022 -

...

Incredible 10 mile hike with Kelly Allen and Bret Pomrenke yesterday and 5k race this morning. Master's division champ.. 😊😊😊
#justgo#getmoving#dohardthings#youarecapable
"A ship in harbour is safe, but that is not what ships are built for." John A Shedd 1928.



105

17 comments

Like

Comment

Share

Most relevant ▾

Most relevant

Annette Phillips Congratulations be safe 😊 ...
2y Like Reply 

Craig Fincham Awesome 🙌 ...
2y Like Reply 

Jason Kanak You're an animal! ...
2y Like Reply 

Tony Hawkins Awesome 🙌 ...
2y Like Reply 

John Jones That's awesome! Congratulations! ...
2y Like Reply 

Mitch Browning Two former great KU linebackers!! You were/are both great ambassadors for KU football & are winners!!!!
2y Like Reply 

Wes Swinford Thanks coach! ...
2y Like Reply

Bret Pomrenke Mitch Browning Coach! 🙌 ...
2y Like Reply

Write a reply...     

Luann Meyers Woodward In high altitude at that, congrats ...
2y Like Reply 

Katie 'Serrone' Chesen This is awesome to see! I need that energy! Yahoooooo! ...
2y Like Reply 

Jim Fender Beasts! ...
2y Like Reply 

facebook.com/wes.swinford.3/posts/pfbid02HbBG2zmkXMbamG6bTfBWz6cdUhQABjtqX9fgttcKb1q1tgNLHssi6SYQyarsj3ThI

[Home](#) [People](#) [Videos](#) [Photos](#) [Groups](#)

Bret Pomrenke
Mitch Browning Coach! 

2y Like Reply

Luann Meyers Woodward
In high altitude at that, congrats 

2y Like Reply 

Katie 'Serrone' Chesen
This is awesome to see! I need that energy! Yahoooooo! 

2y Like Reply 

Jim Fender
Beasts! 

2y Like Reply 

Steven Curry
That's awesome 

2y Like Reply 

Curtis Curry
Donna proud! 

2y Like Reply 

Wes Swinford
I thought of her and you often on this hike Curtis Curry 

2y Like Reply 

Write a reply... 

Fred Roll
Listen to this shit!!! 

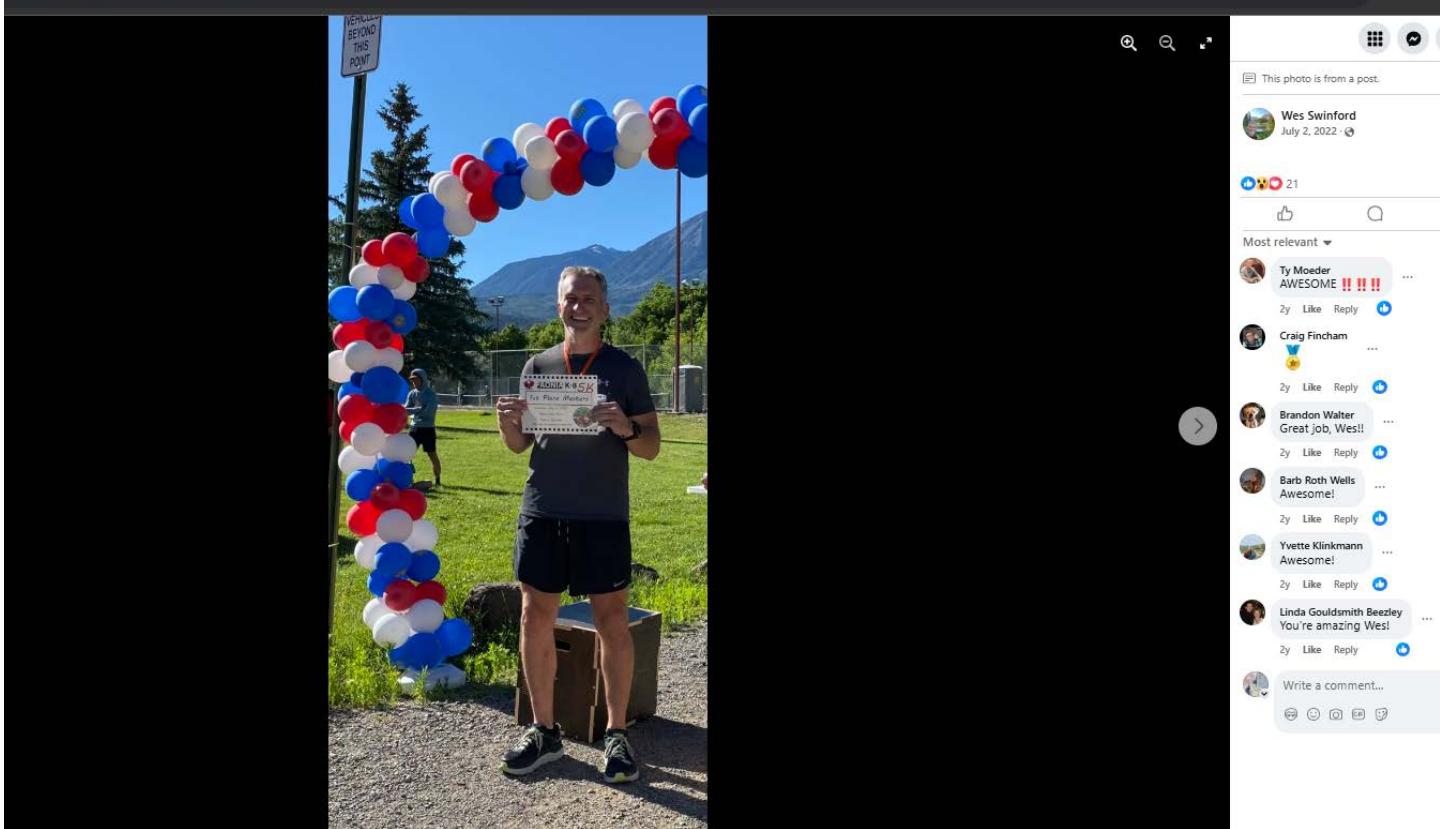
2y Like Reply

Bret Pomrenke
Fred Roll that's nice! 

2y Like Reply 

Write a reply... 

Write a comment... 





Instagram

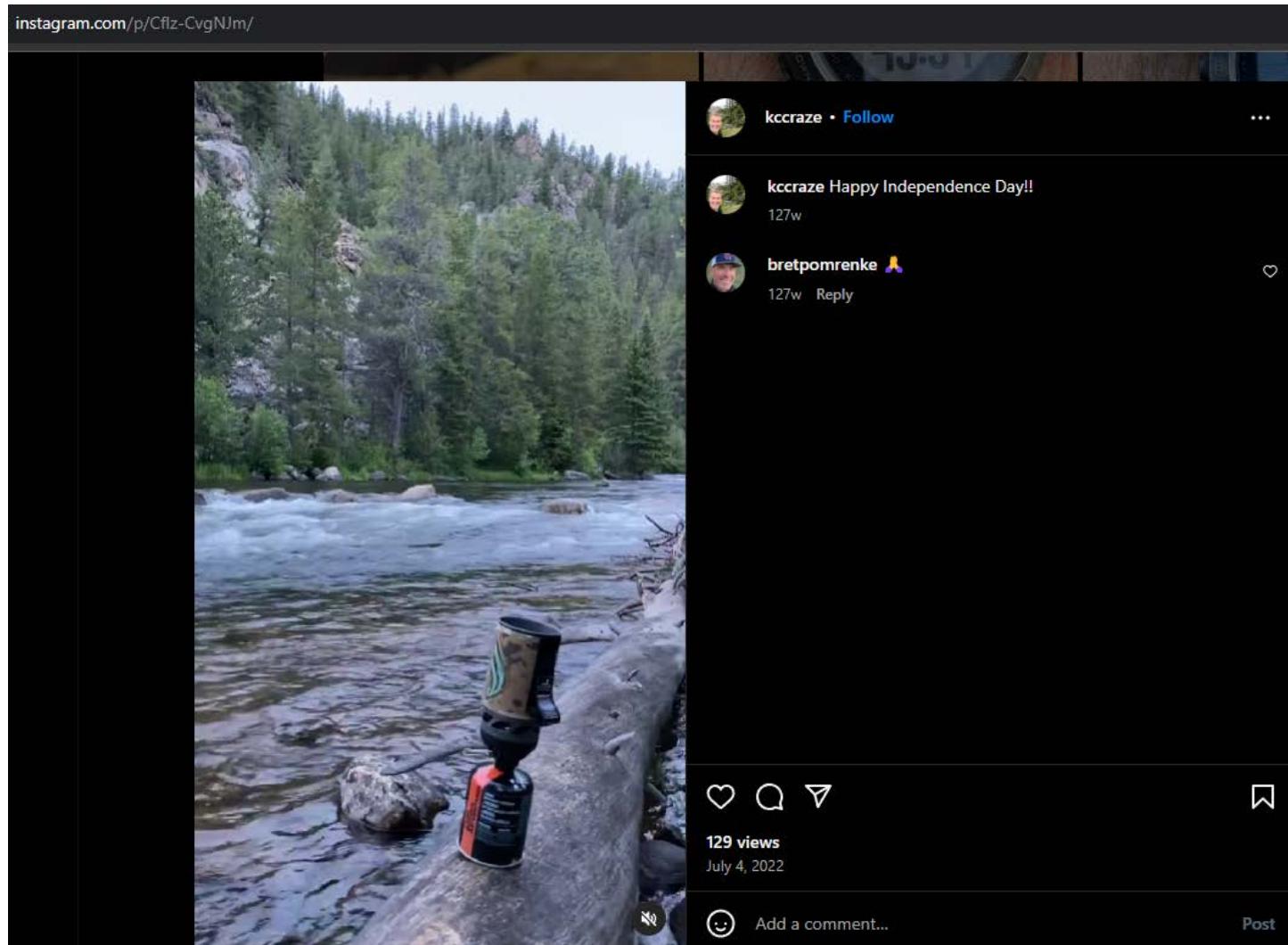
Profile: [kccraze](#)

System ID: [516802](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/Cflz-CvgNjm/>

After the DOI. Happy Independence Day!!



[Link to download video](#)

f Facebook

[f wes.swinford.3](#)



Posted: Jul 08, 2022

[f System ID: 516697](#)



Captured: Dec 09, 2024

[p Wesley A. Swinford](#)

→ <https://www.facebook.com/wes.swinford.3/posts/pfbid05z1PtyV7VC58UVdG8t9fzwcW3rhZjyqq39a25eB9XanM7ddyqEp5KMmn1X6FhQj8I>

After the DOI. I enjoy hiking alone, and love hiking and connecting with other men, but nothing makes me smile and laugh like hiking/being in nature with my kids!!! (We are missing Saige!)



Wes Swinford

July 8, 2022 ·

...

I enjoy hiking alone, and love hiking and connecting with other men, but nothing makes me smile and laugh like hiking/being in nature with my kids!!! (We are missing Saige!)



183

28 comments

Like

Comment

Share

Most relevant ▾



Yvette Klinkmann

If you're lucky enough to be in the mountains you're lucky enough 😊

...

2y Like Reply





Yvette Klinkmann

If you're lucky enough to be in the mountains you're lucky enough 😊

2y Like Reply



Wes Swinford

You got that right!

2y Like Reply



Write a reply...



Peggy Hampton

Good times!

2y Like Reply



Jeff James

I love this brother!

2y Like Reply



Rob Jus-Rollin Mitchell

Absolutely awesome

2y Like Reply 2



Heidi Phillips Alley

We need to come up and go hiking (easy trail, no mountain climbing..lol)!

2y Like Reply



Wes Swinford

Sounds great! Let's do.

2y Like Reply



Marilyn Kerr

Fun times

2y Like Reply



Jason Rawlings

Camping is the best! And you have a great bunch of kids for sure!!

2y Like Reply



Wes Swinford

Agreed! And thanks.

2y Like Reply



Write a reply...



Tony Hawkins

Awesome

2y Like Reply



Home Groups Videos Photos News About Posts Settings

Tony Hawkins Awesome  ...
2y Like Reply 

Ty Moeder Love it  ...
2y Like Reply 

Devalyn Duke · Follow this is great ...
2y Like Reply 

Jenny Taylor Edrington Love it Wes  ...
2y Like Reply 

Jaci Duke Kern Nice pics.... Where were you hiking ...
2y Like Reply 

Wes Swinford Near Buena Vista, CO ...
2y Like Reply 

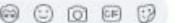
Steve Womack Man we got to go! I love hiking I've never been on an overnight. ...
2y Like Reply 

Wes Swinford Let's go Steve Womack!!! ...
2y Like Reply 

Tonia Siewert So nice to see your posts with your kids. Makes me smile! ...
2y Like Reply 

Wes Swinford Ahhh Thanks Tonia Siewert ...
2y Like Reply 

Bret Pommrenke Life is good  ...

Write a reply... 

facebook.com/wes.swinford.3/posts/pfbid05z1PtyV7VC58UVdG8t9fzwcW3rhZjygg39a25eB9XanM7ddyqEp5KMmn1X6FhQj8I

[Home](#)

[People](#)

[Videos](#)

[Photos](#)

[Groups](#)

Tonia Siewert

So nice to see your posts with your kids. Makes me smile!

2y Like Reply

Wes Swinford

Ahhh Thanks Tonia Siewert

2y Like Reply

Bret Pomrenke

Life is good

2y Like Reply

Shannon Brimacombe Compass · [Follow](#)

Beautiful Kiddos

2y Like Reply

Shelly Roeser

SO fun!

2y Like Reply

Janelle Johnston

Love this

2y Like Reply

Chris Nay

Let's go

2y Like Reply

Wes Swinford

Send me a date, I'll make it happen.

2y Like Reply

Heather Meyer

Looks like an amazing getaway

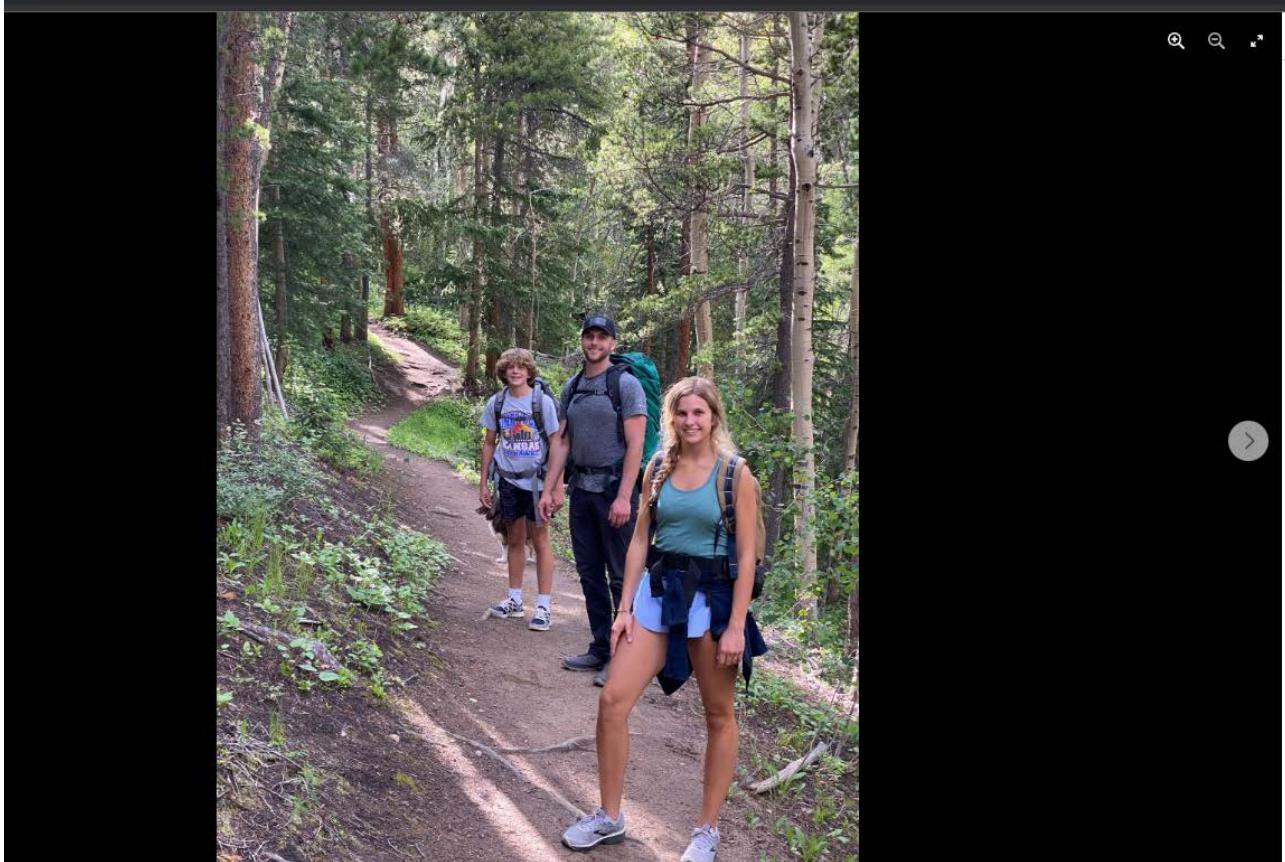
2y Like Reply

Brian Rodeno

So cool.

2y Like Reply

Write a comment...



This photo is from a post.
Wes Swinford July 8, 2022 · 7
Rachelle Waters Love these kids! 2y Like Reply
Write a comment...
...



This photo is from a post.
Wes Swinford July 8, 2022 · 6
Write a comment...
...



This photo is from a post.

Wes Swinford
July 8, 2022

17 likes

Most relevant

Annette Phillips
Great pictures look like y'all had fun
glad sterling got to be there
2y Like Reply

Luann Meyers Woodward
Beautiful picture
2y Like Reply

Shawn Spratley
Such an Epic Pic
2y Like Reply

Write a comment...

Instagram

Profile: [kccraze](#)

System ID: [516800](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/Cf1Y2KPgtns/>



Posted: Jul 10, 2022



Captured: Dec 10, 2024

After the DOI. Good morning America!!! #keepclimbing #dohardthings #moutainviews #youarecapable #hiking #camping #

instagram.com/p/Cf1Y2KPgtns/

kccraze • Follow
Original audio

kccraze Good morning America!!! #keepclimbing #dohardthings #moutainviews #youarecapable #hiking #camping #
126w

gierkowskadanuta Piękny potok ❤️
123w Reply See translation

yaresh1 Wes, that's dope! Very peaceful
125w 1 like Reply

haakeamy That looks so incredible!!! 😍
126w 1 like Reply

88 likes
July 10, 2022

Add a comment... Post

[Link to download video](#)

Instagram

Profile: [kccraze](#)

System ID: [516795](#)

Owner: [Wesley A. Swinford](#)

Link: https://www.instagram.com/p/Cgmz_rhpYZY/?img_index=6



Posted: Jul 29, 2022



Captured: Dec 10, 2024

After the DOI. Loving these small mountain town where no one speaks English except Cheers!! Incredible day, 3 hours of rain ...so loved being alone in nature getting rained on...gratitude is todays word, my health, my kids, my friends, this place, these people, this weather! Day 1 was epic.

instagram.com/p/Cgmz_rhpyZY/?img_index=5



kccraze • Follow

...



kccraze Loving these small mountain town where no one speaks English except Cheers!! Incredible day, 3 hours of rain 😊....so loved being alone in nature getting rained on...gratitude is todays word, my health, my kids, my friends, this place, these people, this weather! Day 1 was epic.

123w



dscott69 Bro - this is why you are amazing; one of many reasons because you run into the unknown wonderfully.

♡

123w Reply



kerribkerr Oh my gosh! I love it! Have an epic time!

♡

123w Reply



57 likes

July 29, 2022



Add a comment...

Post

instagram.com/p/Cgmz_rhpyZY/?img_index=2



kccraze • Follow

...



kccraze Loving these small mountain town where no one speaks English except Cheers!! Incredible day, 3 hours of rain 😊....so loved being alone in nature getting rained on...gratitude is todays word, my health, my kids, my friends, this place, these people, this weather! Day 1 was epic.

123w



dscott69 Bro - this is why you are amazing; one of many reasons because you run into the unknown wonderfully.

♡

123w Reply



kerribkerr Oh my gosh! I love it! Have an epic time!

♡

123w Reply



57 likes

July 29, 2022



Add a comment...

Bookmark

Post



kccraze • Follow

...



kccraze Loving these small mountain town where no one speaks English except Cheers!! Incredible day, 3 hours of rain 😊so loved being alone in nature getting rained on...gratitude is todays word, my health, my kids, my friends, this place, these people, this weather! Day 1 was epic.

123w



dscott69 Bro - this is why you are amazing: one of many reasons because you run into the unknown wonderfully.

123w Reply



kerribkerr Oh my gosh! I love it! Have an epic time!

123w Reply



57 likes

July 29, 2022



Add a comment...

...

Post



kccraze • Follow

...



kccraze Loving these small mountain town where no one speaks English except Cheers!! Incredible day, 3 hours of rain 😊so loved being alone in nature getting rained on...gratitude is todays word, my health, my kids, my friends, this place, these people, this weather! Day 1 was epic.

123w



dscott69 Bro - this is why you are amazing: one of many reasons because you run into the unknown wonderfully.

123w Reply



kerribkerr Oh my gosh! I love it! Have an epic time!

123w Reply



57 likes

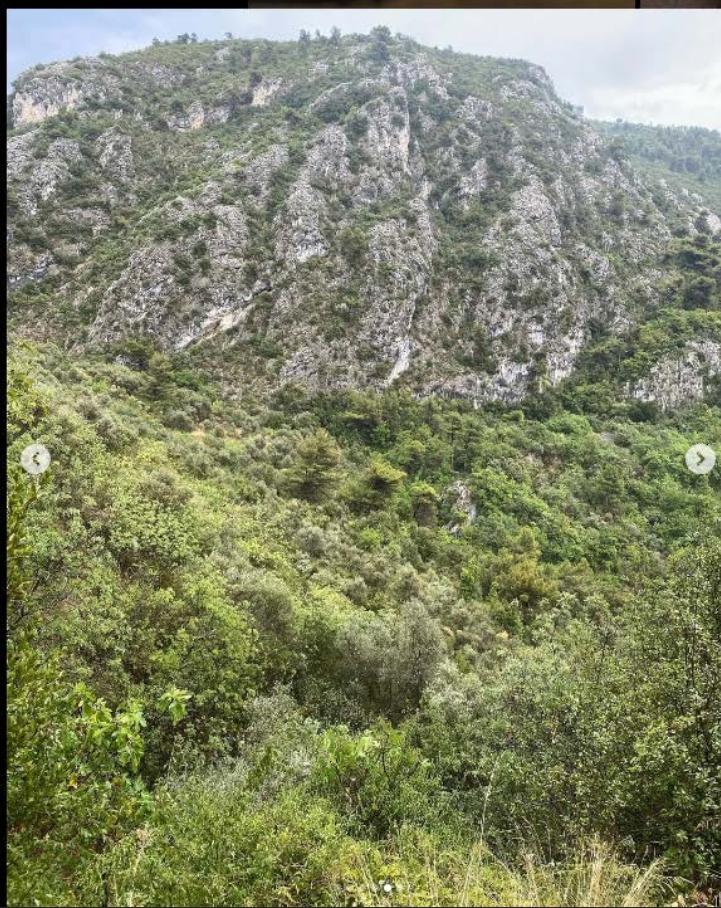
July 29, 2022



Add a comment...

...

Post



kccraze • Follow

...



kccraze Loving these small mountain town where no one speaks English except Cheers!! Incredible day, 3 hours of rain 😊 ...so loved being alone in nature getting rained on...gratitude is todays word, my health, my kids, my friends, this place, these people, this weather! Day 1 was epic.

123w



dscott69 Bro - this is why you are amazing; one of many reasons because you run into the unknown wonderfully.

♡

123w Reply



kerribkerr Oh my gosh! I love it! Have an epic time!

♡

123w Reply



57 likes

July 29, 2022

Add a comment...

Post



kccraze • Follow

...



kccraze Loving these small mountain town where no one speaks English except Cheers!! Incredible day, 3 hours of rain 😊 ...so loved being alone in nature getting rained on...gratitude is todays word, my health, my kids, my friends, this place, these people, this weather! Day 1 was epic.

123w



dscott69 Bro - this is why you are amazing; one of many reasons because you run into the unknown wonderfully.

♡

123w Reply



kerribkerr Oh my gosh! I love it! Have an epic time!

♡

123w Reply



57 likes

July 29, 2022

Add a comment...

Post

Instagram

Profile: [kccraze](#)

System ID: [516796](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/CgIVZzosrhR/>

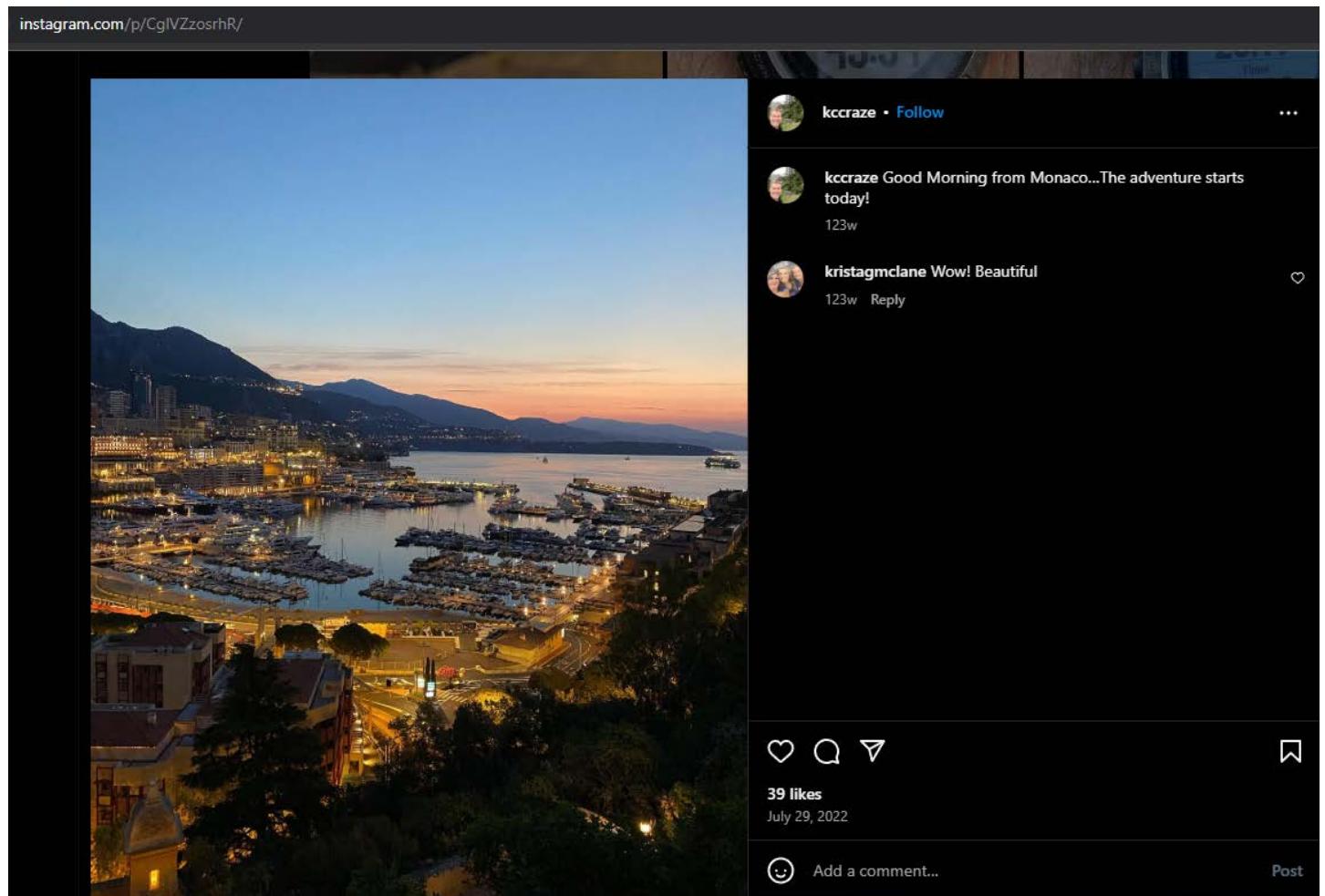


Posted: Jul 29, 2022



Captured: Dec 10, 2024

After the DOI. Good Morning from Monaco...The adventure starts today!



f Facebook

 [wes.swinford.3](#)



Posted: Jul 29, 2022

 System ID: [516694](#)



Captured: Dec 09, 2024

 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid0eSF6XxLowNJAMcgYDZGGKJ5VvHoyjNEwkQhNS6twEXXxh3b4Uxug5p8tMN5EYmdl>

After the DOI. And so it begins! My journey from Monaco to Trieste, Italy and back! 4000 miles of hiking, camping, over a million feet of elevation gain. God willing I'll get it done before I'm 65 ...I'll post photos to my instagram kccraze and you can check my miles on Strava. #thebodyiscapable #dohardthings #hiking #adventure



Wes Swinford
July 29, 2022 ·

...

And so it begins! My journey from Monaco to Trieste, Italy and back!
4000 miles of hiking, camping, over a million feet of elevation gain. God willing I'll get it done
before I'm 65 😊...I'll post photos to my instagram kccraze and you can check my miles on Strava.

#thebodyiscapable
#dohardthings
#hiking
#adventure



267

70 comments



Most relevant ▾



Russ Bowen
Good luck and safe travels! ⚡

2y Like Reply



Rob Jus-Rollin Mitchell
Good Luck Wes! ⚡

2y Like Reply



Ty Moeder
Pulling for ya bro.
Ur a better man than I to do this. ⚡
Love you man! ⚡

2y Like Reply



Wes Swinford
Ty Moeder HA... I'm not a ⚡

2y Like Reply



Wes Swinford
Ty Moeder this is an act of my selfish ways. This is what moves my soul so I went, a selfless man gives his time away.... ⚡

2y Like Reply



Write a reply...



Wes Swinford
#ViaAlpina Red Line --- yeah I'm doing it backwards 😊of course I would! 😊 ⚡

2y Like Reply



Steven Curry
Wow that's quite the adventure ⚡

2y Like Reply



Mallory Bounds
Wow!! That is incredible! Be safe! ⚡

2y Like Reply



Marilyn Kerr
Good luck! You are a brave soul. Stay safe. ⚡

2y Like Reply



Jaime Custer
Have the BEST time!! What an experience. ⚡

2y Like Reply



[redacted] ⚡

Jaime Custer
Have the BEST time!! What an experience. ...
2y Like Reply

Tony Hawkins
You can do it, ...
2y Like Reply

Wes Swinford
Tony Hawkins yes I can, yes I will!!! 😊 ...
2y Like Reply

Write a reply...

Mandy Lundy
Wow! I'll be watching. Good luck. ...
2y Like Reply

Darwin L. Anderson
Have fun ...
2y Like Reply

Lisa K Vroman Barber
What an exciting feat! ...
2y Like Reply

Jill Cochran
Wow! How cool! ...
2y Like Reply

Nancy K Rink
Traveling Mercies!!! ...
2y Like Reply

Cambre Abercrombie Leathers
Amazing. Have a great time! ...
2y Like Reply

Cambre Abercrombie Leathers
Amazing. Have a great time! ...
2y Like Reply

Jason Stallmann
So cool! Can't wait to see it all ...
2y Like Reply

Jill 'Boyd' Walter
Go Wes! ...



Ronda Lamond Anderson You and this experience are both amazing! ...
2y Like Reply

Jeff James Go get it brother! ...
2y Like Reply

Christine Kovarik Wow! Amazing! Good luck and have the best time! ...
2y Like Reply

Annette Phillips Keep safe and keep us posted praying daily for you ...
2y Like Reply

Derek Rothstein Wes your my hero! Honestly I appreciate you ...
2y Like Reply

Wes Swinford replied · 1 Reply

Asheiki Preston Good luck and be safe Wes!

Jemma Holley Imwalle This is awesome!! ...
2y Like Reply

Mandy Miller Luecke So awesome! Love how you are living life!

Phil Berkenbile Good Luck and be Safe! ...
2y Like Reply

Justin Sinkler Glad to see you living your life ! ...
2y Like Reply

Marni Peet Licursi Amazing, stay safe! ...
2y Like Reply

Matthew Hayden ...

facebook.com/wes.swinford.3/posts/pfbid0eSF6XxLowNJAMcgYDZGGKJ5VvHoyjNEwkQhNS6twEXXxfh3b4Uxug5p8tMN5EYmdl

Matthew Hayden
Hit the market in Ventimiglia on the Monaco/ Italian border ...
2y Like Reply

Write a reply...

Ty Moeder
"Alone in the forest I go, to lose my mind and find my soul." ...
- John Muir
2y Like Reply

Wes Swinford
Ty Moeder yes this is the way!! ...
2y Like Reply

Russ Bowen
Ty Moeder you're half way there... 😊 ...
2y Like Reply

Write a reply...

Jodi Young Schade
Oh Wow! That is so cool! You are an inspiration! ...
2y Like Reply

Maria Hurley
safe travels!!! ...
2y Like Reply

Allison Marler Porembski
Wow! The only impossible journey is the one you never begin - Tony Robbins
Good luck and safe travels!
2y Like Reply

Chrisann Cappannari
This is absolutely amazing!! ...
2y Like Reply

Alexis McKinley Jones
Love it Wes!!! Can't wait to follow along on your journey!!! ...
2y Like Reply

Bonnie Bradley
Omg... good for you ...
2y Like Reply

Jaci Duke Kern
Wow!!!! Stay safe ...

2y Like Reply 

Jaci Duke Kern Wow!!!! Stay safe 

Holly Niemeier That looks amazing! Have fun! 

Rhonda Vochatzer Wow!! That's impressive! 

David Barth This is awesome! Have fun!! 

Albert Lee WOW! Get it, WES!!!! 

Genia Gore Good luck and enjoy!!!!!! 

Beth Levan Lyle Awesome, you got this! 

Jenny Taylor Edrington I would love to hear about your journey and what led you here! I believe in you 😊 Good luck! 

Bonnie Bradley replied · 5 Replies 

Marsha Moore You are a brave soul. ❤️💪💪 

Ashley Fleenor I've been to Monaco! 

Jeff Hall Wow your wild man! Or crazy??? Be safe brother. 

[Home](#) [Groups](#) [Videos](#) [Photos](#) [Profile](#)

I've been to Monaco! [...](#)

2y Like Reply

Jeff Hall
Wow your wild man! Or crazy??? Be safe brother. [...](#)

2y Like Reply

Wayland Swinford
I could loan you an atv if needed. [...](#)

2y Like Reply

Tasha Greer Howard
Wow!!!! Awesome! [...](#)

2y Like Reply

Linda Gouldsmith Beezley
It's going to be a life-changing experience Wes! So excited for you and can't wait to hear more 😊 [...](#)

2y Like Reply

Yvette Klinkmann
That looks amazing! So jealous!! [...](#)

2y Like Reply

Kassie Hewins- Sharp- Newton
Good luck that sounds like quite a journey ! [...](#)

2y Like Reply

Terry Thomas
Amazing! You da man! [...](#)

2y Like Reply

Ashley Haus Brown
Wow! Best of luck!!! [...](#)

2y Like Reply

Michelle Schaal
Very cool experience [...](#)

2y Like Reply

Sue Eldred Thomas
GO FOR IT SON AN BE SAFE LUV YA [...](#)

2y Like Reply

Deanna Kulesz Reich
Whatta a feat!!! Have fun! 😊 [...](#)

2y Like Reply

Write a comment... [...](#) [...](#) [...](#) [...](#) [...](#) [...](#)

Instagram

👤	kccraze	📅	Posted: Jul 30, 2022
👤	System ID: 516792	📅	Captured: Dec 10, 2024
👤	Wesley A. Swinford		
↗	https://www.instagram.com/p/CgpZcpcPdjs/?img_index=5		

After the DOI. No mountain photos, phone was dead all day. Got off trail went 8 miles out of the way..ﷺ....so grateful Amor Fati! Found another village, so love really meeting the locals, tried to play dominoes with these ladies.ﷺ...making friends loving this journey wherever it takes me.



A man with a beard and grey hair, wearing a blue t-shirt, is smiling and taking a selfie while playing dominoes with four elderly women. They are seated around a table covered with a white and grey checkered cloth. The women are wearing light-colored clothing. The setting is outdoors, with stone buildings and a potted plant in the background.

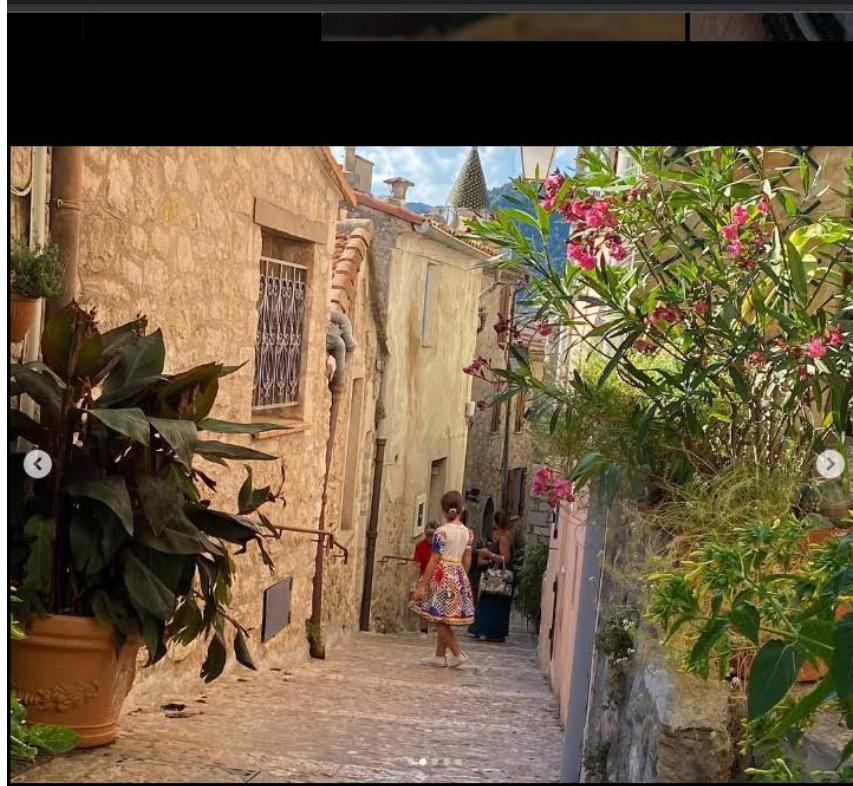
kccraze • Follow

kccraze No mountain photos, phone was dead all day. Got off trail went 8 miles out of the way. 😊😊so grateful Amor Fati! Found another village, so love really meeting the locals, tried to play dominoes with these ladies. 😊 ...making friends loving this journey wherever it takes me. 123w

katiechesen This looks amazing. Very inspiring!! 123w Reply

50 likes July 30, 2022

Add a comment... Post



A narrow, cobblestone street in a stone village. A woman in a colorful, patterned dress is walking away from the camera. The street is lined with stone buildings and potted plants. In the foreground, there are large green plants and a large terracotta pot. The background shows more buildings and a clear sky.

kccraze • Follow

kccraze No mountain photos, phone was dead all day. Got off trail went 8 miles out of the way.. 😊😊so grateful Amor Fati! Found another village, so love really meeting the locals, tried to play dominoes with these ladies. 😊 ...making friends loving this journey wherever it takes me. 123w

katiechesen This looks amazing. Very inspiring!! 123w Reply

50 likes July 30, 2022

Add a comment... Post



kccraze • Follow

No mountain photos, phone was dead all day. Got off trail went 8 miles out of the way. 😊😊so grateful Amor Fati! Found another village, so love really meeting the locals, tried to play dominoes with these ladies. 😊making friends loving this journey wherever it takes me.

123w



katiechesen This looks amazing. Very inspiring!!



123w Reply

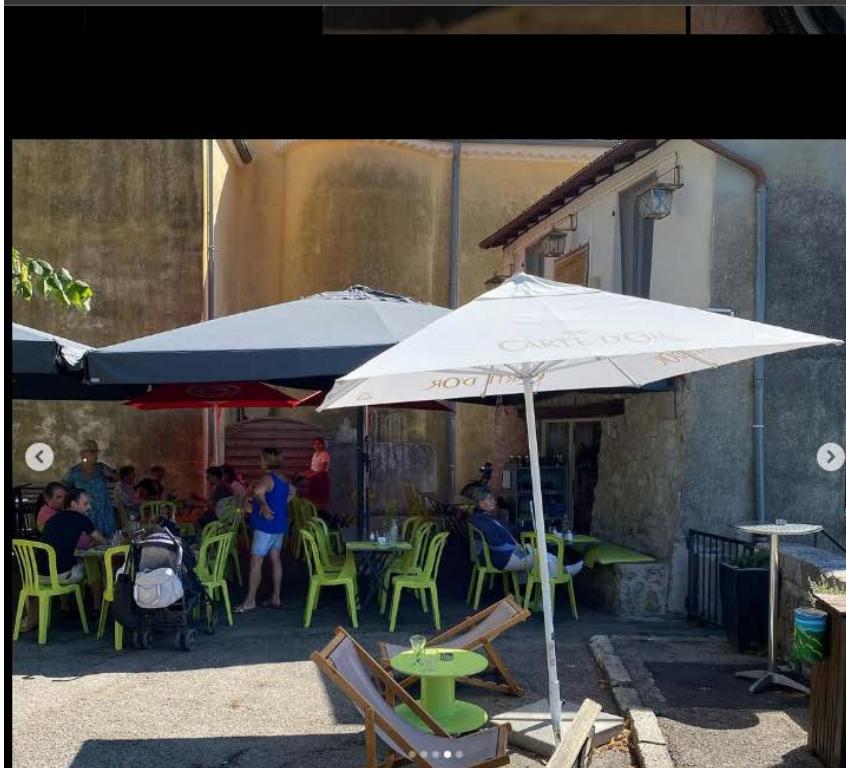


50 likes

July 30, 2022

Add a comment...

Post



kccraze • Follow

No mountain photos, phone was dead all day. Got off trail went 8 miles out of the way. 😊😊so grateful Amor Fati! Found another village, so love really meeting the locals, tried to play dominoes with these ladies. 😊making friends loving this journey wherever it takes me.

123w



katiechesen This looks amazing. Very inspiring!!



123w Reply



50 likes

July 30, 2022

Add a comment...

Post



kccraze • Follow

kccraze No mountain photos, phone was dead all day. Got off trail went 8 miles out of the way.. 😊😊so grateful Amor Fati! Found another village, so love really meeting the locals, tried to play dominoes with these ladies. 😊 ...making friends loving this journey wherever it takes me.

123w

katiechesen This looks amazing. Very inspiring!!

123w Reply

50 likes

July 30, 2022

Add a comment...

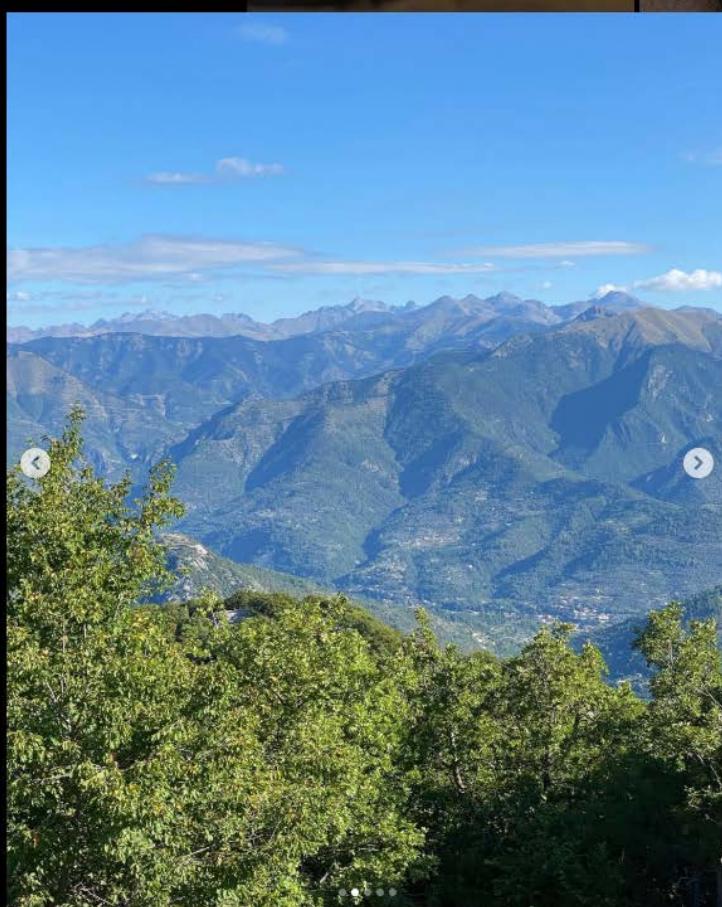
Post

Instagram

👤	kccraze	📅	Posted: Jul 31, 2022
👤	System ID: 516790	📅	Captured: Dec 10, 2024
👤	Wesley A. Swinford		
↗	https://www.instagram.com/p/Crg1PFMjGM/?img_index=5		

After the DOI. The Mediterranean Sea is a distance memory, a tough 12 miles of ascending and descending with 50lb pack and 90 degrees body is wrecked. 🌞...three days of hiking first couple I met on trail. "A gem cannot be polished without friction, nor a man without trials." Seneca

instagram.com/p/Cgrg1PFMjGM/?img_index=2



kccraze • Follow

...



kccraze The Mediterranean Sea is a distance memory, a tough 12 miles of ascending and descending with 50lb pack and 90 degrees body is wrecked. 😬 😭three days of hiking first couple I met on trail.

"A gem cannot be polished without friction, nor a man without trials." Seneca

123w



smtaylorheath Be safe! 😊 🙏

123w 1 like Reply



38 likes

July 31, 2022



Add a comment...

Post

instagram.com/p/Cgrg1PFMjGM/?img_index=3



kccraze • Follow

...



kccraze The Mediterranean Sea is a distance memory, a tough 12 miles of ascending and descending with 50lb pack and 90 degrees body is wrecked. 😬 😭three days of hiking first couple I met on trail.

"A gem cannot be polished without friction, nor a man without trials." Seneca

123w



smtaylorheath Be safe! 😊 🙏

123w 1 like Reply



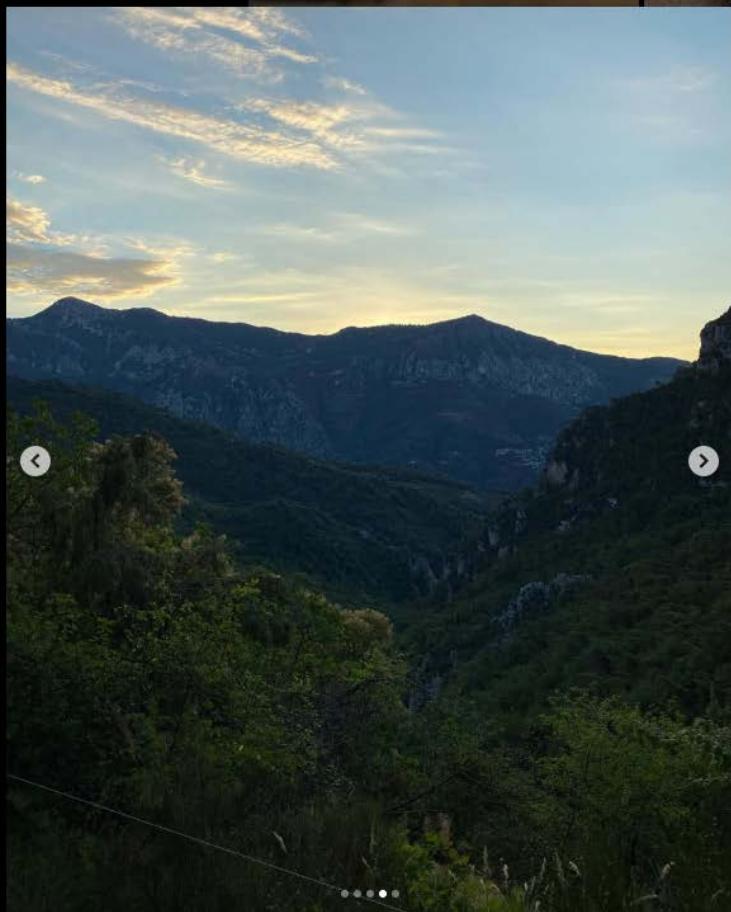
38 likes

July 31, 2022



Add a comment...

Post



kccraze • Follow



kccraze The Mediterranean Sea is a distance memory, a tough 12 miles of ascending and descending with 50lb pack and 90 degrees body is wrecked. 😬 😬three days of hiking first couple I met on trail.

"A gem cannot be polished without friction, nor a man without trials." Seneca

123w



smtaylorheath Be safe! 😊 🏔

123w 1 like Reply



38 likes

July 31, 2022



Add a comment...



Post



kccraze • Follow



kccraze The Mediterranean Sea is a distance memory, a tough 12 miles of ascending and descending with 50lb pack and 90 degrees body is wrecked. 😬 😬three days of hiking first couple I met on trail.

"A gem cannot be polished without friction, nor a man without trials." Seneca

123w



smtaylorheath Be safe! 😊 🏔

123w 1 like Reply



38 likes

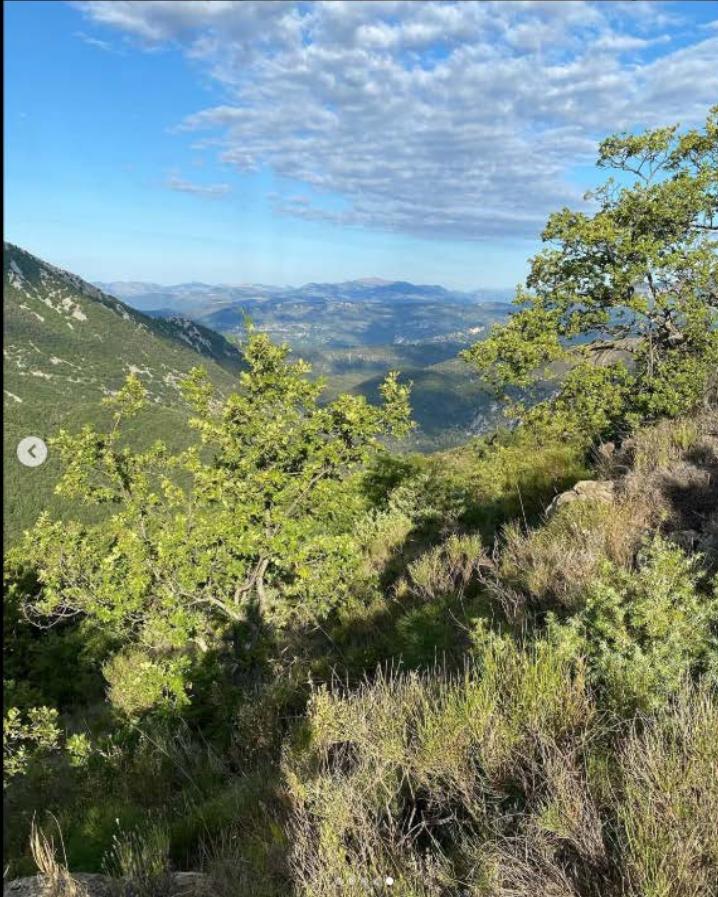
July 31, 2022



Add a comment...



Post



kccraze • Follow

kccraze The Mediterranean Sea is a distance memory, a tough 12 miles of ascending and descending with 50lb pack and 90 degrees body is wrecked. 😬 😬three days of hiking first couple I met on trail.

"A gem cannot be polished without friction, nor a man without trials."

Seneca

123w

smtaylorheath Be safe! 😊 🙏

123w 1 like Reply

38 likes

July 31, 2022

Add a comment...

Post

Instagram

👤	kccraze	📅	Posted: Aug 01, 2022
👤	System ID: 516774	📅	Captured: Dec 10, 2024
👤	Wesley A. Swinford		
↗	https://www.instagram.com/p/CguhYJgJvty/?img_index=5		

After the DOI. Sometimes on the trail your pace is slower than you hoped. Weather, elevation, rocks etc can slow you down. It's always good to look back and see how far you've come. The pace doesn't matter, just keep going. "Well-being is realized by small steps, but is truly no small thing." Zeno #hiking
#viaalpinaredtrail #adventure #francehiking #wishfornatureandtravel



kccraze • Follow

...



kccraze Sometimes on the trail your pace is slower than you hoped. Weather, elevation, rocks etc can slow you down. It's always good to look back and see how far you've come. The pace doesn't matter, just keep going.

"Well-being is realized by small steps, but is truly no small thing."

Zeno

#hiking

#vialpinaredtrail

#adventure

#francehiking

#wishfornatureandtravel

123w



cdunback4c Love following your adventure... be safe... breathe in every moment!

123w 1 like Reply



lucketteslie Breathtaking....so happy you're experiencing all this beautiful landscape!!

123w 1 like Reply



dsinkler1 Are you tent camping every night? Can you share info on logistics ?

123w Reply



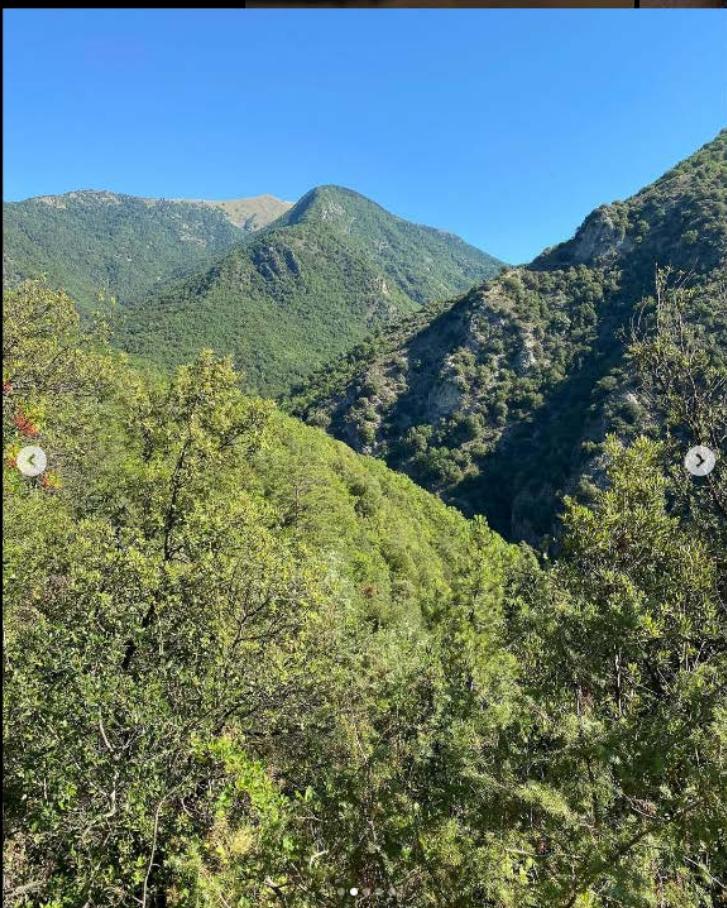
55 likes

August 1, 2022



Add a comment...

Post



kccraze • Follow

...



kccraze Sometimes on the trail your pace is slower than you hoped. Weather, elevation, rocks etc can slow you down. It's always good to look back and see how far you've come. The pace doesn't matter, just keep going.

"Well-being is realized by small steps, but is truly no small thing."

Zeno

#hiking

#vialpinaredtrail

#adventure

#francehiking

#wishfornatureandtravel

123w



cdunback4c Love following your adventure... be safe... breathe in every moment!

123w 1 like Reply



lucketteslie Breathtaking....so happy you're experiencing all this beautiful landscape!!

123w 1 like Reply



dsinkler1 Are you tent camping every night? Can you share info on logistics ?

123w Reply



55 likes

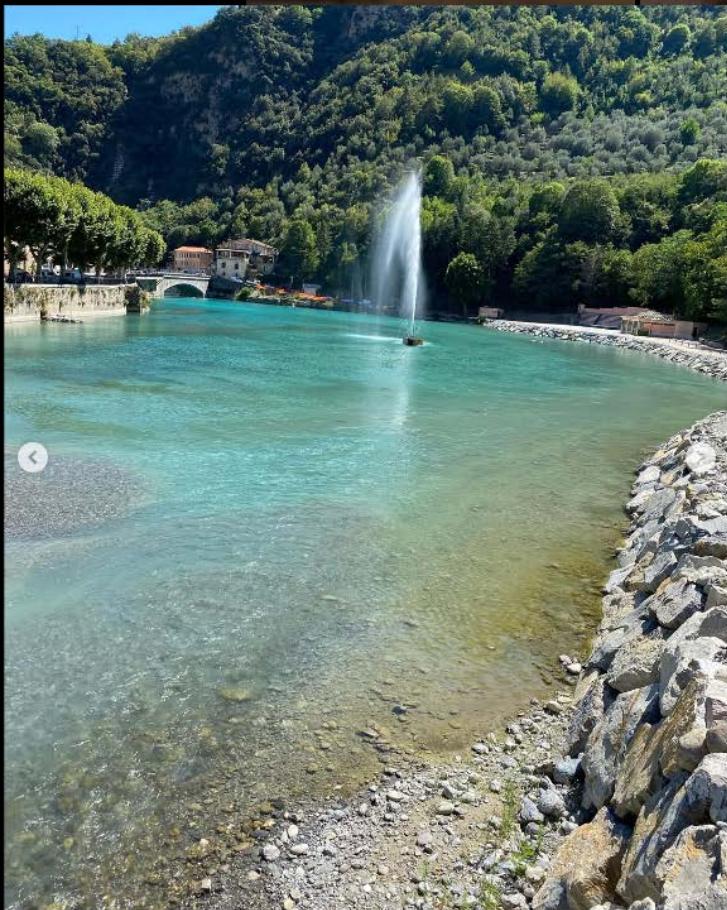
August 1, 2022



Add a comment...

Post

instagram.com/p/CguhYJgJvty/?img_index=3



kccraze • Follow



kccraze Sometimes on the trail your pace is slower than you hoped. Weather, elevation, rocks etc can slow you down. It's always good to look back and see how far you've come. The pace doesn't matter, just keep going.

"Well-being is realized by small steps, but is truly no small thing."

Zeno

#hiking

#viaalpinaretrail

#adventure

#francehiking

#wishfornatureandtravel

123w



cdunback4c Love following your adventure... be safe... breathe in every moment!

123w 1 like Reply



luckettleslie Breathtaking....so happy you're experiencing all this beautiful landscape!!

123w 1 like Reply



dsinkler1 Are you tent camping every night? Can you share info on logistics ?

123w Reply



55 likes

August 1, 2022

Add a comment...

Post

instagram.com/p/CguhYJgJvty/?img_index=4



kccraze • Follow



kccraze Sometimes on the trail your pace is slower than you hoped. Weather, elevation, rocks etc can slow you down. It's always good to look back and see how far you've come. The pace doesn't matter, just keep going.

"Well-being is realized by small steps, but is truly no small thing."

Zeno

#hiking

#viaalpinaretrail

#adventure

#francehiking

#wishfornatureandtravel

123w



cdunback4c Love following your adventure... be safe... breathe in every moment!

123w 1 like Reply



luckettleslie Breathtaking....so happy you're experiencing all this beautiful landscape!!

123w 1 like Reply



dsinkler1 Are you tent camping every night? Can you share info on logistics ?

123w Reply



55 likes

August 1, 2022

Add a comment...

Post



kccraze • Follow

...

kccraze Sometimes on the trail your pace is slower than you hoped. Weather, elevation, rocks etc can slow you down. It's always good to look back and see how far you've come. The pace doesn't matter, just keep going.

"Well-being is realized by small steps, but is truly no small thing."

Zeno

#hiking

#viaalpinaredtrail

#adventure

#francehiking

#wishfornatureandtravel

123w



cdunback4c Love following your adventure... be safe... breathe in every moment!

123w 1 like Reply



luckettleslie Breathtaking....so happy you're experiencing all this beautiful landscape!!

123w 1 like Reply



dsinkler1 Are you tent camping every night? Can you share info on logistics ?

123w ... Reply



55 likes

August 1, 2022



Add a comment...

Post

Instagram

👤	kccraze	📅	Posted: Aug 03, 2022
👤	System ID: 516773	📅	Captured: Dec 10, 2024
👤	Wesley A. Swinford		
↗	https://www.instagram.com/p/CgzoQP_qfkx/?img_index=1		

After the DOI. Walked into Italy today! These trails have been around for 1,000s of years. So much history here, and the concrete bunkers are all over the France/Italy border...camped last night, found hostel tonight bed, shower, dinner, breakfast 50 euros.



kccraze • Follow

...



kccraze Walked into Italy today! These trails have been around for 1,000s of years. So much history here, and the concrete bunkers are all over the France/Italy border...camped last night, found hostel tonight bed, shower, dinner, breakfast 50 euros.

122w



saigeswinford WOOP WOOP 🎉

122w Reply

♡



katiechesen Enjoy every minute!

122w Reply

♡



chrisjcallen What a journey! Stay safe!

122w Reply

♡



luckettleslie Simply amazing!!! That 2nd pic made me pucker up just a bit but this is SO YOU!!! Continued prayers for your journey.

122w Reply

♡



jayhawk77 Keep on keeping on Bro!
Prayer's continue!
And I'm jealous

♡



49 likes

August 3, 2022



Add a comment...

Post



kccraze • Follow

...



kccraze Walked into Italy today! These trails have been around for 1,000s of years. So much history here, and the concrete bunkers are all over the France/Italy border...camped last night, found hostel tonight bed, shower, dinner, breakfast 50 euros.

122w



saigeswinford WOOP WOOP 🎉

122w Reply

♡



katiechesen Enjoy every minute!

122w Reply

♡



chrisjcallen What a journey! Stay safe!

122w Reply

♡



luckettleslie Simply amazing!!! That 2nd pic made me pucker up just a bit but this is SO YOU!!! Continued prayers for your journey.

122w Reply

♡



jayhawk77 Keep on keeping on Bro!
Prayer's continue!
And I'm jealous

♡



49 likes

August 3, 2022



Add a comment...

Post



kccraze • Follow

...



kccraze Walked into Italy today! These trails have been around for 1,000s of years. So much history here, and the concrete bunkers are all over the France/Italy border...camped last night, found hostel tonight bed, shower, dinner, breakfast 50 euros.

122w



saigeswinford WOOP WOOP 🎉

122w Reply

♡



katiechesen Enjoy every minute!

♡

122w Reply



chrisjcallen What a journey! Stay safe!

♡

122w Reply



luckkettleste Simply amazing!!! That 2nd pic made me pucker up just a bit but this is SO YOU!!! Continued prayers for your journey.

♡

122w Reply



jayhawk77 Keep on keeping on Bro!

♡

Prayer's continue!

And I'm jealous

♡



49 likes

August 3, 2022

Post



kccraze • Follow

...



kccraze Walked into Italy today! These trails have been around for 1,000s of years. So much history here, and the concrete bunkers are all over the France/Italy border...camped last night, found hostel tonight bed, shower, dinner, breakfast 50 euros.

122w



saigeswinford WOOP WOOP 🎉

♡

122w Reply



katiechesen Enjoy every minute!

♡

122w Reply



chrisjcallen What a journey! Stay safe!

♡

122w Reply



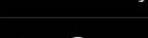
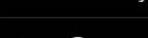
jayhawk77 Keep on keeping on Bro!

♡

Prayer's continue!

And I'm jealous

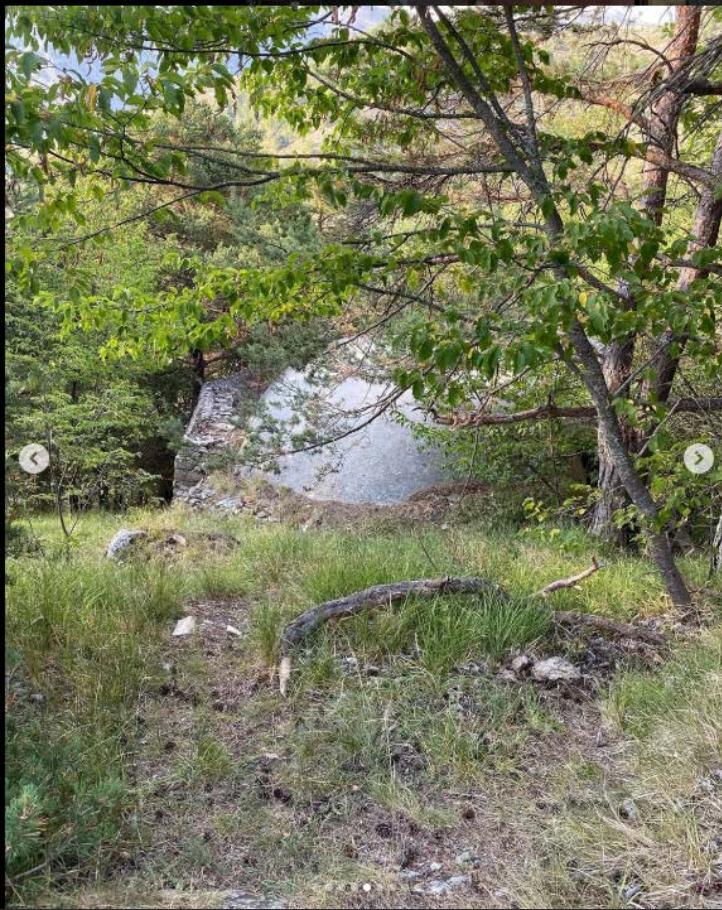
♡



49 likes

August 3, 2022

Post



kccraze • Follow

...



kccraze Walked into Italy today! These trails have been around for 1,000s of years. So much history here, and the concrete bunkers are all over the France/Italy border...camped last night, found hostel tonight bed, shower, dinner, breakfast 50 euros.

122w



saigeswinford WOOP WOOP 🎉

122w Reply

...



katiechesen Enjoy every minute!

122w Reply

...



chrisjcallen What a journey! Stay safe!

122w Reply

...



luckettleslie Simply amazing!!! That 2nd pic made me pucker up just a bit but this is SO YOU!!! Continued prayers for your journey.

122w Reply

...



jayhawk77 Keep on keeping on Bro!

Prayer's continue!

And I'm jealous

...



49 likes

August 3, 2022

Add a comment...

Post



kccraze • Follow

...



kccraze Walked into Italy today! These trails have been around for 1,000s of years. So much history here, and the concrete bunkers are all over the France/Italy border...camped last night, found hostel tonight bed, shower, dinner, breakfast 50 euros.

122w



saigeswinford WOOP WOOP 🎉

122w Reply

...



katiechesen Enjoy every minute!

122w Reply

...



chrisjcallen What a journey! Stay safe!

122w Reply

...



luckettleslie Simply amazing!!! That 2nd pic made me pucker up just a bit but this is SO YOU!!! Continued prayers for your journey.

122w Reply

...



jayhawk77 Keep on keeping on Bro!

Prayer's continue!

And I'm jealous

...



49 likes

August 3, 2022

Add a comment...

Post

instagram.com/p/CgzoQP_qfkx/?img_index=7



kccraze • Follow

...



kccraze Walked into Italy today! These trails have been around for 1,000s of years. So much history here, and the concrete bunkers are all over the France/Italy border...camped last night, found hostel tonight bed, shower, dinner, breakfast 50 euros.

122w



saigeswinford WOOP WOOP 🎉

122w Reply

♡



katiechesen Enjoy every minute!

♡



chrisjcallen What a journey! Stay safe!

♡



lucketteslie Simply amazing!!! That 2nd pic made me pucker up just a bit but this is SO YOU!!! Continued prayers for your journey.

122w Reply

♡



jayhawk77 Keep on keeping on Bro!
Prayer's continue!

And I'm jealous

♡



49 likes

August 3, 2022

Bookmark



Add a comment...

Post

instagram.com/p/CgzoQP_qfkx/?img_index=8



kccraze • Follow

...



kccraze Walked into Italy today! These trails have been around for 1,000s of years. So much history here, and the concrete bunkers are all over the France/Italy border...camped last night, found hostel tonight bed, shower, dinner, breakfast 50 euros.

122w

♡



saigeswinford WOOP WOOP 🎉

122w Reply

♡



katiechesen Enjoy every minute!

♡



chrisjcallen What a journey! Stay safe!

♡



lucketteslie Simply amazing!!! That 2nd pic made me pucker up just a bit but this is SO YOU!!! Continued prayers for your journey.

122w Reply

♡



jayhawk77 Keep on keeping on Bro!
Prayer's continue!
And I'm jealous

♡



49 likes

August 3, 2022

Bookmark



Add a comment...

Post



kccraze • Follow

...



kccraze Walked into Italy today! These trails have been around for 1,000s of years. So much history here, and the concrete bunkers are all over the France/Italy border...camped last night, found hostel tonight bed, shower, dinner, breakfast 50 euros.

122w



saigeswinford WOOP WOOP 🙌

122w Reply



katiechesen Enjoy every minute!



122w Reply



chriscallen What a journey! Stay safe!



122w Reply



luckettesle Simply amazing!!! That 2nd pic made me pucker up just a bit but this is SO YOU!!! Continued prayers for your journey.



122w Reply



jayhawk77 Keep on keeping on Bro!
Prayer's continue!
And I'm jealous



49 likes

August 3, 2022



Add a comment...

Post

Instagram

👤	kccraze	📅	Posted: Aug 05, 2022
👤	System ID: 516771	📅	Captured: Dec 10, 2024
👤	Wesley A. Swinford		
↗	https://www.instagram.com/p/Cg39Tatr_Gb/?img_index=5		

After the DOI. Started my walk down out of the mountain to Italian Coast in hopes I could catch a bus or train to Nice, France for my flight. 🚶...Found 900 year old village having a play, made some friends! 🏙 stayed at their home built into the rock. You can choose to assume the worst in people or you can choose to assume the best.



kccraze • Follow

kccraze Started my walk down out of the mountain to Italian Coast in hopes I could catch a bus or train to Nice, France for my flight. 😊✈️....Found 900 year old village having a play, made some friends! 😊 stayed at their home built into the rock. You can choose to assume the worst in people or you can choose to assume the best.

122w

kufb86 I love being a stranger in a strange land. Godspeed!

122w Reply

kerribkerr 😊

122w 1 like Reply

shellyroeser So awesome! I love that you just go for it!

122w Reply

dscott69 🌟

122w Reply

momto2ksboys Amazing. Exciting to see your story each day

122w Reply

Heart Comment Share

66 likes
August 5, 2022

Add a comment...



kccraze • Follow

kccraze Started my walk down out of the mountain to Italian Coast in hopes I could catch a bus or train to Nice, France for my flight. 😊✈️....Found 900 year old village having a play, made some friends! 😊 stayed at their home built into the rock. You can choose to assume the worst in people or you can choose to assume the best.

122w

kufb86 I love being a stranger in a strange land. Godspeed!

122w Reply

kerribkerr 😊

122w 1 like Reply

shellyroeser So awesome! I love that you just go for it!

122w Reply

dscott69 🌟

122w Reply

momto2ksboys Amazing. Exciting to see your story each day

122w Reply

Heart Comment Share

66 likes
August 5, 2022

Add a comment...



kccraze • Follow

kccraze Started my walk down out of the mountain to Italian Coast in hopes I could catch a bus or train to Nice, France for my flight. 😊✈️....Found 900 year old village having a play, made some friends! 😊 stayed at their home built into the rock. You can choose to assume the worst in people or you can choose to assume the best.

122w

kufb86 I love being a stranger in a strange land. Godspeed! 122w Reply

kerribkerr 😊 122w 1 like Reply

shellyroeser So awesome! I love that you just go for it! 122w Reply

dscott69 🌟 122w Reply

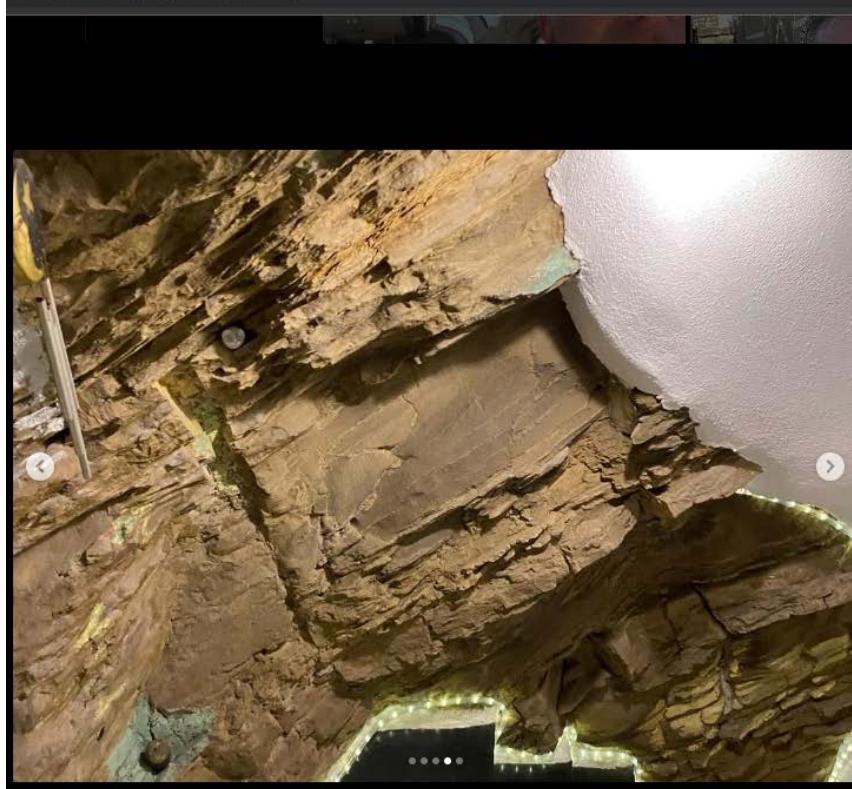
momto2ksboys Amazing. Exciting to see your story each day 122w Reply

Heart Comment Share

66 likes

August 5, 2022

Add a comment...



kccraze • Follow

kccraze Started my walk down out of the mountain to Italian Coast in hopes I could catch a bus or train to Nice, France for my flight. 😊✈️....Found 900 year old village having a play, made some friends! 😊 stayed at their home built into the rock. You can choose to assume the worst in people or you can choose to assume the best.

122w

kufb86 I love being a stranger in a strange land. Godspeed! 122w Reply

kerribkerr 😊 122w 1 like Reply

shellyroeser So awesome! I love that you just go for it! 122w Reply

dscott69 🌟 122w Reply

momto2ksboys Amazing. Exciting to see your story each day 122w Reply

Heart Comment Share

66 likes

August 5, 2022

Add a comment...

Instagram

Profile: [kccraze](#)

System ID: [516768](#)

Profile: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/ChibCO-p5RE/>

After the DOI. #getoutside #getmoving #youarecapable #youarestrong



Instagram

Profile: [kccraze](#)

System ID: [516766](#)

Profile: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/Ch0c4Rip-fE/>



Posted: Aug 28, 2022



Captured: Dec 10, 2024

After the DOI. Added 20 push-ups at every mile this week! “What one man can do so can another, say it, again.” -Anthony Hopkins #getoutside #getmoving #youarecapable #youarestrong #believeitsoanditis



Instagram

	kccraze		Posted: Sep 04, 2022
	System ID: 516764		Captured: Dec 10, 2024
	Wesley A. Swinford		
	https://www.instagram.com/p/CiG1GYLOKph/		

After the DOI. Just keep going, whatever journey you are on, one step in front of the other. ☺️☺️ You are capable. Just keep going!! 600 push ups this week. ☺️ #getoutside #beactive
#youarestrongerthanyouthink #believeitsoanditis



kccraze • Follow

...



kccraze Just keep going, whatever journey you are on, one step in front of the other. 🚶 You are capable. Just keep going!! 600 push ups this week. 😎😎
#getoutside
#beactive
#youarestrongerthanyouthink
#believeitsoanditis

118w



bretpomrenke You're a bad boy Wes Swinford! BAMF!
118w Reply



luckettleslie You are entering the 😍 zone! Awesome achievement! 💪💪
118w Reply



31 likes

September 4, 2022

Add a comment...

Post

Instagram

Profile: [kccraze](#)

System ID: [516756](#)

Profile: [Wesley A. Swinford](#)

Link: https://www.instagram.com/p/Cjx9BDwrTbm/?img_index=3



Posted: Oct 16, 2022



Captured: Dec 10, 2024

After the DOI. Grand Canyon, Rim to Rim to Rim. Straight through, 48 miles, 20,000 ft elevation change. Only 25 hours, slow but finisher. 🌞 #hikingadventures #thebodyiscapable #youarestrong #justkeepgoing



instagram.com/p/Cjx9BDwrTbm/?img_index=4

kccraze • Follow

kccraze Grand Canyon, Rim to Rim to Rim. Straight through, 48 miles, 20,000 ft elevation change. Only 25 hours, slow but finisher. 🌞🌞 #hikingadventures #thebodyiscapable #youarestrong #justkeepgoing 112w

susan25458 cool 88w Reply

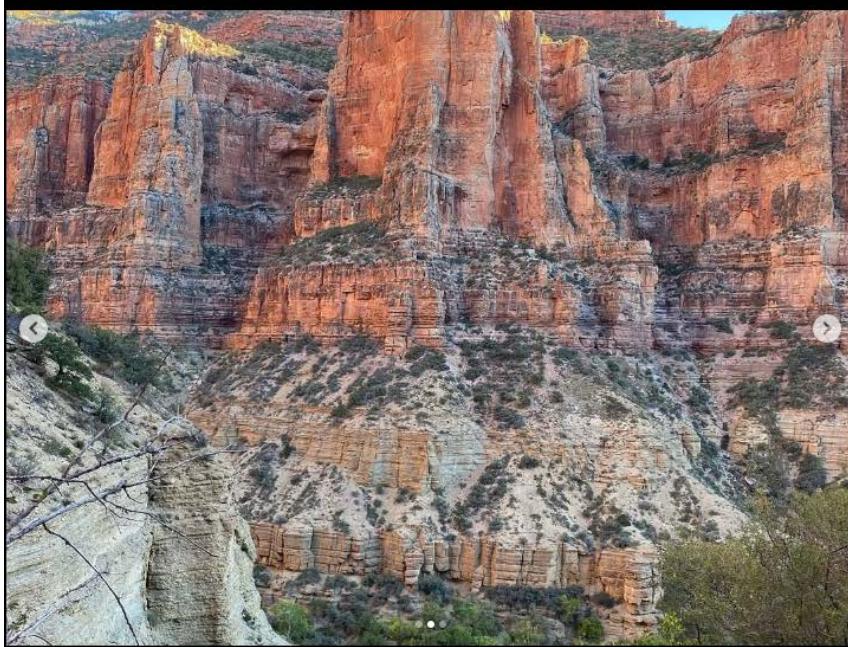
genaparker_sw Whoa! Wes, this is a MAJOR accomplishment! Incredible, bravo 🙌. 112w 1 like Reply

smtaylorheath That's awesome! 🌞🌞 112w 1 like Reply

kerribkerr 🌞🌞🌞 Awesome! 112w 1 like Reply

86 likes October 16, 2022

Add a comment... Post



kccraze • Follow



kccraze Grand Canyon, Rim to Rim to Rim. Straight through, 48 miles, 20,000 ft elevation change. Only 25 hours, slow but finisher. 😊😊

#hikingadventures
#thebodyiscapable
#youarestrong
#justkeepgoing

112w



susan25458 cool

88w Reply



genaparker_sw Whoa! Wes, this is a MAJOR accomplishment! Incredible, bravo 🙌.

112w 1 like Reply



smtaylorheath That's awesome! 🌟🌟

112w 1 like Reply



kerribkerr 🌟🌟🌟 Awesome!

112w 1 like Reply



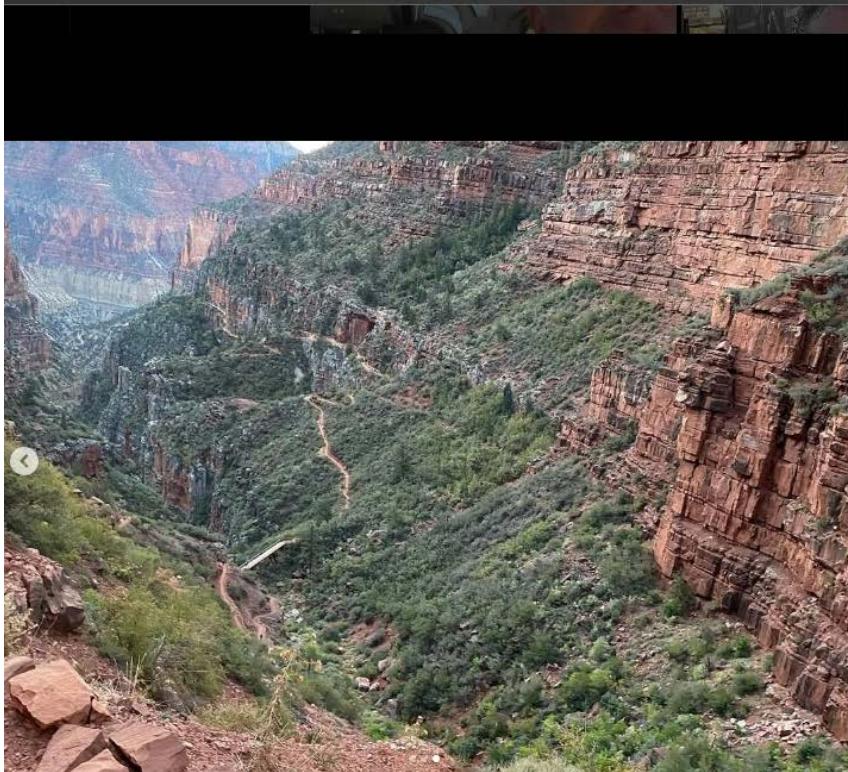
86 likes

October 16, 2022



Add a comment...

Post



kccraze • Follow



kccraze Grand Canyon, Rim to Rim to Rim. Straight through, 48 miles, 20,000 ft elevation change. Only 25 hours, slow but finisher. 😊😊

#hikingadventures
#thebodyiscapable
#youarestrong
#justkeepgoing

112w



susan25458 cool

88w Reply



genaparker_sw Whoa! Wes, this is a MAJOR accomplishment! Incredible, bravo 🙌.

112w 1 like Reply



smtaylorheath That's awesome! 🌟🌟

112w 1 like Reply



kerribkerr 🌟🌟🌟 Awesome!

112w 1 like Reply



86 likes

October 16, 2022



Add a comment...

Post

f Facebook

f [wes.swinford.3](#)

Posted: Oct 29, 2022

f System ID: [516690](#)

Captured: Dec 09, 2024

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid02c9LLC5vvgTVYcB2xyfqrswDAdBmywXERkhyNkvhhB9qLCbPiSeZQA2b4mRsujmx91>

After the DOI. Great 10.5 mile hike this morning with these awesome men. Perfect weather. #getinnature
#hiking #thebodyiscapable #youarestrong



 Wes Swinford
October 29, 2022 · 

...



Great 10.5 mile hike this morning with these awesome men. Perfect weather.

#getinnature

#hiking

#thebodyiscapable

#youarestrong



  53

1 comment

 Like

 Comment

 Share



Great 10.5 mile hike this morning with these awesome men. Perfect weather.

#getinnature

#hiking

#thebodyiscapable

#youarestrong



53

1 comment

Like

Comment

Share

Most relevant



Peggy Hampton

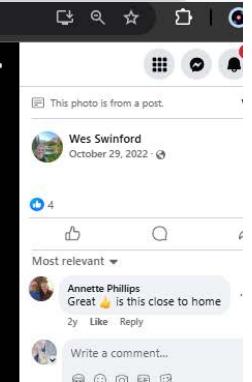
...

FABULOUS

2y Like Reply



Write a comment...



🔍 🔍 ⌂

This photo is from a post.

 Wes Swinford
October 29, 2022 - 

2   

 Write a comment...




f Facebook

f [wes.swinford.3](#)

Posted: Nov 24, 2022

f System ID: [516689](#)

Captured: Dec 09, 2024

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10224964964730197&set=a.10203343796014492>

After the DOI. Thankful to be able to run with Scarlett and Slate! #Runners #Stayactive
#napandpieinfuture!!

facebook.com/photo?fbid=10224964964730197&set=a.10203343796014492

Wes Swinford November 24, 2022 · [View](#)
Thankful to be able to run with Scarlett and Slat
#Runners
#Stayactive
#napandpieinfuture!!

153 16

Most relevant

Annette Phillips 2y Great good time with your kids! 
Like Reply

Marsha Moore 2y Happy thanksgiving! 
Like Reply

Devalyn Duke · Follow 2y  Like Reply

Peggy Hampton 2y  Like Reply

Fred Roll 110 s?? 2y  Like Reply

Write a comment...



A group of three people are standing in front of a large, colorful充气装饰物 (inflatable turkey). The充气装饰物 is orange, yellow, and purple, shaped like a turkey. The people are wearing athletic gear and race bibs. The man in the center is wearing a grey shirt and shorts, and the two people on either side are wearing dark shirts and pants. They are standing on a grassy field under a clear blue sky.

Fred Roll 1103???? 2y Like Reply

Fred Roll replied - 3 Replies

Scott Marlow Great picture ❤️ Happy Thanksgiving to you and your family! 2y Like Reply

Get Sandotional Follow What's up bro 2y Like Reply

Get Sandotional replied - 2 Replies

Genia Gore Happy thanksgiving 2y Like Reply

Jason Kanak Good work brother!! 2y Like Reply

Andrea Moore Sewell Happy Thanksgiving! 2y Like Reply

Rachelle Waters Great pic! I got to see Sterling! 2y Like Reply



Write a comment...

f Facebook

f [wes.swinford.3](#)

Posted: Dec 24, 2022

f System ID: [516685](#)

Captured: Dec 09, 2024

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10225140411196249&set=a.10203343796014492>

After the DOI. Merry Christmas from my crew. May your souls be filled with peace and gratitude and your cup full. Cheers

facebook.com/photo?fbid=10225140411196249&set=a.10203343796014492



Wes Swinford December 24, 2022

Merry Christmas from my crew. May your souls be filled with peace and gratitude and your cup full. Cheers

235 74

Most relevant

Devalyn Duke · Follow 1y Like Reply Merry Christmas!

Mandy Martin Adcock · Follow 1y Like Reply Merry Christmas! Swinford's...

Janelle Johnston · Follow 1y Like Reply Merry Christmas Wes!

Carrie Deck · Follow 1y Like Reply Merry Christmas!

Andrea Moore Sewell · Follow 1y Like Reply Merry Christmas!!!

Jaidan Alley Carter · Follow 1y Like Reply my faves! merry xmas!

Jill Cochran · Follow 1y Like Reply Great pic! Merry Christmas to your family! Kids are beautiful and so handsome!

Write a comment...



1y Like Reply

Tina Sargent Resch That's a great picture! Merry Christmas!

1y Like Reply

Mandy Lundy Merry Christmas!

1y Like Reply

David Johns merry Christmas

1y Like Reply

Bryon Will Merry Christmas

1y Like Reply

Rhonda Vochater Merry Christmas Wes to you and your family!

1y Like Reply

Trevin Haines Merry Christmas brother!

1y Like Reply

Heidi Phillips Alley Merry Christmas!

1y Like Reply

Melissa Hahn Price Merry Christmas!!!

1y Like Reply

Cambre Abercrombie Leathers Merry Christmas!

1y Like Reply

Kristina Belshe Follow Great pic!

Write a comment...



1y Like Reply

Jason Kanak Good looking crew there brother!

1y Like Reply

Jnz Davis Merry Christmas

1y Like Reply

Allison Marler Porembski Merry Christmas

1y Like Reply

David Barth Merry Christmas!

1y Like Reply

Alexis McKinley Jones Beautiful family! Merry Christmas my friend!

1y Like Reply

Paul R Misari You certainly got yourself a good looking crew there Wes. Best wishes to all for blessings, health and happy days!

1y Like Reply

Jenny Taylor Edrington Beautiful family!

1y Like Reply

Jaime Custer Merry Christmas!

1y Like Reply

Fred Roll Merry Christmas!!!

1y Like Reply

Valerie Schamaun Merry Christmas, Wes, the almost 52

Write a comment...



facebook.com/photo?fbid=10225140411196249&set=a.10203343796014492

Like
Reply
9

Valerie Schamaun
Merry Christmas, Wes, the almost 52 year old!!!!!!
1y Like Reply

Barb Roth Wells
Lovely family. Merry Christmas
1y Like Reply

Tony Hawkins
Merry Christmas
1y Like Reply

Chris Callen
Merry Christmas!!
1y Like Reply

Debra N Kevin Rickner
Merry Christmas!
1y Like Reply

Tera A. Jobbins
Merry Christmas from Justin and me!
1y Like Reply

Shannon Blanchard Kleweno
Merry Christmas Swinford's! Hard to believe they are all so grown up! ❤️
1y Like Reply

Larni Veit
Merry Christmas!!
1y Like Reply

David McSwain
Merry Christmas
1y Like Reply

Write a comment...



facebook.com/photo?fbid=10225140411196249&set=a.10203343796014492

Like
Reply
9

Jamie Williams-Pratz
Merry Christmas!
1y Like Reply

Genia Gore
Merry merry Christmas to your good looking crew! ❤️
1y Like Reply

Michele Riffel
Merry Christmas Swinford and Fam!
1y Like Reply

Cathy Miller
Merry Christmas
1y Like Reply

Tonia Stewart
Beautiful family Wes Swinford
1y Like Reply

Kristy Bauman Watson
Merry Christmas!
1y Like Reply

Ronda Lamond Anderson
Merry Christmas to you and your family!
1y Like Reply

Shawna Little-Justis
Merry Christmas
1y Like Reply

Holly Delaney
Merry Christmas!!!
1y Like Reply

View more comments 66 of 71

Write a comment...



1y Like Reply

Cathy Miller Merry Christmas ...

1y Like Reply

Tonia Siewert Beautiful family Wes Swinford ...

1y Like Reply

Kristy Bauman Watson Merry Christmas!

1y Like Reply

Ronda Lamond Anderson Merry Christmas to you and your family!

1y Like Reply

Shawna Little-Justis Merry Christmas 🎄

1y Like Reply

Holly Delaney Merry Christmas!!!

1y Like Reply

Marilyn Kerr Merry Christmas

1y Like Reply

Judy Westbrook Love this picture of you with all your children! They are so handsome, beautiful and grown up!

1y Like Reply

Katie 'Serrone' Chesen This is a great picture!!!

1y Like Reply

Katie 'Serrone' Chesen Merry Xmas !!!!!

1y Like Reply

Write a comment...

Instagram

Profile: [kccraze](#)

System ID: [516754](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/CnMuWErlZe/>

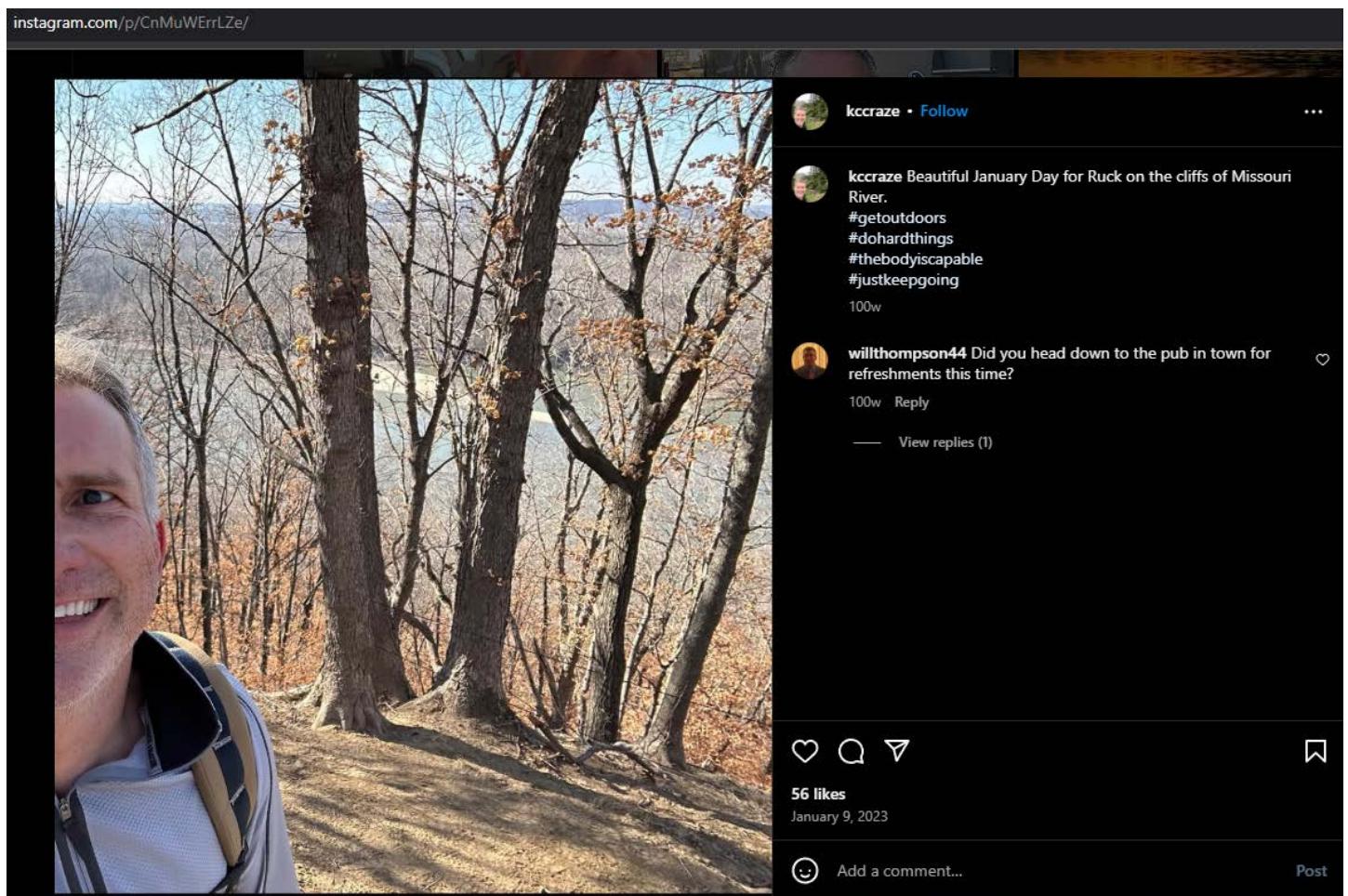


Posted: Jan 09, 2023



Captured: Dec 10, 2024

After the DOI. Beautiful January Day for Ruck on the cliffs of Missouri River. #getoutdoors #dohardthings
#thebodyiscapable #justkeepgoing



f Facebook

 [wes.swinford.3](#)



Posted: Jan 17, 2023

 System ID: [516683](#)



Captured: Dec 09, 2024

 [Wesley A. Swinford](#)

→ <https://www.facebook.com/wes.swinford.3/posts/pfbid02NByhfMEGNWcCUpLZ82g8C1PdgdwamHfoT1t2YjVTWbnJdzx1uV3SrV6KBVCsivf5l>

After the DOI. Confirms DOB. Thanks for all the messages, bday wishes and overall cheer!! Had an awesome day yesterday hiking/rucking with these great friends.



Wes Swinford

January 17, 2023 ·

...

Thanks for all the messages, bday wishes and overall cheer!! Had an awesome day yesterday hiking/rucking with these great friends.



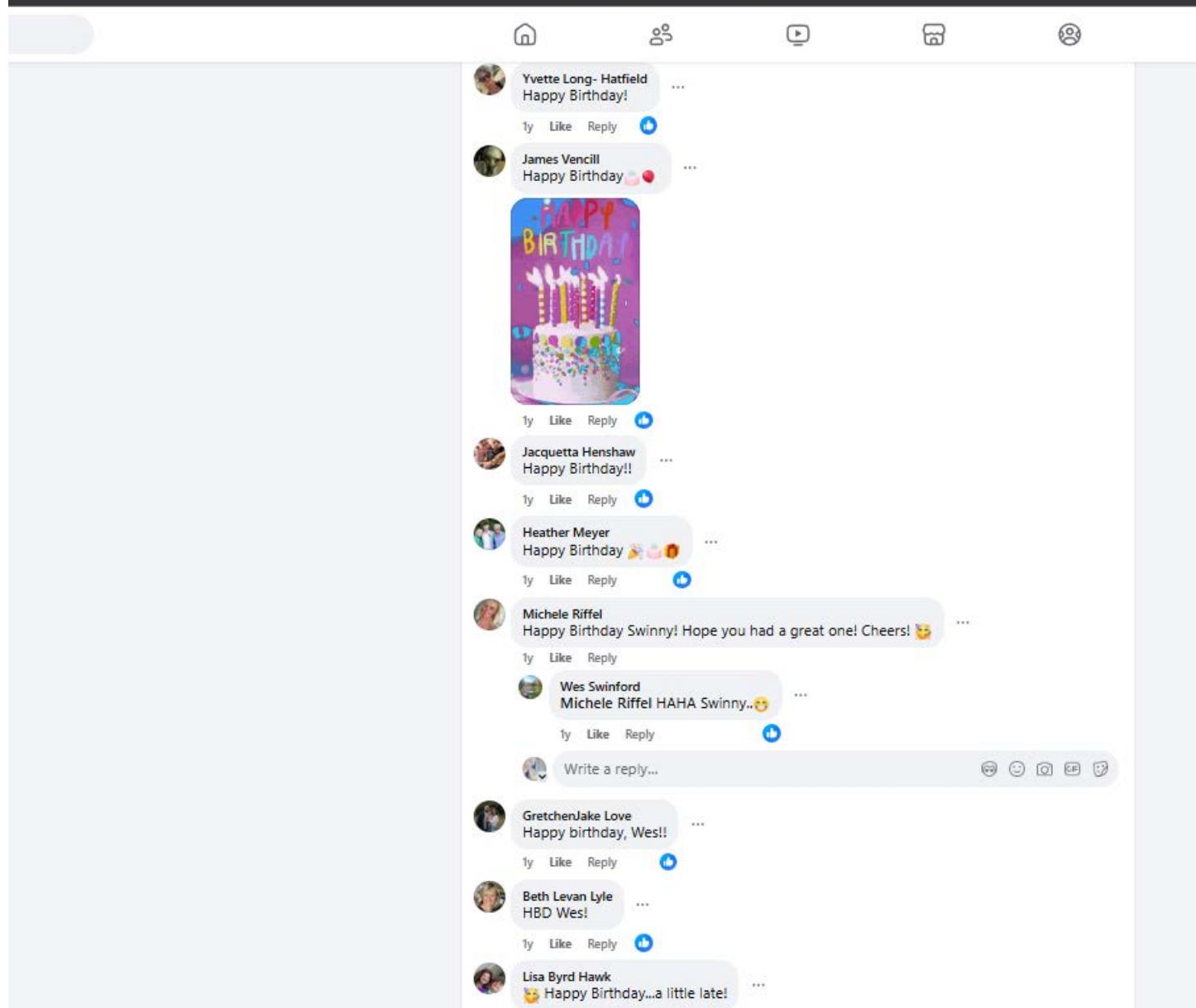
90

18 comments

Like

Comment

Share



facebook.com/wes.swinford.3/posts/pfbid02NByhfMEGNWcCUpLZ82g8C1PdgdwamHfoT1t2YjVTWbnJdzx1uV3SrV6KBVCsivf5I

Happy Birthday...a little late!

1y Like Reply

Jodi Young Schade Happy Birthday, Wes!!

1y Like Reply

Gretchen Masters Happy Birthday Wes!!🎂

1y Like Reply

Kaleb Hale Happy birthday Wes!

1y Like Reply

Marni Peet Licursi ...



1y Like Reply

Larry Kress Happy birthday Wes!

1y Like Reply

Angie Markley Scherzer HBD Wes Swinford🎂

1y Like Reply

Maria Hurley hbd!!!!

1y Like Reply

Jaime Custer Happy Birthday 🎉🎂🎈

1y Like Reply

Janelle Johnston Happy Birthday Wes! Hope you and your family are well! 🍀🍀🍀

1y Like Reply

f Facebook

f [wes.swinford.3](#)

f System ID: [516681](#)

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10225337491803141&set=a.10203343796014492>



Posted: Jan 25, 2023



Captured: Dec 09, 2024

After the DOI. Imitation is the highest form of flattery! 🎉 Happy Birthday slate!

facebook.com/photo?fbid=10225337491803141&set=a.10203343796014492



Wes Swinford
January 25, 2023 ·

Imitation is the highest form of flattery! 😊😊
Happy Birthday slate!
— with Shea Swinford.

279 53

Most relevant ▾

Rachelle Waters This fantastic!!! HBD kid! ...
Ty Like Reply

Renee Massey Carson Love it!! ...
Ty Like Reply

David Lyle That is fantastic! Happy Birthday ...
Ty Like Reply

Mike Rodriguez This is fantastic! Happy birthday! ...
Ty Like Reply

Shelly Roiser Omg!! Happy birthday 😊😊 ...
Ty Like Reply

Leslie Luckett Love it!! 😊 ...
Ty Like Reply

Jaidan Alley Carter this is amazing! ...
Ty Like Reply

Cambre Abercrombie Leathers Happy birthday, slate. ...
Ty Like Reply

Genia Gore

Write a comment...

facebook.com/photo?fbid=10225337491803141&set=a.10203343796014492



Genia Gore That's hilarious. Happy birthday 😊 ...
Ty Like Reply

Jeff James I love this!!! Happy birthday young man! ...
Ty Like Reply

Kim Shake Nishues Happy birthday! ...
Ty Like Reply

Annette Phillips Happy birthday slate cute ...
Ty Like Reply

Tracy Blevins Nicodemus So fun!!! HBD slate!! ...
Ty Like Reply

Leasa Tappe Rowe



Caroline VanDeusen The best. ...
Ty Like Reply

Kaleb Hale That was awesome...happy birthday slate! ...
Ty Like Reply

View more comments 16 of 52

Write a comment...



Search · Find · Star · Share · More · ...

Kaleb Hale That was awesome...happy birthday slate! 1y Like · Reply

Lisa Davis Wilson This is awesome. 1y Like · Reply

Yvette Long-Hatfield 1y Like · Reply

Katie Shay Hale Happy Birthday to a great kiddo!!! 1y Like · Reply

C Doug Young Awesome! 1y Like · Reply

Devalyne Duke Follow the best!!!! 1y Like · Reply

Alice McGahey This is the funniest pic! Happy Bday to slate! 1y Like · Reply

Jaci Duke Kern Sage's looks natural 1y Like · Reply

Mason Swinford This is incredible 1y Like · Reply

Dan Schmidt Awesome 1y Like · Reply

Suzanne Scotch Covert I love it! 1y Like · Reply

[View more comments](#) 26 of 52

[Write a comment...](#)



Search · Find · Star · Share · More · ...

I love it!! 1y Like · Reply

Christina Jones Brady Happy birthday slate! 1y Like · Reply

Jason Rawlings So funny! slate looks thrilled! 1y Like · Reply

Rhonda Vochater That's pretty awesome, happy birthday! 1y Like · Reply

Mandy Martin Adcock This is awesome. Happy birthday slate!!!! 1y Like · Reply

Wayland Swinford Happy Birthday slate!! 1y Like · Reply

Kelly Young Paratore Funny - he looks so thrilled, not! 1y Like · Reply

Vicki Leiker Happy birthday slate! 1y Like · Reply

Melissa Daniels That is awesome! Happy Birthday 1y Like · Reply

Nancy K Rink Hilarious!!! 1y Like · Reply

Molly Morrison Britt Ok, this is AWESOME!!! 1y Like · Reply

[View more comments](#) 36 of 52

[Write a comment...](#)



Get Sardisational - Follow ...
Awesome

Tina Sergott Resch this is so great! Happy Birthday to Sate!
1y Like Reply

Heather Meyer Happy Birthday Sate! This is great!
1y Like Reply

Karin Selzer This is really funny!
1y Like Reply

Heidi Phillips Alley Happy Birthday Sate!
1y Like Reply

Jaci Duke Kern Sate this photo proves only you look good in the big hair.
1y Like Reply

Wes Swinford replied · 1 Reply

Kristi Solomon Powell So flippin funny!!!
1y Like Reply

Tiffany Tierny Sanders This is hilarious!
1y Like Reply

Krista Hyton Smith Love this! Happy Birthday Sate!
1y Like Reply

Stephanie Pritchard I love this! Happy BD!
1y Like Reply

View more comments 46 of 52

Write a comment...



Sate this photo proves only you look good in the big hair.
1y Like Reply

Wes Swinford replied · 1 Reply

Kristi Solomon Powell So flippin funny!!!
1y Like Reply

Tiffany Tierny Sanders This is hilarious!
1y Like Reply

Krista Hyton Smith Love this! Happy Birthday Sate!
1y Like Reply

Stephanie Pritchard I love this! Happy BD!
1y Like Reply

Dianne Williams Happy Birthday! Love those curls!
1y Like Reply

Shawna Trimbo Boswell Happy Birthday to Sate!!
1y Like Reply

Christin Black This is amazing!
1y Like Reply

Erin Dugan The.Best!!!!
1y Like Reply

Zeny Schmidt Happy Birthday!
1y Like Reply

Danielle Beitzinger This is priceless!
1y Like Reply

Write a comment...

Instagram

Profile: [kccraze](#)

System ID: [516753](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/CpX28520BYv/>

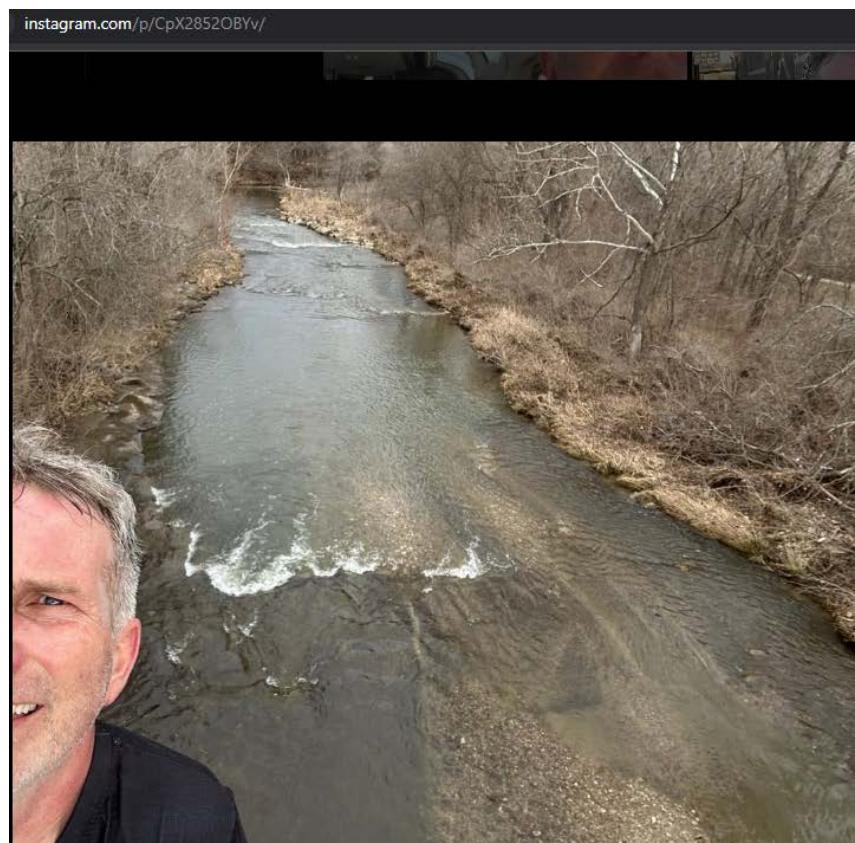


Posted: Mar 04, 2023



Captured: Dec 10, 2024

After the DOI. Beautiful morning! Get in nature, be active, you are stronger than you know. Just Keep Going!



instagram.com/p/CpX28520BYv/

 [kccraze](#) • [Follow](#) 

 **kccraze** Beautiful morning! Get in nature, be active, you are stronger than you know. Just Keep Going! 
92w

 **dandanmi521** Where was this shot? It looks like a nice environment. 
59w [Reply](#)

60 likes
March 4, 2023

 [Add a comment...](#) 

f Facebook

[f wes.swinford.3](#)



Posted: May 16, 2023

[f System ID: 516677](#)



Captured: Dec 09, 2024

[p Wesley A. Swinford](#)

<https://www.facebook.com/wes.swinford.3/posts/pfbid029yK9D17cLjjUGvneCNFL6xb1mfuJ3HJWgjbAa481Zj2XZf1FKDN5Az8X4anLGZMI>

Before the DOI. This girl is off to London, I said watchout for the werewolves (old man lyrics) she didn't get!.....to study and have a summer internship! She loves me posting photos of her..



Wes Swinford
May 16, 2023 ·

...

This girl is off to London, I said watch out for the werewolves (old man lyrics) she didn't get! 😊😊
.....to study and have a summer internship! She loves me posting photos of her..😊



215

30 comments

Like

Comment

Share

Most relevant ▾



Devalyn Duke · Follow
awesome

1y Like Reply



Shelly Roeser
Such a great opportunity! Enjoy



Shelly Roeser
Such a great opportunity! Enjoy

1y Like Reply



Melissa Daniels
Have a great time!!

1y Like Reply



Marsha Moore
How exciting!!

1y Like Reply



Genia Gore
Wonderful!!! Stay safe

1y Like Reply



Heidi Phillips Alley
Have a blast Saige!

1y Like Reply



Maureen Bussjaeger Hedden
Looks like you are forcing her to go!

1y Like Reply



Wes Swinford replied · 1 Reply



Annette Phillips
Saige happy for you what a great experience be safe ✈️😊

1y Like Reply



Paul R Misarti
Old man lyrics 😊

1y Like Reply



Jo Frances Birdwell Thompson

ENJOY!



1y Like Reply



Rob Jus-Rollin Mitchell
Have a wonderful time!

1y Like Reply



Bonnie Bradley
Have a great time



Home Groups Photos Videos News

Bonnie Bradley
Have a great time ...
1y Like Reply

Jaidan Alley Carter
ahhhh!! have so much fun! ...
1y Like Reply

Greg Hall
London?! Wow! ...
1y Like Reply

Jenny Taylor Edrington
My son is headed to London today too!!! ...
1y Like Reply

Wes Swinford
Jenny Taylor Edrington Nice, visiting or school? ...
1y Like Reply

Jenny Taylor Edrington
Wes Swinford He's backpacking with a buddy for three weeks. My daughter and I will head to Italy next week and meet up with them for a day. ...
1y Like Reply

Wes Swinford
Jenny Taylor Edrington love it!!! ...
1y Like Reply

Saige Swinford
Wouldn't be who I am today without you! Love you so much Dad ...
1y Like Reply

Maureen Bussjaeger Hedden
Saige Swinford you did it. So excited for you! ...
1y Like Reply

Tanya Tippeconnic-Shaw
What a great adventure! ...
1y Like Reply

Jill 'Boyd' Walter ...

FABU

Write a reply...

 **Tanya Tippeconnic-Shaw**
What a great adventure! ...

1y Like Reply 

 **Jill 'Boyd' Walter** ...



1y Like Reply

 **Jaci Duke Kern**
Wow!! Didn't know. Have a safe bloody time. Bloody hell. Love you  ...

1y Like Reply

 **Jason Rawlings**
Wow very cool! ...

1y Like Reply

 **Dan Schmidt**
Congratulations, what a heat opportunity!! ...

1y Like Reply

 **Terri Watters-Treat** ...



1y Like Reply

 **Zeny Schmidt**
Congratulations! Our very best wishes!  ...

1y Like Reply

 **Shannon Fleenor Price**
OMG that's amazing ...

1y Like Reply

 **Luann Meyers Woodward**
Exciting!! ...

1y Like Reply

 **Write a comment...**

f Facebook

[f wes.swinford.3](#)



Posted: Aug 05, 2023

[f System ID: 516668](#)



Captured: Dec 09, 2024

[p Wesley A. Swinford](#)

→ <https://www.facebook.com/wes.swinford.3/posts/pfbid0sAHYxpUqhXjWgB1PR2bdZyHHPGksEqxQBWFrRyt15h9BHqYYQryBWtxDLYMwnQBfl>

After the DOI. 60lb Farmer carry for 2.32 miles with these amazing men. #dohardthings
#youarecapableofamazingthings #justkeepgoing

Home

Wes Swinford

August 5, 2023

60lb Farmer carry for 2.32 miles with these amazing men.
#dohardthings
#youarecapableofamazingthings
#justkeepgoing



106

14 comments

Like

Comment

Share

Most relevant

Greg Hall Nice work gentlemen! 🤘

1y Like Reply

Get SandSational - Follow Great job 🙌

1y Like Reply

Chris Maumalanga Wow! That's awesome!!!

1y Like Reply

John Jones Nice work, fellas.

1y Like Reply

Home Groups News Feed Help

John Jones Nice work, fellas. 1y Like Reply

Ty Moeder Impressive guys 1y Like Reply

Brandon Walter Three studs right there. 1y Like Reply

Fred Roll Outstanding!!! 1y Like Reply

Fred Roll . 1y Like Reply

Jim Fender 60 lb is a lot for even a much shorter farmer carry...good job 1y Like Reply

Tasha Greer Howard Awesome! 1y Like Reply

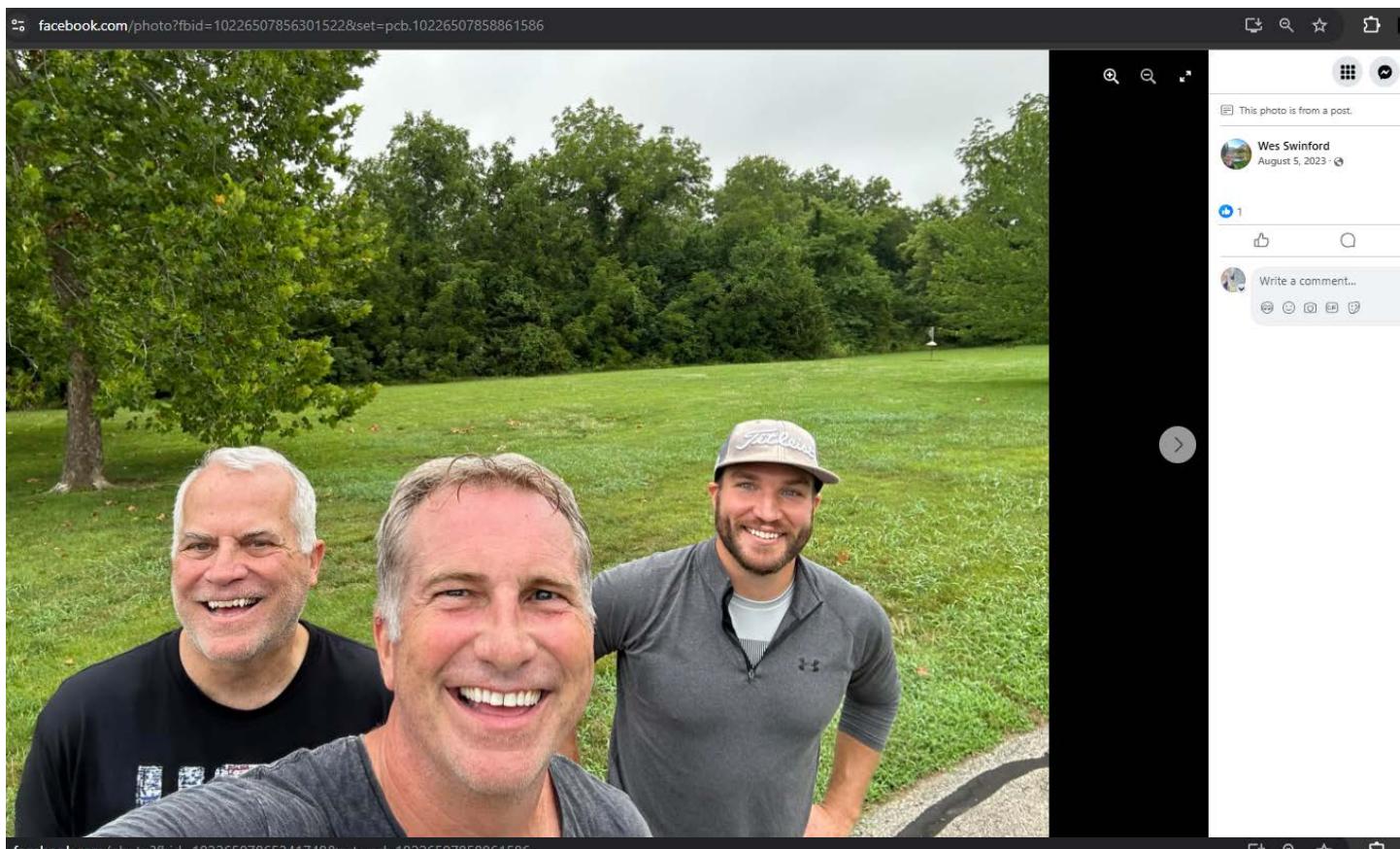
Russ Bowen Wes Swinford you're doing that wrong 🤣🤣



1y Like Reply 2 😂

Wes Swinford Russ Bowen you got that right! Lovin that beach life I see. 1y Like Reply

Write a reply...



f Facebook

[f wes.swinford.3](#)



Posted: Sep 23, 2023

[f System ID: 516665](#)



Captured: Dec 09, 2024

[p Wesley A. Swinford](#)

→ <https://www.facebook.com/wes.swinford.3/posts/pfbid02hppbYmc5QnmL5HuCmjPKcMJvxFJfXyQsaCTn14NyKeLDHUC876xdoaNLXa185tPCI>

After the DOI. Saige sporting the jersey from last time we beat BYU!! Trying to get the second daughter to be a Jayhawk!! RCJH



Wes Swinford

September 23, 2023 ·

...

Saige sporting the jersey from last time we beat BYU!! Trying to get the second daughter to be a Jayhawk!!
RCJH



141

15 comments

Like

Comment

Share

Most relevant ▾

Keith Rodgers

[Home](#)

[Photos](#)

[Videos](#)

[Albums](#)

[Friends](#)

Keith Rodgers
Heck yeah!!!

1y Like Reply

Keith Rodgers
Looking good Wes 🌟

1y Like Reply

Lisa Byrd Hawk
Love it! ❤️ My nephew is a freshman at KU! RCJH!!!

1y Like Reply

Kimberly Moore Rafoth
Come on Scarlet! 🌟❤️

1y Like Reply

Katie Davis Williams
Rock chalk!!

1y Like Reply

Jo Frances Birdwell Thompson
Wes, you look so handsome and your girls are so pretty.

1y Like Reply

Wes Swinford

Jo Frances Birdwell Thompson ahhh Thanks

1y Like Reply

Write a reply...

Jo Frances Birdwell Thompson

1y Like Reply

Jeff Himes

awesome!!

1y Like Reply

Kevin Kimerer
RCJH!

1y Like Reply

Jeff James
Y'all are looking good this year brother!

1y Like Reply



Wes Swinford
Jo Frances Birdwell Thompson ahhh Thanks

1y Like Reply



Write a reply...



Jo Frances Birdwell Thompson



1y Like Reply



Jeff Himes
awesome!!

1y Like Reply



Kevin Kimerer
RCJH!

1y Like Reply



Jeff James
Y'all are looking good this year brother!

1y Like Reply



Devalyn Duke · Follow



1y Like Reply



Alisa Pacer Moeder



1y Like Reply



Chris Tierney
Rock Chalk!!

1y Like Reply



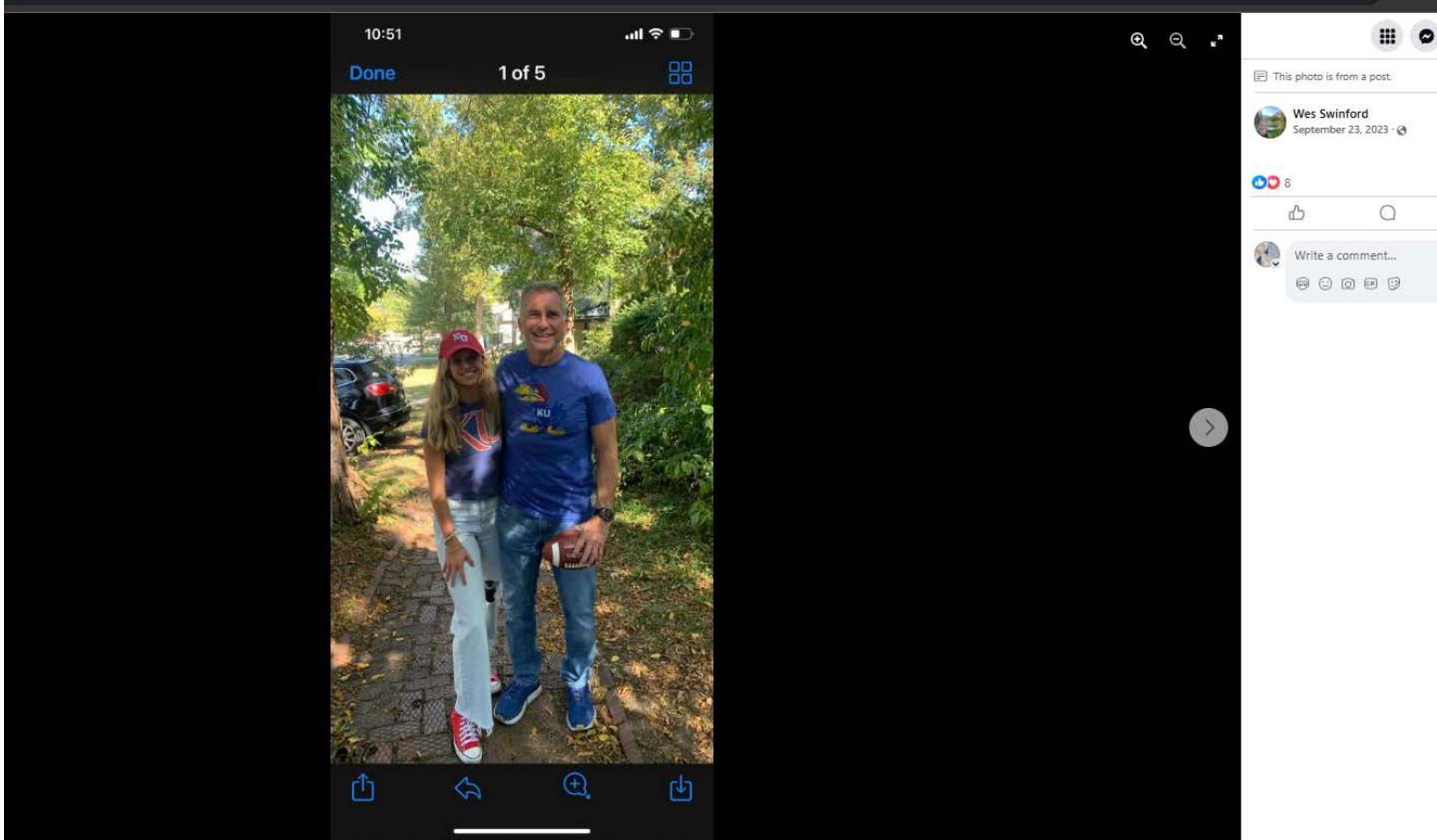
Scott Marlow
Very cool 😎

1y Like Reply



Write a comment...





f Facebook

f [wes.swinford.3](#)

 Posted: Nov 18, 2023

f System ID: [516662](#)

 Captured: Dec 09, 2024

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid02kHZMSRQQx2vfocPegrF181sGMy1ctKuwrskTbsXazeLGaP3hBTSTa2KNoPuxj7pl>

After the DOI. Final game for Memorial stadium! So many memories in this place, and so excited to tear it down. One more game with my boys. RCJH



Wes Swinford

November 18, 2023 ·

...

Final game for Memorial stadium! So many memories in this place, and so excited to tear it down. One more game with my boys. RCJH



133

9 comments 1 share

Like

Comment

Share

Most relevant ▾



Nicole Dawes-Hinrichs

My son is there somewhere too!!

...

133

9 comments 1 share

Like

Comment

Share

Most relevant ▾

Nicole Dawes-Hinrichs

My son is there somewhere too!!

...

1y Like Reply

Shelly Roeser

Wait...they are tearing it down? I had no clue!

...

1y Like Reply

Lindsay Osterlund

Shelly Roeser same question here. Wait what?

...

1y Like Reply

Shelly Roeser

Lindsay Dandoy 😱 mind blown!

...

1y Like Reply

Wes Swinford

Shelly Roeser haha...yes after 102 years we are finally building a new stadium.

...

1y Like Reply

Janelle Johnston

Wes Swinford I didn't know that either! Wow!

...

1y Like Reply

Holly Delaney

Love the pictures of the kids little, wow!

...

Now look at them!

1y Like Reply

Ty Moeder

Wish we had seen you

...

1y Like Reply

Scott Simpson

Good to see you, Wes.

...

1y Like Reply

Write a comment...



This photo is from a post.

Wes Swinford November 18, 2023

28 likes

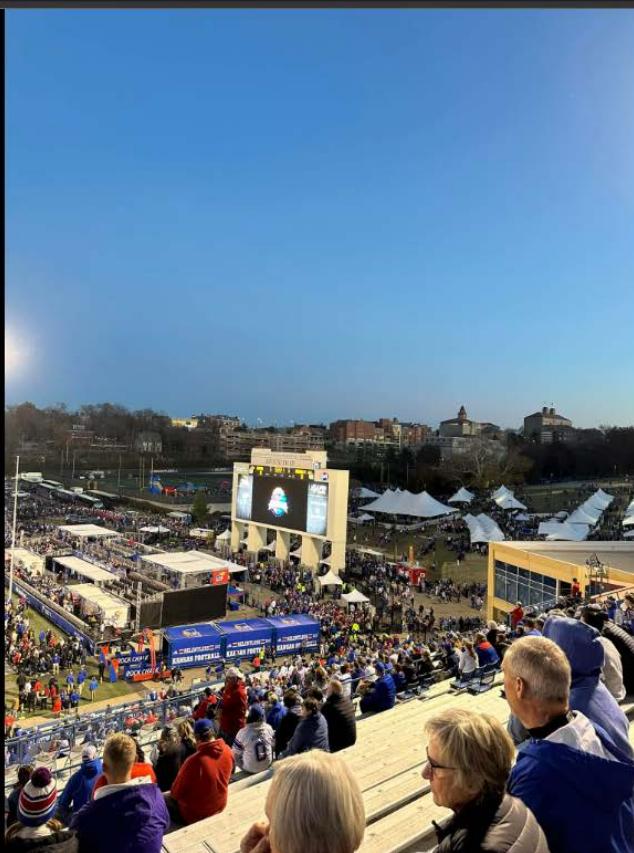
Most relevant

Daniel Eichloff Wish I had seen you. Happy Thanksgiving to you and the family.

Wes Swinford Daniel Eichloff Thanks! Happy Thanksgiving to you and yours.

Write a reply...

Write a comment...



f Facebook

f [wes.swinford.3](#)



Posted: Jan 06, 2024

f System ID: [516661](#)



Captured: Dec 09, 2024

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid0izyATDpWje7F2YrUWTBCjQZTDF27GNCWeMvhFfeUgUre1Y9KgwpW4dt8FtqzEb8GYI>

After the DOI. Hiking, cut some wood (warms the body twice!) great fire, and fireworks! Why wouldn't you?
#getoutdoors #BeActive



Wes Swinford

January 6 ·

...

Hiking, cut some wood (warms the body twice!) great fire, and fireworks! Why wouldn't you?
#getoutdoors
#BeActive



2 98

6 comments

Like

Comment

Share

Most relevant ▾



Bret Pomrenke

Home

98

6 comments

Like

Comment

Share

Most relevant

Bret Pomrenke I love you in the most appropriate way possible. ...



48w Like Reply Edited 4 100%

Christopher Perez Oh yeah Bret Pomrenke I love him in every way! ...

48w Like Reply

Janelle Johnston Why not! Right? ...

48w Like Reply

Wes Swinford Janelle Johnston Soleau 100% ...

48w Like Reply

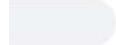
Annette Phillips That is a lot of wood to cut 😊 ...

48w Like Reply

Steven Curry Have fun ...

48w Like Reply

Write a comment...





🔍 🔍 ⌂

This photo is from a post.

 Wes Swinford
January 6

2

Like Comment

 Write a comment...



🔍 🔍 ⌂

This photo is from a post.

 Wes Swinford
January 6

Like Comment

 Write a comment...

f Facebook

[f wes.swinford.3](#)



Posted: Jan 15, 2024

[f System ID: 516659](#)



Captured: Dec 09, 2024

[p Wesley A. Swinford](#)

→ <https://www.facebook.com/wes.swinford.3/posts/pfbid0NmHfT9gb7dwqrePn8q9JBKzHWQRd59zV2XEyp3Ds54Hq9oGXWjEz4RL5dUVeiWial>

After the DOI. Incredible hike this morning. The stillness, peace, it was amazing. So grateful I'm able to do these crazy things. ☺ It wasn't as cold as you would think, just my buttocks and back of legs were cold.
☺♂☺ #getoutside #youarestrongerthanyouknow #justkeepgoing #canthurtme



Wes Swinford

January 15 ·

...

Incredible hike this morning. The stillness, peace, it was amazing. So grateful I'm able to do these crazy things. 😊 It wasn't as cold as you would think, just my buttocks and back of legs were cold.

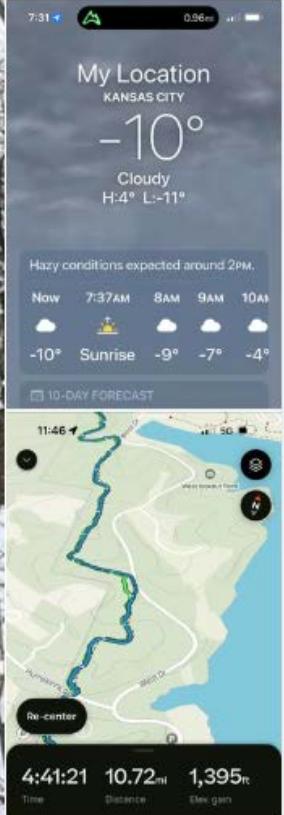


#getoutside

#youarestrongerthanyouknow

#justkeepgoing

#canthurtme



Do you want to see more or less posts from Wes Swinford in Feed?

Like

Comment

Share

Most relevant

Barb Roth Wells
You're amazing.

47w Like Reply

Annette Phillips
That is awesome

47w Like Reply

Jodi Young Schade
Omg! You still went in these temperatures! Incredible!

47w Like Reply

Steve Sorrell
Is that a remote dog collar on your neck? Is someone forcing you to do this? Should we send help??

47w Like Reply

4 😍

Wes Swinford replied · 1 Reply

Marsha Moore
It was 1° when I fed,watered, and hayed horses this morning. Does that count? You can ask your mom how old I am. I think we are the same age. 😊

47w Like Reply Edited

Wes Swinford replied · 1 Reply

Grant Allen
Better man than me!!

47w Like Reply

Ramona Prewitt Willingham
I love the ONLY my back, legs AND buttocks were cold. Omg, I needed that laugh today 😂 😂 😂 Tomorrow and Wednesday look to be the worst for us here in Bama. All these people will be in the ditches by morning 😱 😊

47w Like Reply

1

Kevin Polian
There is easier ways to hug a tree 😊

47w Like Reply

4 😍

Shelly Roeser
You are CRAZY. 😊 The gym was nice and warm

...

facebook.com/wes.swinford.3/posts/pfbid0NmHfT9gb7dwqrePn8q9JBKzHWQRd59zV2XEyp3Ds54Hq9oGXWJEz4RL5dUVeiWial

Barb Roth Wells You're amazing. ...
47w Like Reply

Annette Phillips That is awesome ...
47w Like Reply

Jodi Young Schade Omg! You still went in these temperatures! Incredible! ...
47w Like Reply

Steve Sorrell Is that a remote dog collar on your neck? Is someone forcing you to do this? Should we send help?? ...
47w Like Reply

Wes Swinford Steve Sorrell hah!! It's my headlight, i love starting in the dark. To cold to stop and put in backpack. ...
47w Like Reply

Write a reply...

Marsha Moore It was 1° when I fed,watered, and hayed horses this morning. Does that count? You can ask your mom how old I am. I think we are the same age. 😊 47w Like Reply Edited

Wes Swinford Marsha Moore it does count! 😊 ...
47w Like Reply

Write a reply...

Grant Allen Better man than me!! ...
47w Like Reply

Ramona Prewitt Willingham I love the ONLY my back, legs AND buttocks were cold. Omg, I needed that laugh today 😂😂😂 Tomorrow and Wednesday look to be the worst for us here in Bama. All these people will be in the ditches by morning 🙄 😊 ...
47w Like Reply

Kevin Polian ...

Kevin Polian
There is easier ways to hug a tree 😊

47w Like Reply 4 😊

Shelly Roeser
You are CRAZY. 😊 The gym was nice and warm

47w Like Reply

Yvette Long- Hatfield
Shelly Roeser Well, it wasn't "warm" 😊 But, i'm sure it was better than being outside 😊😊😊😊😊

46w Like Reply

Shelly Roeser
Yvette Long- Hatfield For sure!!

46w Like Reply

Wes Swinford
Shelly Roeser 😊 Thank You

46w Like Reply 😊

Write a reply...

Steven Curry
Good job I think I'm about ready to go on a walk

47w Like Reply

Wes Swinford
Steven Curry 😊

46w Like Reply

Write a reply...

Lindsey Curtin
you're crazy!!!

47w Like Reply

Wes Swinford
Lindsey Curtin 😊 Thank You

46w Like Reply

Write a reply...

Julie Koetting Barrett
Wow, not sure if I am impressed or worried about you. Did anyone join you??

47w Like Reply

Julie Koetting Barrett replied · 2 Replies



Julie Koetting Barrett

Wow, not sure if I am impressed or worried about you. Did anyone join you??

47w Like Reply

Wes Swinford

Julie Koetting Barrett it's a fine line. Just me.

46w Like Reply

Julie Koetting Barrett

Wes Swinford I would love to go sometime, but it has to be above freezing please!!

46w Like Reply

Write a reply...



Mandy Miller Luecke

You are a rockstar, and a little crazy! 🎶🎸

47w Like Reply

Wes Swinford

Mandy Miller Luecke 😊 Thank You

46w Like Reply

Write a reply...



Alexis McKinley Jones

Way to go Wes!!!

47w Like Reply



Jason Kanak

I was with you in spirit

46w Like Reply 2



Chris Nay

I would have gone with ya!

46w Like Reply



Tanya Greeson Fisher

Wes Swinford amazing!!!!

46w Like Reply

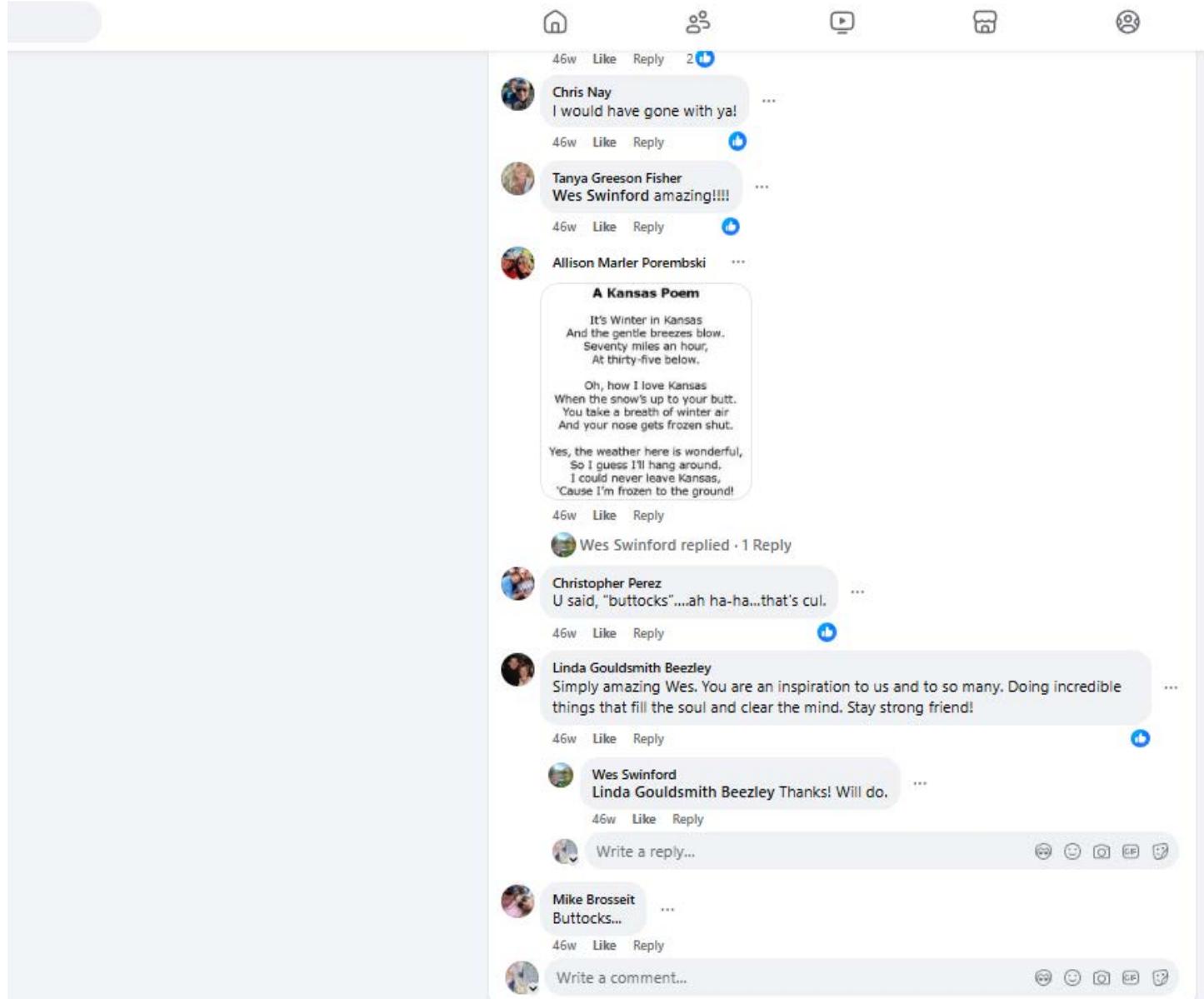


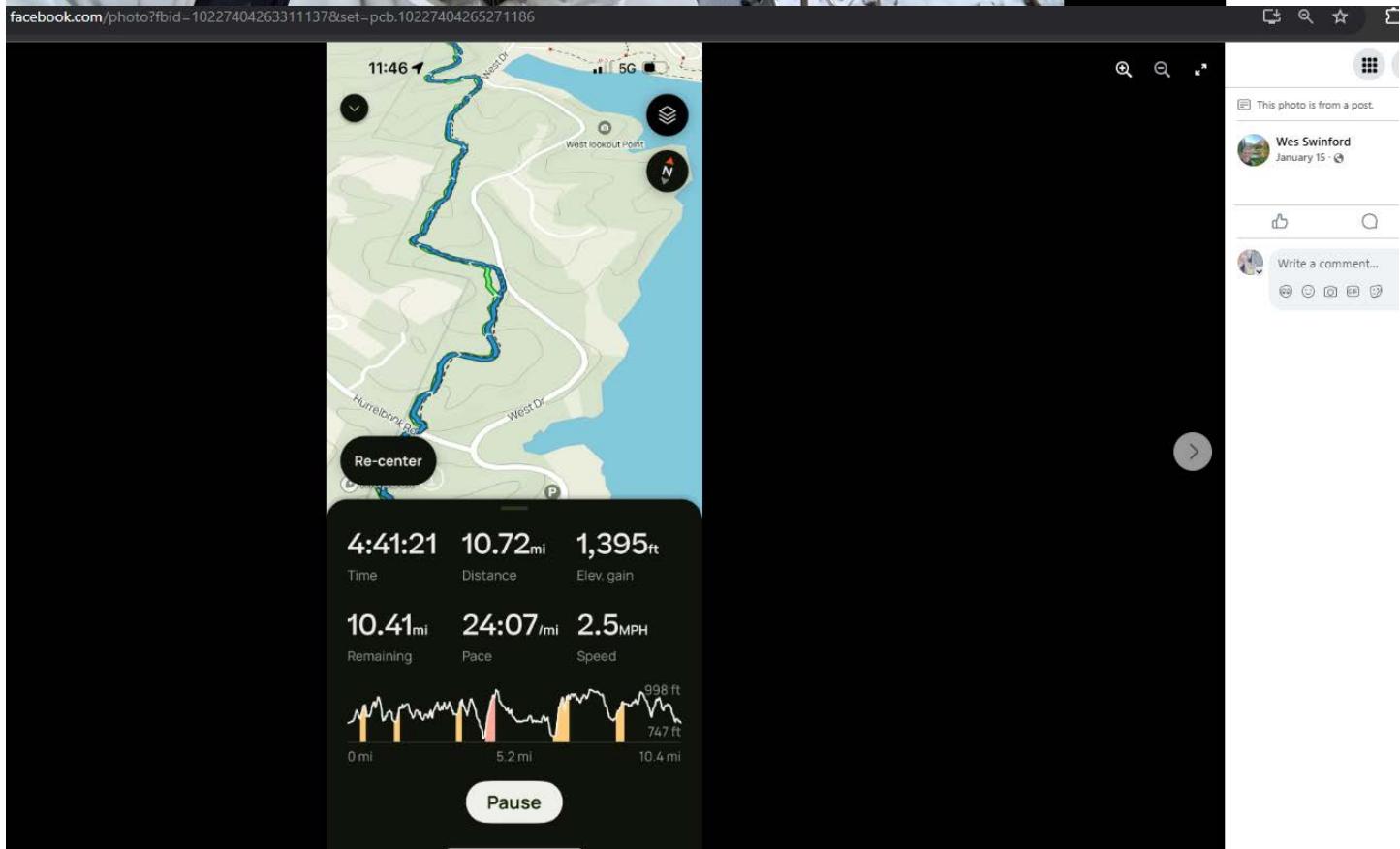
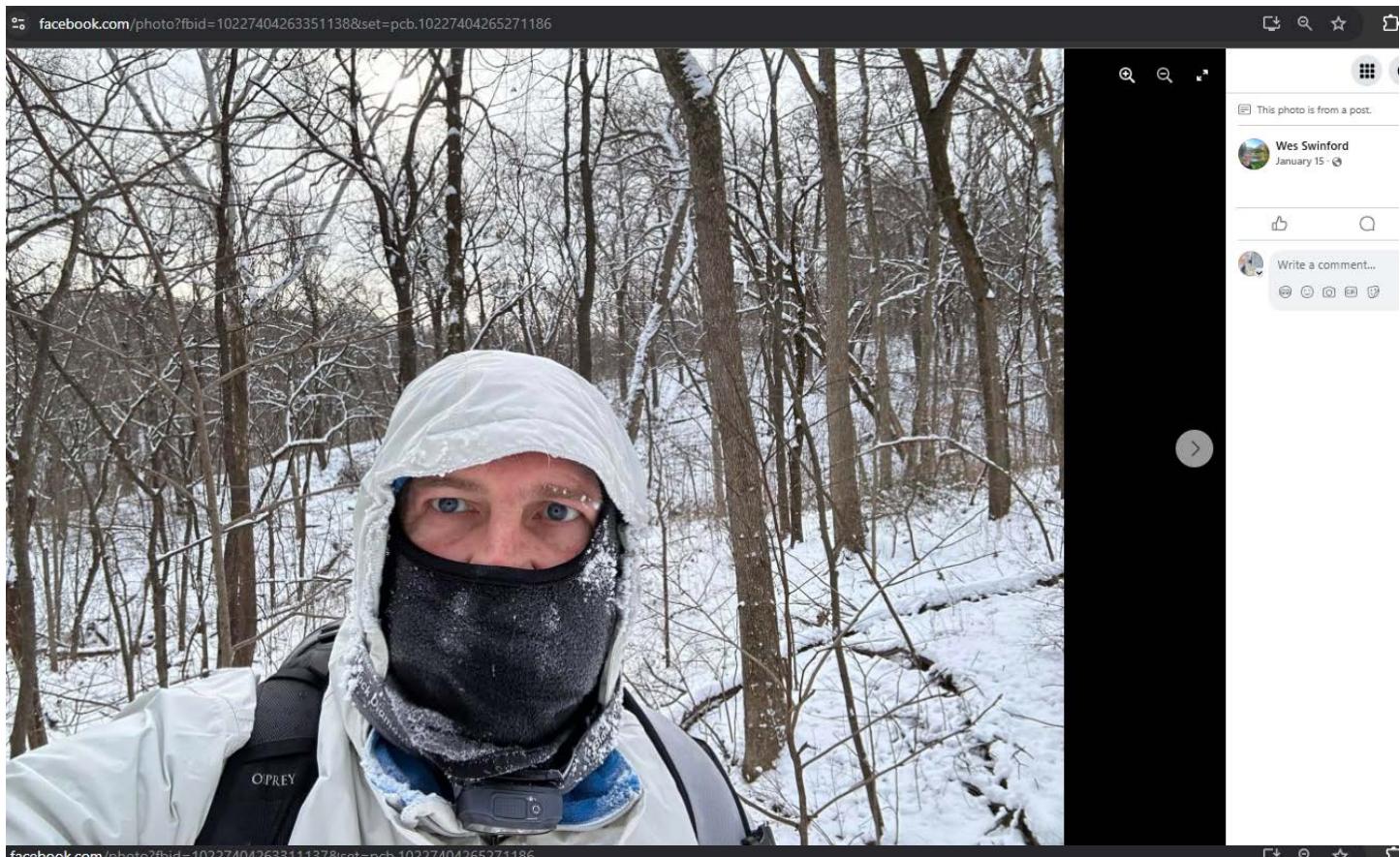
Allison Marler Porembski

A Kansas Poem

It's Winter in Kansas
And the gentle breezes blow.
Seventy miles an hour,
At thirty-five below.

Oh, how I love Kansas





Instagram

Profile: [kccraze](#)

System ID: [516751](#)

Owner: [Wesley A. Swinford](#)

Link: https://www.instagram.com/p/C2YJLAepu7H/?img_index=1



Posted: Jan 21, 2024

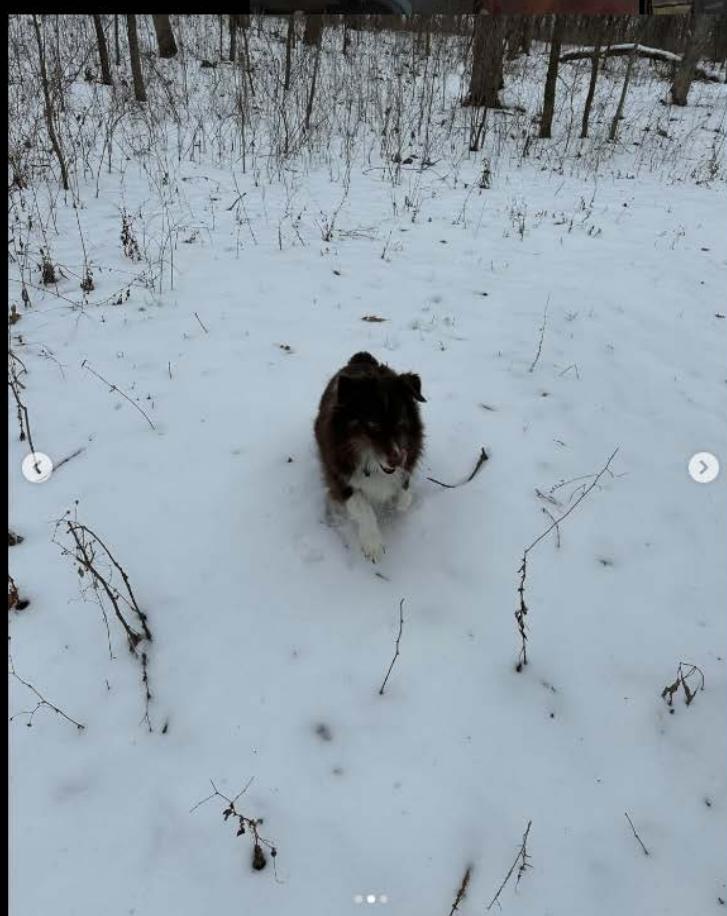


Captured: Dec 10, 2024

After the DOI. Slow go today in the wind and snow, but I had a very enthusiastic partner! He was so happy to be outdoors. #getoutside #justkeepgoing #youarecapableofmorethanyouknow



instagram.com/p/C2YJLAepu7H/?img_index=2



kccraze • Follow

...



kccraze Slow go today in the wind and snow, but I had a very enthusiastic partner! He was so happy to be outdoors.

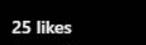
#getoutside
#justkeepgoing
#youarecapableofmorethanyouknow

46w



hollywolfe787 You're crazy Wes!

46w 1 like Reply



25 likes

January 21



Add a comment...

Post

instagram.com/p/C2YJLAepu7H/?img_index=3



kccraze • Follow

...



kccraze Slow go today in the wind and snow, but I had a very enthusiastic partner! He was so happy to be outdoors.

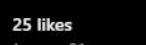
#getoutside
#justkeepgoing
#youarecapableofmorethanyouknow

46w



hollywolfe787 You're crazy Wes!

46w 1 like Reply



25 likes

January 21



Add a comment...

Post

Instagram

Profile: [kccraze](#)

System ID: [516750](#)

Profile: [Wesley A. Swinford](#)

Link: https://www.instagram.com/p/C3LF_qVr-tO/

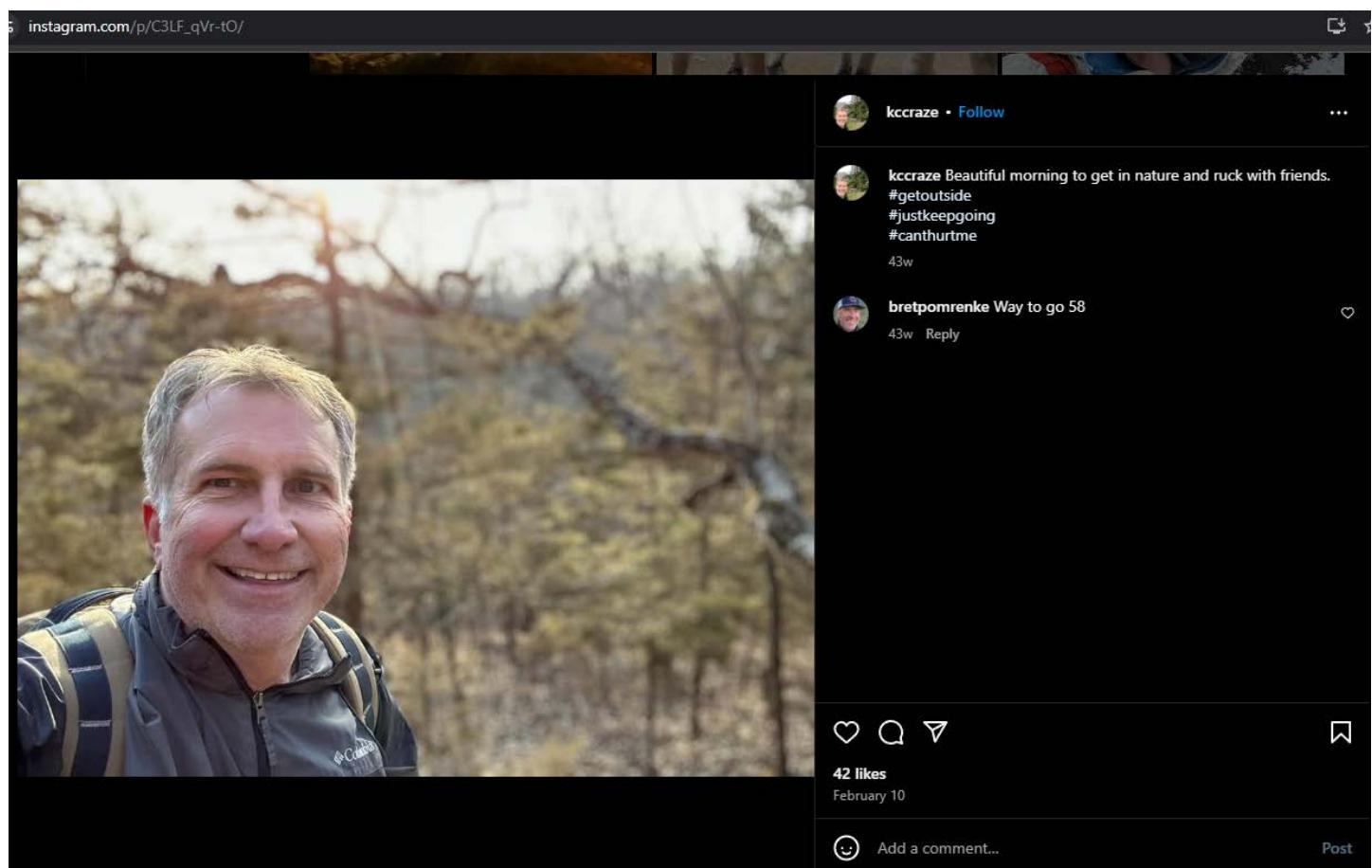


Posted: Feb 10, 2024



Captured: Dec 10, 2024

After the DOI. Beautiful morning to get in nature and ruck with friends. #getoutside #justkeepgoing
#canthurtme



Instagram

Profile: [kccraze](#)

System ID: [516746](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/C5qtVfxrd9k/>



Posted: Apr 12, 2024



Captured: Dec 10, 2024

After the DOI. See the train is interesting! Those who know me, know I sang along! ☺

[instagram.com/p/C5qtVfxrd9k/](https://www.instagram.com/p/C5qtVfxrd9k/)



kccraze • [Follow](#)

Original audio

...



kccraze See the train is interesting!
Those who know me, know I sang along! 😊

34w



katiechesen Amtrak? Yes!! What a memory! Enjoy!!

♡

34w [Reply](#)



tippi3 Where is this train going?

♡

34w [Reply](#)

[View replies \(1\)](#)



jaedrington That is perfect! 😊

♡

34w [Reply](#)



t1973r Once you go Amish, you never come back...

♡

34w [Reply](#)



47 likes

April 12



Add a comment...

Post

[Link to download video](#)

Instagram

Profile: [kccraze](#)

System ID: [516748](#)

Profile: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/C5qV6E2LqXJ/>



Posted: Apr 12, 2024



Captured: Dec 10, 2024

After the DOI. He took the daylight train going..... #ridetherails #lotsofcharacters

instagram.com/p/C5qV6E2LqXJ/



kccraze • Follow
Union Station Kansas City

kccraze He took the daylight train going.....
#ridetherails
#lotsofcharacters 😊
34w

saigeswinford You ever gonna follow your daughter back?
34w Reply

kccraze HA! West would have been great, heading east to
buddies Farm
34w Reply

hollyn21 Hopefully WEST! Haha
34w Reply

48 likes
April 12

Add a comment...

f Facebook

[f wes.swinford.3](#)



Posted: Apr 14, 2024

[f System ID: 516650](#)



Captured: Dec 09, 2024

[Wesley A. Swinford](#)

→ <https://www.facebook.com/wes.swinford.3/posts/pfbid0pwXXCe1TK2Zq4kjFiPquZgwtqTNSqYT336utEPhWvG78ASMguafiCrg48NgwD43nl>

After the DOI. Had an awesome weekend at the Nayborhood Farm we got in nature, moved the body, cold plunge, and ate lots of amazing pizza. It's great place for camping and outdoor activities. Reach out if you ever want to go!! ☺



Wes Swinford

April 14 ·

...

Had an awesome weekend at the [Nayborhood Farm](#) we got in nature, moved the body, cold plunge, and ate lots of amazing pizza. It's great place for camping and outdoor activities. Reach out if you ever want to go!! 😊😊



65

9 comments



Like



Comment



Share

Most relevant ▾



Nayborhood Farm · [Follow](#)
Thanks for all the help Wes!

...

34w Like Reply



Devalyn Duke · [Follow](#)
Any Bigfoots?

...

Home

Profile

Video

Post

Group

65

Like Comment Share

Most relevant

Nayborhood Farm · Follow
Thanks for all the help Wes! ...
34w Like Reply

Devalyn Duke · Follow
Any Bigfoots? ...
34w Like Reply

Wes Swinford
Devalyn Duke nope, I saw Sasquatch once in CO, nothing this trip! ...
34w Like Reply

Devalyn Duke
Wes Swinford 😂 what was her name ? ...
34w Like Reply

Wes Swinford
Devalyn Duke Bahahaha 😂 ...
34w Like Reply

Write a comment...

...



🔍 🔍 ⌂

This photo is from a post.

 Wes Swinford
April 14 ·

Like Comment Share

 Write a comment...



🔍 🔍 ⌂

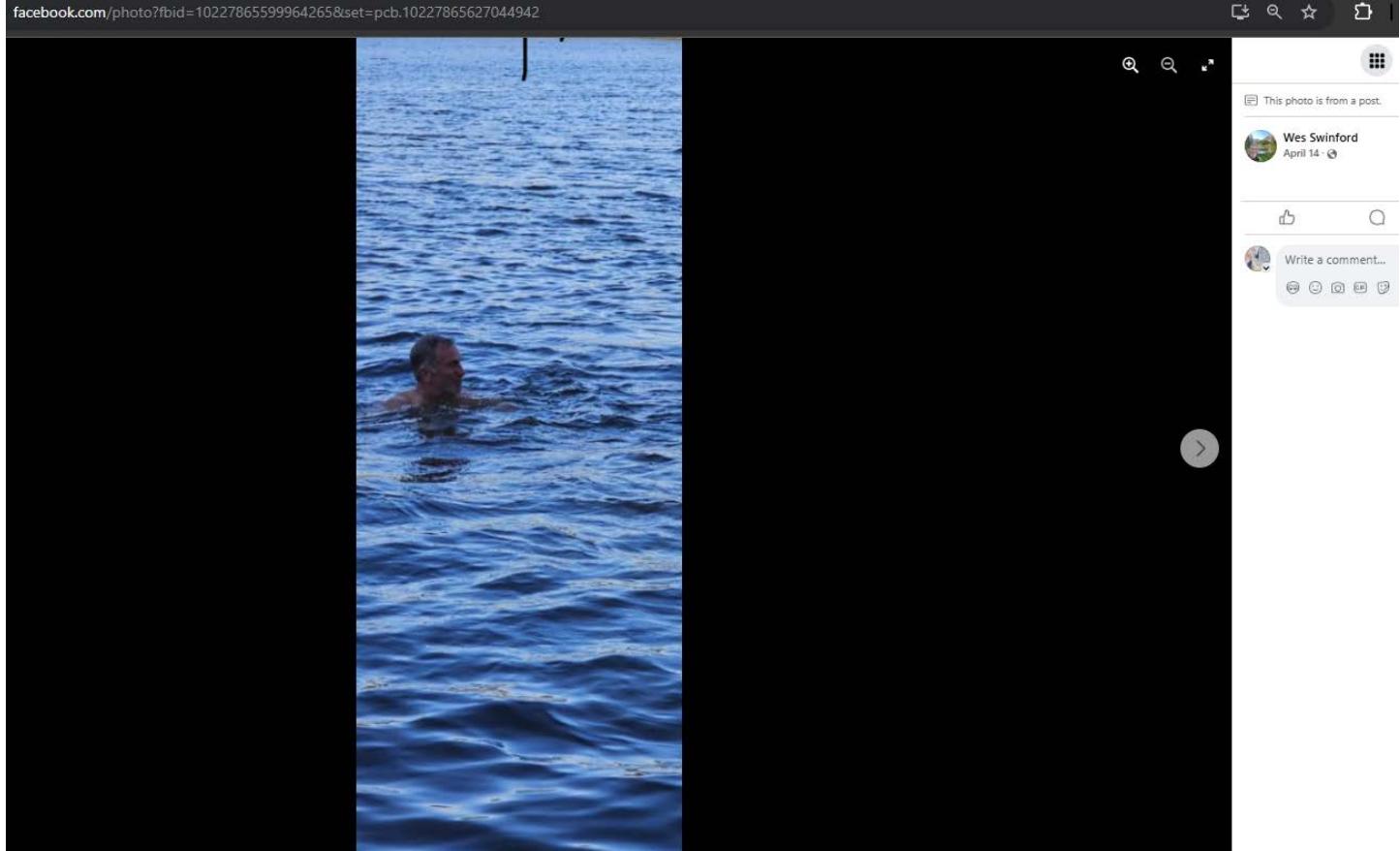
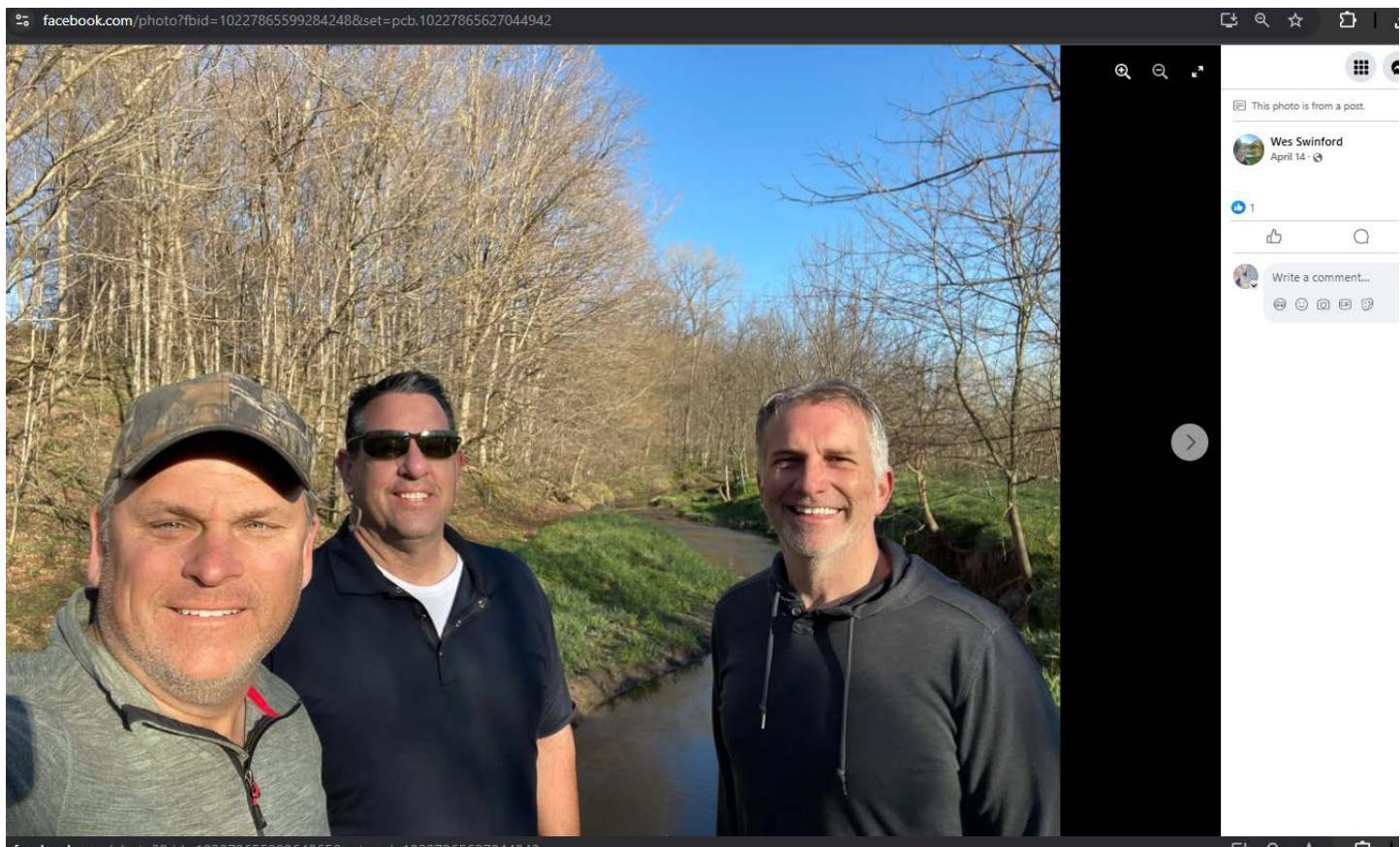
This photo is from a post.

 Wes Swinford
April 14 ·

Like Comment Share

 Write a comment...





Instagram

Profile: [kccraze](#)

System ID: [516730](#)

Profile: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/C6SWajyrWQT/>



Posted: Apr 27, 2024



Captured: Dec 10, 2024

After the DOI. Awesome hike in Western Colorado. #Getoutside #dohardthings

instagram.com/p/C6SWajyrWQT/



[kccraze](#) • [Follow](#)

...



[kccraze](#) Awesome hike in Western Colorado.
#Getoutside
#dohardthings

32w



[debra_r](#) Your hair blends into the snow perfectly. lol Looking good brother.

32w Reply

— View replies (1)



...

43 likes

April 27



Add a comment...

Post

f Facebook

[f wes.swinford.3](#)



Posted: Apr 28, 2024

[f System ID: 516648](#)



Captured: Dec 09, 2024

[p Wesley A. Swinford](#)

→ <https://www.facebook.com/wes.swinford.3/posts/pfbid0294g68YyLi1k7B2uBoGurwet5hAbCUW9tbTDZULFU8mEhfDmfFyyS5Gfz4EbfxRwml>

After the DOI. Went on a journey in Colorado this weekend with the Rocky Mountain Assassin Bret Pomrenke....hiked from one climate to another rain to snow. #getoutside #dohardthings



Wes Swinford

April 28 ·

...

Went on a journey in Colorado this weekend with the Rocky Mountain Assassin **Bret Pomrenke**....hiked from one climate to another rain to snow.
#getoutside #dohardthings



91

13 comments

Like

Comment

Share

Most relevant ▾



Devalyn Duke · Follow

...

Most relevant ▾

 Devalyne Duke · Follow · ...



32w · Like · Reply · 

 Jason Kanak · ...

Beautiful! Did you run into the elusive Sasquatch?

32w · Like · Reply · 

 Bret Pomrenke replied · 1 Reply

 John Jones · ...

Awesome fellas. Future goal for me.

32w · Like · Reply · 

 Steven Curry · ...

Nice 👍

32w · Like · Reply · 

 Alisa Pacer Moeder · ...

Good for you guys!

32w · Like · Reply · 

 Bill Maxwell · ...

What elevation did you hit? Hiking in snow is hard.

32w · Like · Reply · 

 Wes Swinford replied · 1 Reply

 Luann Meyers Woodward · ...

Lucky guy!

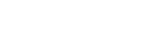
32w · Like · Reply · 

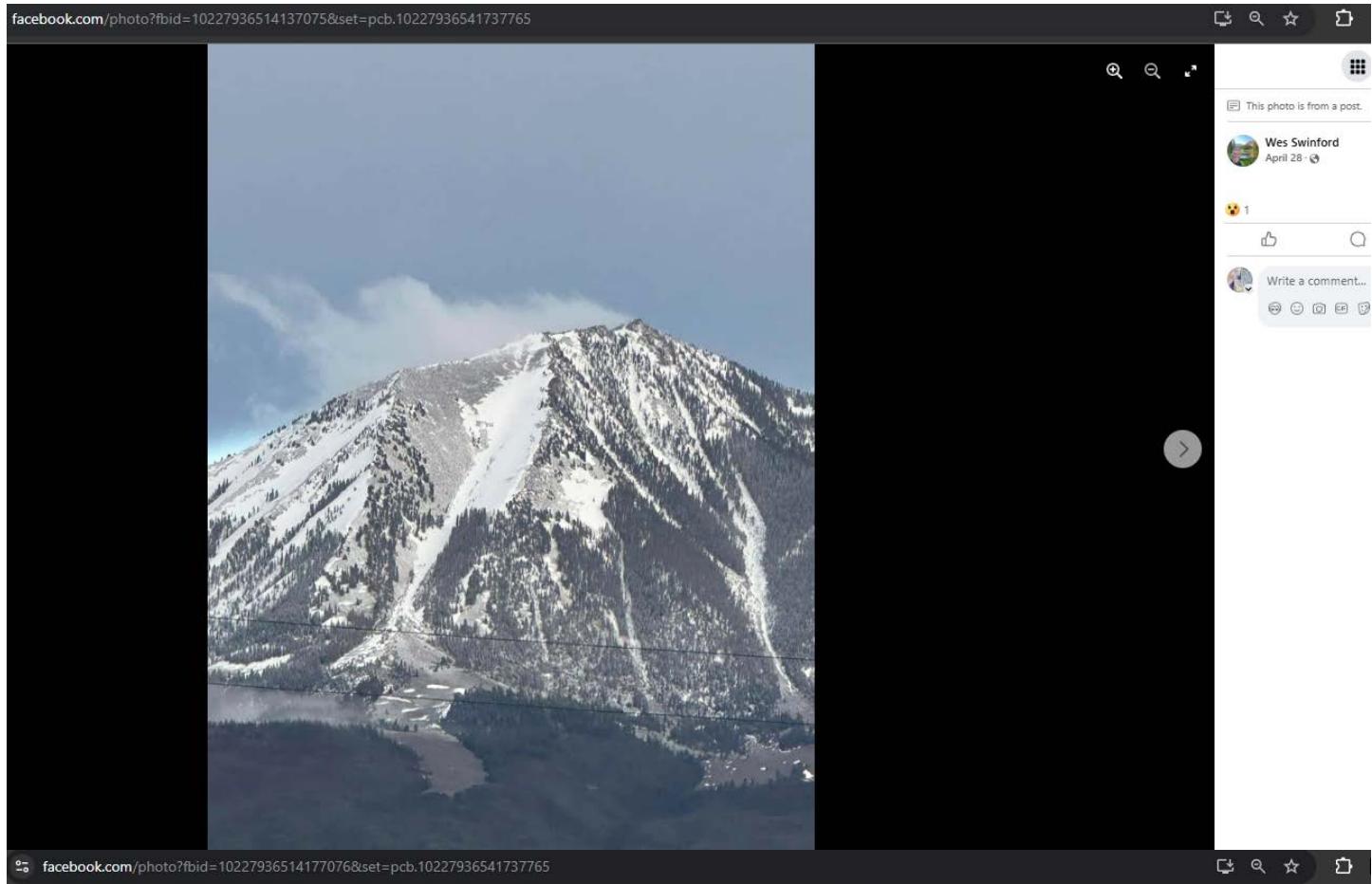
 Zeny Schmidt · ...

Beautiful!

31w · Like · Reply · 

Write a comment...







🔍 🔍 ⌂

This photo is from a post.

 Wes Swinford
April 28 · ⌂

Like Comment Share

 Write a comment...
Comment Share

f Facebook

 [wes.swinford.3](#)



Posted: May 04, 2024

 System ID: [516644](#)



Captured: Dec 09, 2024

 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid02CVexAaTcMbkRd6VGBC8usD6nifMr6E4L7NjhSTRmmApEt96fS8ye5SfRZrykEvApl>

After the DOI. Great day with this crew. Little 5k obstacle course! Sterling and Slate were beast! Their favorite part was mocking me!!! ☺ #getoutside #dohardthings #uncommon



Wes Swinford

May 4 ·

...

Great day with this crew. Little 5k obstacle course! Sterling and Slate were beast! Their favorite part was mocking me!!! 😂 😂

#getoutside #dohardthings #uncommon



125

5 comments

Like

Comment

Share

Most relevant ▾



Bret Pomrenke



125

5 comments

Like

Comment

Share

Most relevant ▾



Bret Pomrenke

Go team Swinford! Looks like you guys had a great day. Love it! Beasts!

...

31w Like Reply



Marilyn Kerr

Fun times. Cherish them.

...

31w Like Reply



Wes Swinford

Marilyn Kerr I do! Especially since I'm still keeping up with them. Well sorta. 😊

...

31w Like Reply



Danielle Beitzinger

Awesome!! 🎉

...

31w Like Reply



Luann Meyers Woodward

How proud you must be!!

...

31w Like Reply



Wes Swinford

Write a comment...





This photo is from a post.

Wes Swinford
May 4 ·

Like Comment Share

Write a comment...



This photo is from a post.

Wes Swinford
May 4 ·

Like Comment Share

Write a comment...



🔍 🔍 ⌂

This photo is from a post.

 Wes Swinford
May 4 ·

Like Comment

 Write a comment...



Instagram

Profile: [kccraze](#)

System ID: [516728](#)

Profile: [Wesley A. Swinford](#)

Post: <https://www.instagram.com/p/C6mB9MBrCdD/>



Posted: May 05, 2024



Captured: Dec 10, 2024

After the DOI. Little 5k with obstacles yesterday with this amazing crew! So fun, get outdoors!

[instagram.com/p/C6mB9MBrCdD/](https://www.instagram.com/p/C6mB9MBrCdD/)



[kccraze](#) • [Follow](#)

...



[kccraze](#) Little 5k with obstacles yesterday with this amazing crew! So fun, get outdoors!

31w



[vrwalker85](#) Y'all are the best!! ❤️

31w 1 like Reply

♡



Q



34 likes

May 5

...



Add a comment...

Post

f Facebook

f [wes.swinford.3](#)



Posted: Jun 13, 2024

f System ID: [516641](#)



Captured: Dec 09, 2024

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10228181166213224&set=a.1415304541483>

After the DOI.



Instagram

Profile: [kccraze](#)

System ID: [516726](#)

Profile: [Wesley A. Swinford](#)

Link: https://www.instagram.com/p/C8Qm2o7Odea/?img_index=4



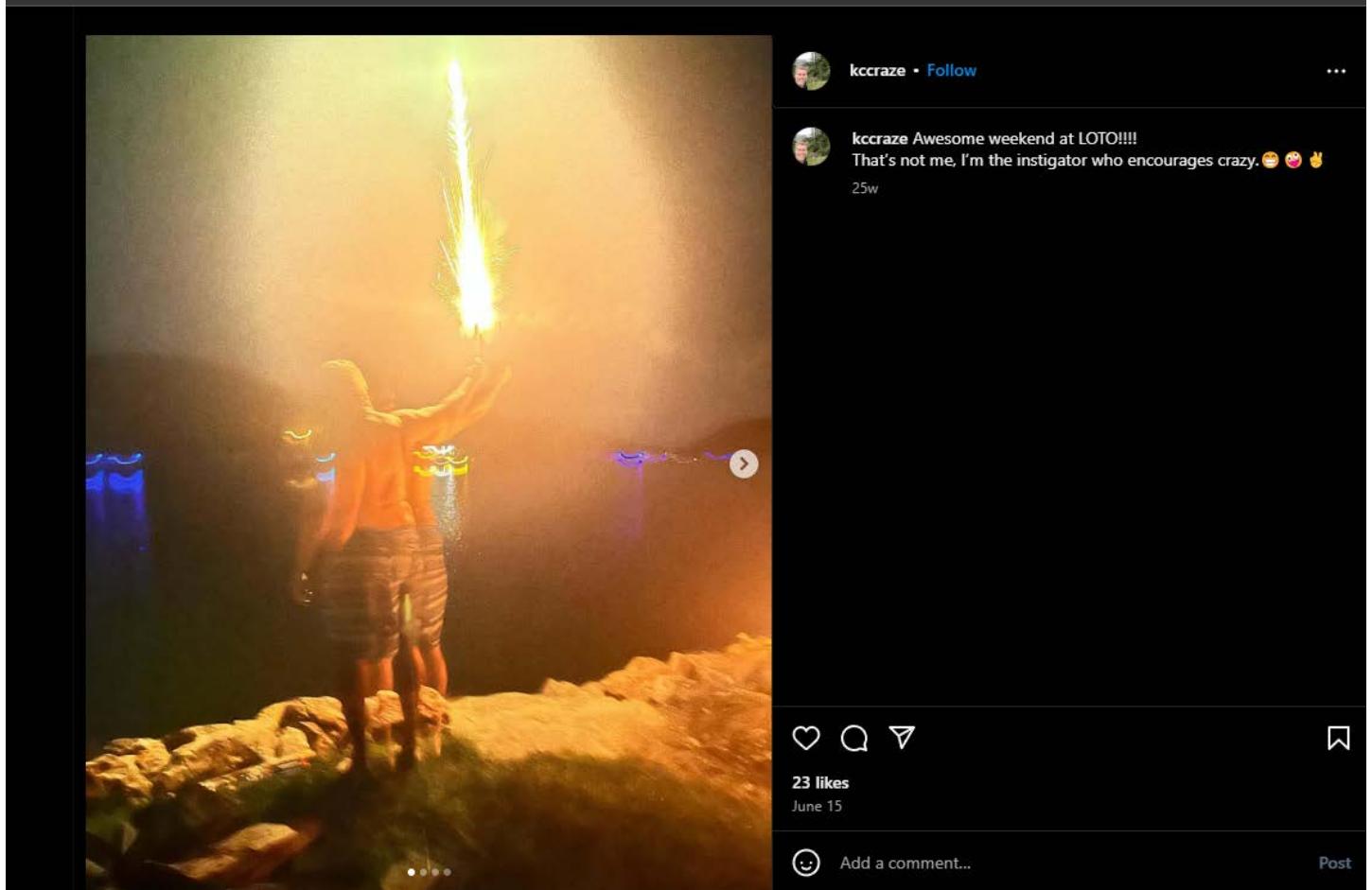
Posted: Jun 15, 2024



Captured: Dec 10, 2024

After the DOI. Awesome weekend at LOTO!!!! That's not me, I'm the instigator who encourages crazy. 🤪

[instagram.com/p/C8Qm2o7Odea/?img_index=1](https://www.instagram.com/p/C8Qm2o7Odea/?img_index=1)





kccraze • Follow

...



kccraze Awesome weekend at LOTO!!!!

That's not me, I'm the instigator who encourages crazy.😊😊😊

25w



...

23 likes

June 15



Add a comment...

Post



kccraze • Follow

...



kccraze Awesome weekend at LOTO!!!!

That's not me, I'm the instigator who encourages crazy.😊😊😊

25w



...

23 likes

June 15



Add a comment...

Post



kccraze • Follow

...



kccraze Awesome weekend at LOTO!!!!
That's not me, I'm the instigator who encourages crazy. 😊 😊 🤪

25w



23 likes

June 15

 Add a comment...

Post

f Facebook

f [wes.swinford.3](#)

Posted: Jun 22, 2024

f System ID: [516632](#)

Captured: Dec 09, 2024

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid033M7R2o4JuT6mk8zQwYaqpCQ4See9n3Nb7Y8pbpg988Lcphs49C3Fd1Et9XxVus11>

After the DOI. I want to rock 5k with these runners! How it started , how it ended! ☺️🎉

facebook.com/wes.swinford.3/posts/pfbid033M7R2o4JuT6mk8zQwYaqpCQ4See9n3Nb7Y8pbpg988Lcphs49C3Fd1Et9XxVus11

Wes Swinford
June 22 ·

I want to rock 5k with these runners!
How it started , how it ended! ☺️🎉



74

Like Comment Share

Most relevant

Judi Hart Wow!!!!



74

7 comments

Like

Comment

Share

Most relevant ▾

Judi Hart
Wow!!!!

24w Like Reply

Diann Williams
Love it!

24w Like Reply

Marilyn Kerr
Impressive

24w Like Reply

Kristene Canady
Love a happy ending!! 🎉

24w Like Reply

Wes Swinford
Kristene Canady same!

24w Like Reply

Candida Lee
This is not a bad piece of work, leaving a little footprint to prove I was here. lol 😂

22w Like Reply

Write a comment...







🔍 🔍 ⌂

This photo is from a post.

 Wes Swinford
June 22 ·

1 2

Like Comment

 Write a comment...





𝕏 [WesSwinford](#)

𝕏 System ID: [516824](#)

👤 [Wesley A. Swinford](#)

↗ <https://x.com/WesSwinford/status/1806511571243295067>

After the DOI. This is the most recent post on this account. Can't wait for Saturday night live after this debate!!

x.com/WesSwinford/status/1806511571243295067

𝕏

Home Explore Notifications Messages Grok Bookmarks Jobs

← Post

 Wes Swinford
@WesSwinford

Can't wait for Saturday night live after this debate!!

10:14 PM · Jun 27, 2024 · 49 Views

   4  

 Post your reply 

Instagram

Profile: [kccraze](#)

System ID: [516725](#)

Profile: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/C82QkLipXzs/>



Posted: Jun 30, 2024



Captured: Dec 10, 2024

After the DOI.

instagram.com/p/C82QkLipXzs/



[kccraze](#) • Follow

...



[kccraze](#) Beautiful morning in KC!!!
30lb 10 mile Ruck.
#justkeepgoing #yourstrongthanyouknow #dohardthings

23w



Q ▾

...

15 likes

June 30



Add a comment...

Post

f Facebook

[f wes.swinford.3](#)



Posted: Jul 15, 2024

[f System ID: 516630](#)



Captured: Dec 09, 2024

[p Wesley A. Swinford](#)

→ <https://www.facebook.com/wes.swinford.3/posts/pfbid0ytAbaLtFykjQfWqX58wuyeG3ESxXoF4p8yhoDs1KTRLCTX81HCzYYcfQwDhA3kZpl>

After the DOI. Incredible 4 days in Colorado with these brave men! Went on a journey, and had the most amazing experience in backcountry.



Wes Swinford is with Lucas Jung and Jason Kanak.

July 15 ·

...

Incredible 4 days in Colorado with these brave men! Went on a journey, and had the most amazing experience in backcountry.



154

4 comments

Like

Comment

Share

Most relevant ▾



Emilie Weston
Wow

...



154

4 comments

Like

Comment

Share

Most relevant ▾

Emilie Weston
Wow

21w Like Reply

Marilyn Kerr
Making some wonderful memories

21w Like Reply

Fay Xia
Hi, can I ask you a question? I look forward to your reply

13w Like Reply

Write a comment...



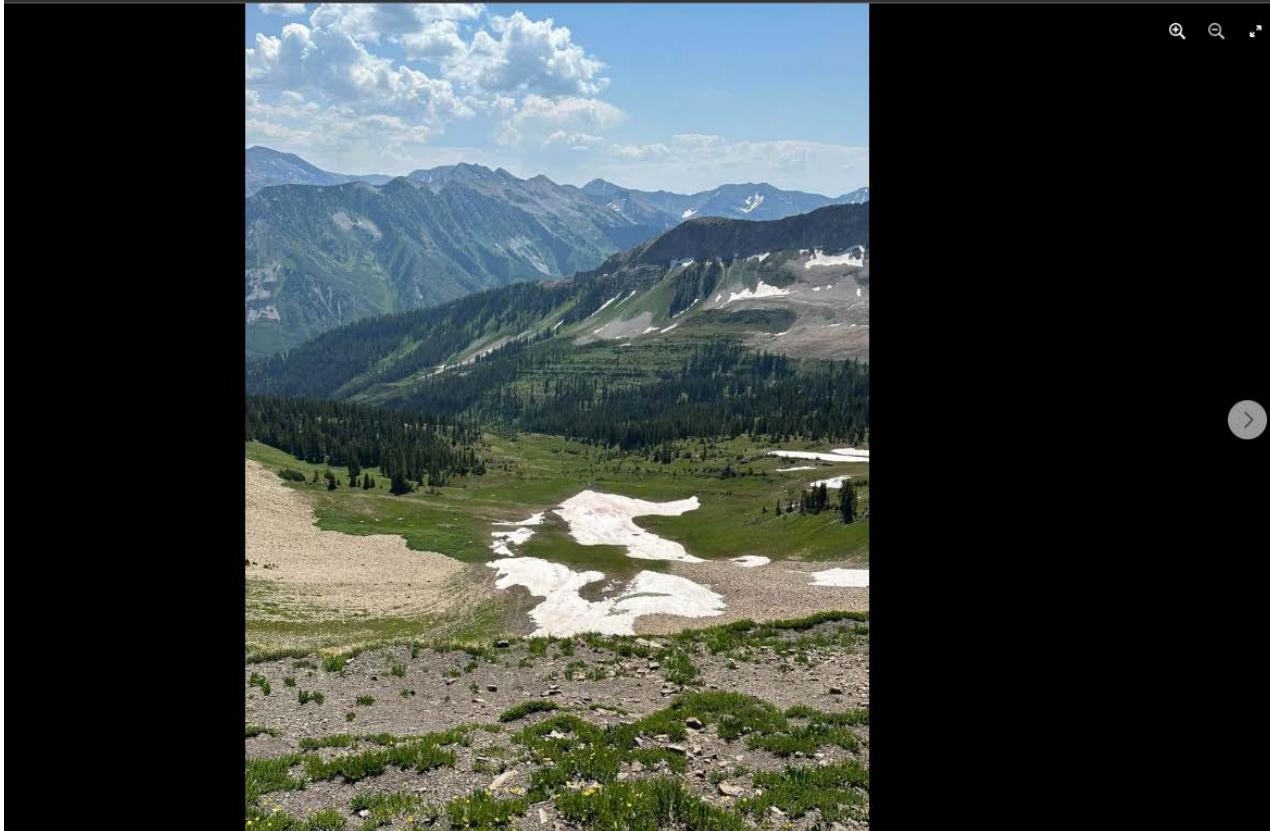
This photo is from a post.

Wes Swinford
July 15 ·

4

Like Comment

Write a comment...



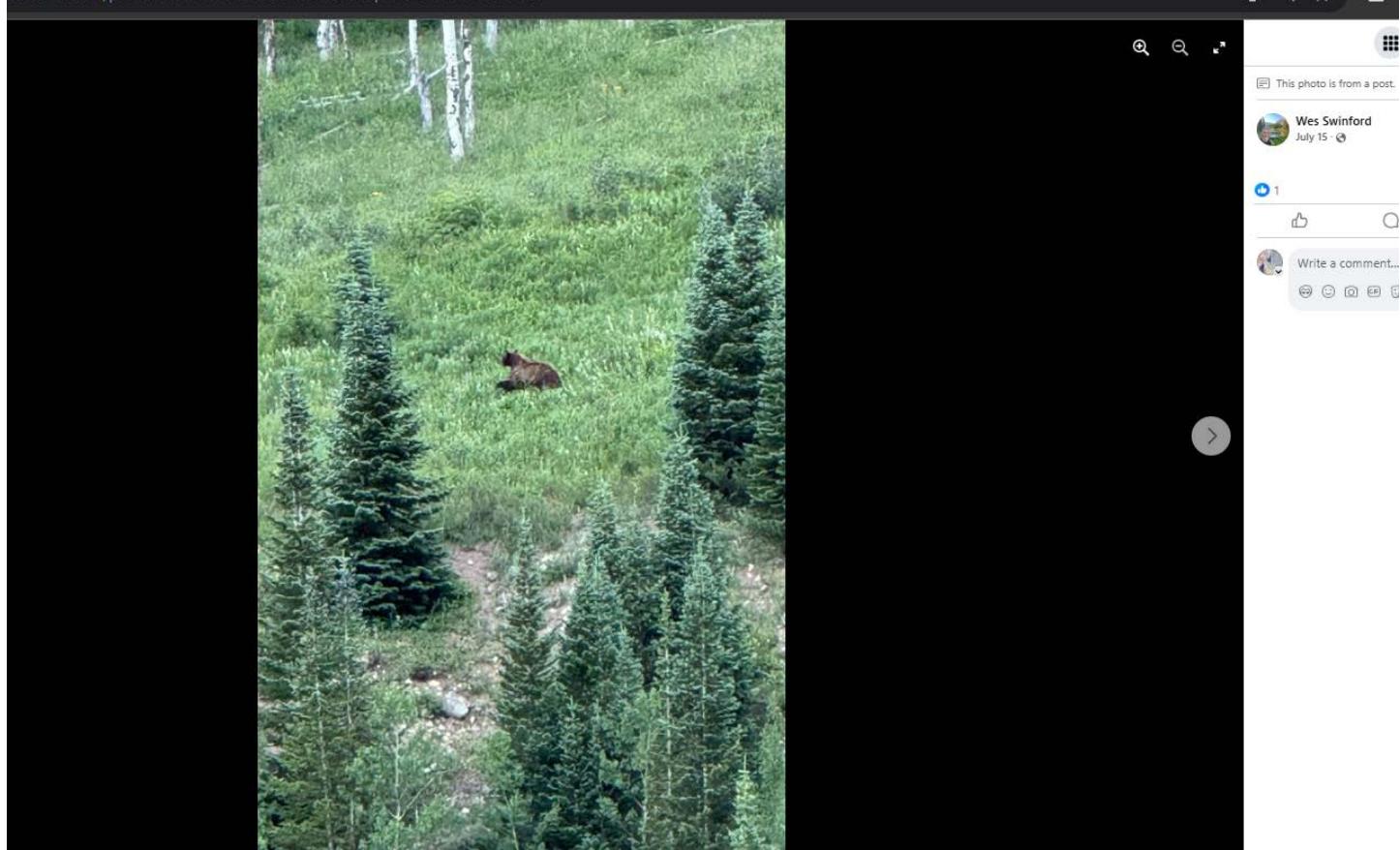
This photo is from a post.

Wes Swinford
July 15 ·

2

Like Comment

Write a comment...



f Facebook

f [wes.swinford.3](#)

f System ID: [516628](#)

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10228984651779861&set=a.1415304541483>

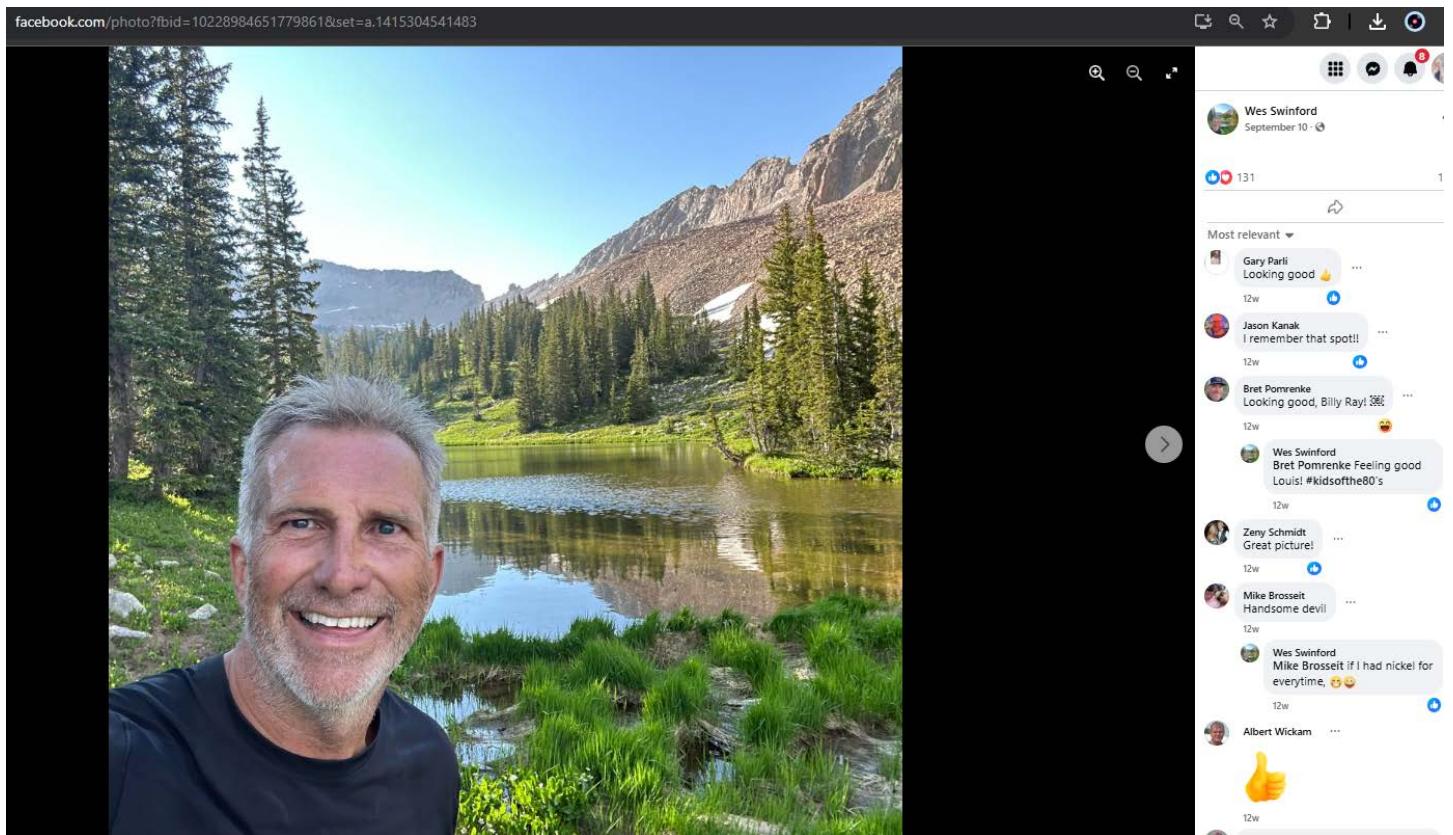


Posted: Sep 10, 2024



Captured: Dec 09, 2024

After the DOI.





Brett Schenck looking good
Louie! #kids of the 80's

12w

Zeny Schmidt
Great picture!

12w

Mike Brosseit
Handsome devil

12w

Wes Swinford
Mike Brosseit if I had nickel for
everytime, 😊😊

12w

Albert Wickam
...

12w

Sabrina Markese
That pic is amazing. It so real it
almost looks fake. What cell/camera
are you using?

12w Edited

Wes Swinford
Sabrina Markese ahh Thanks!
Um that would be iPhone, it's
all about the lighting! 😊😊

12w

Mike Brosseit
Sabrina Markese don't make
his head any bigger!

12w

Phil Berkabile
This is cool

12w

Lana Mount
That's beautiful scenery!

12w

Instagram

Profile: [kccraze](#)

System ID: [516724](#)

Profile: [Wesley A. Swinford](#)

Link: https://www.instagram.com/p/DAL7gR8p_0c/?img_index=3

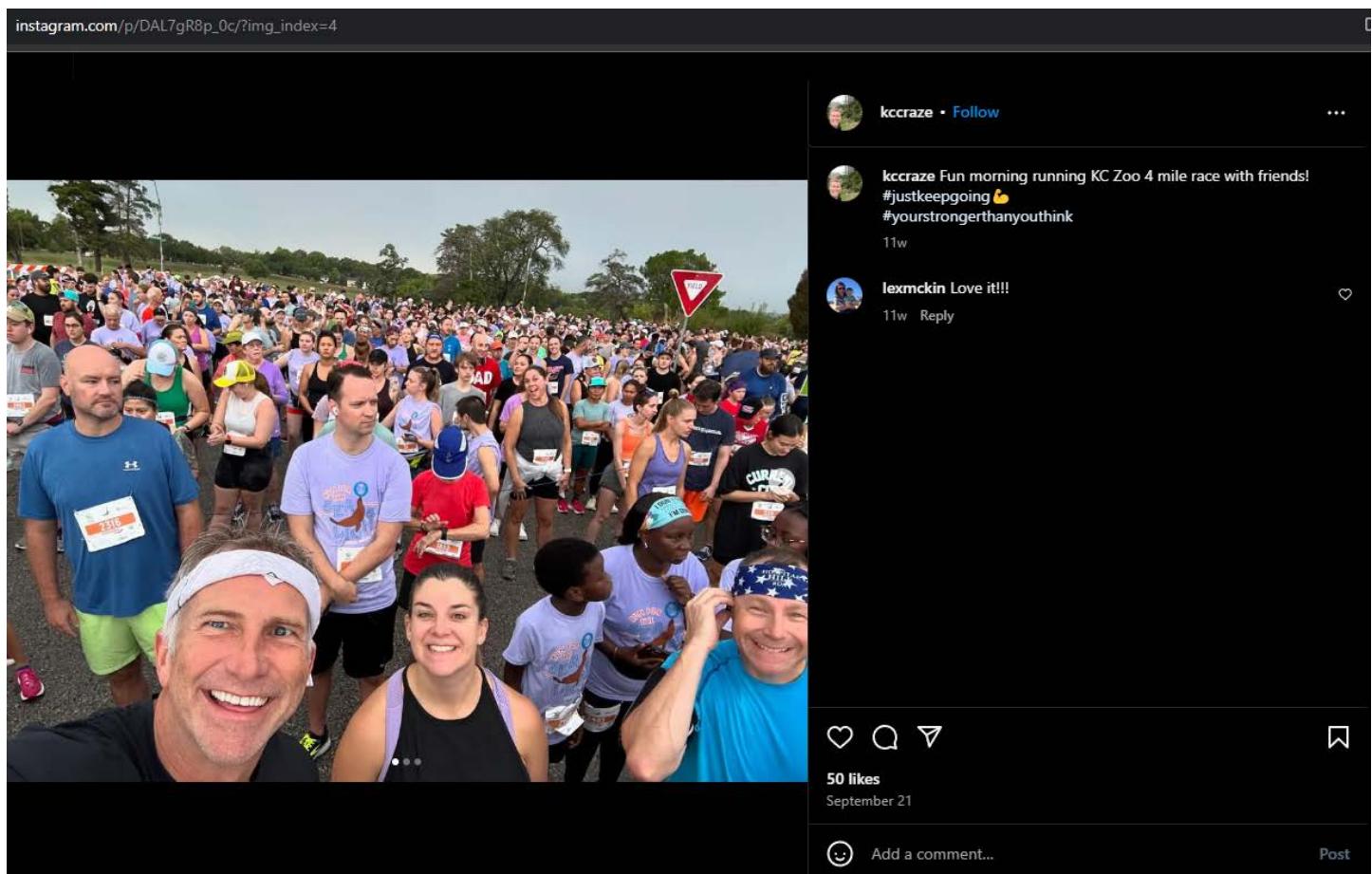


Posted: Sep 21, 2024



Captured: Dec 10, 2024

After the DOI. Fun morning running KC Zoo 4 mile race with friends! #justkeepgoing
#yourstrongerthanyouthink



instagram.com/p/DAL7gR8p_0c/?img_index=2



kccraze • Follow

...



kccraze Fun morning running KC Zoo 4 mile race with friends!
#justkeepgoing 💪
#yourstrongerthanyouthink

11w



lexmckin Love it!!!

11w Reply

♡



50 likes
September 21



Add a comment...

Post

instagram.com/p/DAL7gR8p_0c/?img_index=3



kccraze • Follow

...



kccraze Fun morning running KC Zoo 4 mile race with friends!
#justkeepgoing 💪
#yourstrongerthanyouthink

11w



lexmckin Love it!!!

11w Reply

♡



50 likes
September 21



Add a comment...

Post

f Facebook

 [wes.swinford.3](#)



Posted: Oct 26, 2024

 System ID: [516626](#)



Captured: Dec 09, 2024

 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid0zqY1Drttpe1uAy4FUoTK4Ar5yaQyTWvwLgPDfS6HTa9LW55GCqoQU5Fqhffj8gEJl>

After the DOI. Beautiful morning with these guys! 10.5 miles, 30 lb ruck, last 3 25lb farmer carry. ☀️ #getinnature #moveyourbody #youarestrongerthanyouknow

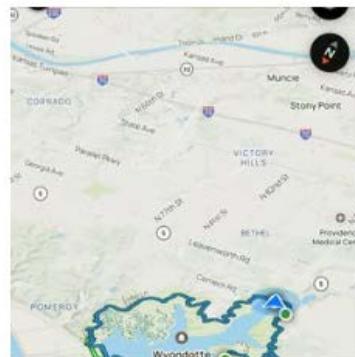


Wes Swinford
October 26 ·

...



Beautiful morning with these guys!
10.5 miles, 30 lb ruck, last 3 25lb farmer carry. 😊😊
#getinnature #moveyourbody #youarestrongerthanyouknow



74

3 comments

Like

Comment

Share

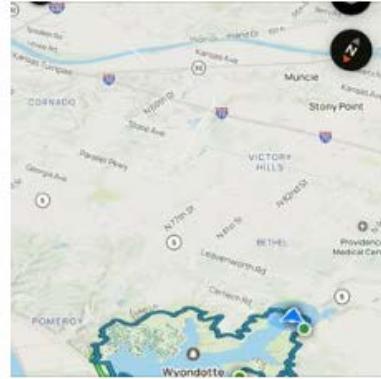
Most relevant ▾



Beautiful morning with these guys!

10.5 miles, 30 lb ruck, last 3 25lb farmer carry. 😊😊

#getinnature #moveyourbody #youarestrongerthanyouknow



2 74

3 comments

Like

Comment

Share

Most relevant ▾



Annette Phillips
Good for you
Keep it up

6w Like Reply

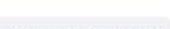


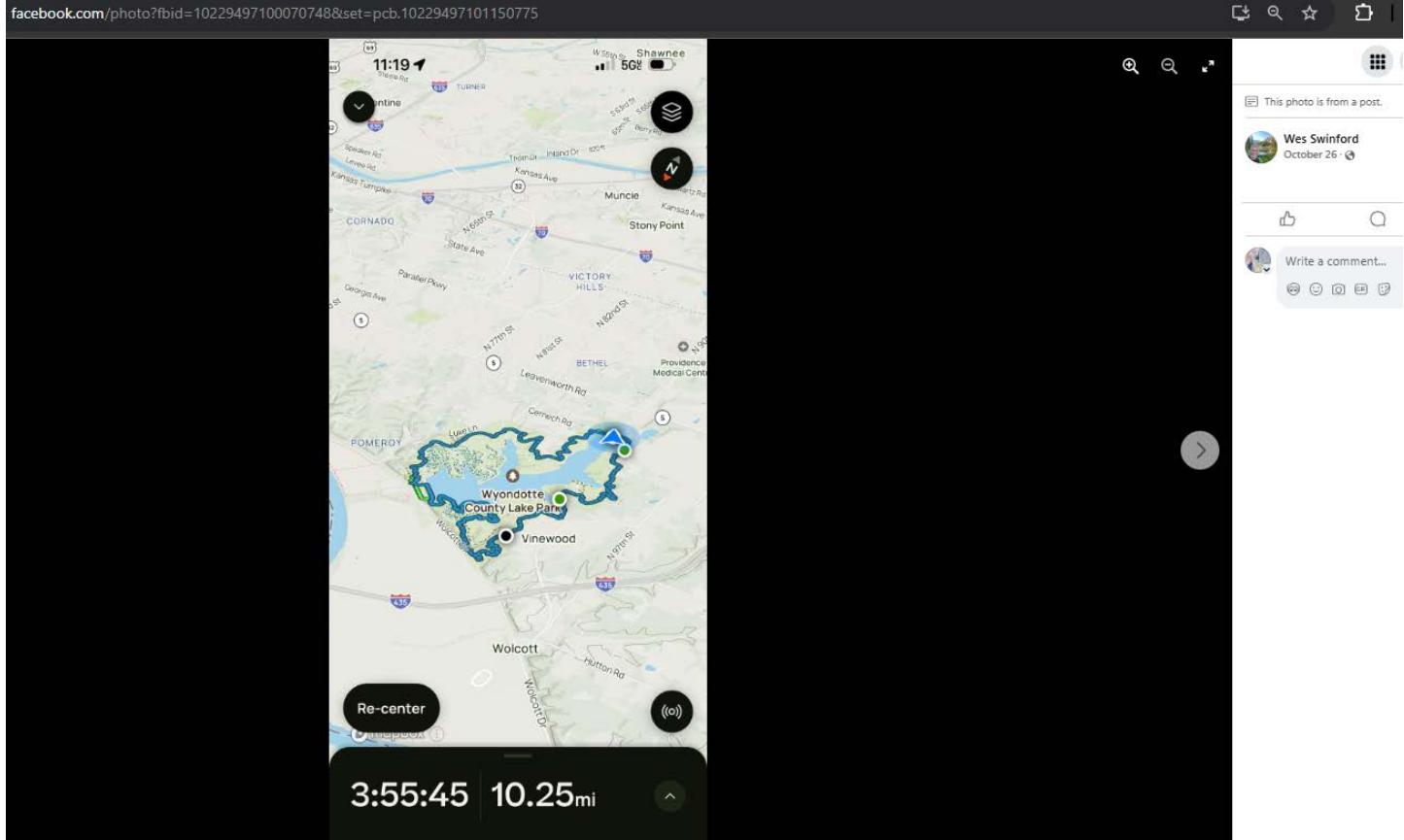
Genia Gore

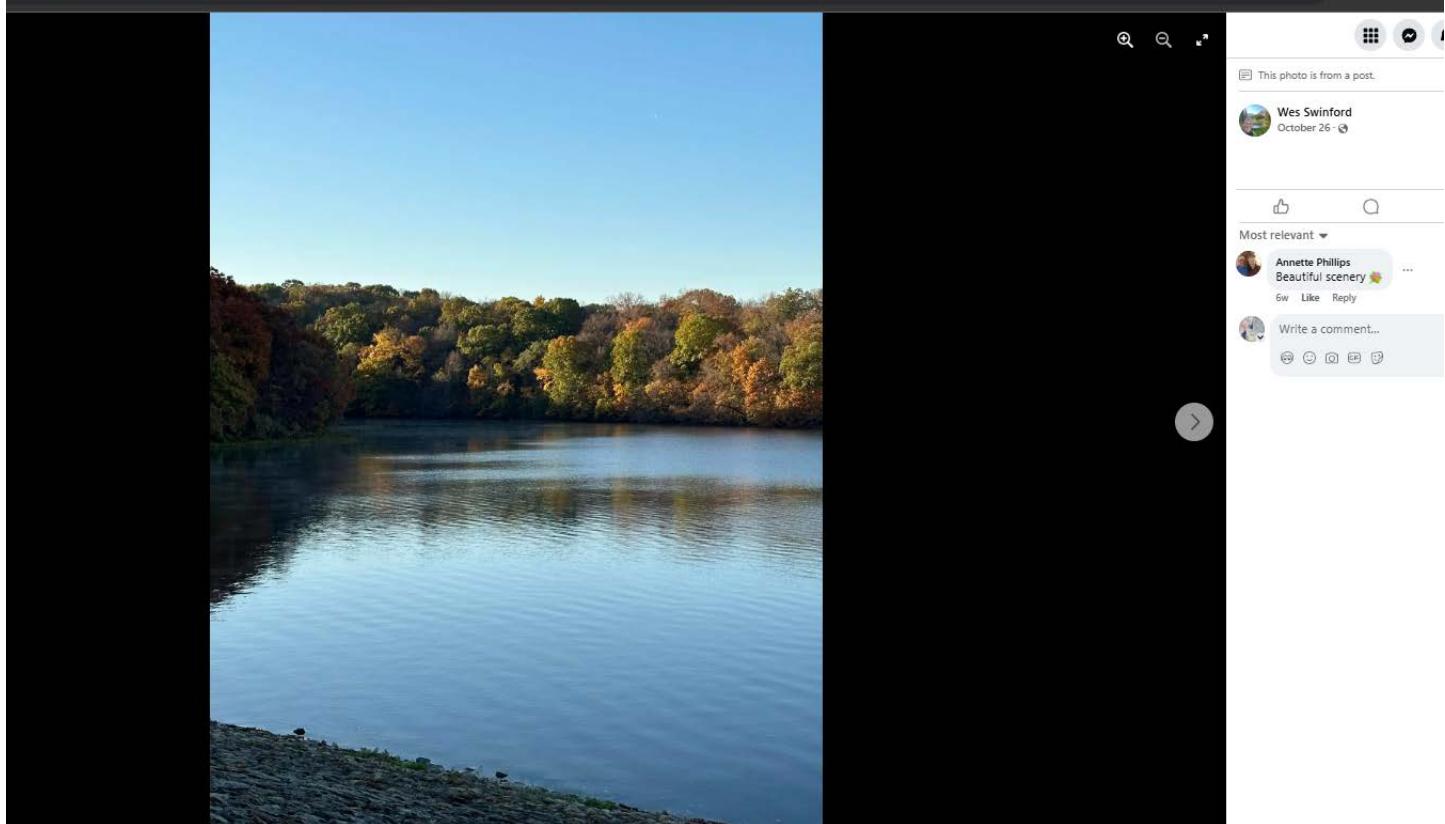
6w Like Reply



Write a comment...







f Facebook

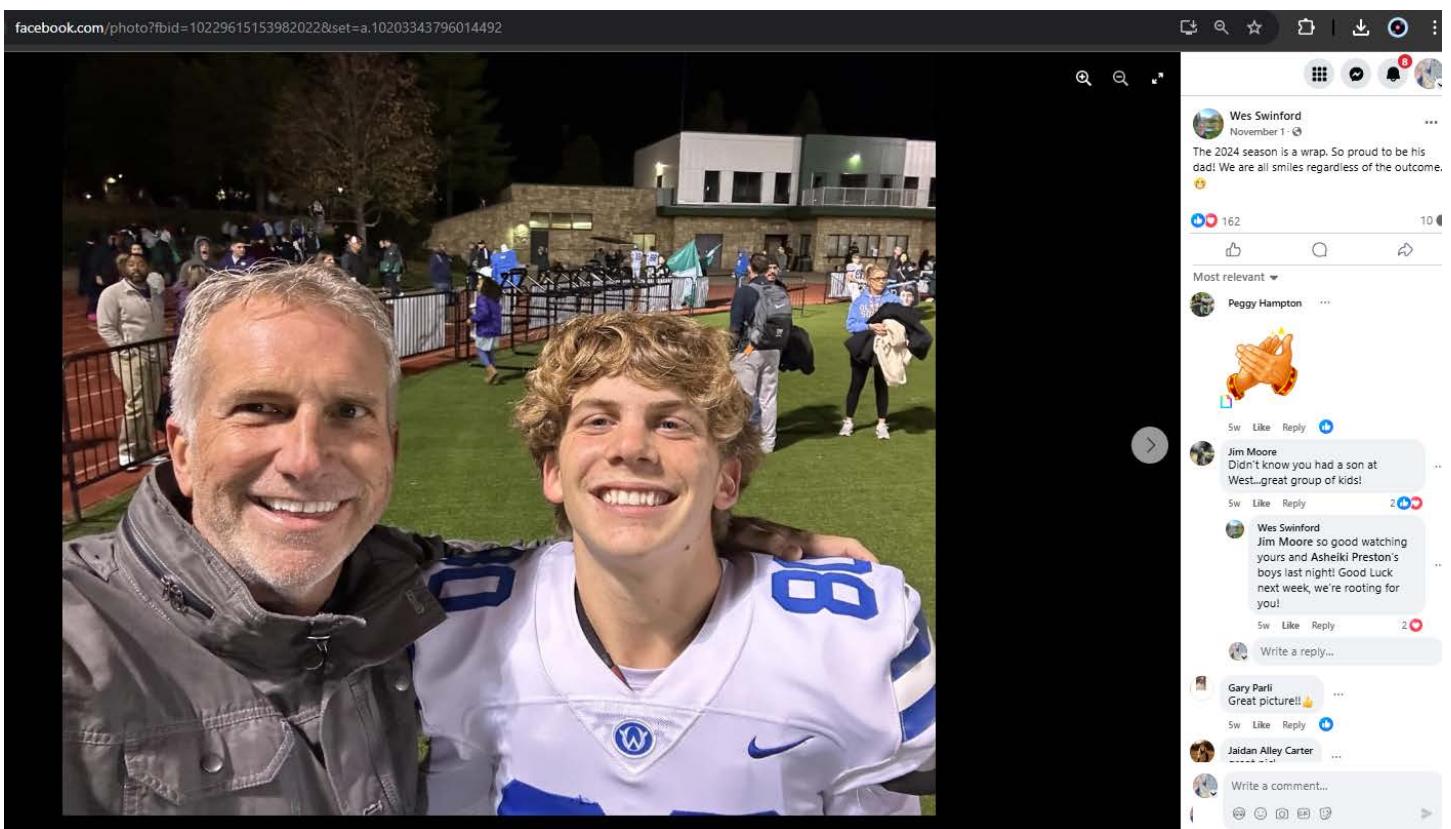
f [wes.swinford.3](#)

f System ID: [516625](#)

• [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10229615153982022&set=a.10203343796014492>

After the DOI.





f Facebook

f [wes.swinford.3](#)

f System ID: [516623](#)

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/photo?fbid=10229753202393146&set=a.10203343796014492>

After the DOI.

facebook.com/photo?fbid=10229753202393146&set=a.10203343796014492

Wes Swinford
November 9 ·
Rock Chalk Jayhawk!!!
#crimsonandblue
#raisingthemright

159

Most relevant

GetSandsational · Follow
Let's go
4w Like Reply 2

Devalyn Duke · Follow
100
4w Like Reply

Marilyn Kerr
Great picture!
4w Like Reply

Heidi Ann Hilleman Ernst
Fun to see all the boys from West
together!
4w Like Reply 2

Zeny Schmidt
Beautiful people!
3w Like Reply

Jo Frances Birdwell Thompson
Good looking dad and kiddos! ❤
3w Like Reply

Write a comment...

Instagram

Profile: [kccraze](#)

System ID: [516723](#)

Owner: [Wesley A. Swinford](#)

Link: <https://www.instagram.com/p/DC6682Dxbm3/>



Posted: Nov 28, 2024



Captured: Dec 10, 2024

After the DOI. This is the most recent post on this account. Father Daughter Turkey Trot in Dallas with Saige!!! She's soooo happy! ☺



f Facebook

f [wes.swinford.3](#)



Posted: Nov 28, 2024

f System ID: [516620](#)



Captured: Dec 09, 2024

👤 [Wesley A. Swinford](#)

↗ <https://www.facebook.com/wes.swinford.3/posts/pfbid0uzRotCD1CQ Ct2ijkv3Cd1x5KAJovNGRe24eS9aYmZPofFrFrLibjzzvLmUtDLhkPl>

After the DOI. This is the most recent post on this account. Such a fun Thanksgiving with Saige in Dallas. Start the day with a 5k then go to Cowboys game. I am thankful!!! She does say ya'll and we when talking about the Cowboys. ☺☺☺



Wes Swinford

November 28 at 6:51PM ·

...

Such a fun Thanksgiving with Saige in Dallas. Start the day with a 5k then go to Cowboys game. I am thankful!!! She does say y'all and we when talking about the Cowboys.



108

8 comments

Like

Comment

Share

Most relevant



Annette Martin Griffin
Laney!!!!!! So jealous!

...

1w Like Reply



Wes Swinford

Annette Martin Griffin yes and Jelly Roll, Dallas loved Jelly Roll!

...

1w Like Reply



Dan Pickman

Happy Thanksgiving, Wes. I'm watching the game as we speak here. Have a great time.

...

1w Like Reply



Wes Swinford

Dan Pickman Thanks! Hope yours was great.

...

1w Like Reply



Devalyn Duke · [Follow](#)

...

100%

facebook.com/wes.swinford.3/posts/pfbid0uzRotCD1CQct2iJkv3Cd1x5KAJovNGRe24eS9aYmZPofFrFrLibjzzvLmUtDLhkPI

108 8 comments

Like Comment Share

Most relevant

Annette Martin Griffin Laney!!!!!! So jealous! ...
1w Like Reply

Wes Swinford Annette Martin Griffin yes and Jelly Roll, Dallas loved Jelly Roll! ...
1w Like Reply

Dan Pickman Happy Thanksgiving, Wes. I'm watching the game as we speak here. Have a great time. ...
1w Like Reply

Wes Swinford Dan Pickman Thanks! Hope yours was great. ...
1w Like Reply

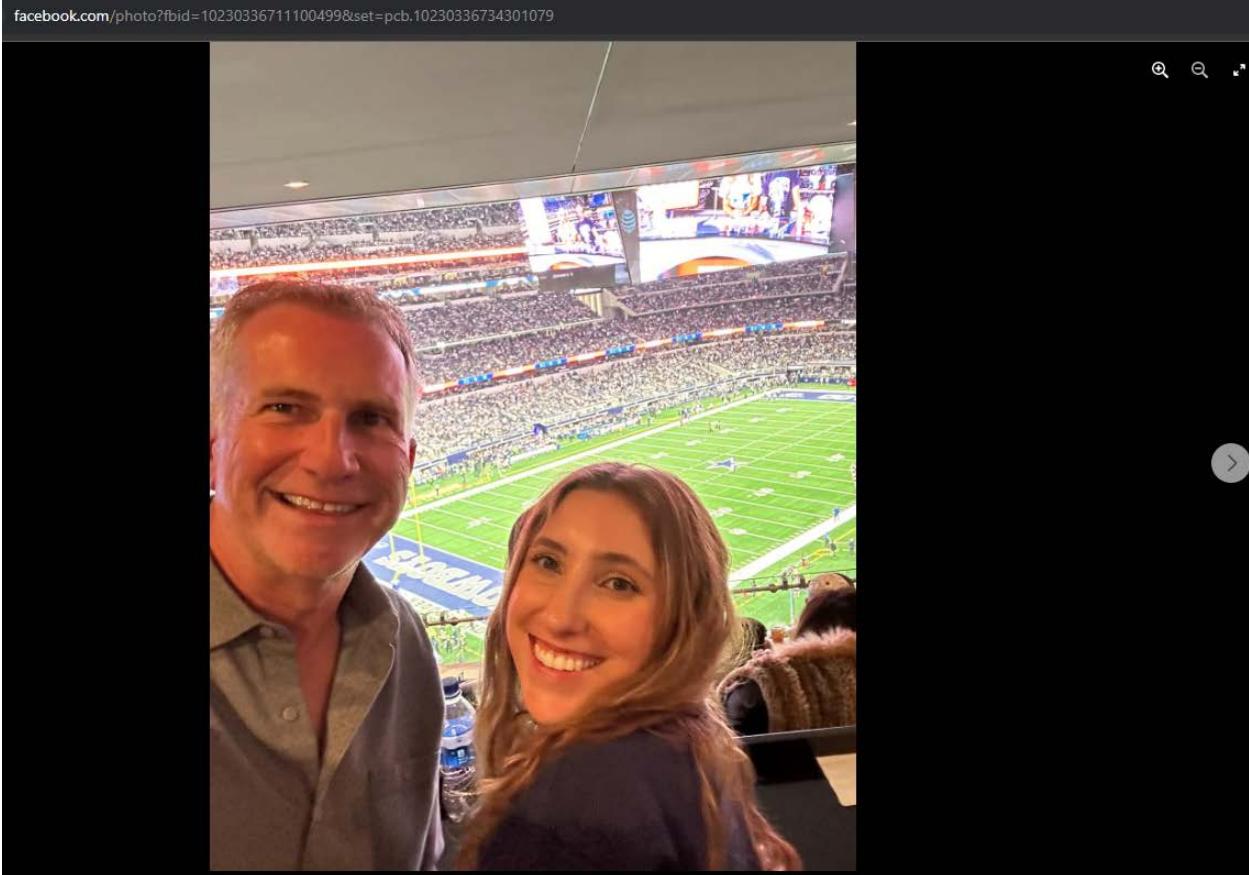
Devalyn Duke · Follow 100%
1w Like Reply

David Bond That's awesome, Wes! Looks like a great day. How'd you do on the 5k? ...
1w Like Reply

Wes Swinford David Bond slow it was very crowded hard to run fast. 27 something 🏃
1w Like Reply

Delilah Lee Did Wes not get my add request? ...
1w Like Reply

Write a comment...



Other



Business



System ID: [516923](#)



[Wesley A. Swinford](#)



<https://www.bizapedia.com/ks/swinford-properties-llc.html>



Posted: Dec 08, 2024



Captured: Dec 10, 2024

Subject is listed as the contact for Swinford Properties LLC.

bizapedia.com/ks/swinford-properties-llc.html

Bizapedia

Home > U.S. > Kansas > Olathe

SWINFORD PROPERTIES LLC

Kansas Ltd Liability Company · Updated 9/25/2024

Sponsored Links

[Write Review](#) [Upgrade](#) [Claim](#)

SWINFORD PROPERTIES LLC is a Kansas Ltd Liability Company filed on October 9, 2018. The company's filing status is listed as Active And In Good Standing and its File Number is 9184128.

The Registered Agent on file for this company is Wes Swinford and is located at 24355 W 114th Street, Olathe, KS 66061. The company's mailing address is 24355 W 114th Street, Olathe, KS 66061.

The company has 1 contact on record. The contact is Wes Swinford from Olathe KS.

Like 33K

Company Information

Company Name:	SWINFORD PROPERTIES LLC
Entity Type:	KANSAS LTD LIABILITY COMPANY
File Number:	9184128
Filing State:	Kansas (KS)
Filing Status:	Active And In Good Standing
Filing Date:	October 9, 2018
Company Age:	6 Years, 2 Months
Registered Agent:	Wes Swinford 24355 W 114th Street Olathe, KS 66061
Mailing Address:	24355 W 114th Street Olathe, KS 66061
Report Due Date:	April 15, 2020
Governing Agency:	Kansas Secretary of State

Company Contacts

WES SWINFORD
Agent
24355 W 114th Street Olathe, KS 66061

Other

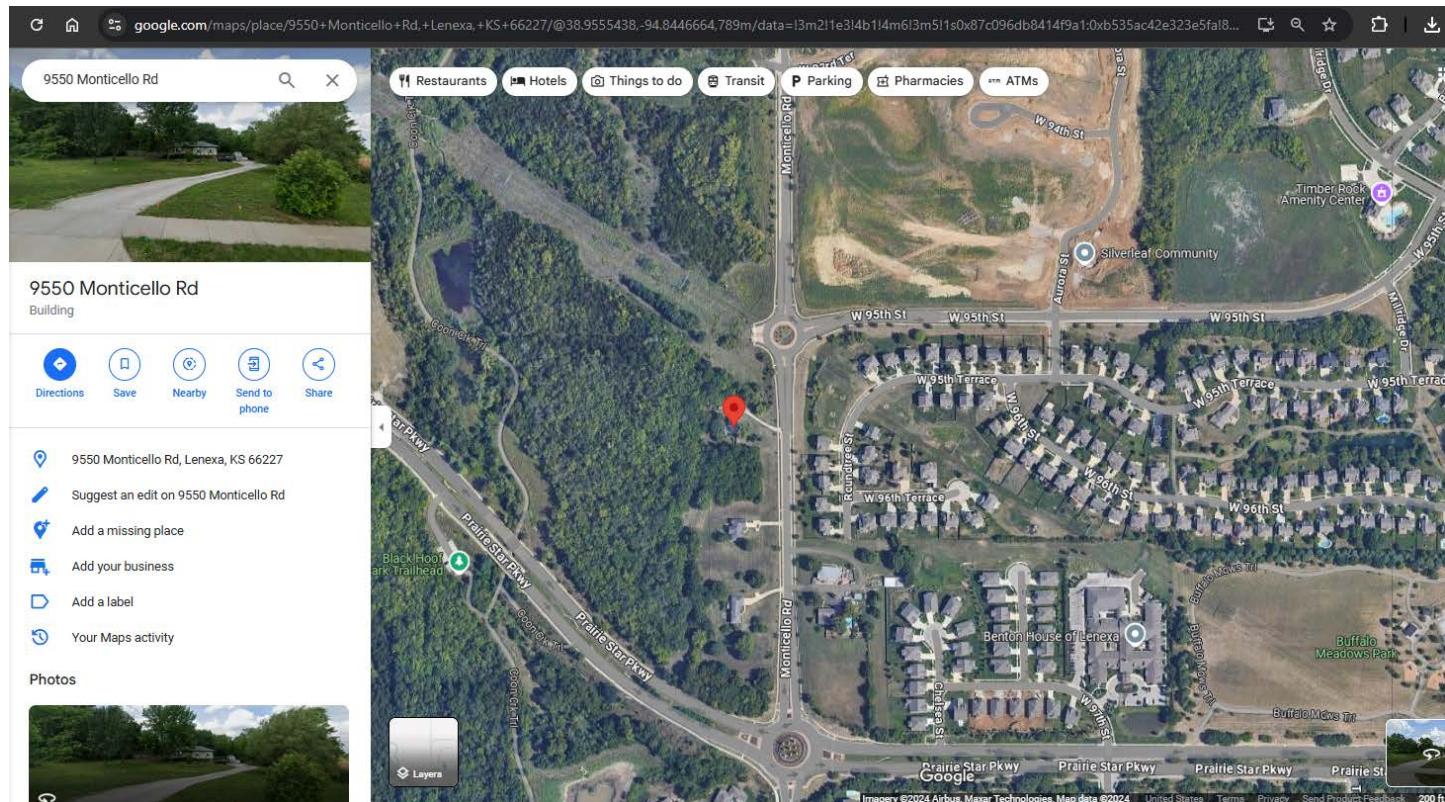
Map and Property Information

System ID: [516561](#)

Wesley A. Swinford

https://www.google.com/maps/place/9550+Monticello+Rd.+Lenexa,+KS+66227/@38.9555438,-94.8446664,789m/data=!3m2!1e3!4b1!4m6!3m5!1s0x87c096db8414f9a1:0xb535ac42e323e5fa!8m2!3d38.9555438!4d-94.8446664!16s%2F11c4wgk8p?entry=ttu&g_ep=EgoyMDI0MTIwNC4wIKXMDSoASAFOAw%3D%3D

1. Map of the address provided by the Requestor, 9550 Monticello Rd, Lenexa, KS 66227 2. Subject does not own the property at this address, <https://ims.jocogov.org/locationservices/>

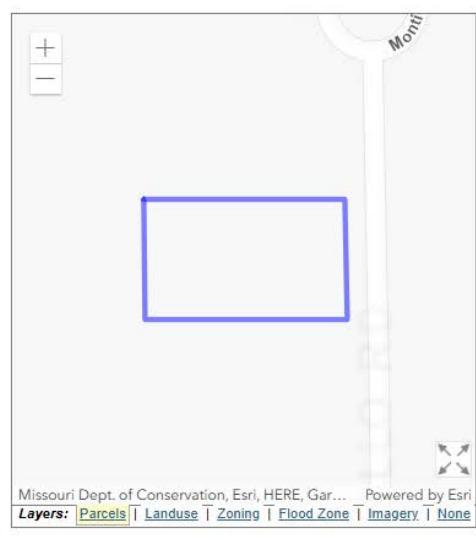


General Information		[Collapse All] 
Property ID:	IF231303-1010	
Site Address:	9550 MONTICELLO RD LENEXA, KS 66227	
Legal Description:	3-13-23 S 150' N 390' E 291' NW1/4 EX .069 AC IN RD .931 ACS M/L LEC 603 8A	
Block/Lot:	/1010	
KS Uniform Parcel Num.:	0460920302001001000	
Quick Ref.:	R56347	

Owner Information		[Collapse All] 
Owner 1:	MONTICELLO DEVELOPMENT PARTNERS LLC PO BOX 8277 PRAIRIE VILLAGE, KS 66208	

Special Assessment Information		[Collapse All] 
LEC STORMDRG (712):	\$109.00	

Property & Location Information		[Collapse All] 
Zoning:	RP3 (Planned Residential - Medium High-Density)	
Property Type:	Unplatted Property Polygon	
Taxing Unit:	0690UW	
General Landuse:	Single Family Residential	
Year Built:	1977	
Property Area:	0.86 acres	
Addresses:	1	
Township-Range-Section:	13-23-03	
City/Township:	Lenexa	
Quarter Section:	NW	
X, Y:	2209453, 242246	
Timestamp:	2023-03-07 04:04:50Z	



Other

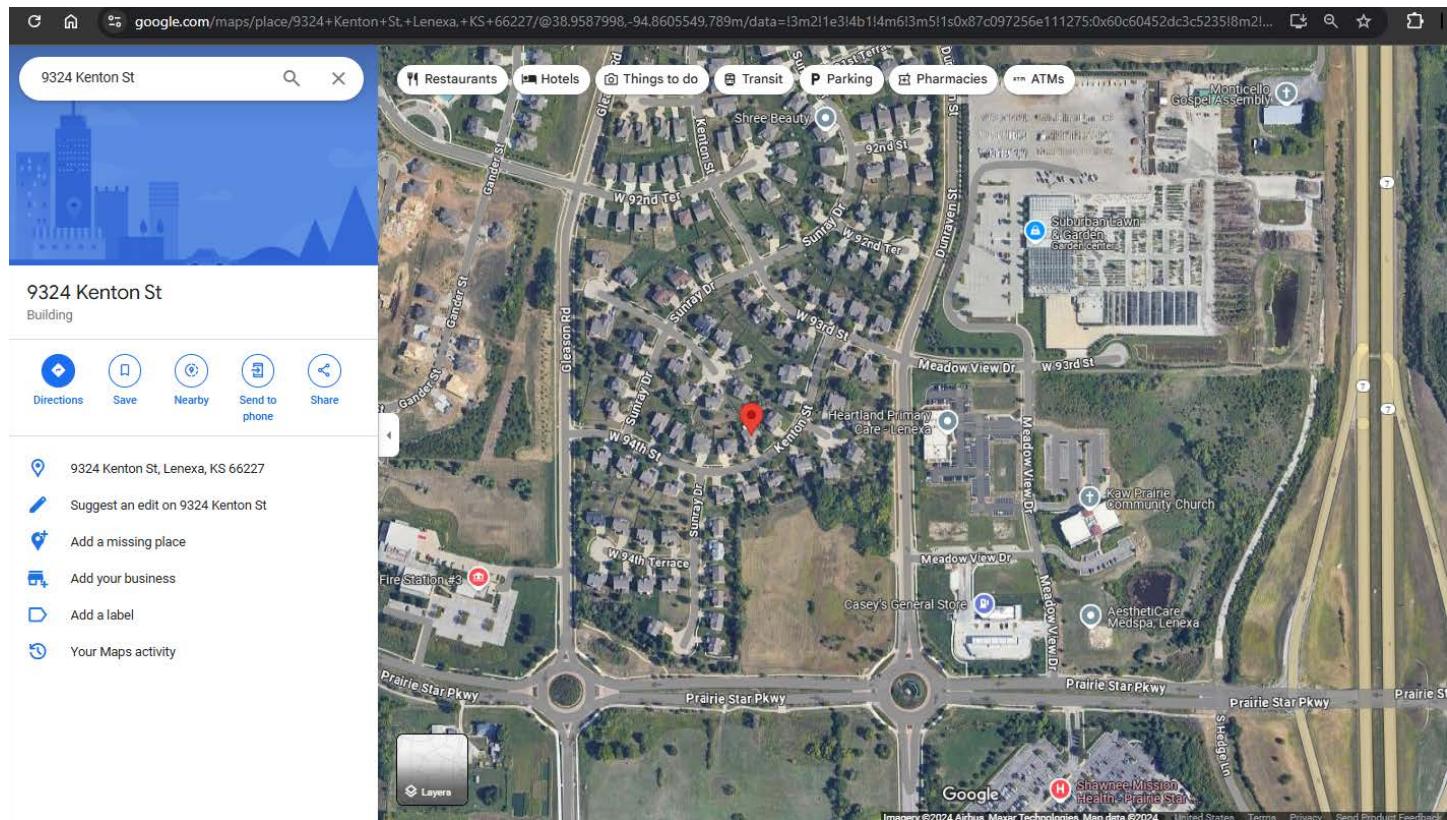
Map and Property Information

System ID: 516584

Wesley A. Swinford

https://www.google.com/maps/place/9324+Kenton+St.+Lenexa.+KS+66227/@38.9587998,-94.8605549,789m/data=!3m2!1e3!4b1!4m6!3m5!1s0x87c097256e111275:0x60c60452dc3c5235!8m2!3d38.9587998!4d-94.8605549!16s%2F11c2dkkxv4?entry=ttu&g_ep=EgoyMDI0MTIwNC4wIKXMDSoASAFOAw%3D%3D

1. Map of the current address on the background check, 9324 Kenton St, Lenexa, KS 66227 2. Subject does not own the property at this address, <https://ims.jocogov.org/locationservices/>



General Information	
Property ID:	IP64340000 0034
Site Address:	9324 KENTON ST LENEXA, KS 66227
Legal Description:	RESERVE FIRST PLAT LT 34 LEC 537 1 2 2 34
Block/Lot:	0000 /0034
Subdivision:	RESERVE
Plat:	RESERVE FIRST PLAT
Plat Book/Page:	200506/2607
Plat Recorded:	06/06/2005
KS Uniform Parcel Num.:	0460483304007008000
Quick Ref:	R204988



Owner Information	
Owner 1:	BREWER, QUINN 9324 KENTON ST LENEXA, KS 66227

Front Elevation Photos



Property & Location Information	
Zoning:	RP1 (Planned Residential - Low-Density)
Property Type:	Platted Property Polygon
Taxing Unit:	0690UW
General Landuse:	Single Family Residential
Year Built:	2005
Property Area:	0.26 acres
Addresses:	1