

Final Report

FS [OBSERV]



Kathryn M Watson MSN RN

Incident ID: Leber-12228-280590-4

Injury: Post-operative management of Decedent related to the development of pulmonary embolism, resulting in death.

Date of Injury: Apr 28, 2022

Created Date: 03/31/2025

Requested By

Ann Konchinsky

aekonchinsky@burnswHITE.com

Background

Method Of Discovery

Name, Location, and Associates.

Summary of findings

Background and Family:

Subject Kathryn M Watson MSN RN is 42 years old and lives in Milford, Massachusetts. Subject's husband is Branden McMiller. Subject's mother is Robin Watson. Subject has two sisters, Nicol Kittredge and the other sister's name could not be found. Subject's aunt and uncle are Kathleen Reardon Watson (deceased) and Jim Watson. Subject's cousin is Dawn Marie Watson Cenedella. Subject's ex-husband is Matthew Ohman.

Employment:

Subject is Owner/CEO of Educational Nurse. Subject is also a Clinical Instructor at MCPHS University. She also works part-time at Cornerstone Healthcare Systems LLC as a Documentation Specialist.

Social Media:

Facebook, Instagram, TikTok, LinkedIn, YouTube, CashApp, and business website accounts were found for Subject.

Before DOI:

- Pictures of Subject's dog (2013 and 2017)
- Post about I Love You from Subject (June 15, 2017)
- Picture of Subject with an older person (June 26, 2017)
- Picture of Subject with her mother (May 13, 2018)
- Pictures of Subject by herself (2019, 2021)
- Pictures of Subject with friends (2019)
- Random posts (2020 and 2021)
- Picture of a different dog (May 6, 2021)
- Posts about being a nurse (2022)

After DOI:

- Picture of her dogs (May 9, 2023)
- Posts from the Educational Nurse Facebook page talking about nursing (2023, 2024, and 2025)
- Pictures of Subject (2023, 2024, and 2025)
- Videos of Subject discussing nursing tips (2023 and 2024)
- Reposts from Subject (2023, 2024, and 2025)
- Video of Subject's dogs (2024)
- Video of Subject talking about being a legal nurse and about documenting (January 21, 2024)
- Videos of Subject driving while giving nursing advice (January 27, 2024)
- Picture of Subject's dog (January 31, 2024)
- Video of Subject talking about being a legal nurse (March 12, 2024)
- Video of Subject talking about malpractice (March 31, 2024)
- Reposts from Subject (2024)
- Picture of water (May 23, 2024)
- Video of a trail (September 18, 2024)
- Picture of Subject with her husband (November 13, 2024)
- Pictures of Subject on her wedding day (January 2, 2025)
- Videos of Subject advising about the NCLEX (2025)

Findings:

Before DOI, there were various pictures of Subject by herself, with friends/family, pictures of her dogs, and random posts from 2013 to 2022. After DOI, there are pictures of Subject by herself, with family, many posts about nursing, and videos of Subject from 2022 to 2025. Subject started a business called Educational Nurse in 2023, where she gives nursing advice and offers classes. She posts a lot on Facebook about them and also posts videos on TikTok giving nursing tips. She mentions she's a legal nurse in January and March 2024, describing how she works for defendants and plaintiffs, giving unbiased nursing advice. Most of the Subject's videos are about how to document correctly and include details in nursing reports. Subject also posted a video in March 2024 talking about malpractice and what it is. Subject posts videos about mindfulness and

multitasking. Her recent videos in 2025 are advising about NCLEX (National Council Licensure Examination). There were no mentions on the Subject's or associates' accounts about the DOI.

Note: Subject posts a lot of content, but not everything was captured. If more content is needed, please let us know.

Property and Court Records:

Subject owns the property at 5 Dartmouth Dr, Milford, MA 01757. No court records were found for Subject.

File notes (other)

Indicators:

Bankruptcies: None Found

Liens: None Found

Judgments: None Found

Professional License

KATHRYN OHMAN

5 DARTMOUTH DR, MILFORD, MA

01757-1205 (WORCESTER COUNTY)

REGISTERED NURSE

Massachusetts RN280950

First Issued: 03/07/2008

Expiration: 12/08/2018

KATHRYN OHMAN

5 DARTMOUTH DR, MILFORD, MA

01757-1205 (WORCESTER COUNTY)

EMERGENCY MEDICAL SERVICE

Massachusetts RN280950

First Issued: 03/07/2008

Expiration: 12/08/2020

KATHRYN OHMAN

5 DARTMOUTH DR, MILFORD, MA

01757-1205 (WORCESTER COUNTY)

VARIOUS PROFESSIONS

Massachusetts RN280950

First Issued: 03/07/2008

Expiration: 12/08/2020

KATHRYN OHMAN

5 DARTMOUTH DR, MILFORD, MA

01757-1205 (WORCESTER COUNTY)

NURSE

Massachusetts RN280950

First Issued: 03/07/2008

Expiration: 12/08/2022

KATHRYN OHMAN

5 DARTMOUTH DR, MILFORD, MA

01757-1205 (WORCESTER COUNTY)
NURSING
Massachusetts RN280950
First Issued: 03/07/2008
Expiration: 12/08/2022

KATHRYN WATSON
5 DARTMOUTH DR, MILFORD, MA
01757-1205 (WORCESTER COUNTY)
REGISTERED NURSE
Massachusetts RN280950
First Issued: 03/07/2008
Expiration: 12/08/2024

KATHRYN WATSON
5 DARTMOUTH DR, MILFORD, MA
01757-1205 (WORCESTER COUNTY)
NURSE REGISTERED (RN)
Massachusetts RN280950
First Issued: 2008

KATHRYN M BARR
71 WEST ST APT 2, MILFORD, MA
01757-4143 (WORCESTER COUNTY)
NURSE
Massachusetts RN280950

Subject Information	
Name :	Kathryn M Watson MSN RN
Social Security Number :	001-66-0352
Last Known Addresses:	Oct 15, 2023 - Oct 15, 2023 220 Fortune Boulevard, Milford, Massachusetts 01757, United States Aug 6, 2015 - Mar 19, 2025 5 Dartmouth Drive, Milford, Massachusetts 01757, United States
Phone(s) :	(508) 740-6292 (ET) (Mobile) (100%) (508) 316-1864 (ET) (VoIP) (90%) (803) 403-6996 (ET) (Mobile) (90%) (508) 440-5619 (ET) (VoIP) (66%) (508) 488-6103 (ET) (VoIP) (66%) (508) 657-1258 (ET) (VoIP) (66%) (617) 340-5148 (ET) (LandLine) (66%) (774) 233-0457 (ET) (VoIP) (66%) (508) 981-1198 (ET) (Mobile) (66%) (508) 376-5490 (ET) (VoIP) (66%) (508) 429-7591 (ET) (LandLine) (66%) (508) 533-5597 (ET) (LandLine) (66%) (508) 376-5299 (ET) (LandLine) (40%) (508) 376-5674 (ET) (LandLine) (40%) (870) 362-0561 (CT) (Mobile) (40%) (740) 629-6292 (ET) (Mobile) (39%)

Alias(es) :	KATHRYN MARIE BARR (12/31/2004 to 01/06/2025) KATHRYN MARIE OHMAN (02/14/2013 to 01/02/2025) KATHRYN MARIE WATSON (09/02/2001 to 01/02/2025) CATHERINE MARIE BARR (12/15/2015) KATHLEEN MARIE WATSON (02/14/2013) K BARR (09/21/2011 to 12/22/2024) katie.watson.33821 educational_nurse @educational_nurse1 @kathryn_466 \$Kwatson1208 @educationalnurse_1 educationalnurse kathryn-mcmiller-msn-rn-9776609b
Email Address(es) :	kmbarr1208@gmail.com (100%) wzombilvr@aol.com (58%) ralyea@msn.com (41%) ohmanmatt21@gmail.com (41%) keklund@hotmail.com (41%) mattandkatbarr@yahoo.com (41%)
DOB :	12/08/1982
Marital Status :	Married
Employment :	Owner/CEO at Educational Nurse
Alleged Injury :	Post-operative management of Decedent related to the development of pulmonary embolism, resulting in death.
Date of Loss :	04/28/2022
Education :	Farmington State Univeristy UMass Boston Massachusetts Bay Community College
Hobbies :	Unknown
Additional Info :	N/A

Associates

Name	Relationship	Account
Nicole Kittredge	Sibling	https://www.facebook.com/kittredge.nicole https://www.facebook.com/nicolekittredge/ https://www.experience.com/reviews/nicolekittredge https://www.linkedin.com/in/NicolesLoans https://www.nicolesloans.com/ https://www.newamericanfunding.com/mortgage-loans/nicolekittredge https://x.com/nicolesloans https://www.youtube.com/@nicolekittredge https://www.nicolesloans.com/blog
Robin Watson	Parent	https://www.instagram.com/rwserenity2341/ https://www.facebook.com/robin.watson.3367
Branden McMiller	Spouse	https://www.facebook.com/bmcmiller
Matthew Ohman	Other	https://www.facebook.com/matthew.ohman.73
Dawn Marie Watson Cenedella	Relative	https://www.facebook.com/healingdawn https://www.instagram.com/healingdawn_magical_sprite/

Name	Relationship	Account
Kathleen Reardon Watson	Relative	https://www.facebook.com/kathleen.r.watson.3 https://www.instagram.com/happywatson51/
Jim Watson	Relative	https://www.facebook.com/jim.watson.94617

Profile Pages

Social Media Link: <https://www.facebook.com/katie.watson.33821>

Date Captured: Mar 27, 2025

Snapshot:

facebook.com/katie.watson.33821

facebook





Katie Marie

874 friends

Message

PostsAboutFriendsPhotosVideosCheck-insMore

Intro

Everyday is a fresh start; take one small step towards the life you want, and the rest will follow.

Owner/CEO at Educational Nurse

Joined December 2008

Photos

See all photos

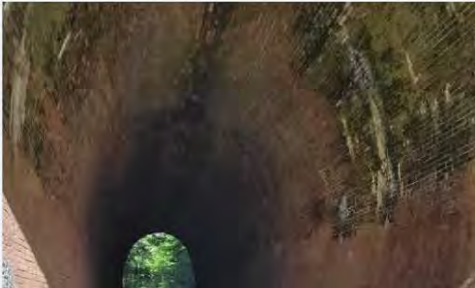


Posts

Filters

Katie Marie updated her cover photo.

May 22, 2024 · 🌐



Social Media Link: <https://www.facebook.com/profile.php?id=61552231682394>

Date Captured: Mar 27, 2025

Snapshot:

facebook.com/profile.php?id=61552231682394

facebook



Educational Nurse
Educator: Consultant: Life Coach

Educational Nurse
297 likes • 349 followers

[Learn more](#) [Message](#) [Like](#)

[Posts](#) [About](#) [Reels](#) [Photos](#) [Videos](#) [Live](#) [More](#)

Intro

Nursing is tough, but so are you! At Educational Nurse, we empower nurses with expert guidance, courses, and supportive community. Whether you're in nursing school, new grad or experienced, we help you build confidence and thrive in your career!

Page · Educational Consultant

<https://www.youtube.com/channel/UCCZuZtL7y-yatKWZzJ2URg>

<stan.store/Educationalnurse>

Online classes

Photos [See all photos](#)



Posts [Filters](#)

Educational Nurse
March 19 at 5:34 PM · 🌐

Educational Nurse, LLC – Empowering Nurses for Success
Educational Nurse, LLC is a premier resource for nursing students, new graduates, and experienced nurses looking to build confidence, improve clinical skills, master documentation, and protect their licenses.
Founded by a legal nurse expert, educator, and documentation specialist with over 20 years of nursing experience, Educational Nurse provides practical, real-world nursing education that goes beyond textbooks.... See more

[Like](#) [Comment](#) [Share](#)

[Send message](#)

Write a comment...

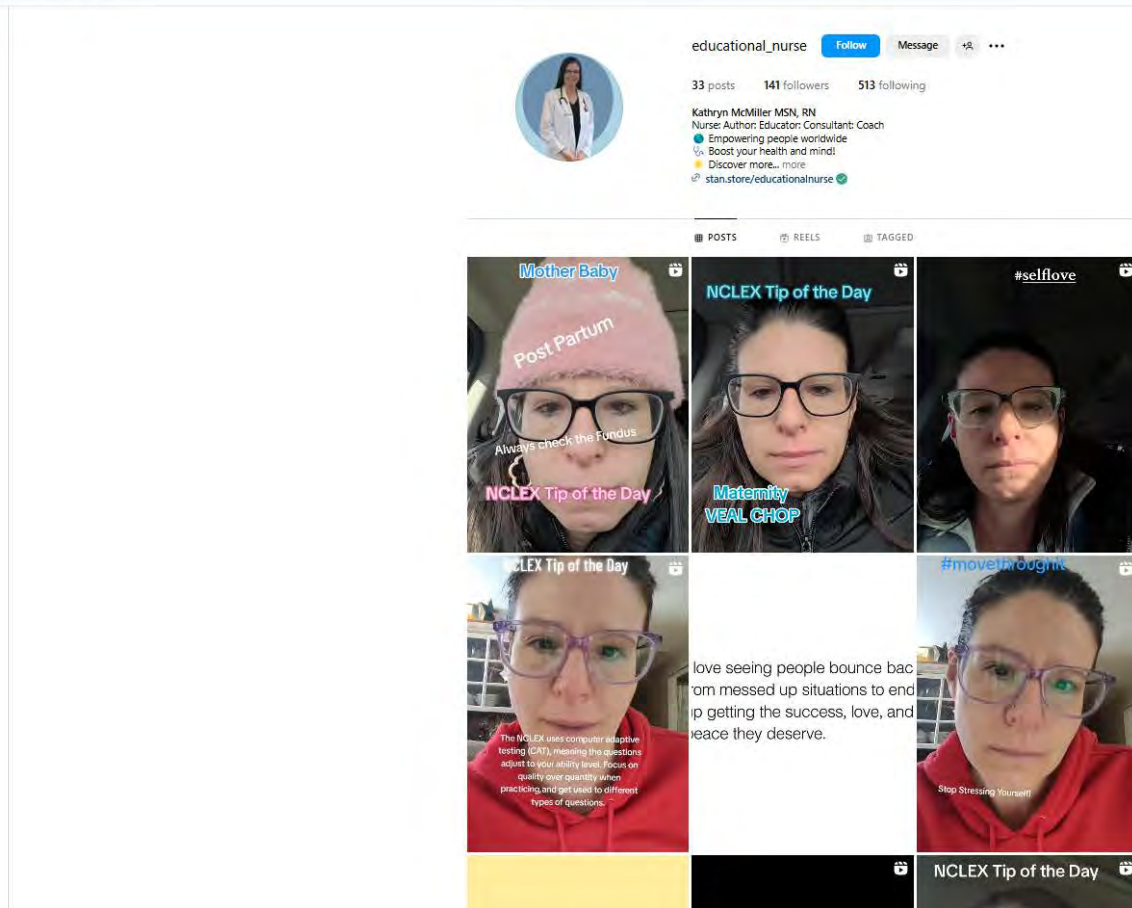
Educational Nurse
March 19 at 5:25 PM · 🌐

Bottom Line for Nurses
Preventing malpractice is about being proactive, not reactive.

Social Media Link: https://www.instagram.com/educational_nurse/

Date Captured: Mar 27, 2025

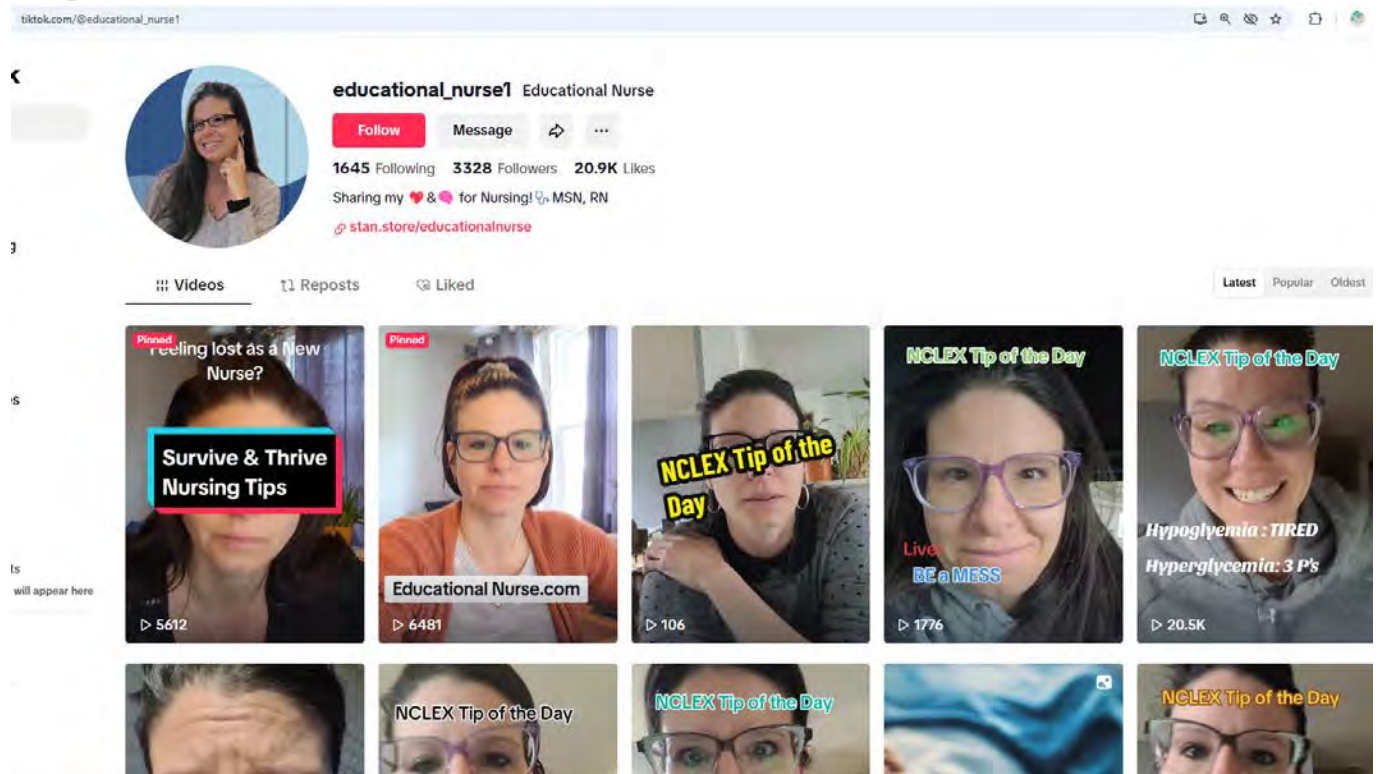
Snapshot:



Social Media Link: https://www.tiktok.com/@educational_nurse1

Date Captured: Mar 27, 2025

Snapshot:



Social Media Link: https://www.tiktok.com/@kathryn_466

Date Captured: Mar 28, 2025

Snapshot:

kathryn_466 NurseCoachZen

Follow Message ...

2567 Following 1137 Followers 481 Likes

Nurse : Author : Educator : Life Coach

📍 571abb781kpgdreijm3c9m8z...

Videos Reposts Liked

Latest Popular Oldest

Motivational Monday
Every step you take, no matter how small, brings you closer to the life you deserve—keep going.
▶ 65

#movetixoughts
Stop Stressing Yourself Out
▶ 511

#selflove
▶ 207

#routine
▶ 166

#traumahealing
▶ 572

Healing begins when you allow yourself to feel, not just fix.

Your daily habits are the seeds of your future self.

Pause isn't inactivity; it's the space where transformation begins!

Break a bad habit!

Fulfillment begins where comparison ends— focus on your journal!

Social Media Link: <https://www.linkedin.com/in/kathryn-mcmiller-msn-rn-9776609b/>

Date Captured: Mar 31, 2025

Snapshot:



Search



Home



My Network



Jobs



Messaging



Notifications



EDUCATIONAL NURSE

Boost your nursing career! What they don't tell you?

www.educationalnurse.com



Kathryn McMiller, MSN, RN

Kathryn is a seasoned nurse, educator, and legal consultant, empowers people globally with essential tools for success.

United States · [Contact info](#)

500+ connections

Connect

Message

More



Cornerstone Healthcare Systems, LLC



Framingham State University

About

Kathryn Watson, MSN, RN, is an experienced professional in the nursing field with a diverse background. She has been working in nursing for the past two decades, excelling in roles such as bedside nursing, adjunct clinical nurse instruction, and legal nurse consulting for the last 15 years. Kathryn Watson leverages her knowledge and education to empower people worldwide with the tools they need to excel in their lives and work....

[...see more](#)

Activity

1,601 followers

Posts

Comments

Images



Kathryn McMiller, MSN, RN · 3r...

Kathryn is a seasoned nurse, educator, an...
2mo · 🌐



Kathryn McMiller, MSN, RN · 3r...

Kathryn is a seasoned nurse, educator, an...
3mo · 🌐

Social Media Link: https://www.youtube.com/@educationalnurse_1

Date Captured: Mar 28, 2025

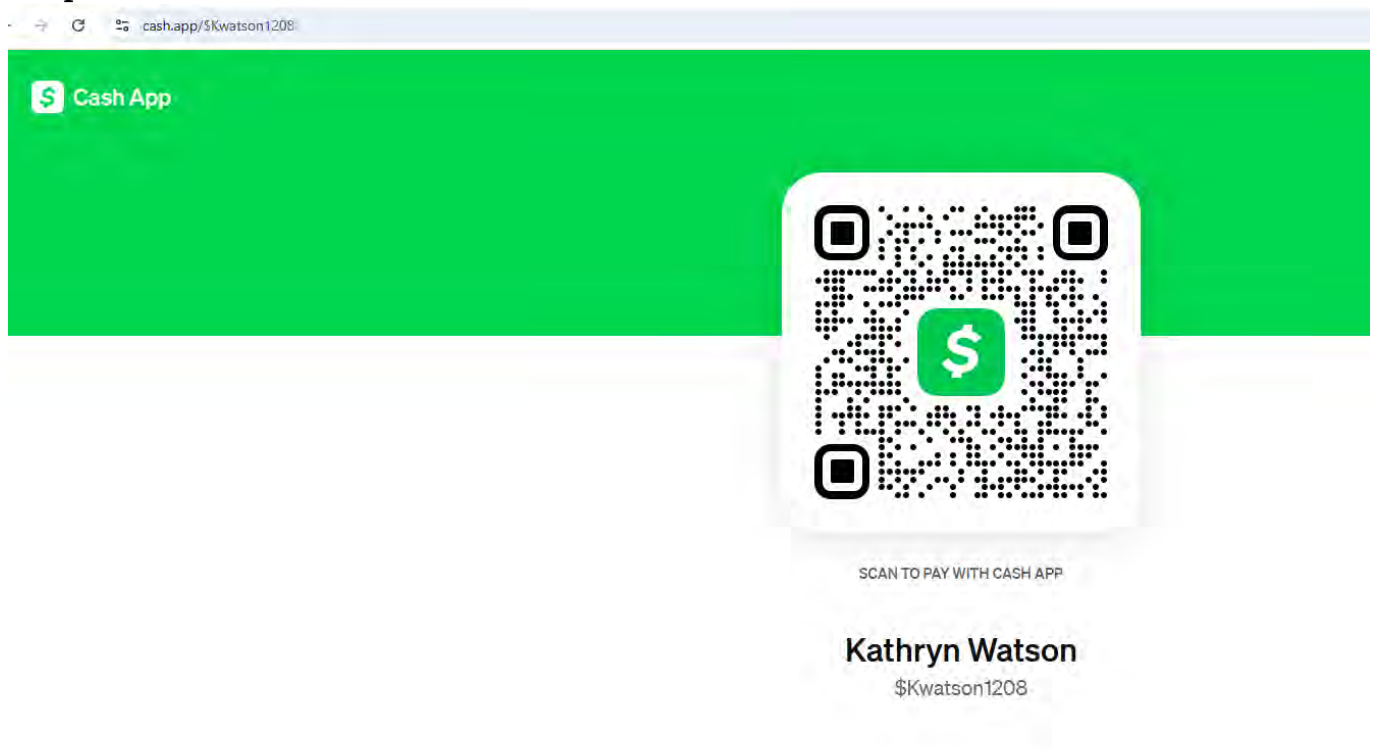
Snapshot:



Social Media Link: [https://cash.app/\\$Kwatson1208](https://cash.app/$Kwatson1208)

Date Captured: Mar 27, 2025

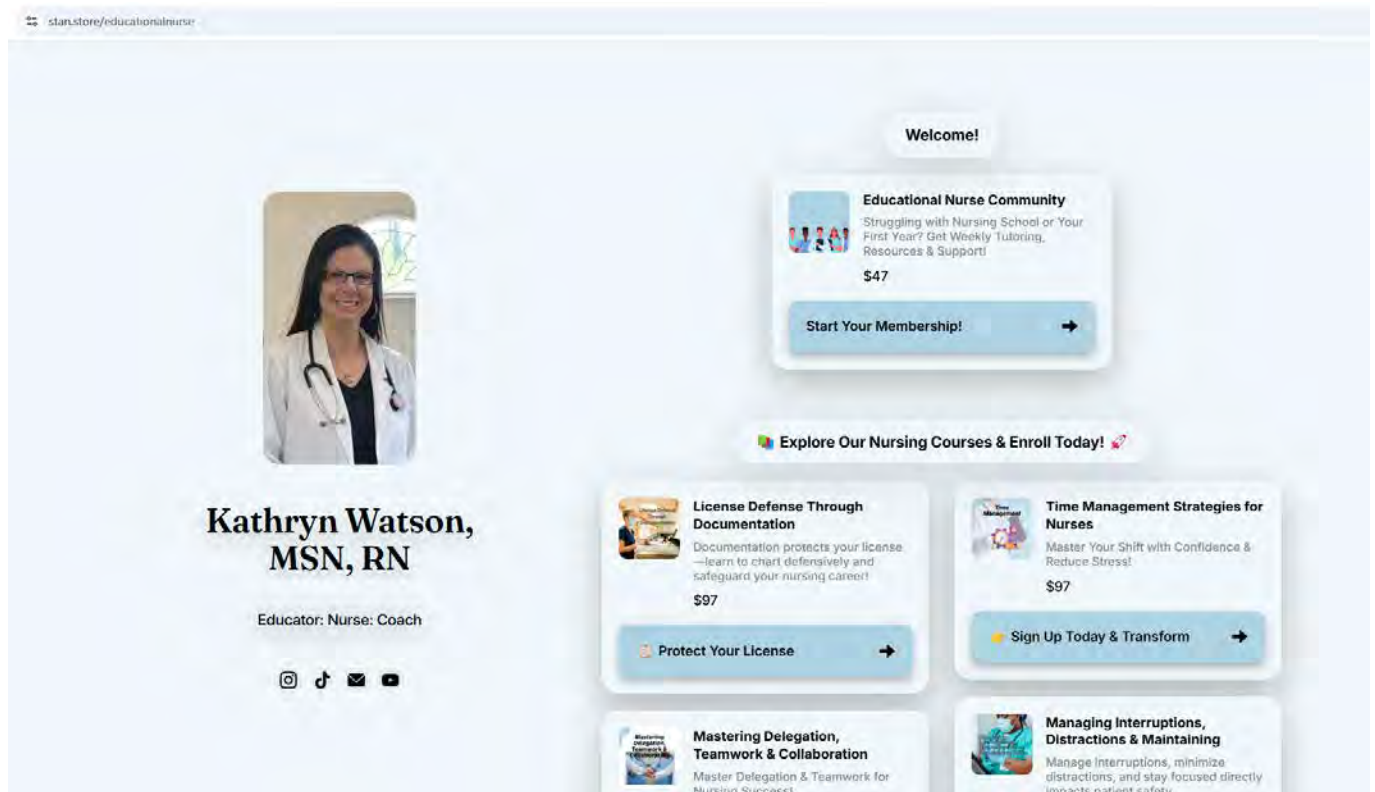
Snapshot:



Social Media Link: <https://stan.store/educationalnurse>

Date Captured: Mar 27, 2025

Snapshot:



B Facebook

B [katie.watson.33821](#)

B System ID: [563620](#)

f [Kathryn M Watson MSN RN](#)

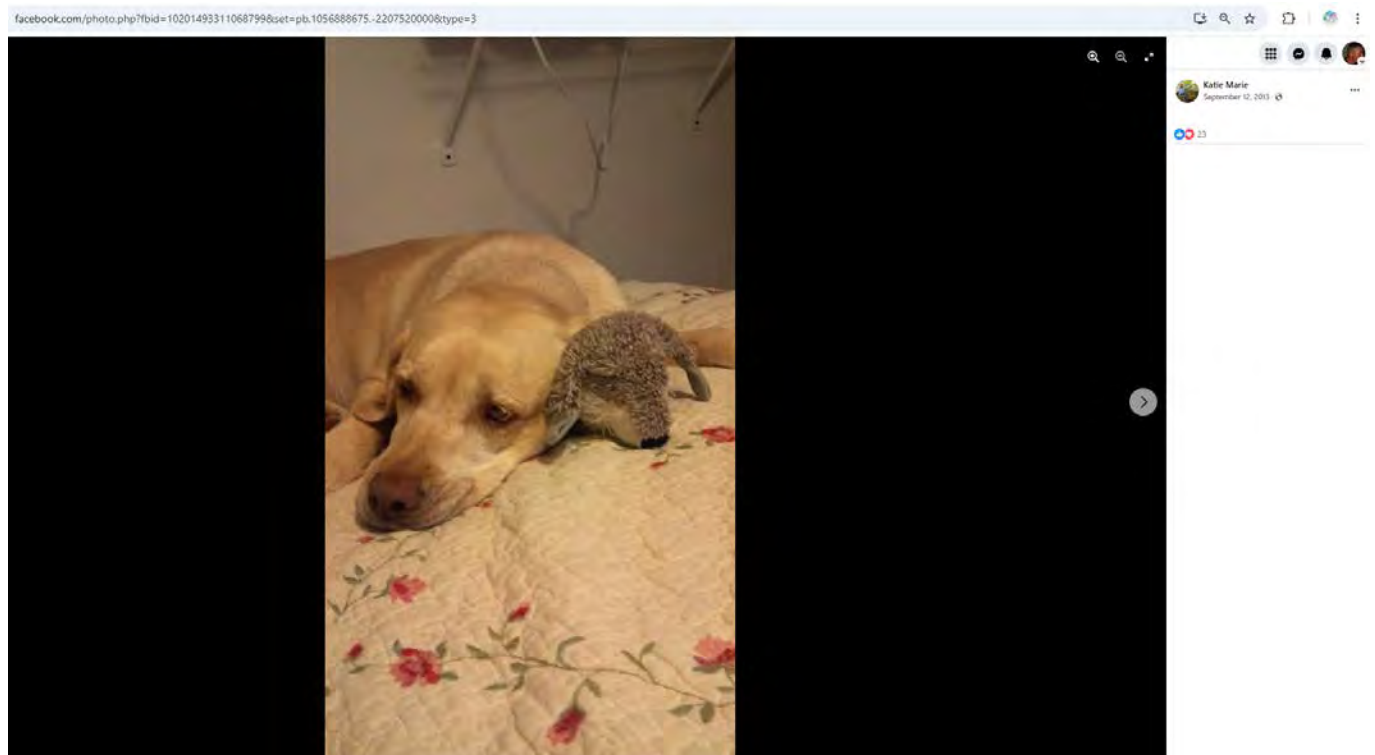
j <https://www.facebook.com/photo.php?fbid=10201493311068799&set=pb.1056888675.-2207520000&type=3>

C Posted: Sep 12, 2013

C Captured: Mar 27, 2025

Before DOI

Picture of Subject's dog.



B Facebook

B [katie.watson.33821](#)

C Posted: Jun 15, 2017

B System ID: [563622](#)

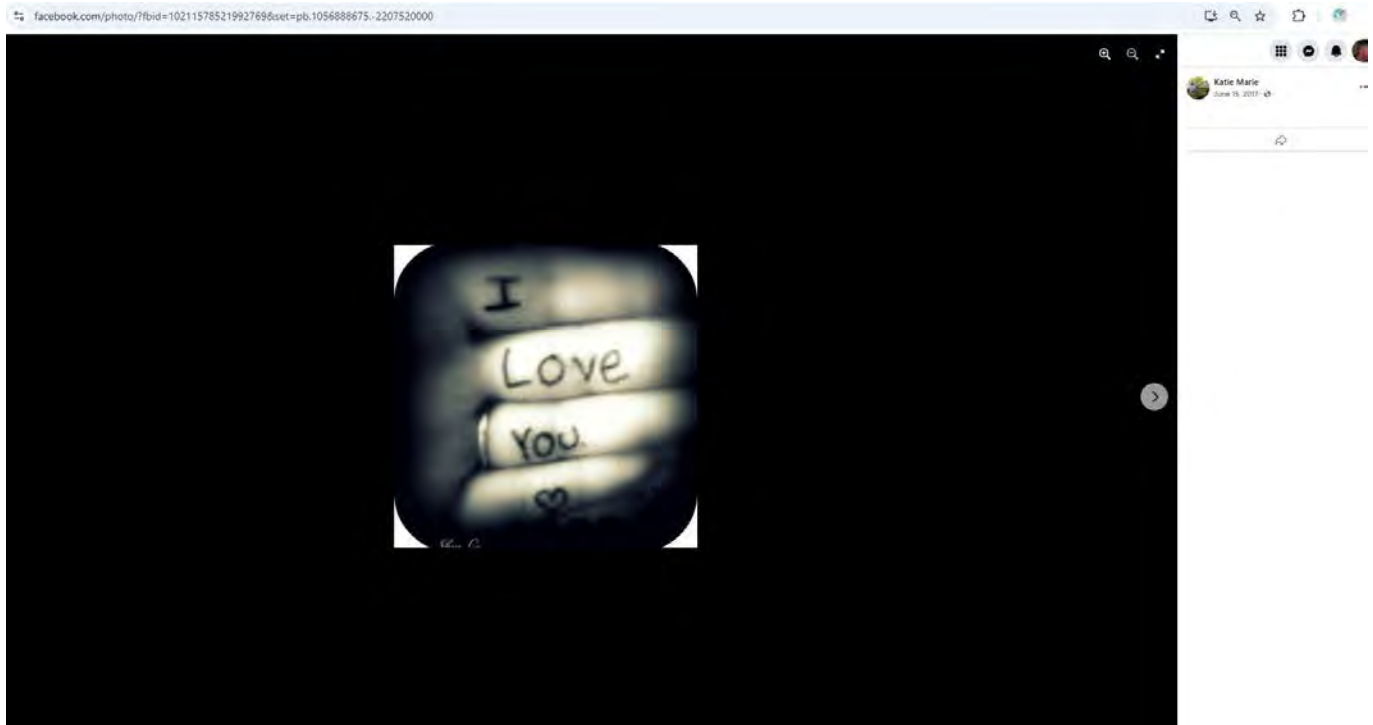
C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo/?fbid=10211578521992769&set=pb.1056888675.-2207520000>

Before DOI

Post from Subject included to show the public content on the Subject's Facebook timeline.



B Facebook

B [katie.watson.33821](#)

C Posted: Jun 15, 2017

B System ID: [563625](#)

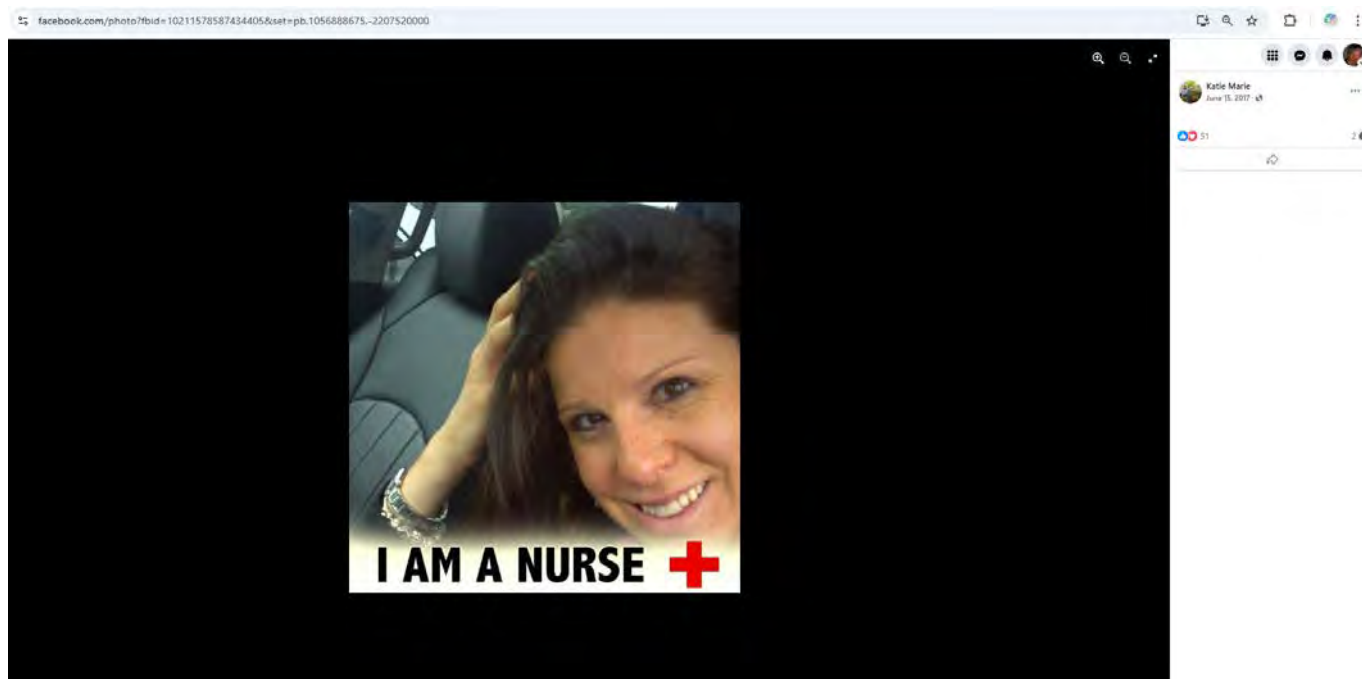
C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo/?fbid=10211578587434405&set=pb.1056888675.-2207520000>

Before DOI

Picture of Subject.



B Facebook

B [katie.watson.33821](#)

B System ID: [563627](#)

f [Kathryn M Watson MSN RN](#)

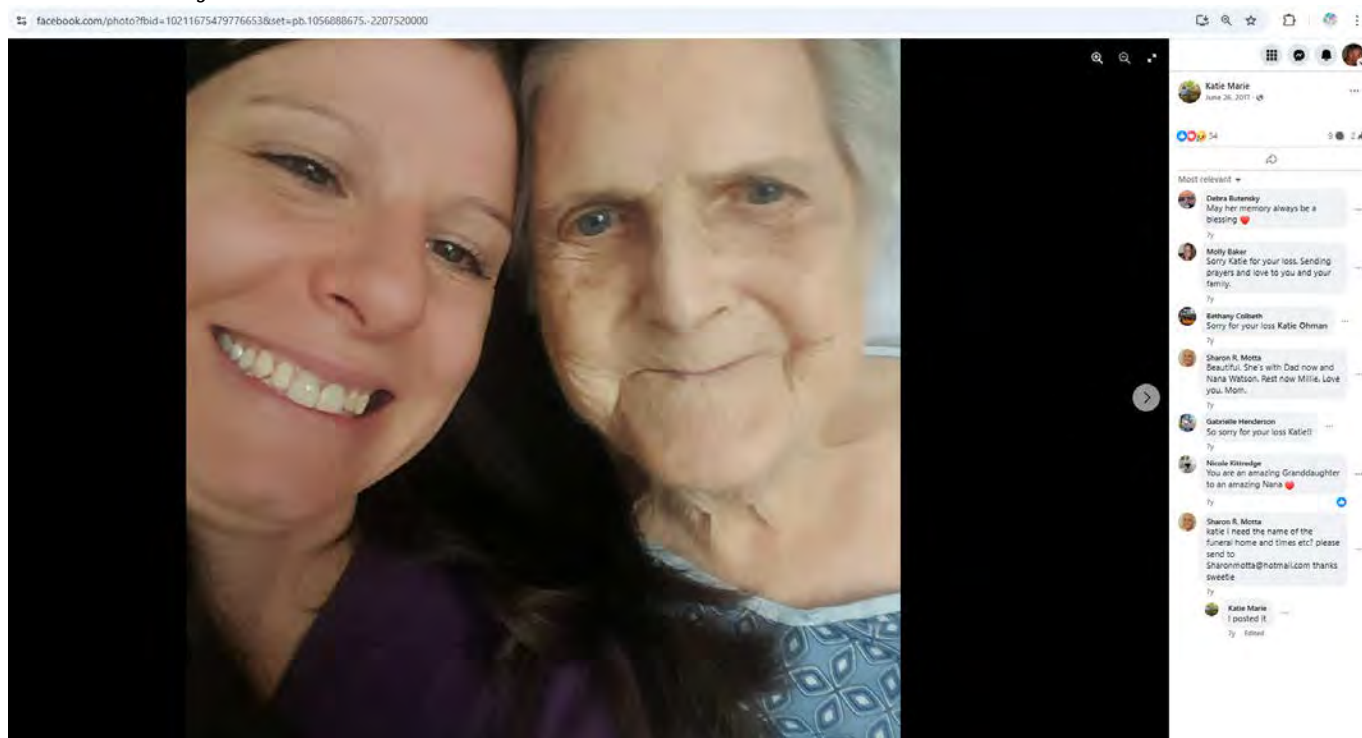
j <https://www.facebook.com/photo?fbid=10211675479776653&set=pb.1056888675.-2207520000>

Before DOI

Picture of Subject.

C Posted: Jun 26, 2017

C Captured: Mar 27, 2025



B Facebook

B [katie.watson.33821](#)

B System ID: [563632](#)

f [Kathryn M Watson MSN RN](#)

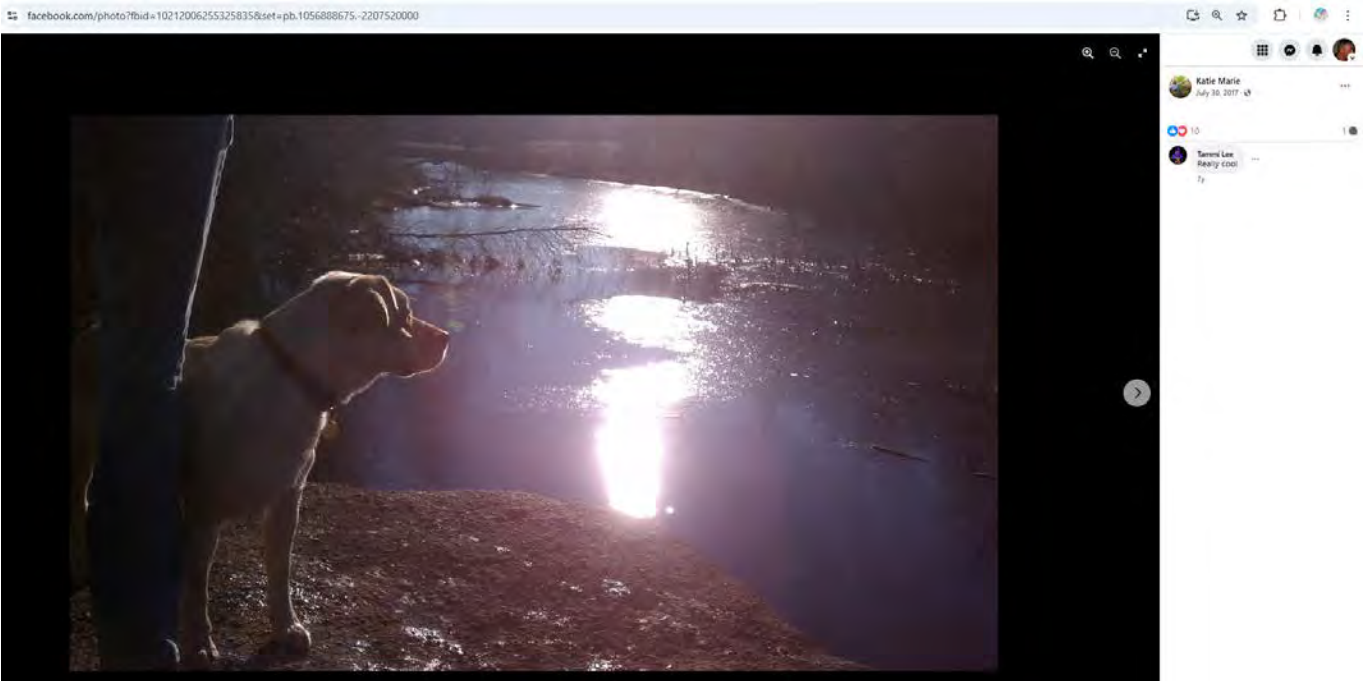
j <https://www.facebook.com/photo?fbid=10212006255325835&set=pb.1056888675.-2207520000>

C Posted: Jul 30, 2017

C Captured: Mar 27, 2025

Before DOI

Picture of Subject's dog.



B Facebook

B [katie.watson.33821](#)

B System ID: [563636](#)

f [Kathryn M Watson MSN RN](#)

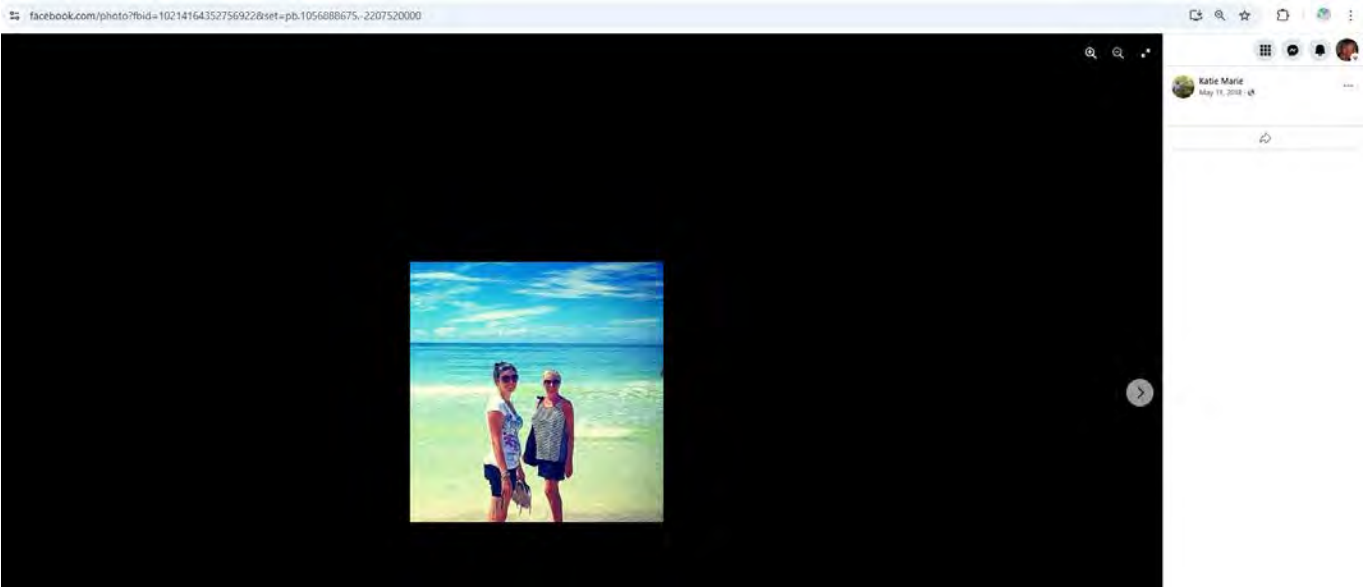
j <https://www.facebook.com/photo?fbid=10214164352756922&set=pb.1056888675.-2207520000>

C Posted: May 13, 2018

C Captured: Mar 27, 2025

Before DOI

Picture of Subject and her mother.



B Facebook

B [katie.watson.33821](#)

C Posted: May 04, 2019

B System ID: [563651](#)

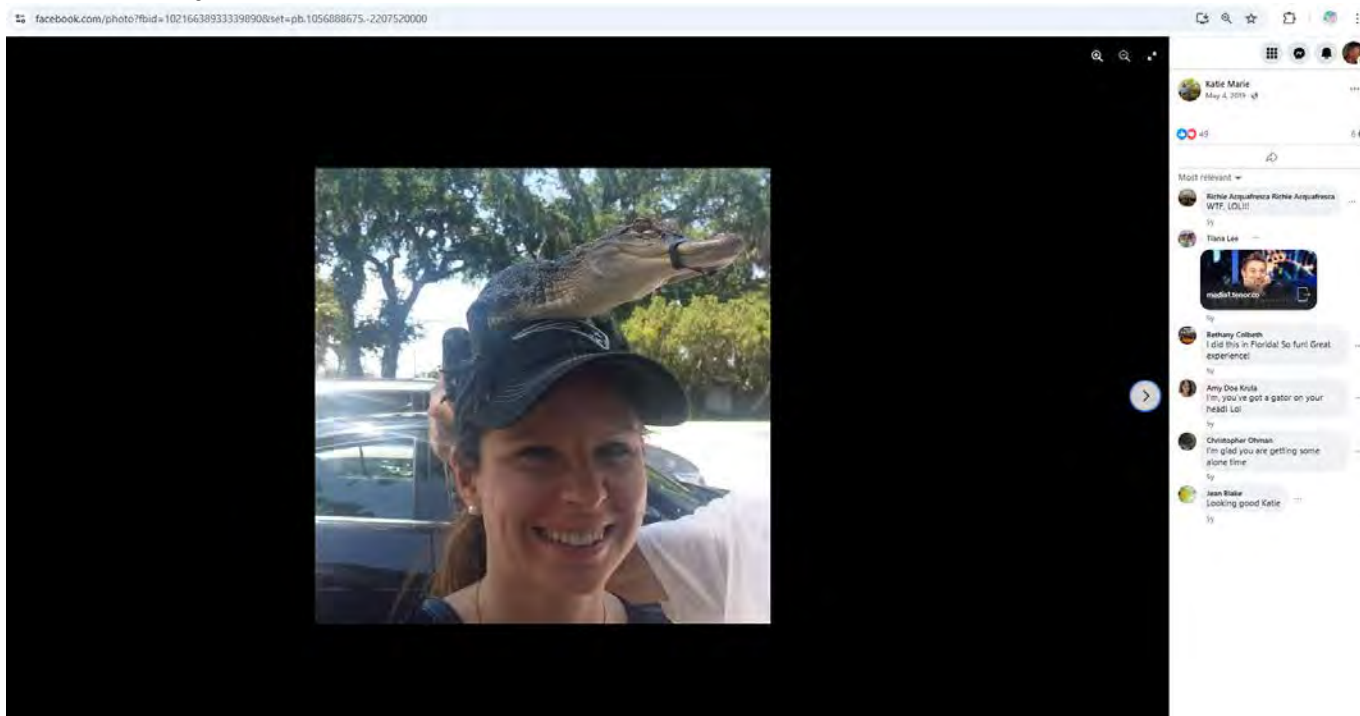
C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10216638933339890&set=pb.1056888675.-2207520000>

Before DOI

Picture of Subject.



B Facebook

B [katie.watson.33821](#)

C Posted: May 25, 2019

B System ID: [563653](#)

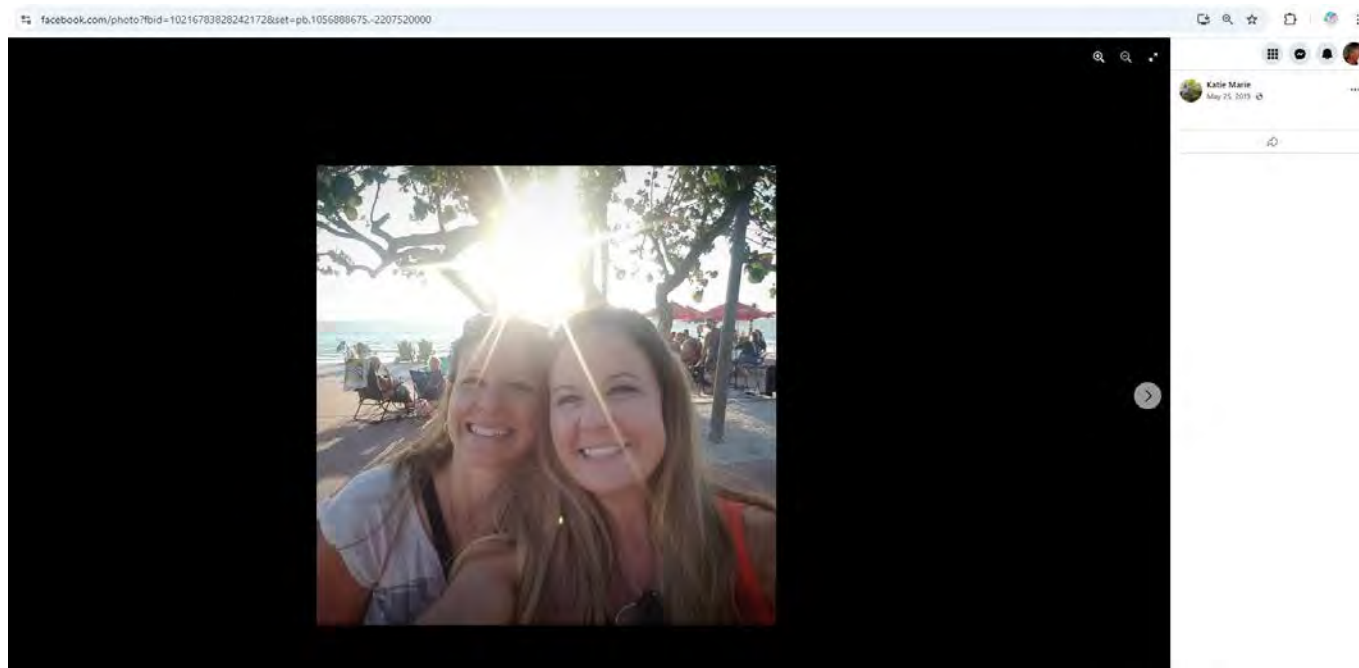
C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10216783828242172&set=pb.1056888675.-2207520000>

Before DOI

Picture of Subject. Subject is on the left.



B Facebook

B [katie.watson.33821](#)

B System ID: [563654](#)

f [Kathryn M Watson MSN RN](#)

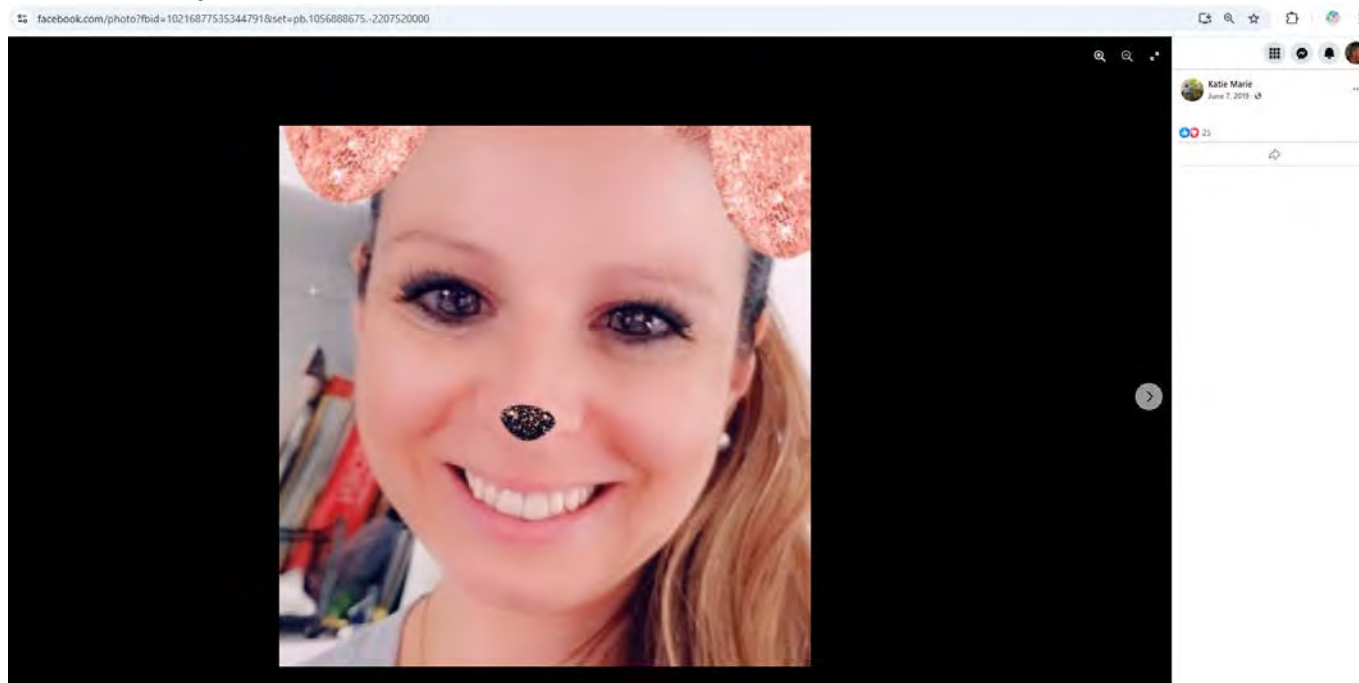
j <https://www.facebook.com/photo?fbid=10216877535344791&set=pb.1056888675.-2207520000>

Before DOI

Picture of Subject.

C Posted: Jun 07, 2019

C Captured: Mar 27, 2025



B Facebook

B [katie.watson.33821](#)

B System ID: [563656](#)

f [Kathryn M Watson MSN RN](#)

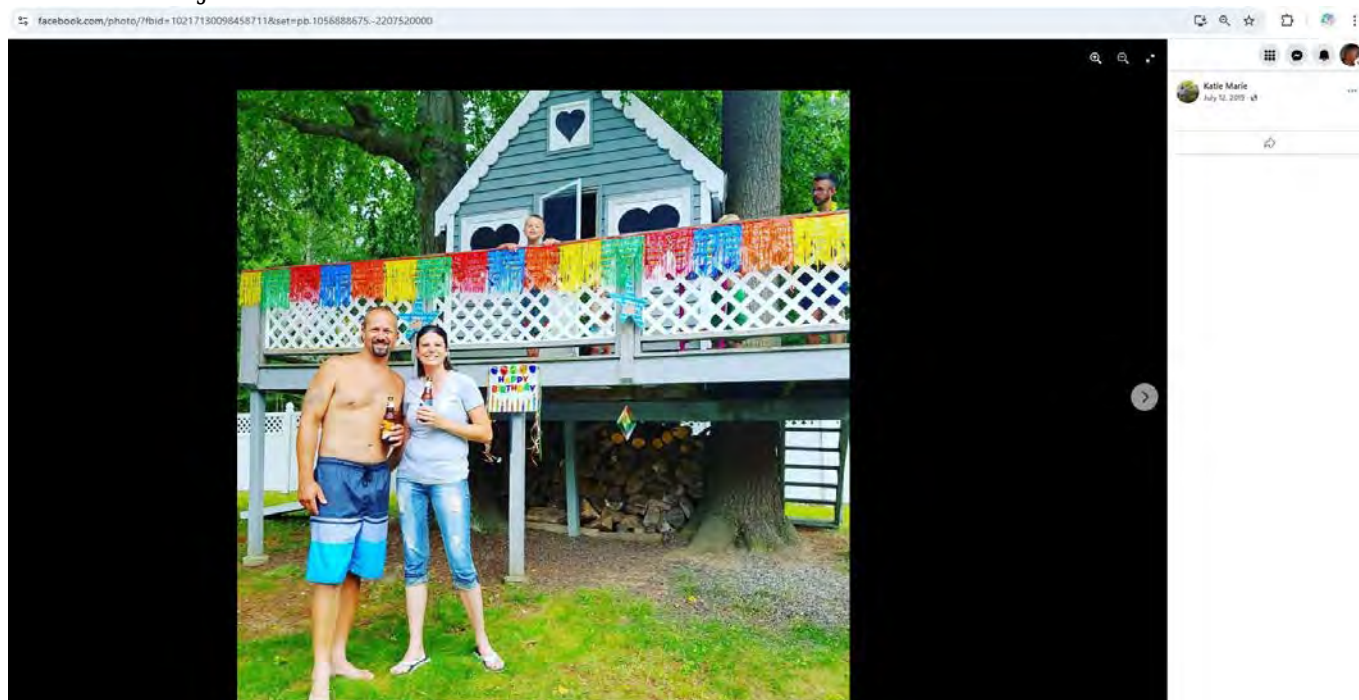
C Posted: Jul 12, 2019

C Captured: Mar 27, 2025

j <https://www.facebook.com/photo/?fbid=10217130098458711&set=pb.1056888675.-2207520000>

Before DOI

Picture of Subject.



B Facebook

B [katie.watson.33821](#)

C Posted: May 06, 2020

B System ID: [563659](#)

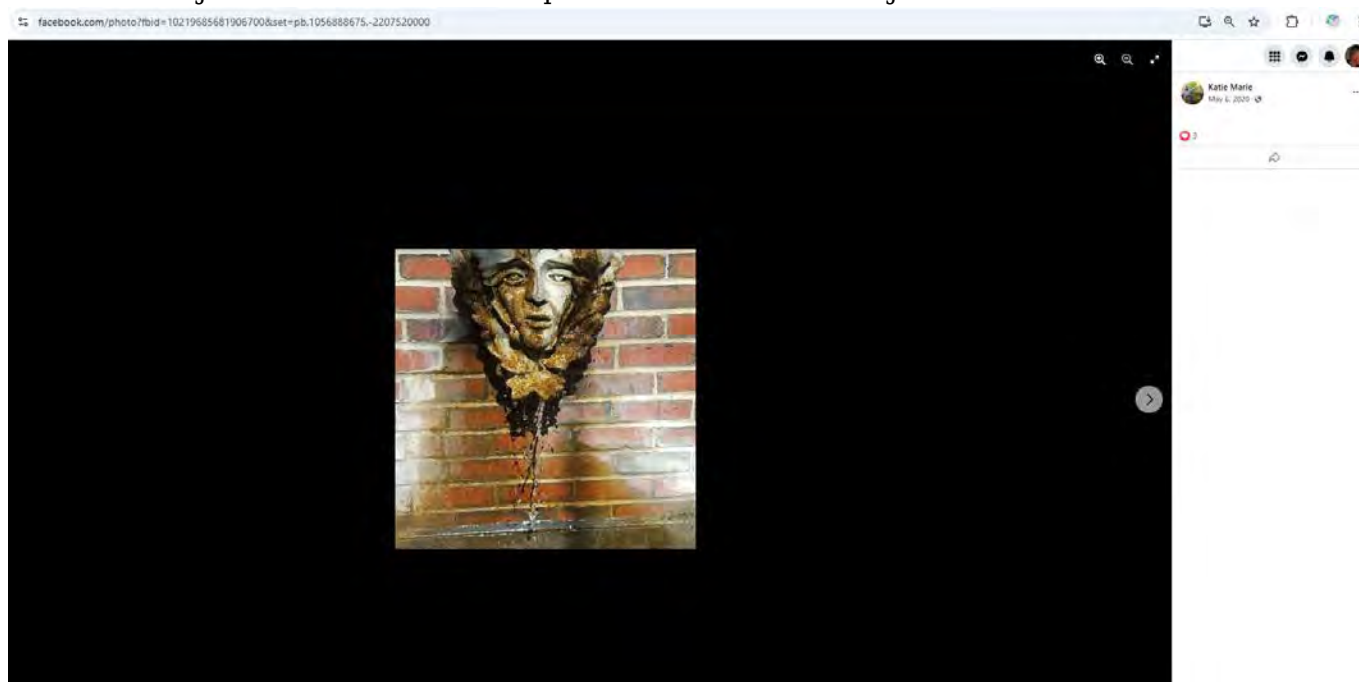
C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo/?fbid=10219685681906700&set=pb.1056888675.-2207520000>

Before DOI

Post from Subject included to show the public content on the Subject's Facebook timeline.



B Facebook

B [katie.watson.33821](#)

C Posted: Feb 13, 2021

B System ID: [563661](#)

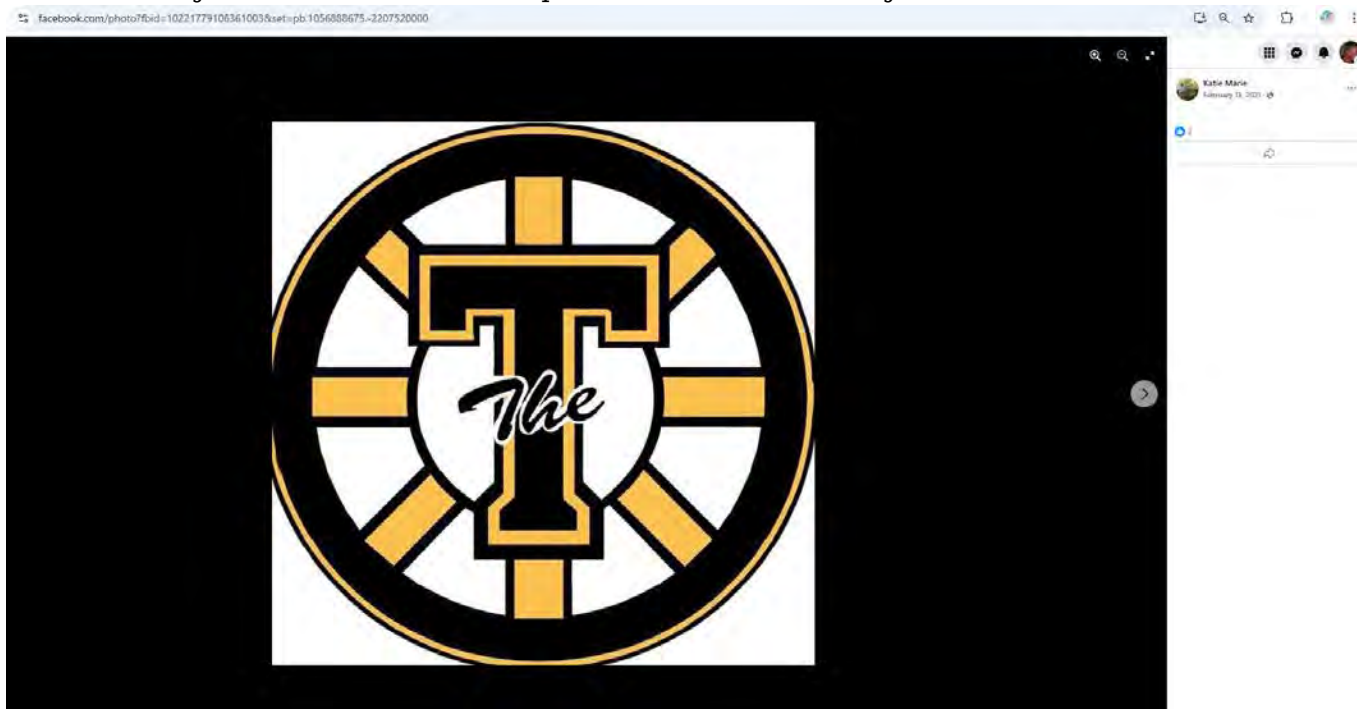
C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10221779106361003&set=pb.1056888675.-2207520000>

Before DOI

Post from Subject included to show the public content on the Subject's Facebook timeline.



B Facebook

B [katie.watson.33821](#)

C Posted: May 06, 2021

B System ID: [563663](#)

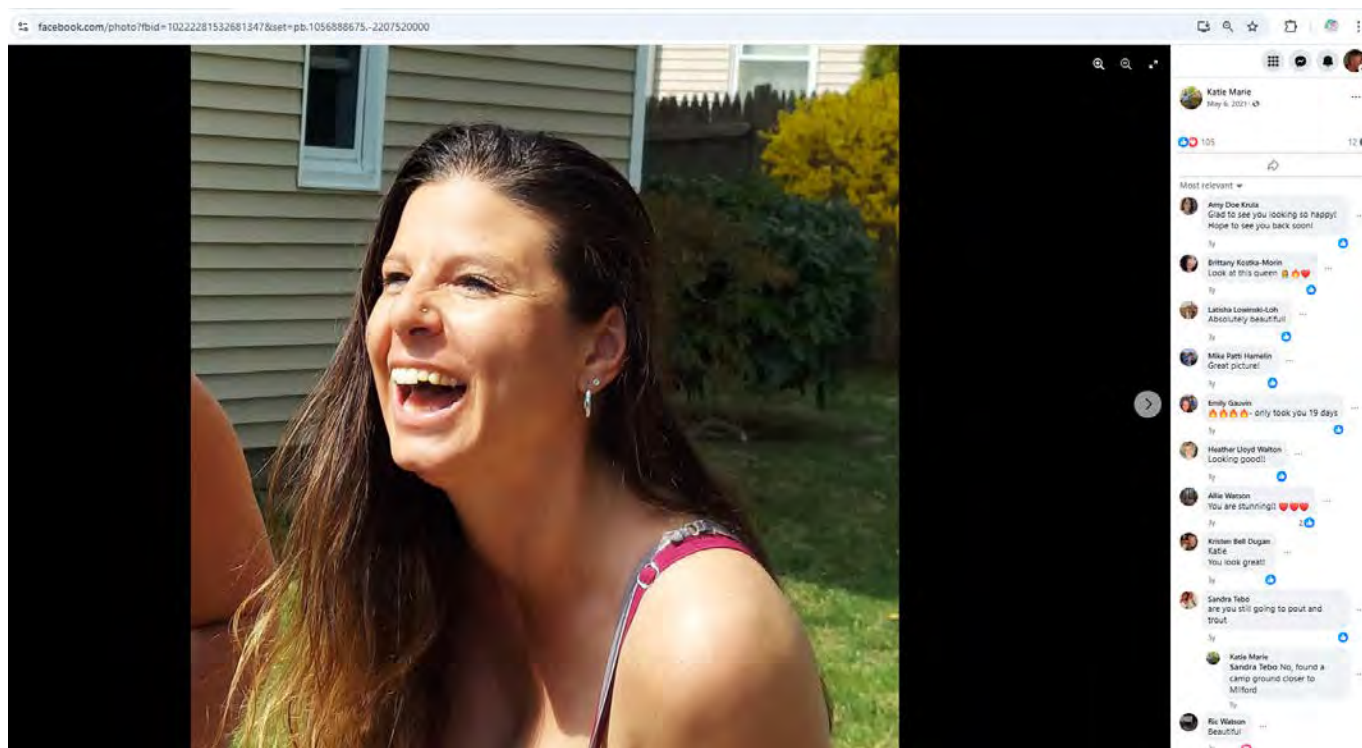
C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10222281532681347&set=pb.1056888675.-2207520000>

Before DOI

Picture of Subject.



B Facebook

B [katie.watson.33821](#)

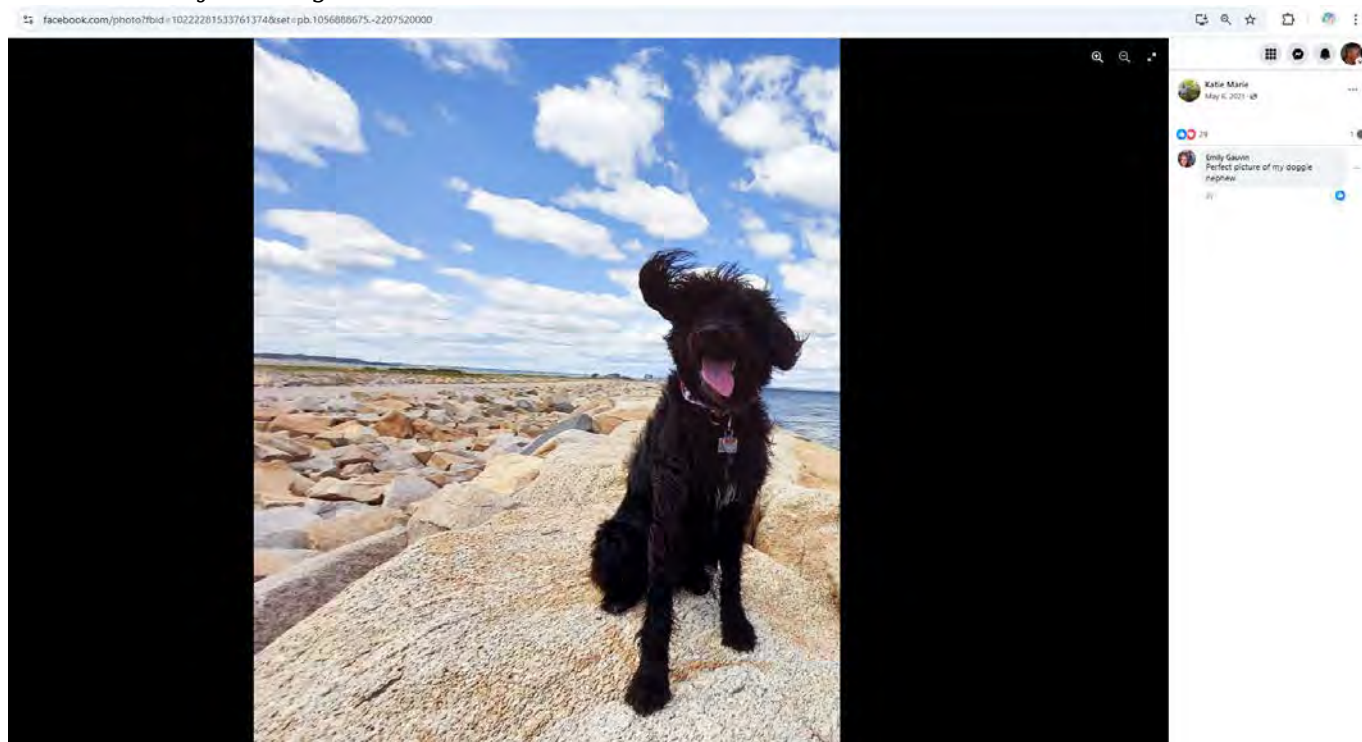
B System ID: [563665](#)

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10222281533761374&set=pb.1056888675.-2207520000>

Before DOI

Picture of Subject's dog.



B Facebook

B [katie.watson.33821](#)

C Posted: Jun 10, 2021

B System ID: [563667](#)

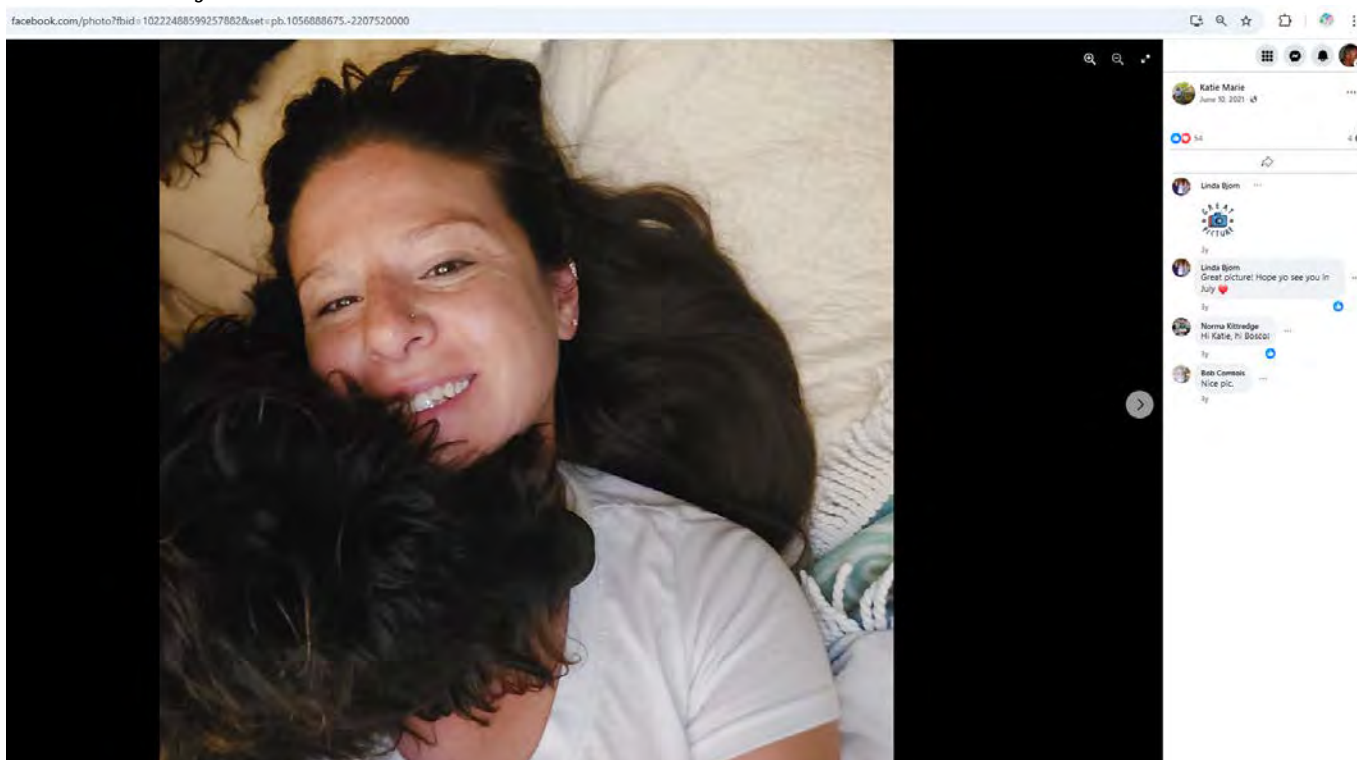
C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10222488599257882&set=pb.1056888675.-2207520000>

Before DOI

Picture of Subject.



B Facebook

B [katie.watson.33821](#)

C Posted: Jan 06, 2022

B System ID: [563670](#)

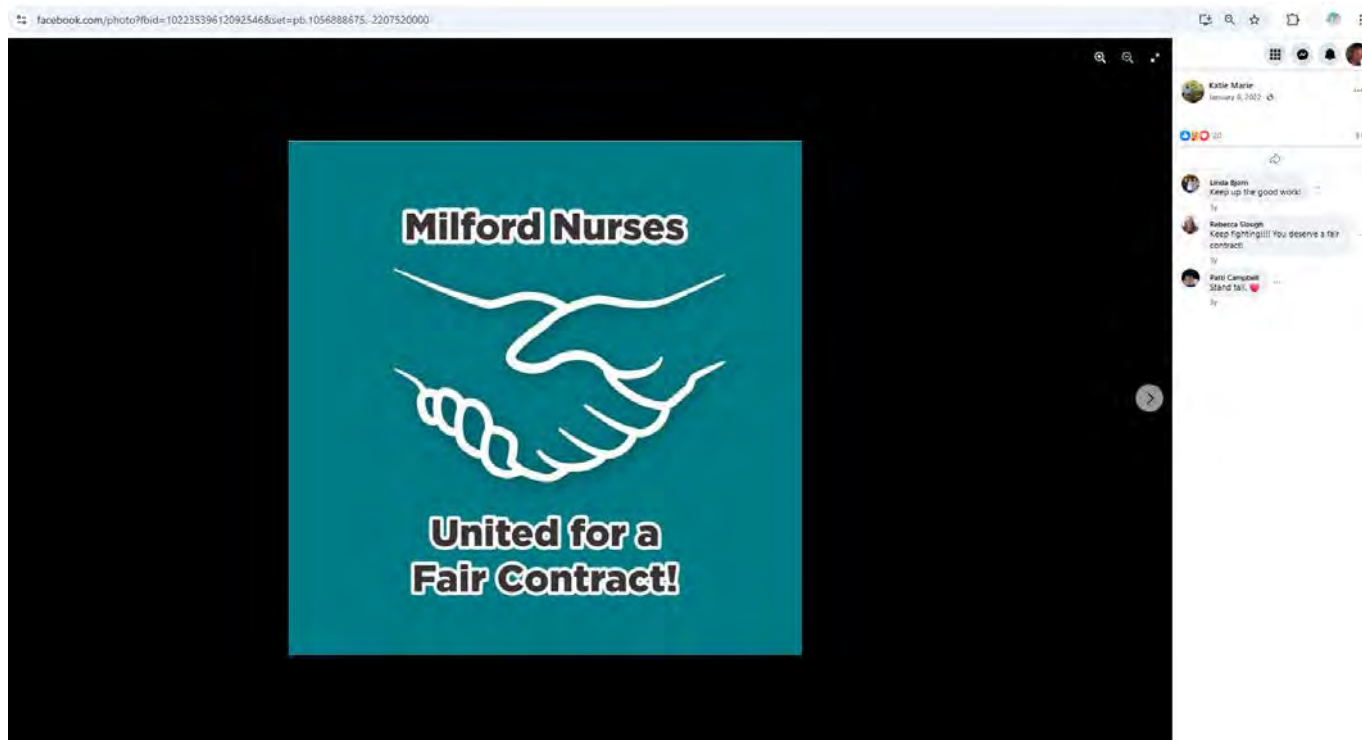
C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10223539612092546&set=pb.1056888675.-2207520000>

Before DOI

Post from Subject included to show the public content on the Subject's Facebook timeline.



B Facebook

B [katie.watson.33821](#)

C Posted: Oct 27, 2022

B System ID: [563672](#)

C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10224981693383677&set=pb.1056888675.-2207520000>

After DOI

Post from Subject included to show the public content on the Subject's Facebook timeline.



B Facebook

B [katie.watson.33821](#)

B System ID: [563555](#)

f [Kathryn M Watson MSN RN](#)

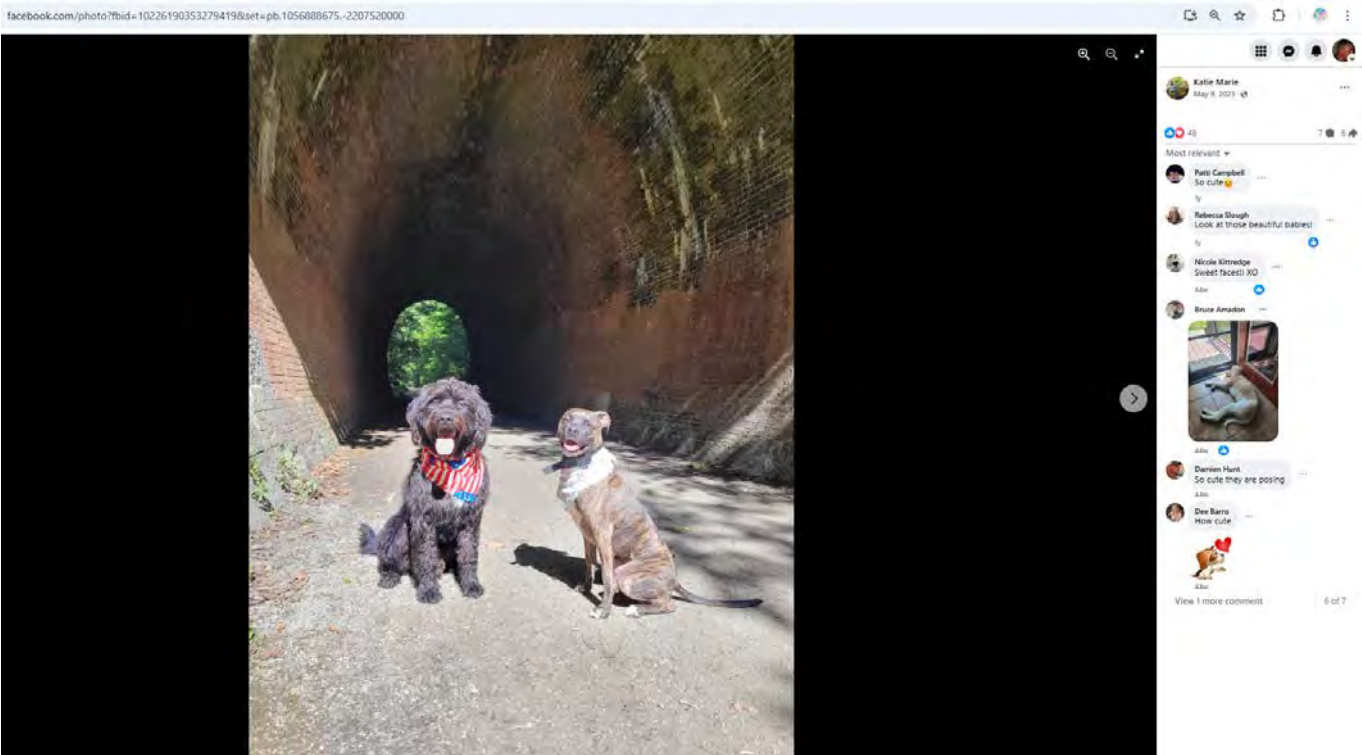
j <https://www.facebook.com/photo?fbid=10226190353279419&set=pb.1056888675.-2207520000>

C Posted: May 09, 2023

C Captured: Mar 27, 2025

After DOI

Pictures of Subject's dogs.



B Facebook

B [61552231682394](#)

B System ID: [563725](#)

f [Kathryn M Watson MSN RN](#)

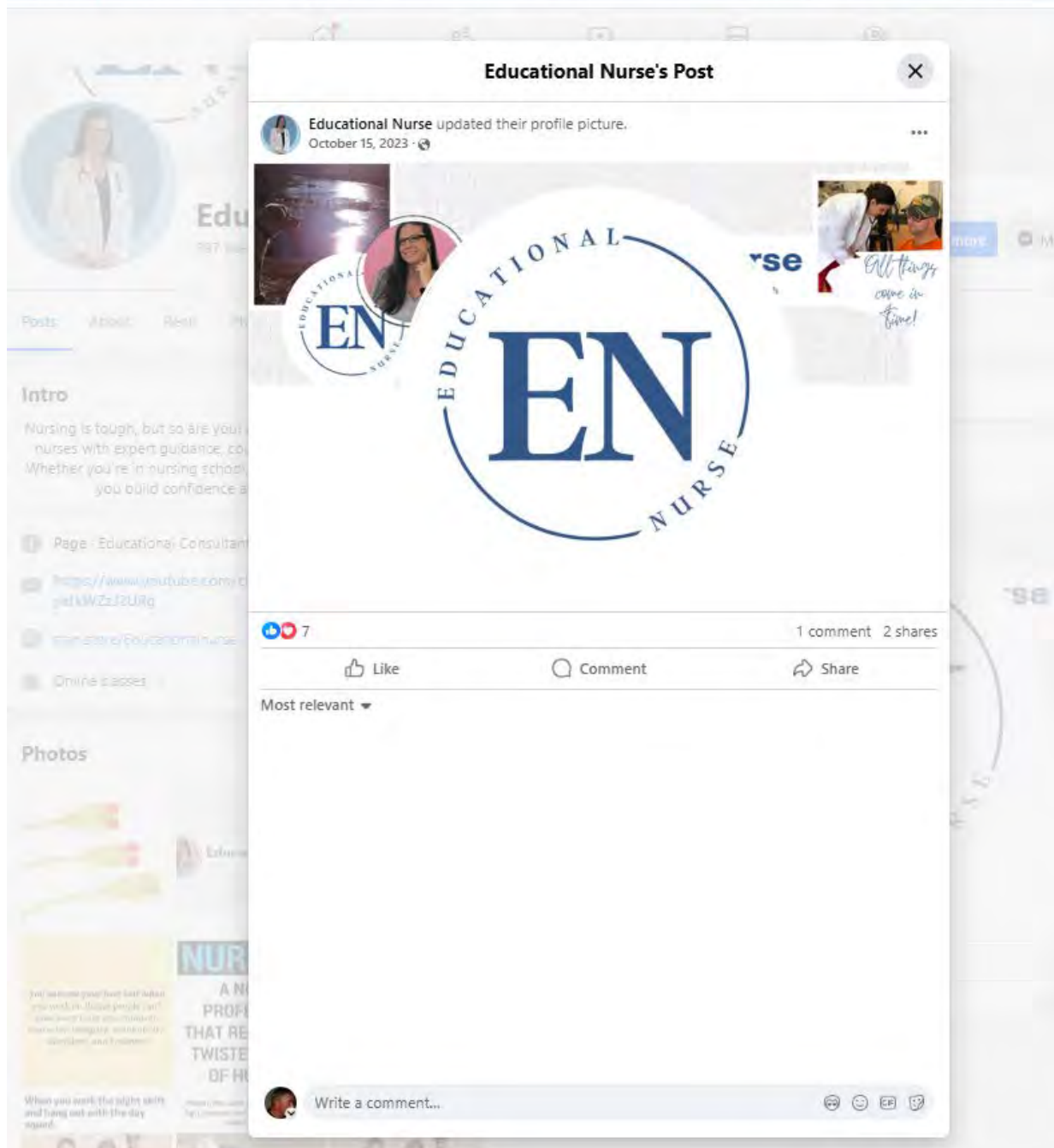
j https://www.facebook.com/permalink.php?story_fbid=122101512566074389&id=61552231682394&substory_index=848925386789494

C Posted: Oct 15, 2023

C Captured: Mar 28, 2025

After DOI

Educational Nurse Logo.



B Facebook

B 61552231682394

B System ID: 563728

f Kathryn M Watson MSN RN

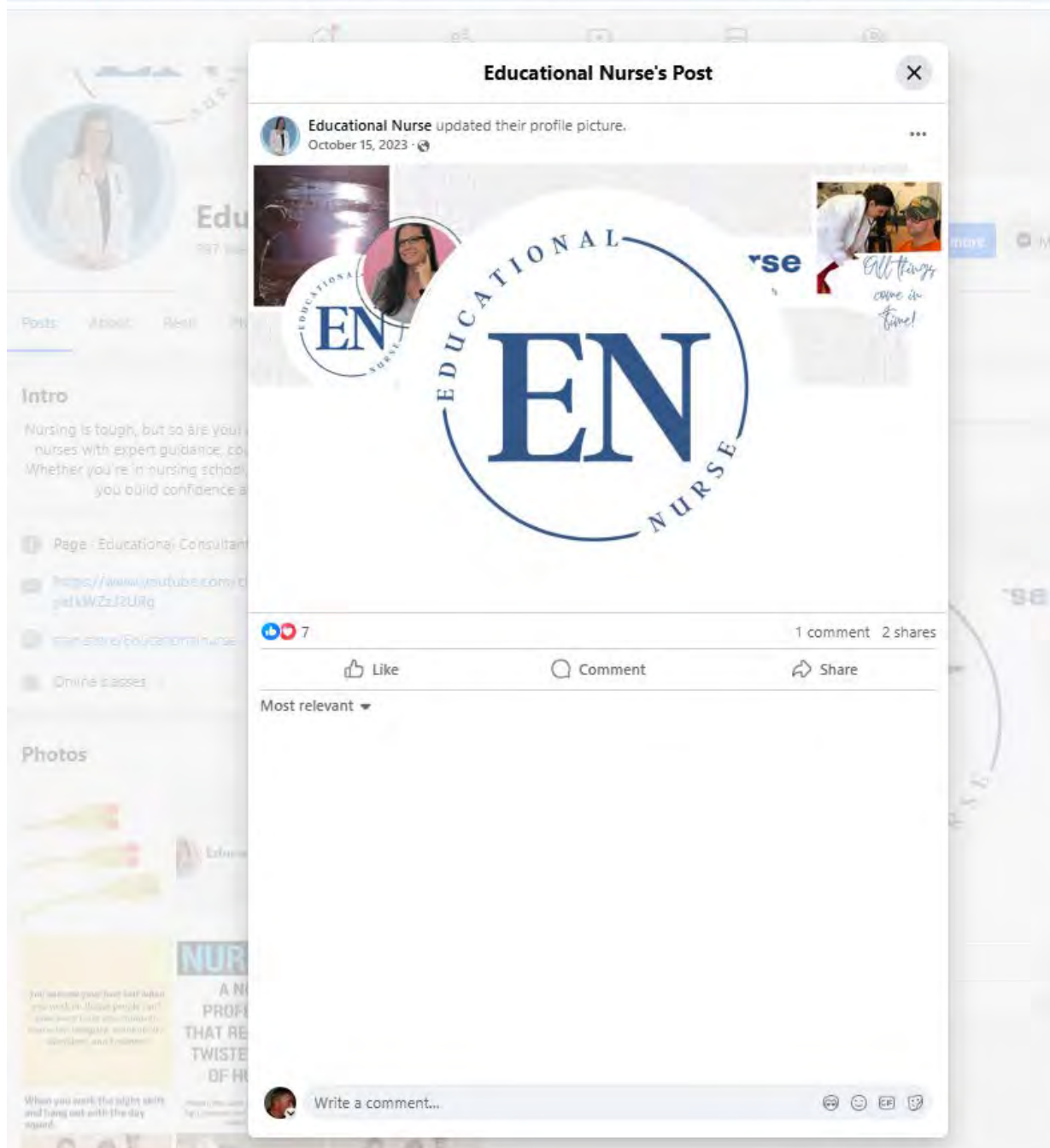
j https://www.facebook.com/permalink.php?story_fbid=pfbid02YPCAznSrcrDY2tksk7JzhOpRV8dK29dfAYAttnEQ2owiRua3MwOjeWviSHrdWUXAI&id=61552231682394

C Posted: Nov 04, 2023

C Captured: Mar 28, 2025

After DOI

Mindfulness and mental resilience are critical for nurses to maintain their well-being and provide high-quality care. Educational Nurse incorporates these principles into our courses and coaching services, helping nurses cultivate the inner strength and balance needed for success.



B Facebook

B 61552231682394

B System ID: 563731

f Kathryn M.Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02gVZXjuj3BXqEogYAP91VBatCaoeFRpRWnaae1QtBgtXkUJL6ChH5TcRLX92Azt8&id=61552231682394

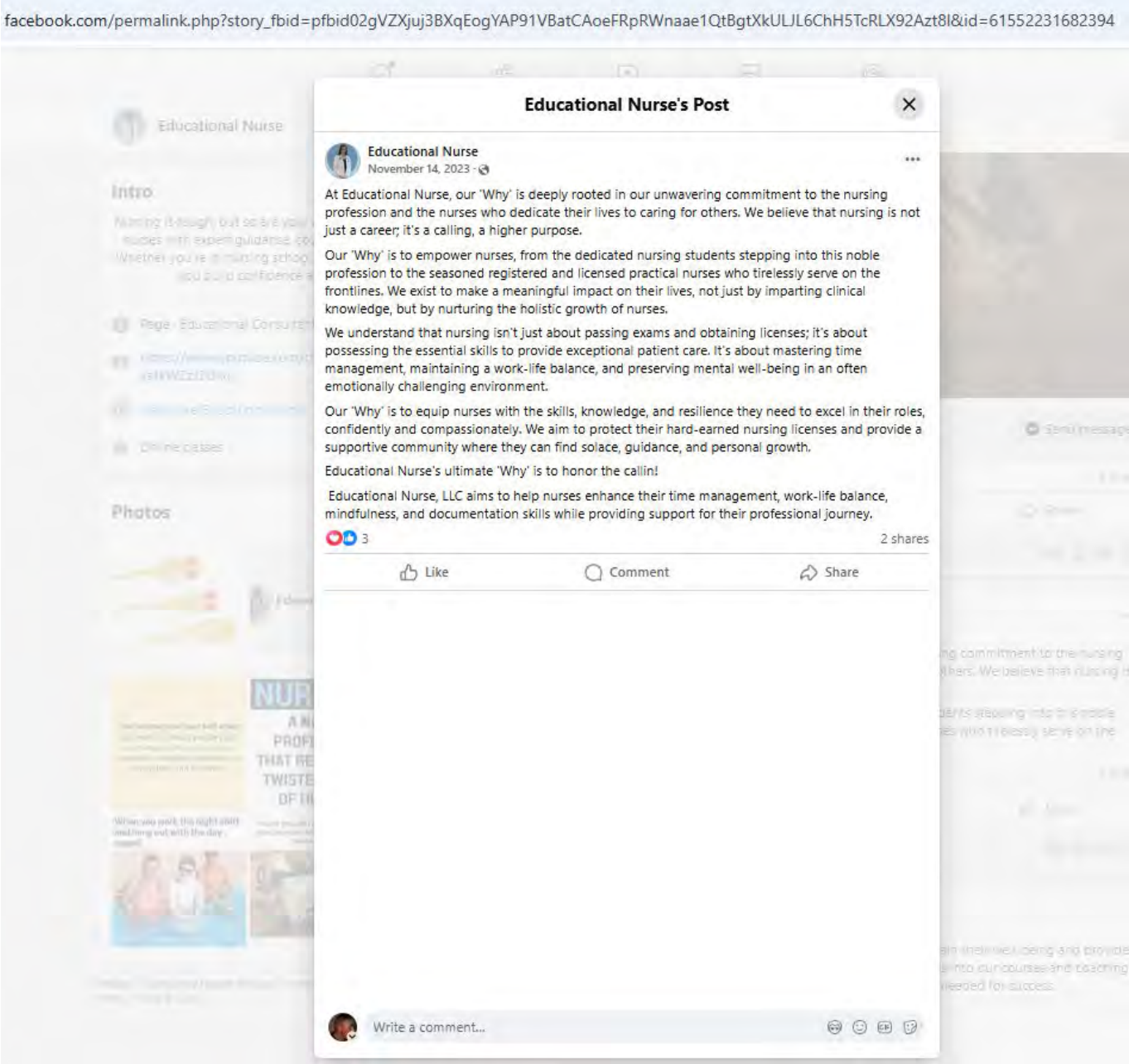
C Posted: Nov 14, 2023

C Captured: Mar 28, 2025

After DOI

At Educational Nurse, our 'Why' is deeply rooted in our unwavering commitment to the nursing profession and the nurses who dedicate their lives to caring for others. We believe that nursing is not just a career; it's a calling, a higher purpose. Our 'Why' is to empower nurses, from the dedicated nursing students stepping into this noble profession to the seasoned registered and licensed practical nurses who tirelessly serve on the frontlines. We exist to make a meaningful impact on their lives, not just by imparting clinical knowledge, but by nurturing the holistic growth of nurses. We understand that nursing isn't just about passing exams and obtaining licenses; it's about possessing the essential skills to provide exceptional patient care. It's about mastering time

management, maintaining a work-life balance, and preserving mental well-being in an often emotionally challenging environment. Our 'Why' is to equip nurses with the skills, knowledge, and resilience they need to excel in their roles, confidently and compassionately. We aim to protect their hard-earned nursing licenses and provide a supportive community where they can find solace, guidance, and personal growth. Educational Nurse's ultimate 'Why' is to honor the callin! Educational Nurse, LLC aims to help nurses enhance their time management, work-life balance, mindfulness, and documentation skills while providing support for their professional journey.



B Facebook

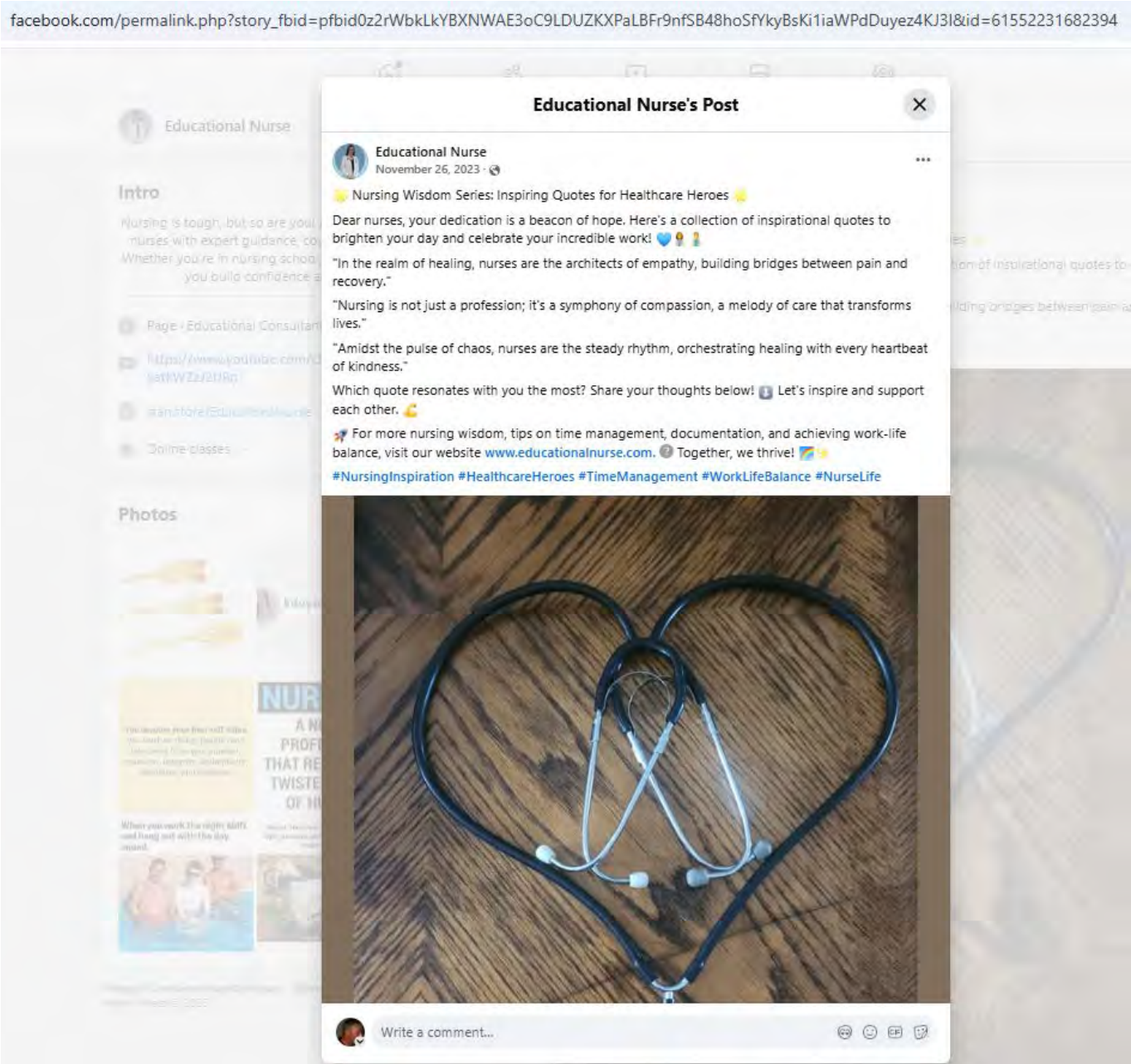
B 61552231682394
B System ID: 563732
f Kathryn M Watson MSN RN
j https://www.facebook.com/permalink.php?story_fbid=pfbid0z2rWbKlYBXNWAEE3oC9LDUZKXPaLBFr9nfSB48hoSfYkyBsKi1iaWPdDuyez4KJ3l&id=61552231682394

C Posted: Nov 26, 2023
C Captured: Mar 28, 2025

After DOI

□ Nursing Wisdom Series: Inspiring Quotes for Healthcare Heroes □ Dear nurses, your dedication is a beacon of hope. Here's a collection of inspirational quotes to brighten your day and celebrate your incredible work! □□□□ "In the realm of healing, nurses are the architects of empathy, building bridges between pain and recovery." "Nursing is not just a profession; it's a symphony of

compassion, a melody of care that transforms lives." "Amidst the pulse of chaos, nurses are the steady rhythm, orchestrating healing with every heartbeat of kindness." Which quote resonates with you the most? Share your thoughts below! ↓ Let's inspire and support each other. ☺☺ For more nursing wisdom, tips on time management, documentation, and achieving work-life balance, visit our website www.educationalnurse.com. Together, we thrive! ☺☺ #NursingInspiration #HealthcareHeroes #TimeManagement #WorkLifeBalance #NurseLife

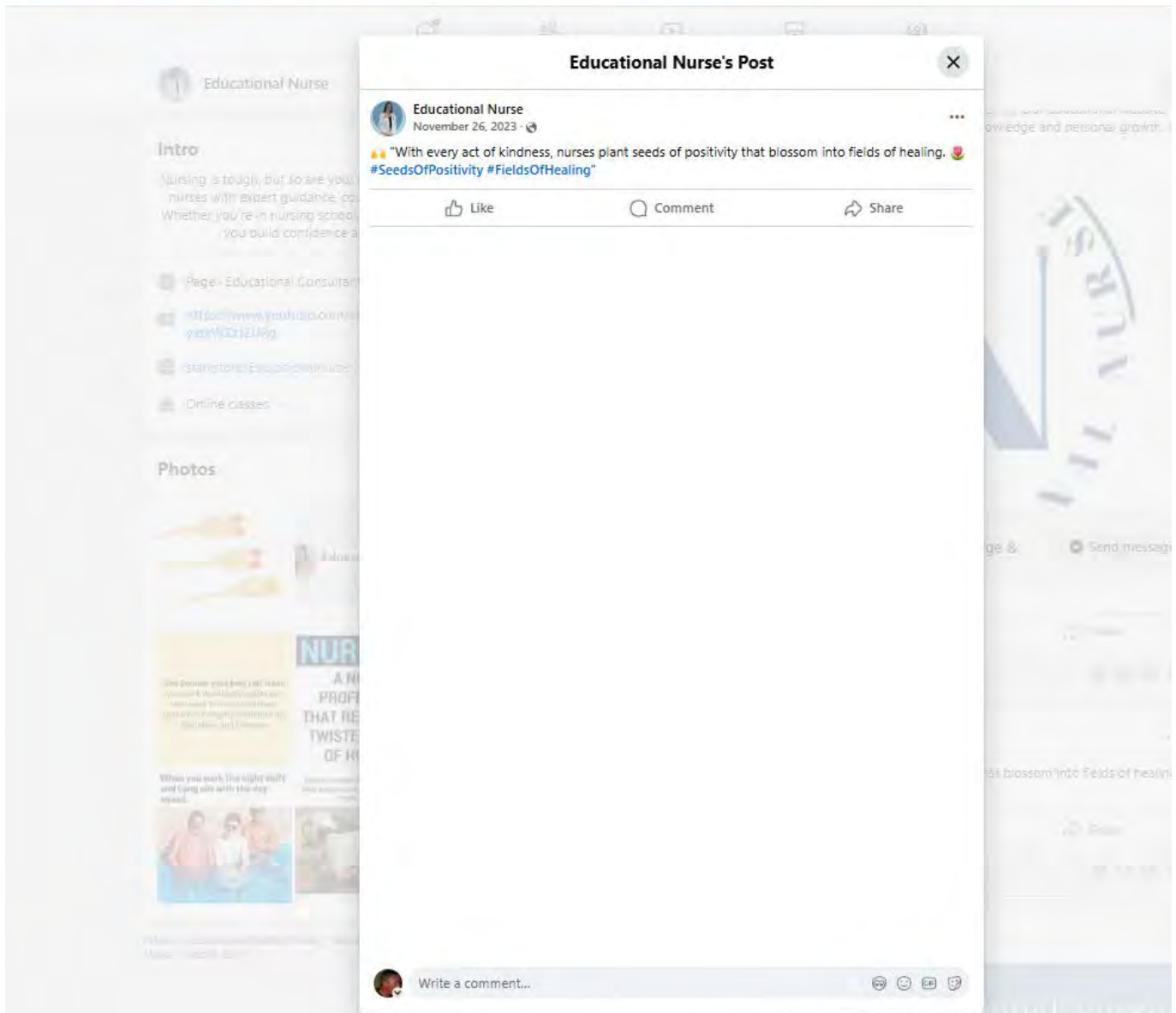


B Facebook

B 61552231682394
B System ID: 563734
f Kathryn M Watson MSN RN
j https://www.facebook.com/permalink.php?story_fbid=pfbid06Qe9gSQuGNP6MGev9bozJAxnqfyvQMowxp16Zb6oX7aKkeBCT9e86zghqjPdJPqtI&id=61552231682394
C Posted: Nov 26, 2023
C Captured: Mar 28, 2025

After DOI

☺ "With every act of kindness, nurses plant seeds of positivity that blossom into fields of healing. ☺
#SeedsOfPositivity #FieldsOfHealing"



B Facebook

B 61552231682394

B System ID: 563735

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0Mdh25AYLWegVbLuYRKBBamsR7zmmmmP1yj133KAup6Tj1dVoQeGXSE7PBvSrgi28I&id=61552231682394

C Posted: Nov 26, 2023

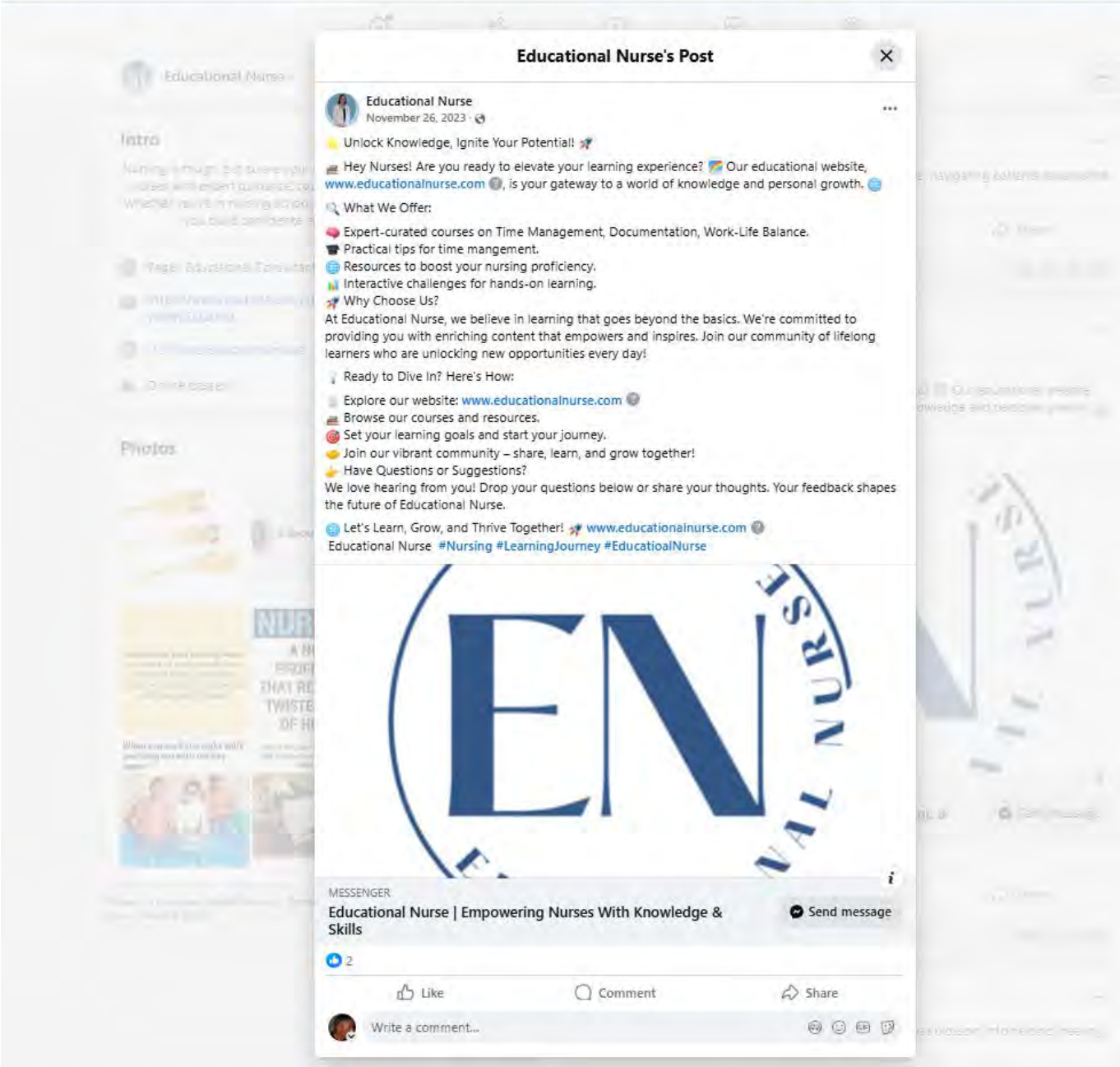
C Captured: Mar 28, 2025

After DOI

□ Unlock Knowledge, Ignite Your Potential! □ Hey Nurses! Are you ready to elevate your learning experience? □ Our educational website, www.educationalnurse.com, is your gateway to a world of knowledge and personal growth. □ What We Offer: □ Expert-curated courses on Time Management, Documentation, Work-Life Balance. □ Practical tips for time management. □ Resources to boost your nursing proficiency. □ Interactive challenges for hands-on learning. □ Why Choose Us? At Educational Nurse, we believe in learning that goes beyond the basics. We're committed to providing you with enriching content that empowers and inspires. Join our community of lifelong learners who are unlocking new opportunities every day! □ Ready to Dive In? Here's How: □ Explore our website: www.educationalnurse.com □ Browse our courses and resources. □ Set your learning goals and start your journey. □ Join our vibrant community – share, learn, and grow together! □ Have Questions or Suggestions? We love hearing from you! Drop your questions below or share your thoughts. Your feedback shapes the future of Educational Nurse. □ Let's Learn, Grow, and Thrive

Together! www.educationalnurse.com Educational Nurse #Nursing #LearningJourney #EducationalNurse

facebook.com/permalink.php?story_fbid=pfbid0MdH25AYLWegVbLuYRKBBAmSR7zmmmmP1yj133KAup6Tj1dVoQeGXSE7PBvSrgi28l&id=61552231682394

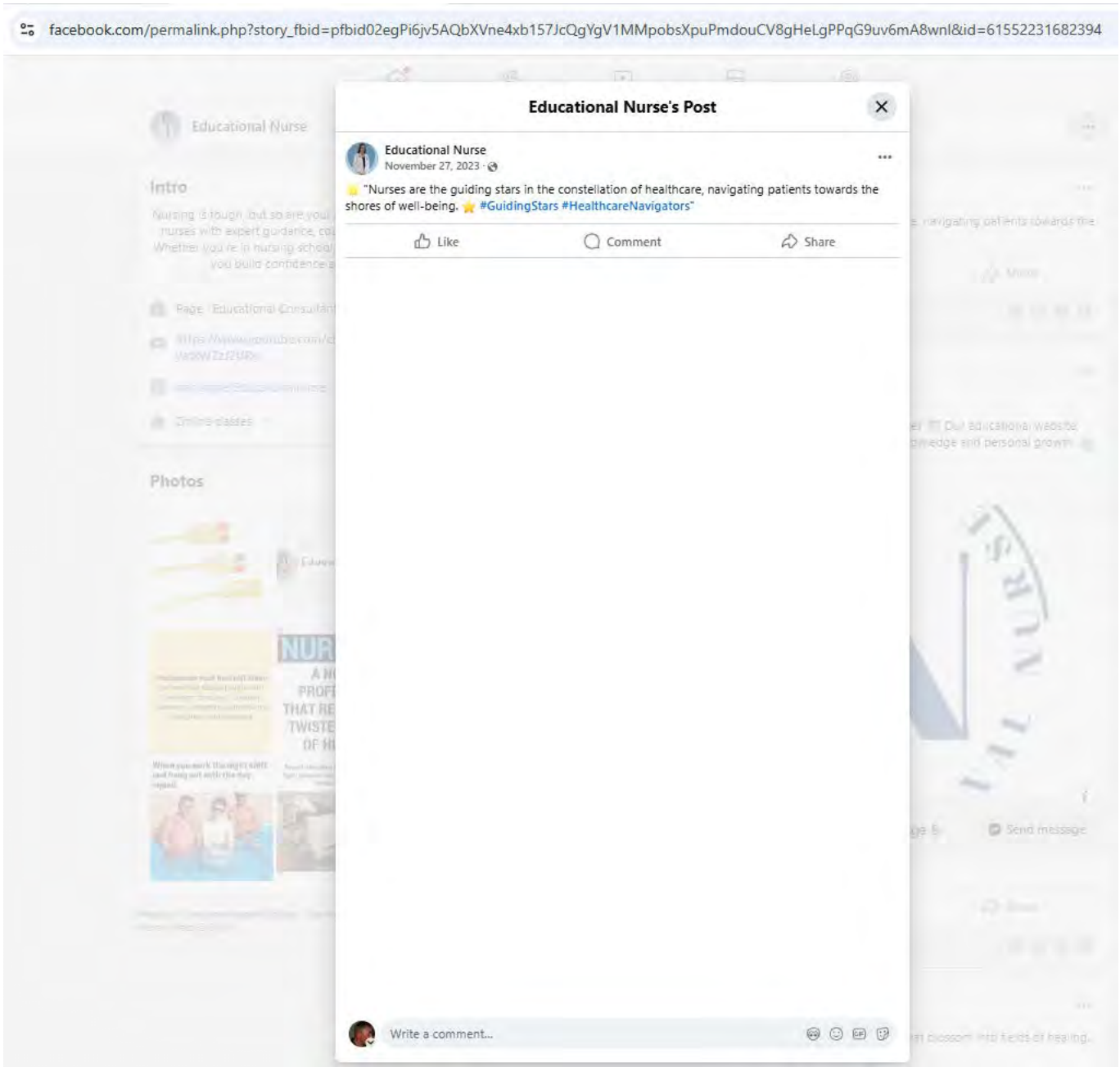


B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid0MdH25AYLWegVbLuYRKBBAmSR7zmmmmP1yj133KAup6Tj1dVoQeGXSE7PBvSrgi28l&id=61552231682394) C Posted: Nov 27, 2023
B System ID: 563736 C Captured: Mar 28, 2025
f Kathryn M Watson MSN RN
j https://www.facebook.com/permalink.php?story_fbid=pfbid02egPi6jv5AOBxVne4xb157JcQgYgV1MMpobsXpuPmdouCV8gHeLgPPqG9uv6mA8wnl&id=61552231682394

After DOI

"Nurses are the guiding stars in the constellation of healthcare, navigating patients towards the shores of well-being. #GuidingStars #HealthcareNavigators"



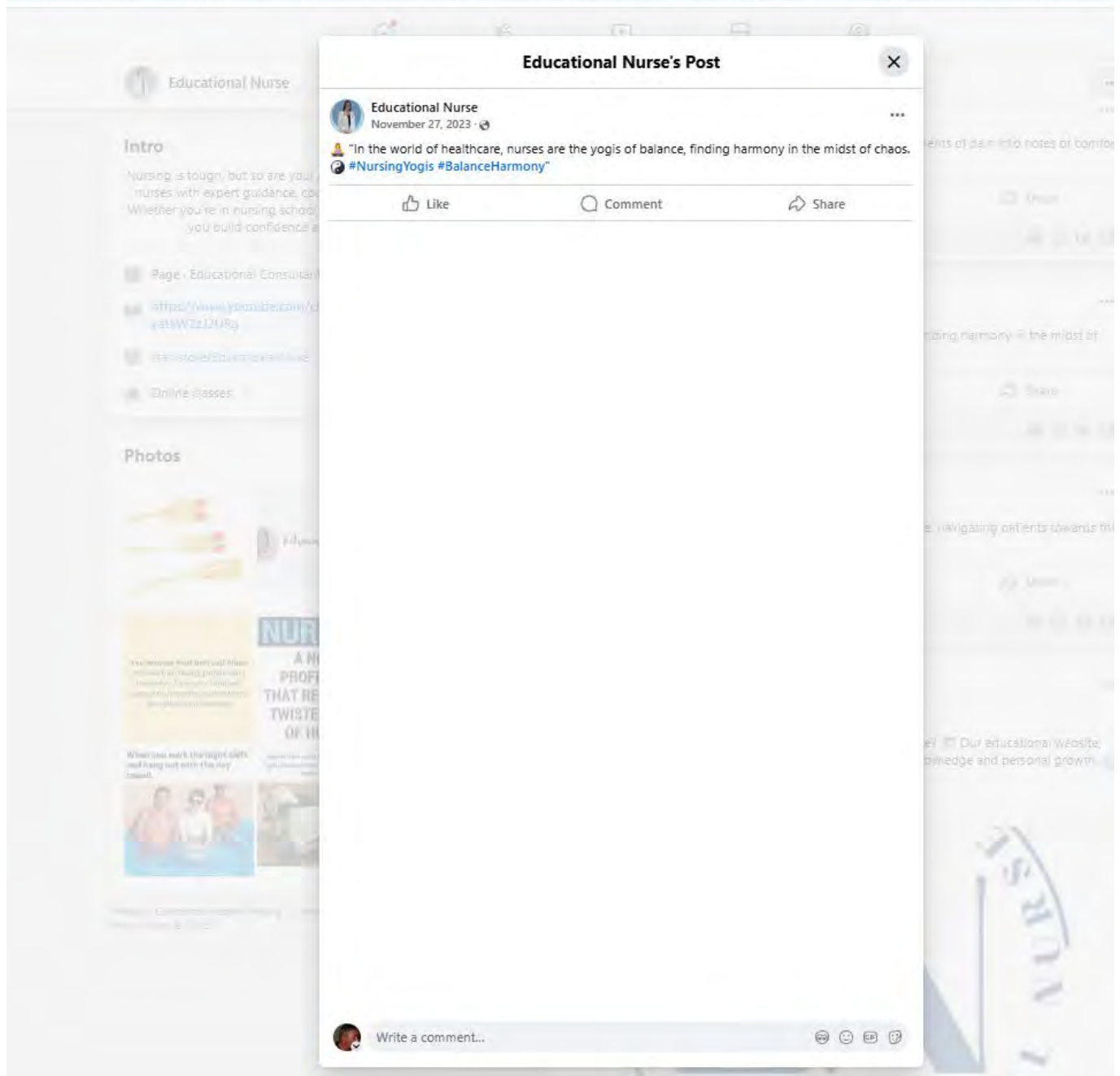
B Facebook

B [61552231682394](#)
B System ID: [563737](#)
f [Kathryn M Watson MSN RN](#)
j https://www.facebook.com/permalink.php?story_fbid=pfbid0noxnX5m5HtV7mDhuw8c7N7CcYJW33u4DvBmsBtz1GYUmvkuhf1T7k9Dc3PzwsuSI&id=61552231682394

C Posted: Nov 27, 2023
C Captured: Mar 28, 2025

After DOI

☐ "In the world of healthcare, nurses are the yogis of balance, finding harmony in the midst of chaos. ☐ #NursingYogis #BalanceHarmony"



B Facebook

B [katie.watson.33821](#)

B System ID: 563738

f [Kathryn M Watson MSN RN](#)

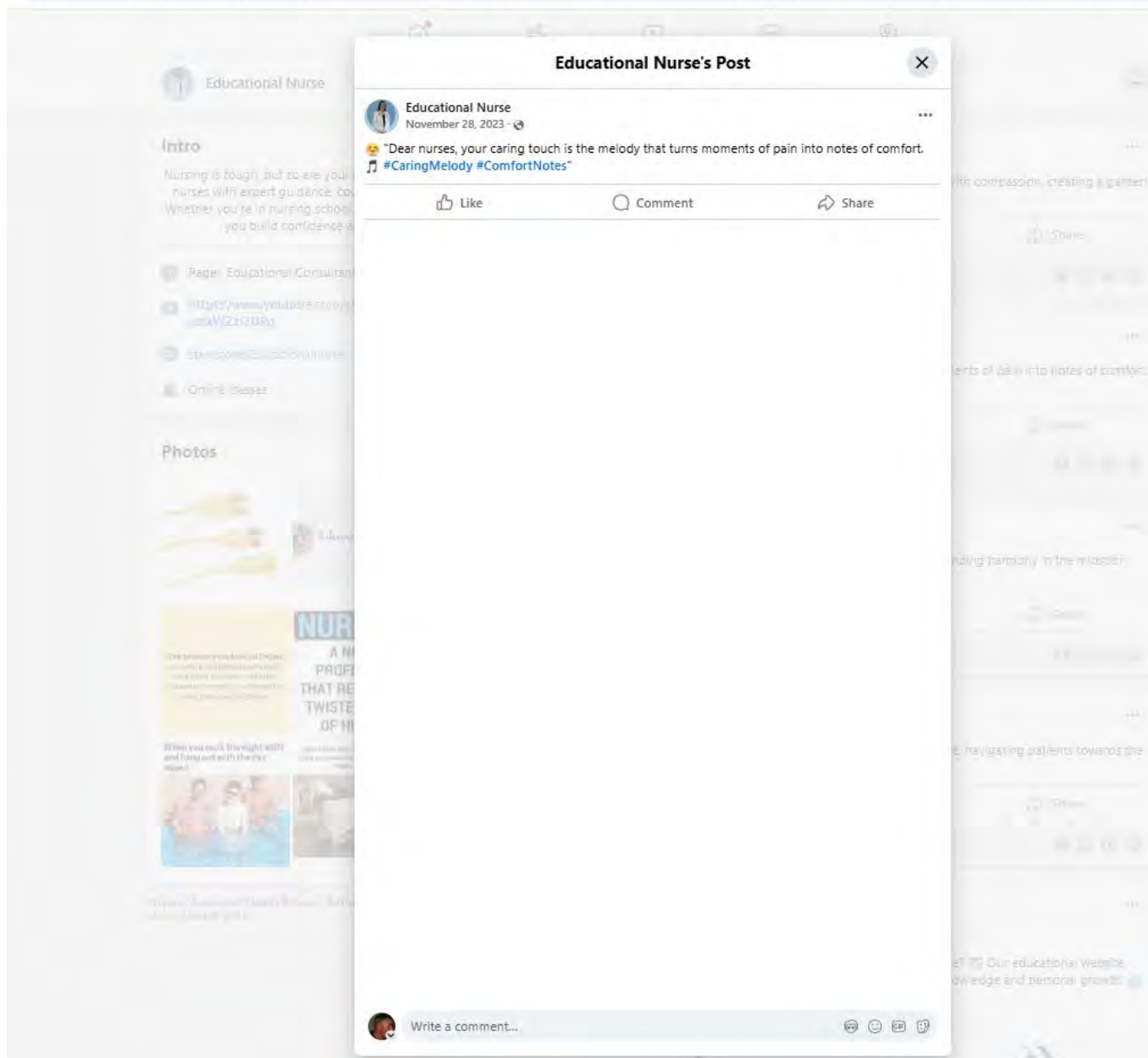
j https://www.facebook.com/permalink.php?story_fbid=pfbid07JWtWhurExPuxyTfrXMBg11J57VzMM4ohWJUtpBB9OqMGv7GKIXWxkOMgiAZvkZI&id=61552231682394

After DOI

□ "Dear nurses, your caring touch is the melody that turns moments of pain into notes of comfort. □
#CaringMelody #ComfortNotes"

C Posted: Nov 28, 2023

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 563740

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02PdoY4BwheXUUDNfG7XiHrcwsCqaRb69UXhs9yLr8SvZm1WdGukRh7sHSwsxNXY5SI&id=61552231682394

C

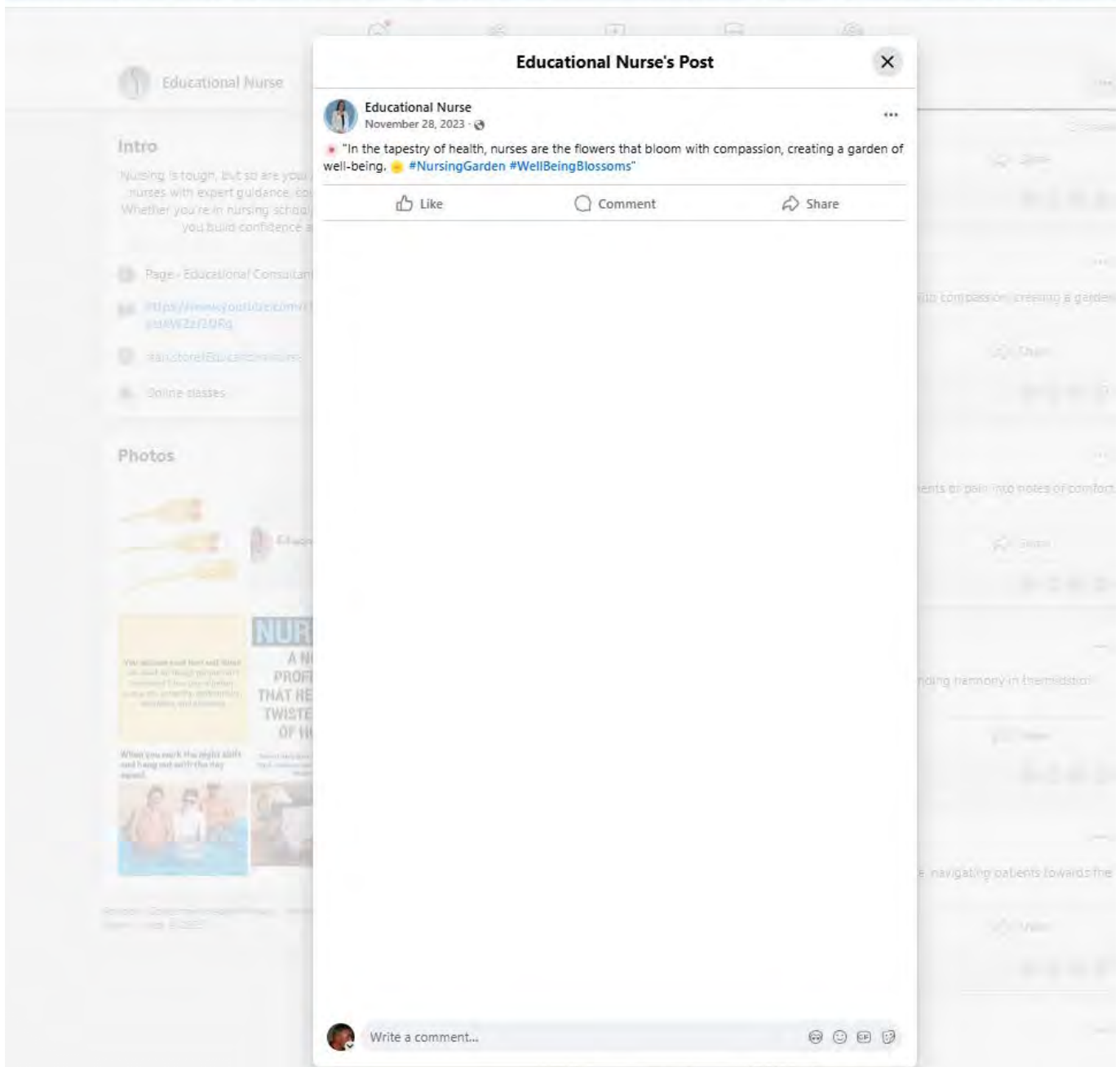
Posted: Nov 28, 2023

C

Captured: Mar 28, 2025

After DOI

□ "In the tapestry of health, nurses are the flowers that bloom with compassion, creating a garden of well-being. □ #NursingGarden #WellBeingBlossoms"



B Facebook

B 61552231682394

B System ID: 563741

f Kathryn M Watson MSN RN

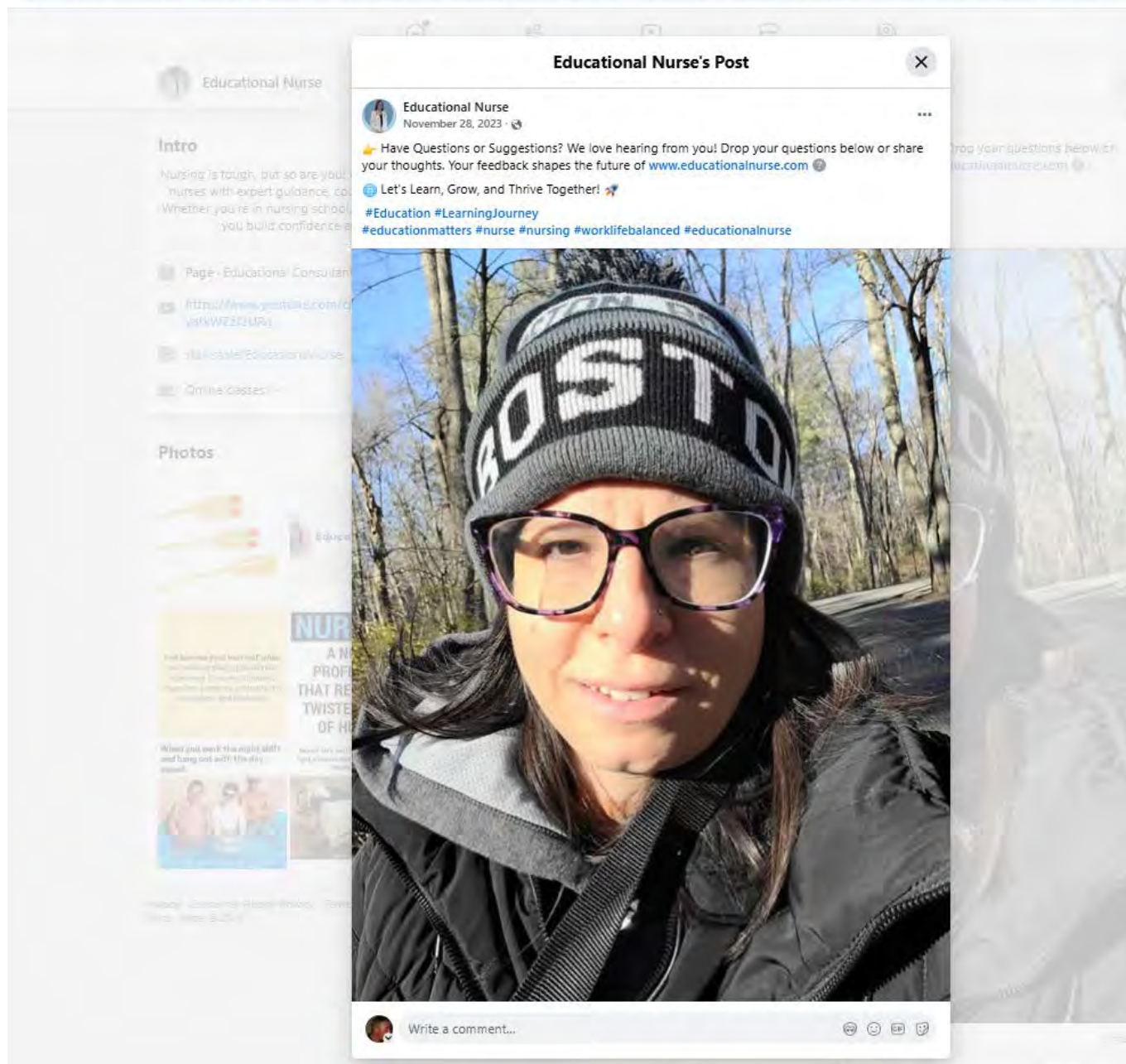
j https://www.facebook.com/permalink.php?story_fbid=pfbid0rq8Gon7uN4aDgpxXZk94yFqa5v1rW8Zhcvgmefi9uziK8zWqX4of7SFnggzcsjFOI&id=61552231682394

C Posted: Nov 28, 2023

C Captured: Mar 28, 2025

After DOI

□ Have Questions or Suggestions? We love hearing from you! Drop your questions below or share your thoughts. Your feedback shapes the future of www.educationalnurse.com □ Let's Learn, Grow, and Thrive Together! □ #Education #LearningJourney #educationmatters #nurse #nursing #worklifebalanced #educationalnurse



B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

C Posted: Nov 28, 2023

B System ID: [563742](#)

C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/61552231682394/videos/639757404900238>

After DOI

□□□ Nursing Realities and Aspirations: A Glimpse into the Heart of Healthcare □□□ □ Frustrations: Navigating through staffing shortages, bureaucratic hurdles, and the emotional toll of patient suffering. It's not always an easy road, but we face these challenges with resilience and commitment. □ Desires: Dreaming of a work environment that values and supports us, where recognition, professional growth, and a healthy work-life balance are not just aspirations but realities. We aim for a workplace that nurtures our well-being and appreciates our dedication. □ Dreams: Our dreams extend beyond the bedside — we aspire to contribute to positive changes in

healthcare, inn Dreams: Our dreams extend beyond the bedside — we aspire to contribute to positive changes in healthcare, innovate for better patient outcomes, and lead advancements in our field. Mentoring the next generation and making a global impact are part of our dreams. ☁ Fears: Facing fears head-on — be it the fear of patient harm, lawsuits, or burnout. Yet, we strive to overcome these fears, knowing that each challenge is an opportunity for growth and improvement. In the heart of nursing, there's a tapestry of emotions, experiences, and dreams. It's a journey filled with dedication, compassion, and a commitment to making a difference. Let's acknowledge the realities, nurture our aspirations, and continue to be the compassionate healers our communities need. ☁ #NursingJourney #HeartOfHealthcare #NurseLife #DreamsAndChallenges #educationalnurse #education #worklifebalanced See less

facebook.com/61552231682394/videos/639757404900238



Educational Nurse
November 28, 2023

📌 Nursing Realities and Aspirations: A Glimpse into the Heart of Healthcare 📌

📌 Frustrations:
Navigating through staffing shortages, bureaucratic hurdles, and the emotional toll of patient suffering. It's not always an easy road, but we face these challenges with resilience and commitment.

📌 Desires:
Dreaming of a work environment that values and supports us, where recognition, professional growth, and a healthy work-life balance are not just aspirations but realities. We aim for a workplace that nurtures our well-being and appreciates our dedication. See less

3 67

👍 Like 🗨 Comment ➦ Share

Comments See all

Write a comment...

being and appreciates our dedication.

🌈 Dreams:

Our dreams extend beyond the bedside — we aspire to contribute to positive changes in healthcare, inn Dreams:
Our dreams extend beyond the bedside — we aspire to contribute to positive changes in healthcare, innovate for better patient outcomes, and lead advancements in our field. Mentoring the next generation and making a global impact are part of our dreams.

☁ Fears:

Facing fears head-on — be it the fear of

patient harm, lawsuits, or burnout. Yet, we strive to overcome these fears, knowing that each challenge is an opportunity for growth and improvement.

In the heart of nursing, there's a tapestry of emotions, experiences, and dreams. It's a journey filled with dedication, compassion, and a commitment to making a difference. Let's acknowledge the realities, nurture our aspirations, and continue to be the compassionate healers our communities need. ☁ #NursingJourney #HeartOfHealthcare #NurseLife #DreamsAndChallenges #educationalnurse #education #worklifebalanced

[Link to download video](#)

B Facebook

B 61552231682394C Posted: Nov 29, 2023

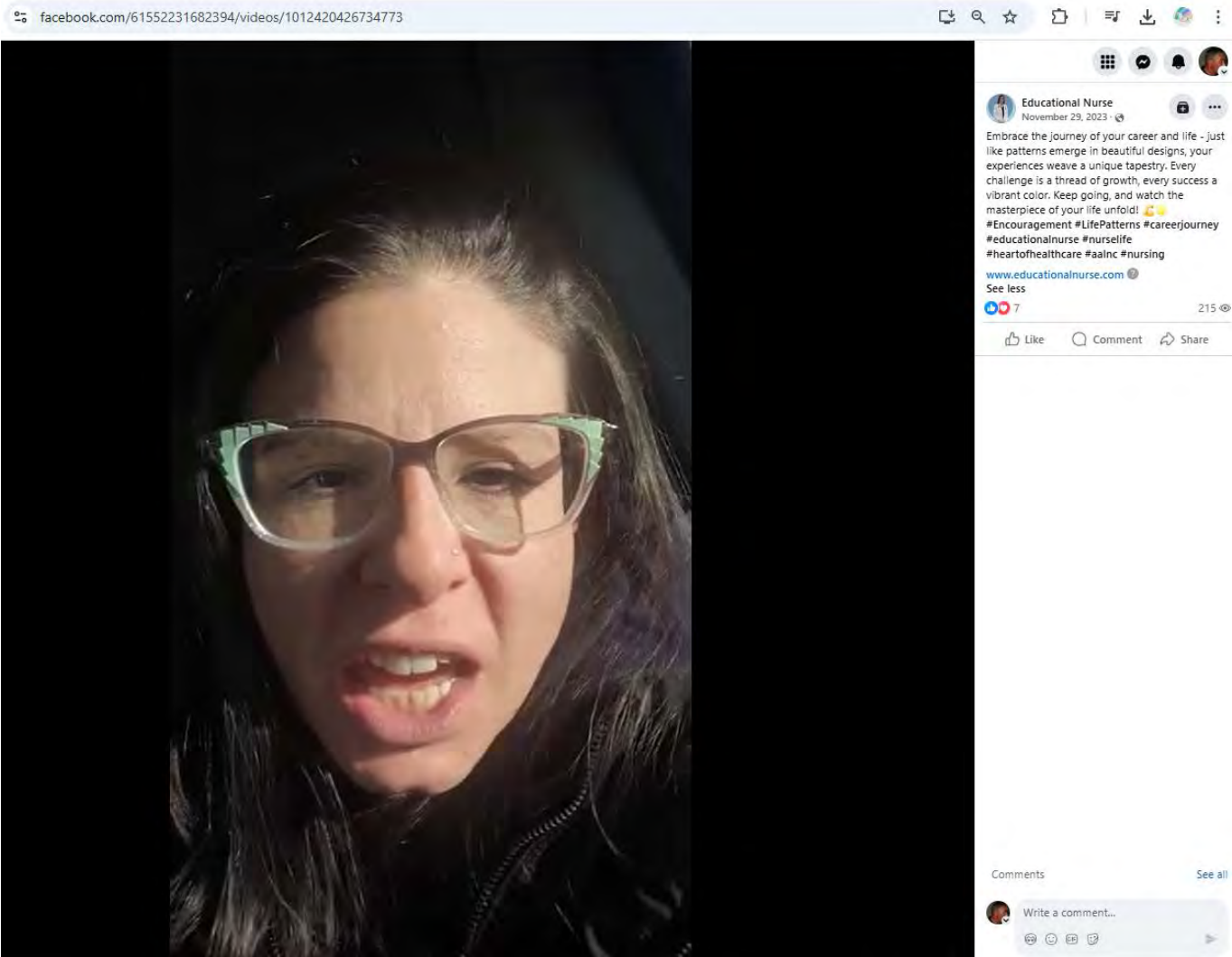
B System ID: 563746C Captured: Mar 28, 2025

f Kathryn M Watson MSN RN

j https://www.facebook.com/61552231682394/videos/1012420426734773

After DOI

Embrace the journey of your career and life - just like patterns emerge in beautiful designs, your experiences weave a unique tapestry. Every challenge is a thread of growth, every success a vibrant color. Keep going, and watch the masterpiece of your life unfold! ☺☺ #Encouragement #LifePatterns #careerjourney #educationalnurse #nurselife #heartofhealthcare #aalnc #nursing



[Link to download video](#)

B Facebook

B 61552231682394C Posted: Nov 29, 2023

B System ID: 563749C Captured: Mar 28, 2025

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02xxVdYoVH1LPfXqArfd5HGhQ6f5nU6knf8ZATbswNoma9WM8iKyYVroT6hc8C3VBI&id=61552231682394

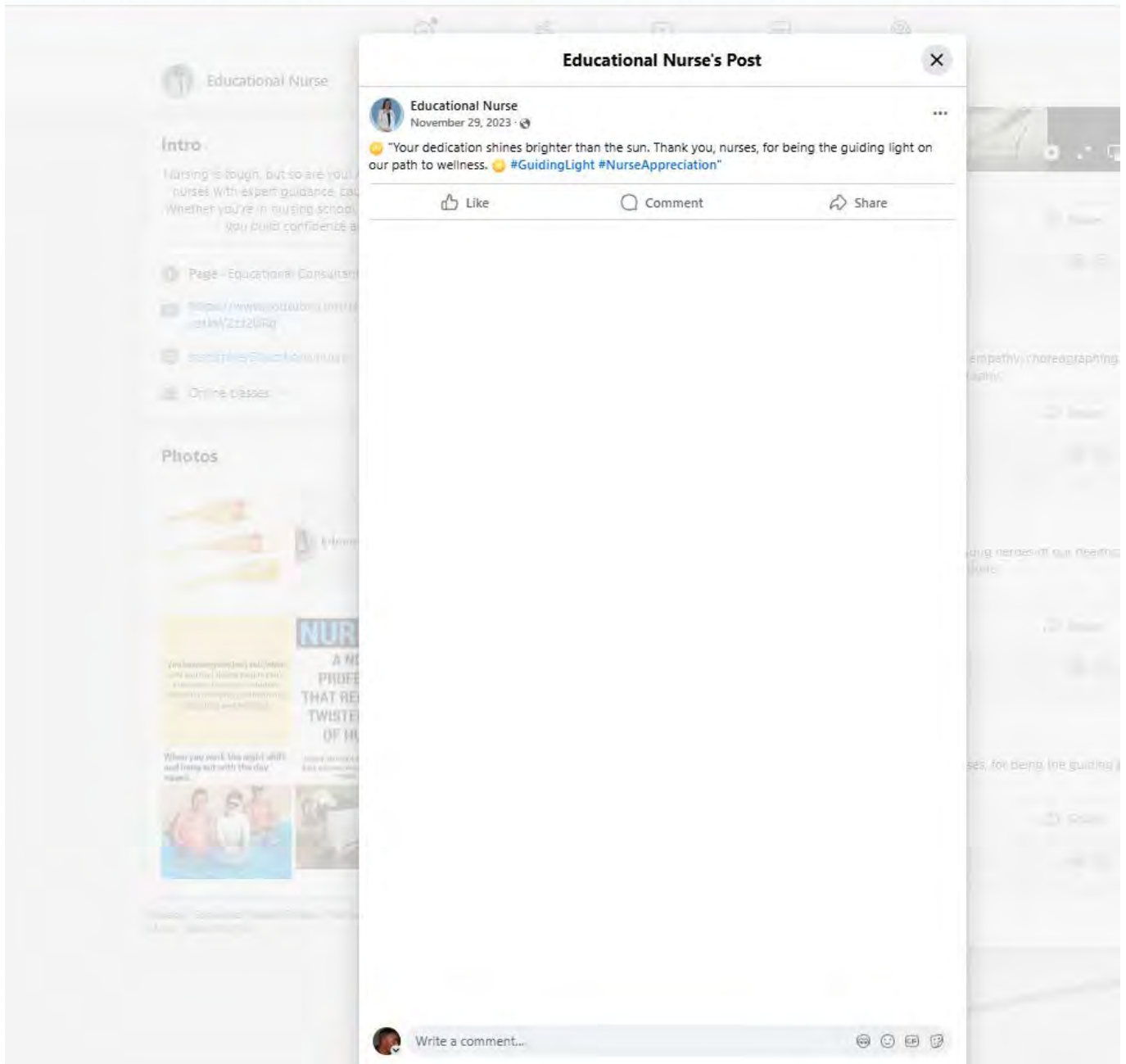
After DOI

Repost from Subject.

Repost from Subject.

C Posted: Nov 29, 2023
C Captured: Mar 28, 2025

☐ "Your dedication shines brighter than the sun. Thank you, nurses, for being the guiding light on our path to wellness. ✨ #GuidingLight #NurseAppreciation"



B Facebook

B 61552231682394

B System ID: 563755

f Kathryn M Watson MSN RN

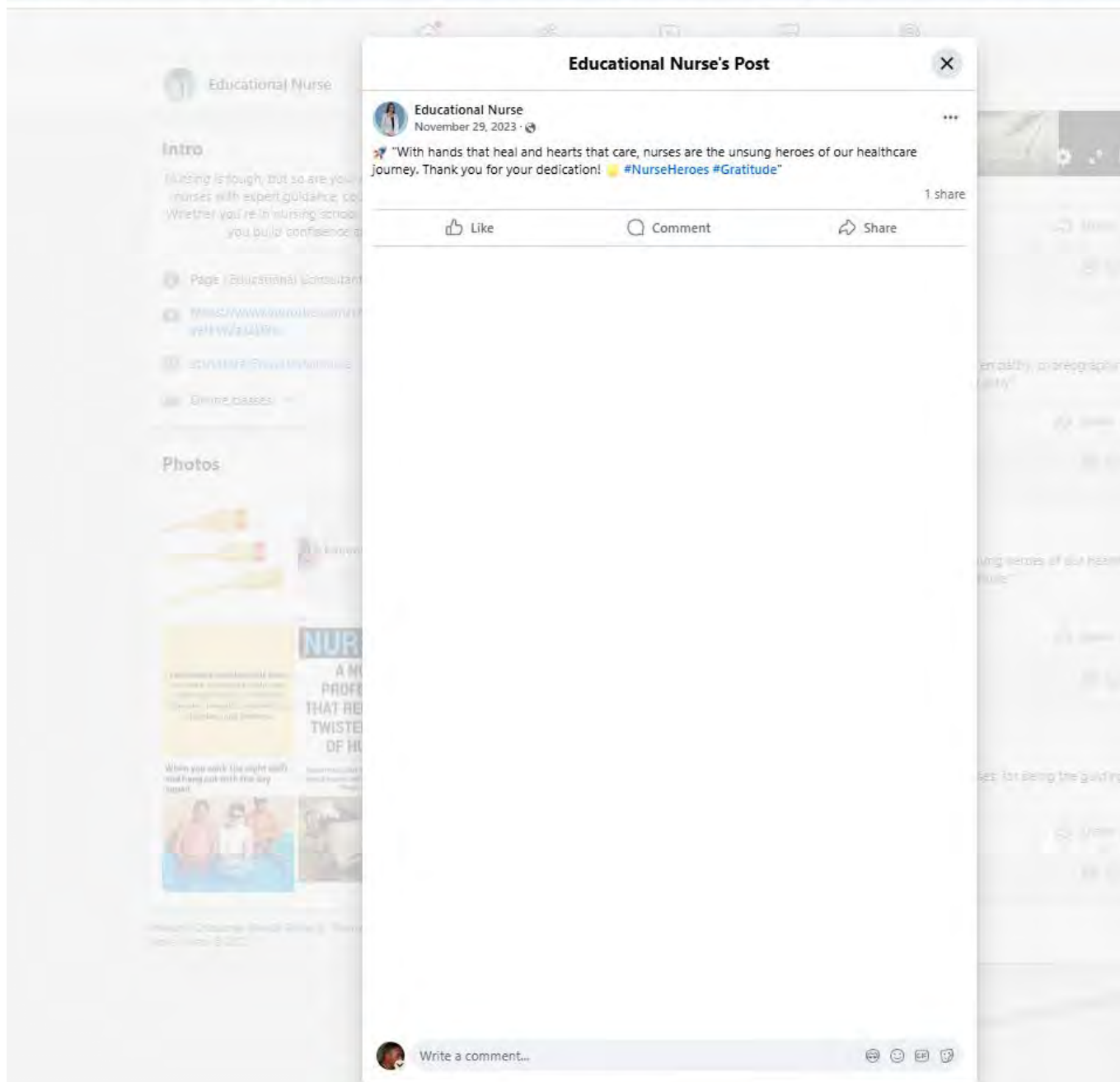
j https://www.facebook.com/permalink.php?story_fbid=pfbid0hf85baZvASo1RdvP4o7VBbSq4NRu53MrHNiHSGb72c2g5sAqjhMnRLxMmyRdDoFI&id=61552231682394

C Posted: Nov 29, 2023

C Captured: Mar 28, 2025

After DOI

□ "With hands that heal and hearts that care, nurses are the unsung heroes of our healthcare journey. Thank you for your dedication! □ #NurseHeroes #Gratitude"



B Facebook

B 61552231682394

B System ID: 563756

f Kathryn M Watson MSN RN

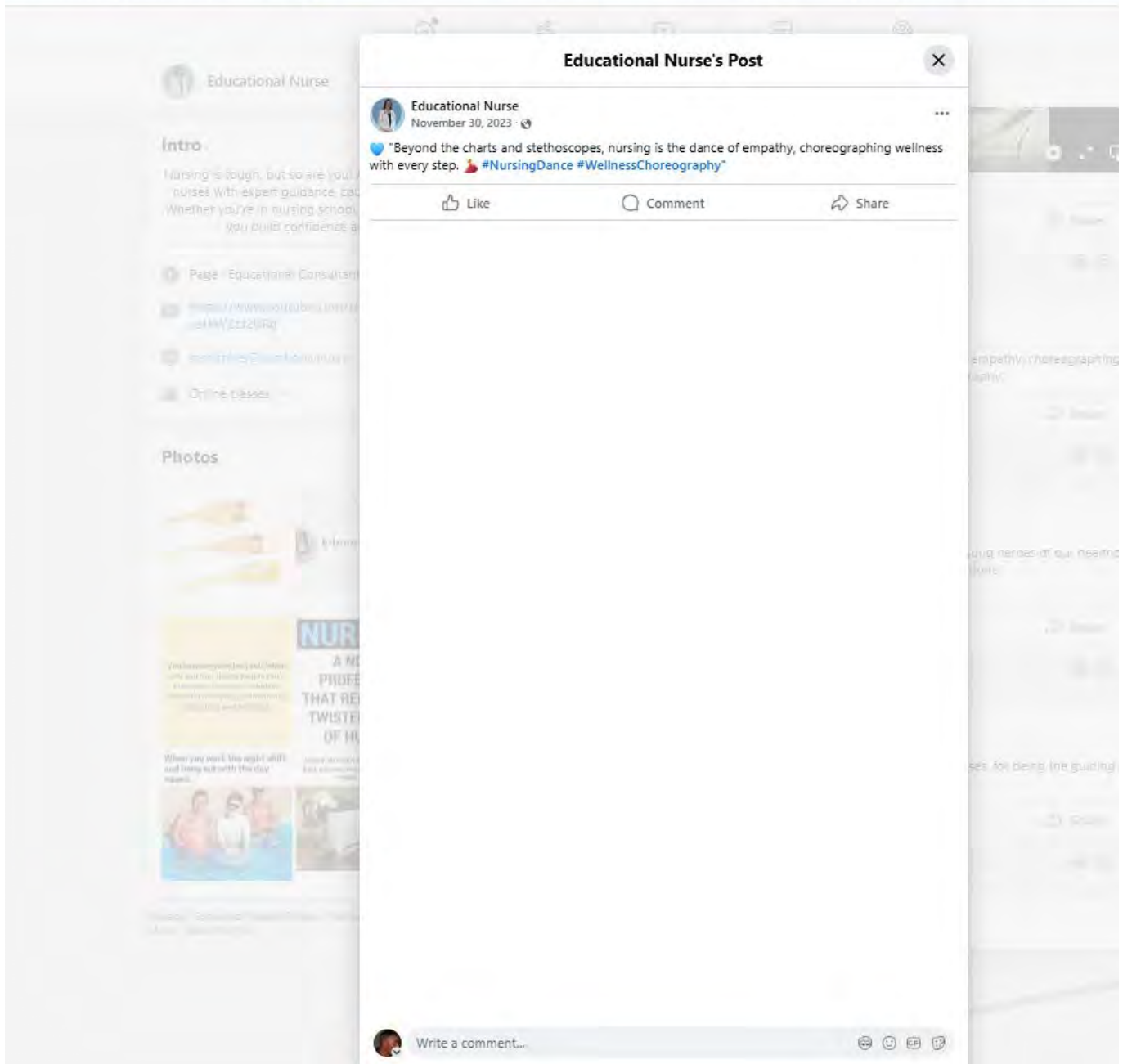
j https://www.facebook.com/permalink.php?story_fbid=pfbid0QMOvNdPznt5ukfRceEkvLqzMnVc3uw8KzsrtoE7iVO2jngvpURwchLzyvdDrx9pml&id=61552231682394

C Posted: Nov 30, 2023

C Captured: Mar 28, 2025

After DOI

□ "Beyond the charts and stethoscopes, nursing is the dance of empathy, choreographing wellness with every step. □ #NursingDance #WellnessChoreography"



B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

C Posted: Nov 30, 2023

B System ID: [563757](https://www.facebook.com/61552231682394)

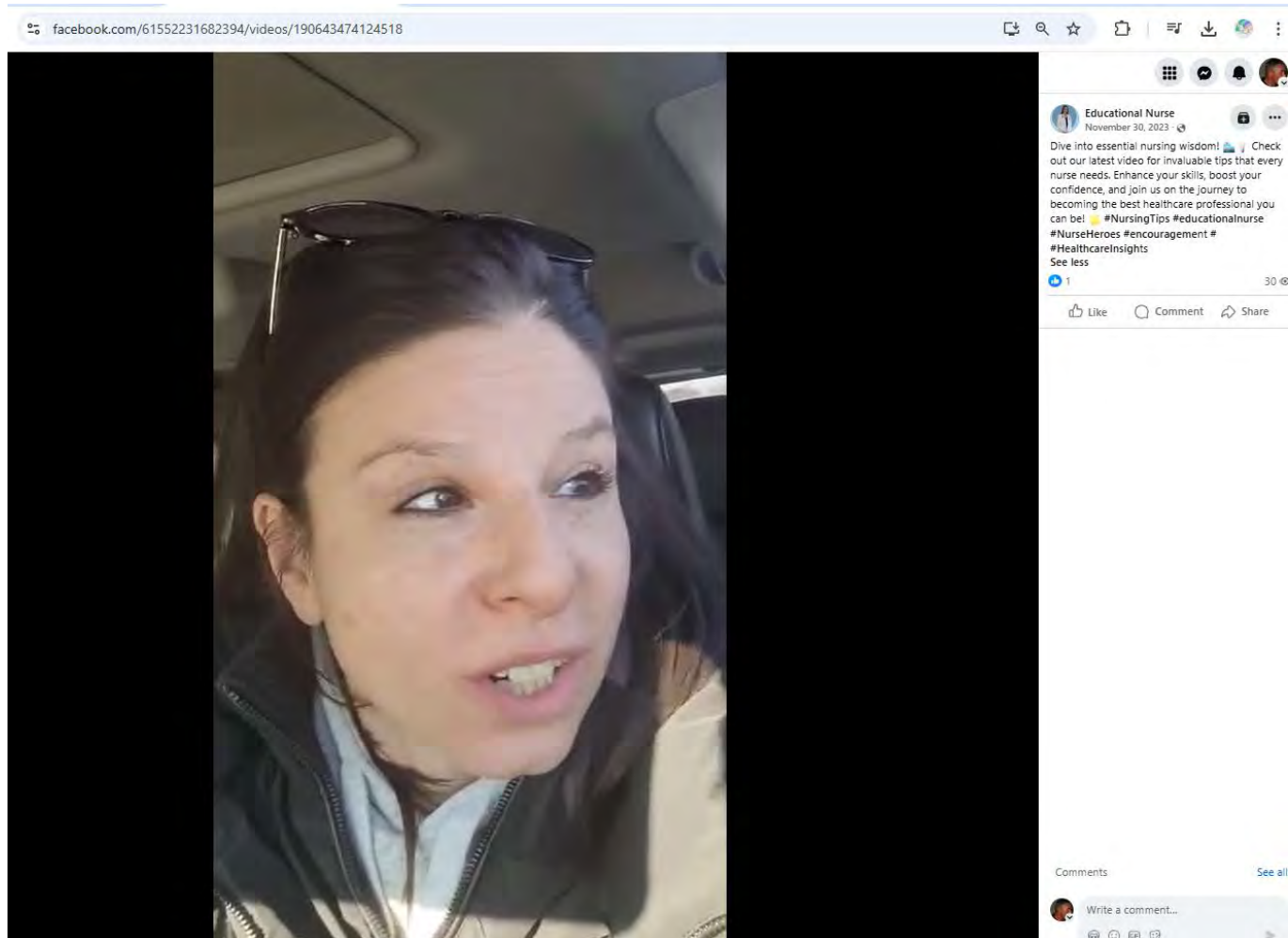
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](https://www.facebook.com/61552231682394)

j <https://www.facebook.com/61552231682394/videos/190643474124518>

After DOI

Dive into essential nursing wisdom! 📖 Check out our latest video for invaluable tips that every nurse needs. Enhance your skills, boost your confidence, and join us on the journey to becoming the best healthcare professional you can be! 🩷 #NursingTips #educationalnurse #NurseHeroes #encouragement # #HealthcareInsights



B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

B System ID: [563758](#)

f [Kathryn M Watson MSN RN](#)

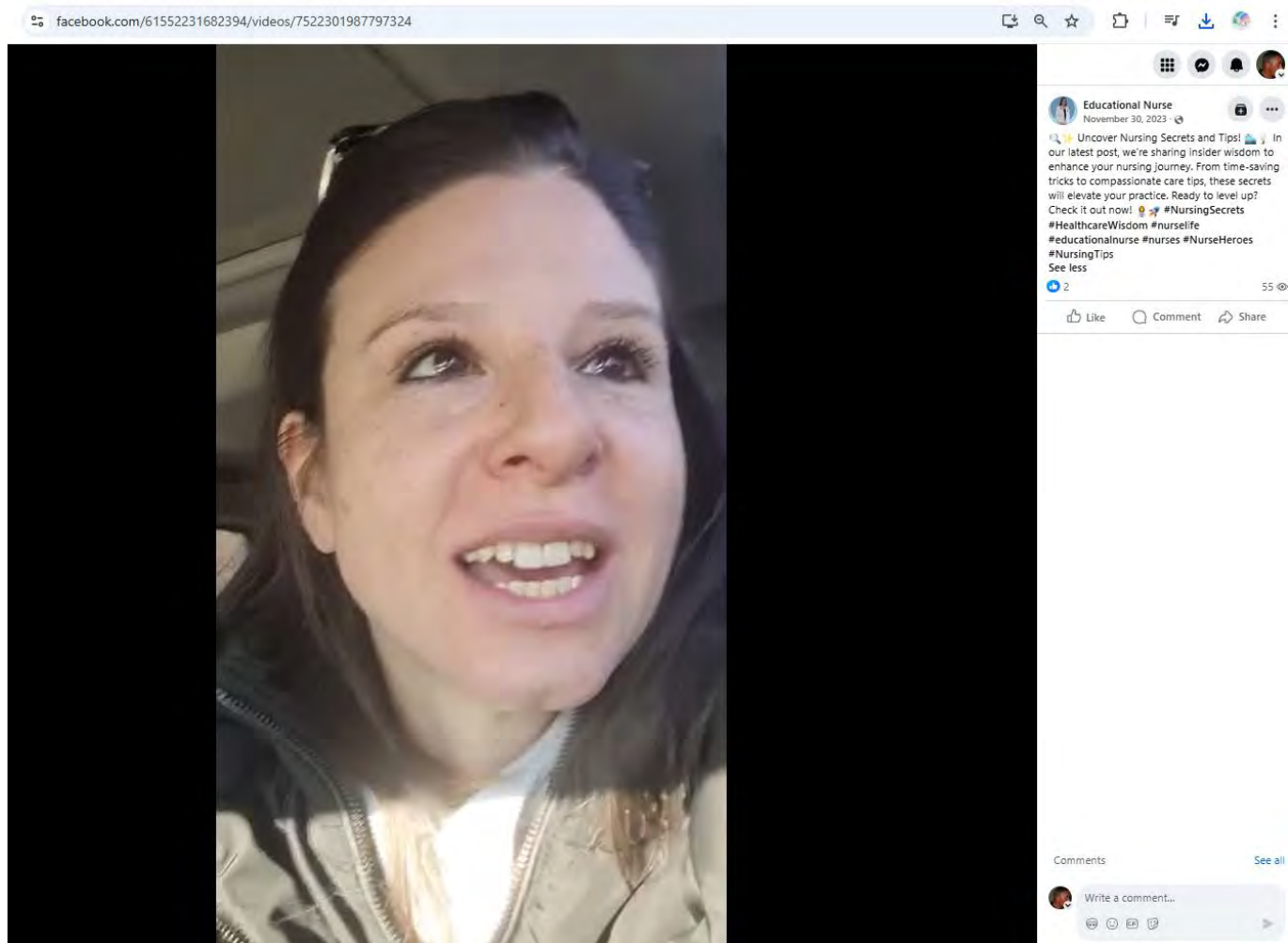
j <https://www.facebook.com/61552231682394/videos/7522301987797324>

After DOI

□□ Uncover Nursing Secrets and Tips! □□ In our latest post, we're sharing insider wisdom to enhance your nursing journey. From time-saving tricks to compassionate care tips, these secrets will elevate your practice. Ready to level up? Check it out now! □□□ #NursingSecrets #HealthcareWisdom #nurselife #educationalnurse #nurses #NurseHeroes #NursingTips See less

C Posted: Nov 30, 2023

C Captured: Mar 28, 2025



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [563759](#)

f [Kathryn M Watson MSN RN](#)

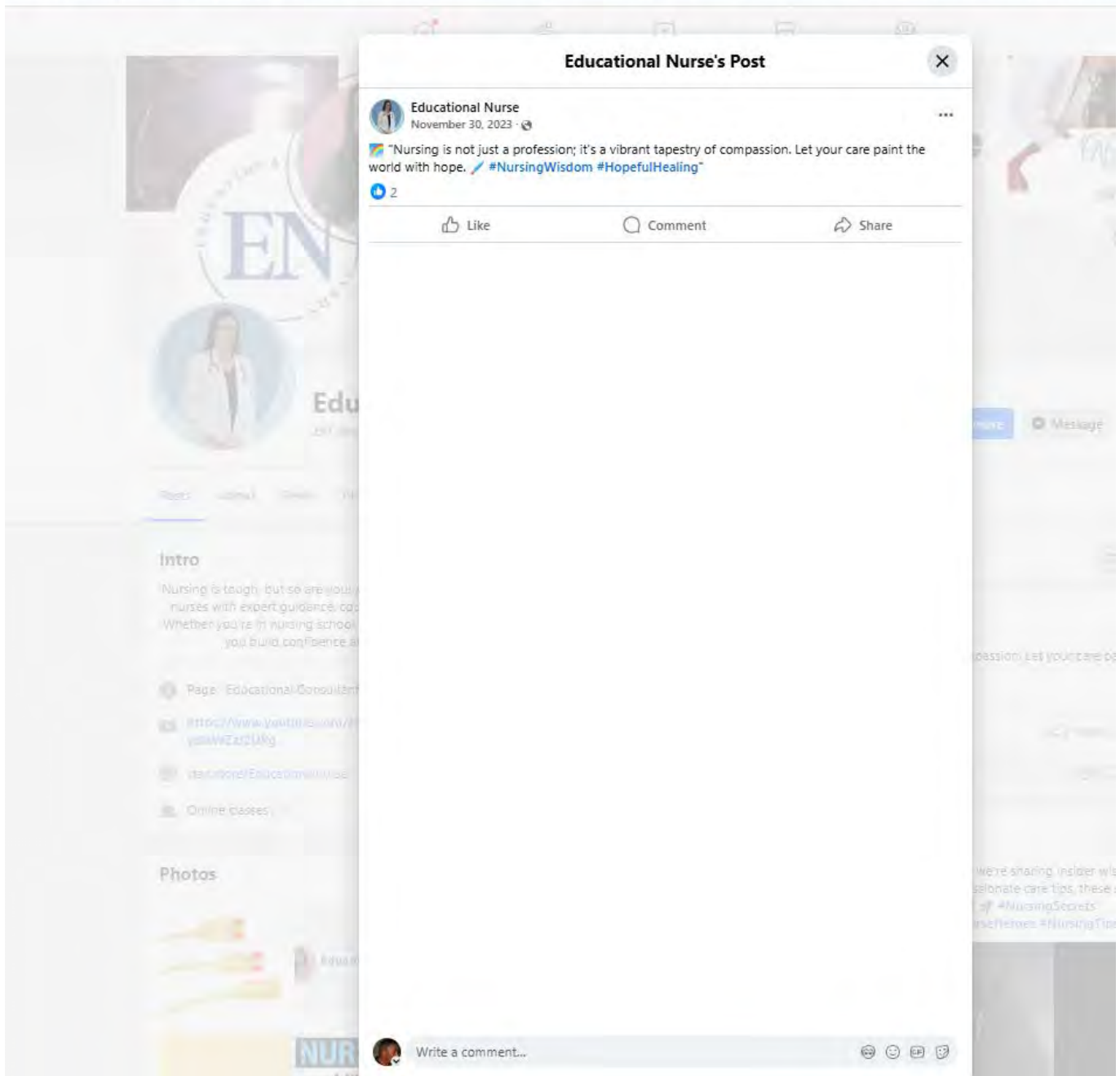
j https://www.facebook.com/permalink.php?story_fbid=pfbid02ud5nbsrOs3KKTO5FPCtq8WTmLlxtxqoojiKfwpvWMC4texDA6DPCULf8cNo35Goll&id=61552231682394

After DOI

□ "Nursing is not just a profession; it's a vibrant tapestry of compassion. Let your care paint the world with hope. □ #NursingWisdom #HopefulHealing"

C Posted: Nov 30, 2023

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 563760

f Kathryn M Watson MSN RN

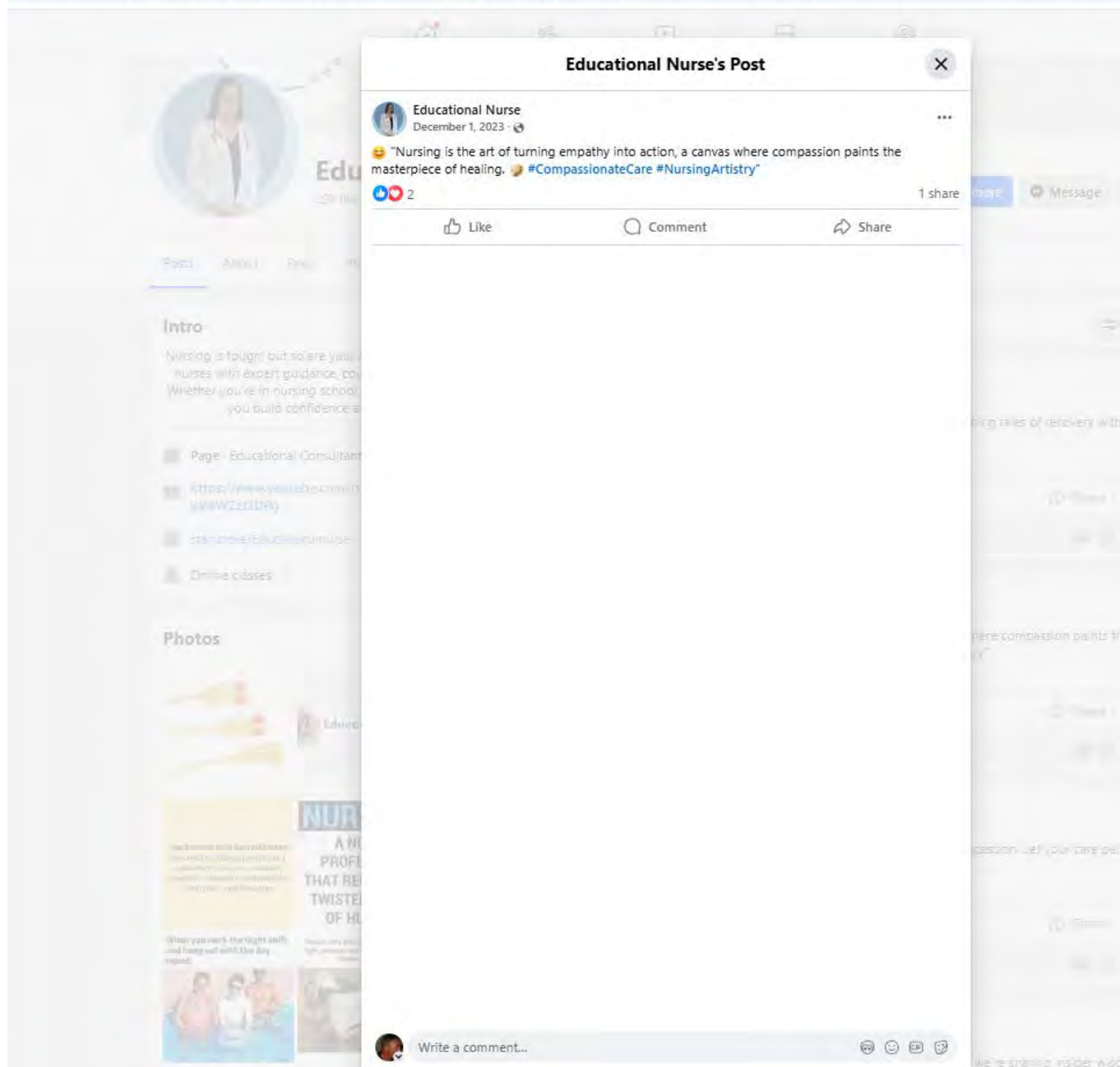
j https://www.facebook.com/permalink.php?story_fbid=pfbid0w7UBsOkJdnQeNaE7Mdo1cLiPHWM1NuXvqvcOn2B5jm1uBWPKG7PdtkkieB5k3MI&id=61552231682394

C Posted: Dec 01, 2023

C Captured: Mar 28, 2025

After DOI

□ "Nursing is the art of turning empathy into action, a canvas where compassion paints the masterpiece of healing. □ #CompassionateCare #NursingArtistry"



B Facebook

B 61552231682394

B System ID: 563761

f Kathryn M Watson MSN RN

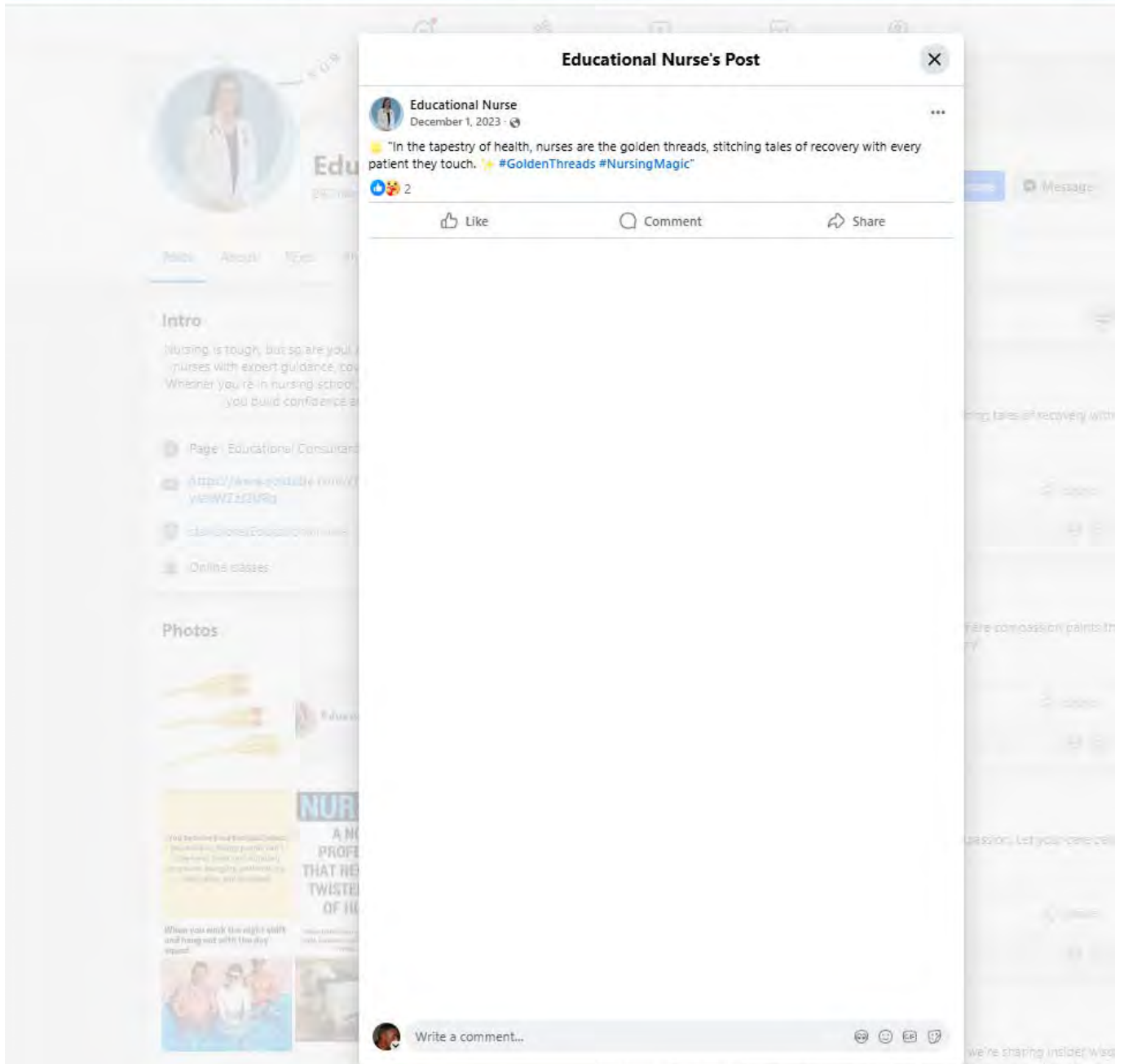
j https://www.facebook.com/permalink.php?story_fbid=pfbid02bic2wwiaqTNAd4EENWBn8PFQWGGgkFUuScTqL1woDZGVZhov75JZP5VJg7DcPT7I&id=61552231682394

After DOI

□ "In the tapestry of health, nurses are the golden threads, stitching tales of recovery with every patient they touch. □ #GoldenThreads #NursingMagic"

C Posted: Dec 01, 2023

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 563773

f Kathryn M Watson MSN RN

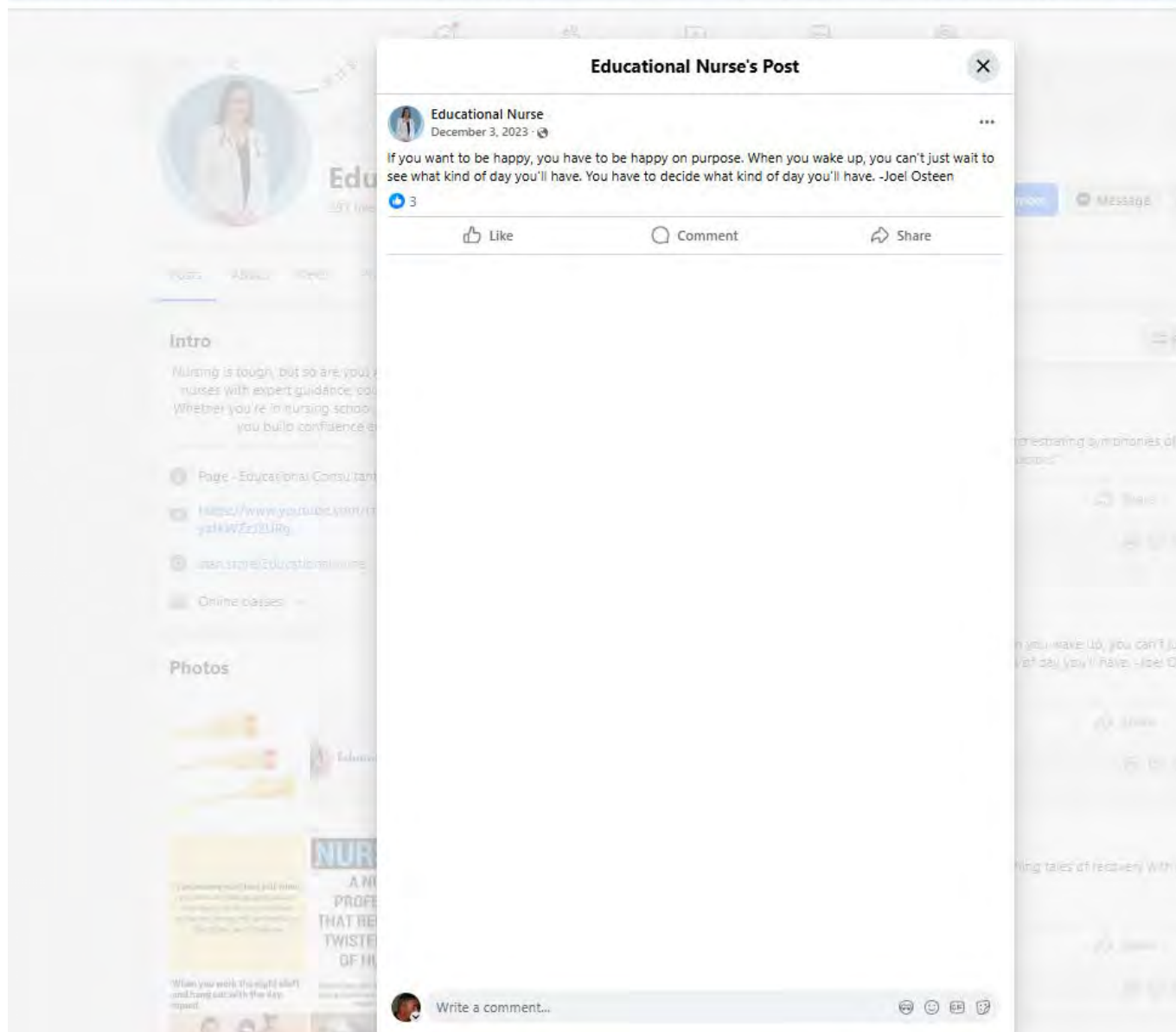
j https://www.facebook.com/permalink.php?story_fbid=pfbid0RMBjK5HsjbqD5yDJaytcR9FKJswrZpmmFdCBUSZLnoOyr4qqDG5tAqpf6nZdGhql&id=61552231682394

C Posted: Dec 03, 2023

C Captured: Mar 28, 2025

After DOI

If you want to be happy, you have to be happy on purpose. When you wake up, you can't just wait to see what kind of day you'll have. You have to decide what kind of day you'll have. -Joel Osteen



B Facebook

B 61552231682394

B System ID: 563774

f Kathryn M Watson MSN RN

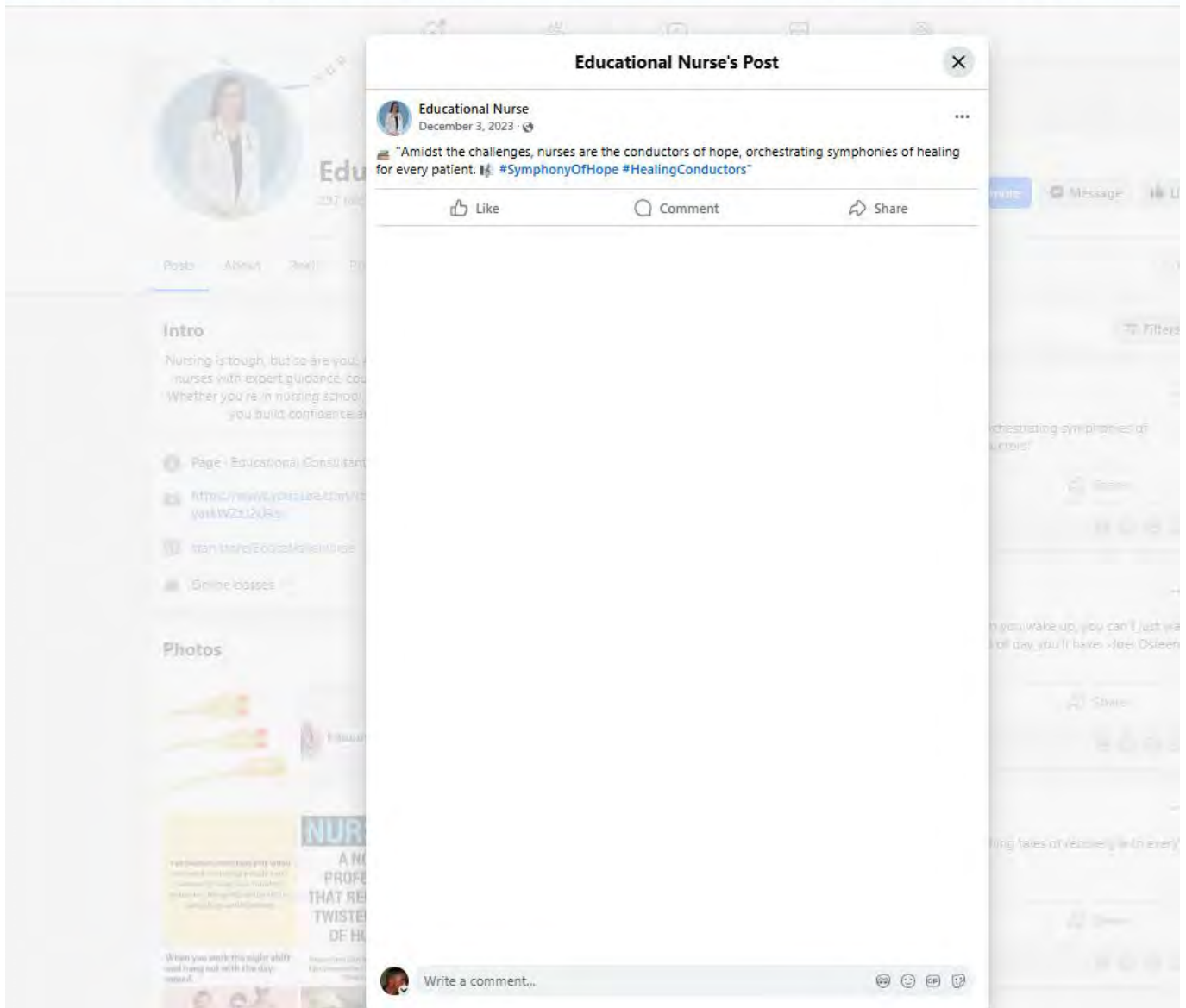
j https://www.facebook.com/permalink.php?story_fbid=pfbid02KJqaNTZcFjP9W3RUz3PPcQibRmhQMEVDWHzTBUA9YUKeobspmyT6CRZHRbjMyxNBI&id=61552231682394

C Posted: Dec 03, 2023

C Captured: Mar 28, 2025

After DOI

□ "Amidst the challenges, nurses are the conductors of hope, orchestrating symphonies of healing for every patient. □ #SymphonyOfHope #HealingConductors"



B Facebook

B 61552231682394

B System ID: 563775

f Kathryn M Watson MSN RN

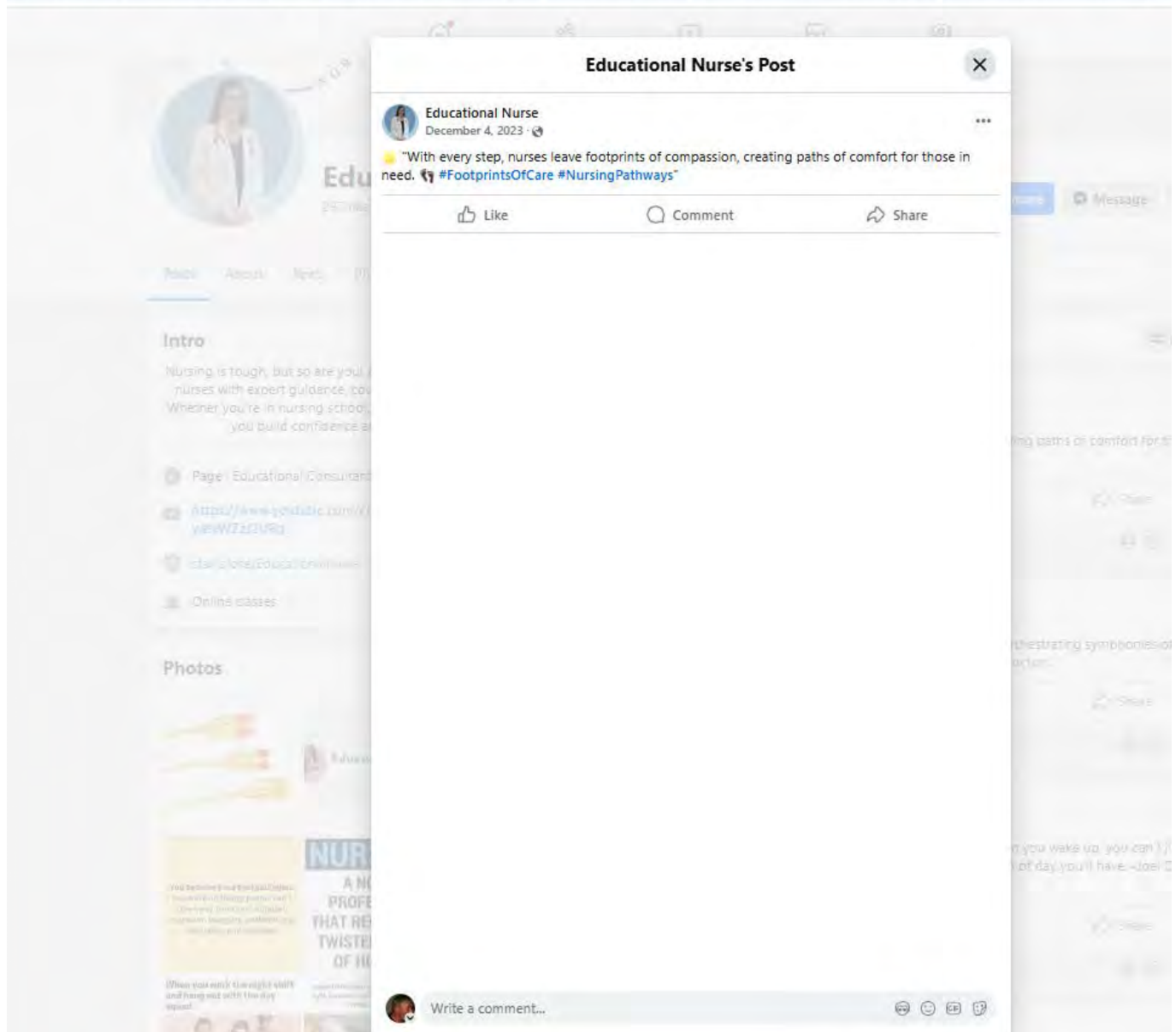
j https://www.facebook.com/permalink.php?story_fbid=pfbid0QLDGbdjaRFo4OjA6nQeaLTFcmT94jnRR7q65RCZp9DRkXhSrW5Ca1ZTy2AJQyiuwl&id=61552231682394

After DOI

□ "With every step, nurses leave footprints of compassion, creating paths of comfort for those in need. □ #FootprintsOfCare #NursingPathways"

C Posted: Dec 04, 2023

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 563776

f Kathryn M Watson MSN RN

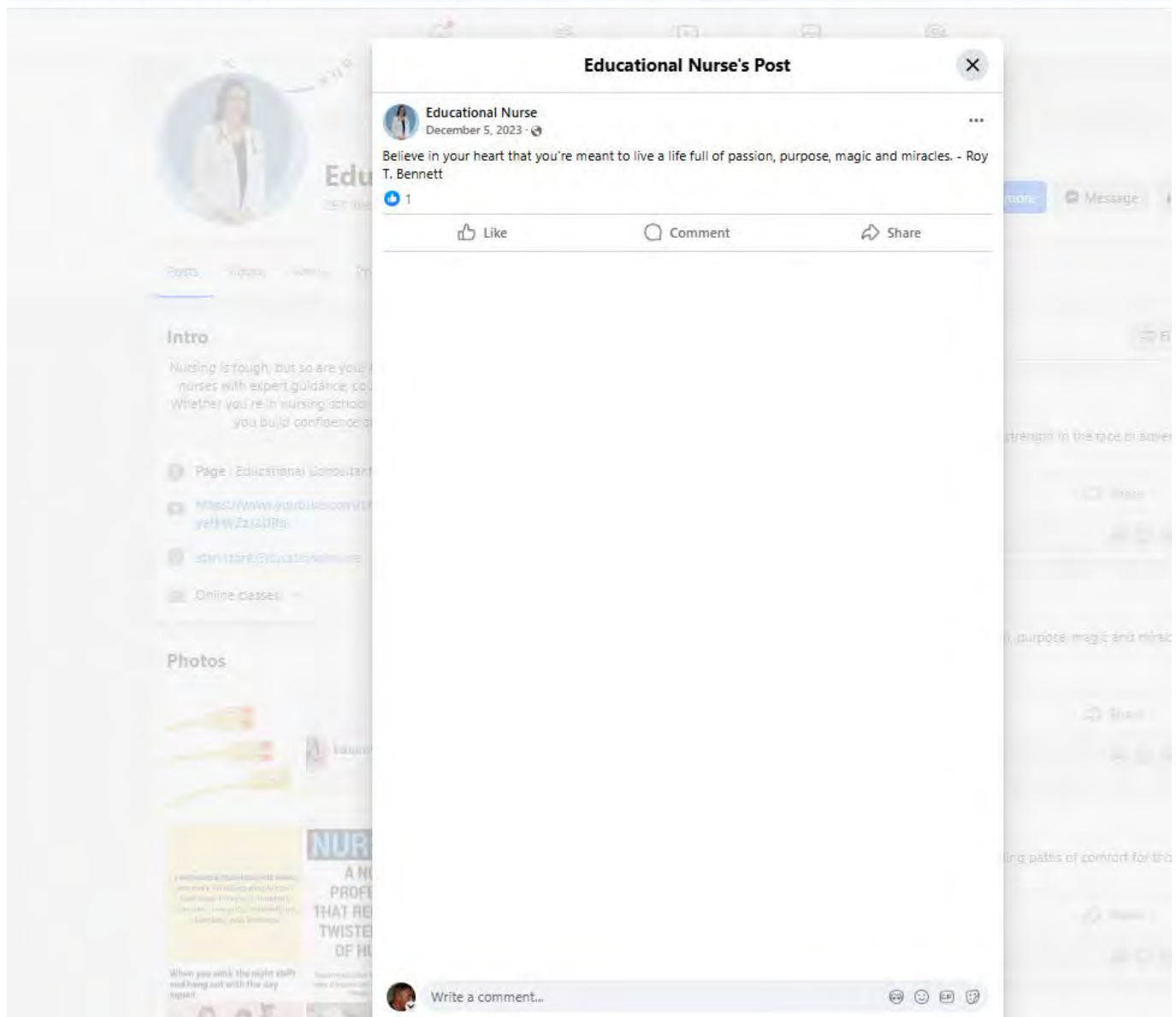
j https://www.facebook.com/permalink.php?story_fbid=pfbid0qrE8vxGDqpS6L7h9YDoDPDT1C7oDUXDNOfKK8z7yKWSb7CHJ4omPHHyf81cWaX9YI&id=61552231682394

C Posted: Dec 05, 2023

C Captured: Mar 28, 2025

After DOI

Believe in your heart that you're meant to live a life full of passion, purpose, magic and miracles. - Roy T. Bennett



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid02D4NSH3EiqZ8jzXbMsoELPNuaeJ37xUY72QxCiEKdgR9HULextCymdbSxscq7hyW1I&id=61552231682394)

B System ID: [563777](#)

f [Kathryn M Watson MSN RN](#)

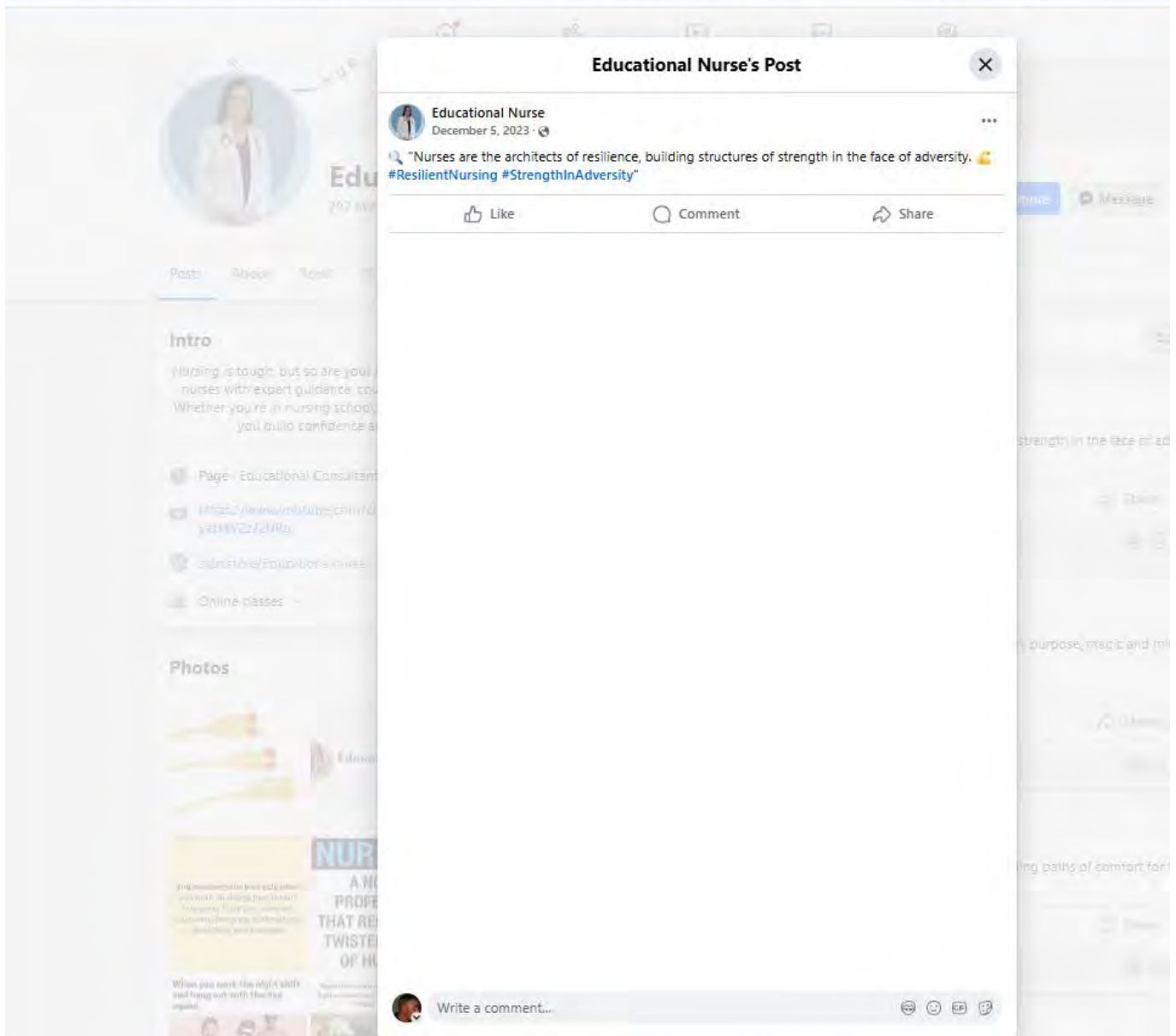
j https://www.facebook.com/permalink.php?story_fbid=pfbid02D4NSH3EiqZ8jzXbMsoELPNuaeJ37xUY72QxCiEKdgR9HULextCymdbSxscq7hyW1I&id=61552231682394

C Posted: Dec 05, 2023

C Captured: Mar 28, 2025

After DOI

□ "Nurses are the architects of resilience, building structures of strength in the face of adversity. □
#ResilientNursing #StrengthInAdversity"



B Facebook

B 61552231682394

B System ID: 563778

f Kathryn M Watson MSN RN

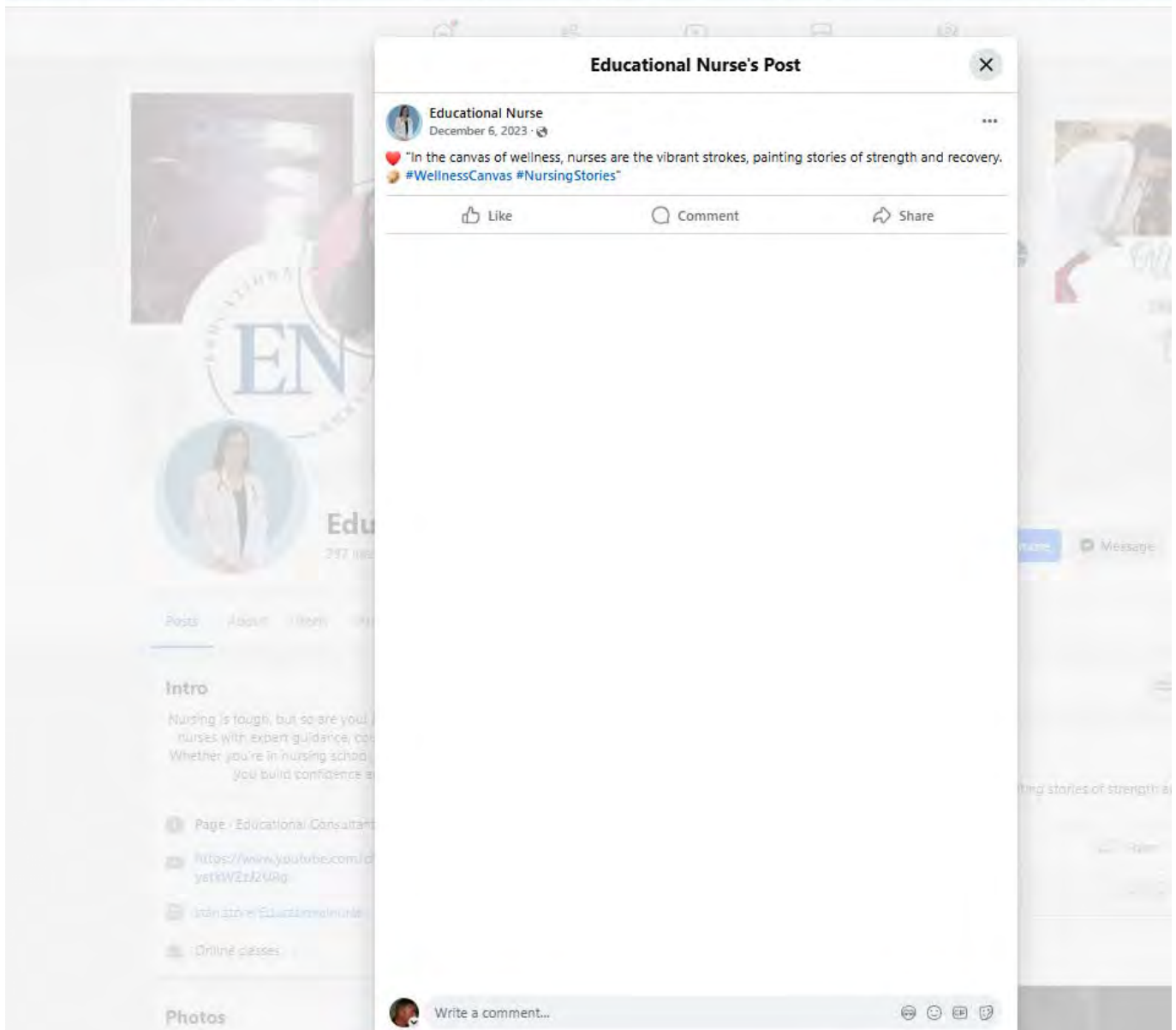
j https://www.facebook.com/permalink.php?story_fbid=pfbid02iXwnhbrjXqpoYaK4BnL85LpPTCeUkAZAEZRrK32fz5yMUxPo3hgS92NCNuu5Pyxsl&id=61552231682394

C Posted: Dec 06, 2023

C Captured: Mar 28, 2025

After DOI

□ "In the canvas of wellness, nurses are the vibrant strokes, painting stories of strength and recovery. □ #WellnessCanvas #NursingStories"



B Facebook

B 61552231682394

B System ID: 563780

F Kathryn M Watson MSN RN

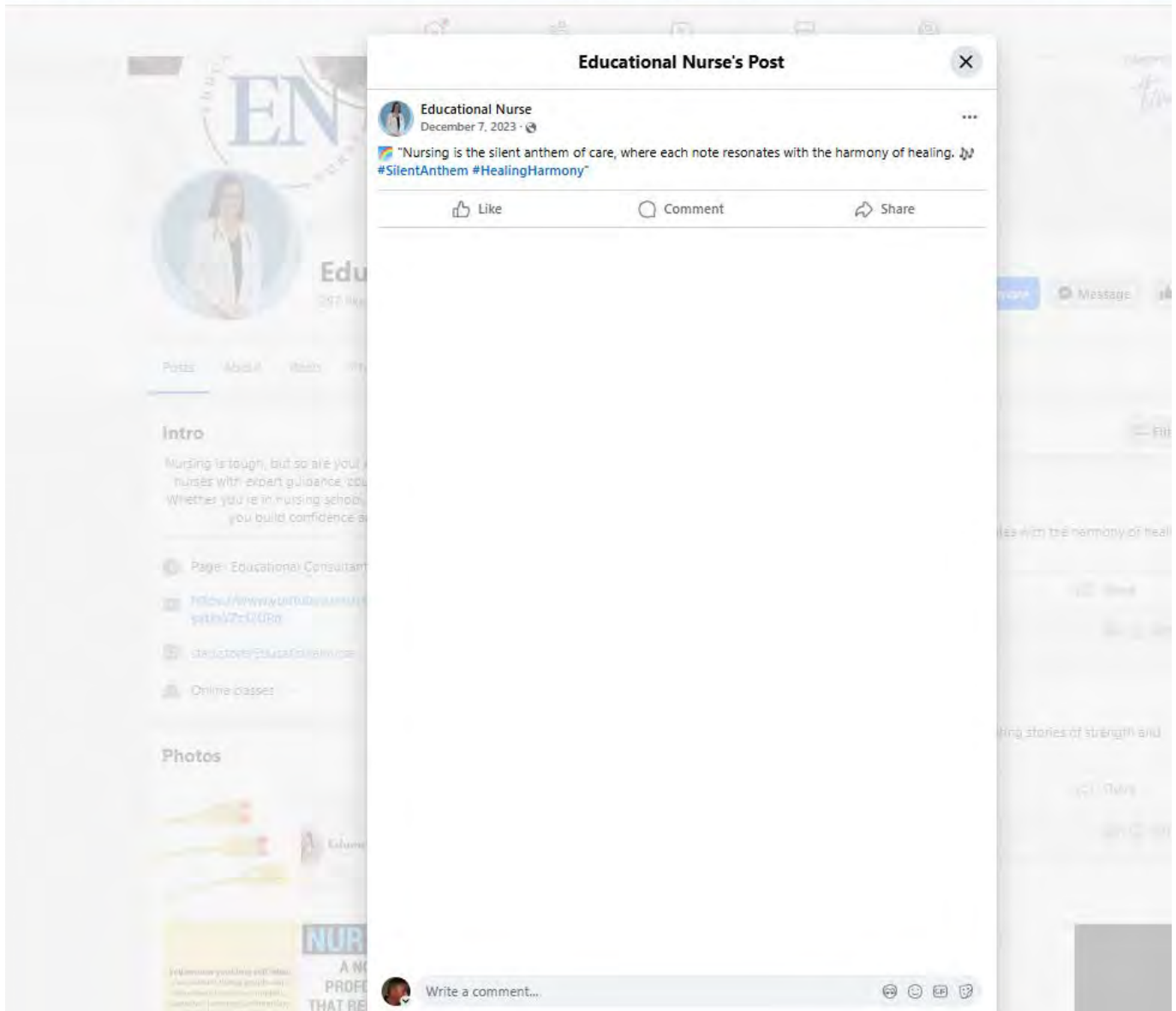
j https://www.facebook.com/permalink.php?story_fbid=pfbid02iXwnhbrjXqpoYaK4BnL85LpPTCeUkAZAEZRRK32fz5yMUxPo3hgS92NCNuu5Pyxsl&id=61552231682394

After DOI

□ "Nursing is the silent anthem of care, where each note resonates with the harmony of healing. □
#SilentAnthem #HealingHarmony"

C Posted: Dec 07, 2023

C Captured: Mar 28, 2025



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid02JsHNo2xM21C9V3pAMh1ag81cDot5eegD5L6Lnoq4hZK2S1FhFCi8jL3WWsSMGwVnl&id=61552231682394)

B System ID: 563781

f Kathryn M Watson MSN RN

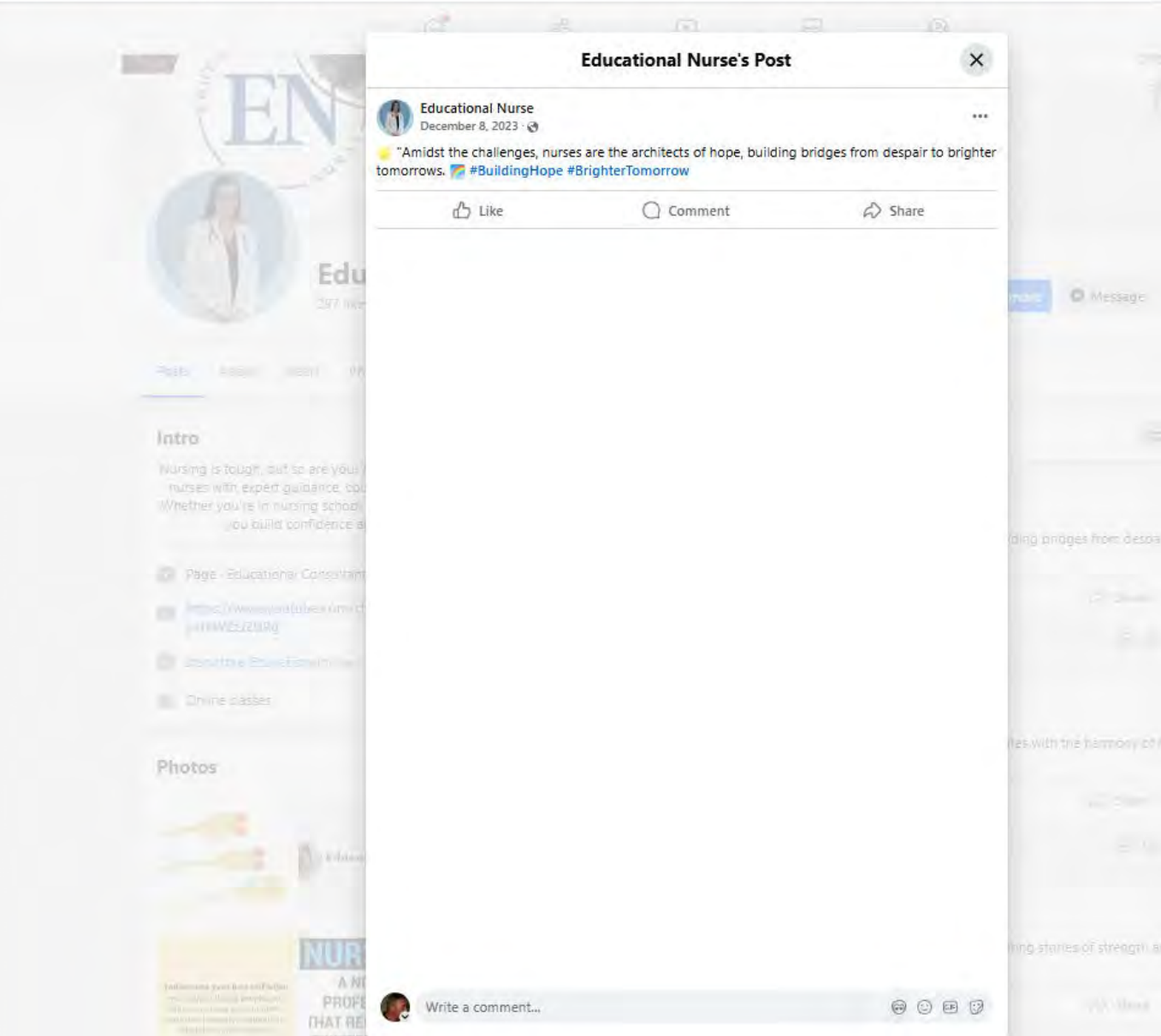
j https://www.facebook.com/permalink.php?story_fbid=pfbid02ZNkjpwwOQcpqWks27NfrMGHqTjDyuESS6vPFzQP4v4eAnHVdZKBdK38i6HFjZl&id=61552231682394

C Posted: Dec 08, 2023

C Captured: Mar 28, 2025

After DOI

□ "Amidst the challenges, nurses are the architects of hope, building bridges from despair to brighter tomorrows. □ #BuildingHope #BrighterTomorrow



B Facebook

B 61552231682394

B System ID: 563783

f Kathryn M Watson MSN RN

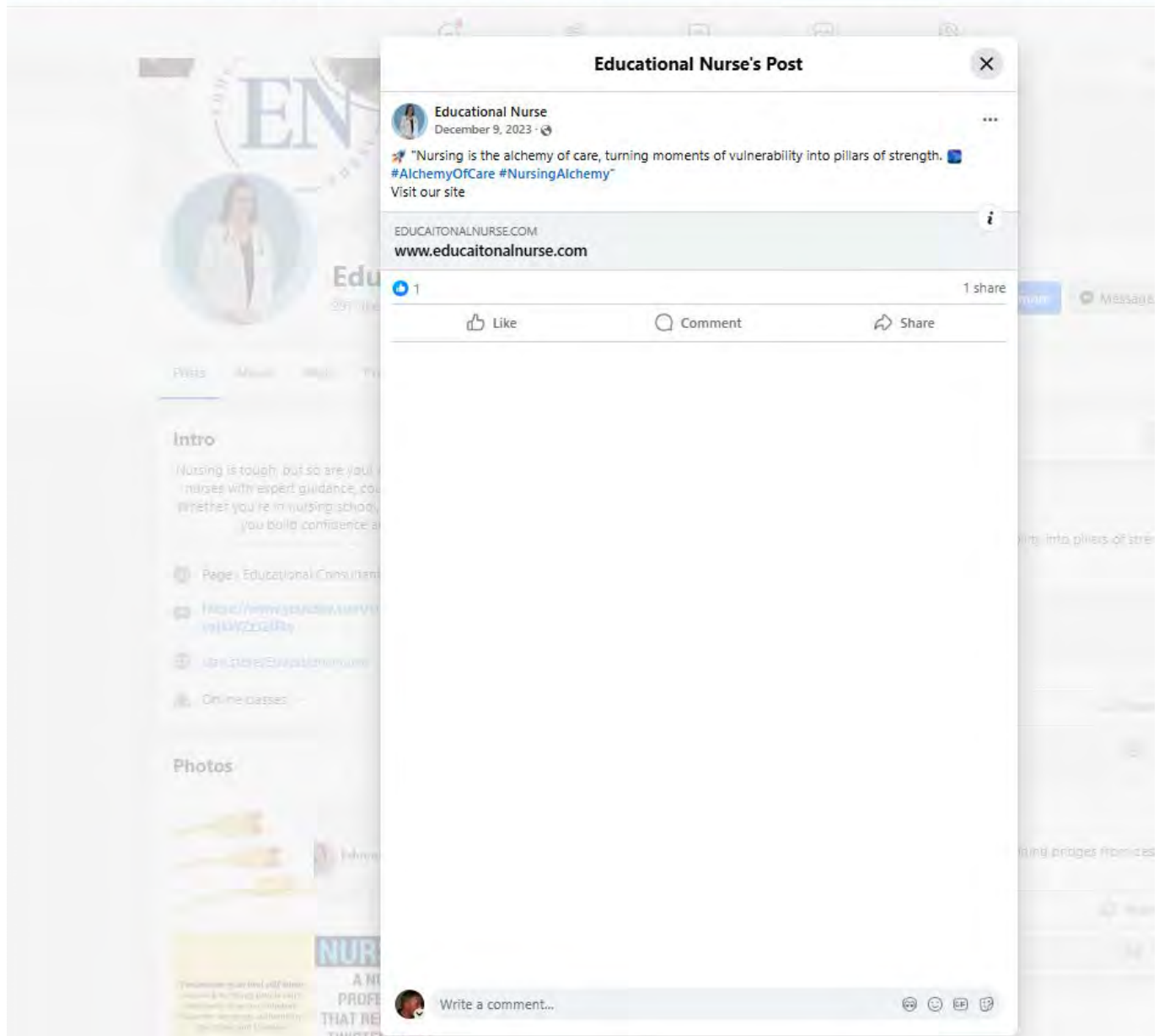
j https://www.facebook.com/permalink.php?story_fbid=pfbid0prZiFBOKW4yh8bZLMJbSzB3pTeZtAeMEkukmbzKXxgeU4Yx1iZ1JKXGS536XFWHtl&id=61552231682394

C Posted: Dec 09, 2023

C Captured: Mar 28, 2025

After DOI

☐ "Nursing is the alchemy of care, turning moments of vulnerability into pillars of strength. ☐
#AlchemyOfCare #NursingAlchemy" Visit our site



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid0prZiFBQKW4yh8bZLMJbSzB3pTeZtAeMEkukmbzKXxgeU4Yx1iZ1JKXGS536XFWHtl&id=61552231682394)

B System ID: [563784](#)

f [Kathryn M Watson MSN RN](#)

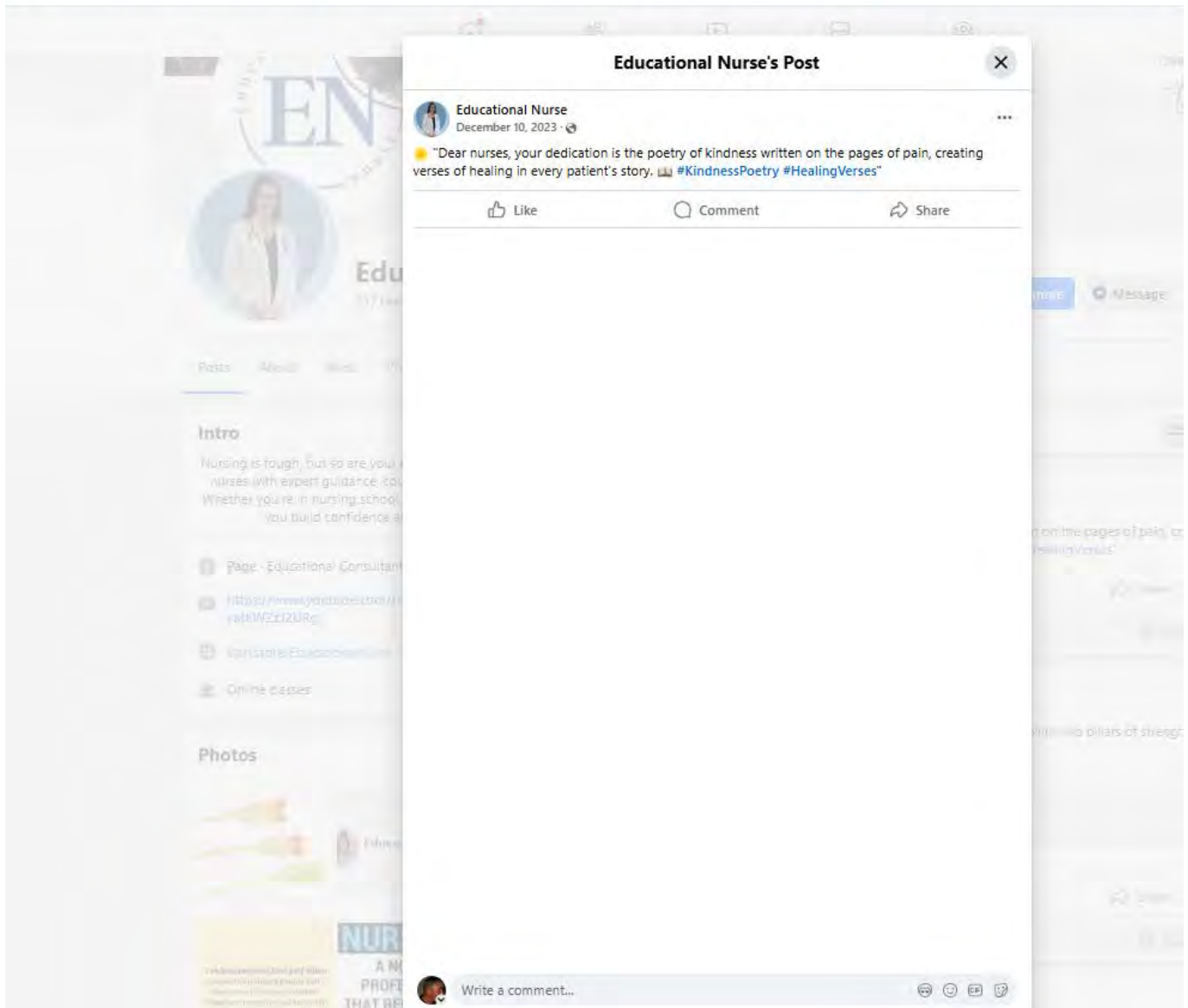
j https://www.facebook.com/permalink.php?story_fbid=pfbid09nEgHR9FyNLYGo9aDdpFMjKP9KBUJ248cclJW4B2mDb4R87jKHahYGC42cupOyFI&id=61552231682394

After DOI

□ "Dear nurses, your dedication is the poetry of kindness written on the pages of pain, creating verses of healing in every patient's story. □ #KindnessPoetry #HealingVerses"

C Posted: Dec 10, 2023

C Captured: Mar 28, 2025



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid09nEgHR9FyfNLYGo9aDdpFMjKP9KBtU248ccLJW4B2mDb4R87jKHahYGC42cupQyFI&id=61552231682394)

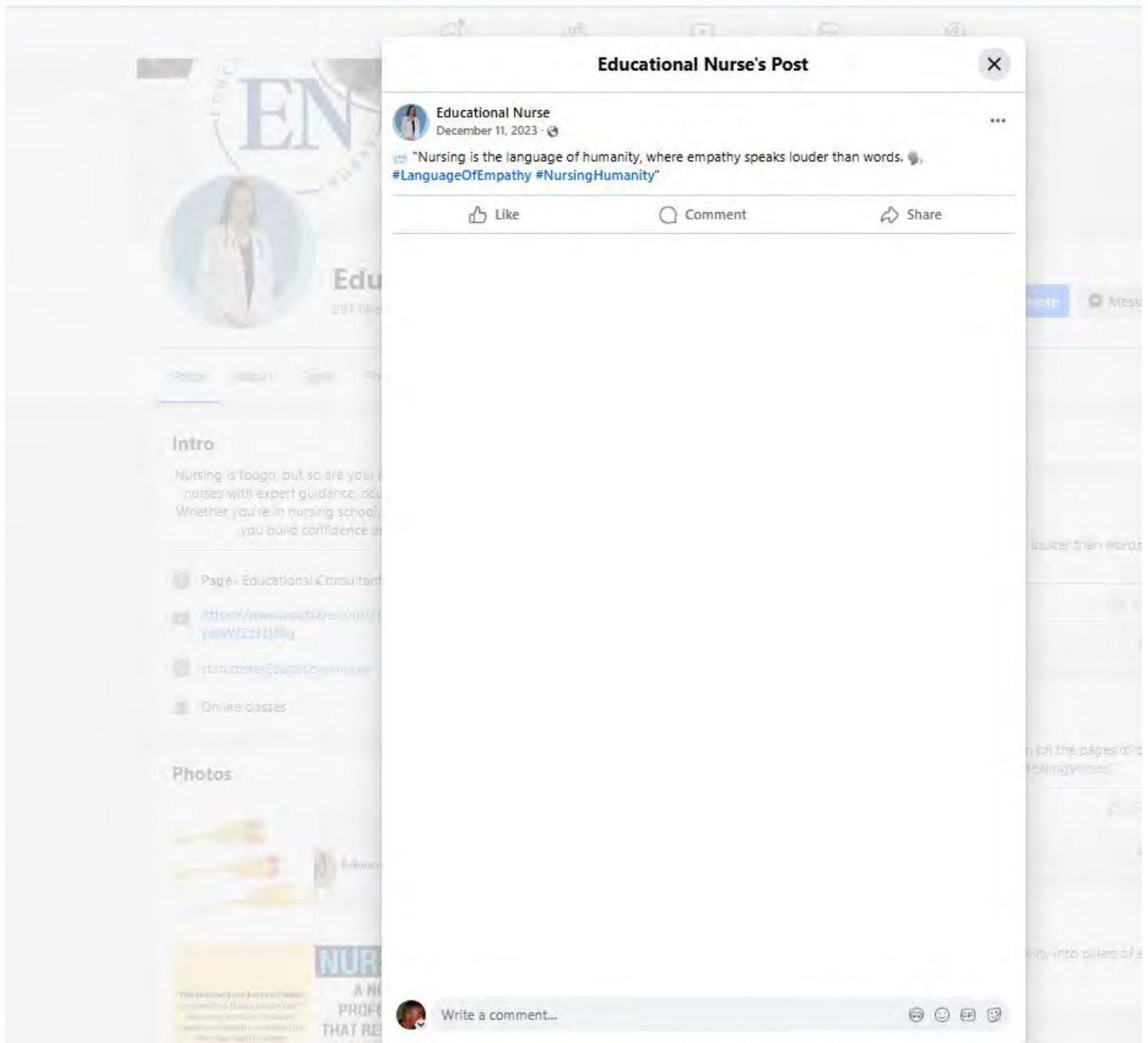
B System ID: [563787](https://www.facebook.com/permalink.php?story_fbid=pfbid09nEgHR9FyfNLYGo9aDdpFMjKP9KBtU248ccLJW4B2mDb4R87jKHahYGC42cupQyFI&id=61552231682394)

f [Kathryn M Watson MSN RN](https://www.facebook.com/permalink.php?story_fbid=pfbid09nEgHR9FyfNLYGo9aDdpFMjKP9KBtU248ccLJW4B2mDb4R87jKHahYGC42cupQyFI&id=61552231682394)

j https://www.facebook.com/permalink.php?story_fbid=pfbid09nEgHR9FyfNLYGo9aDdpFMjKP9KBtU248ccLJW4B2mDb4R87jKHahYGC42cupQyFI&id=61552231682394

After DOI

□ "Nursing is the language of humanity, where empathy speaks louder than words. □
#LanguageOfEmpathy #NursingHumanity"



B Facebook

B 61552231682394

B System ID: 563788

f Kathryn M Watson MSN RN

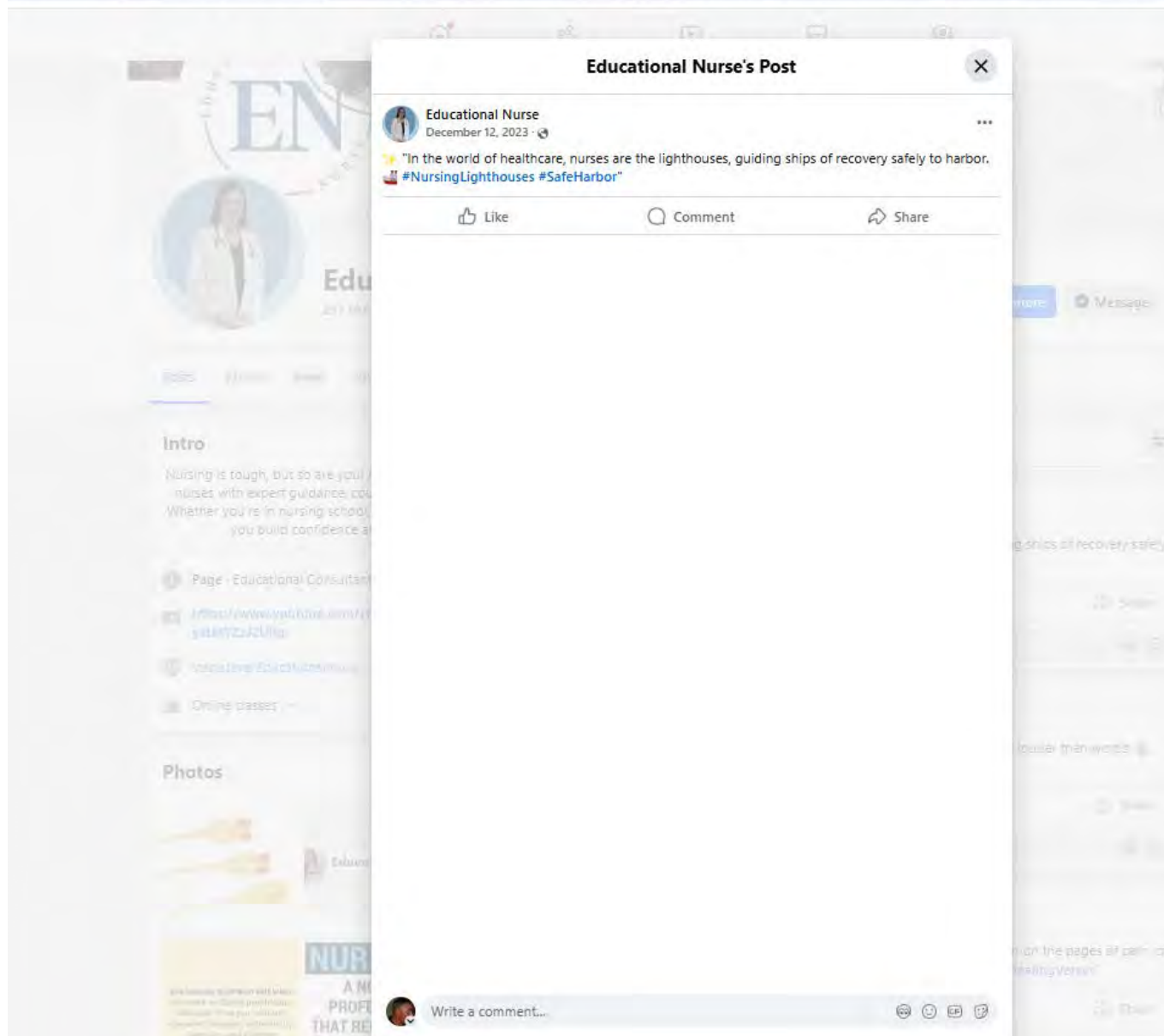
j https://www.facebook.com/permalink.php?story_fbid=pfbid0334TpgR4BvVgLSd2dSThmi8jvJqOkmD9y22uNHxmPBGsiz5CXU4Fxcvdix2P16SHI&id=61552231682394

C Posted: Dec 12, 2023

C Captured: Mar 28, 2025

After DOI

- "In the world of healthcare, nurses are the lighthouses, guiding ships of recovery safely to harbor.
- #NursingLighthouses #SafeHarbor"



B Facebook

B 61552231682394

B System ID: 563791

f Kathryn M Watson MSN RN

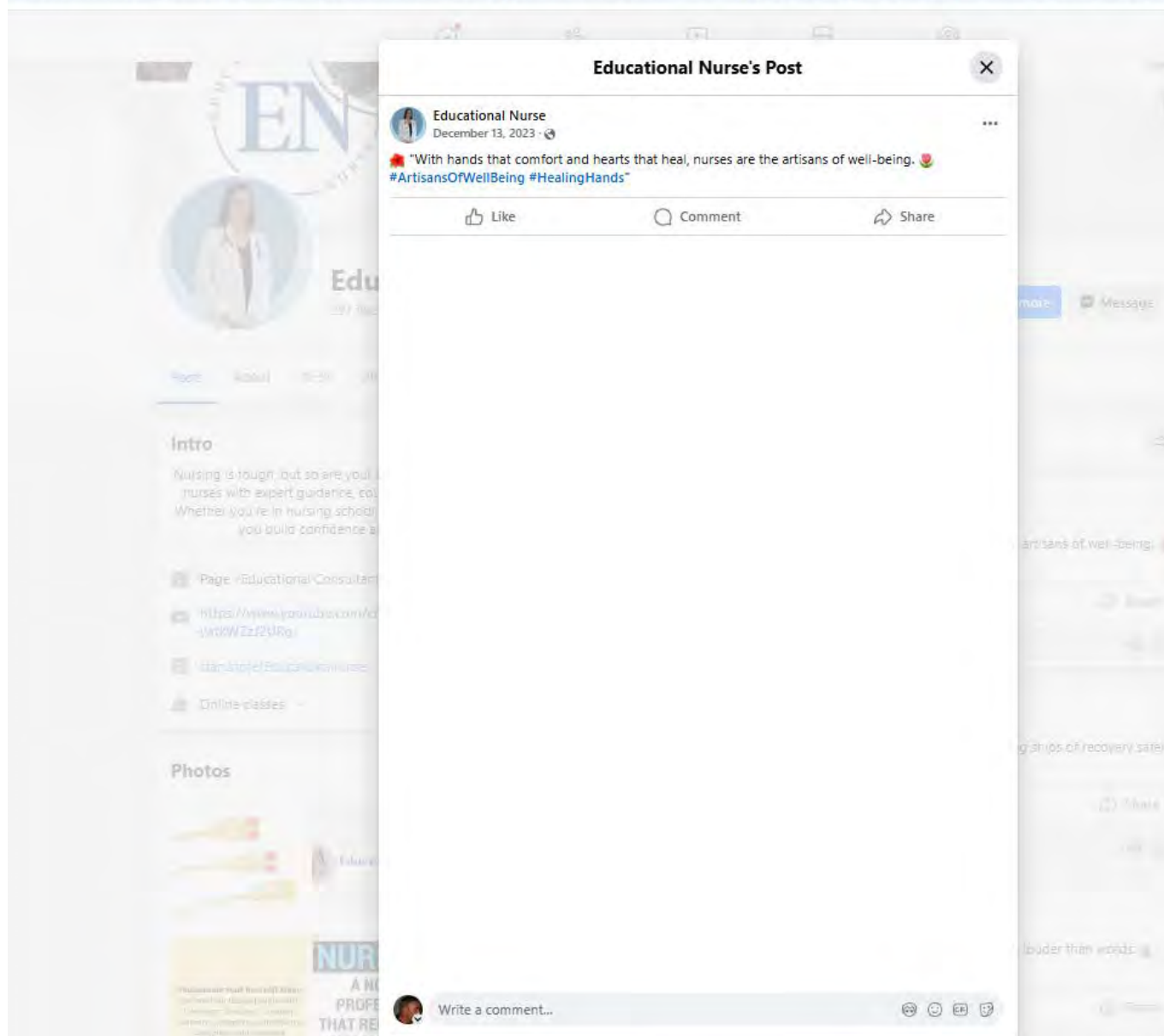
j https://www.facebook.com/permalink.php?story_fbid=pfbid03Bth5pHkqe7j8Yz6McXre8oLeQ45n8amLOLHBWk16vcWMLeVRojmu1zFger6kn1l&id=61552231682394

After DOI

□ "With hands that comfort and hearts that heal, nurses are the artisans of well-being. □
#ArtisansOfWellBeing #HealingHands"

C Posted: Dec 13, 2023

C Captured: Mar 28, 2025



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid03Bth5spHkqe7j8Yz6McXre8oLeQ45n8amLQLHBWk16vcWMLeVRojmu1zFger6kn1I&id=61552231682394)

B System ID: [563792](#)

f [Kathryn M Watson MSN RN](#)

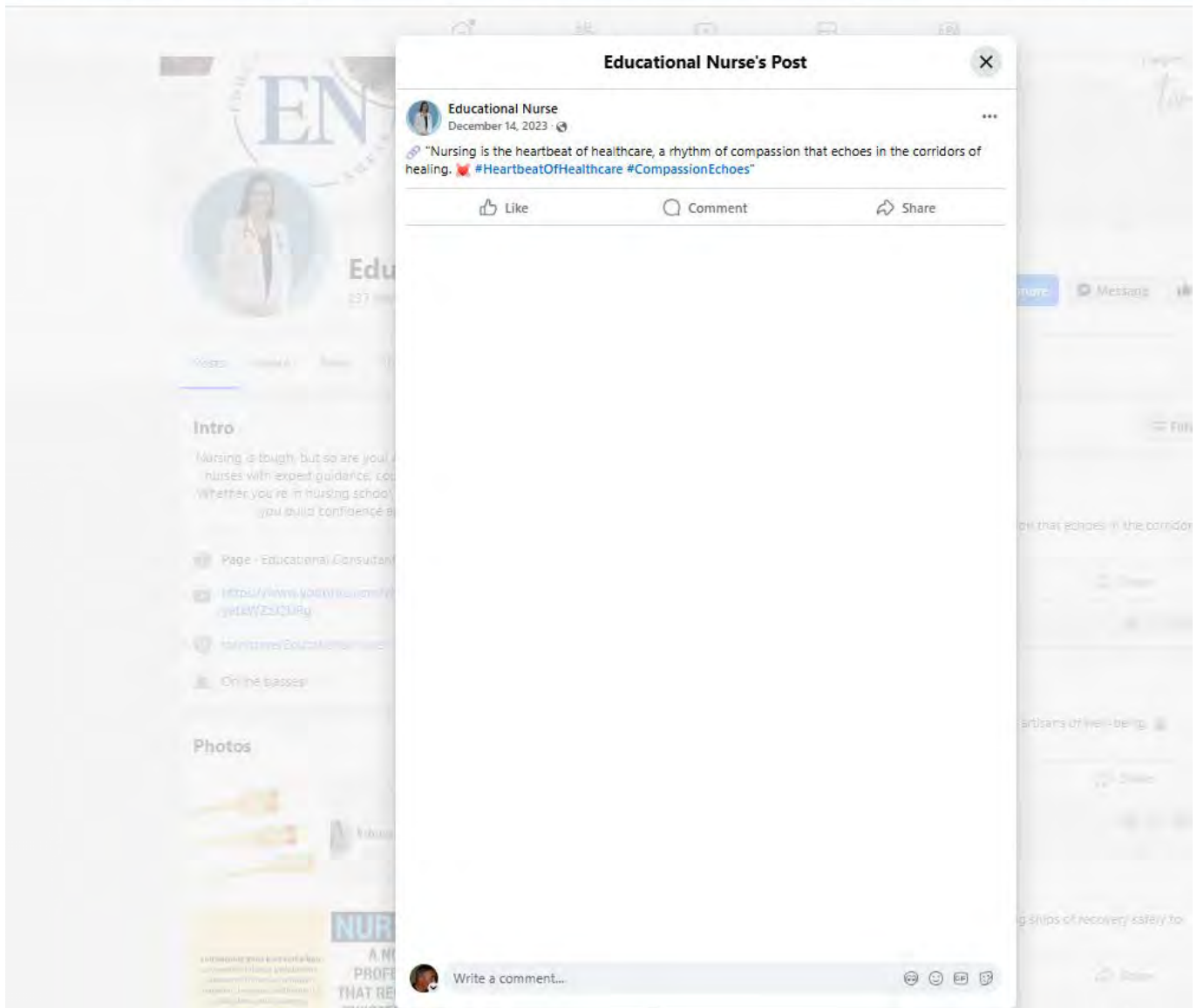
j https://www.facebook.com/permalink.php?story_fbid=pfbid02n3J23jXzKUZ3cKhOFOLGtpVWVG1rKq12Gx4VqAKcaXXXZGKojvvnEY288ZSKzml&id=61552231682394

After DOI

□ "Nursing is the heartbeat of healthcare, a rhythm of compassion that echoes in the corridors of healing. □ #HeartbeatOfHealthcare #CompassionEchoes"

C Posted: Dec 14, 2023

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 563794

f Kathryn M Watson MSN RN

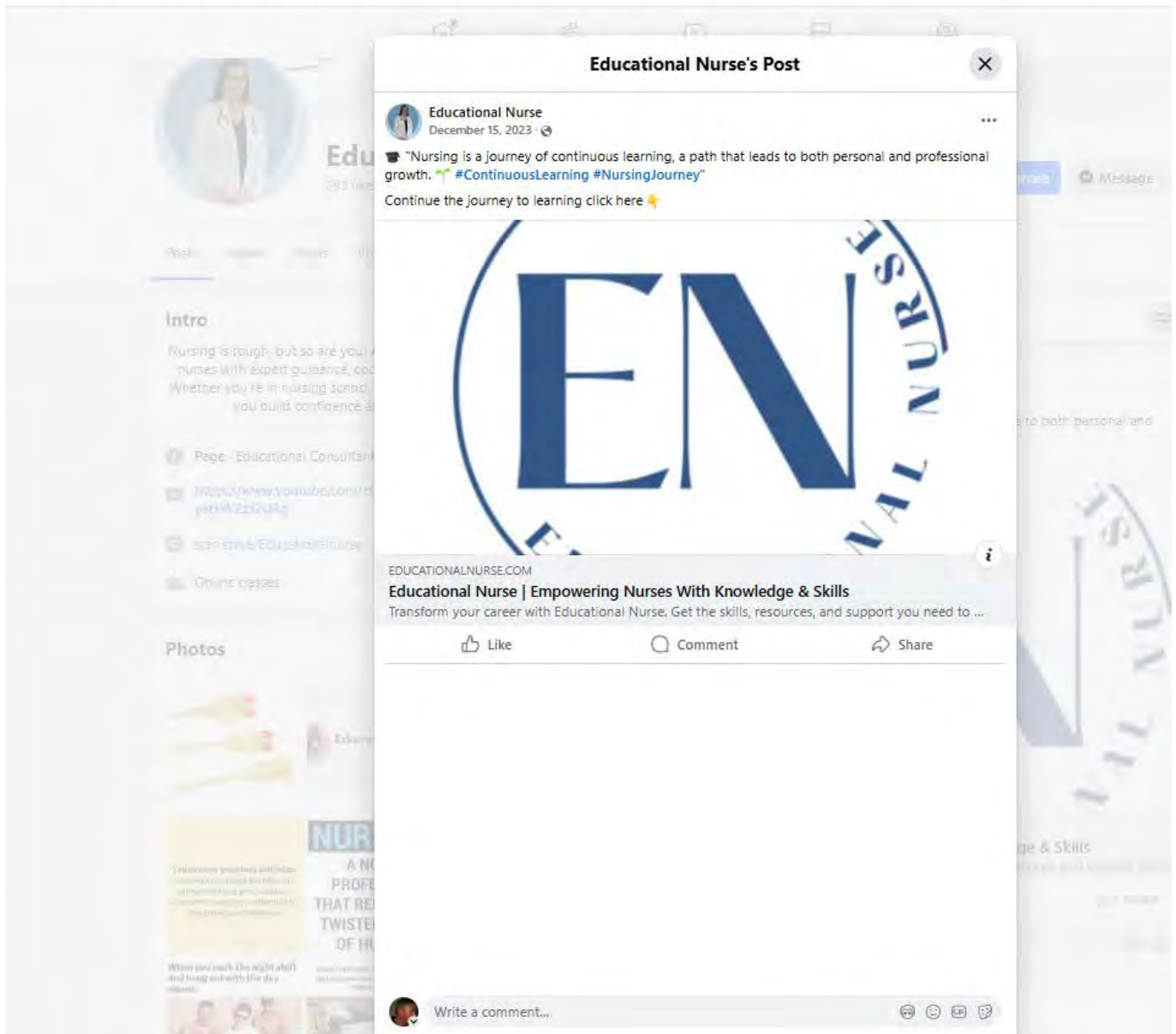
j https://www.facebook.com/permalink.php?story_fbid=pfbid0wBjFEYpcgaedGh1mu9eLCXWnE8Z6epEhQotVls9ebvymr6zz3ixwvFBmz9P2UMBj&id=61552231682394

C Posted: Dec 15, 2023

C Captured: Mar 28, 2025

After DOI

□ "Nursing is a journey of continuous learning, a path that leads to both personal and professional growth. □ #ContinuousLearning #NursingJourney" Continue the journey to learning click here □



B Facebook

B 61552231682394

B System ID: 563796

f Kathryn M Watson MSN RN

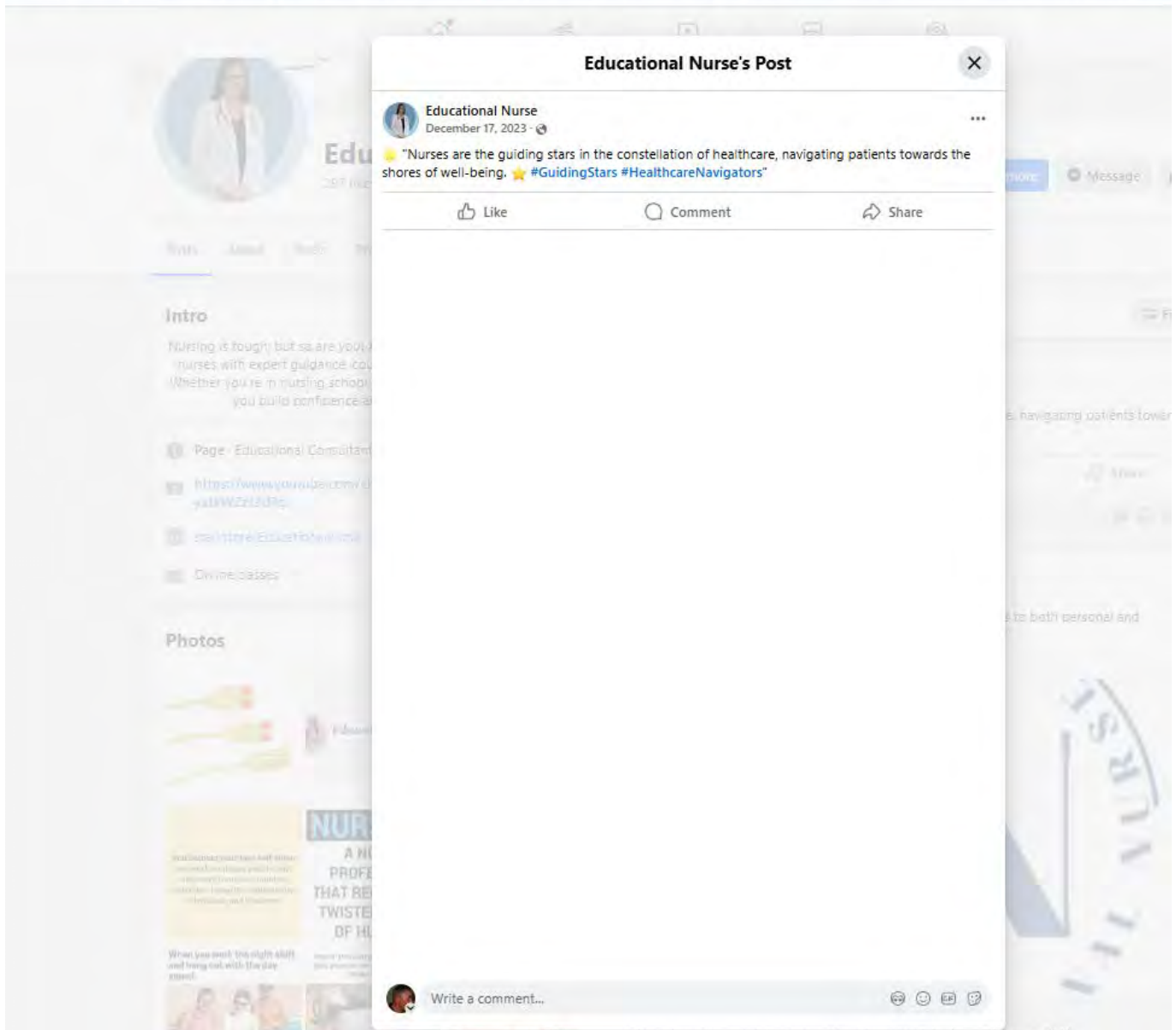
j https://www.facebook.com/permalink.php?story_fbid=pfbid02XhstC4NrUwgd8ZLKaMxhuc4o3CErRtHUHEQKQgAb3UThosCuvrtGzNd1mFwt13rAl&id=61552231682394

C Posted: Dec 17, 2023

C Captured: Mar 28, 2025

After DOI

□ "Nurses are the guiding stars in the constellation of healthcare, navigating patients towards the shores of well-being. □ #GuidingStars #HealthcareNavigators"



B Facebook

B [61552231682394](#)

B System ID: [563798](#)

f [Kathryn M Watson MSN RN](#)

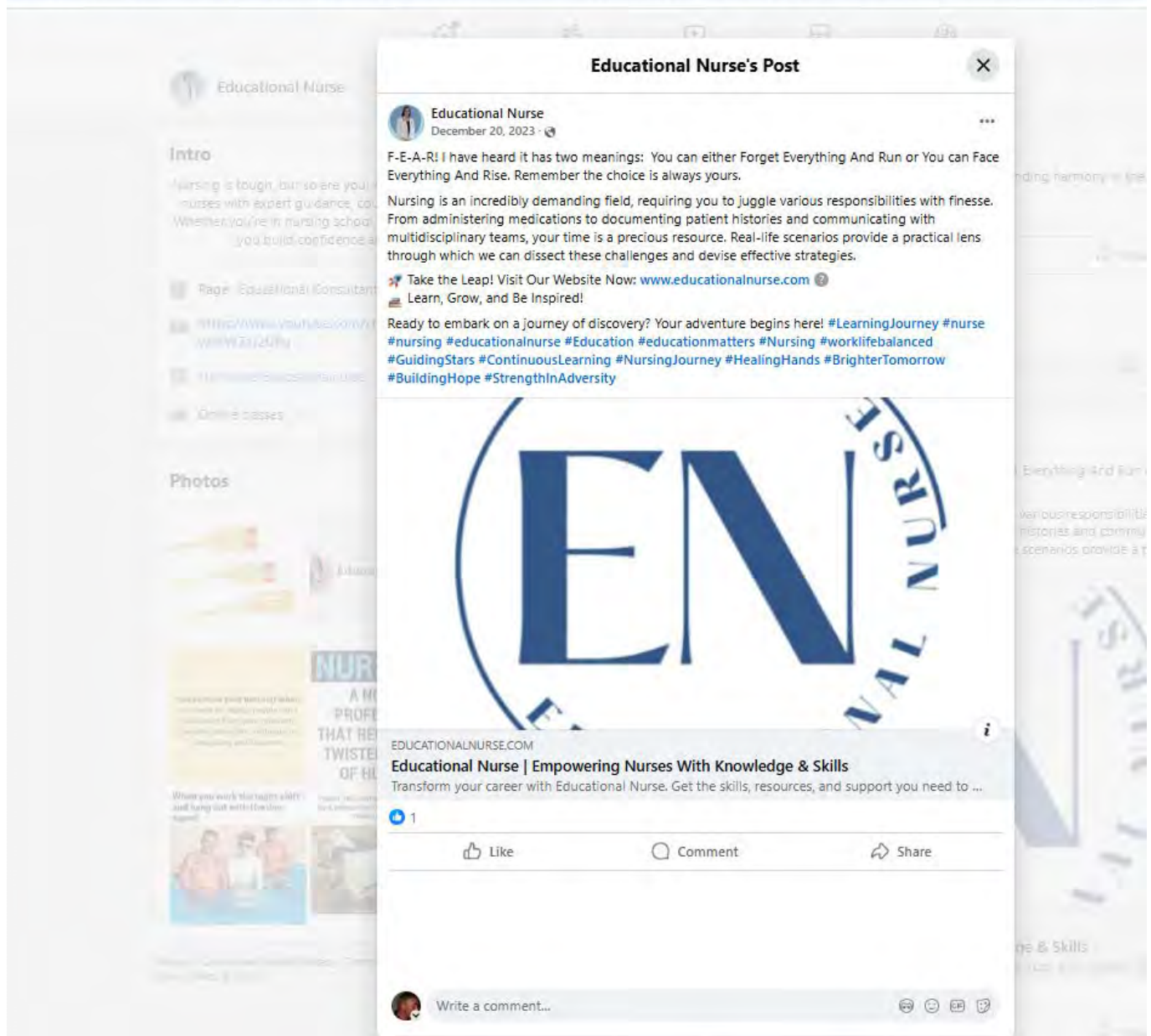
j https://www.facebook.com/permalink.php?story_fbid=pfbid0L18yXhbi6Yb88NKFkxmB3XGVU2j9t32VB6AzJRjN7uUhhzhziq9HyXAawLu8Jk3kl&id=61552231682394

C Posted: Dec 20, 2023

C Captured: Mar 28, 2025

After DOI

F-E-A-R! I have heard it has two meanings: You can either Forget Everything And Run or You can Face Everything And Rise. Remember the choice is always yours. Nursing is an incredibly demanding field, requiring you to juggle various responsibilities with finesse. From administering medications to documenting patient histories and communicating with multidisciplinary teams, your time is a precious resource. Real-life scenarios provide a practical lens through which we can dissect these challenges and devise effective strategies. ☐ Take the Leap! Visit Our Website Now: www.educationalnurse.com ☐ Learn, Grow, and Be Inspired! Ready to embark on a journey of discovery? Your adventure begins here! #LearningJourney #nurse #nursing #educationalnurse #Education #educationmatters #Nursing #worklifebalanced #GuidingStars #ContinuousLearning #NursingJourney #HealingHands #BrighterTomorrow #BuildingHope #StrengthInAdversity



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid0L18yXhbi6Yb88NKFkxmB3XGVU2j9t32VB6AzJRjN7uUhhyhziq9HyXAawLu8Jk3kl&id=61552231682394)

B System ID: 563803

f [Kathryn M Watson MSN RN](#)

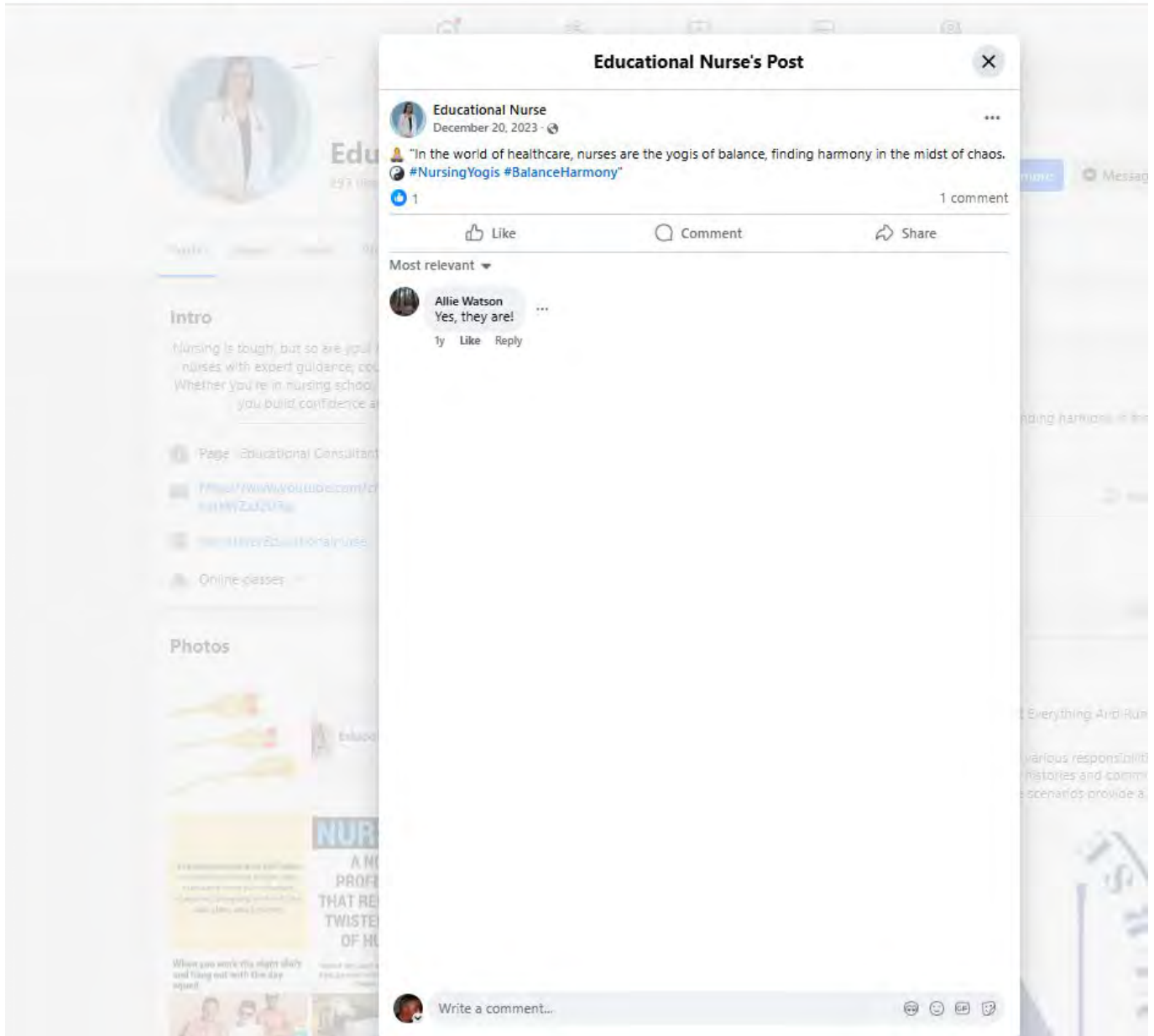
j https://www.facebook.com/permalink.php?story_fbid=pfbid0sZ4aNNJG22rqEtt7sjNT3Oq94a8RpvkET4aaBafAS3zkNq3oqzZiRZYERXVXWVxjl&id=61552231682394

C Posted: Dec 20, 2023

C Captured: Mar 28, 2025

After DOI

☐♀ "In the world of healthcare, nurses are the yogis of balance, finding harmony in the midst of chaos. ☐ #NursingYogis #BalanceHarmony"



B Facebook

B 61552231682394

B System ID: 563808

f Kathryn M Watson MSN RN

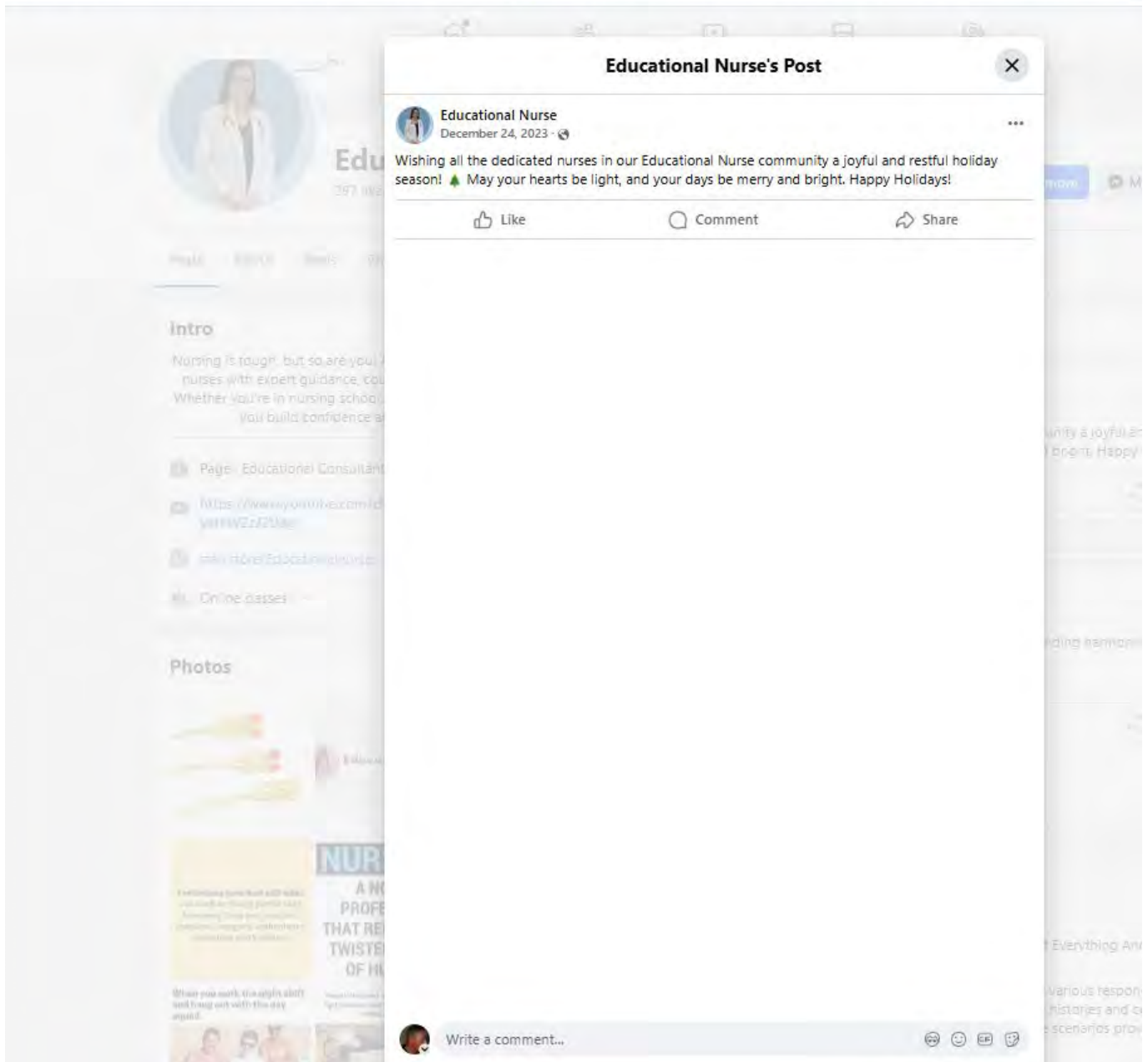
j https://www.facebook.com/permalink.php?story_fbid=pfbid0L4XLPyzisiA3OxsjkUrWxPAij53E9QzGaiTmbKbbb8FGUcDjnVkgiajHfF4Myrl&id=61552231682394

C Posted: Dec 24, 2023

C Captured: Mar 28, 2025

After DOI

Wishing all the dedicated nurses in our Educational Nurse community a joyful and restful holiday season! ☐ May your hearts be light, and your days be merry and bright. Happy Holidays!



TikTok

[@educational_nurse1](#)

System ID: [564401](#)

C Posted: Dec 24, 2023

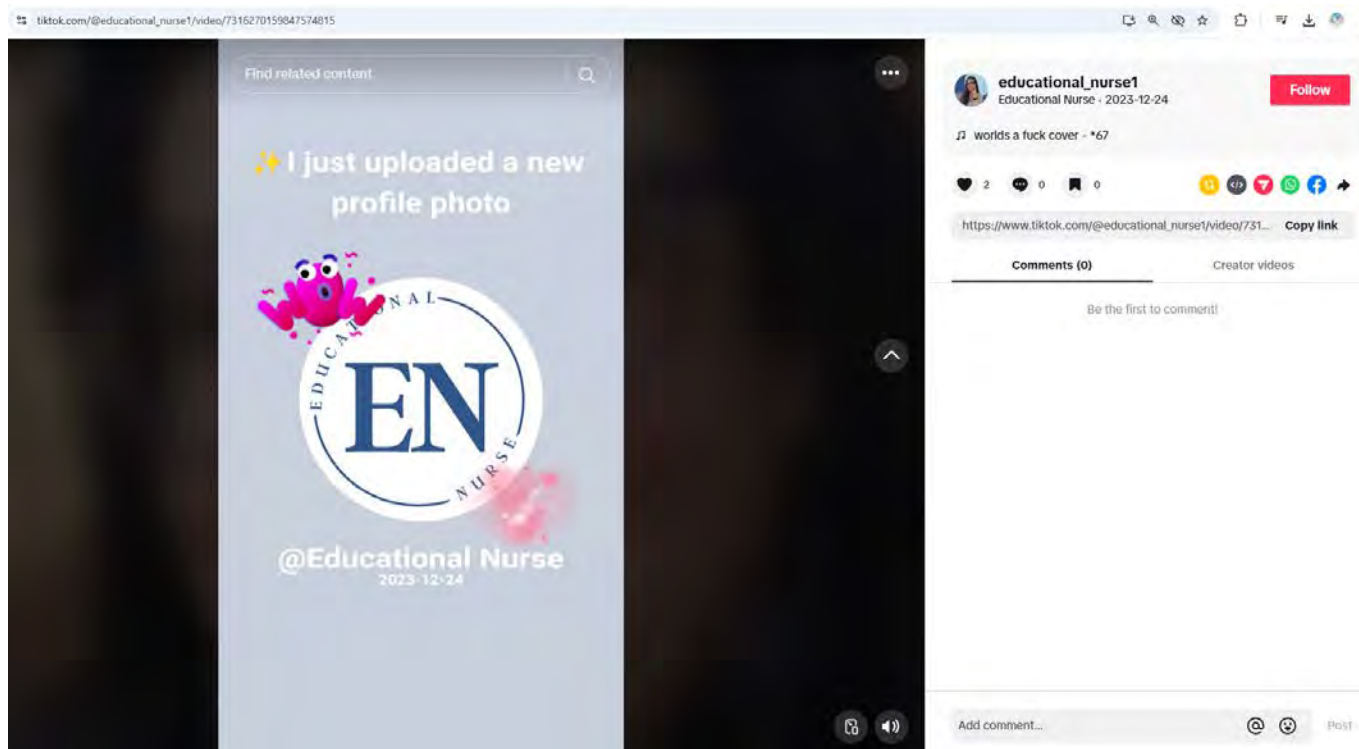
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7316270159847574815

After DOI

Post about Educational Nurse.



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [563810](#)

f [Kathryn M Watson MSN RN](#)

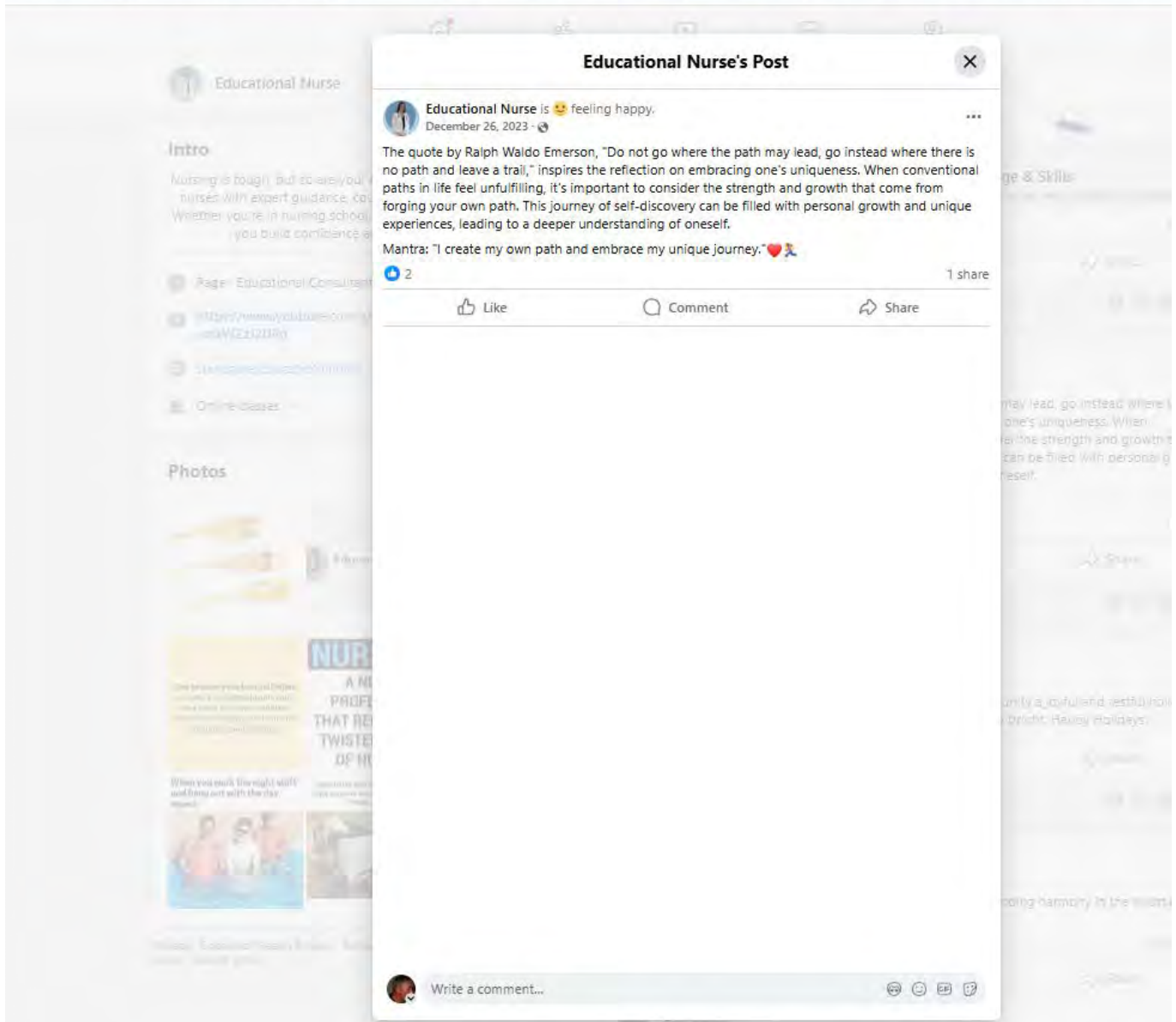
j https://www.facebook.com/permalink.php?story_fbid=pfbid0eKkcDfAq8bSvBouD2y7H5vNwmxHRPS4yG2uKBjxm977YHjkPq797NUw8TGieN2B2l&id=61552231682394

C Posted: Dec 26, 2023

C Captured: Mar 28, 2025

After DOI

The quote by Ralph Waldo Emerson, "Do not go where the path may lead, go instead where there is no path and leave a trail," inspires the reflection on embracing one's uniqueness. When conventional paths in life feel unfulfilling, it's important to consider the strength and growth that come from forging your own path. This journey of self-discovery can be filled with personal growth and unique experiences, leading to a deeper understanding of oneself. Mantra: "I create my own path and embrace my unique journey." ♀



B Facebook

B 61552231682394

B System ID: 563813

f Kathryn M Watson MSN RN

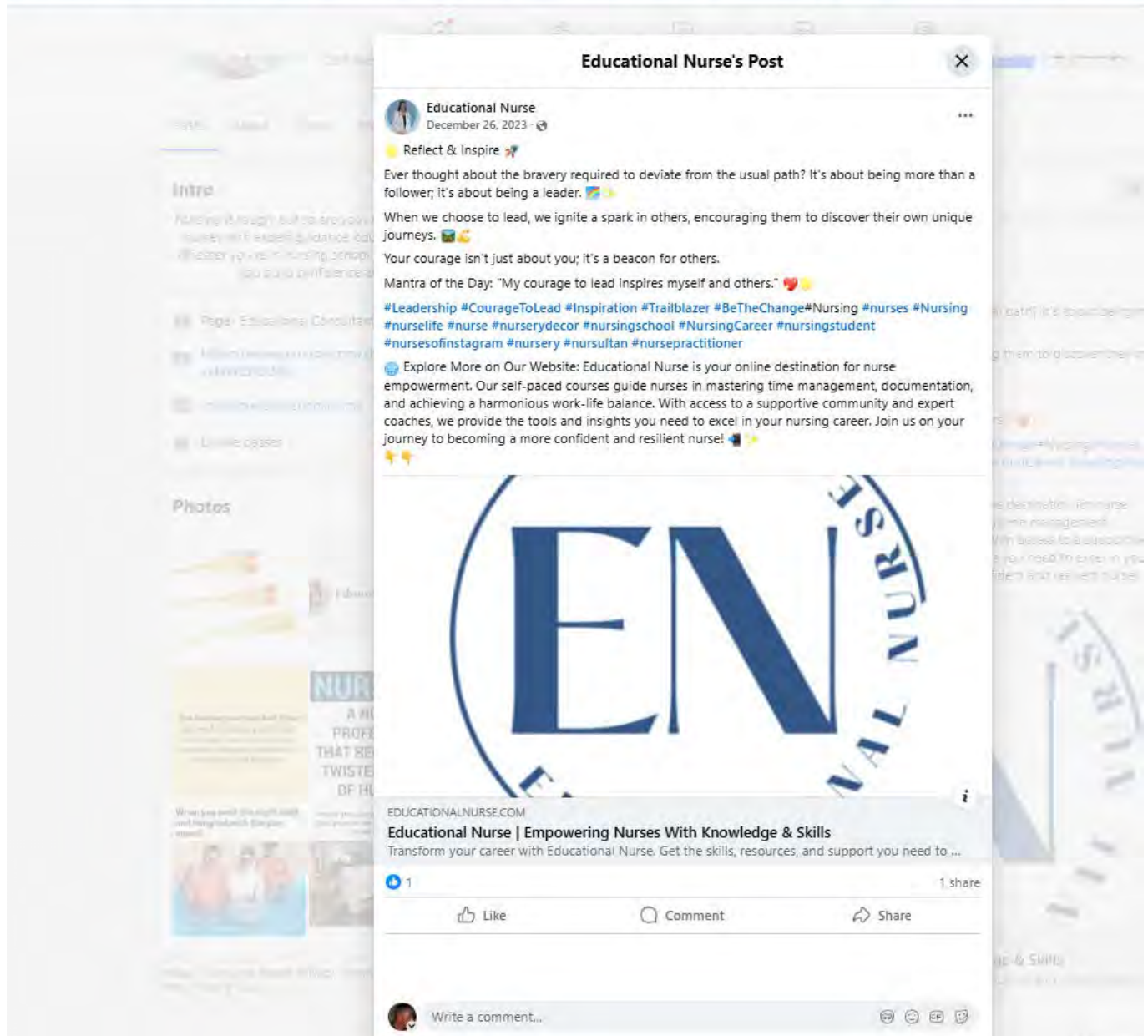
j https://www.facebook.com/permalink.php?story_fbid=pfbid05fW839epiokejEwp9MGKSHGn7eW5tC1fFarjXpGad2D4YGdVTkpC3KVgeST1m4DI&id=61552231682394

After DOI

☐ Reflect & Inspire ☐ Ever thought about the bravery required to deviate from the usual path? It's about being more than a follower; it's about being a leader. ☐☐ When we choose to lead, we ignite a spark in others, encouraging them to discover their own unique journeys. ☐☐ Your courage isn't just about you; it's a beacon for others. Mantra of the Day: "My courage to lead inspires myself and others." ☐☐ #Leadership #CourageToLead #Inspiration #Trailblazer #BeTheChange#Nursing #nurses #Nursing #nurselife #nurse #nurserydecor #nursingschool #NursingCareer #nursingstudent #nursesofinstagram #nursery #nursultan #nursepractitioner ☐ Explore More on Our Website: Educational Nurse is your online destination for nurse empowerment. Our self-paced courses guide nurses in mastering time management, documentation, and achieving a harmonious work-life balance. With access to a supportive community and expert coaches, we provide the tools and insights you need to excel in your nursing career. Join us on your journey to becoming a more confident and resilient nurse! ☐☐ ☐☐

C Posted: Dec 26, 2023

C Captured: Mar 28, 2025



TikTok

[@educational_nurse1](#)

System ID: [564400](#)

C Posted: Dec 26, 2023

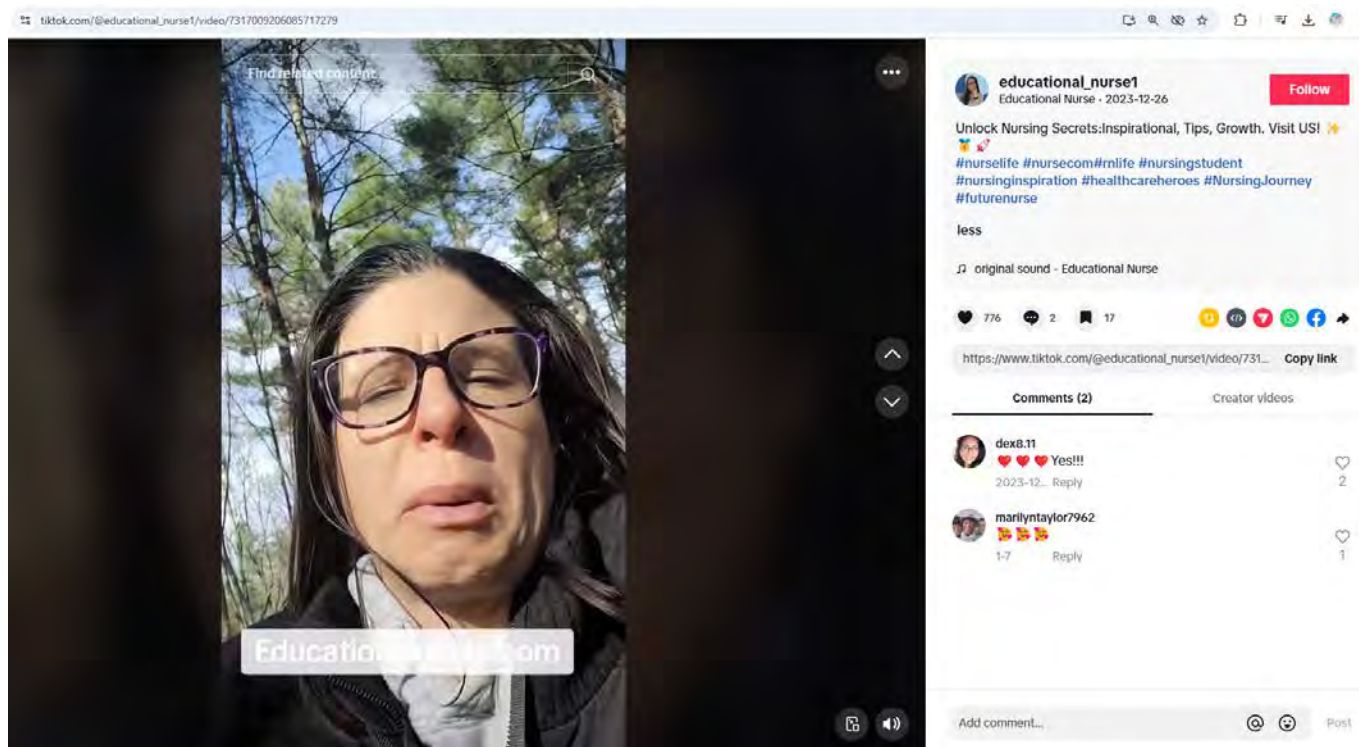
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7317009206085717279

After DOI

Unlock Nursing Secrets: Inspirational, Tips, Growth. Visit US! 📖 #nurselife #nursecom #rnlife #nursingstudent #nursinginspiration #healthcareheroes #NursingJourney #futurenurse



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564408](#)

C Posted: Dec 26, 2023

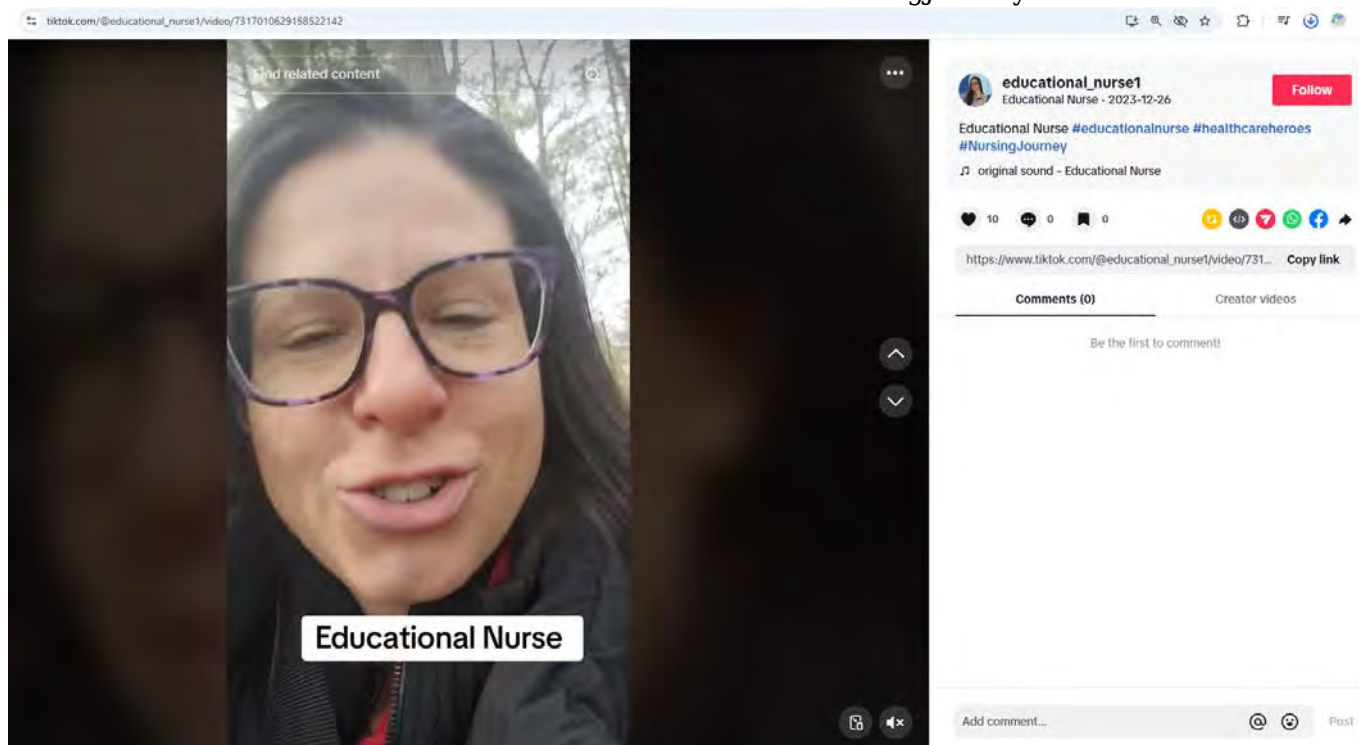
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7317010629158522142

After DOI

Educational Nurse #educationalnurse #healthcareheroes #NursingJourney



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564415](#)

C Posted: Dec 26, 2023

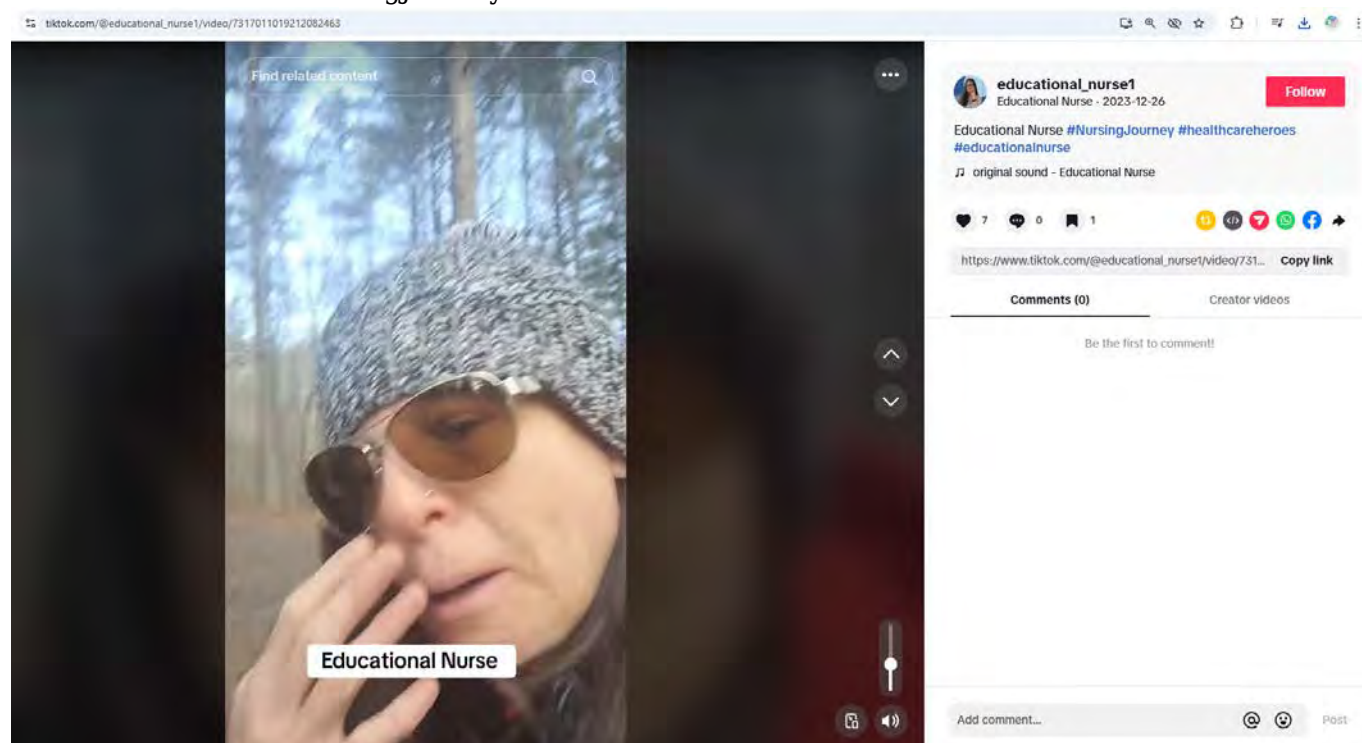
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7317011019212082463

After DOI

Educational Nurse #NursingJourney #healthcareheroes #educationalnurse



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564428](#)

C Posted: Dec 26, 2023

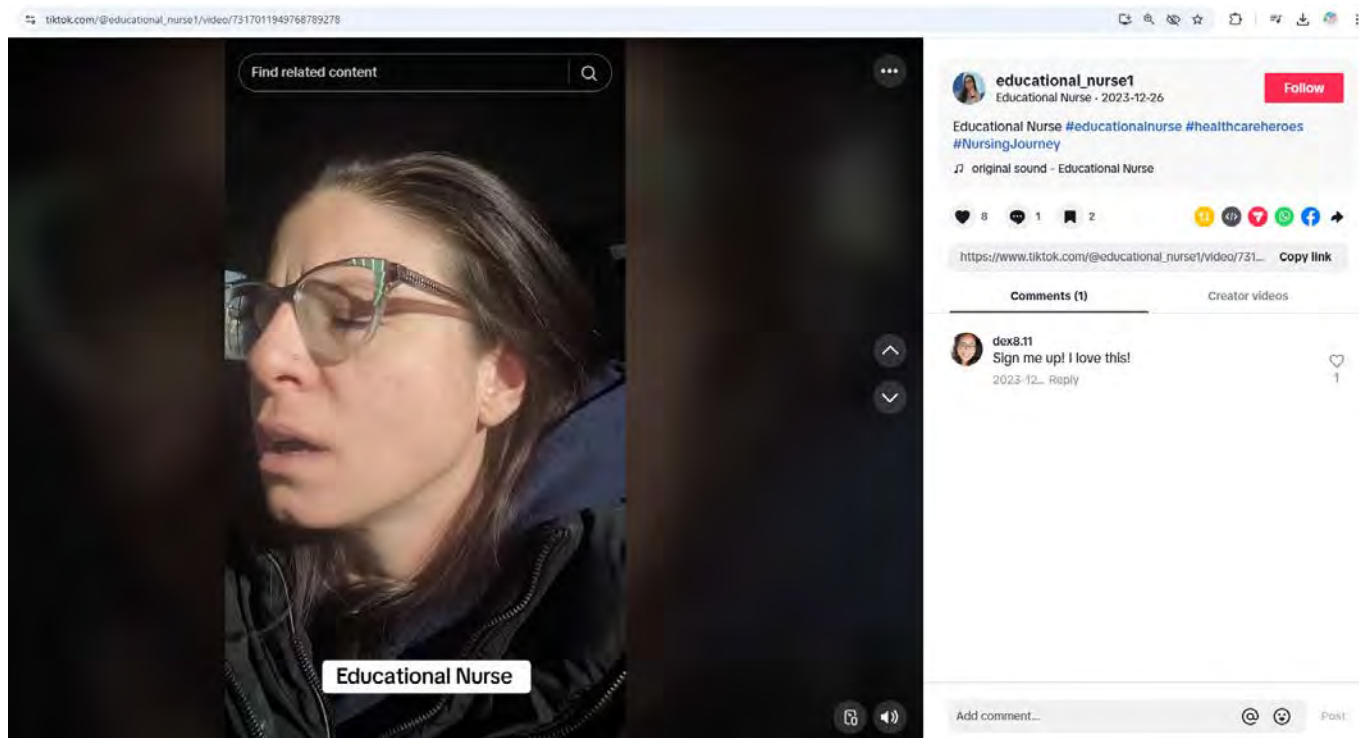
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7317011949768789278

After DOI

Educational Nurse #educationalnurse #healthcareheroes #NursingJourney



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7317011949768789278)

B Facebook

B [katie.watson.33821](#)

B System ID: [563814](#)

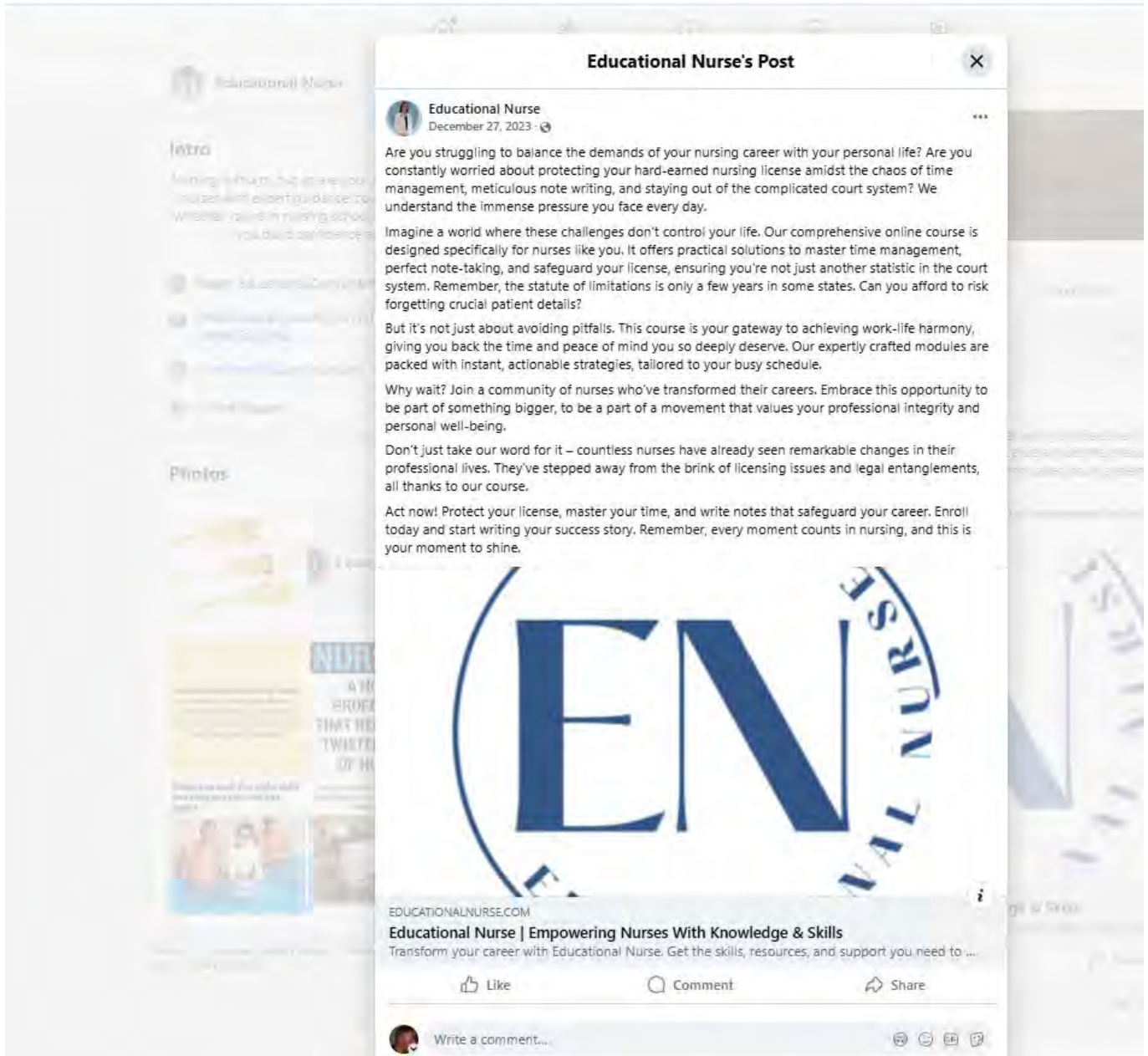
f [Kathryn M Watson MSN RN](#)

j https://www.facebook.com/permalink.php?story_fbid=pfbid0FYRHfadcnPo4ywbogsfsjVT8qRruMtRZFcWSjn6AWpLyYFSTWCTjdByym8zU3vKl&id=61552231682394

After DOI

Are you struggling to balance the demands of your nursing career with your personal life? Are you constantly worried about protecting your hard-earned nursing license amidst the chaos of time management, meticulous note writing, and staying out of the complicated court system? We understand the immense pressure you face every day. Imagine a world where these challenges don't control your life. Our comprehensive online course is designed specifically for nurses like you. It offers practical solutions to master time management, perfect note-taking, and safeguard your license, ensuring you're not just another statistic in the court system. Remember, the statute of limitations is only a few years in some states. Can you afford to risk forgetting crucial patient details? But it's not just about avoiding pitfalls. This course is your gateway to achieving work-life harmony, giving you back the time and peace of mind you so deeply deserve. Our expertly crafted modules are packed with instant, actionable strategies, tailored to your busy schedule. Why wait? Join a community of nurses who've transformed their careers. Embrace this opportunity to be part of something bigger, to be a part of a movement that values your professional integrity and personal well-being. Don't just take our word for it – countless nurses have already seen remarkable changes in their professional lives. They've stepped away from the brink of licensing issues and legal entanglements, all thanks to our course. Act now! Protect your license, master your time, and write notes that safeguard your career. Enroll today and start writing your success story. Remember, every moment counts in nursing, and this is your moment to shine.

C Posted: Dec 27, 2023
C Captured: Mar 28, 2025



TikTok

[@educational_nurse1](#)

System ID: [564431](#)

C Posted: Dec 27, 2023

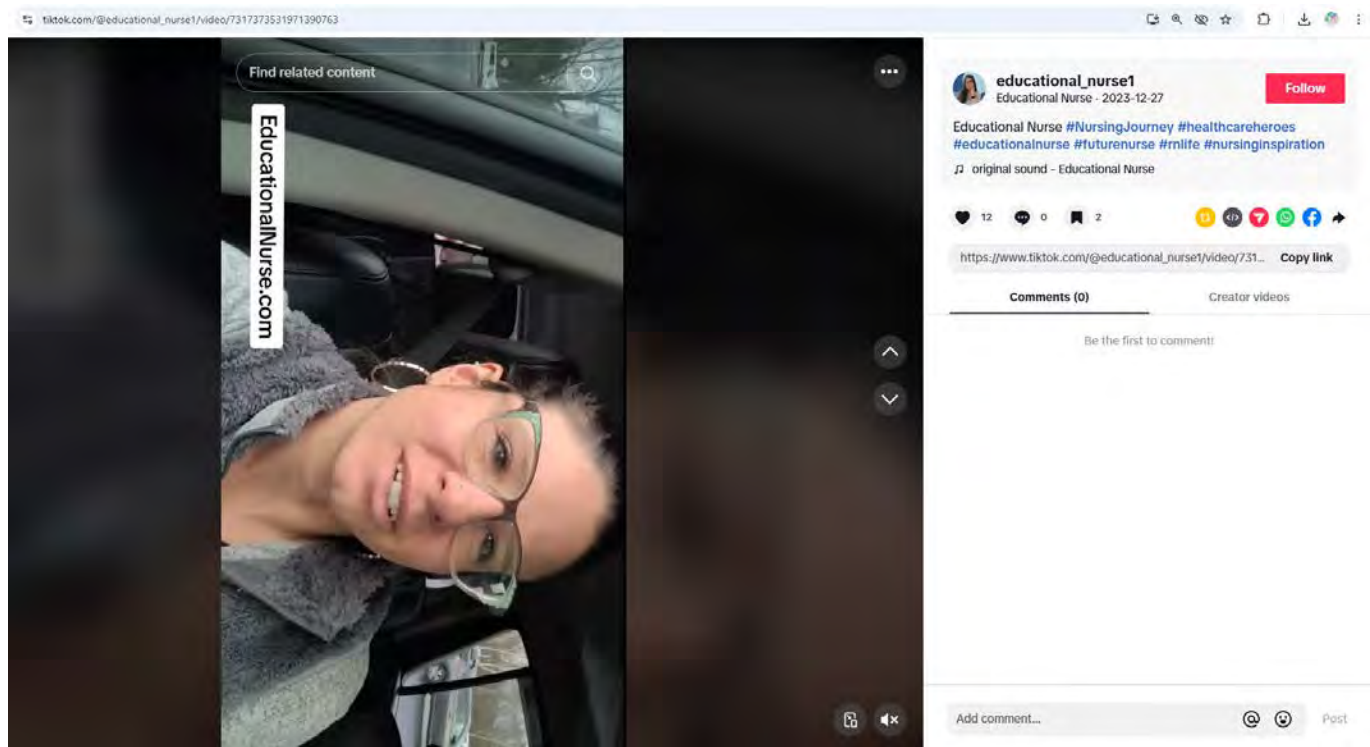
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7317373531971390763

After DOI

Educational Nurse #NursingJourney #healthcareheroes #educationalnurse #futurenurse #rnlife #nursinginspiration



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7317373531971390763)

B Facebook

B 61552231682394

B System ID: 563817

f Kathryn M Watson MSN RN

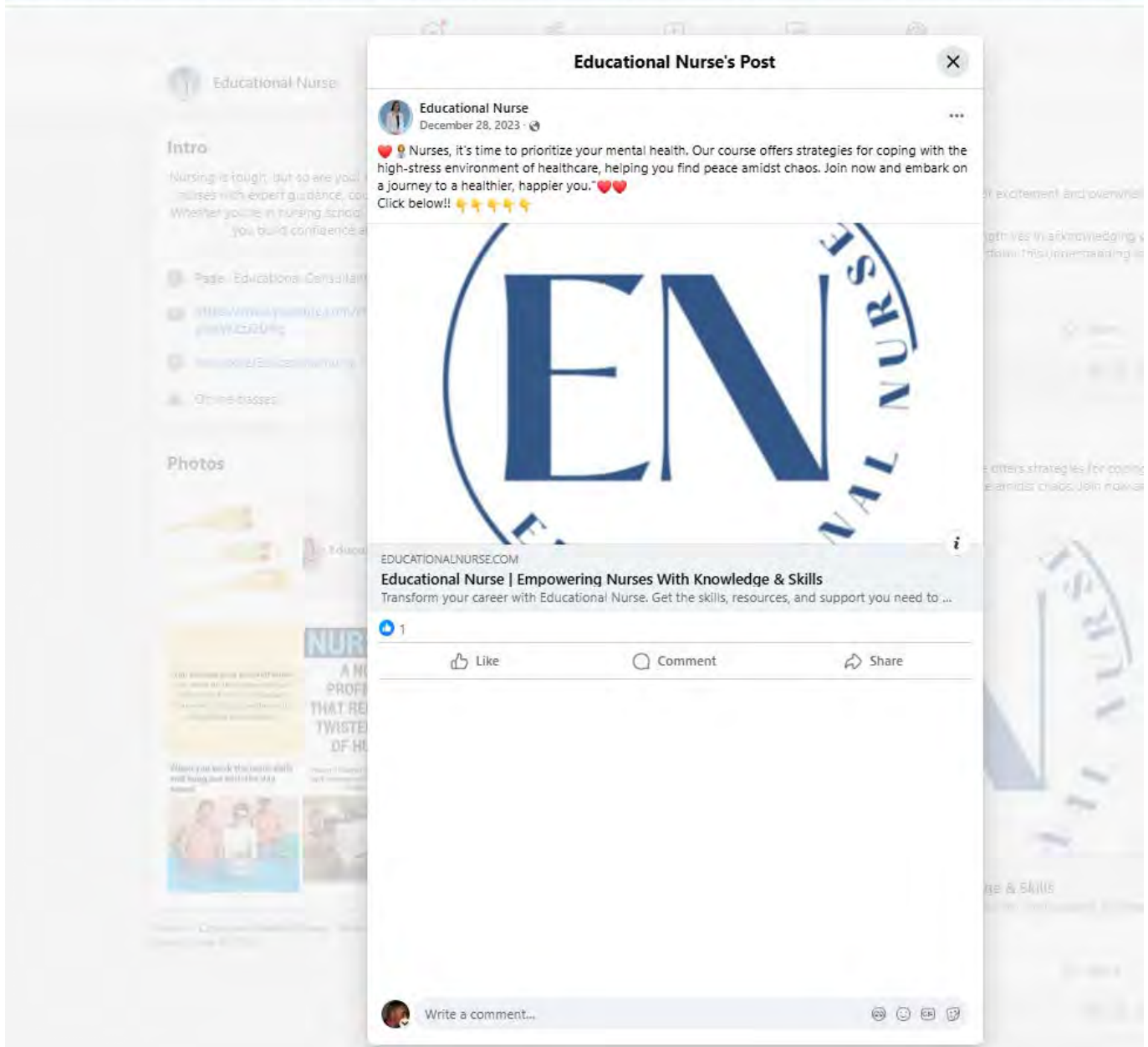
j https://www.facebook.com/permalink.php?story_fbid=pfbid0vPCriyFXMXDCVd27PTFB32hPsfMUdVnXR4f8PNHeZgci8bWB8BrfhMW2XYp5r7shl&id=61552231682394

C Posted: Dec 28, 2023

C Captured: Mar 28, 2025

After DOI

👩🏻👩🏻Nurses, it's time to prioritize your mental health. Our course offers strategies for coping with the high-stress environment of healthcare, helping you find peace amidst chaos. Join now and embark on a journey to a healthier, happier you."👉👉 Click below!! 📄📄📄



B Facebook

B 61552231682394

B System ID: 563818

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02FeeFag7WS3KDfrOE6xU3yoZyZb6jlgwgm2BfSBTisfLAsIJ89Kx5NyiVLyuObGil&id=61552231682394

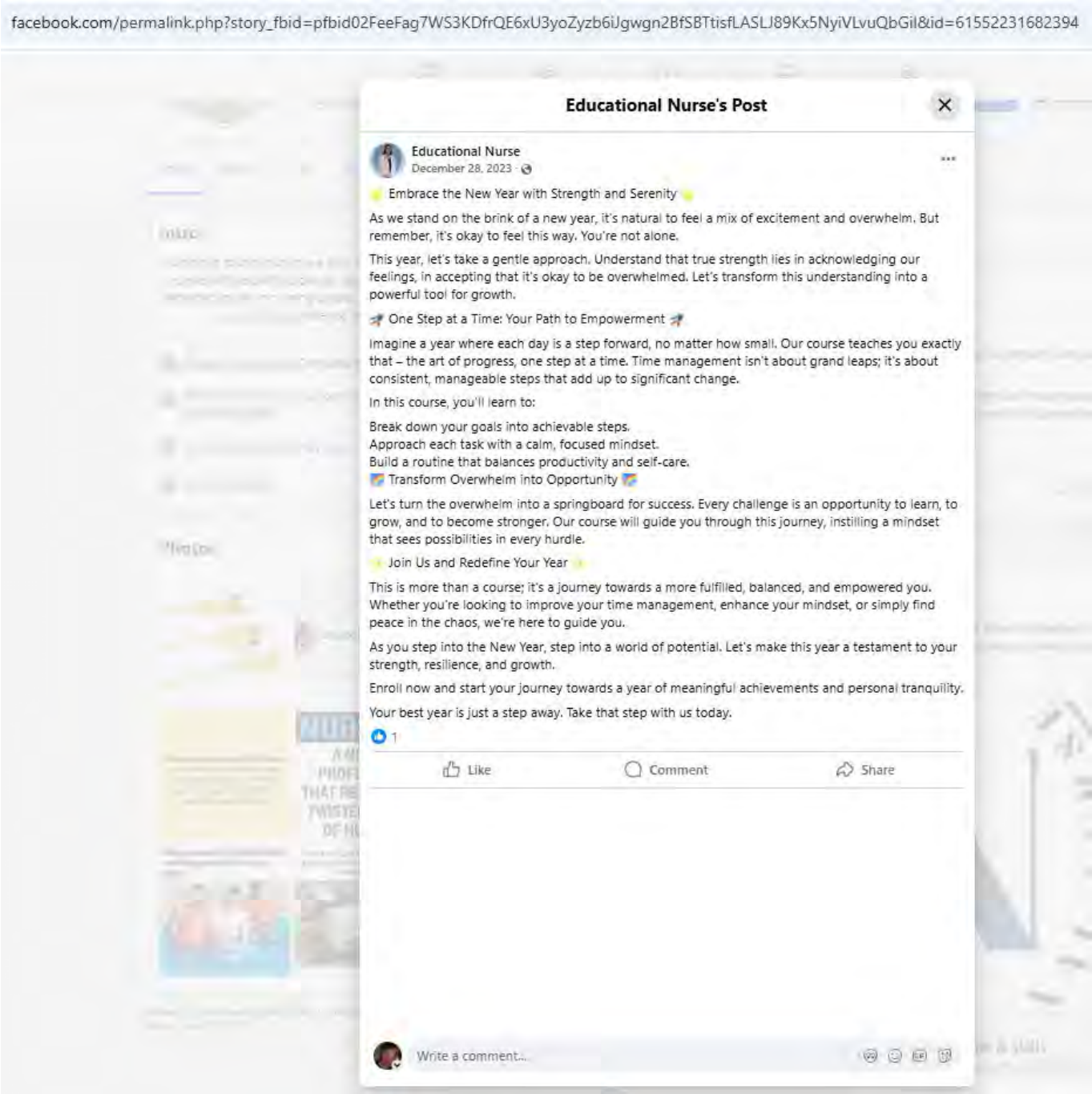
C Posted: Dec 28, 2023

C Captured: Mar 28, 2025

After DOI

□ Embrace the New Year with Strength and Serenity □ As we stand on the brink of a new year, it's natural to feel a mix of excitement and overwhelm. But remember, it's okay to feel this way. You're not alone. This year, let's take a gentle approach. Understand that true strength lies in acknowledging our feelings, in accepting that it's okay to be overwhelmed. Let's transform this understanding into a powerful tool for growth. □ One Step at a Time: Your Path to Empowerment □ Imagine a year where each day is a step forward, no matter how small. Our course teaches you exactly that - the art of progress, one step at a time. Time management isn't about grand leaps; it's about consistent, manageable steps that add up to significant change. In this course, you'll learn to: Break down your goals into achievable steps. Approach each task with a calm, focused mindset. Build a routine that balances productivity and self-care. □ Transform Overwhelm into Opportunity □

Let's turn the overwhelm into a springboard for success. Every challenge is an opportunity to learn, to grow, and to become stronger. Our course will guide you through this journey, instilling a mindset that sees possibilities in every hurdle. ☑ Join Us and Redefine Your Year ☑ This is more than a course; it's a journey towards a more fulfilled, balanced, and empowered you. Whether you're looking to improve your time management, enhance your mindset, or simply find peace in the chaos, we're here to guide you. As you step into the New Year, step into a world of potential. Let's make this year a testament to your strength, resilience, and growth. Enroll now and start your journey towards a year of meaningful achievements and personal tranquility. Your best year is just a step away. Take that step with us today.



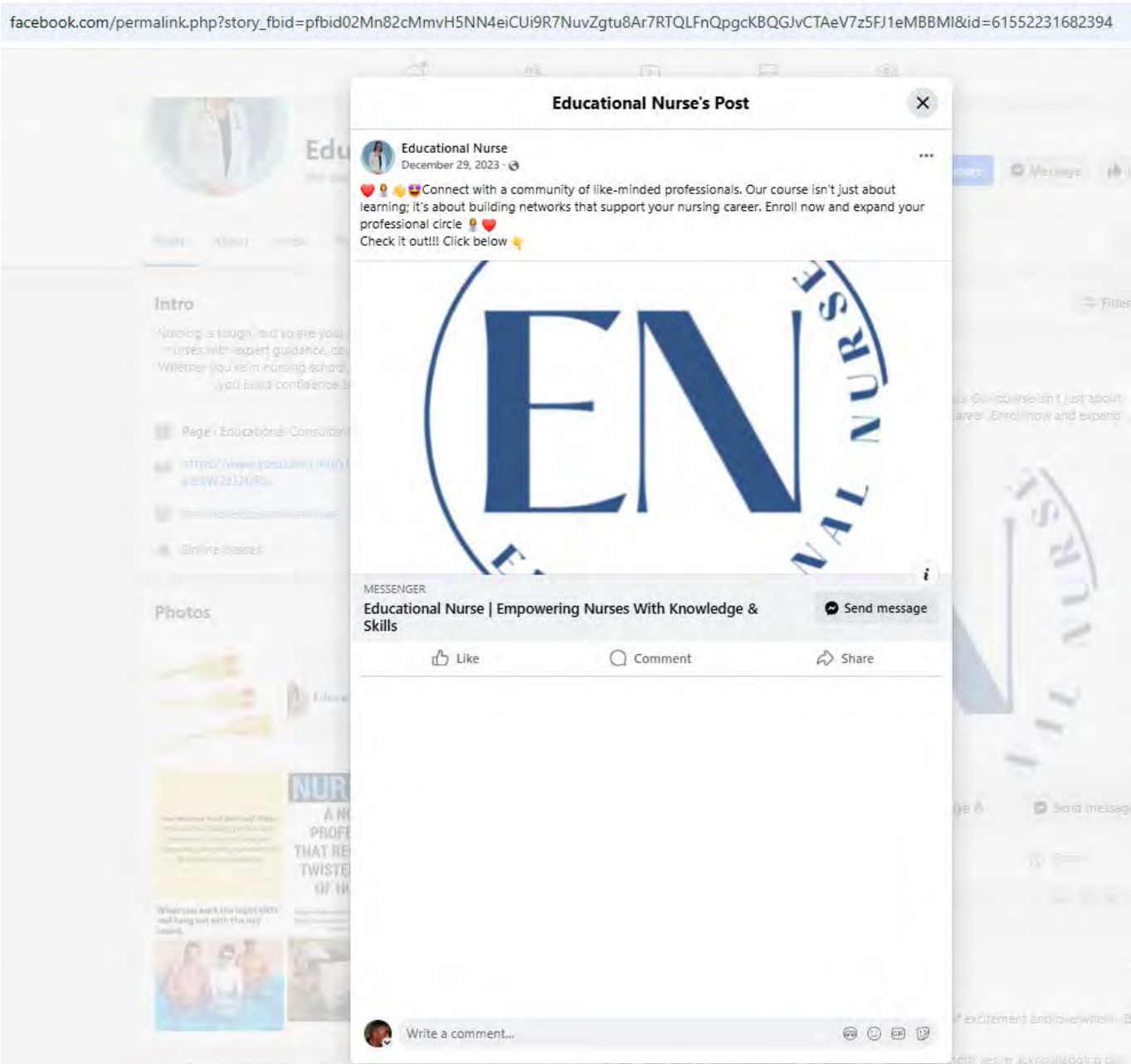
B Facebook

B 61552231682394
B System ID: 563821
f Kathryn M Watson MSN RN
j https://www.facebook.com/permalink.php?story_fbid=pfbid02Mn82cMmvH5NN4eiCUi9R7NuvZgtu8Ar7RTOLFnOpqcKBQJvCTAeV7z5FJ1eMBBMi&id=61552231682394

C Posted: Dec 29, 2023
C Captured: Mar 28, 2025

After DOI

Connect with a community of like-minded professionals. Our course isn't just about learning; it's about building networks that support your nursing career. Enroll now and expand your professional circle Check it out!!! Click below



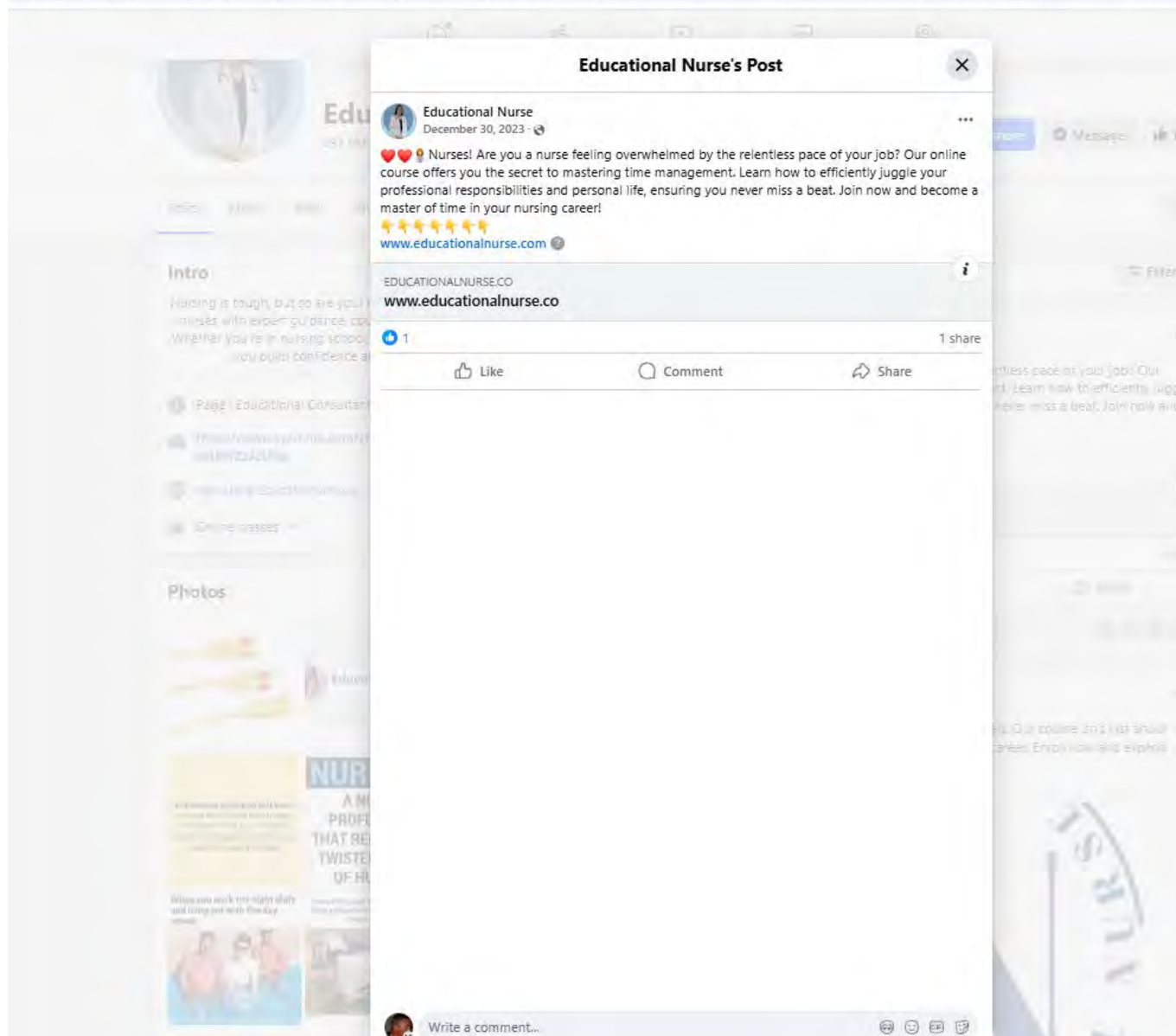
B Facebook

B 61552231682394
B System ID: 563823
f Kathryn M.Watson MSN RN
j https://www.facebook.com/permalink.php?story_fbid=pfbid02t7poBBTawF2gTYC1Hq4Ao49k7ZYUYJGMxdmVWkrHXoqLUmZYOT06nbPYeyDRq7el&id=61552231682394

C Posted: Dec 30, 2023
C Captured: Mar 28, 2025

After DOI

Nurses! Are you a nurse feeling overwhelmed by the relentless pace of your job? Our online course offers you the secret to mastering time management. Learn how to efficiently juggle your professional responsibilities and personal life, ensuring you never miss a beat. Join now and become a master of time in your nursing career! www.educationalnurse.com



B Facebook

B 61552231682394

B System ID: 563826

f Kathryn M Watson MSN RN

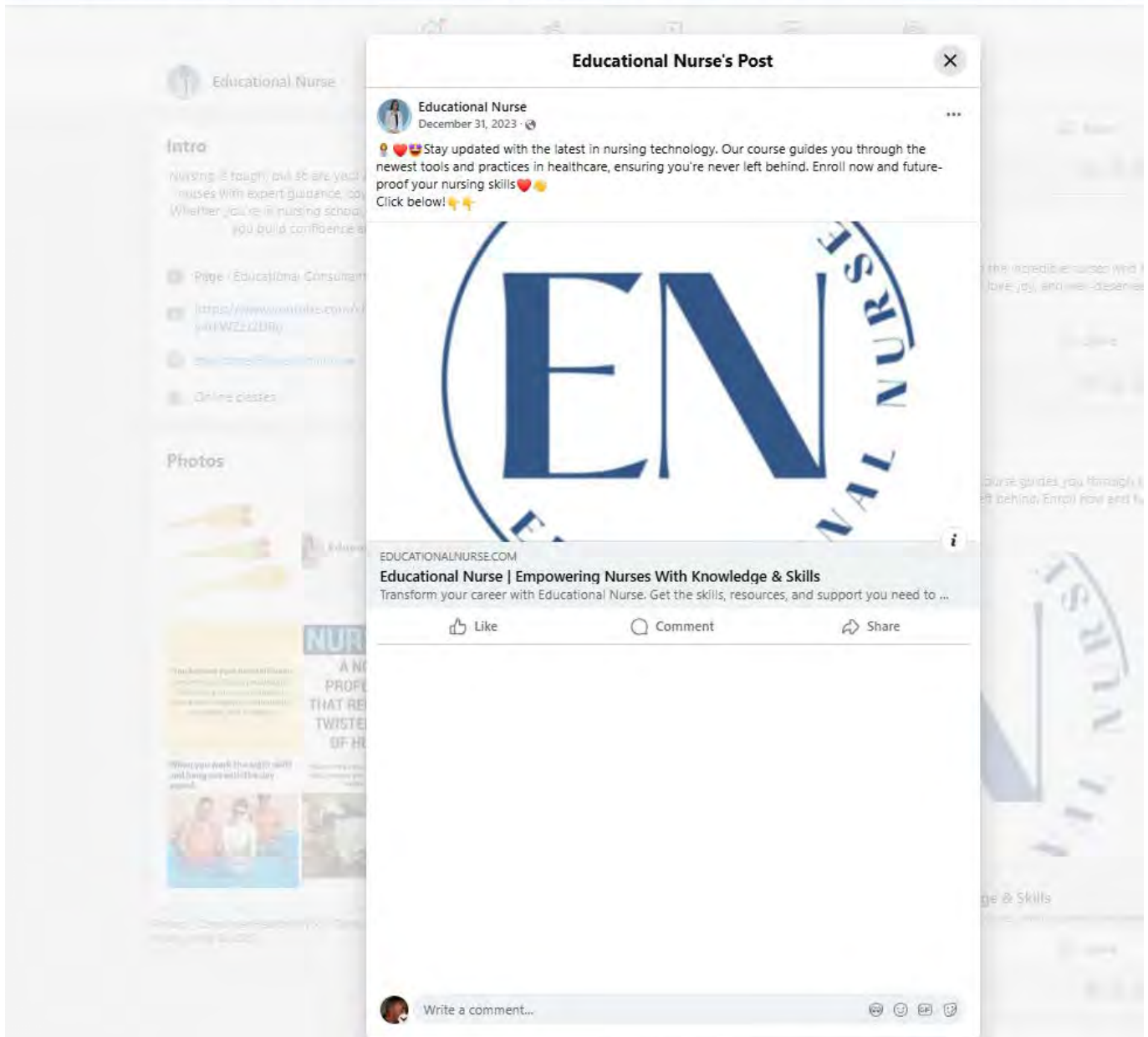
j https://www.facebook.com/permalink.php?story_fbid=pfbid02TbN29S34vKskCsgCkXgayDDfB622aFkUF4qcKUs7HiSMSjyANbG6kM1b839XrWPI&id=61552231682394

C Posted: Dec 31, 2023

C Captured: Mar 28, 2025

After DOI

Stay updated with the latest in nursing technology. Our course guides you through the newest tools and practices in healthcare, ensuring you're never left behind. Enroll now and future-proof your nursing skills Click below!



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid02TbN29S34vKskCsgCkXgayDDfB622aFkUF4qcKU57HiSMSjyANbG6kM1b839XrWPI&id=61552231682394)

B System ID: 563827

f [Kathryn M Watson MSN RN](#)

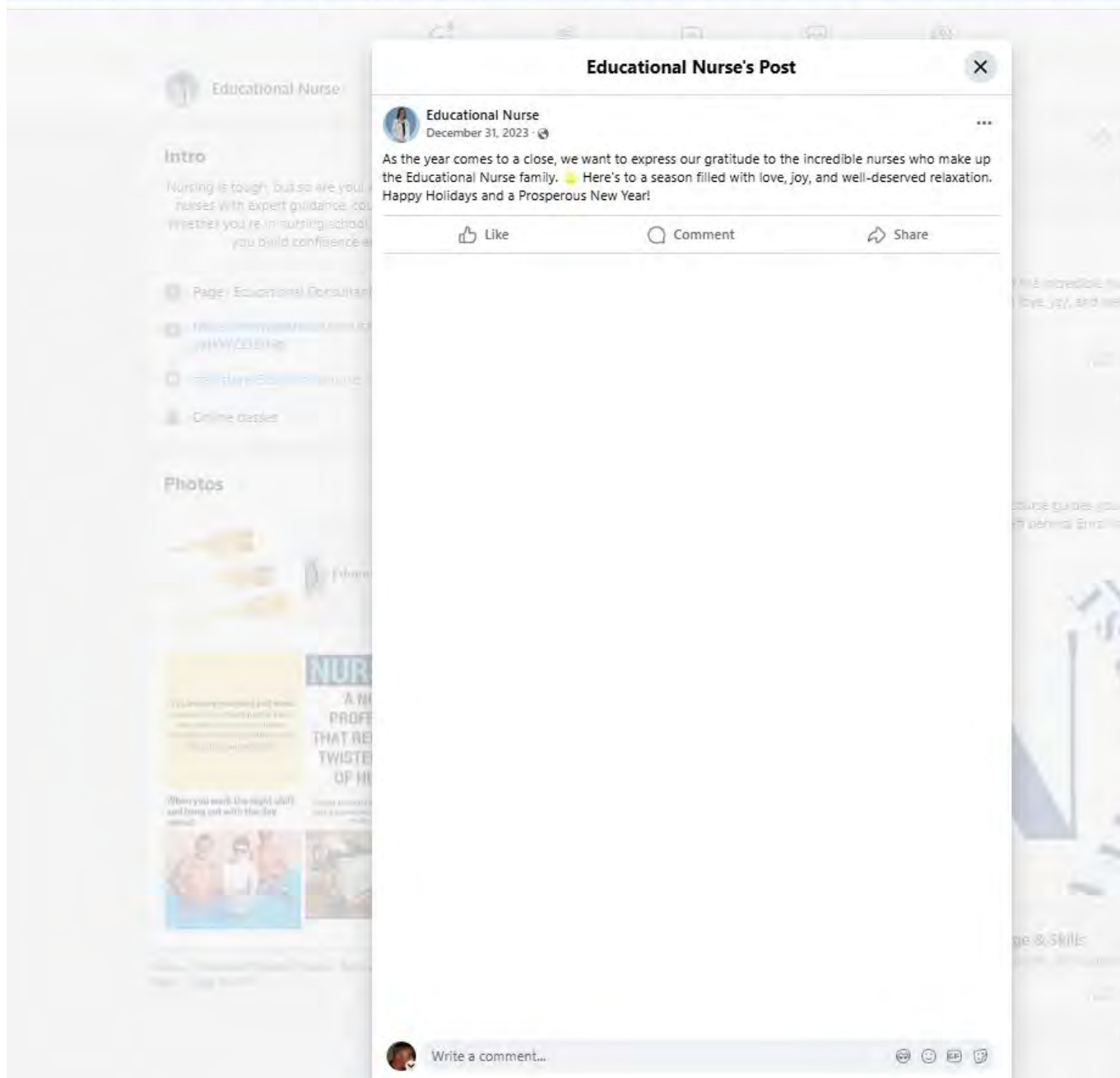
j https://www.facebook.com/permalink.php?story_fbid=pfbid0DoQ98srzCsCnA9TYot8xsiWqTirZGDHupxrL6iYpYr1P4TZQP4zscpWxo1FS15z8l&id=61552231682394

C Posted: Dec 31, 2023

C Captured: Mar 28, 2025

After DOI

As the year comes to a close, we want to express our gratitude to the incredible nurses who make up the Educational Nurse family. ☐ Here's to a season filled with love, joy, and well-deserved relaxation. Happy Holidays and a Prosperous New Year!



B Facebook

B 61552231682394

B System ID: 563829

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid05NaM8yJrfUuW2wsiv7MSFm4gYJ8QY5XpxeLPjGWpY7Tg2bAoYerQACHMe8cj5EWU1&id=61552231682394

C Posted: Dec 31, 2023

C Captured: Mar 28, 2025

After DOI

Combat nurse burnout with our expertly designed course. Learn to recognize the signs and implement effective strategies to keep burnout at bay. Sign up today and take control of your career and well-being Click below!!



B Facebook

B 61552231682394
B System ID: 563833
f Kathryn M Watson MSN RN
j https://www.facebook.com/permalink.php?story_fbid=pfbid0WfNn9mWmkkSvreUTNyUNa74YKL3k74aeRTNumUFNDCE7OTiaGM3yRw8jKvSEehR3l&id=61552231682394

C Posted: Jan 01, 2024
C Captured: Mar 28, 2025

After DOI

□□□□Elevate the quality of your patient care with our comprehensive course. Gain insights into advanced care techniques that make a real difference. Sign up today and be the nurse patients remember for all the right reasons□□□ Click below! □□□



B Facebook

B 61552231682394

B System ID: 563837

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid024TPWopDMH7ZuocfDzUHSzFEcb8a4r1qkmA4BH5sngjXSTy41jzDXJvGY11PdRXpul&id=61552231682394

C Posted: Jan 01, 2024

C Captured: Mar 28, 2025

After DOI

Strengthen your ethical foundation in nursing. Our course delves into the moral complexities of healthcare, guiding you to practice with integrity and honor. Enroll today and uphold the noblest standards of nursing! Click below!!

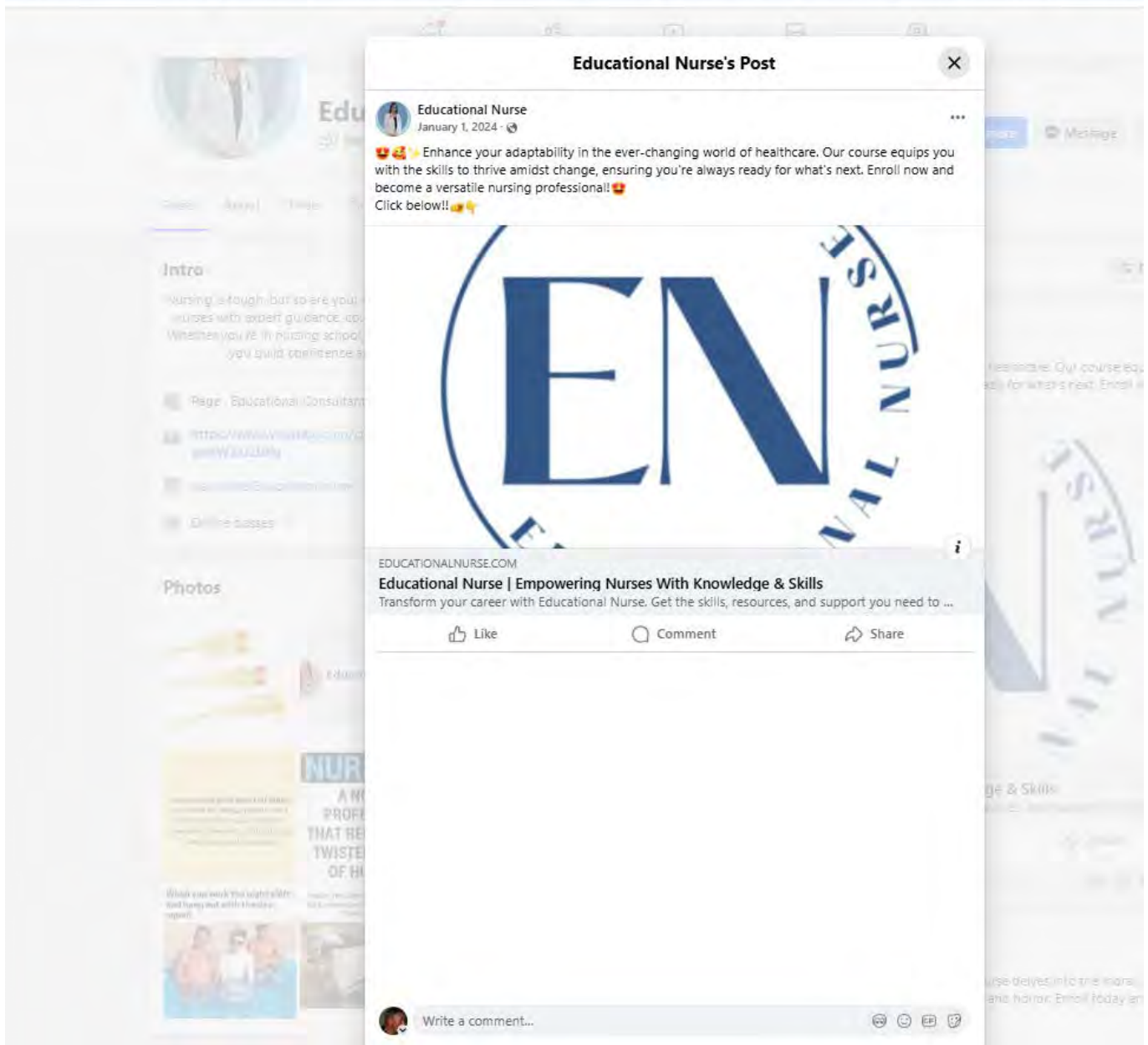


B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid024TPWopDMH7ZuocDzUHSzFecb8a4r1qkmA4BH5sngjXSTy41jzDXJvGY11PdRXpul&id=61552231682394)
B System ID: 563840
f Kathryn M Watson MSN RN
j https://www.facebook.com/permalink.php?story_fbid=pfbid0357HSc9c5q2XL82Qh2HTB3Fpp7QbivCRqyBY5kDct5GndsoZcBFUuQ8TSyPQkAqAl&id=61552231682394

After DOI

Enhance your adaptability in the ever-changing world of healthcare. Our course equips you with the skills to thrive amidst change, ensuring you're always ready for what's next. Enroll now and become a versatile nursing professional! Click below!!



TikTok

[@educational_nurse1](#)

System ID: [564447](#)

C Posted: Jan 03, 2024

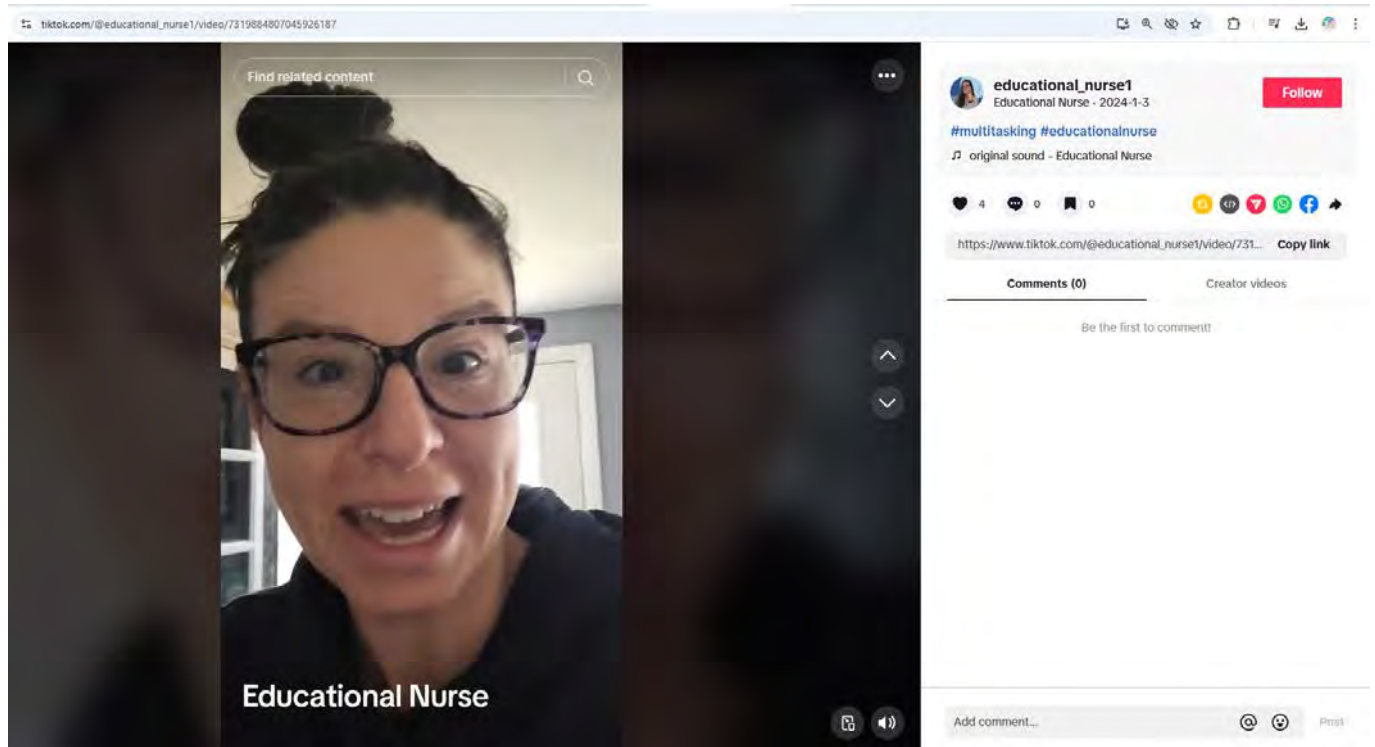
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7319884807045926187

After DOI

#multitasking #educationalnurse



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7319884807045926187)

TikTok

[@educational_nurse1](https://www.tiktok.com/@educational_nurse1)

System ID: [564449](#)

f [Kathryn M Watson MSN RN](#)

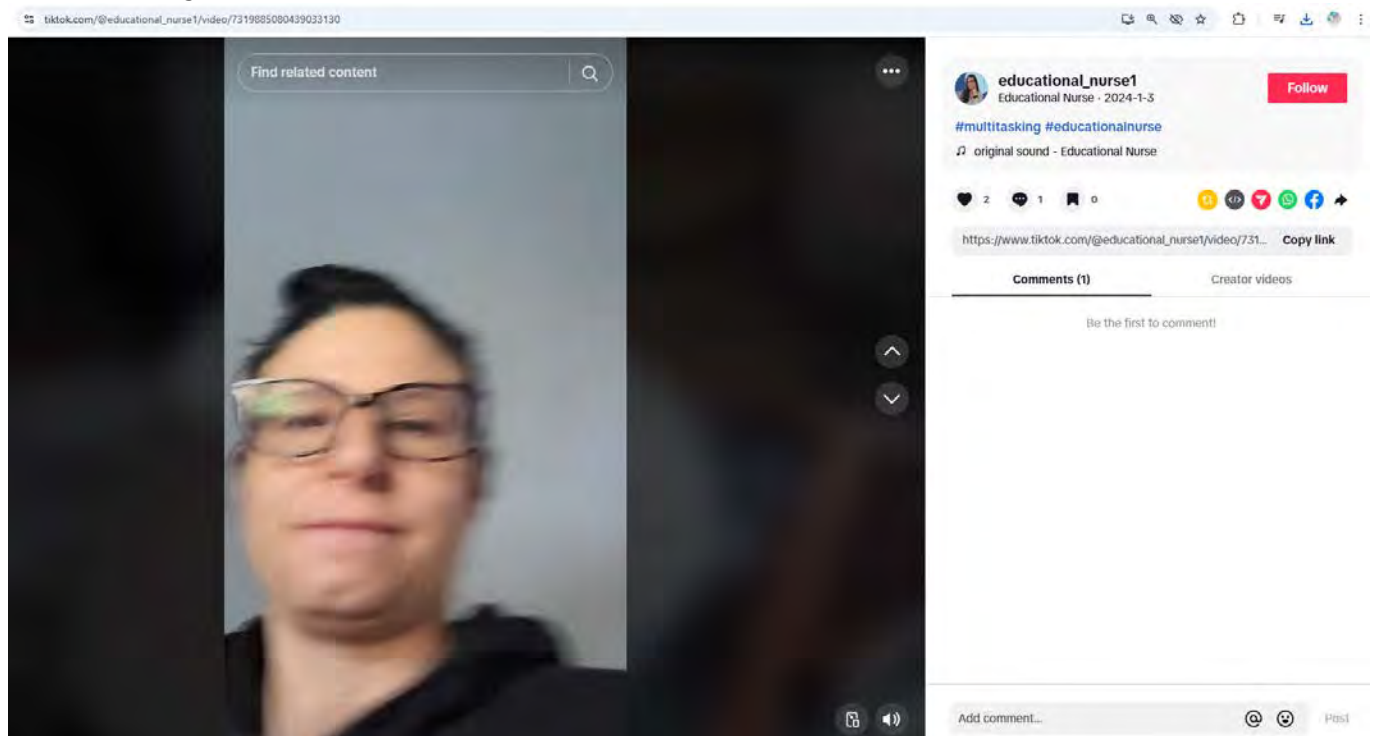
j https://www.tiktok.com/@educational_nurse1/video/7319885080439033130

After DOI

#multitasking #educationalnurse

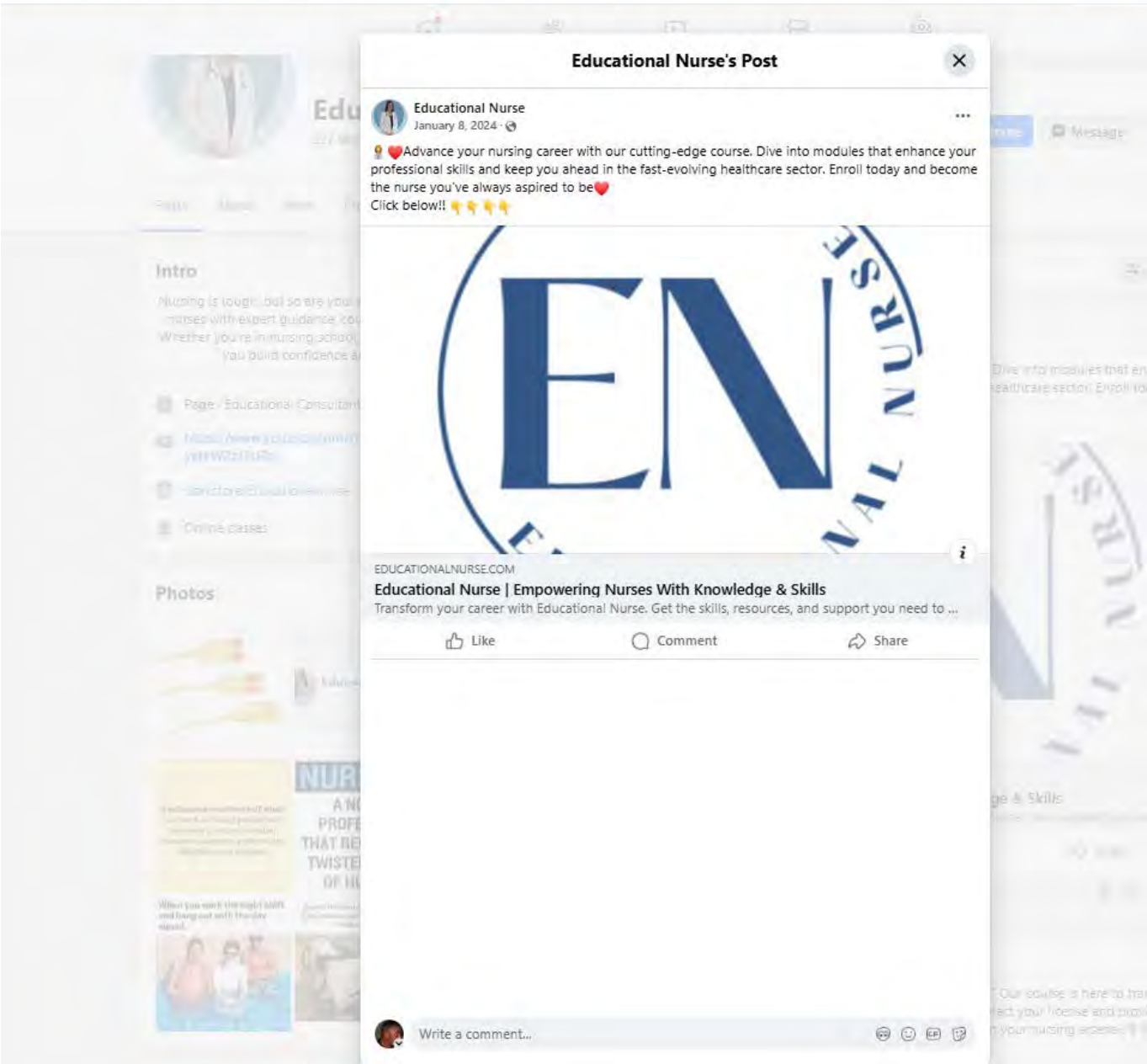
C Posted: Jan 03, 2024

C Captured: Mar 28, 2025



Advance your nursing career with our cutting-edge course. Dive into modules that enhance your professional skills and keep you ahead in the fast-evolving healthcare sector. Enroll today and become the nurse you've always aspired to be Click below!!

facebook.com/permalink.php?story_fbid=pfbid02GGuE7CKnVWypZ2rjgMXUK6FgCg3DAyn67N8UdQnZdc8CFZS3jT8Vhipv1tqJ5J8yl&id=61552231682394

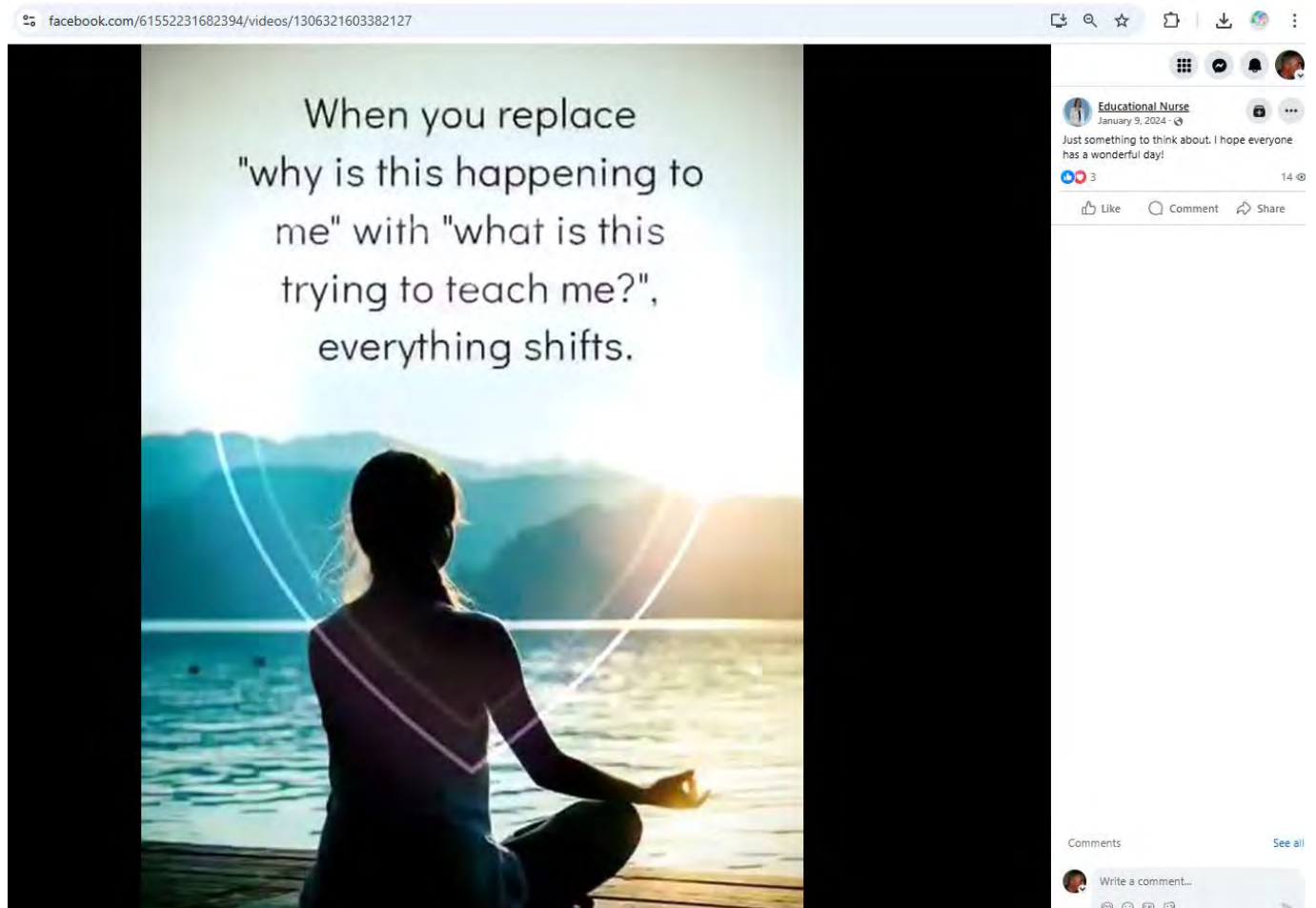


B Facebook

B [61552231682394](https://www.facebook.com/61552231682394) C Posted: Jan 09, 2024
B System ID: [563847](https://www.facebook.com/61552231682394) C Captured: Mar 28, 2025
f [Kathryn M Watson MSN RN](https://www.facebook.com/61552231682394)
j <https://www.facebook.com/61552231682394/videos/1306321603382127>

After DOI

Just something to think about. I hope everyone has a wonderful day!



B Facebook

B 61552231682394

B System ID: 563850

f Kathryn M Watson MSN RN

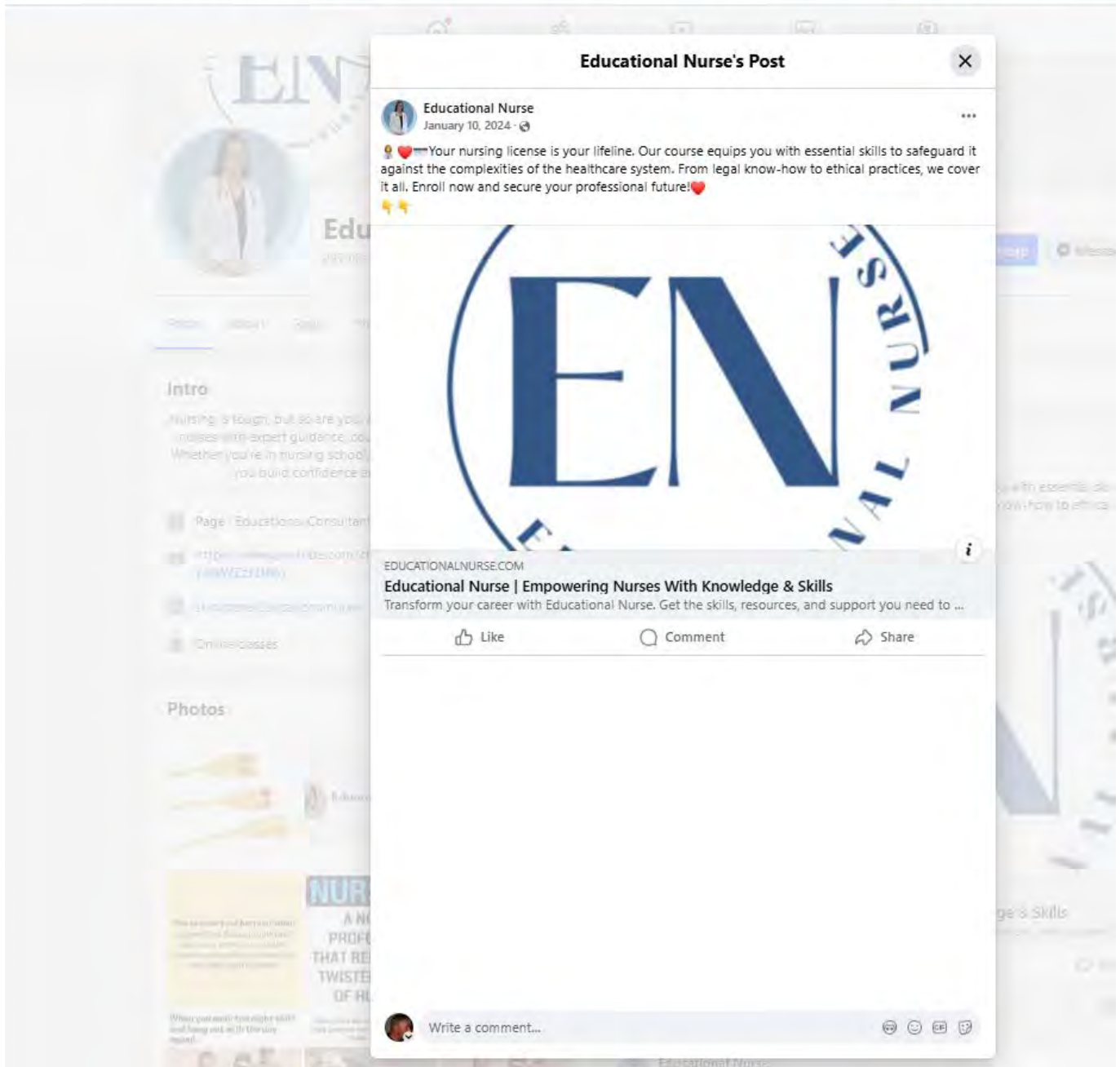
j https://www.facebook.com/permalink.php?story_fbid=pfbid07RPvCEpYtaKgztFN1fOcc81gbsiHDdaEEL1oEftCaPdmsx9m9WTRkXb5DgkiXc1jl&id=61552231682394

C Posted: Jan 10, 2024

C Captured: Mar 28, 2025

After DOI

□□□□Your nursing license is your lifeline. Our course equips you with essential skills to safeguard it against the complexities of the healthcare system. From legal know-how to ethical practices, we cover it all. Enroll now and secure your professional future!□ □□



TikTok

[@educational_nurse1](#)

System ID: [564454](#)

C Posted: Jan 11, 2024

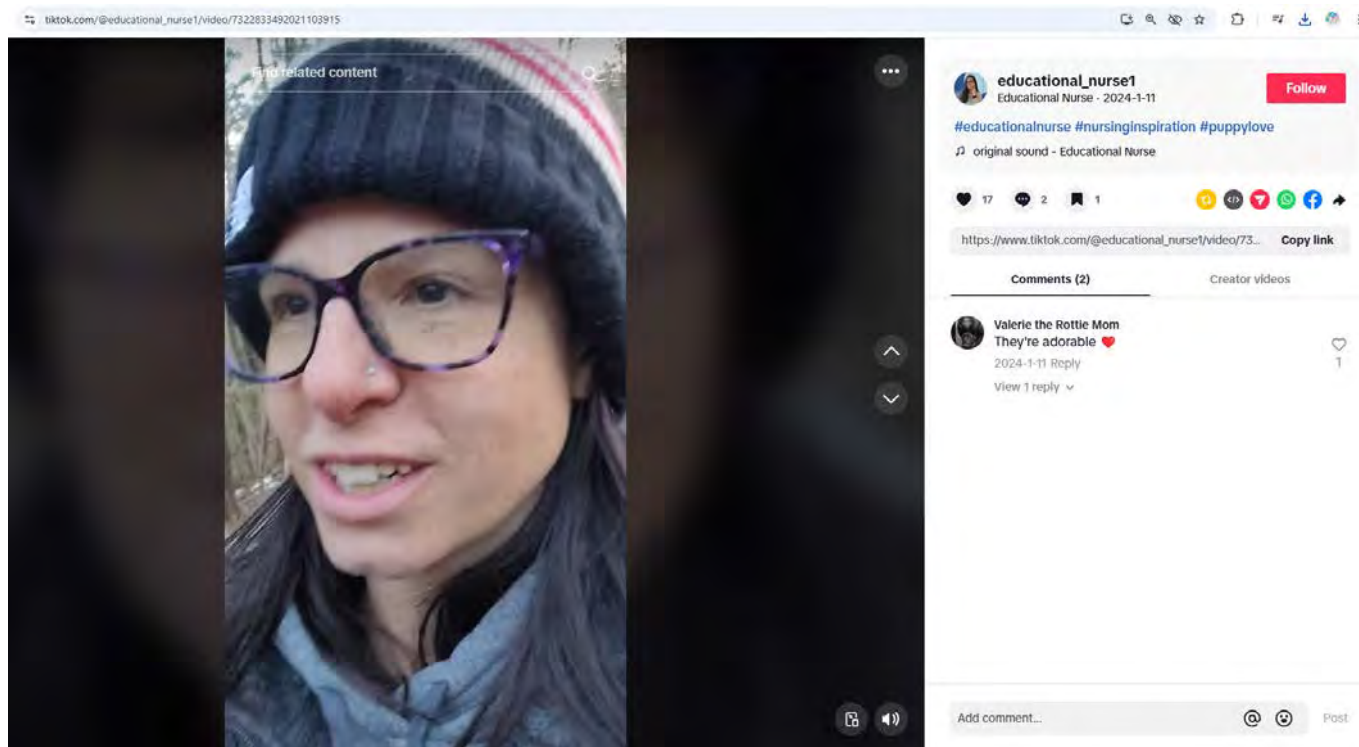
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7322833492021103915

After DOI

#educationalnurse #nursinginspiration #puppylove



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: 563853

f [Kathryn M Watson MSN RN](#)

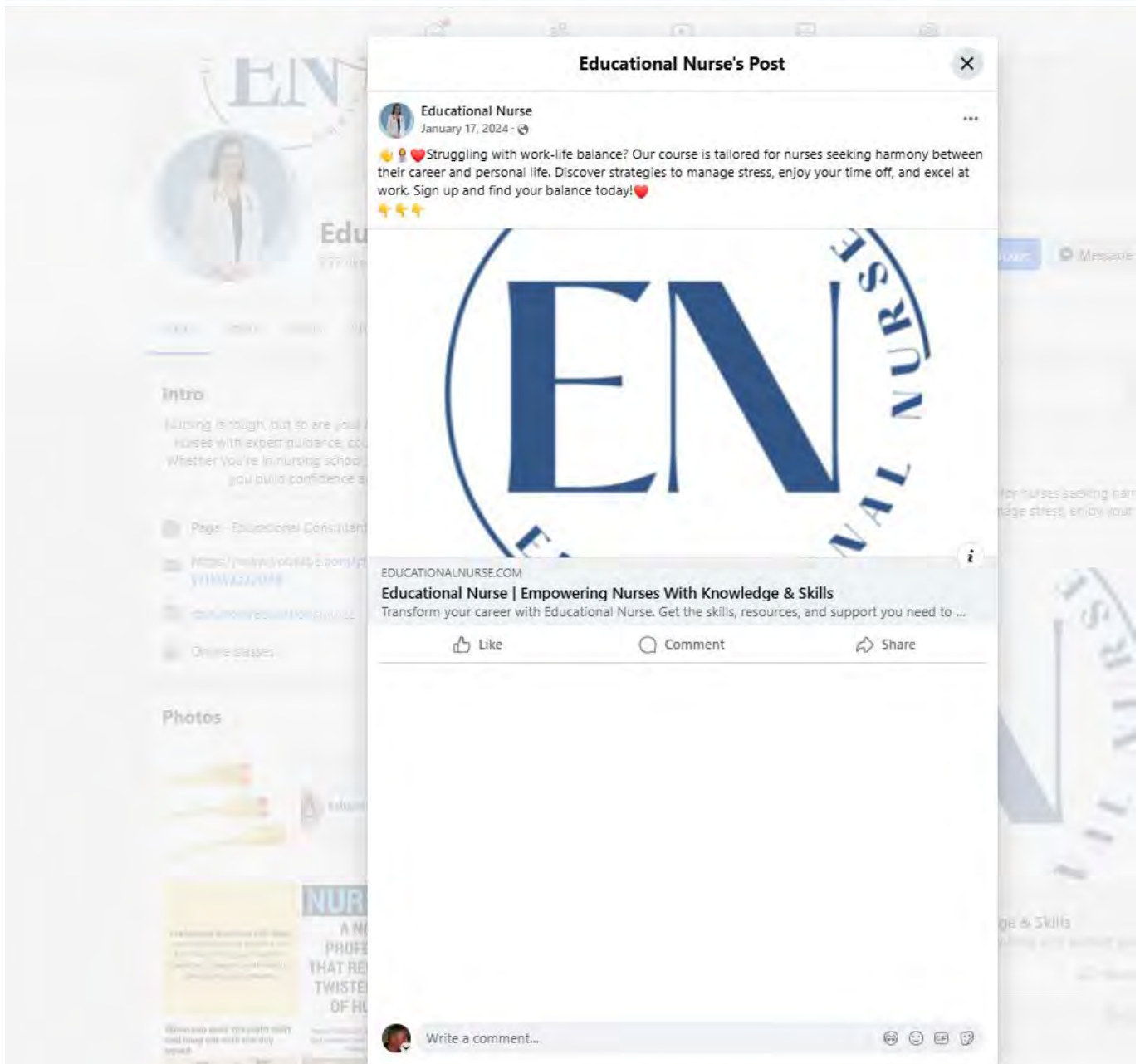
j https://www.facebook.com/permalink.php?story_fbid=pfbid0ECt1sgmdeLG9Esfr49s8TnnxnGT3p9E5Qrjm3btTSjTiceDuCkF2GeF5MigEPe5XI&id=61552231682394

C Posted: Jan 17, 2024

C Captured: Mar 28, 2025

After DOI

□□□□ Struggling with work-life balance? Our course is tailored for nurses seeking harmony between their career and personal life. Discover strategies to manage stress, enjoy your time off, and excel at work. Sign up and find your balance today! □□□



TikTok

@educational_nurse1

System ID: 564457

f Kathryn M Watson MSN RN

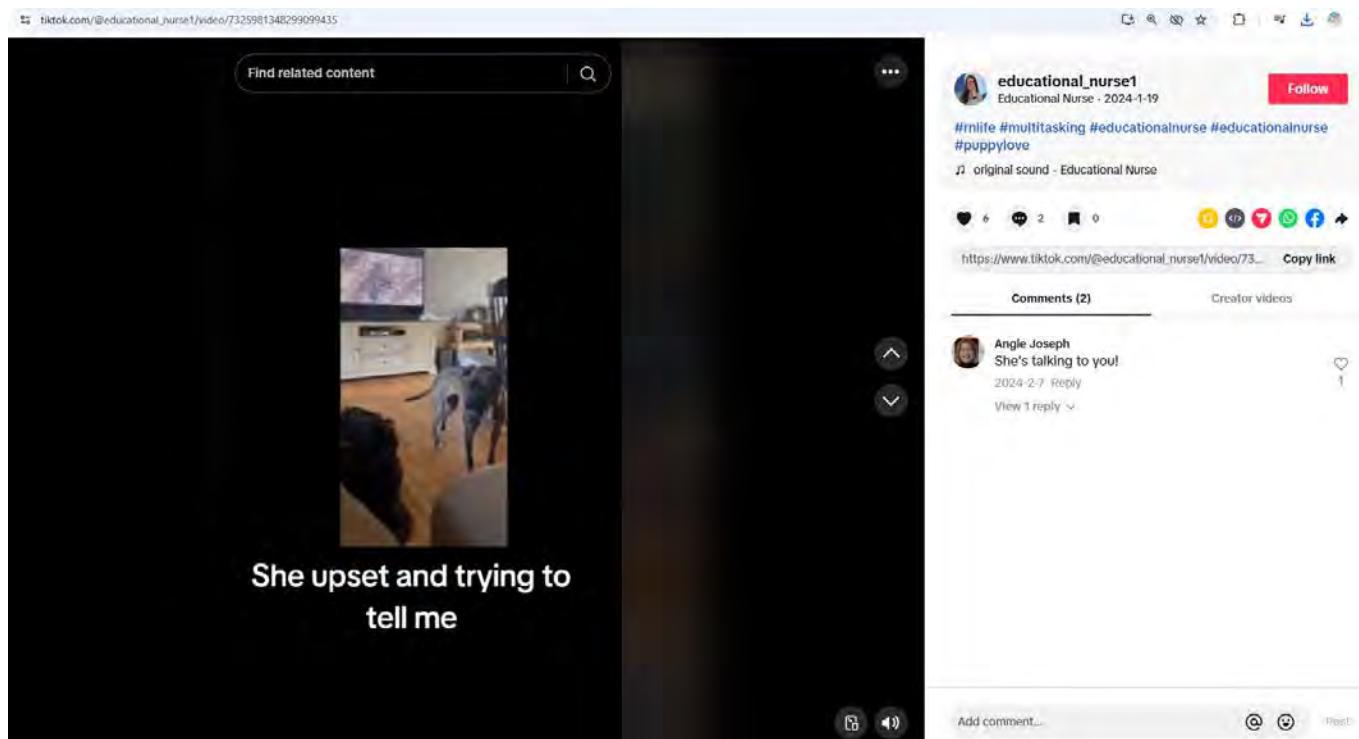
j https://www.tiktok.com/@educational_nurse1/video/7325981348299099435

After DOI

#rnlife #multitasking #educationalnurse #educationalnurse #puppylove

C Posted: Jan 19, 2024

C Captured: Mar 28, 2025



[Link to download video](#)

B Facebook

B 61552231682394

B System ID: 563855

f Kathryn M Watson MSN RN

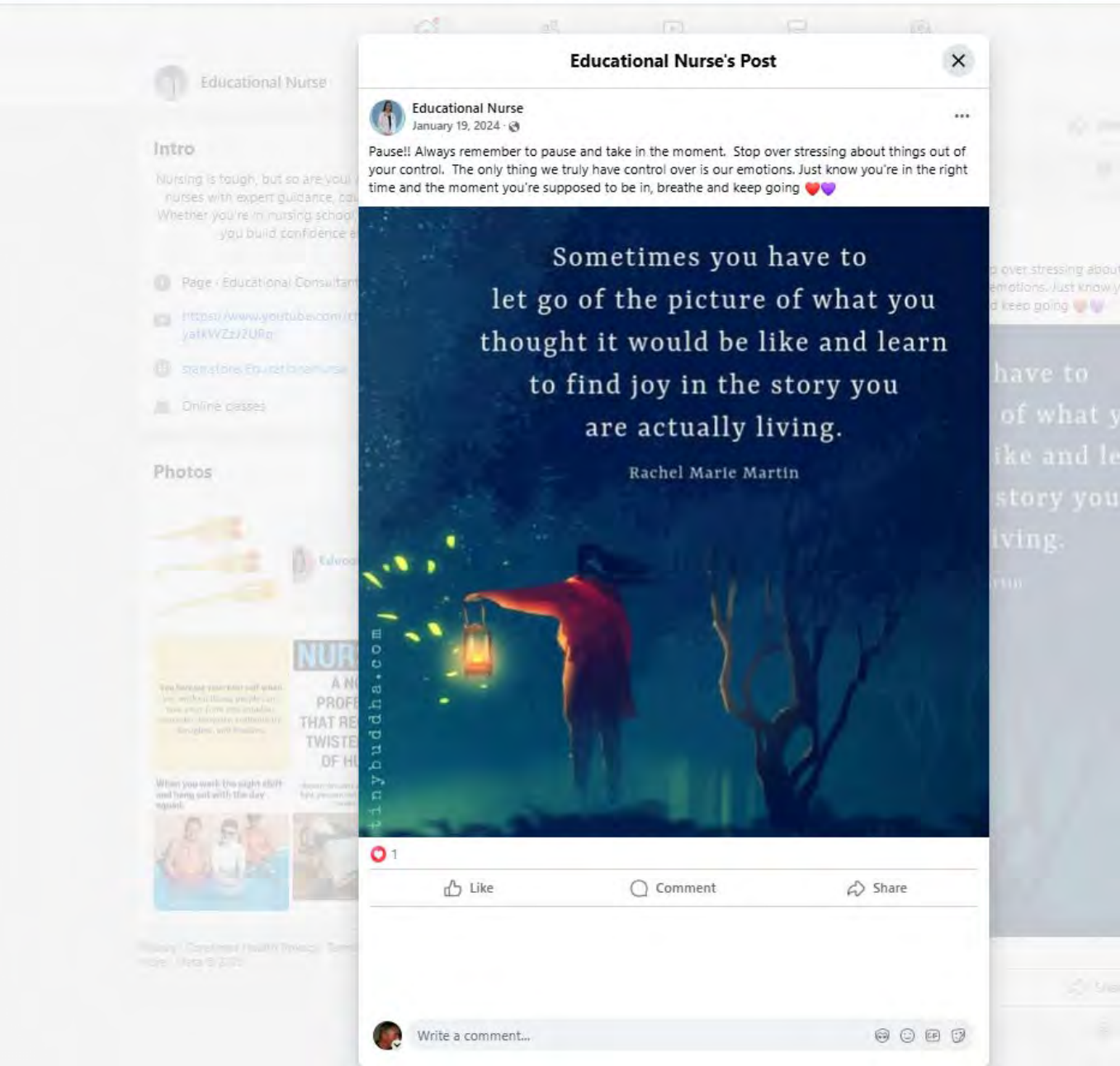
j https://www.facebook.com/permalink.php?story_fbid=pfbid0dTz84tu4h8hMc6uV2t3jq3qNbgFHaiHzLVYOvG3LZsAFuhocN2frBROMqgpwzKXI&id=61552231682394

C Posted: Jan 19, 2024

C Captured: Mar 28, 2025

After DOI

Pause!! Always remember to pause and take in the moment. Stop over stressing about things out of your control. The only thing we truly have control over is our emotions. Just know you're in the right time and the moment you're supposed to be in, breathe and keep going ☐☐

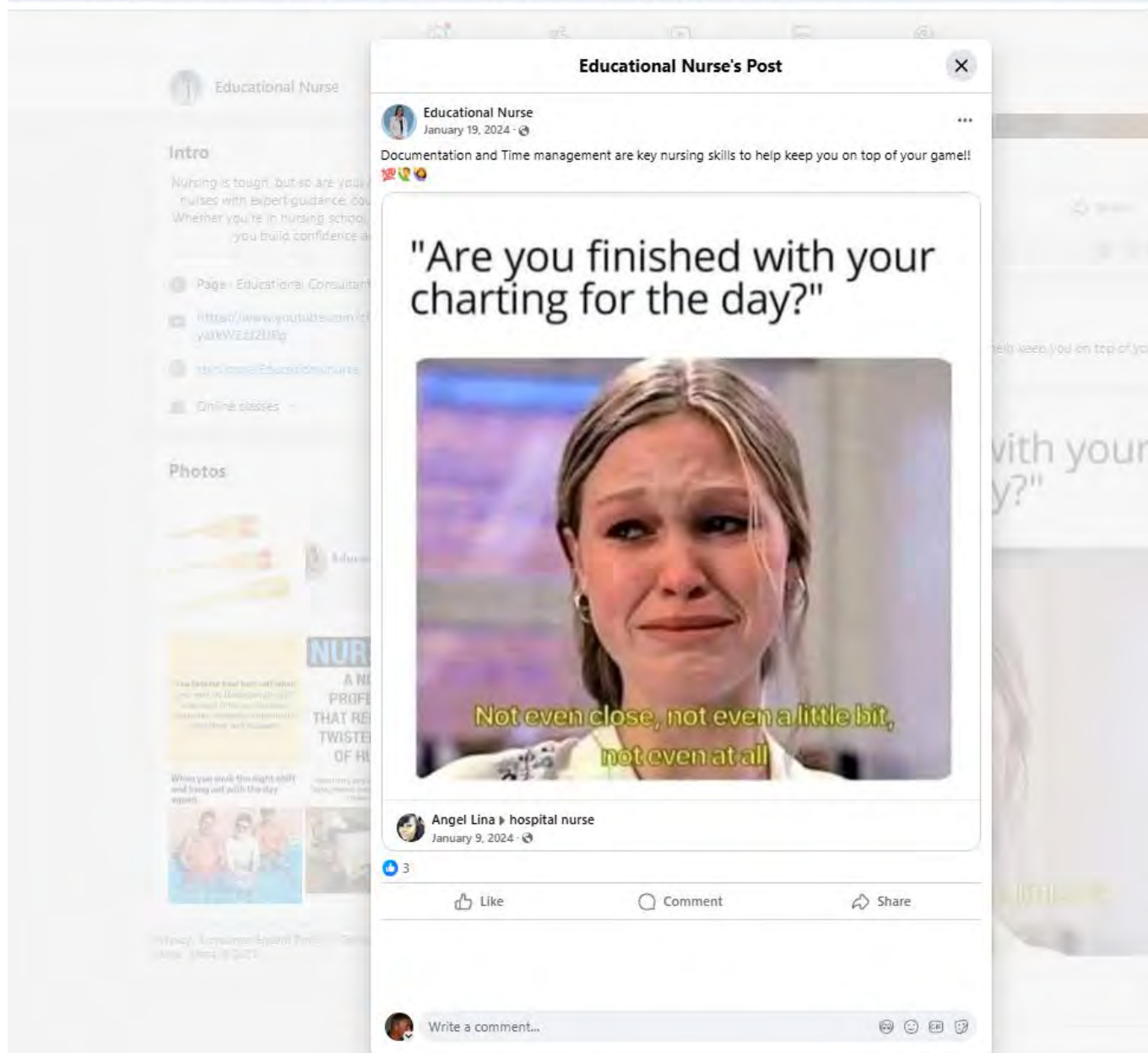


B Facebook

B [61552231682394](#)
B System ID: [563857](#)
f [Kathryn M Watson MSN RN](#)
j https://www.facebook.com/permalink.php?story_fbid=pfbid02DdTFqDHLHsXtX7oCGVuS7TL2cjARt1g9oysq7TtrtO6YogZEUYmvP8BiU1KFW5rNI&id=61552231682394

C Posted: Jan 19, 2024
C Captured: Mar 28, 2025

After DOI
Documentation and Time management are key nursing skills to help keep you on top of your game!!
♂♀



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid02DdTfqDHLHsXtX7oCGVuS7TL2cjARt1g9oysq7TrriQ6YogZEUymvP8BiU1KFW5rNI&id=61552231682394)

B System ID: 563859

f Kathryn M Watson MSN RN

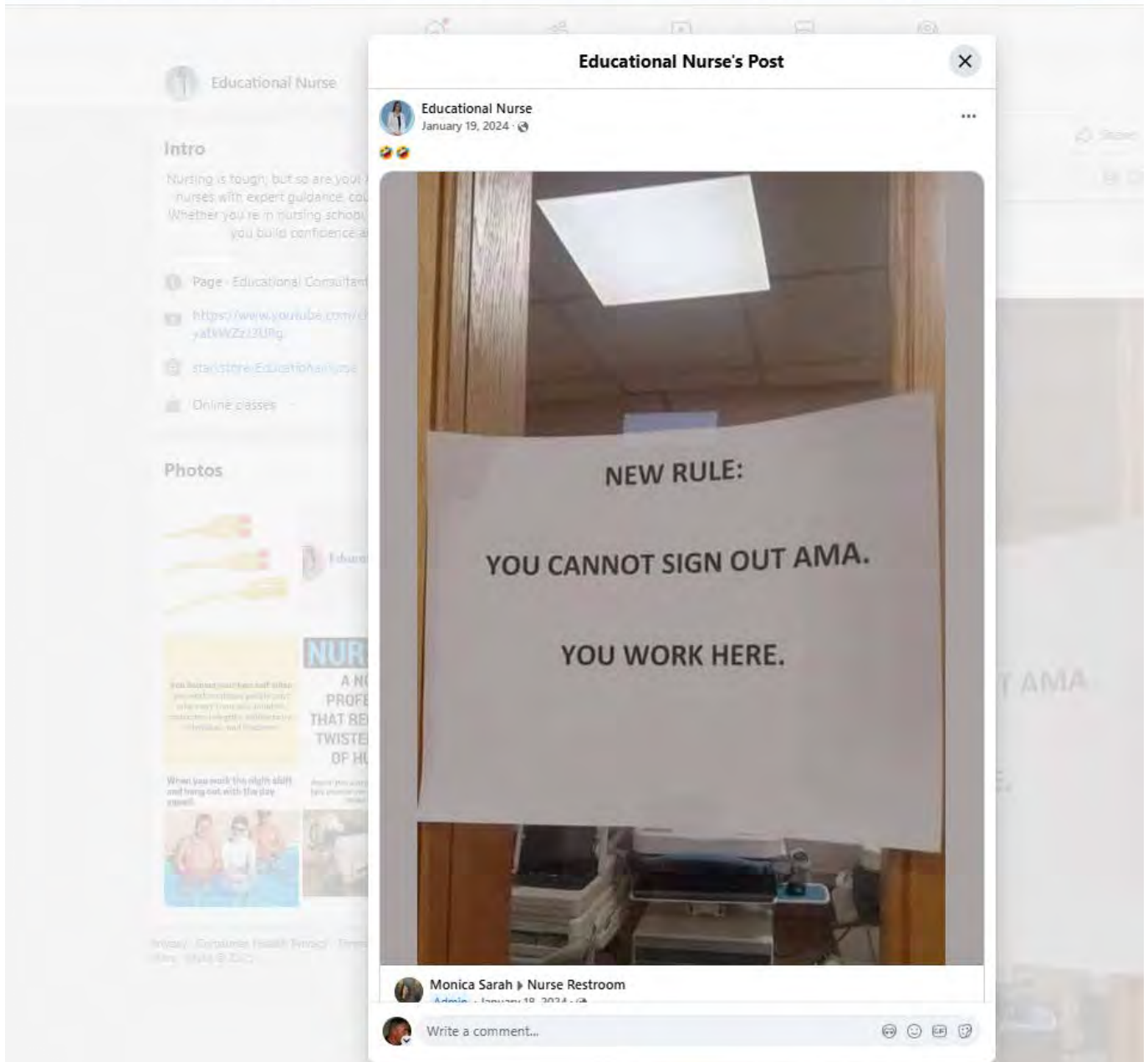
j https://www.facebook.com/permalink.php?story_fbid=pfbid0xjibEK5opMG8pA5GZjrTXAJYMHzP1LDdcwC4PYXmTpdgau3kueV6tSMgAyAzsdUjl&id=61552231682394

After DOI

□□

C Posted: Jan 19, 2024

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 563860

f Kathryn M Watson MSN RN

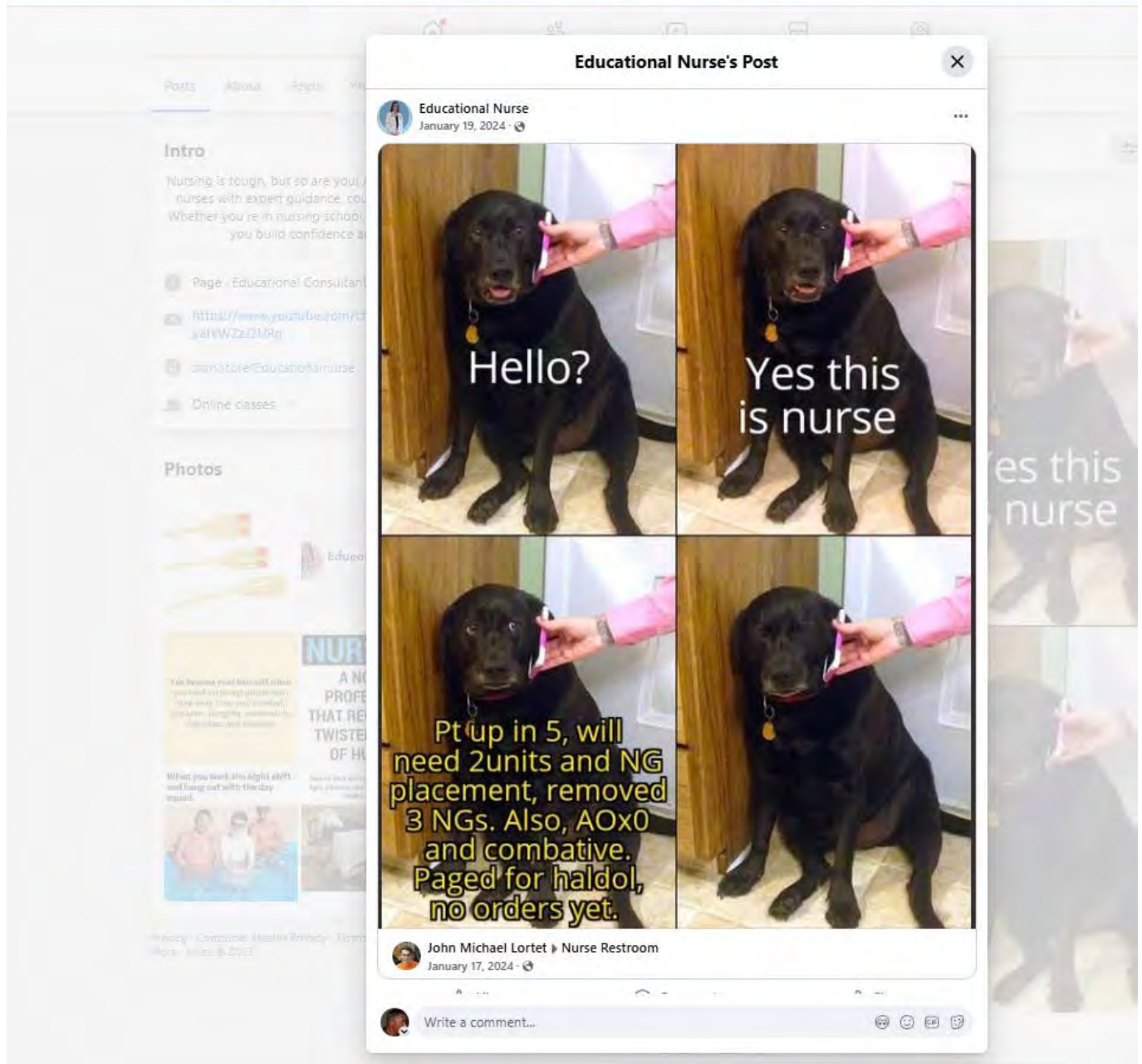
j https://www.facebook.com/permalink.php?story_fbid=pfbid02hZp1wRvaMP1tYavRTIVmbyWpvSJ1NqcaYwE8e8wgAh7oGsp1joK7XPihCdc2S6fpl&id=61552231682394

C Posted: Jan 19, 2024

C Captured: Mar 28, 2025

After DOI

Repost from Subject.



TikTok

@educational_nurse1

System ID: 564456

C Posted: Jan 19, 2024

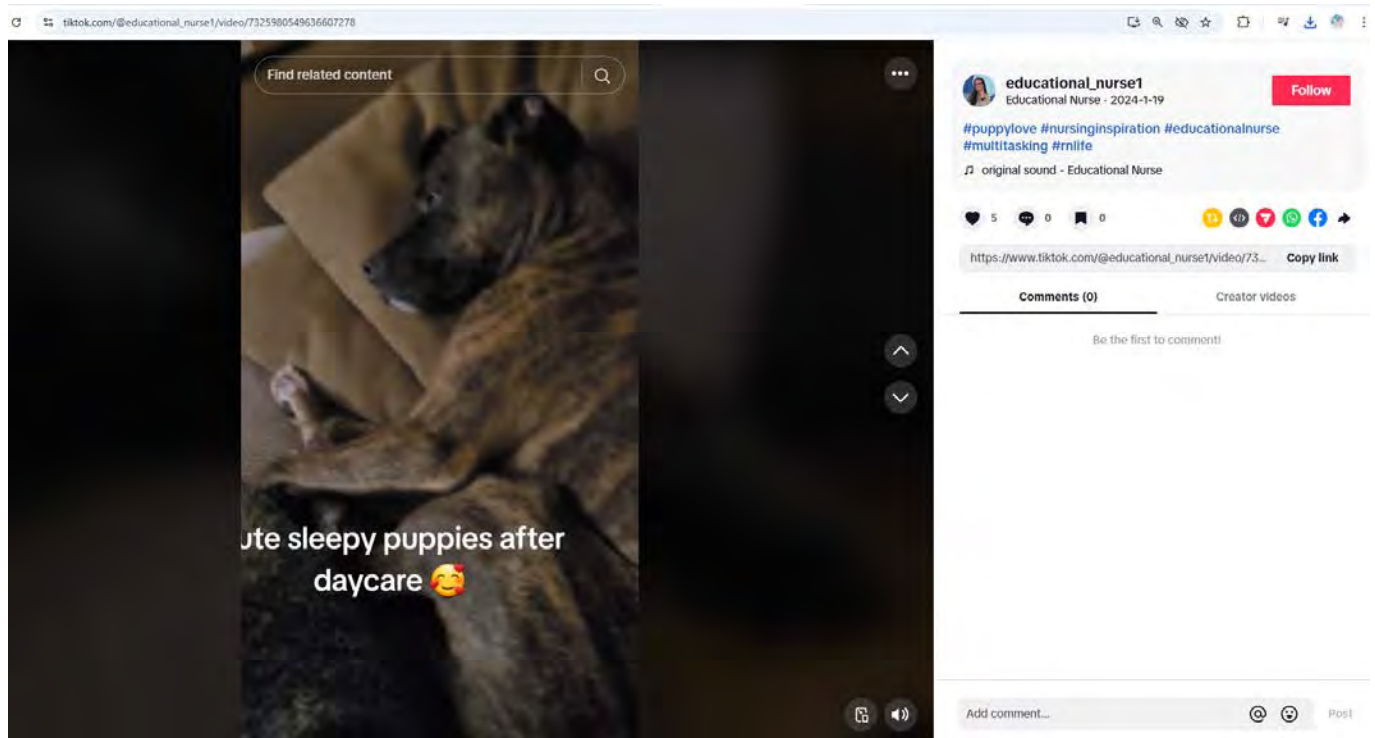
C Captured: Mar 28, 2025

f Kathryn M Watson MSN RN

j https://www.tiktok.com/@educational_nurse1/video/7325980549636607278

After DOI

#puppylove #nursinginspiration #educationalnurse #multitasking #rnlife



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7325980549636607278)

TikTok

[@educational_nurse1](https://www.tiktok.com/@educational_nurse1)

System ID: [564458](#)

C Posted: Jan 19, 2024

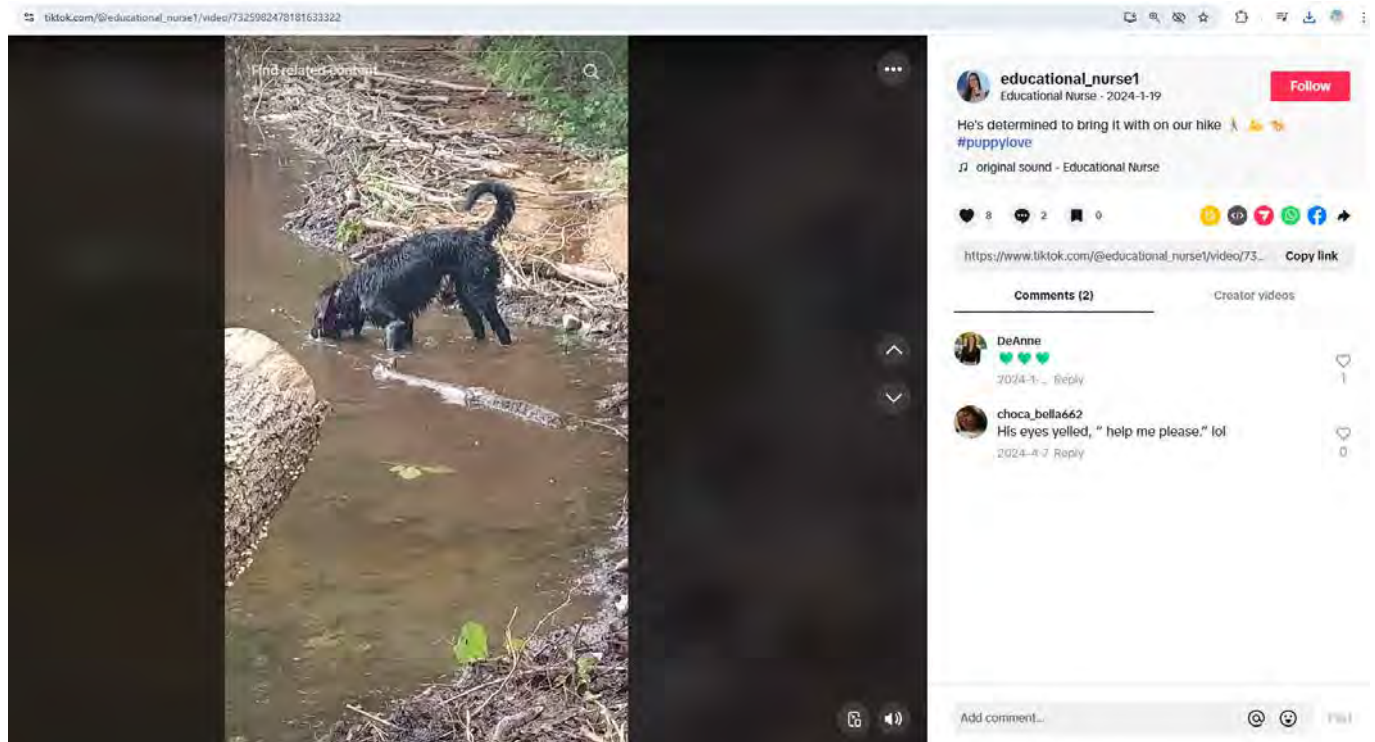
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7325982478181633322

After DOI

He's determined to bring it with on our hike ♀ 🐾 #puppylove



[Link to download video](#)

TikTok

[@educational_nurse1](#)

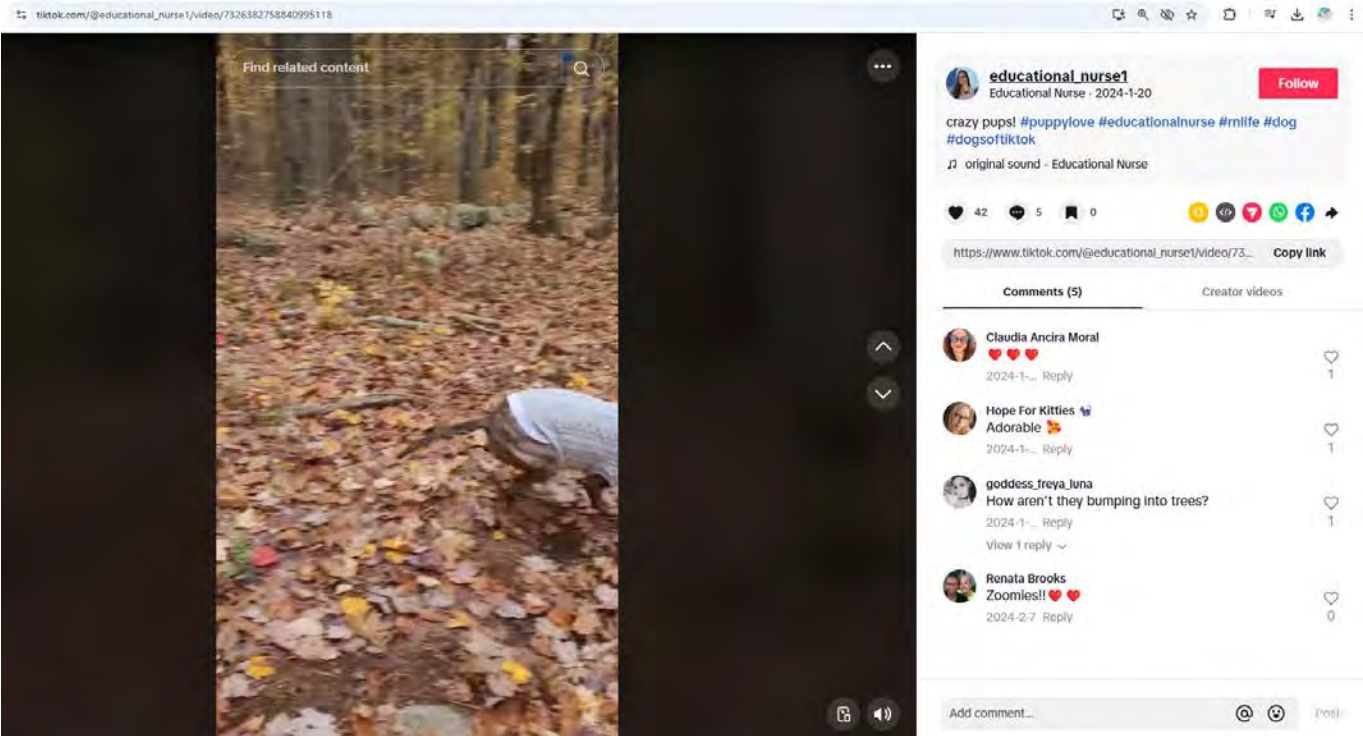
System ID: [564460](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7326382758840995118

After DOI

crazy pups! #puppylove #educationalnurse #rnlife #dog #dogsoftiktok



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564463](#)

f [Kathryn M Watson MSN RN](#)

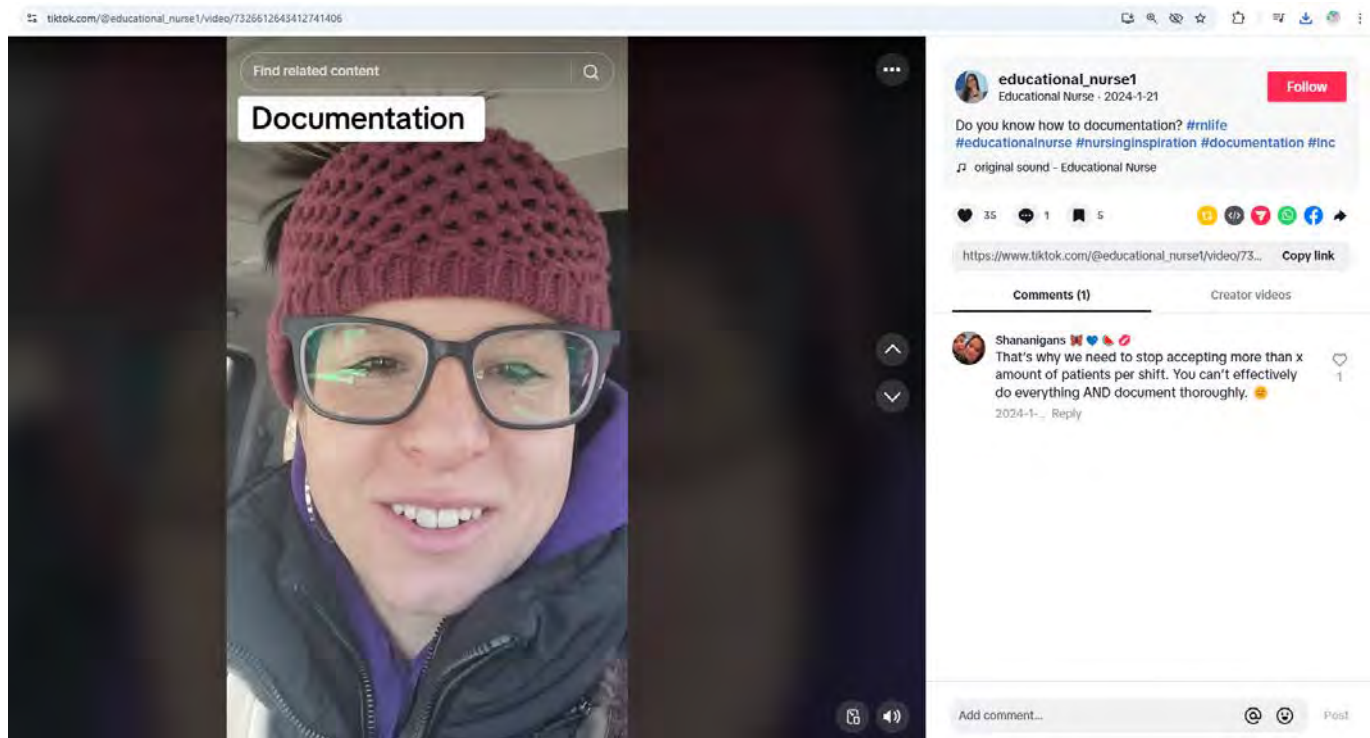
j https://www.tiktok.com/@educational_nurse1/video/7326612643412741406

After DOI

Do you know how to documentation? #rnlife #educationalnurse #nursinginspiration #documentation #lnc

C Posted: Jan 20, 2024
C Captured: Mar 28, 2025

C Posted: Jan 21, 2024
C Captured: Mar 28, 2025



[Link to download video](#)

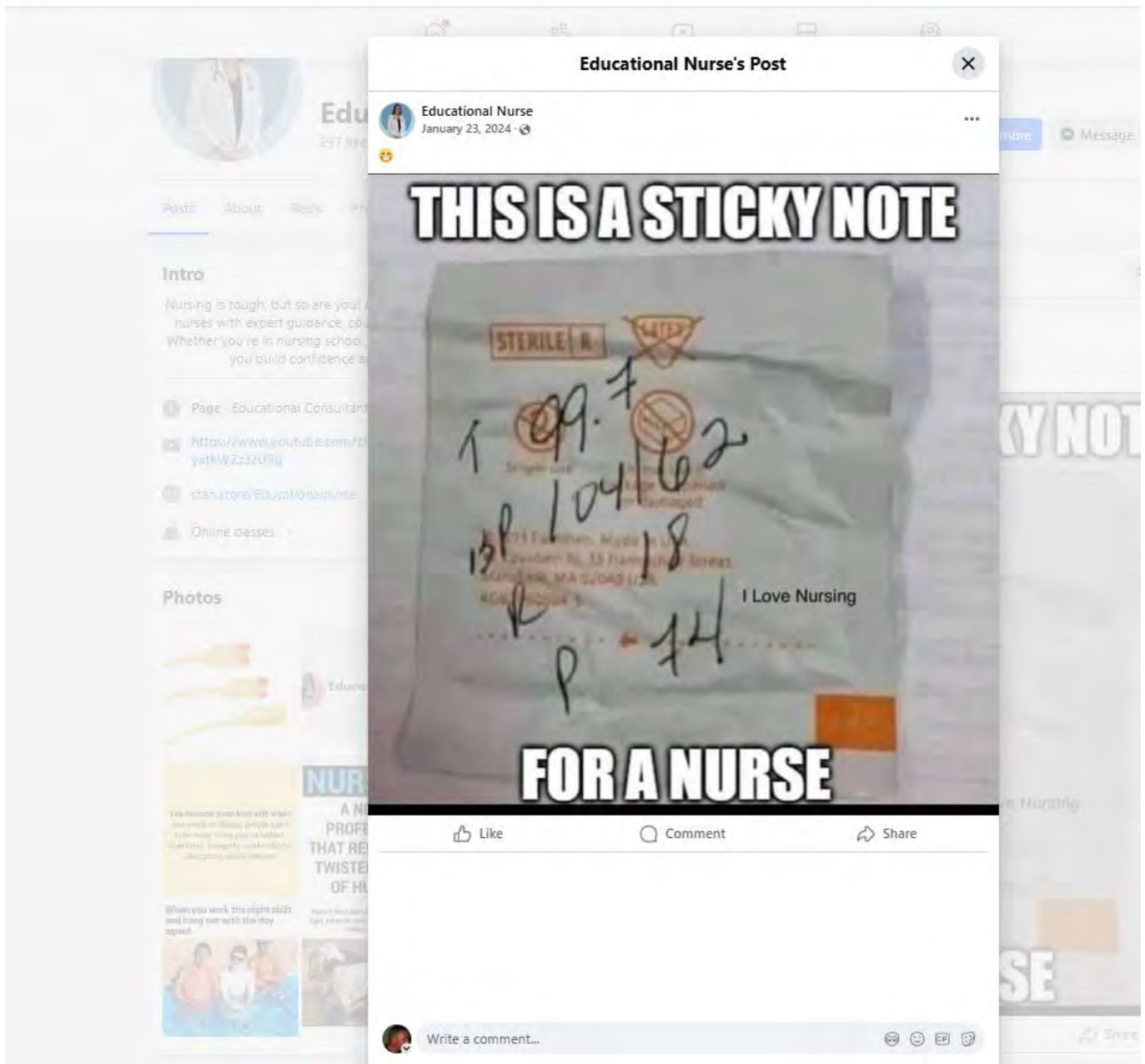
B Facebook

B [61552231682394](#)
B System ID: [563862](#)
f [Kathryn M Watson MSN RN](#)
j https://www.facebook.com/permalink.php?story_fbid=pfbid02Zh6T3sd5utF1O2fxhzrc1sAKUL8fzax7CNYSn9NbxNjG64ndaMesuhZNiwjga2dsl&id=61552231682394

C Posted: Jan 23, 2024
C Captured: Mar 28, 2025

After DOI





B Facebook

B 61552231682394

B System ID: 563867

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0cFWfkXCzr95UhOjMCrcwUBSWcDjcmKjUcjLgXi34bprATWVM1qrUjTpj9FPHugl&id=61552231682394

C

Posted: Jan 24, 2024

C

Captured: Mar 28, 2025

After DOI

Stay out of the courtroom with our specialized course for nurses. Learn about the legal aspects of nursing, from patient rights to documentation, and protect yourself from legal pitfalls. Enroll now and practice nursing with confidence and security! These variations touch upon different aspects of the challenges in nursing and the solutions provided by the course. You can continue this pattern to create more versions, each focusing on a specific problem or benefit. Remember, effective ad copy resonates with the audience's needs and offers clear, compelling solutions.



B Facebook

B 61552231682394

B System ID: 563870

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0ivzLWMNF1m31Vkeggorgj6VrbMCg9hFSEnjhsdH5JaYxBUC25eyEER9OkuEsBFdnl&id=61552231682394

C

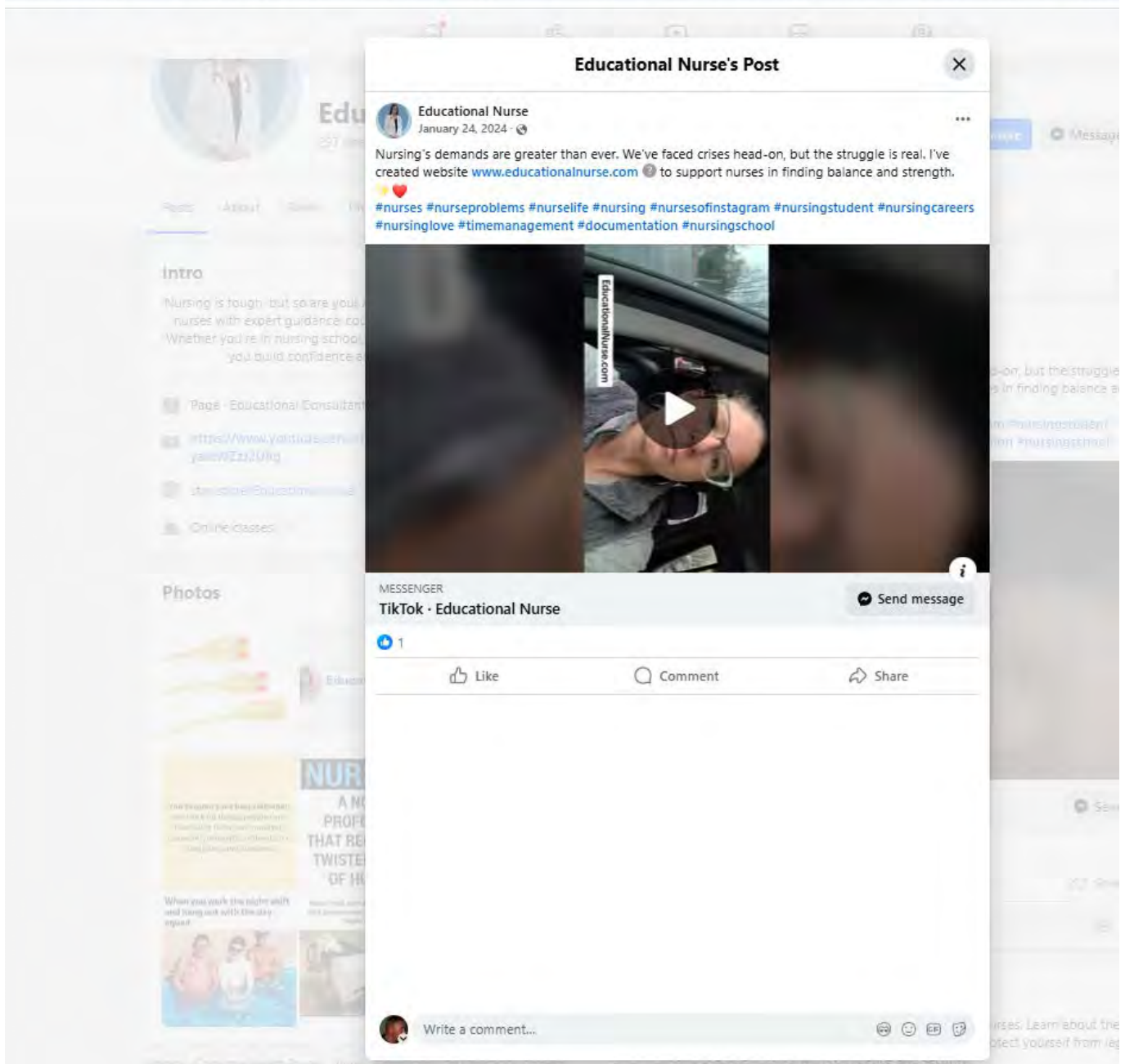
Posted: Jan 24, 2024

C

Captured: Mar 28, 2025

After DOI

Nursing's demands are greater than ever. We've faced crises head-on, but the struggle is real. I've created website www.educationalnurse.com to support nurses in finding balance and strength. ☐☐
#nurses #nurseproblems #nurselife #nursing #nursesofinstagram #nursingstudent
#nursingcareers #nursinglove #timemanagement #documentation #nursingschool Note: When the video is clicked it opens messenger.



TikTok

[@educational_nurse1](#)

System ID: [564468](#)

C Posted: Jan 27, 2024

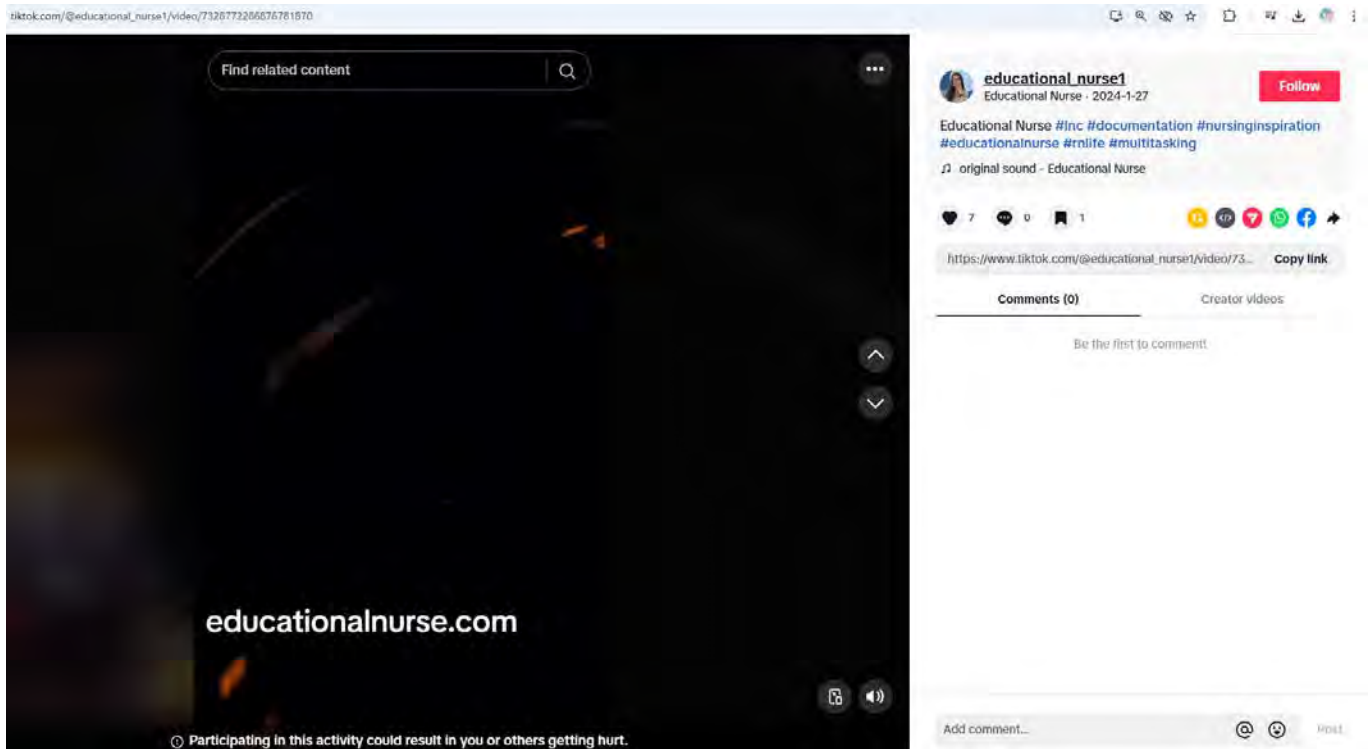
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7328772286876781870

After DOI

Educational Nurse #inc #documentation #nursinginspiration #educationalnurse #rnlife #multitasking



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564470](#)

C Posted: Jan 27, 2024

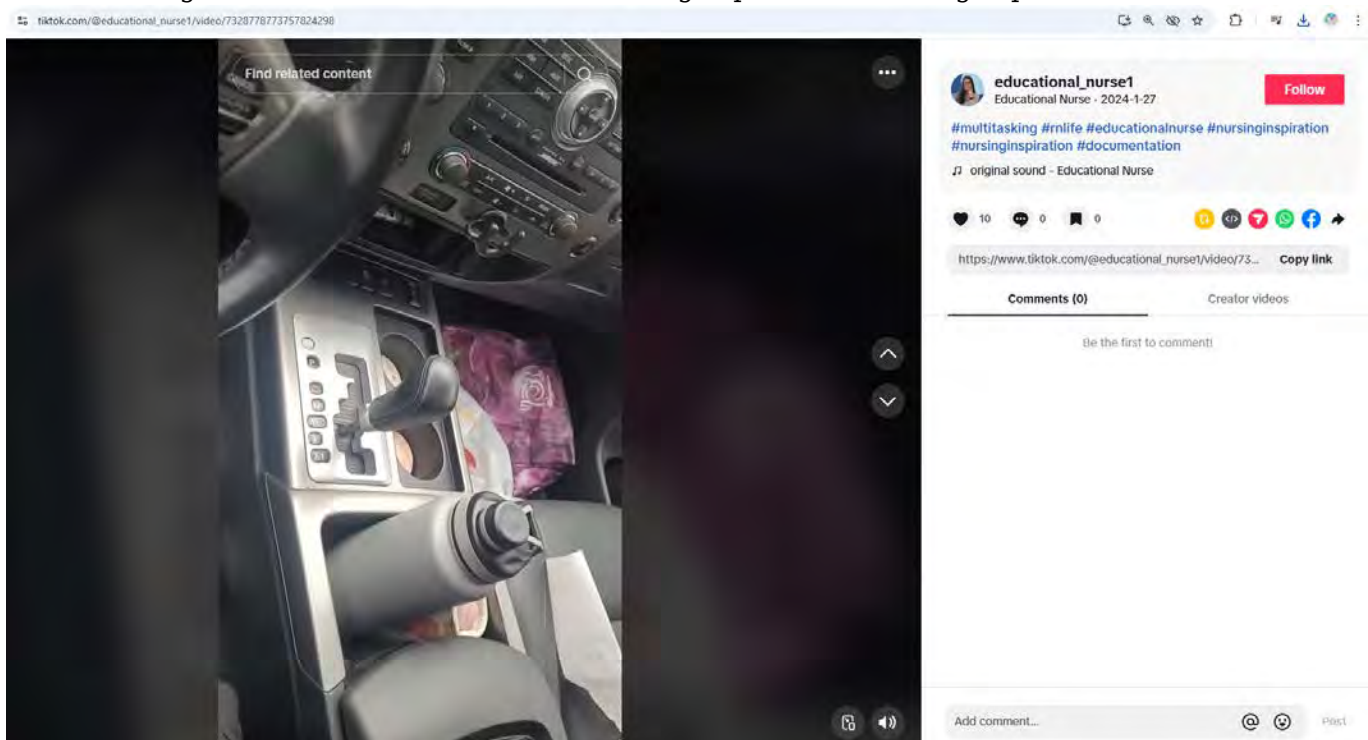
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7328778773757824298

After DOI

#multitasking #rnlife #educationalnurse #nursinginspiration #nursinginspiration #documentation



[Link to download video](#)

TikTok

[@educational_nurse1](#)

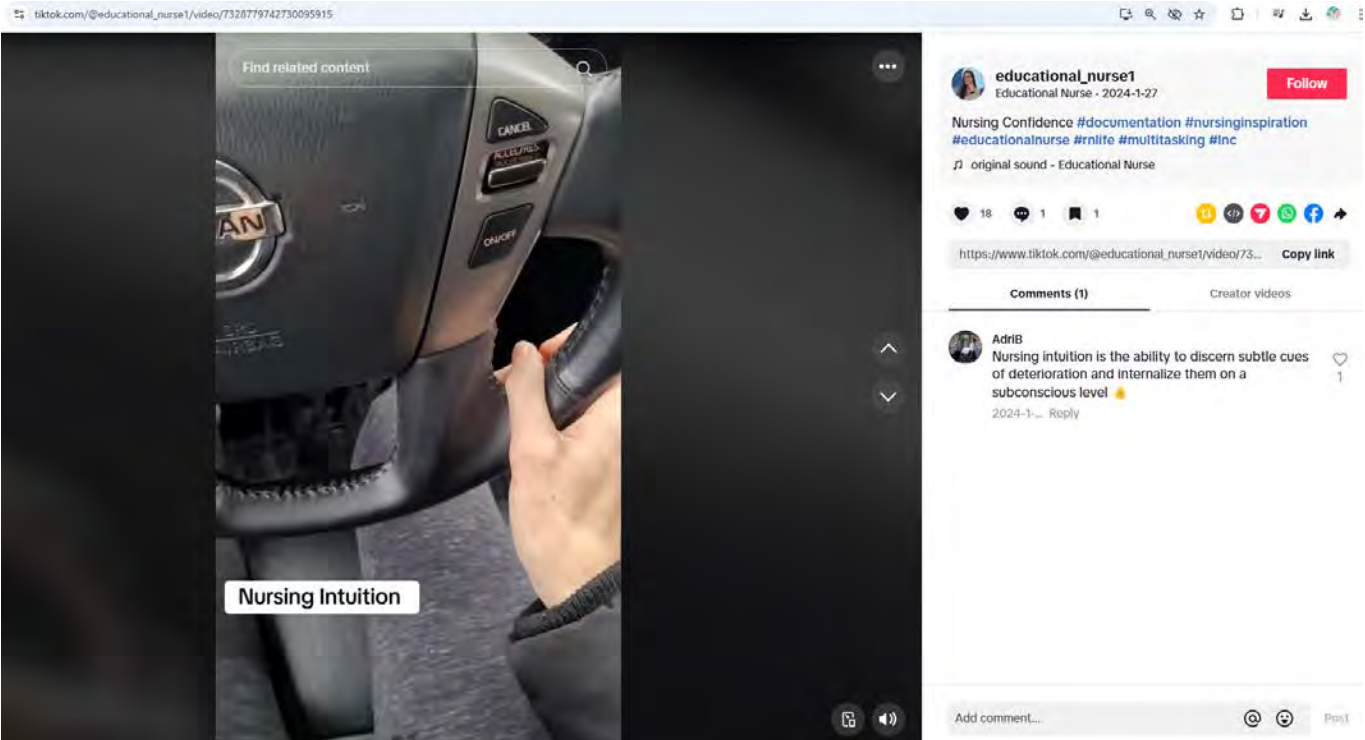
System ID: [564473](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7328779742730095915

After DOI

Nursing Confidence #documentation #nursinginspiration #educationalnurse #rnlife #multitasking #lnc



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564474](#)

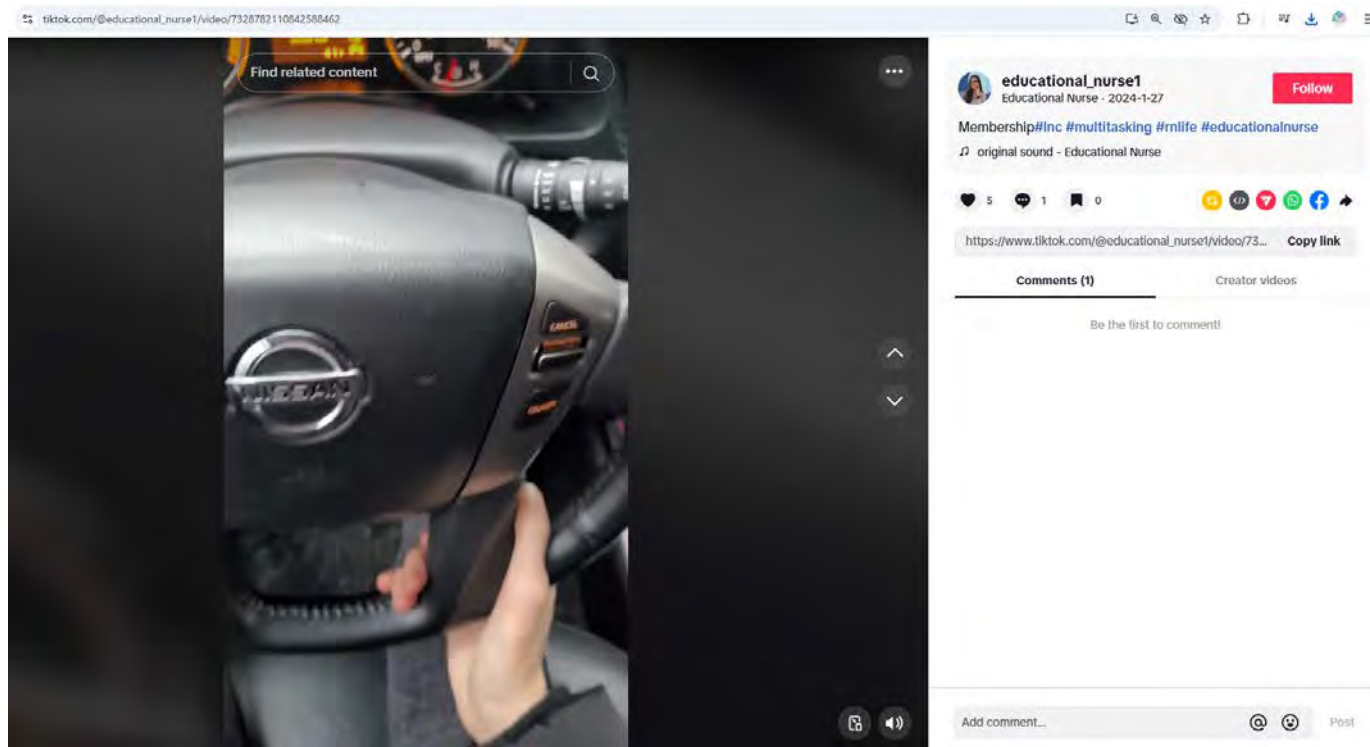
f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7328782110842588462

After DOI

Membership#lnc #multitasking #rnlife #educationalnurse

C Posted: Jan 27, 2024
C Captured: Mar 28, 2025



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [563873](#)

f [Kathryn M Watson MSN RN](#)

j https://www.facebook.com/permalink.php?story_fbid=pfbid02Pr2xvtUTdJAbFv9TdLxWaq74S7hggWfmgJKudT3tdypDSnBGaU8ogL7e8bbGBQCKI&id=61552231682394

C Posted: Jan 28, 2024

C Captured: Mar 28, 2025

After DOI

□ Nurse Spotlight □ Meet extraordinary nurses who are making a difference in healthcare. Check out our latest inspiring stories and interviews on www.educationalnurse.com. Their experiences and insights will motivate you on your own nursing path! □□ #NurseInspiration #nurselife #nursery #nursesofinstagram #nurses #nursepractitioner #nurse #nurseinjector #nurseproblems #nursememes #nursehumor #NurseryDecor #Nursing



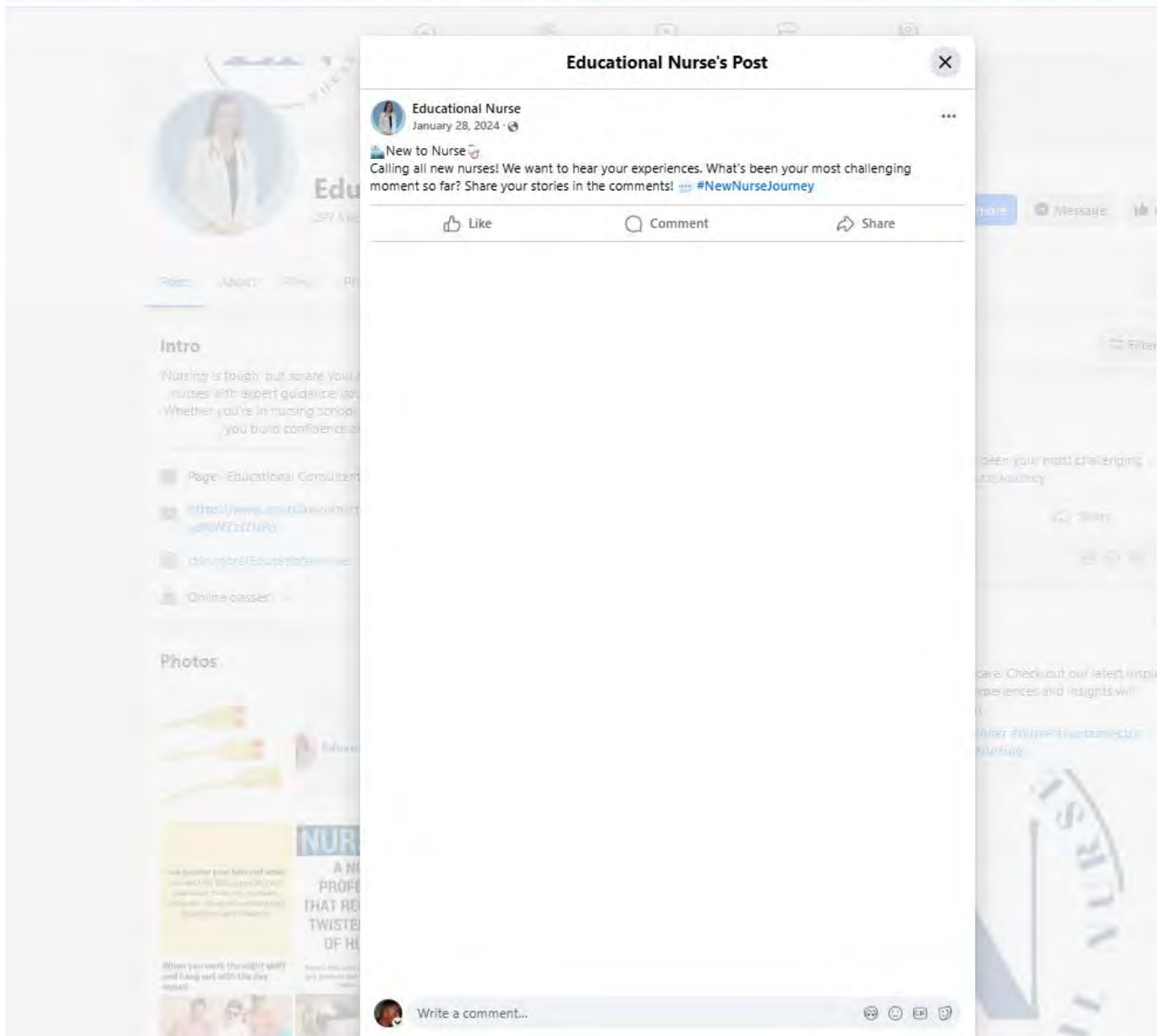
B Facebook

B 61552231682394
B System ID: 563875
f Kathryn M. Watson MSN RN
j https://www.facebook.com/permalink.php?story_fbid=pfbid033KeJKpbxogpAzu8DspVXyz4NEUDksu1V4gAMjHU9ske7dXeTdhuWfE86YSzAaSZI&id=61552231682394

C Posted: Jan 28, 2024
C Captured: Mar 28, 2025

After DOI

☐New to Nurse☐ Calling all new nurses! We want to hear your experiences. What's been your most challenging moment so far? Share your stories in the comments! ☐ #NewNurseJourney



TikTok

@educational_nurse1

System ID: 564477

f Kathryn M Watson MSN RN

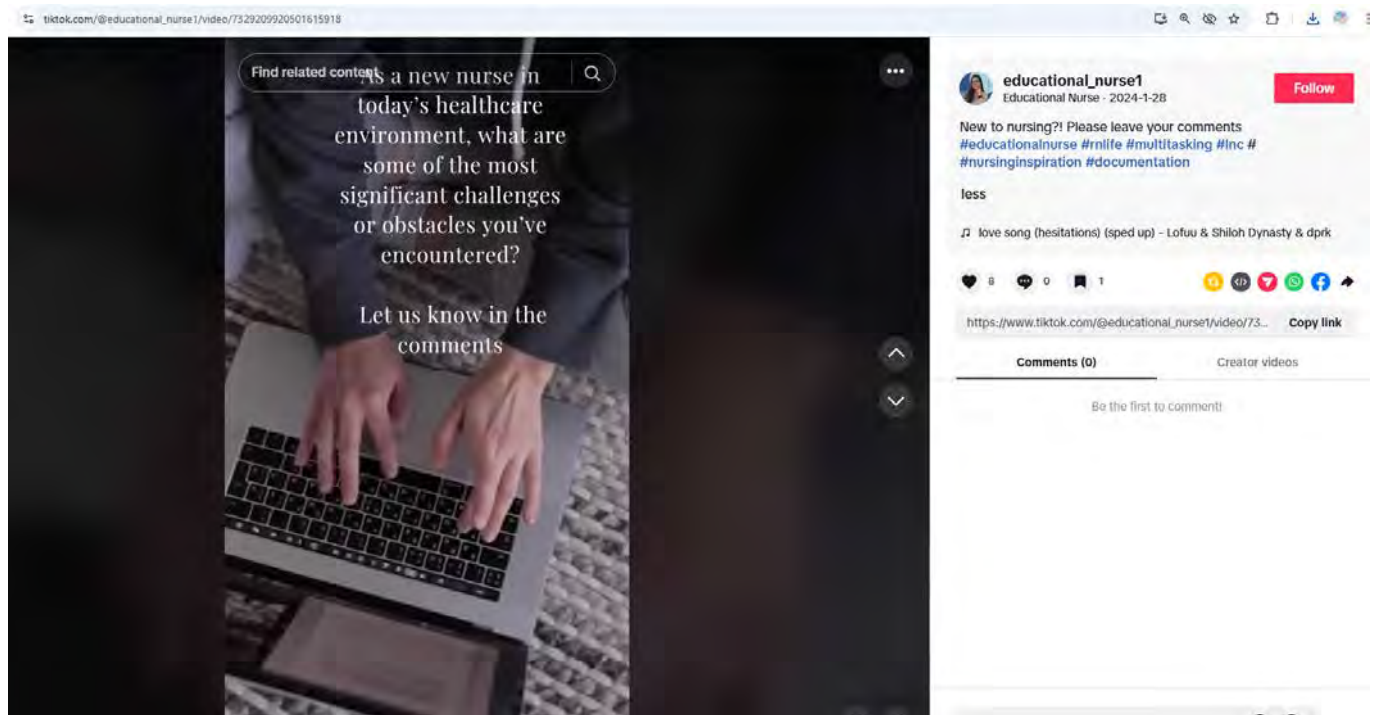
j https://www.tiktok.com/@educational_nurse1/video/7329209920501615918

After DOI

New to nursing?! Please leave your comments #educationalnurse #rnlife #multitasking #Inc
##nursinginspiration #documentation

C Posted: Jan 28, 2024

C Captured: Mar 28,
2025



[Link to download video](#)

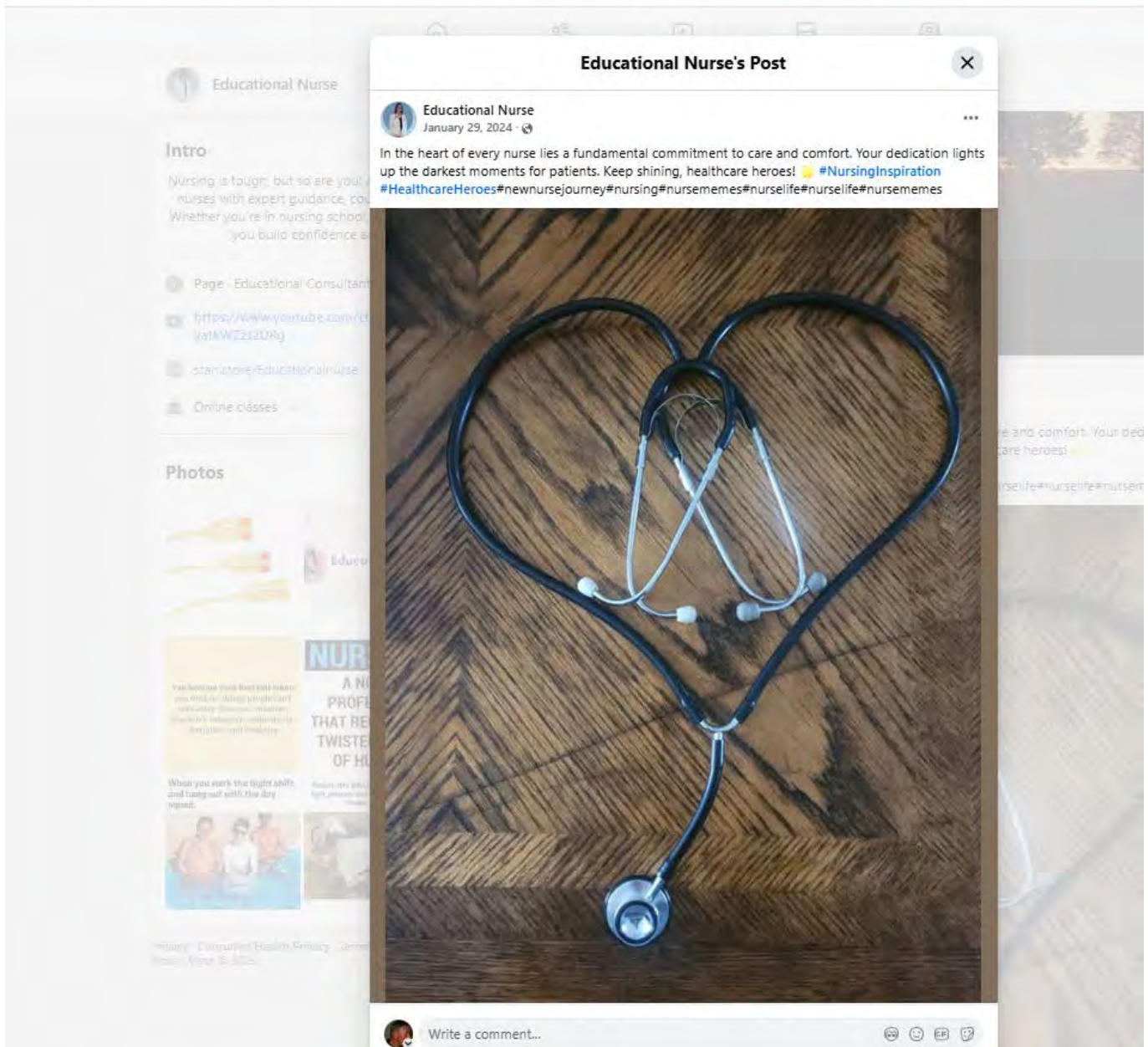
B Facebook

B [61552231682394](#)
B System ID: [563878](#)
f [Kathryn M Watson MSN RN](#)
j https://www.facebook.com/permalink.php?story_fbid=pfbid02V5e2ZYH2LJQYApoYwL4rREovUPqkgJRtvD7rx3F3q6NW862oYseHCG8ec4xhtUAgl&id=61552231682394

C Posted: Jan 29, 2024
C Captured: Mar 28, 2025

After DOI

In the heart of every nurse lies a fundamental commitment to care and comfort. Your dedication lights up the darkest moments for patients. Keep shining, healthcare heroes! 🌟 #NursingInspiration #HealthcareHeroes#newnursejourney#nursing#nursememes#nurselife#nurselife#nursememes



B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

B System ID: [563880](https://www.facebook.com/563880)

f [Kathryn M Watson MSN RN](https://www.facebook.com/Kathryn.M.Watson.MSN.RN)

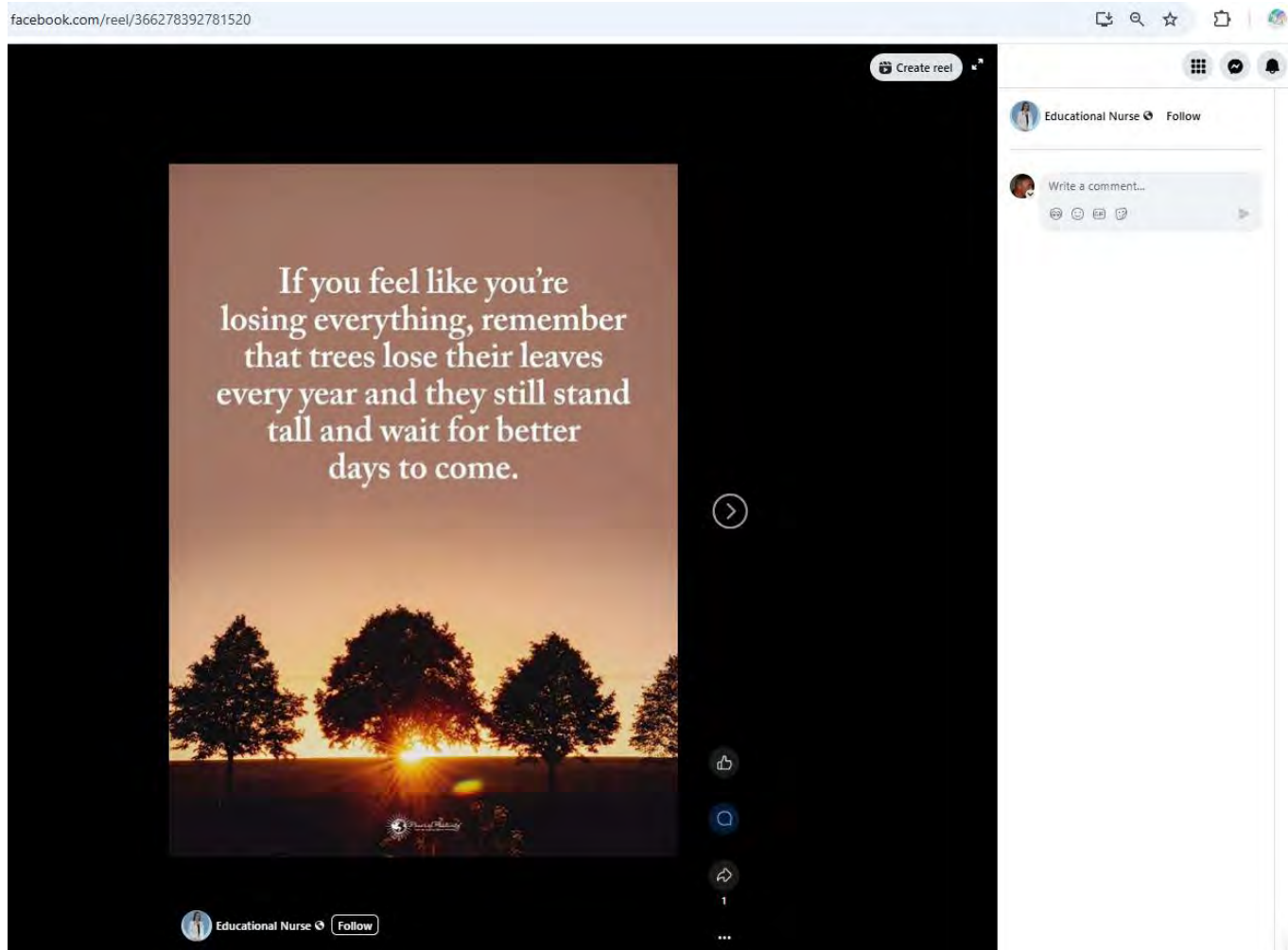
j <https://www.facebook.com/reel/366278392781520>

After DOI

Inspirational reel posted by Subject.

C Posted: Jan 29, 2024

C Captured: Mar 28,
2025



B Facebook

B [61552231682394](#)

B System ID: [563882](#)

f [Kathryn M Watson MSN RN](#)

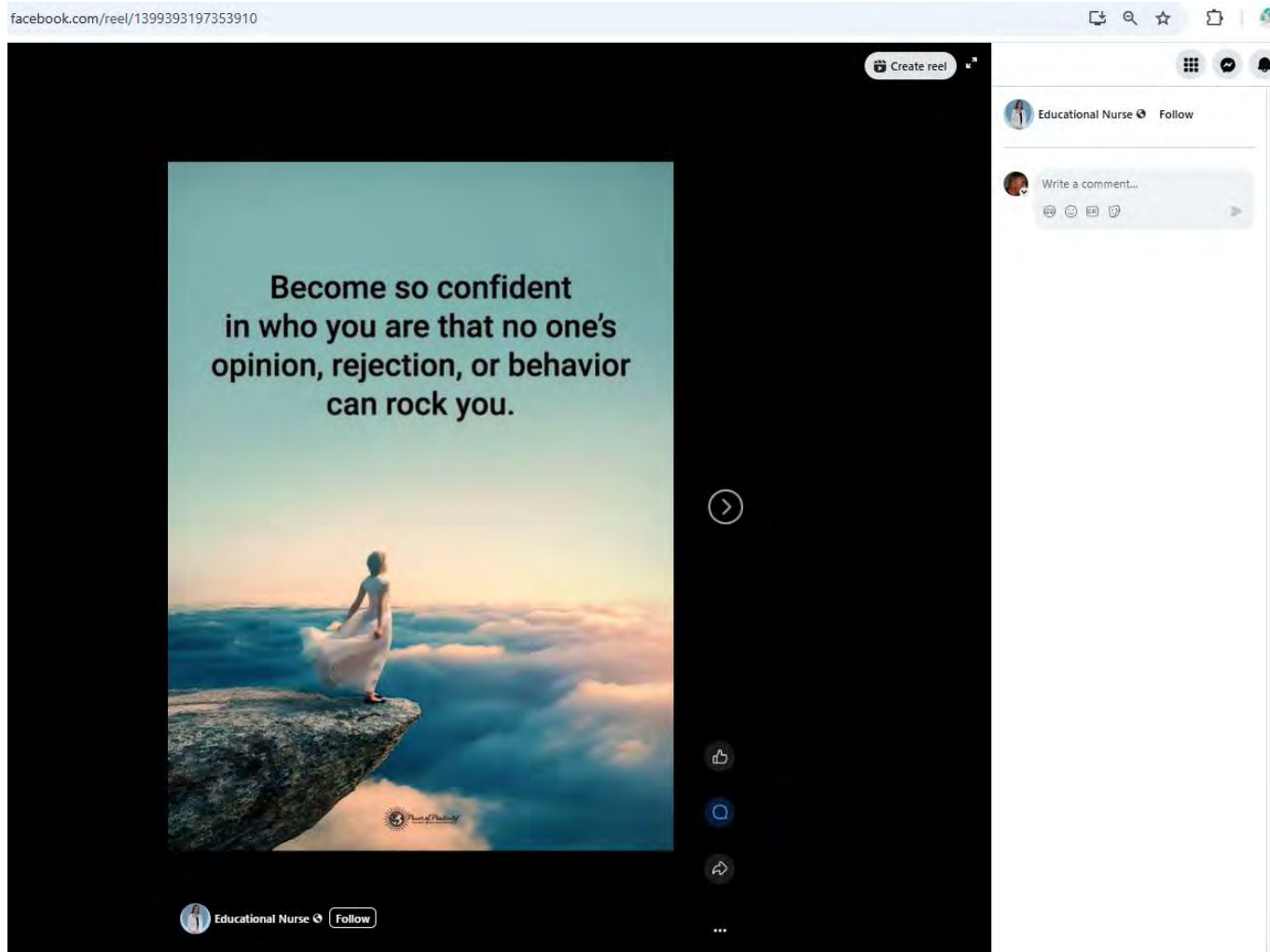
j <https://www.facebook.com/reel/1399393197353910>

After DOI

Inspirational reel from Subject.

C Posted: Jan 29, 2024

C Captured: Mar 28,
2025



B Facebook

B 61552231682394

B System ID: 563888

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02ajvZqXNTB5CW9y1SboxX6PwBx5x91r88QMDPjezyhP5VUY8j2pua8w1aMaLPeXhKl&id=61552231682394

C

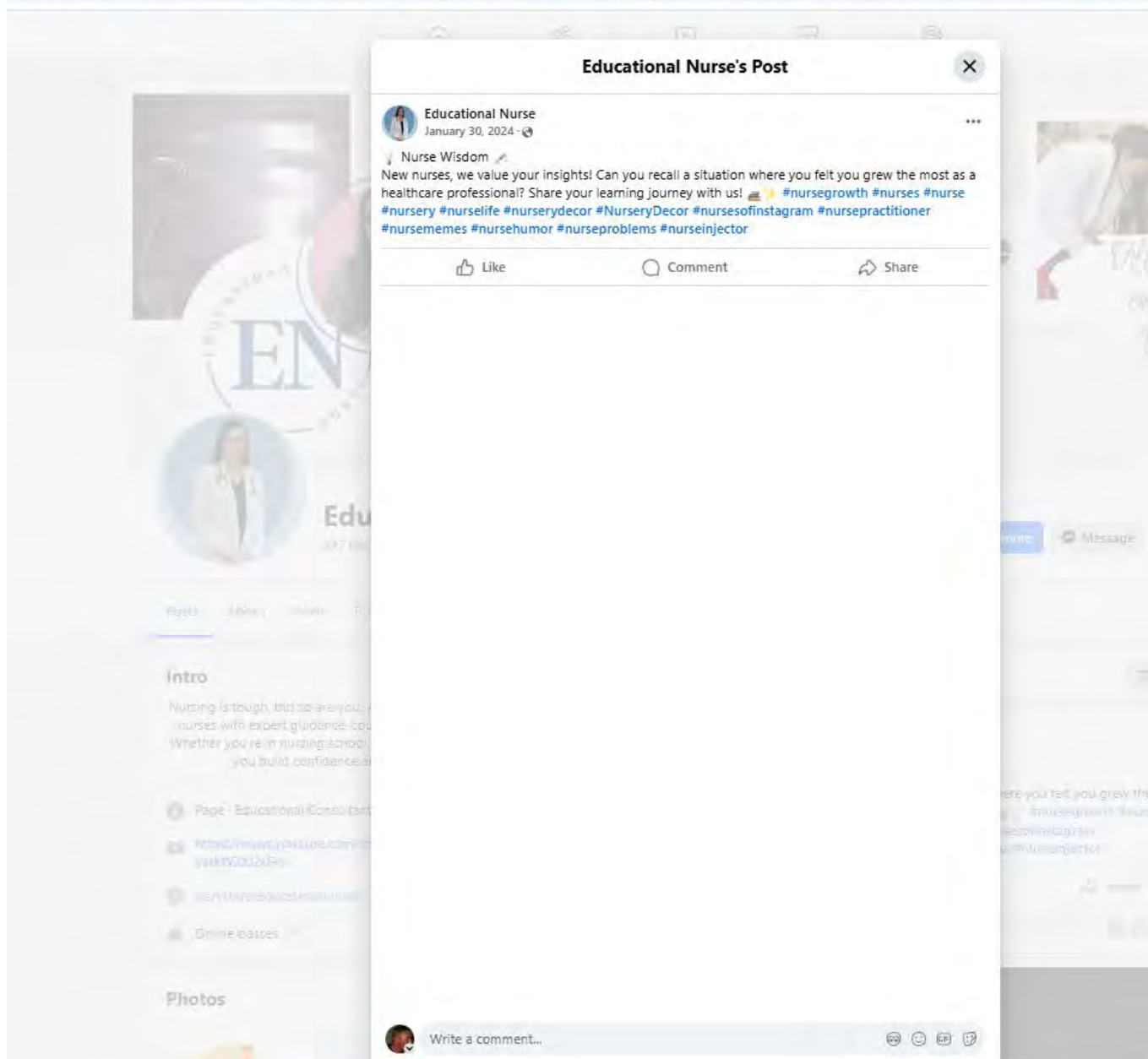
Posted: Jan 30, 2024

C

Captured: Mar 28, 2025

After DOI

□ Nurse Wisdom □ New nurses, we value your insights! Can you recall a situation where you felt you grew the most as a healthcare professional? Share your learning journey with us! □□ #nursegrowth #nurses #nurse #nursery #nurselife #nurserydecor #NurseryDecor #nursesofinstagram #nursepractitioner #nursememes #nursehumor #nurseproblems #nurseinjector



TikTok

[@educational_nurse1](#)

System ID: [564443](#)

C Posted: Jan 30, 2024

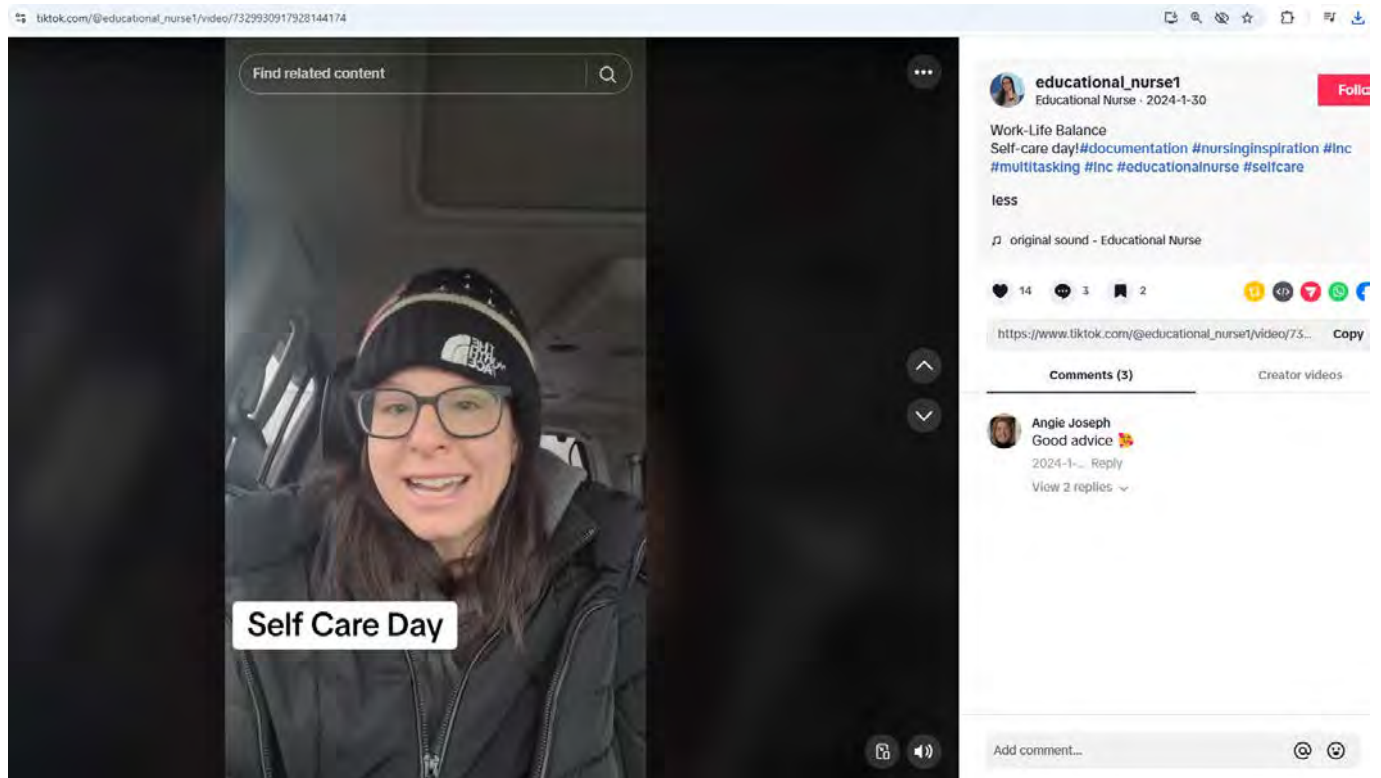
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7329930917928144174

After DOI

Work-Life Balance Self-care day! #documentation #nursinginspiration #lnc #multitasking #lnc #educationalnurse #selfcare



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7329961352166968619)

TikTok

[@educational_nurse1](https://www.tiktok.com/@educational_nurse1)

System ID: [564482](#)

C Posted: Jan 30, 2024

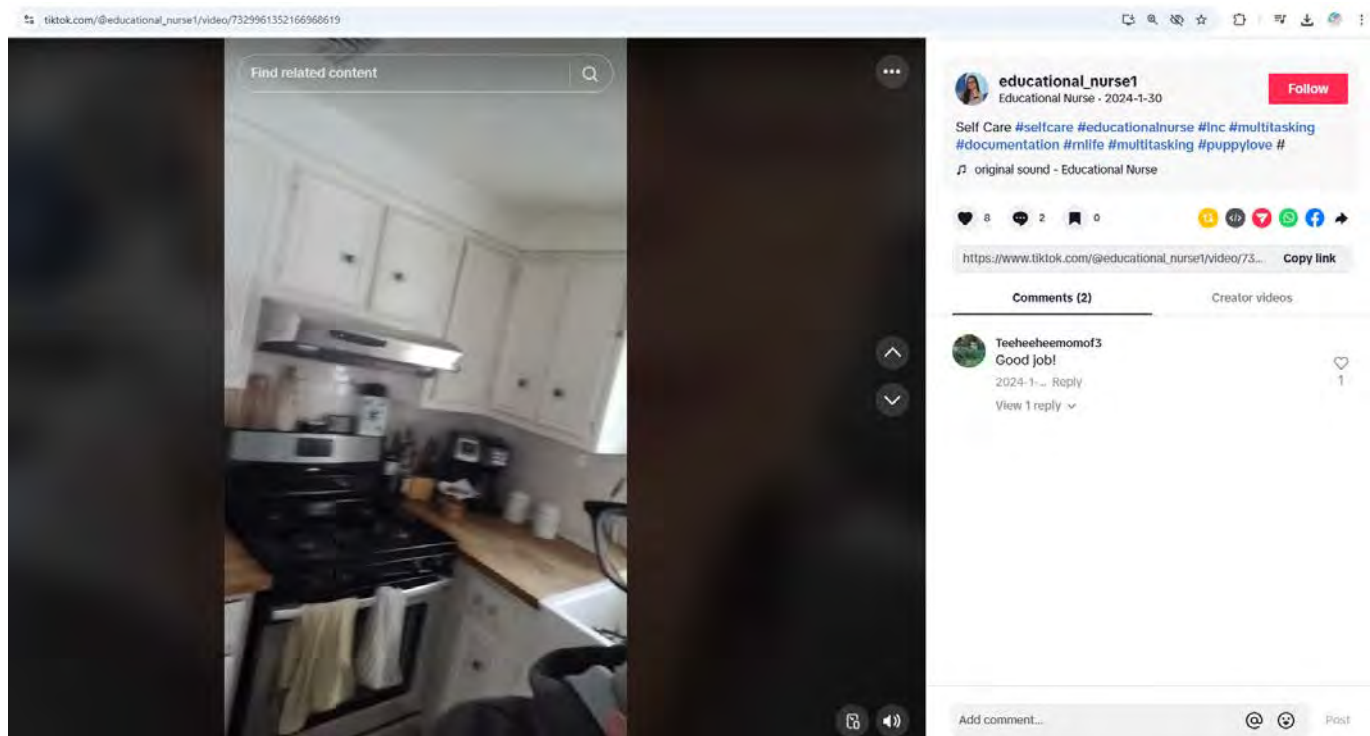
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7329961352166968619

After DOI

Self Care #selfcare #educationalnurse #lnc #multitasking #documentation #rnlife #multitasking #puppylove #



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/732996135216696619)

B Facebook

B [61552231682394](#)

B System ID: [563892](#)

f [Kathryn M Watson MSN RN](#)

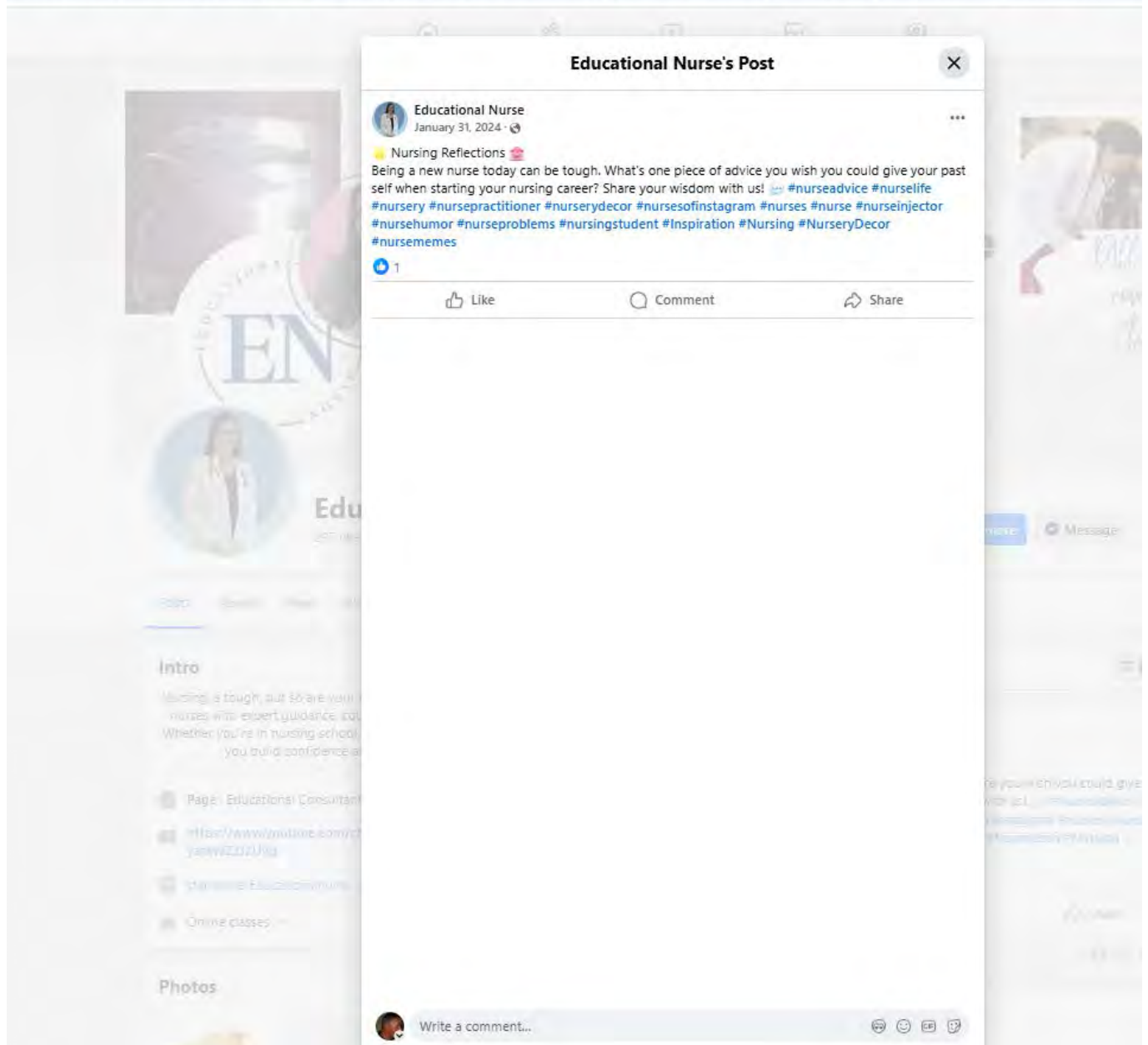
j https://www.facebook.com/permalink.php?story_fbid=pfbid07gU32CyT1JuPatHBM4YEHDrJbC2jWHDZyn7ZcAG5S16pTSXBnPVXTugPsT4pm5HKI&id=61552231682394

After DOI

□ Nursing Reflections □ Being a new nurse today can be tough. What's one piece of advice you wish you could give your past self when starting your nursing career? Share your wisdom with us! □
#nurseadvice #nurselife #nursery #nursepractitioner #nurserydecor #nursesofinstagram #nurses
#nurse #nurseinjector #nursehumor #nurseproblems #nursingstudent #Inspiration #Nursing
#NurseryDecor #nursememes

C Posted: Jan 31, 2024

C Captured: Mar 28, 2025



TikTok

@educational_nurse1

System ID: 564487

C Posted: Jan 31, 2024

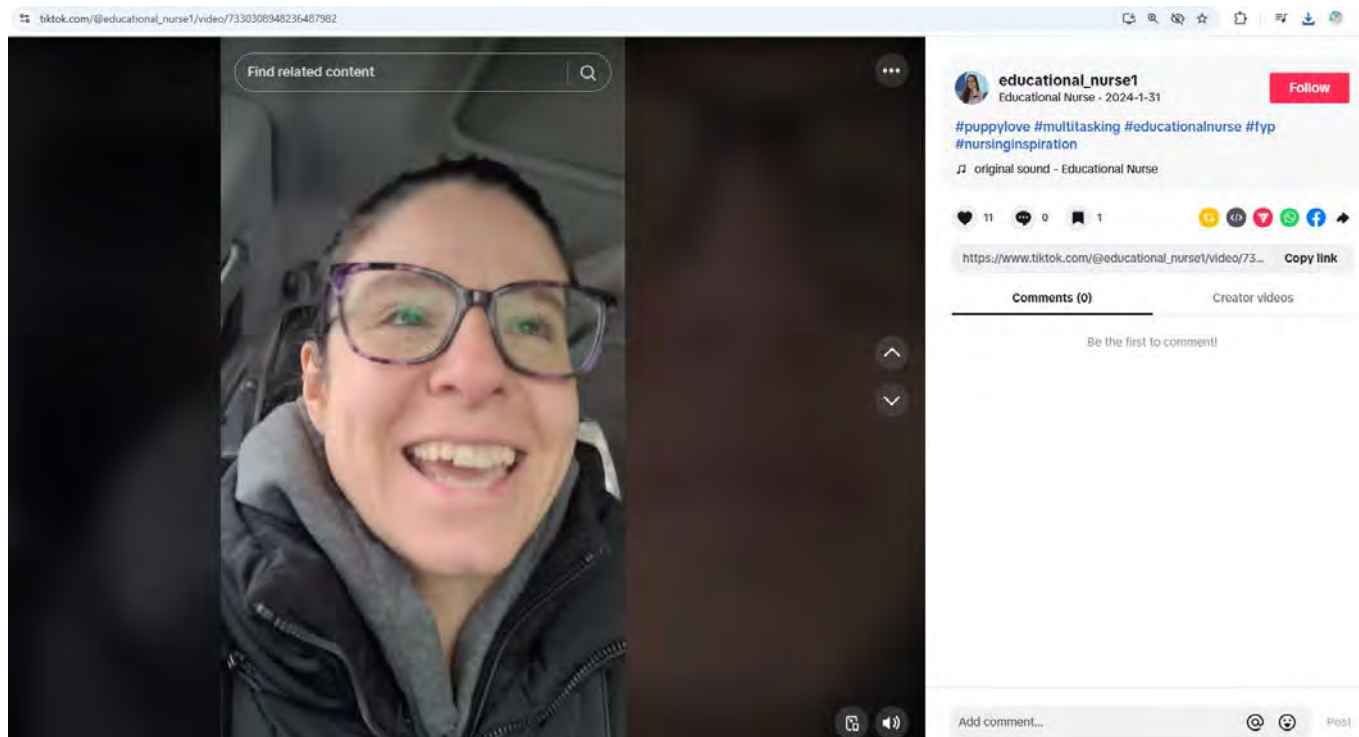
C Captured: Mar 28, 2025

f Kathryn M Watson MSN RN

j https://www.tiktok.com/@educational_nurse1/video/7330308948236487982

After DOI

#puppylove #multitasking #educationalnurse #fyp #nursinginspiration



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564490](#)

C Posted: Jan 31, 2024

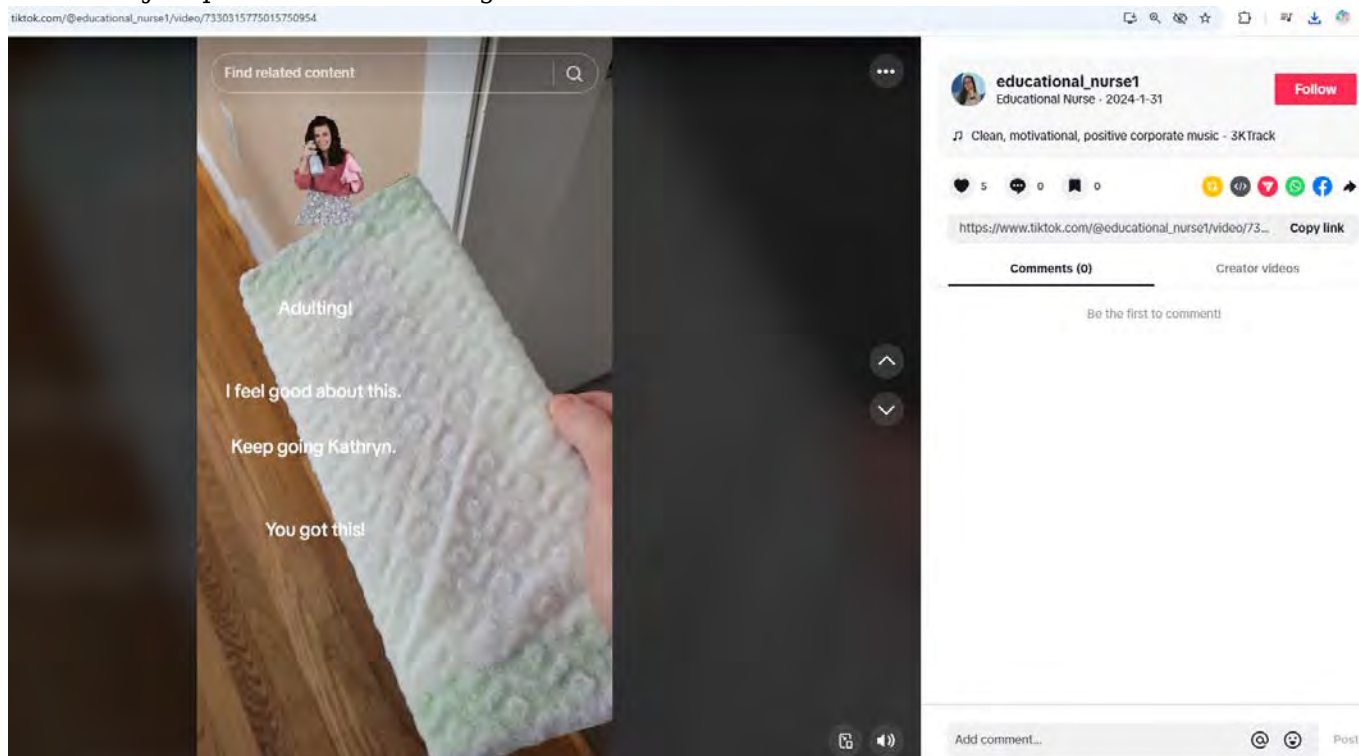
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7330315775015750954

After DOI

Video Subject posted about adulting.



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564493](#)

C Posted: Jan 31, 2024

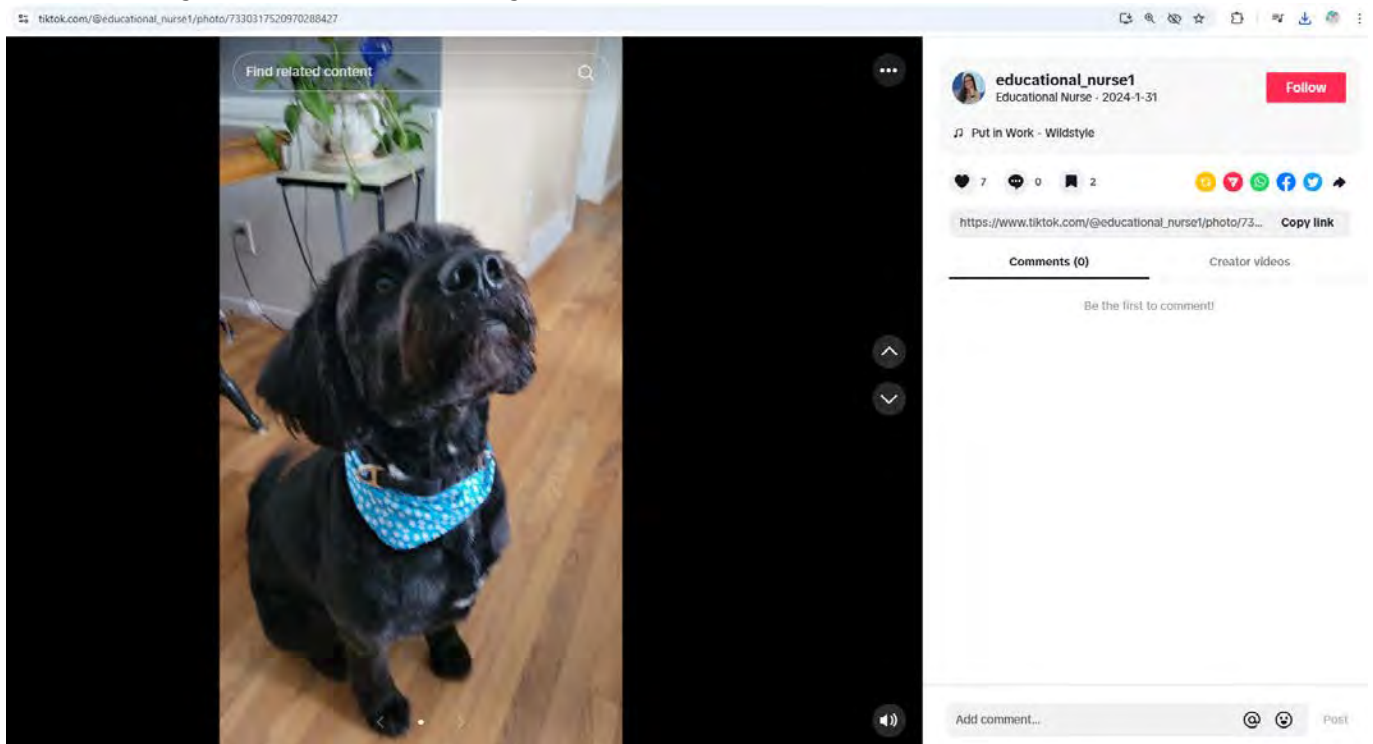
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/photo/7330317520970288427

After DOI

Picture of dog with music in the background.



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [563893](#)

f [Kathryn M Watson MSN RN](#)

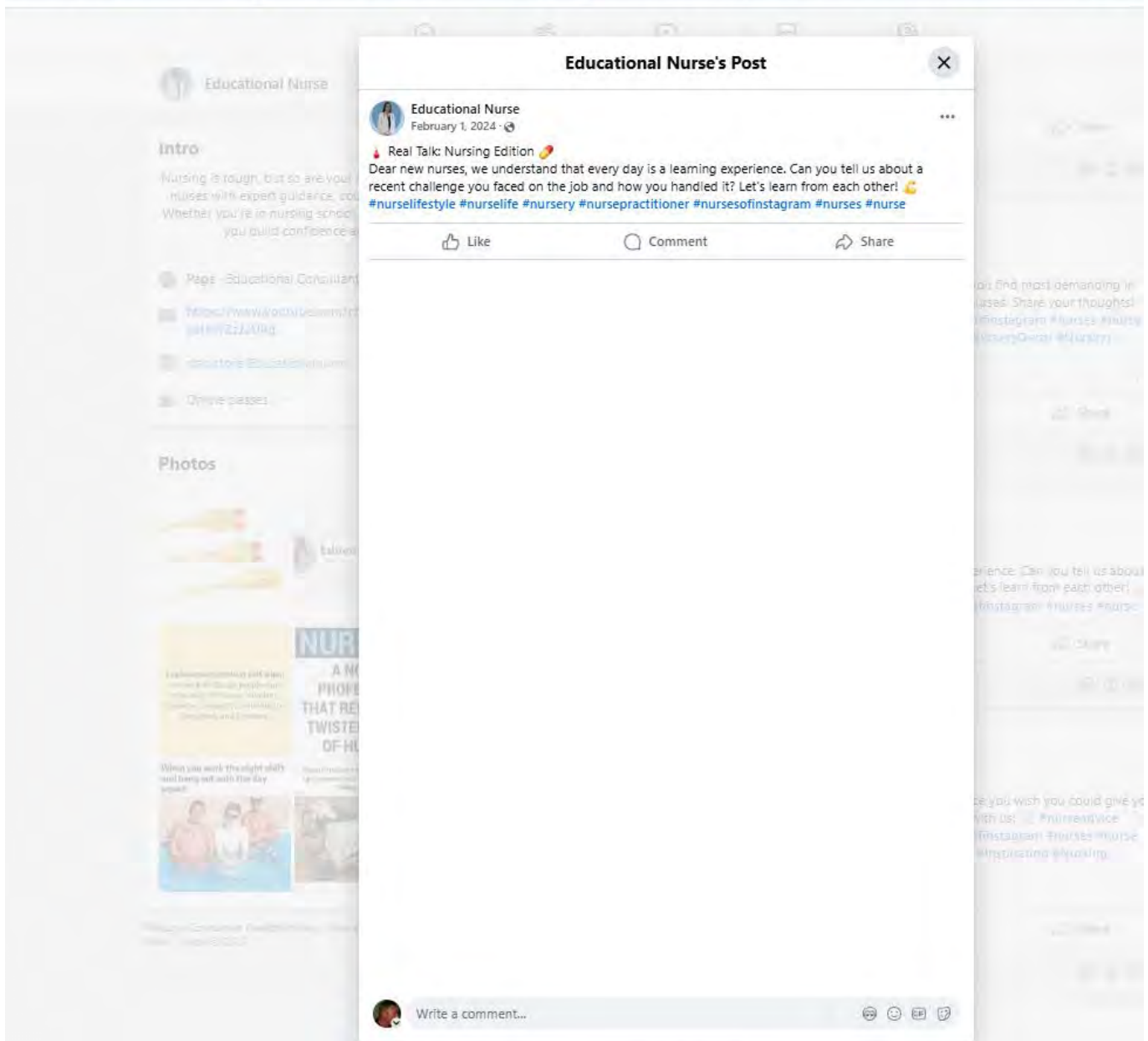
j https://www.facebook.com/permalink.php?story_fbid=pfbid02ikwXpV2pApMLZ64p6WLN43Yjk8xknD4efBTSREA33m6RwuwD2xDaKori4FBdzndMI&id=61552231682394

C Posted: Feb 01, 2024

C Captured: Mar 28, 2025

After DOI

□ Real Talk: Nursing Edition □ Dear new nurses, we understand that every day is a learning experience. Can you tell us about a recent challenge you faced on the job and how you handled it? Let's learn from each other! □ #nurselifestyle #nurselife #nursery #nursepractitioner #nursesofinstagram #nurses #nurse



B Facebook

B 61552231682394

B System ID: 563901

f Kathryn M Watson MSN RN

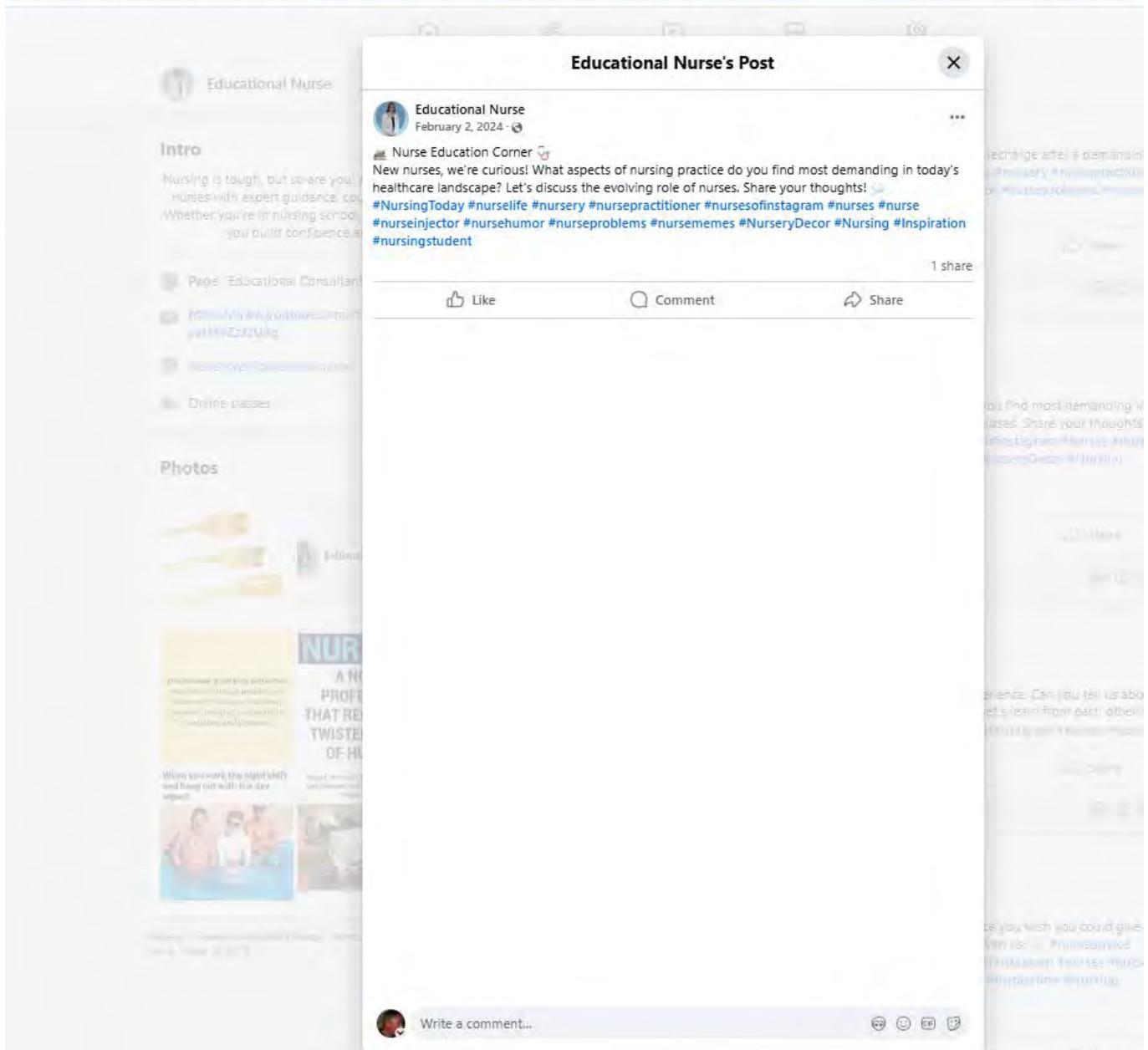
j https://www.facebook.com/permalink.php?story_fbid=pfbid02iM8hoY93dJKDKUT93AhRDOjLBW5F12VL8gCgXVhVv1tKt2OvcE6NbbY47LV61FRI&id=61552231682394

C Posted: Feb 02, 2024

C Captured: Mar 28, 2025

After DOI

□ Nurse Education Corner □ New nurses, we're curious! What aspects of nursing practice do you find most demanding in today's healthcare landscape? Let's discuss the evolving role of nurses. Share your thoughts! □ #NursingToday #nurselife #nursery #nursepractitioner #nursesofinstagram #nurses #nurse #nurseinjector #nursehumor #nurseproblems #nursememes #NurseryDecor #Nursing #Inspiration #nursingstudent



B Facebook

B 61552231682394

B System ID: 563903

f Kathryn M Watson MSN RN

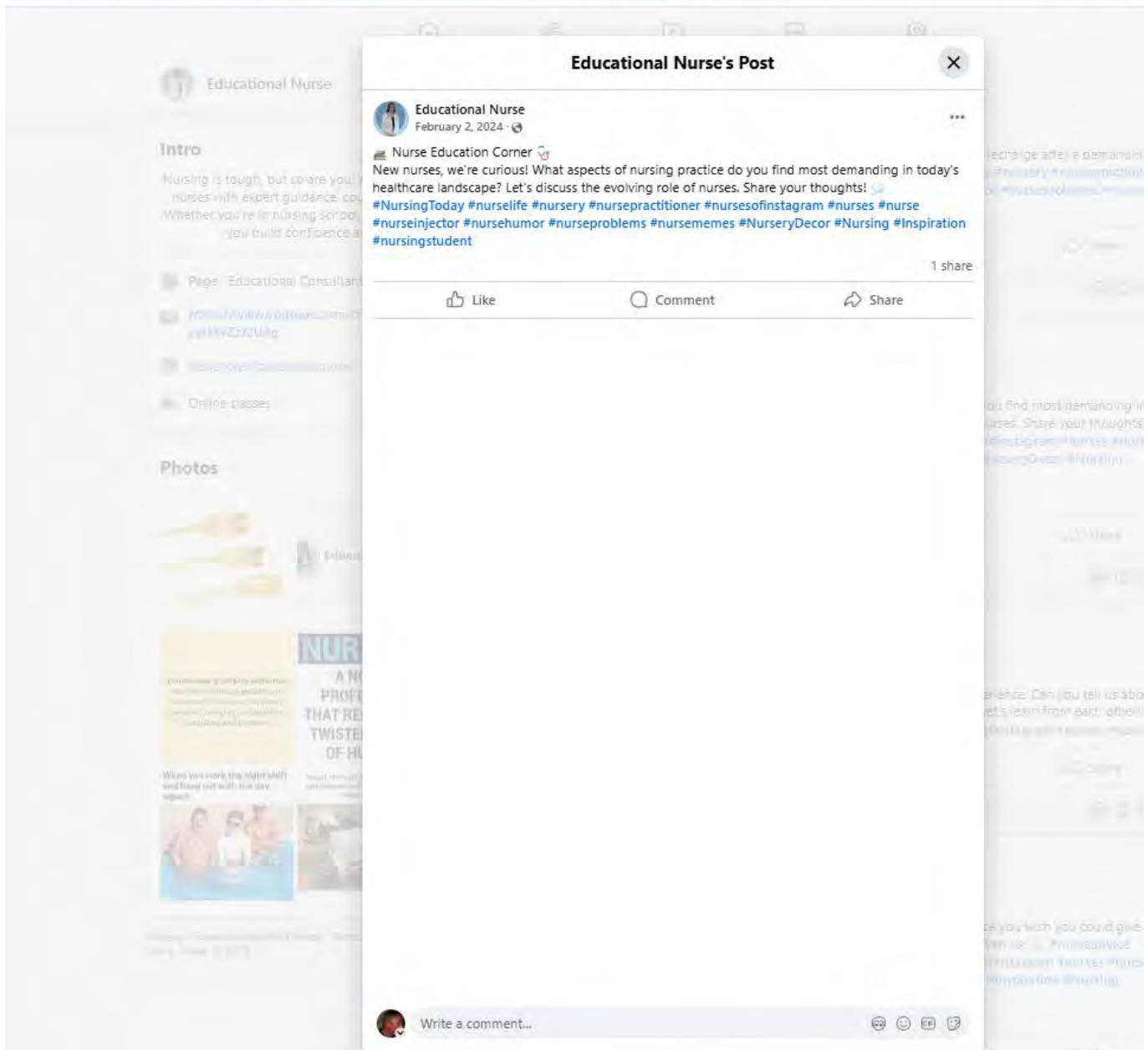
j https://www.facebook.com/permalink.php?story_fbid=pfbid0URrS9OO4iBRmJEfw7kjtzcZ5PF1o7iM3B6T55ztdNtWGrZs7nknvpGeEQOF7RhsAI&id=61552231682394

C Posted: Feb 03, 2024

C Captured: Mar 28, 2025

After DOI

☐ Nurses Supporting Nurses ☐ Let's uplift one another! What's your favorite self-care routine to recharge after a demanding shift? Share your self-care tips with fellow nurses! ☐☐☐
#nursewellness #nursery #nursepractitioner #nursesofinstagram #nurses #nurse #nurseinjector
#nursehumor #nurseproblems #nursememes #NurseryDecor #Nursing #Inspiration
#nursingstudent



TikTok

[@educational_nurse1](#)

System ID: [564498](#)

f [Kathryn M Watson MSN RN](#)

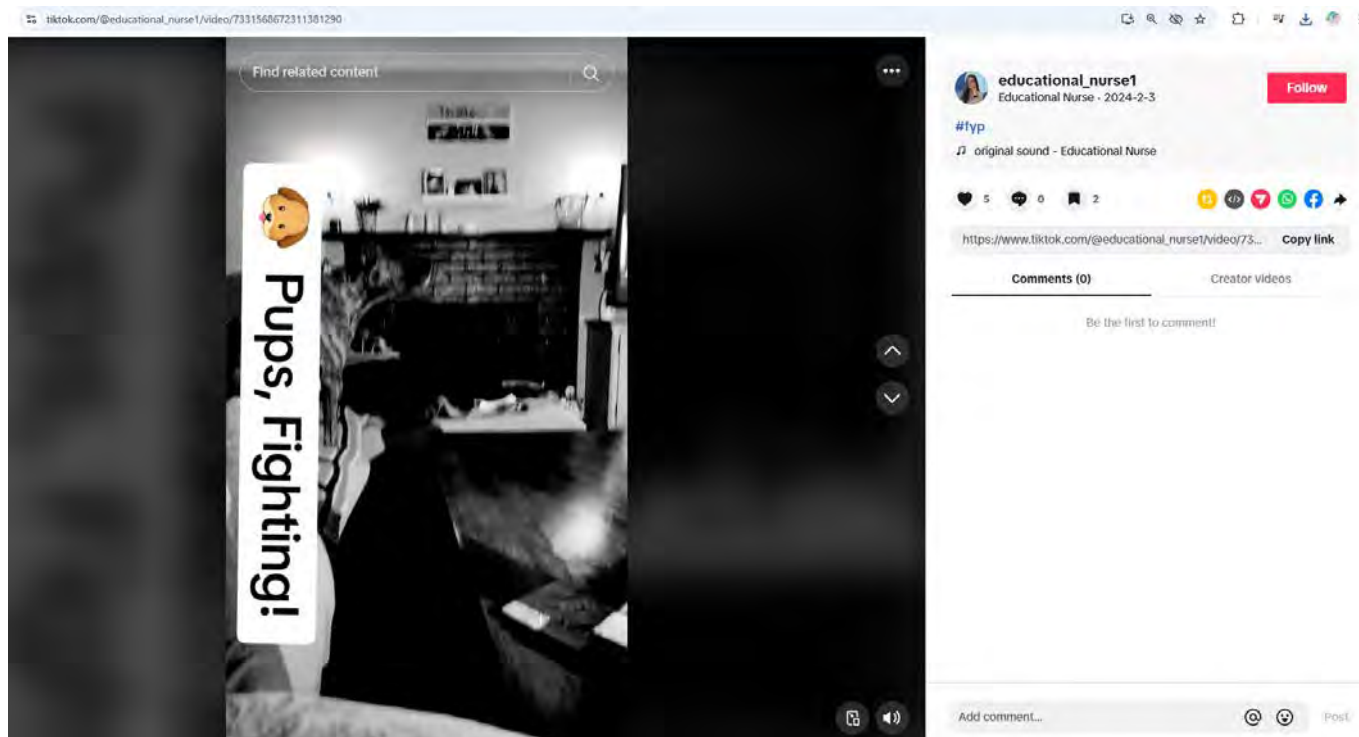
j https://www.tiktok.com/@educational_nurse1/video/7331568672311381290

After DOI

Video of dogs.

C Posted: Feb 03, 2024

C Captured: Mar 28, 2025



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/731156072311381290)

B Facebook

B 61552231682394

B System ID: 563906

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02kCABWv95bAx86zC3vd3wXb84gLP4GgKbefP9Phy85vO9aALN5HZwpmT6L2ZY9Upnl&id=61552231682394

C Posted: Feb 04, 2024

C Captured: Mar 28, 2025

After DOI

☐ Calling all nurses and aspiring healthcare professionals! ☐☐ Looking for valuable resources to enhance your nursing education and career? Look no further! Visit www.educationalnurse.com today for a treasure trove of educational content, expert advice, and much more. Explore, learn, and advance your nursing journey now! ☐☐ #nurseeducation #nurselife #nursery #nursepractitioner #nursesofinstagram #nurses #nurse #nurseinjector #nursehumor #nurseproblems #nursememes #NurseryDecor #Nursing #Inspiration #nursingstudent

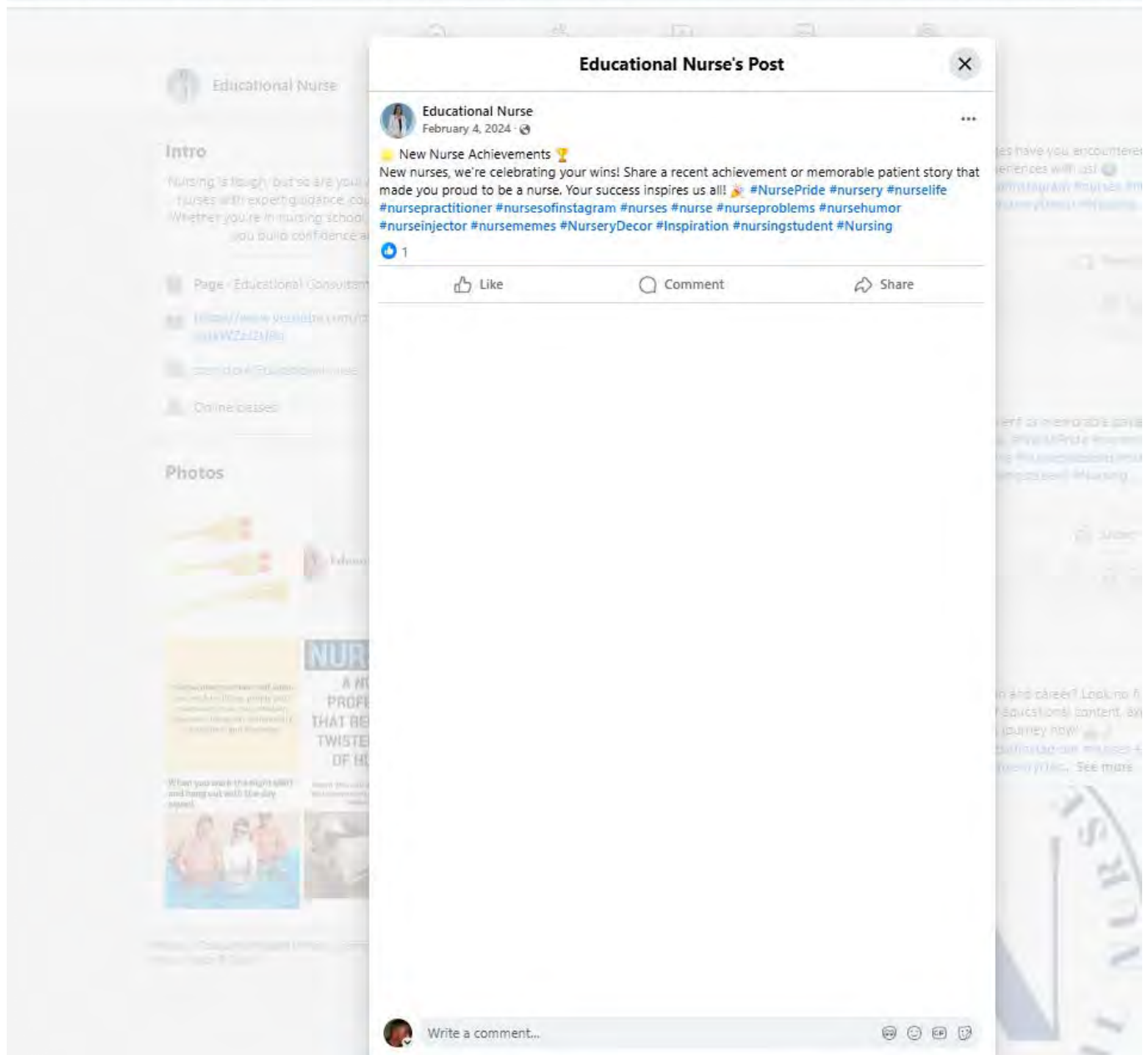


B Facebook

B 61552231682394
B System ID: 563909
f Kathryn M Watson MSN RN
j https://www.facebook.com/permalink.php?story_fbid=pfbid02V4L1y7DjC83cpGvVm94qZf5N3Xd6X6oCzcPGAqFxA8pSVpYTnVuhzRdFVTW7JFyl&id=61552231682394

After DOI

👉 New Nurse Achievements 👉 New nurses, we're celebrating your wins! Share a recent achievement or memorable patient story that made you proud to be a nurse. Your success inspires us all! 👉
#NursePride #nursery #nurselife #nursepractitioner #nursesofinstagram #nurses #nurse
#nurseproblems #nursehumor #nurseinjector #nursememes #NurseryDecor #Inspiration
#nursingstudent #Nursing



TikTok

[@educational_nurse1](#)

System ID: [564504](#)

C Posted: Feb 04, 2024

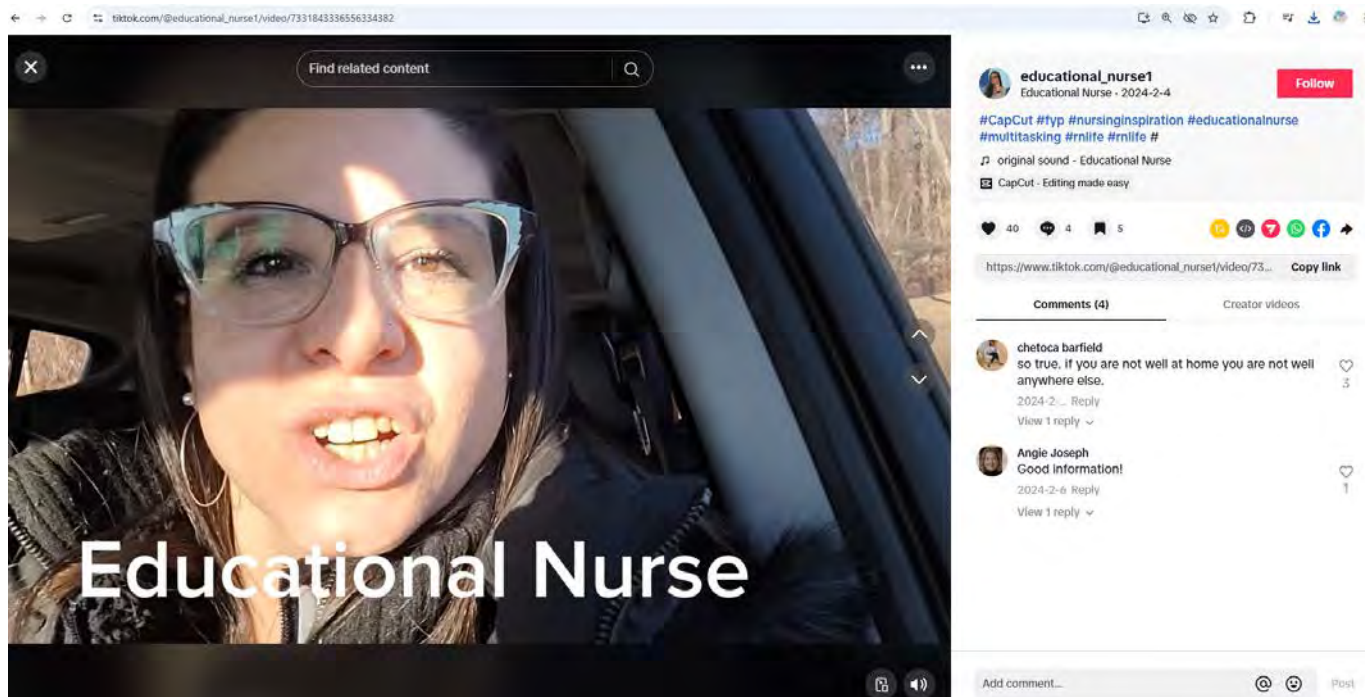
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7331843336556334382

After DOI

#CapCut #fyp #nursinginspiration #educationalnurse #multitasking #rnlife #rnlife #



[Link to download video](#)

B Facebook

B 61552231682394

B System ID: 563911

f Kathryn M Watson MSN RN

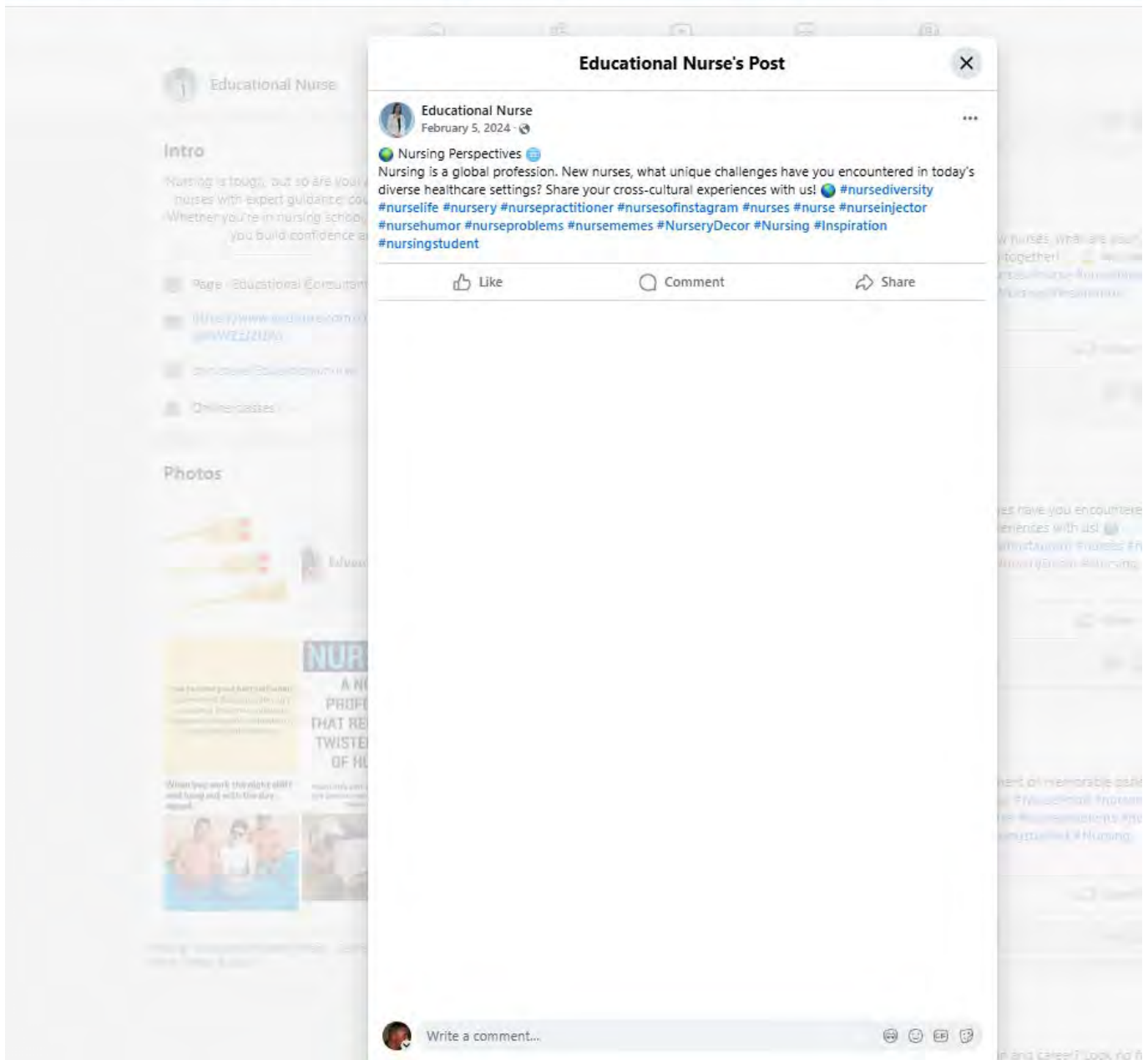
j https://www.facebook.com/permalink.php?story_fbid=pfbid0cTCOGyKkVYpKtFCxomDFydcf8JA585b2PNrHiPE6ZsaTVmygEuQMC2UJL8oCxCDYI&id=61552231682394

After DOI

□ Nursing Perspectives □ Nursing is a global profession. New nurses, what unique challenges have you encountered in today's diverse healthcare settings? Share your cross-cultural experiences with us! □ #nursediversity #nurselife #nursery #nursepractitioner #nursesofinstagram #nurses #nurse #nurseinjector #nursehumor #nurseproblems #nursememes #NurseryDecor #Nursing #Inspiration #nursingstudent

C Posted: Feb 05, 2024

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 563913

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02TW1cxGR1bE2jgEfASQ2W1XddQ9A7UnMJgJlowYrRXvKMsnVJaKCKEAYMZqZMxNy8l&id=61552231682394

C

Posted: Feb 06, 2024

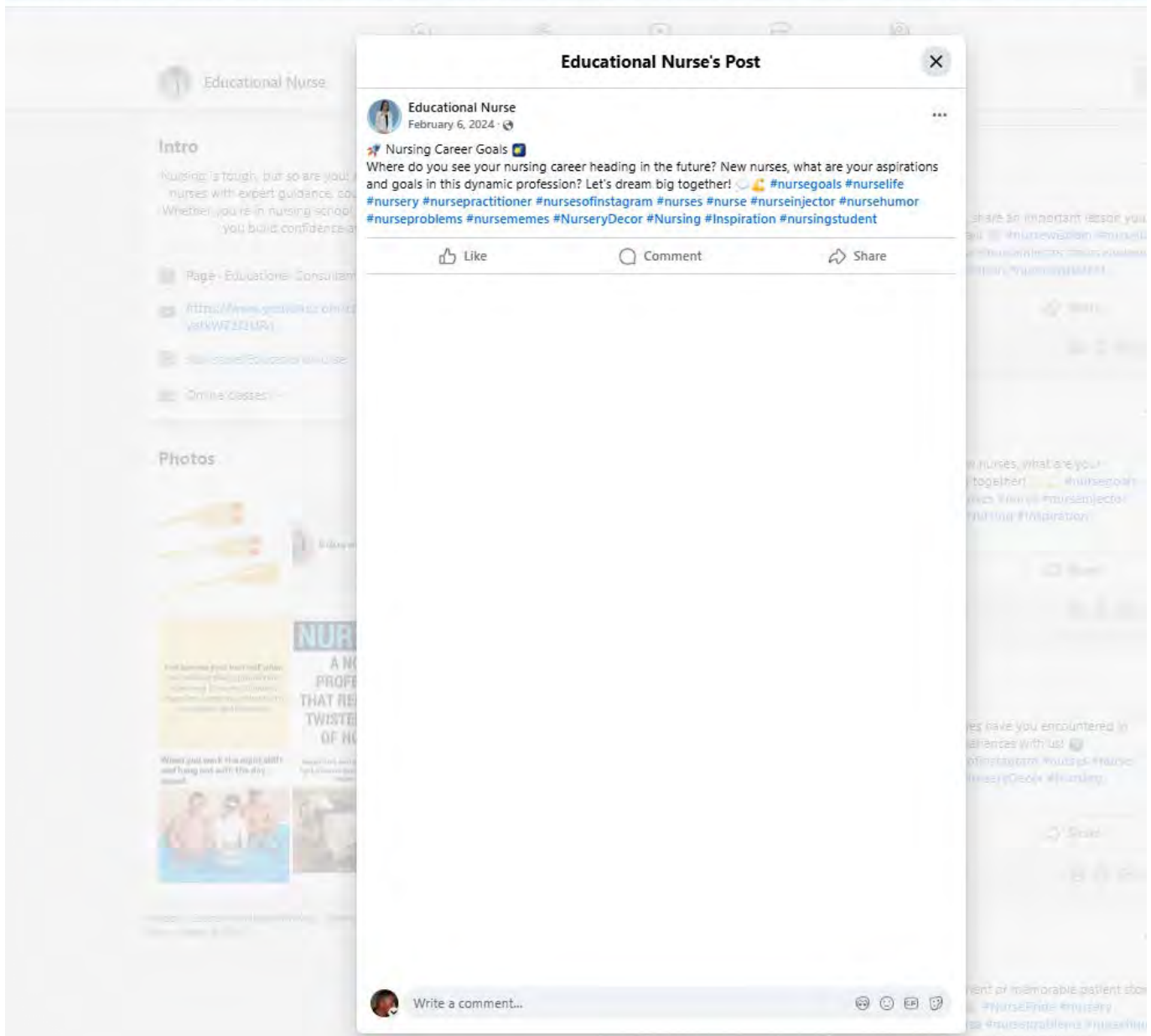
C

Captured: Mar 28, 2025

After DOI

□ Nursing Career Goals □ Where do you see your nursing career heading in the future? New nurses, what are your aspirations and goals in this dynamic profession? Let's dream big together! □□

#nursegoals #nurselife #nursery #nursepractitioner #nursesofinstagram #nurses #nurse #nurseinjector #nursehumor #nurseproblems #nursememes #NurseryDecor #Nursing #Inspiration #nursingstudent



B Facebook

B 61552231682394

B System ID: 563915

f Kathryn M Watson MSN RN

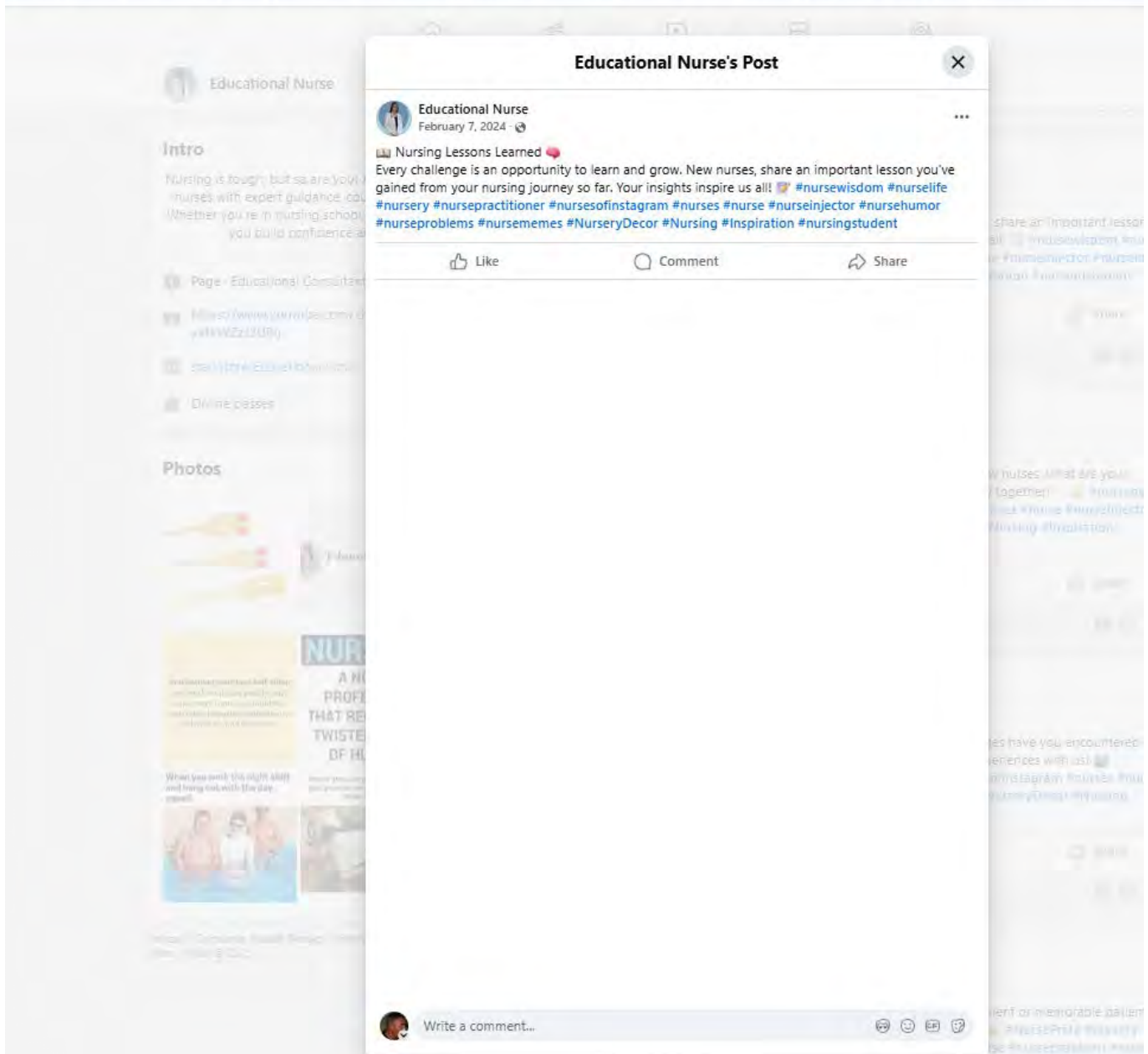
j https://www.facebook.com/permalink.php?story_fbid=pfbid02FmCJYgPz8p66F27uh5Sf4it6xUu6pakkUBh9wRHOC2WNQry8spdXN186ziPsAyWL&id=61552231682394

C Posted: Feb 07, 2024

C Captured: Mar 28, 2025

After DOI

□ Nursing Lessons Learned □ Every challenge is an opportunity to learn and grow. New nurses, share an important lesson you've gained from your nursing journey so far. Your insights inspire us all! □ #nursewisdom #nurselife #nursery #nursepractitioner #nursesofinstagram #nurses #nurse #nurseinjector #nursehumor #nurseproblems #nursememes #NurseryDecor #Nursing #Inspiration #nursingstudent



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid02FmCJYqPz8p66F27uh5Sf4it6xUu6pakkUBb9wRHQC2WNQry8spdXN186ziPsAyWLI&id=61552231682394)

B System ID: [563918](#)

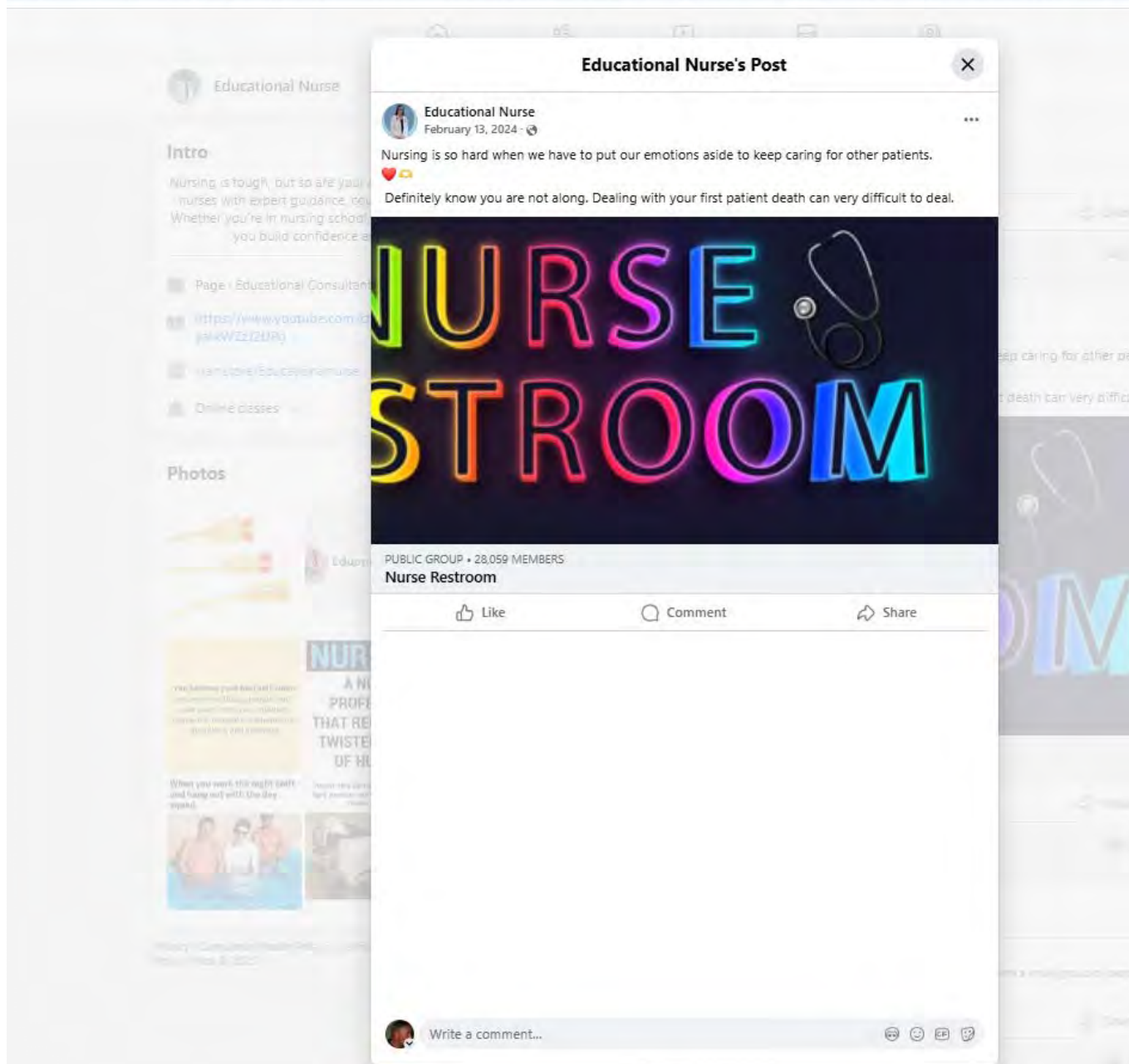
f [Kathryn M Watson MSN RN](#)

j https://www.facebook.com/permalink.php?story_fbid=pfbid02xosFk2WBWGrcA1r9iyMBKZp3vMhLcdUEFLj2T3GdXRrpNiEq8SBf17sPisykicr9l&id=61552231682394

After DOI

Nursing is so hard when we have to put our emotions aside to keep caring for other patients. ☹️
Definitely know you are not alone. Dealing with your first patient death can be very difficult to deal.

C Posted: Feb 13, 2024
C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 563919

f Kathryn M Watson MSN RN

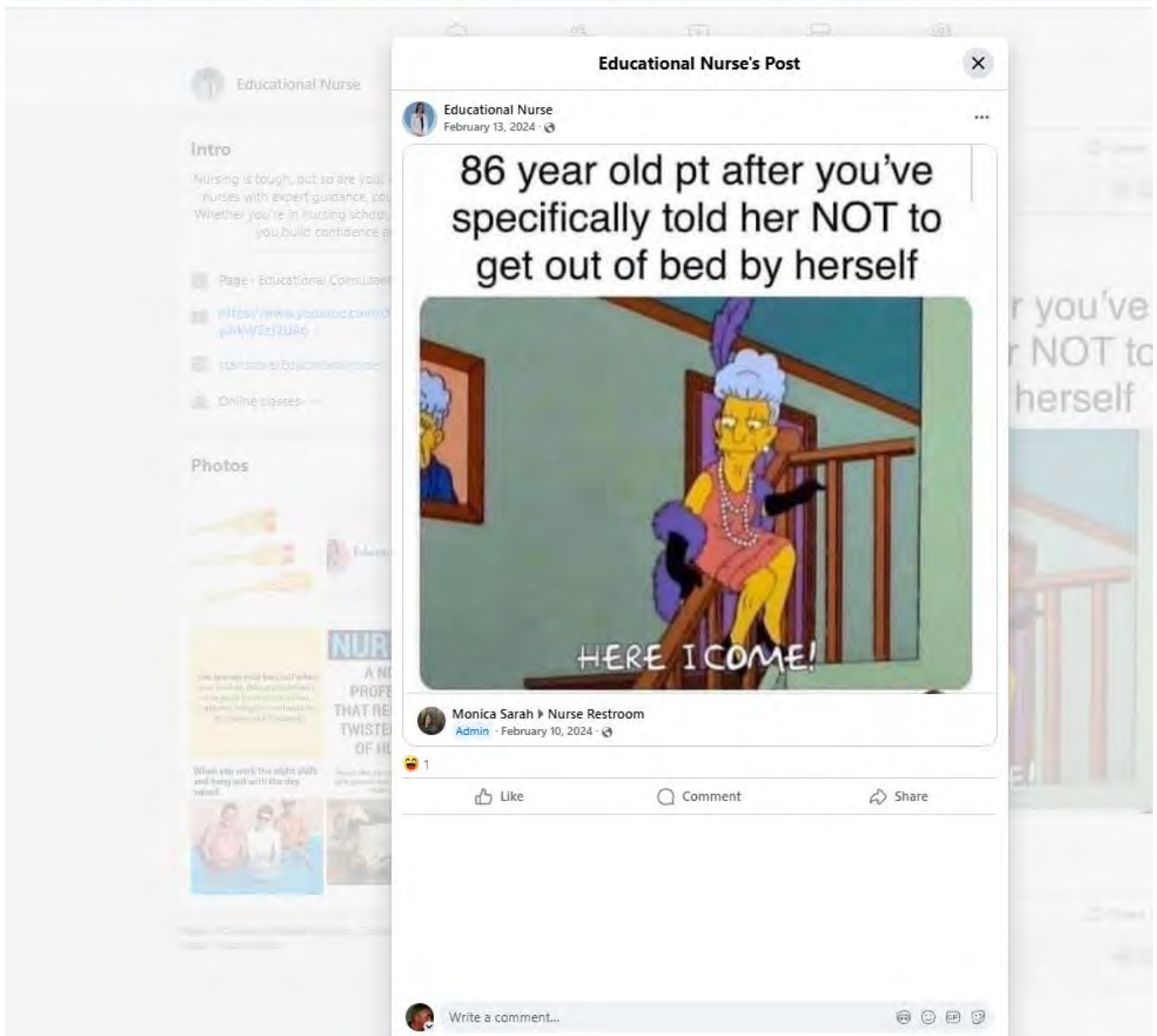
j https://www.facebook.com/permalink.php?story_fbid=pfbid02F7C1LJkR4k92NjNX2iip3DFXh83ce21WqSno8T5yak8mTcaLAWGVtPTbKtaz2FAI&id=61552231682394

C Posted: Feb 13, 2024

C Captured: Mar 28, 2025

After DOI

Repost from Subject.



B Facebook

B 61552231682394

B System ID: 563921

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0aoXgNfpH5ipWoK9Hojjh6VU7kBXzaFnnFrGm6HmMXgPTEKnadJBjibG6TAktrAdol&id=61552231682394

After DOI

The last one should definitely be Zyprexa. All can be given IM and if your patient has a prolonged QTc. Zyprexa is the safest option. Keep this knowledge in your back pocket. So, when your patient says, "You can't stop me!" Think of this, if first two options are out.

C Posted: Feb 13, 2024

C Captured: Mar 28, 2025

Educational Nurse's Post

Educational Nurse
February 13, 2024 · 🌐

The last one should definitely be Zyprexa. All can be given IM and if your patient has a prolonged QTc, Zyprexa is the safest option. Keep this knowledge in your back pocket. So, when your patient says, "You can't stop me!" Think of this, if first two options are out.

**Patients be like: "F... you! I'll stay up all night! You can't stop me!"
Nurses:**



4 🥰

Like Comment Share

Write a comment...

B Facebook

B 61552231682394

B System ID: 563924

f Kathryn M Watson MSN RN

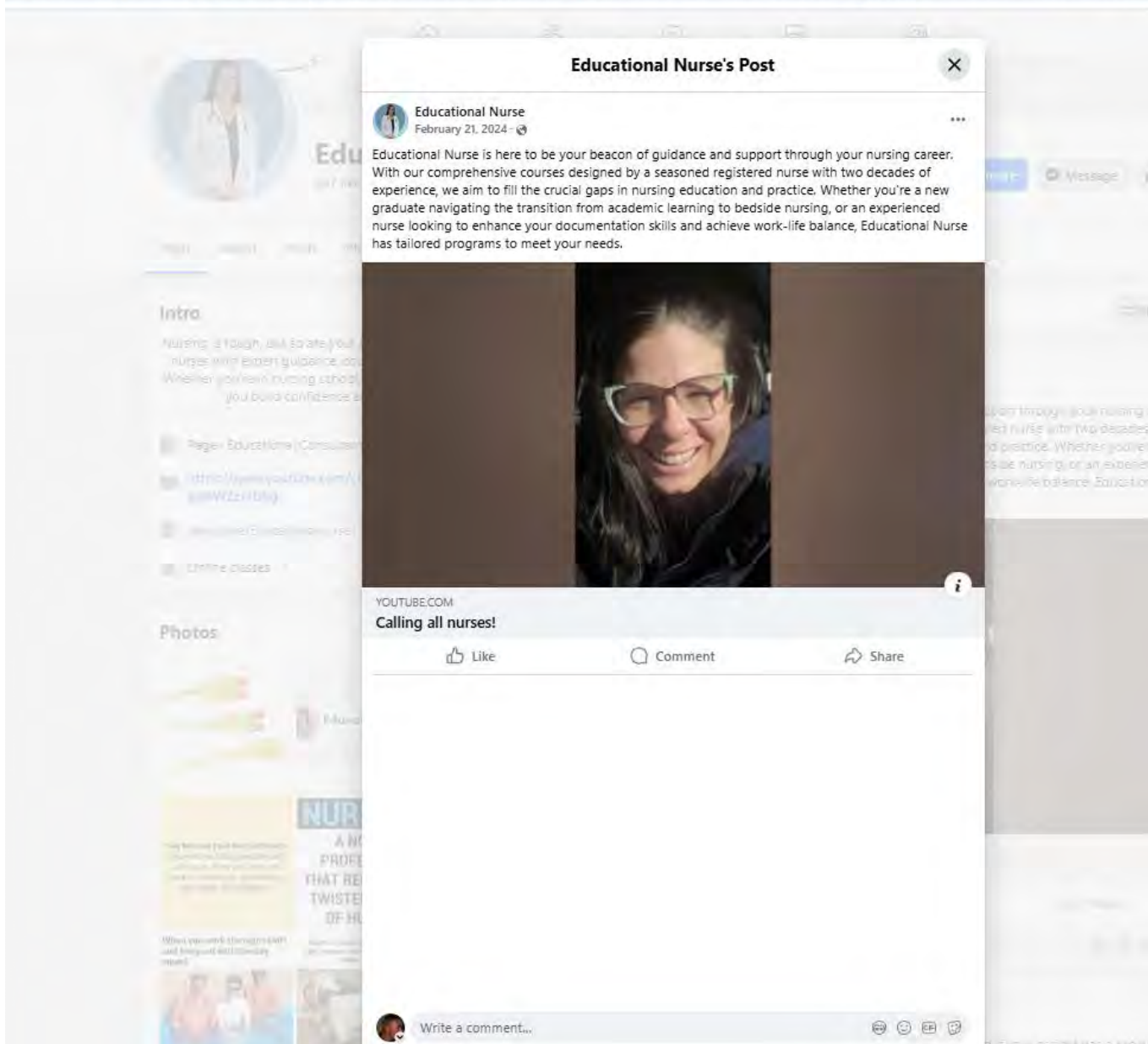
j https://www.facebook.com/permalink.php?story_fbid=pfbid02iUzjvtqjdY29L6c9Fs9M2AQyU6vMB64yYCx5GFmoUI&id=61552231682394

After DOI

Educational Nurse is here to be your beacon of guidance and support through your nursing career. With our comprehensive courses designed by a seasoned registered nurse with two decades of experience, we aim to fill the crucial gaps in nursing education and practice. Whether you're a new graduate navigating the transition from academic learning to bedside nursing, or an experienced nurse looking to enhance your documentation skills and achieve work-life balance, Educational Nurse has tailored programs to meet your needs.

C Posted: Feb 21, 2024

C Captured: Mar 28, 2025



TikTok

[@educational_nurse1](#)

System ID: [564518](#)

C Posted: Mar 01, 2024

C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7341521734278843691

After DOI

What they don't teach you in nursing school? Work life balance, time management, documentation
#rnlife #multitasking #educationalnurse ##fyp #educationalnurse #nursinginspiration
#documentation #lnc #selfcare #multitasking



B 61552231682394

B System ID: [564163](#)

f [Kathryn M Watson MSN RN](#)

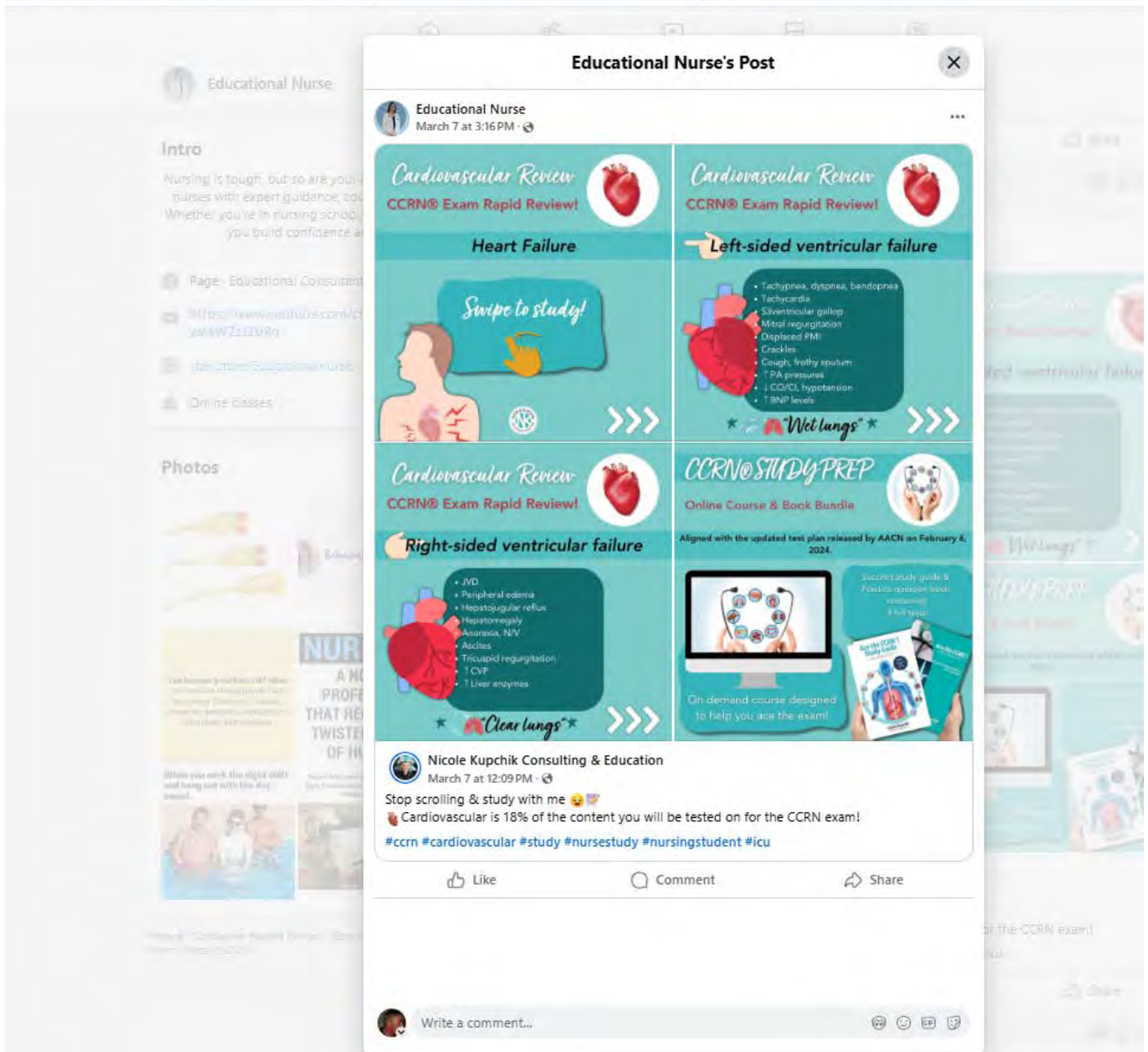
i https://www.facebook.com/permalink.php?story_fbid=pfbid0gPED1NrGmTsikHdmmakzM9OARanYZEo4vymjMvsw2AyutpUke7Ghof8sLqLxWtrWpl&id=61552231682394

After DOI

Repost from Subject.

C Posted: Mar 07, 2024

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 563943

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0xfMDvCtpgb78sMScVtCz6FyRM2LHM7ueJeZshdfGe9V2ehVXyXhGq6hgrelDYcl&id=61552231682394

C Posted: Mar 08, 2024

C Captured: Mar 28, 2025

After DOI

□ Podcast Episode: Journey into Nursing & Career Reflections with Kathryn Watson, MSN, RN, and Ashley Roberts, BSN, RN Join host Kathryn Watson, MSN, RN, as she sits down with guest Ashley Roberts, BSN, RN, for an engaging conversation about their unique journeys into the nursing profession and their career reflections. As seasoned nurses with diverse backgrounds and experiences, Kathryn and Ashley share personal anecdotes, insights, and lessons learned along their nursing paths. From the challenges they've faced to the moments of triumph and growth, they offer candid and heartfelt reflections that resonate with both aspiring and seasoned nurses alike. Through honest and inspiring dialogue, Kathryn and Ashley aim to encourage listeners to pursue their nursing dreams, navigate the complexities of the healthcare field, and find fulfillment in their professional journeys. Tune in to this insightful podcast episode to gain valuable perspectives, glean

practical advice, and be inspired to embark on your own nursing adventure. Don't miss out on future episodes filled with engaging discussions and empowering stories! #NursingJourney #CareerReflections #InspiringNurses #NurseEmpowerment #PodcastLaunch #NursingInspiration
□ Listen to the full episode now and subscribe for more inspiring content:
https://linktr.ee/educational_nurse



TikTok

[@educational_nurse1](#)

System ID: [564565](#)

C Posted: Mar 12, 2024

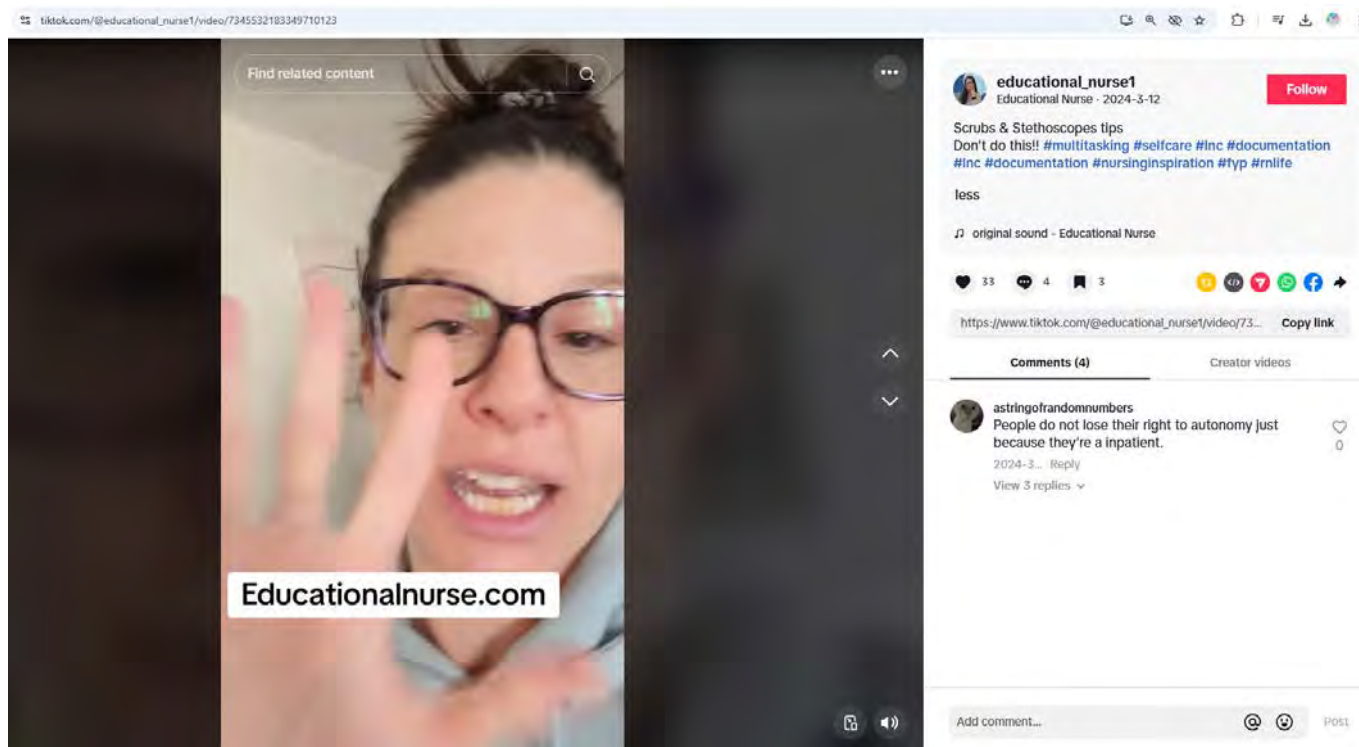
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7345532183349710123

After DOI

Scrubs & Stethoscopes tips Don't do this!! #multitasking #selfcare #lnc #documentation #lnc #documentation #nursinginspiration #fyp #rnlife



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564566](#)

C Posted: Mar 12, 2024

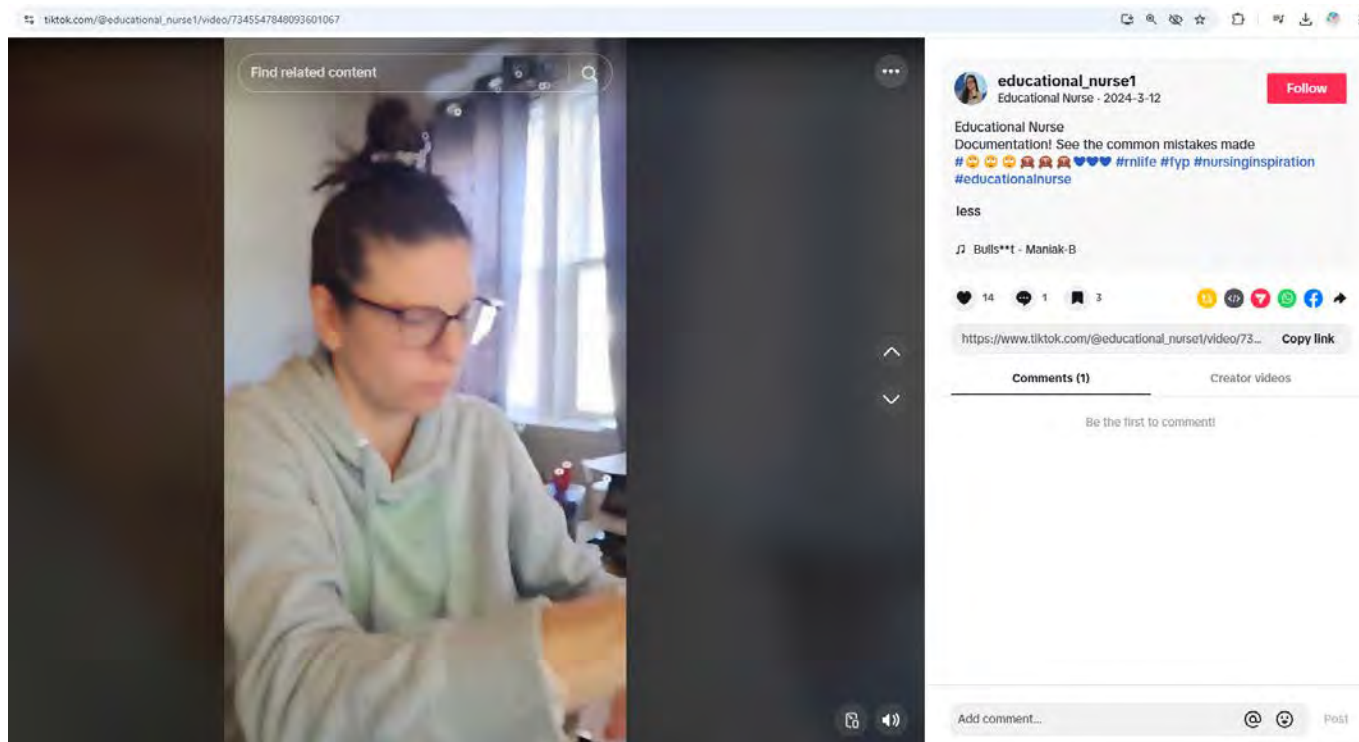
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7345547848093601067

After DOI

Educational Nurse Documentation! See the common mistakes made # #rnlife #fyp #nursinginspiration #educationalnurse



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7345547848093601067)

B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

B System ID: [563944](https://www.facebook.com/563944)

f [Kathryn M Watson MSN RN](https://www.facebook.com/Kathryn.M.Watson.MSN.RN)

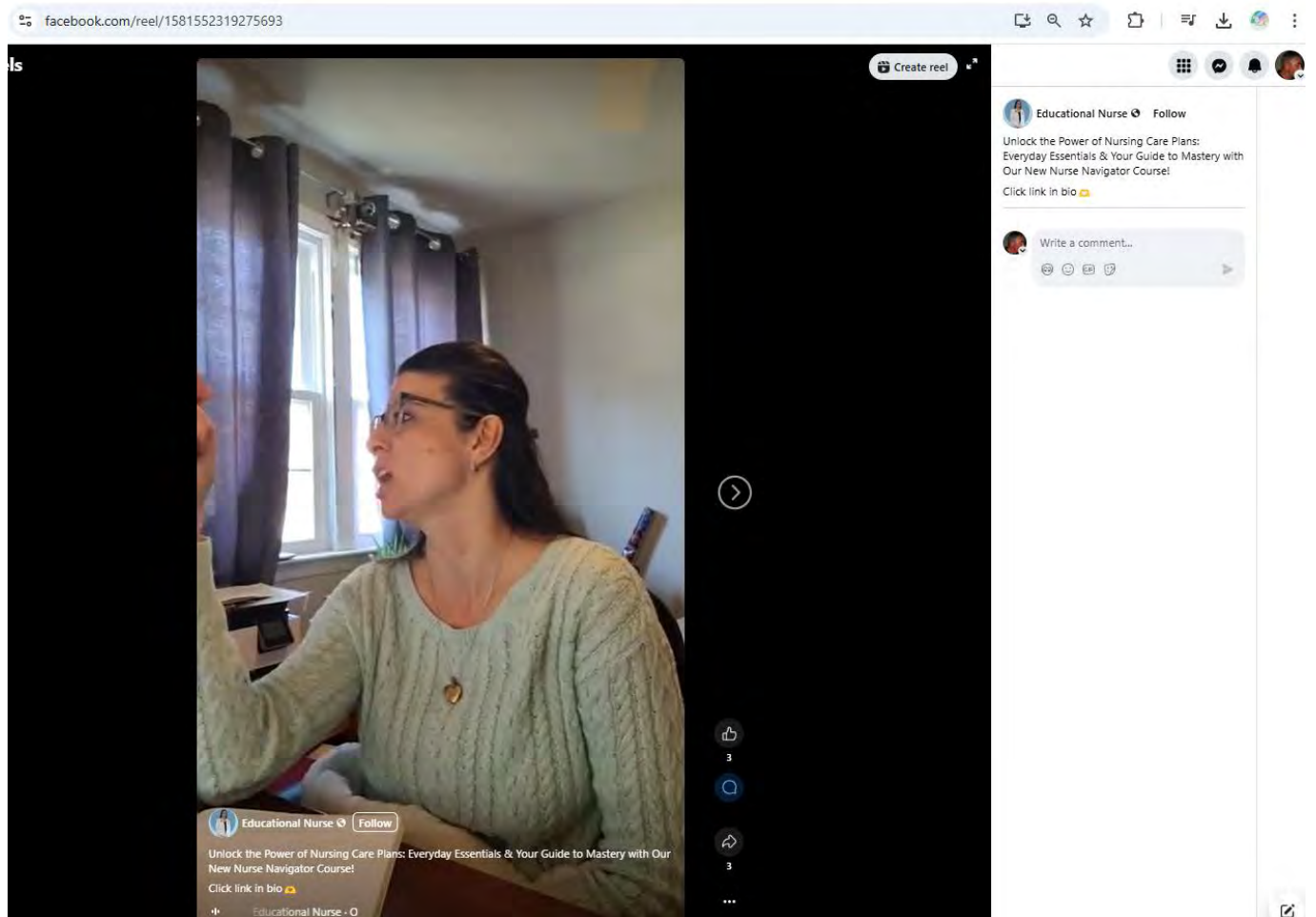
j <https://www.facebook.com/reel/1581552319275693>

After DOI

Unlock the Power of Nursing Care Plans: Everyday Essentials & Your Guide to Mastery with Our New Nurse Navigator Course! Click link in bio

C Posted: Mar 13, 2024

C Captured: Mar 28, 2025



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564567](#)

C Posted: Mar 14, 2024

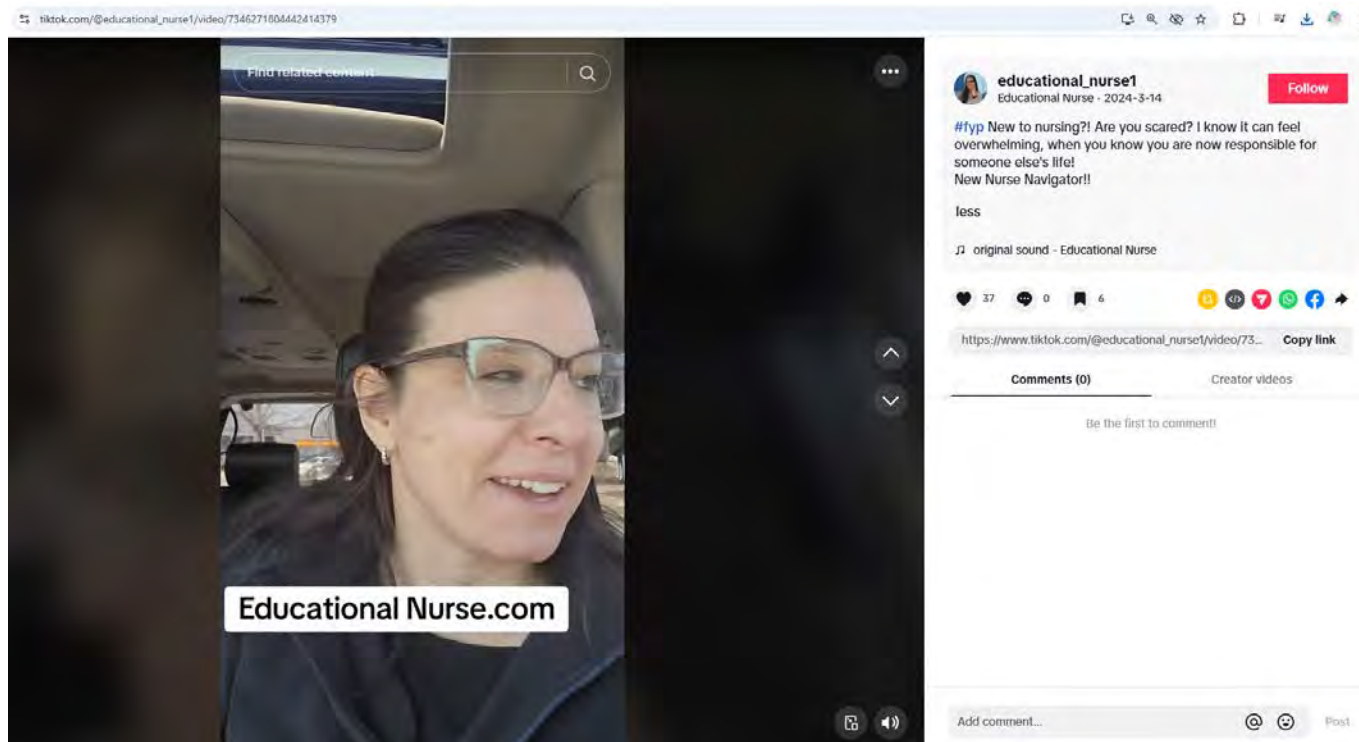
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7346271804442414379

After DOI

#fyp New to nursing?! Are you scared? I know it can feel overwhelming, when you know you are now responsible for someone else's life! New Nurse Navigator!!



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/734627100442414379)

B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

B System ID: [563945](https://www.facebook.com/563945)

f [Kathryn M Watson MSN RN](https://www.facebook.com/Kathryn.M.Watson.MSN.RN)

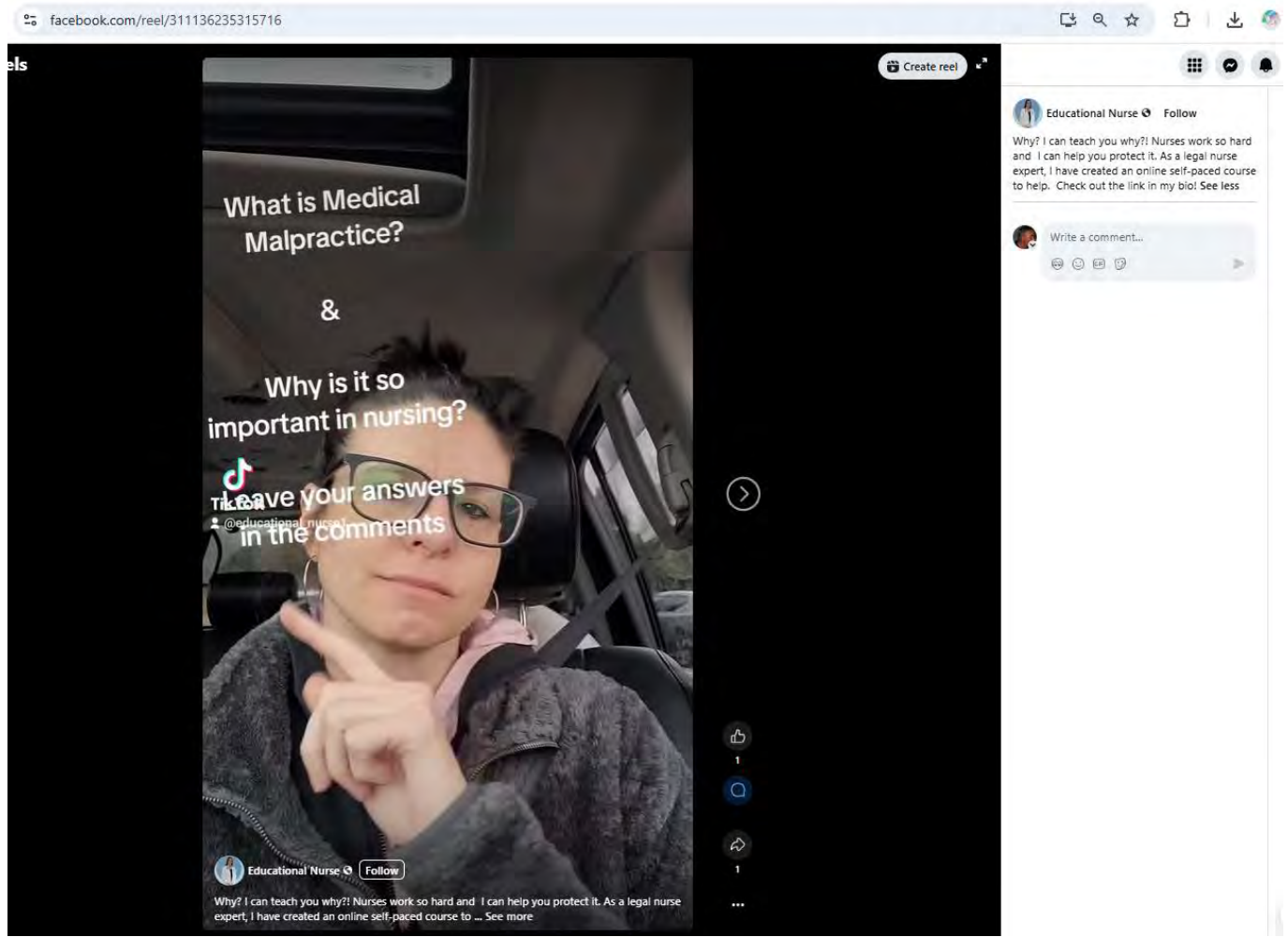
j <https://www.facebook.com/reel/311136235315716>

After DOI

Why? I can teach you why?! Nurses work so hard and I can help you protect it. As a legal nurse expert, I have created an online self-paced course to help. Check out the link in my bio!

C Posted: Mar 20, 2024

C Captured: Mar 28, 2025



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [563946](#)

f [Kathryn M Watson MSN RN](#)

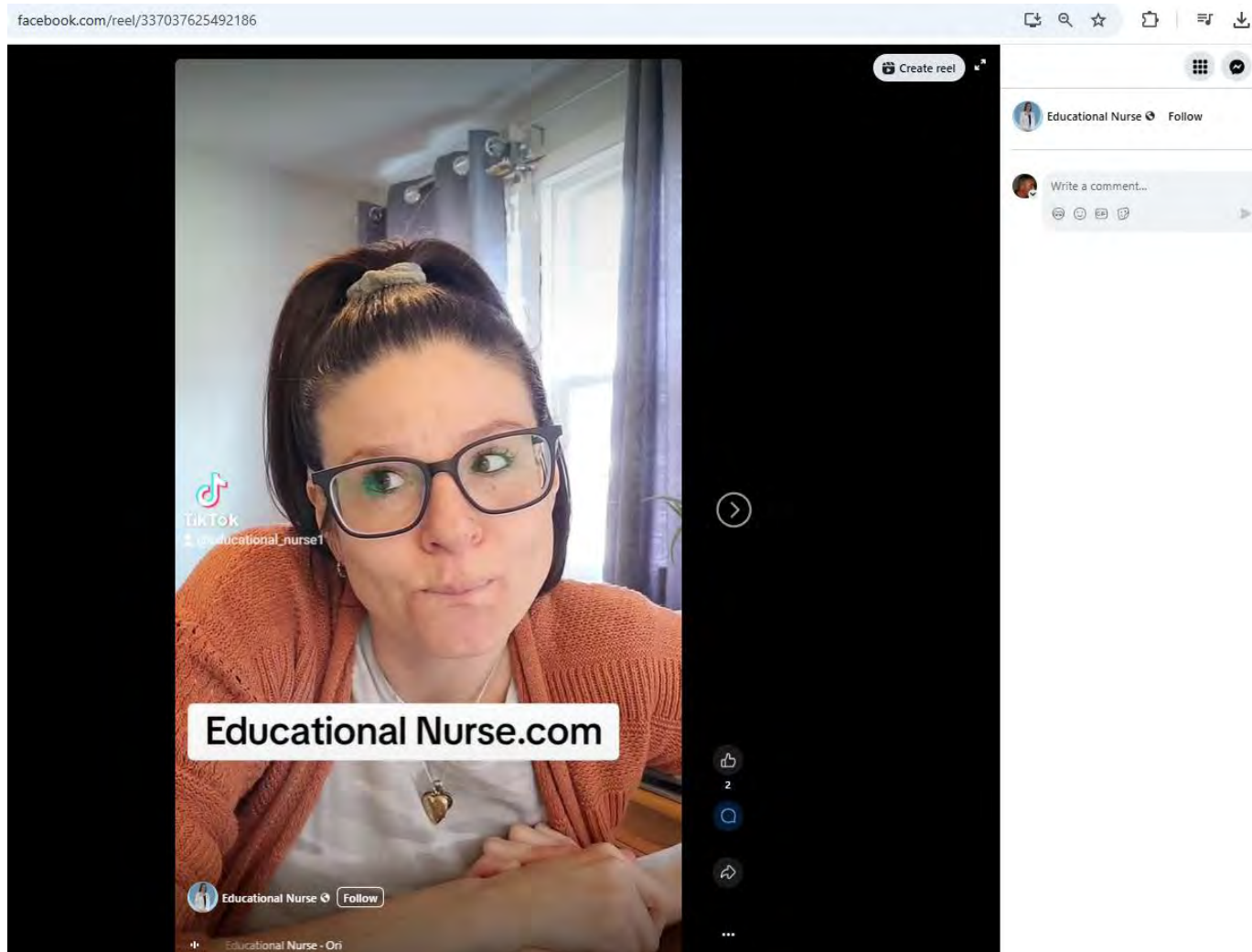
j <https://www.facebook.com/reel/337037625492186>

After DOI

Video of Subject.

C Posted: Mar 20, 2024

C Captured: Mar 28,
2025



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564570](#)

C Posted: Mar 21, 2024

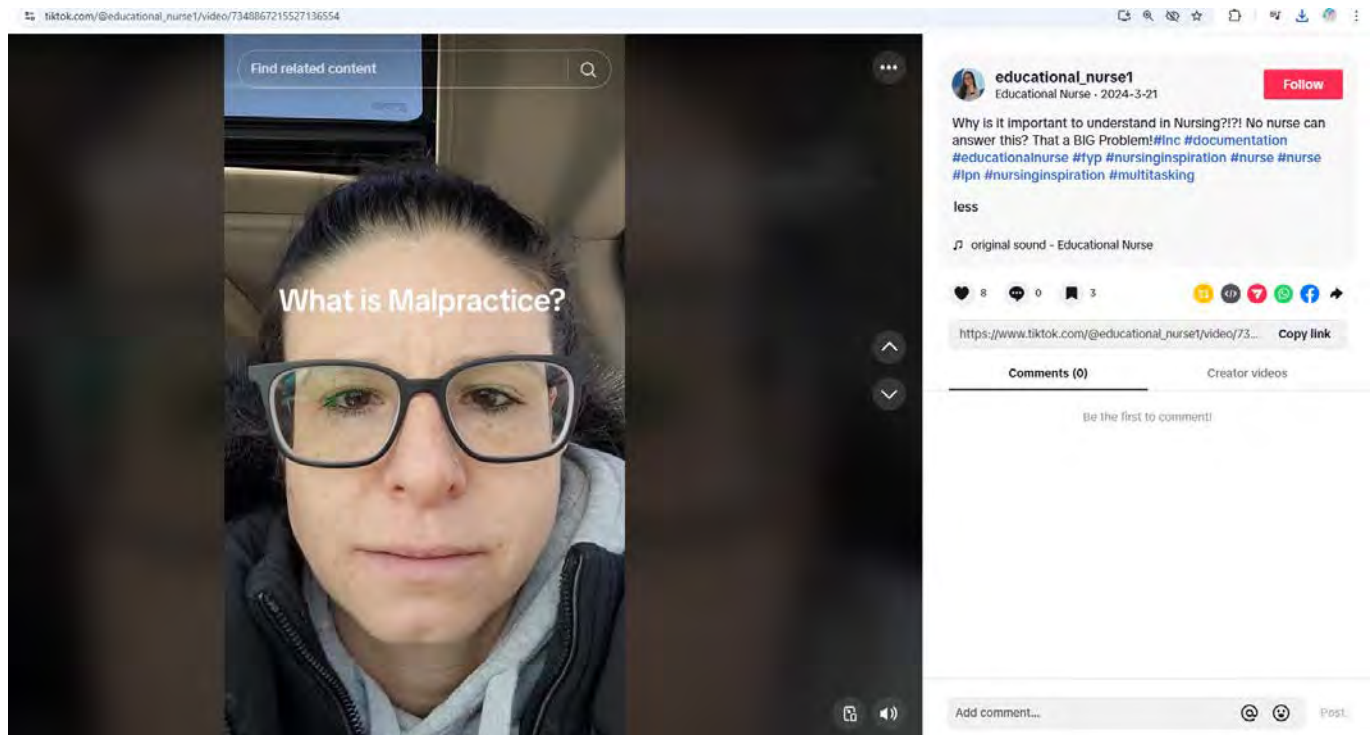
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7348867215527136554

After DOI

Why is it important to understand in Nursing?!?! No nurse can answer this? That a BIG Problem!#lnc #documentation #educationalnurse #fyp #nursinginspiration #nurse #nurse #lpn #nursinginspiration #multitasking



TikTok

[@educational_nurse1](#)

System ID: [564573](#)

C Posted: Mar 22, 2024

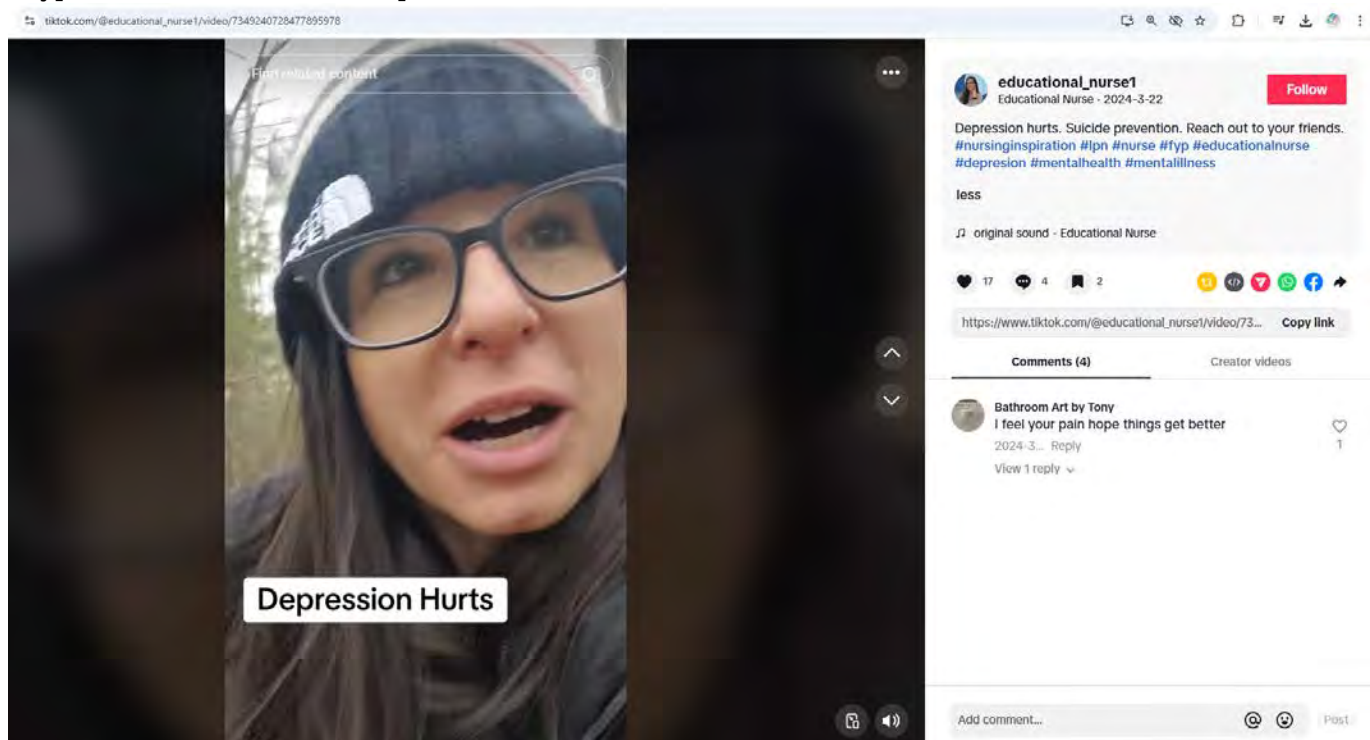
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7349240728477895978

After DOI

Depression hurts. Suicide prevention. Reach out to your friends. #nursinginspiration #lpn #nurse #fyp #educationalnurse #depression #mentalhealth #mentalillness



[Link to download video](#)

TikTok

[@educational_nurse1](#)

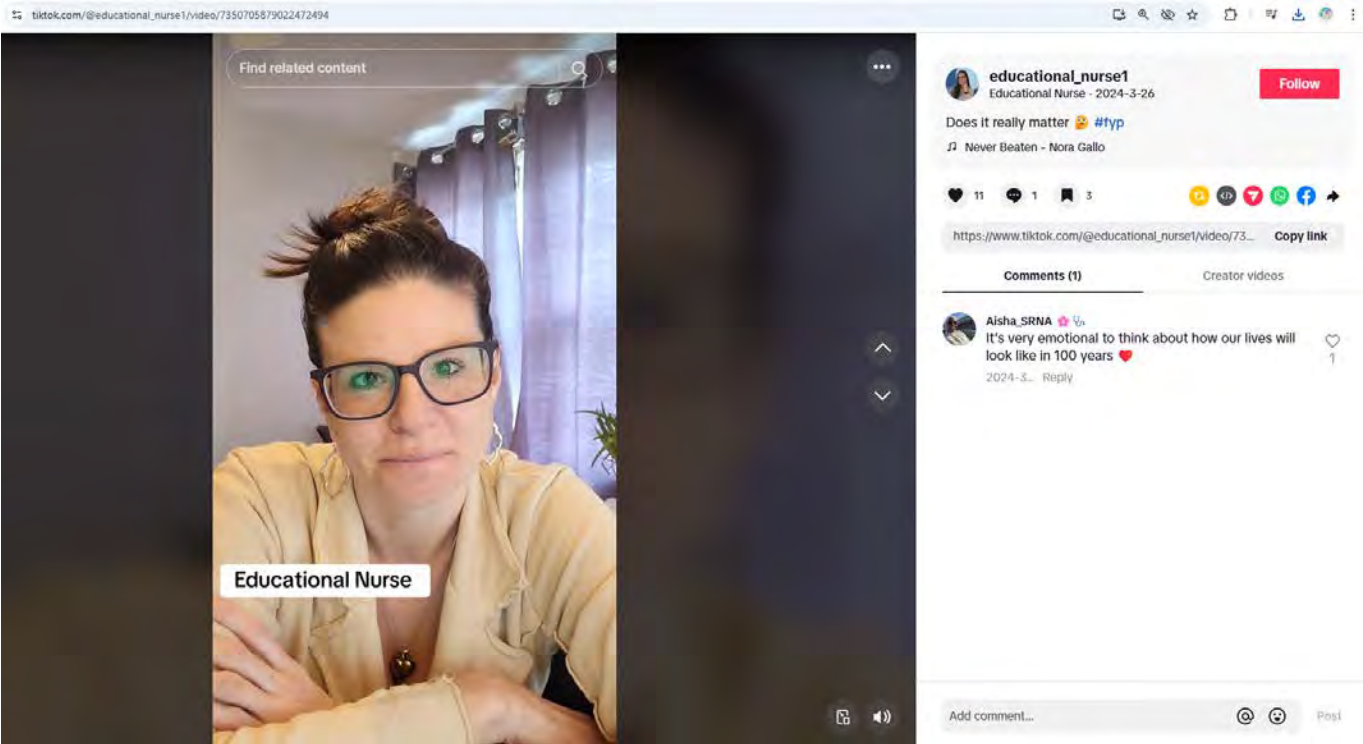
System ID: [564574](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7350705879022472494

After DOI

Does it really matter ☹️ #fyp



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564577](#)

f [Kathryn M Watson MSN RN](#)

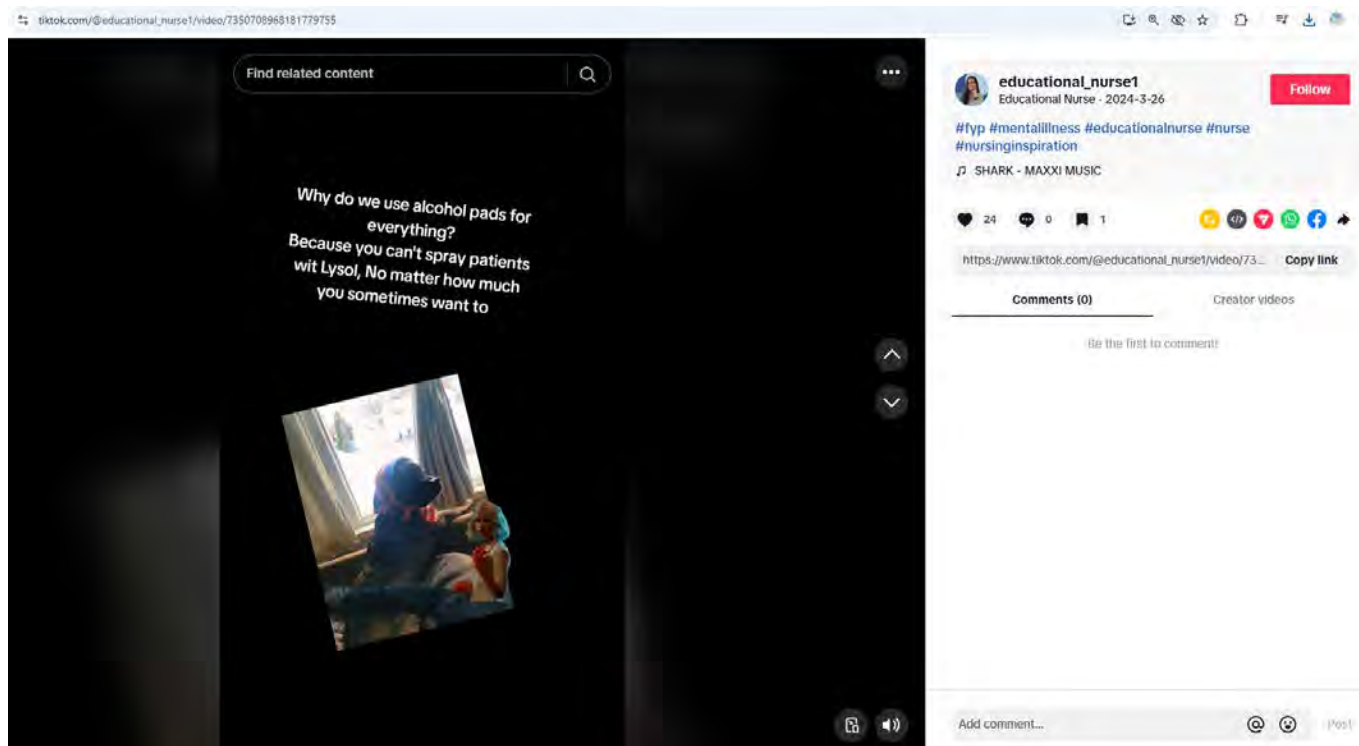
j https://www.tiktok.com/@educational_nurse1/video/7350708968181779755

After DOI

#fyp #mentalillness #educationalnurse #nurse #nursinginspiration

C Posted: Mar 26, 2024
C Captured: Mar 28, 2025

C Posted: Mar 26, 2024
C Captured: Mar 28, 2025



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564578](#)

C Posted: Mar 27, 2024

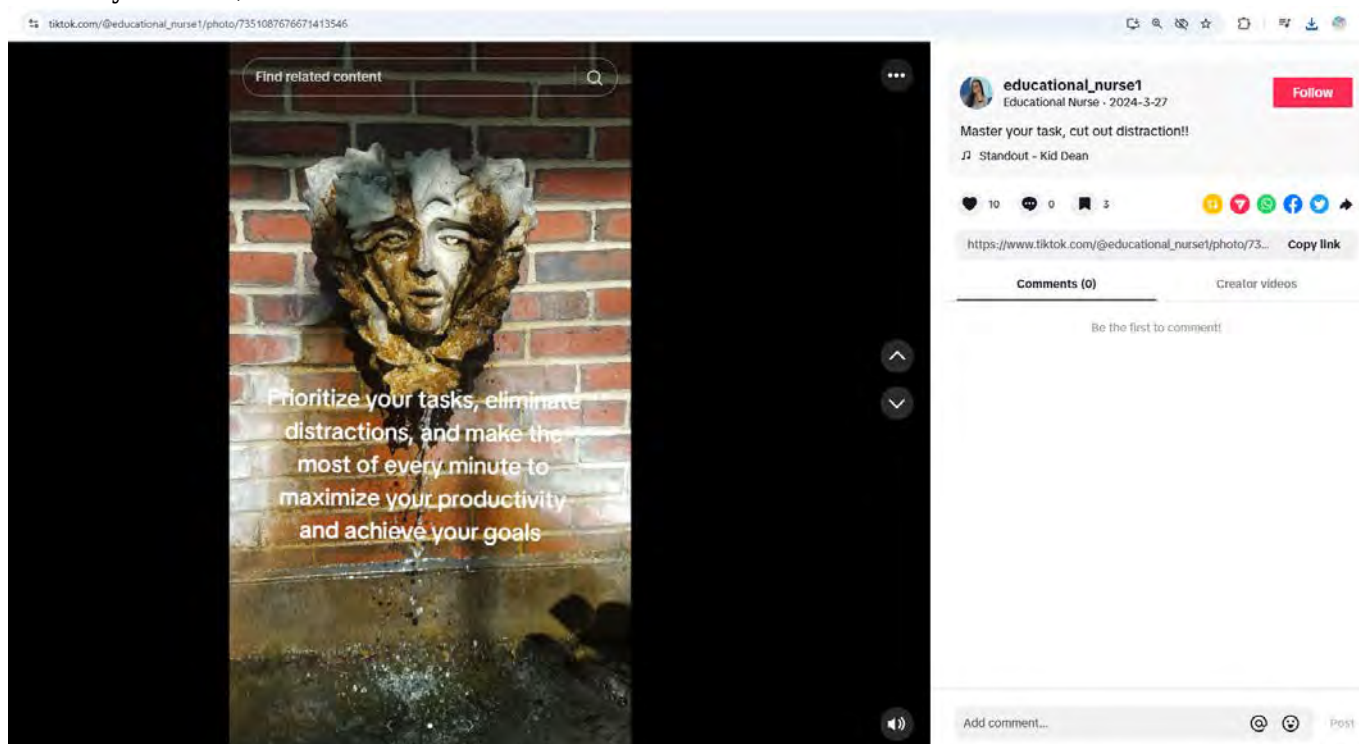
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/photo/7351087676671413546

After DOI

Master your task, cut out distraction!!



[Link to download video](#)

B Facebook

B [61552231682394](#)

C Posted: Mar 30, 2024

B System ID: [563947](#)

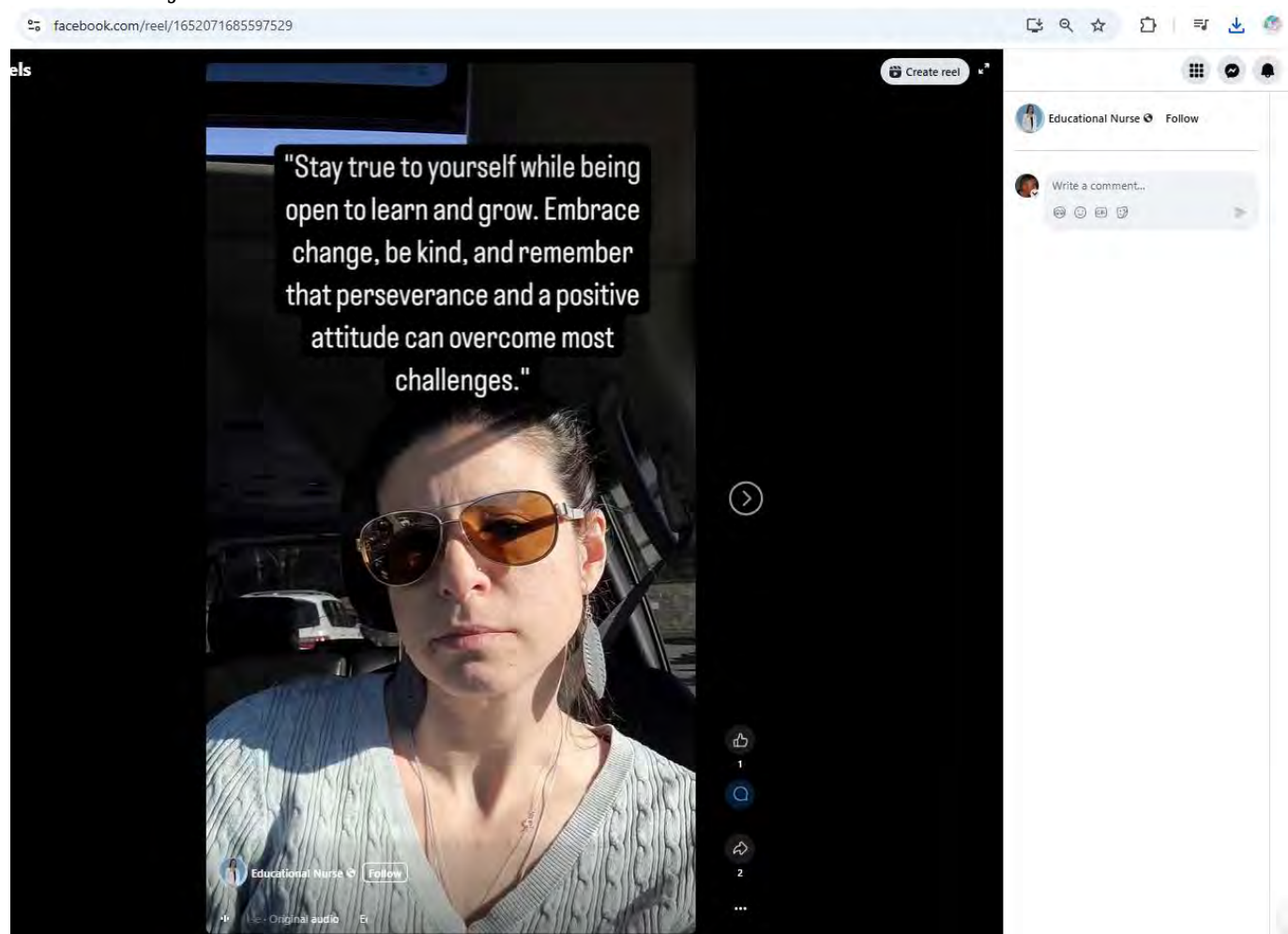
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/reel/1652071685597529>

After DOI

Video of Subject.



[Link to download video](#)

TikTok

[@educational_nurse1](#)

C Posted: Mar 30, 2024

System ID: [564580](#)

C Captured: Mar 28, 2025

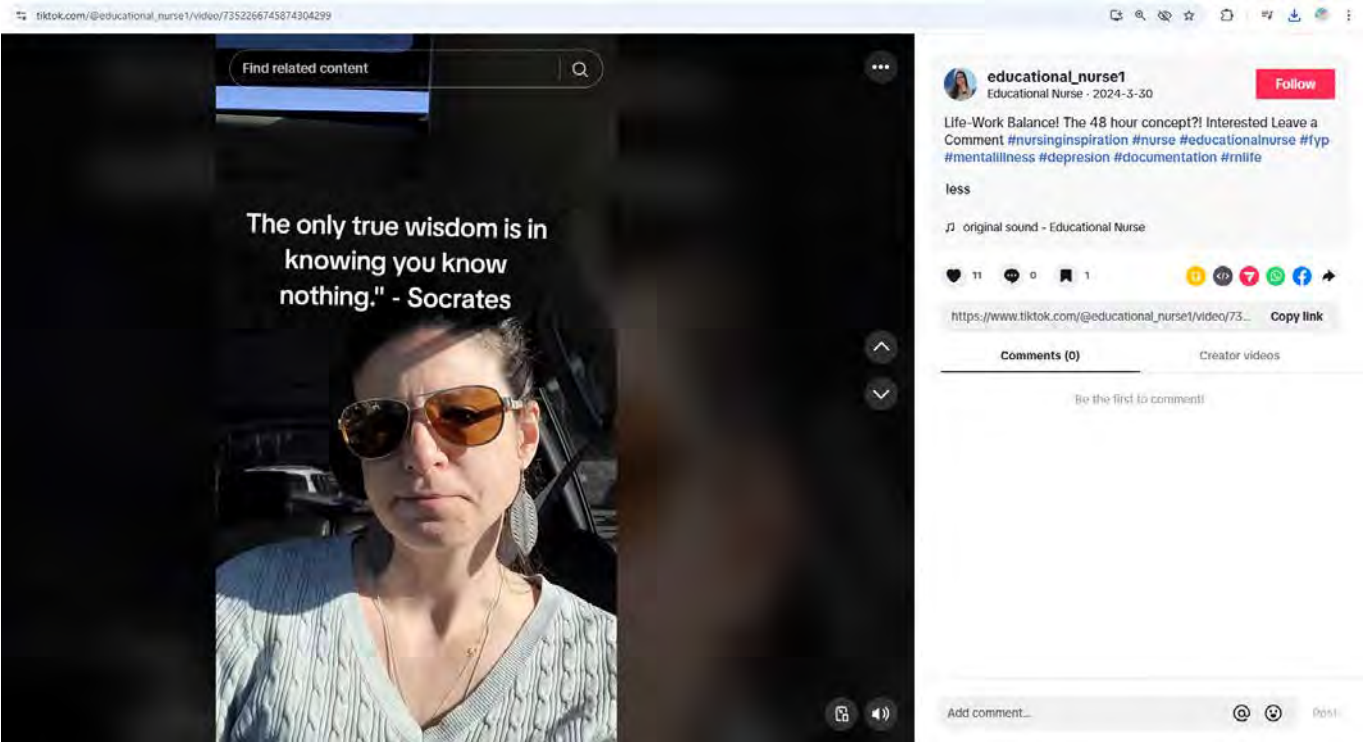
f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7352266745874304299

After DOI

Life-Work Balance! The 48 hour concept?! Interested Leave a Comment #nursinginspiration #nurse

#educationalnurse #fyp #mentalillness #depression #documentation #rnlife



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564582](#)

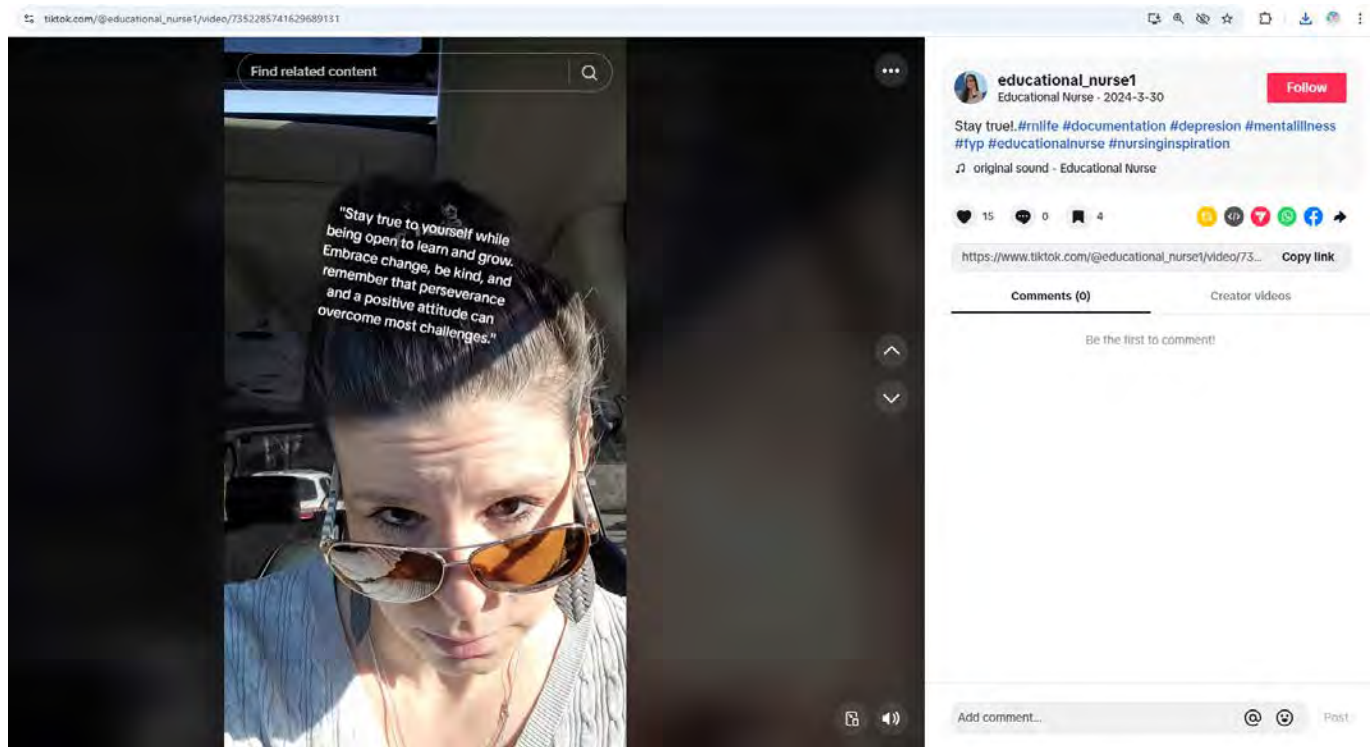
f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7352285741629689131

After DOI

Stay true!..#rnlife #documentation #depression #mentalillness #fyp #educationalnurse
#nursinginspiration

C Posted: Mar 30, 2024
C Captured: Mar 28, 2025



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564585](#)

C Posted: Mar 31, 2024

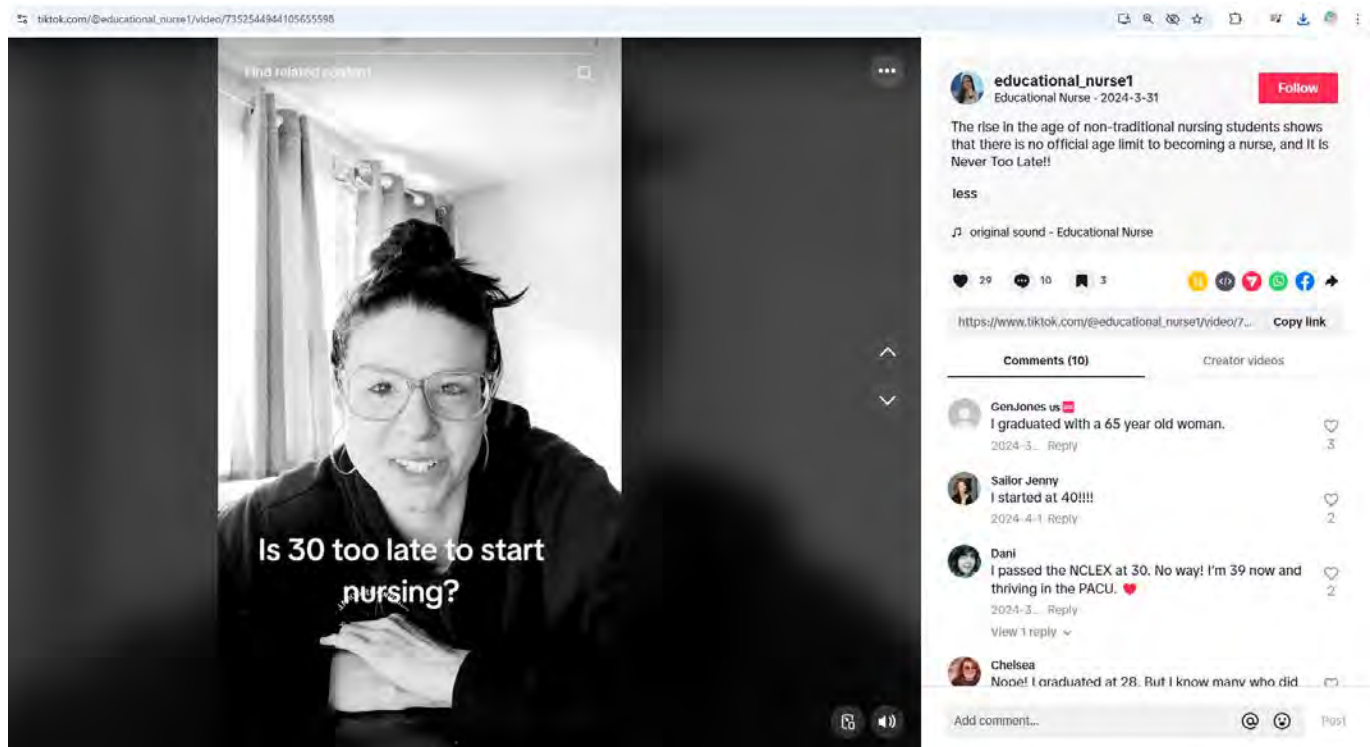
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7352544944105655598

After DOI

The rise in the age of non-traditional nursing students shows that there is no official age limit to becoming a nurse, and It Is Never Too Late!!



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564588](#)

C Posted: Mar 31, 2024

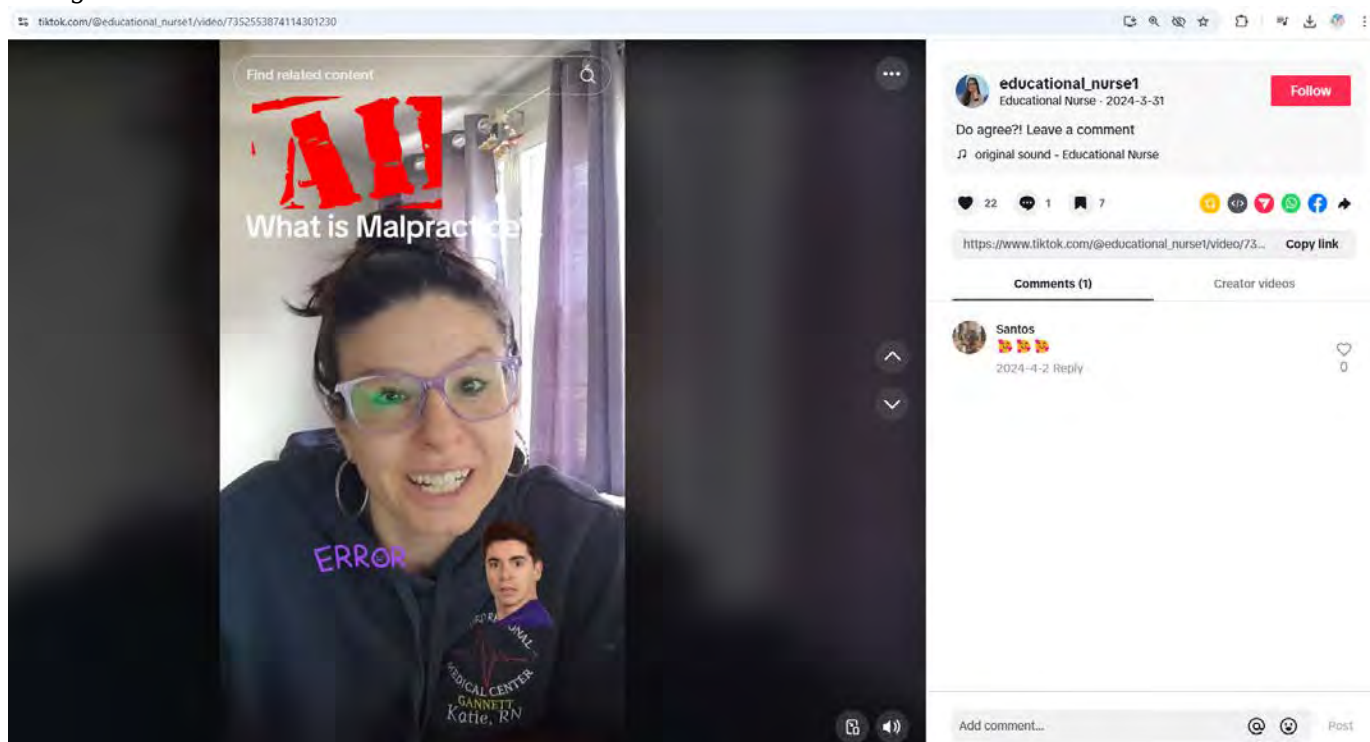
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7352553874114301230

After DOI

Do agree?! Leave a comment



[Link to download video](#)

TikTok

[@educational_nurse1](#)

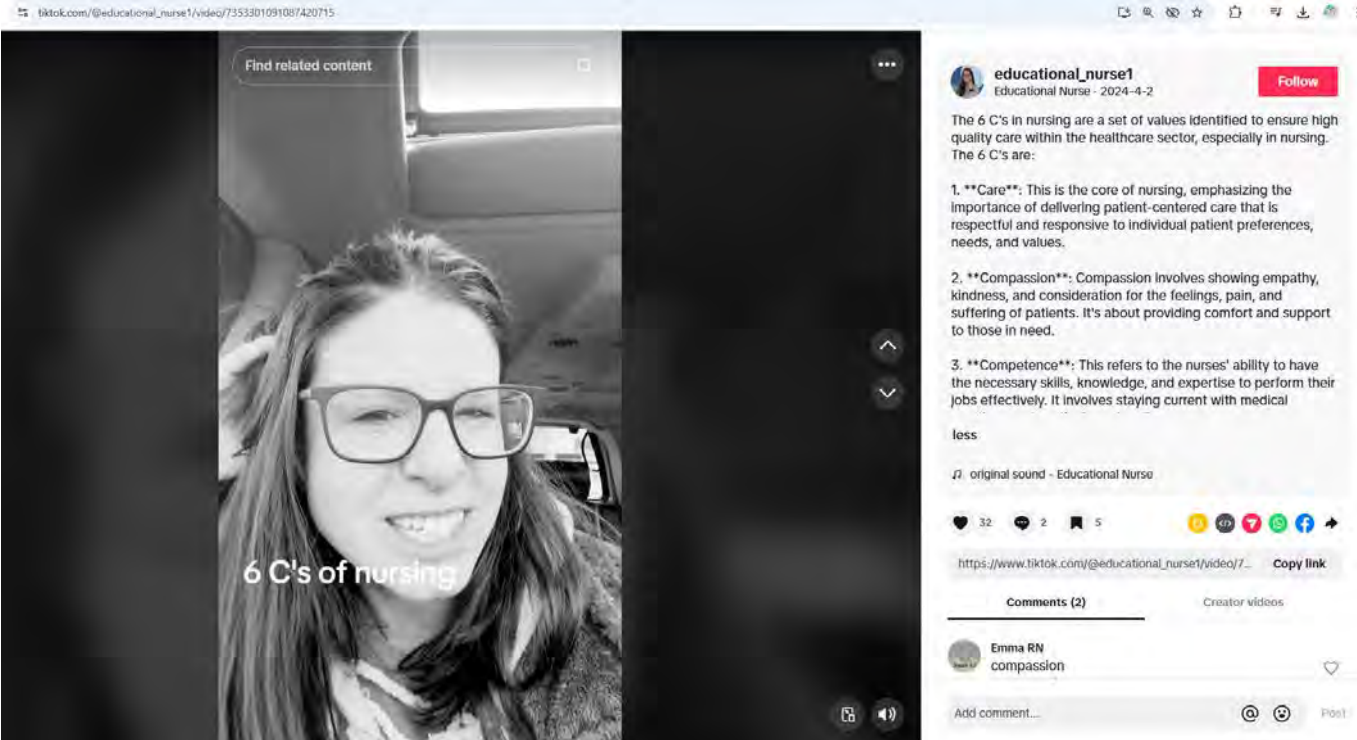
System ID: [564590](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7353301091087420715

After DOI

The 6 C's in nursing are a set of values identified to ensure high quality care within the healthcare sector, especially in nursing. The 6 C's are: 1. **Care**: This is the core of nursing, emphasizing the importance of delivering patient-centered care that is respectful and responsive to individual patient preferences, needs, and values. 2. **Compassion**: Compassion involves showing empathy, kindness, and consideration for the feelings, pain, and suffering of patients. It's about providing comfort and support to those in need. 3. **Competence**: This refers to the nurses' ability to have the necessary skills, knowledge, and expertise to perform their jobs effectively. It involves staying current with medical



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [564001](#)

f [Kathryn M Watson MSN RN](#)

j https://www.facebook.com/permalink.php?story_fbid=pfbid02wjlWqcFMOXS6sWsxVDjhZ9zrf69rdcdXHLiuj5E9TMZ8Cpj3KZTLKRDZyPAnoiMI&id=61552231682394

After DOI

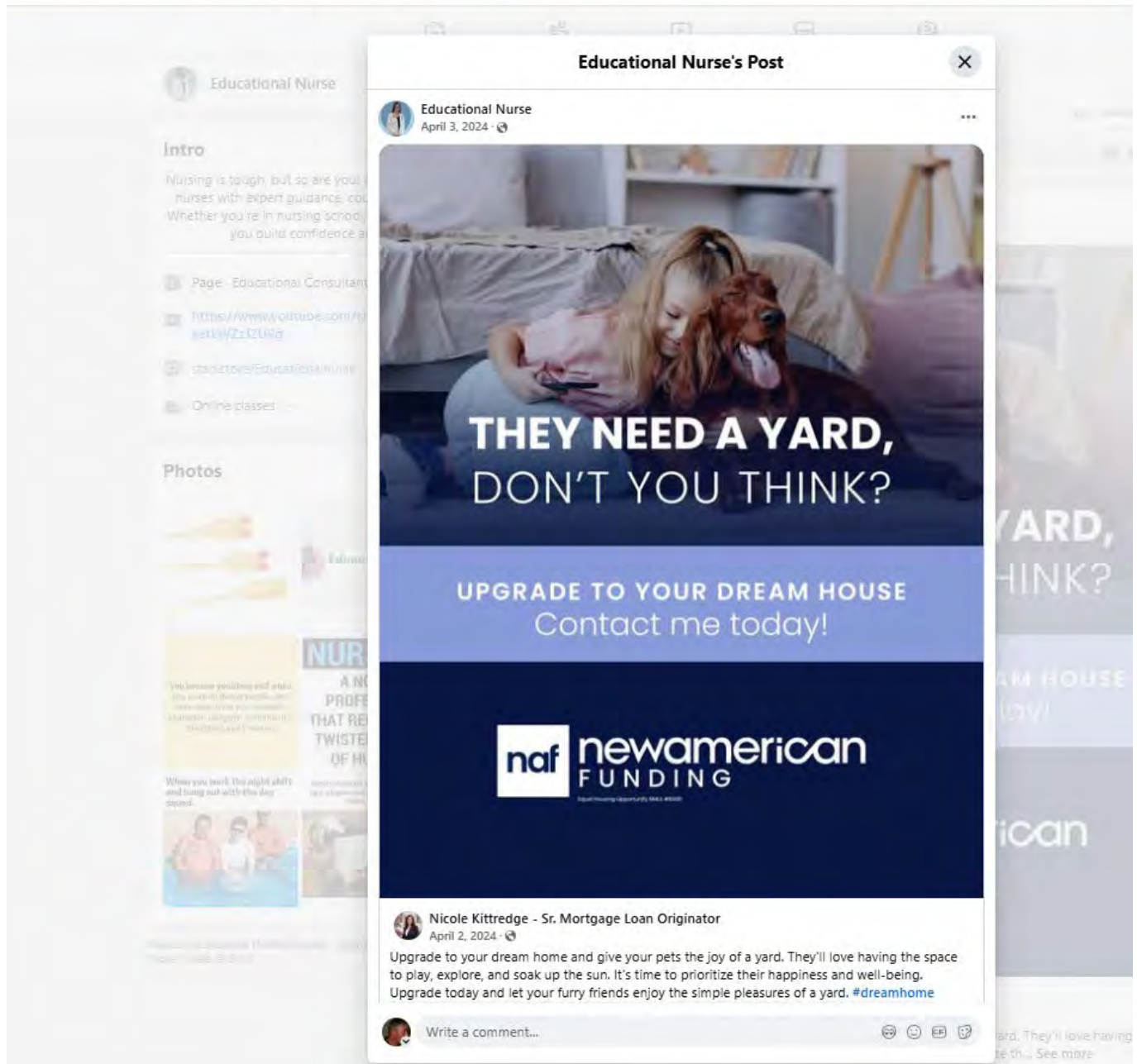
Repost from Subject.

C Posted: Apr 02, 2024

C Captured: Mar 28, 2025

C Posted: Apr 03, 2024

C Captured: Mar 28, 2025



TikTok

[@educational_nurse1](#)

System ID: [564592](#)

C Posted: Apr 03, 2024

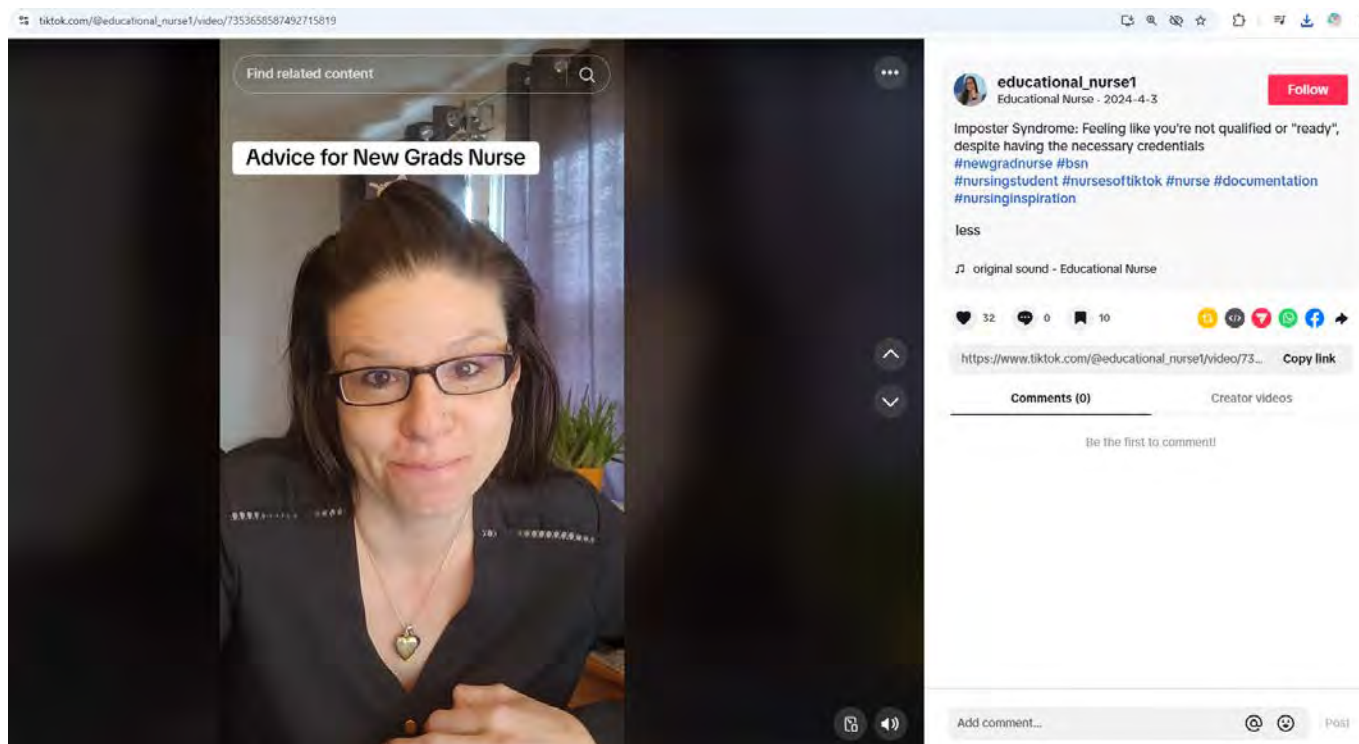
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7353658587492715819

After DOI

Imposter Syndrome: Feeling like you're not qualified or "ready", despite having the necessary credentials #newgradnurse #bsn #nursingstudent #nursesoftiktok #nurse #documentation #nursinginspiration



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7353749614140411178)

TikTok

[@educational_nurse1](https://www.tiktok.com/@educational_nurse1)

System ID: [564596](#)

C Posted: Apr 03, 2024

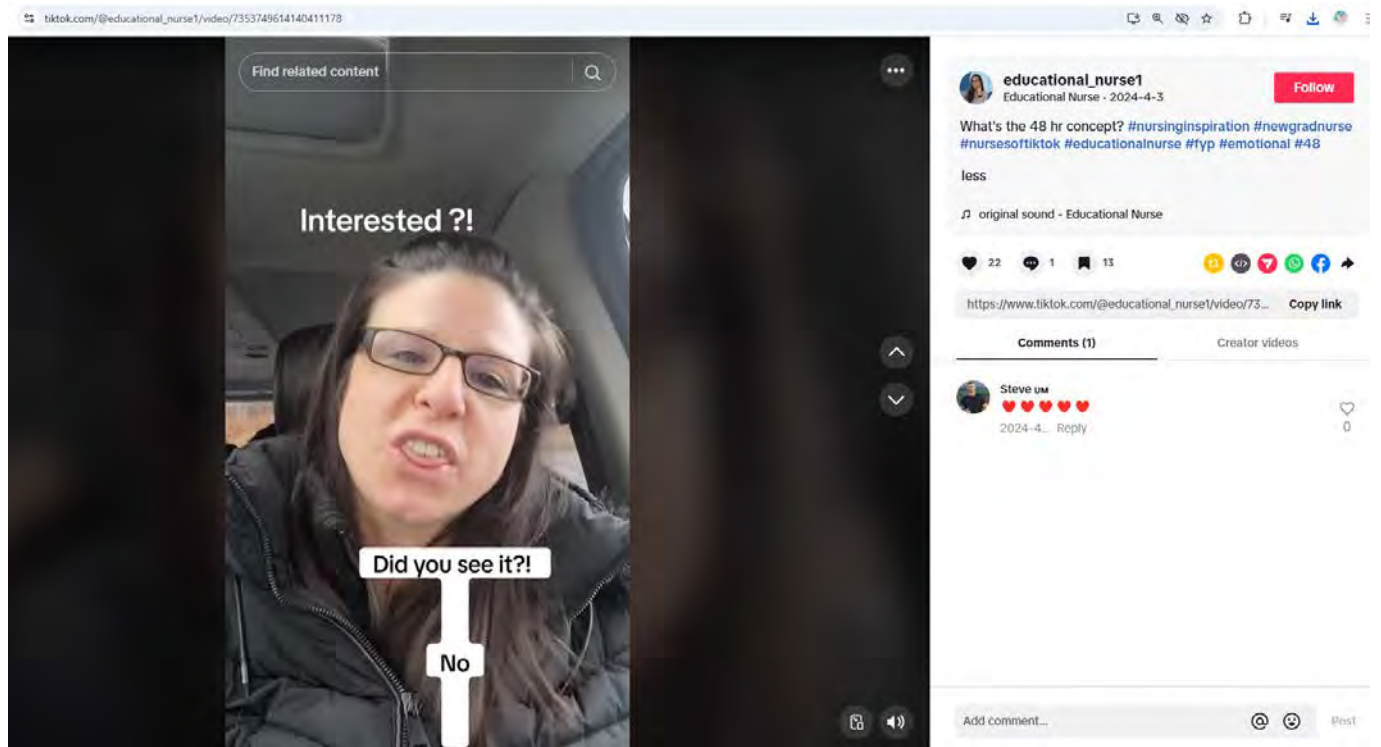
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7353749614140411178

After DOI

What's the 48 hr concept? #nursinginspiration #newgradnurse #nursesoftiktok #educationalnurse #fyp #emotional #48



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7353749614140411178)

B Facebook

B [61552231682394](#)

B System ID: [564002](#)

f [Kathryn M Watson MSN RN](#)

j https://www.facebook.com/permalink.php?story_fbid=pfbid0RE51sj2VvNvYzEau1BzcSo4MnNapiGqpAmFKSeqqnT6aGjeBfmbot5jsC7BF542XI&id=61552231682394

After DOI

Incontinence is the only thing that can make a person leak more secrets than a Purwix. May the Lord be with you, and also with your bladder control!

C Posted: Apr 05, 2024

C Captured: Mar 28, 2025



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid0RF51sj2VKNvYzEau1BzcSo4MnNapjGqpAmFKSeqqnT6aGjeBfnboT5jsC7BF542XI&id=61552231682394)

B System ID: [564004](#)

f [Kathryn M Watson MSN RN](#)

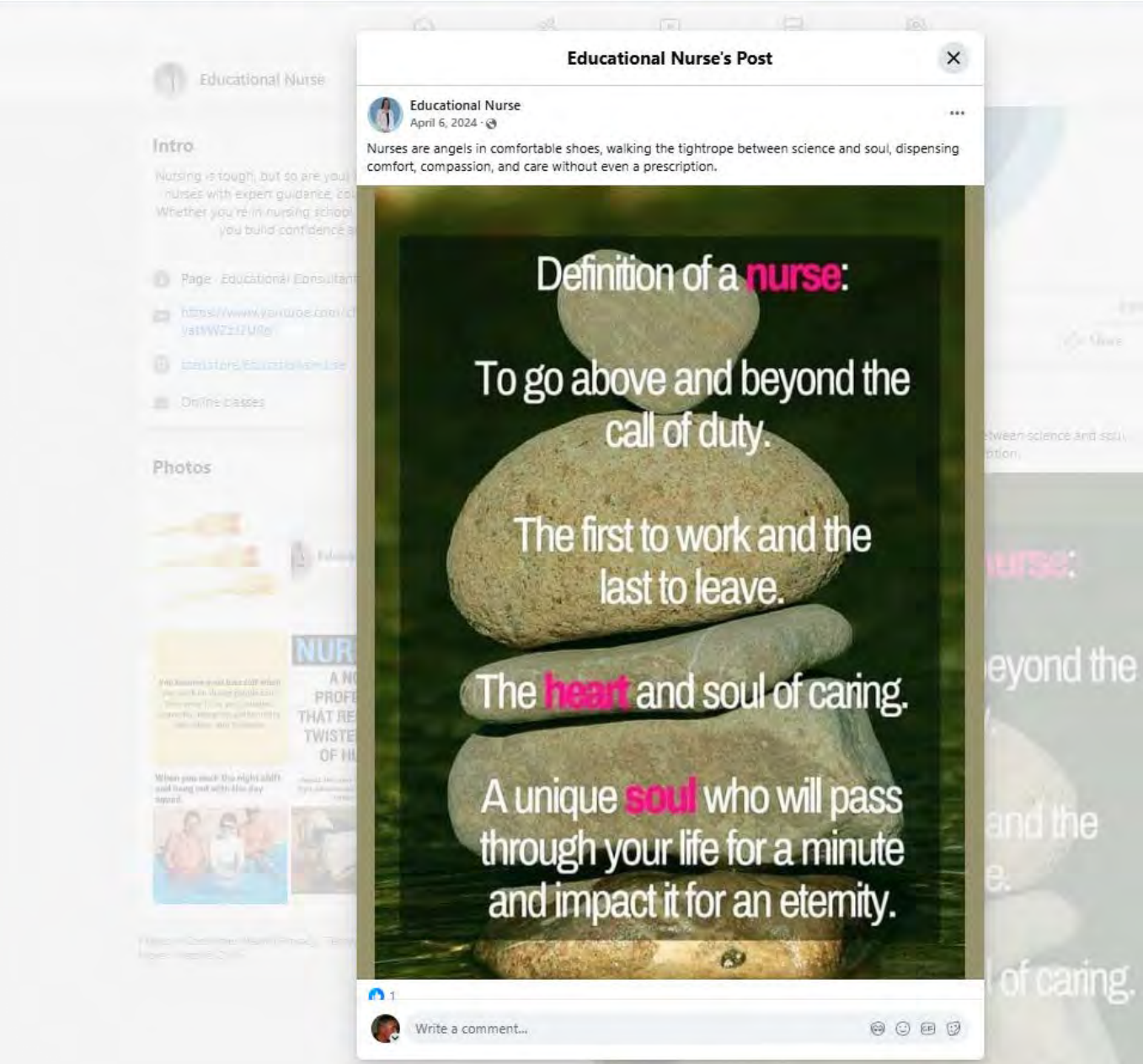
j https://www.facebook.com/permalink.php?story_fbid=pfbid02G6k857VeK6cCbD7zznncbOay7sur82TxgLDSEsXFPKKmCn1YqvWxS3smTFKf4okAl&id=61552231682394

After DOI

Nurses are angels in comfortable shoes, walking the tightrope between science and soul, dispensing comfort, compassion, and care without even a prescription.

C Posted: Apr 06, 2024

C Captured: Mar 28, 2025

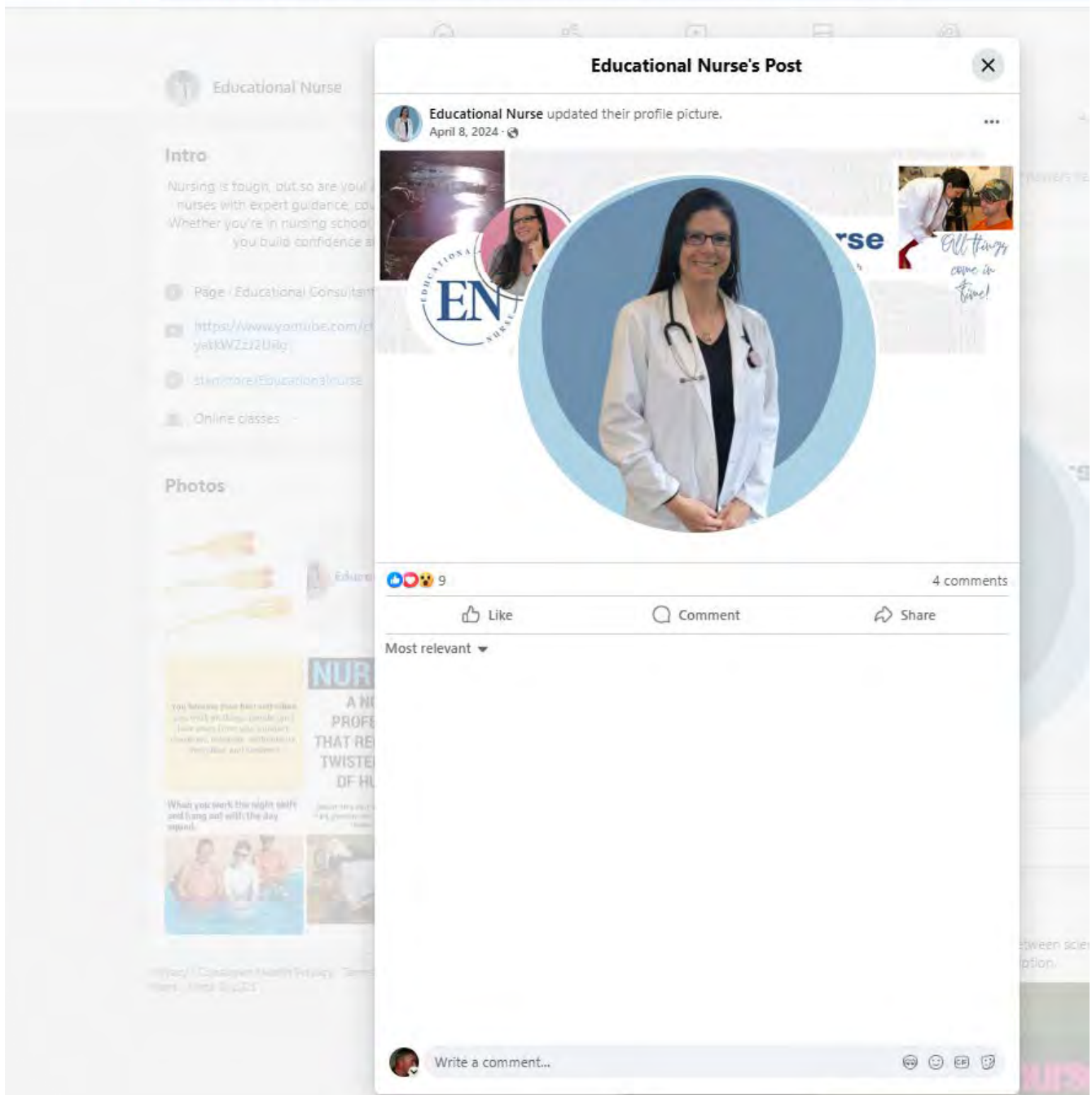


B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=61552231682394)
B System ID: [564008](#)
f [Kathryn M Watson MSN RN](#)
j https://www.facebook.com/permalink.php?story_fbid=122153207240074389&id=61552231682394&substory_index=280250965127572

C Posted: Apr 08, 2024
C Captured: Mar 28, 2025

After DOI
Picture of Subject.



B Facebook

B [katie.watson.33821](#)

B System ID: [563547](#)

f [Kathryn M Watson MSN RN](#)

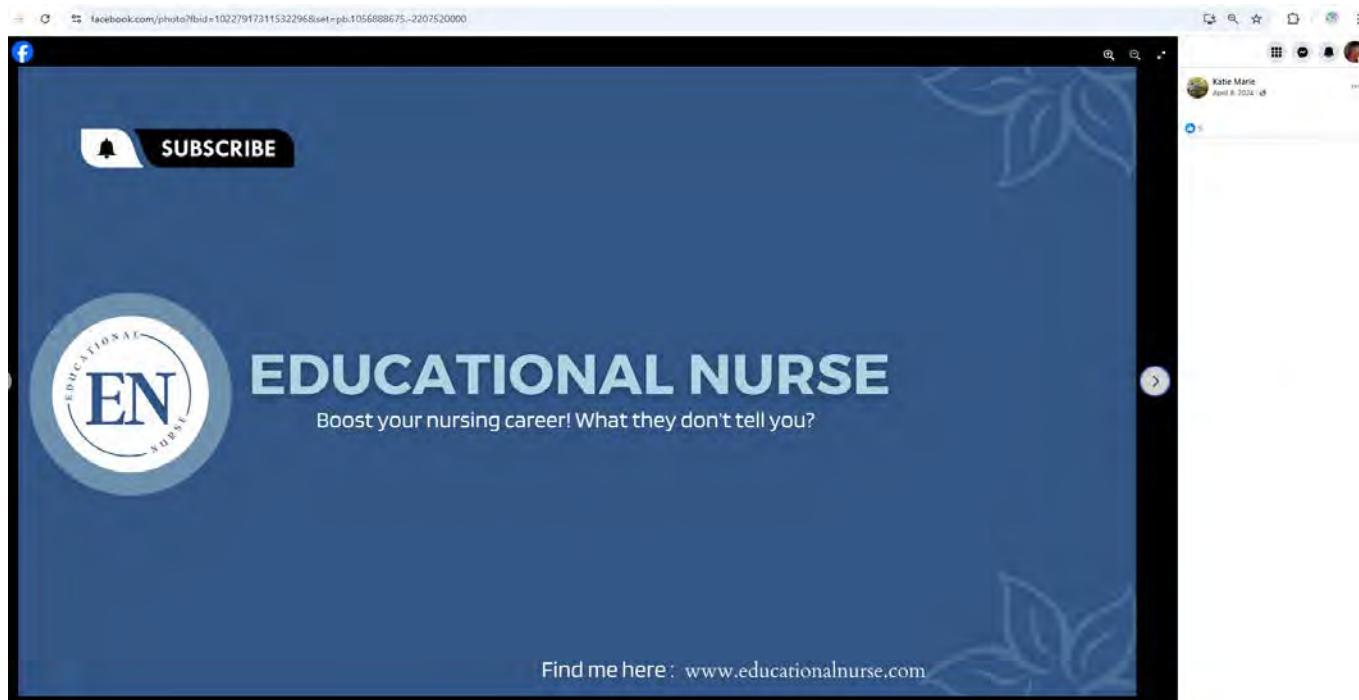
j <https://www.facebook.com/photo?fbid=10227917311532296&set=pb.1056888675.-2207520000>

After DOI

Post about Educational Nurse.

C Posted: Apr 08, 2024

C Captured: Mar 27, 2025



B Facebook

B [katie.watson.33821](#)

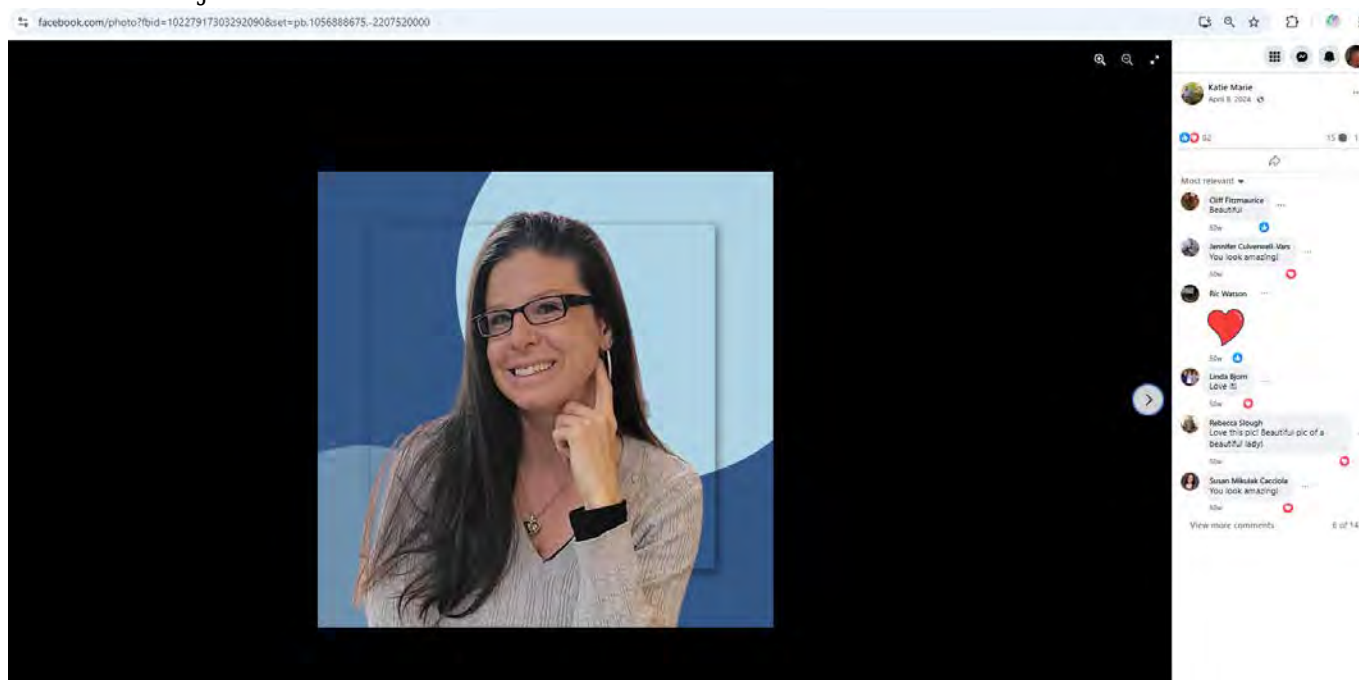
B System ID: [563549](#)

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10227917303292090&set=pb.1056888675.-2207520000>

After DOI

Picture of Subject.



B Facebook

B [katie.watson.33821](#)

B System ID: [563550](#)

C Posted: Apr 08, 2024

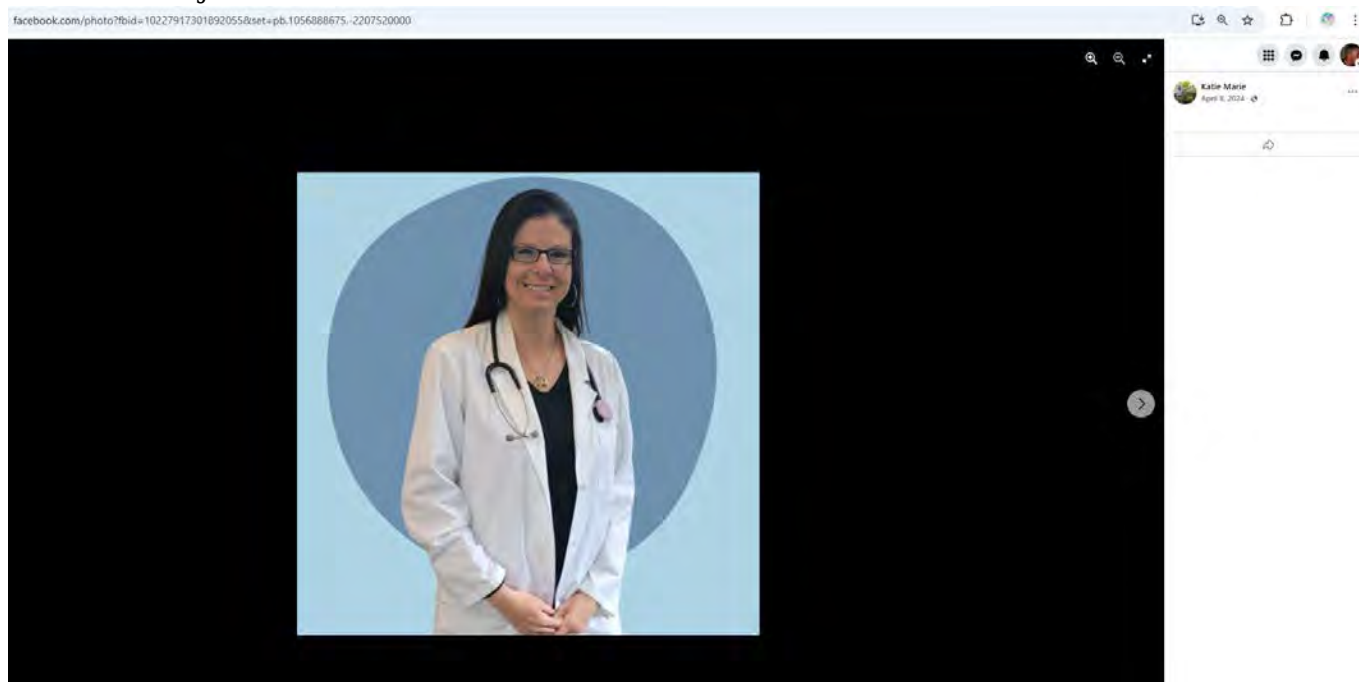
C Captured: Mar 27, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10227917301892055&set=pb.1056888675.-2207520000>

After DOI

Picture of Subject.



TikTok

[@educational_nurse1](#)

System ID: [564598](#)

C Posted: Apr 09, 2024

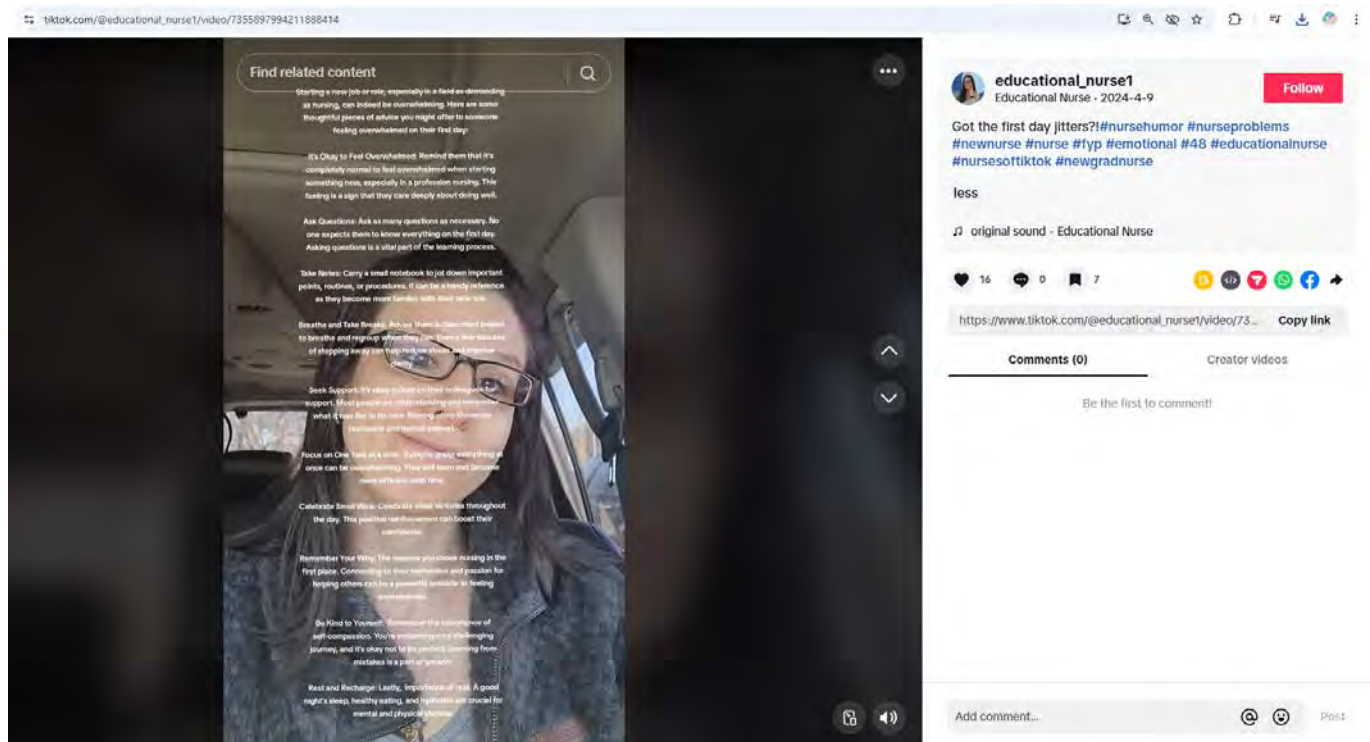
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7355897994211888414

After DOI

Got the first day jitters?!#nursehumor #nurseproblems #newnurse #nurse #fyp #emotional #48 #educationalnurse #nursesoftiktok #newgradnurse



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [564010](#)

f [Kathryn M Watson MSN RN](#)

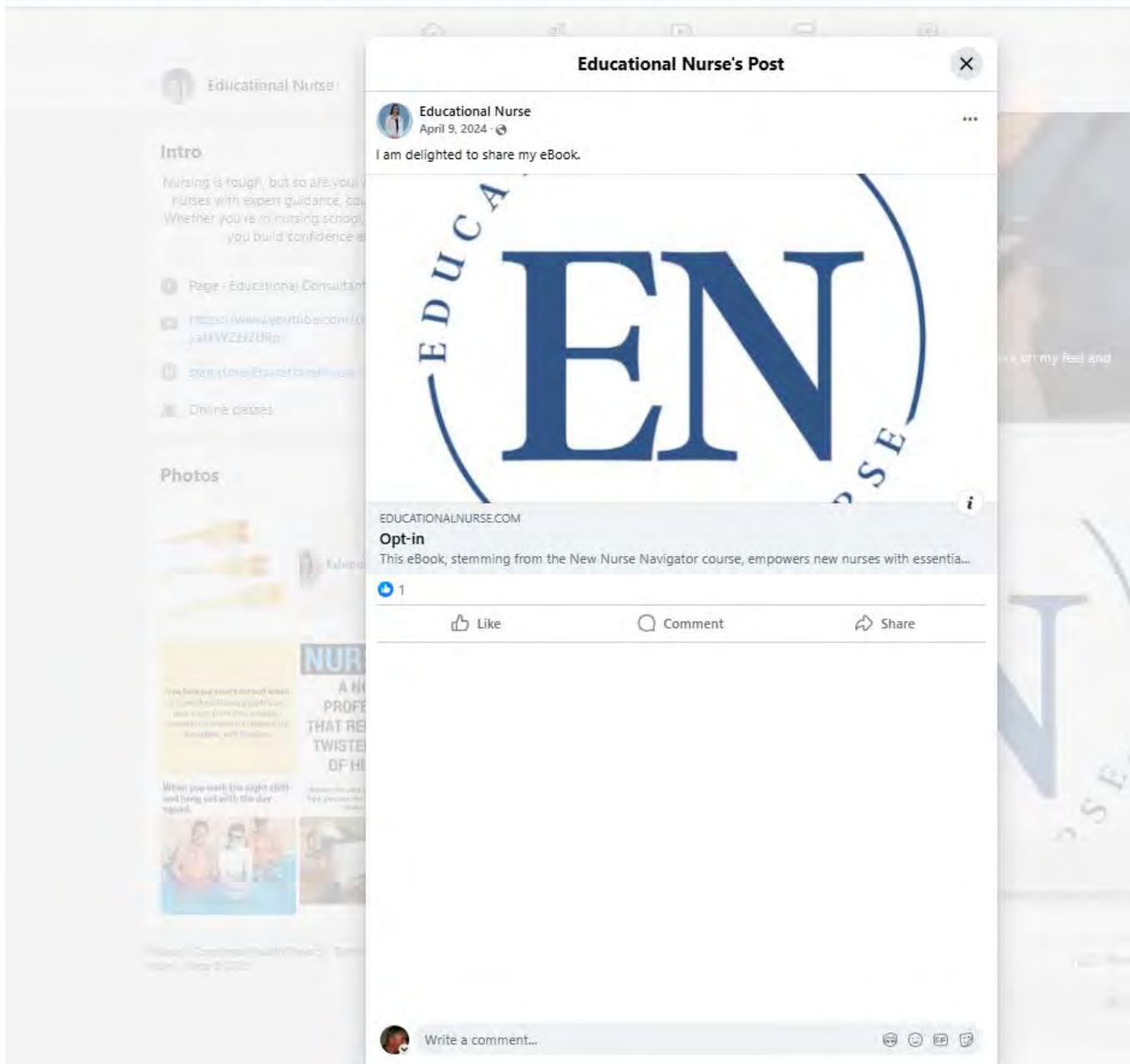
j https://www.facebook.com/permalink.php?story_fbid=pfbid0vis1dTWxTqAvufSJSH1VE8KVftqG9i63gZbEoHM6qV7O2DTgVJRtHXU4eR2NskKI&id=61552231682394

After DOI

I am delighted to share my eBook.

C Posted: Apr 09, 2024

C Captured: Mar 28, 2025



TikTok

[@educational_nurse1](#)

System ID: [564605](#)

C Posted: Apr 16, 2024

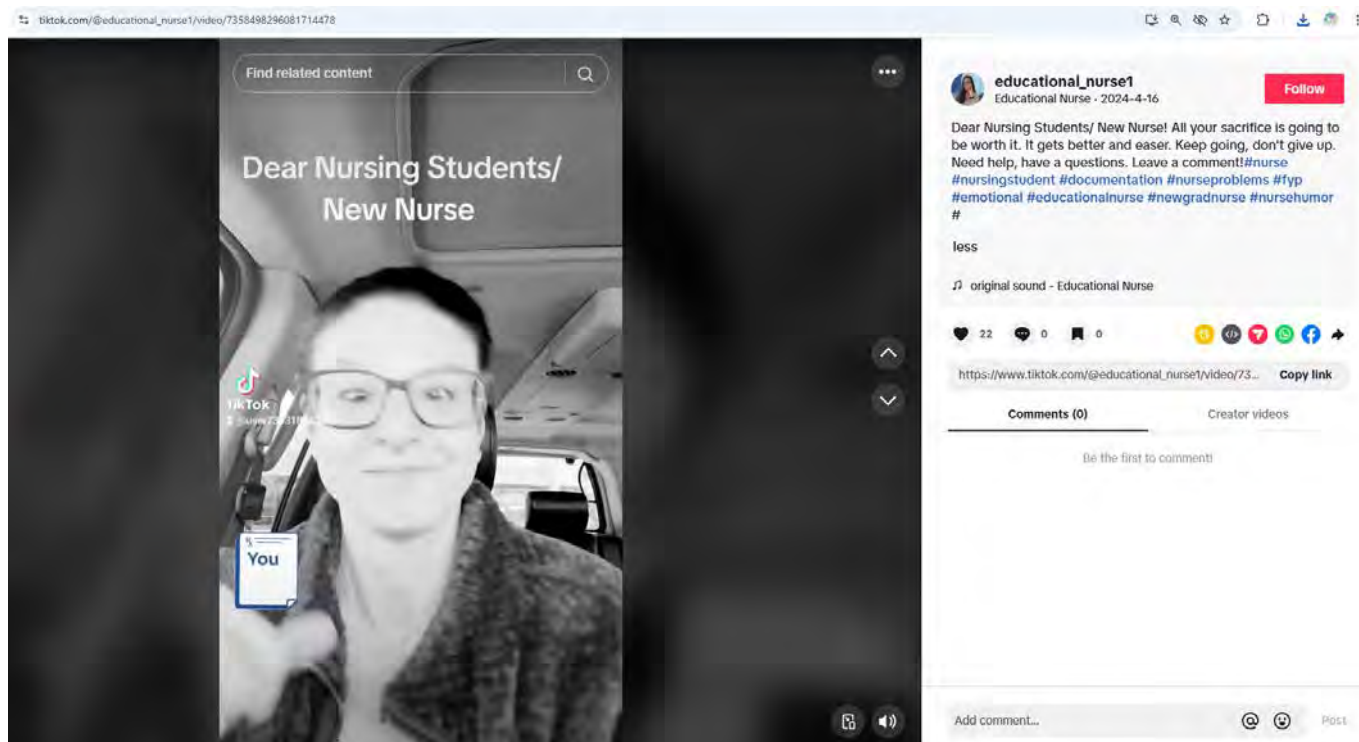
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7358498296081714478

After DOI

Dear Nursing Students/ New Nurse! All your sacrifice is going to be worth it. It gets better and easier. Keep going, don't give up. Need help, have a questions. Leave a comment!#nurse #nursingstudent #documentation #nurseproblems #fyp #emotional #educationalnurse #newgradnurse #nursehumor



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [564012](#)

f [Kathryn M Watson MSN RN](#)

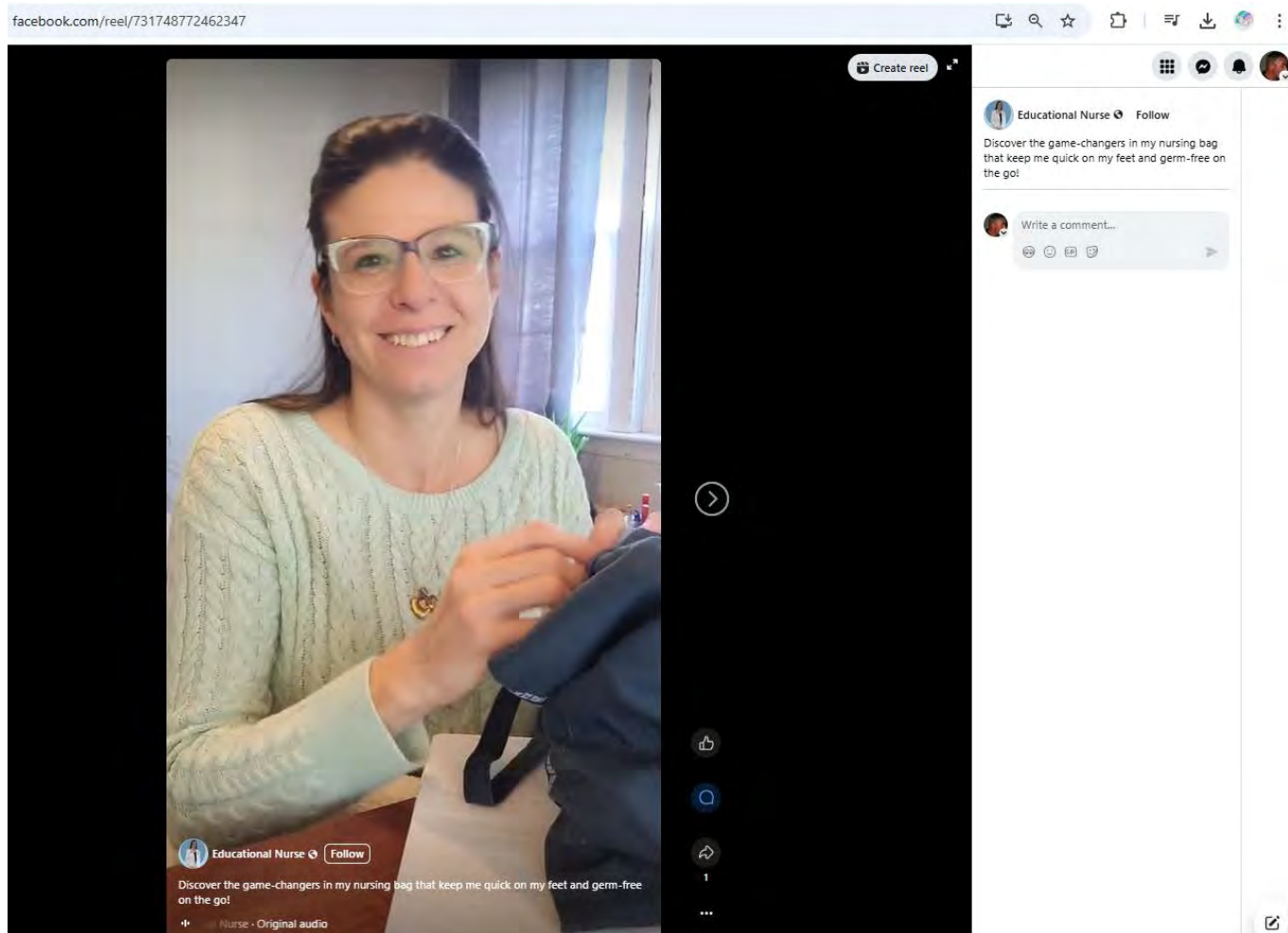
j <https://www.facebook.com/reel/731748772462347>

After DOI

Discover the game-changers in my nursing bag that keep me quick on my feet and germ-free on the go!

C Posted: Apr 20, 2024

C Captured: Mar 28, 2025



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [564015](#)

f [Kathryn M Watson MSN RN](#)

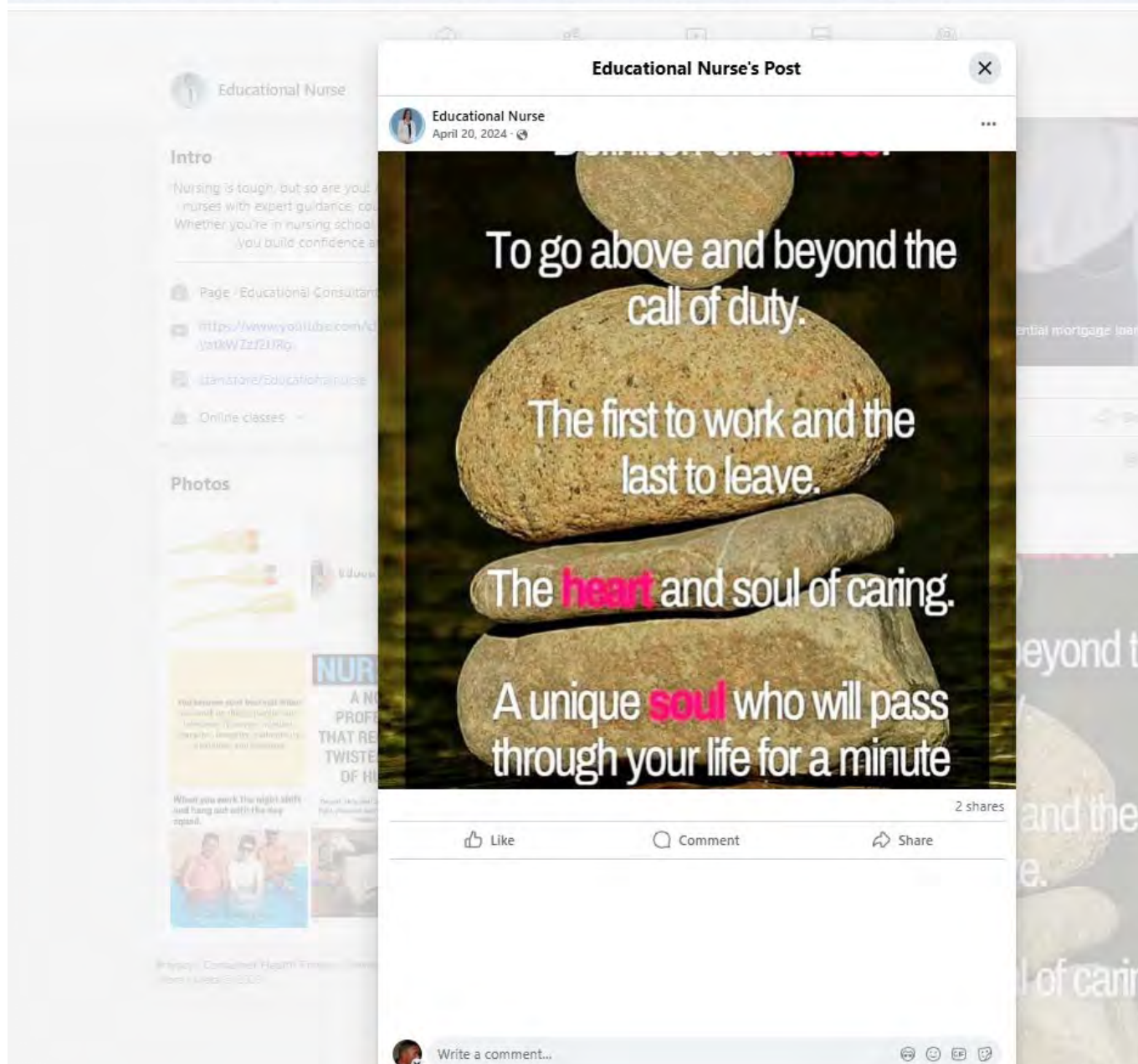
j https://www.facebook.com/permalink.php?story_fbid=pfbid0DojAiimQq919putCuSnmgQKaxdwSX9GjhincrTqKPzRbhfhqGfy5TfbggD8A4vjwl&id=61552231682394

C Posted: Apr 20, 2024

C Captured: Mar 28, 2025

After DOI

Post from Subject.



B Facebook

B 61552231682394

B System ID: 564017

f Kathryn M. Watson MSN RN

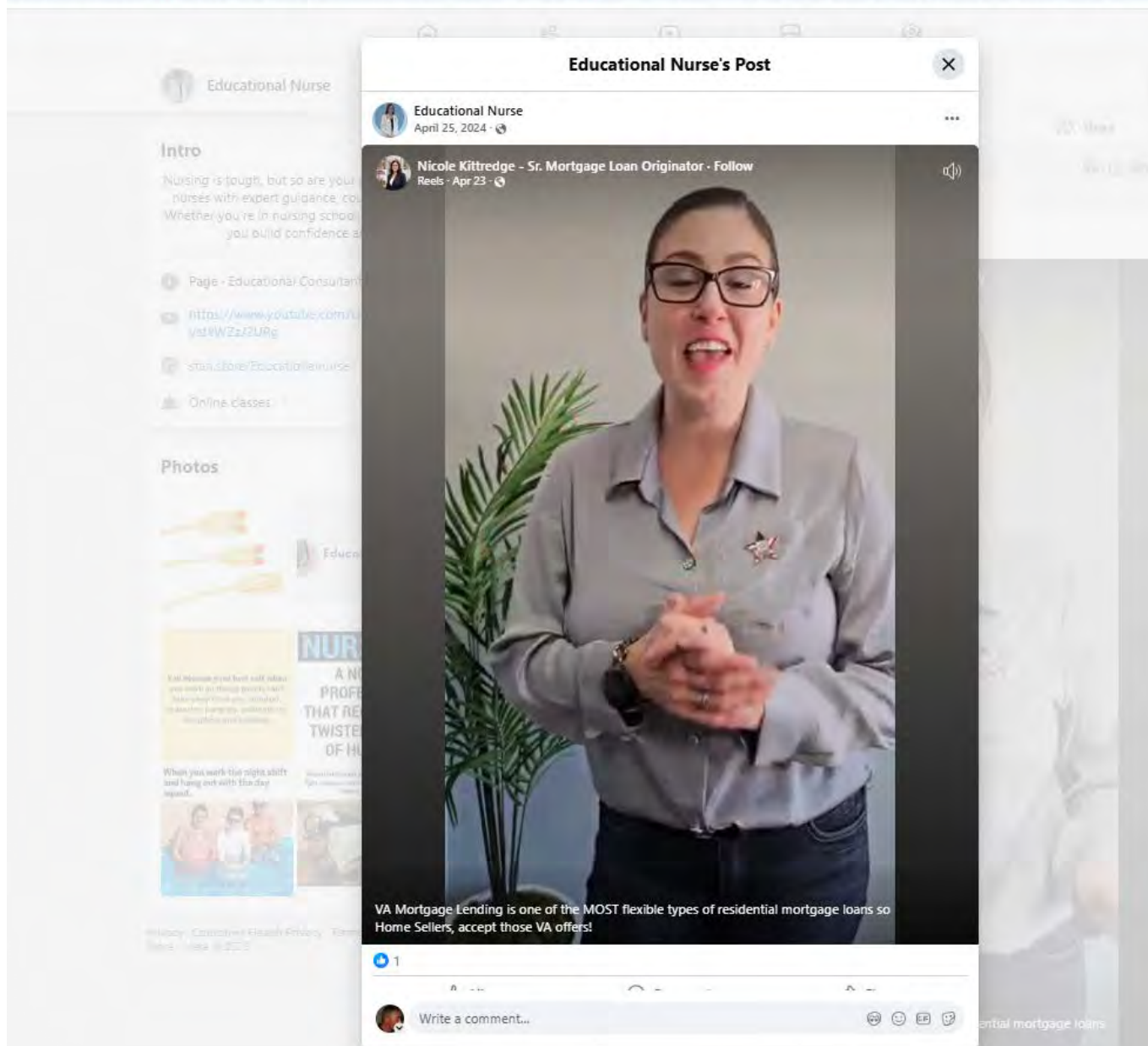
j https://www.facebook.com/permalink.php?story_fbid=pfbid033syCCaN9mDCH6ThVrCR4V6CkjjfvHoTQqXtBmTYsyHLXAmexVJ8uX1WRHqq2OI&id=61552231682394

C Posted: Apr 25, 2024

C Captured: Mar 28, 2025

After DOI

Repost from Subject from her sister's mortgage page.



B Facebook

B [61552231682394](#)

B System ID: [564021](#)

F [Kathryn M Watson MSN RN](#)

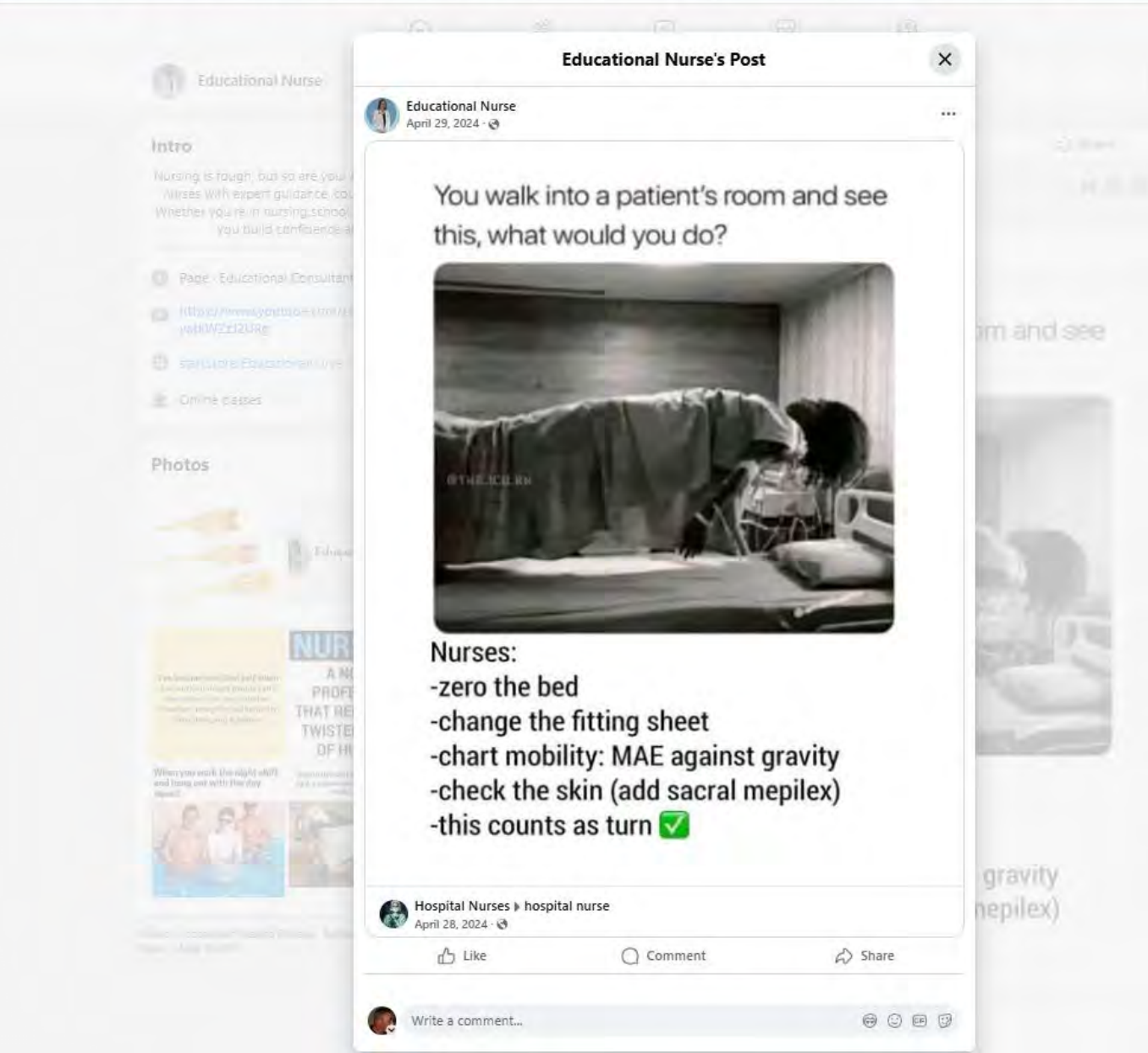
j https://www.facebook.com/permalink.php?story_fbid=pfbid02oqGBuugXxyiTyhMFsxyLkK6D4eYO7YEGdLd31gOxowhcoRPFA7quSnONBhwyFDEI&id=61552231682394

C Posted: Apr 29, 2024

C Captured: Mar 28, 2025

After DOI

Repost from Subject.



B Facebook

B 61552231682394
B System ID: 564023
f Kathryn M Watson MSN RN
j https://www.facebook.com/permalink.php?story_fbid=pfbid02CoBxddgwxPnpFbWFxygU12hkhrgsjZq1SeZPBtpG8VA4DUJFwYydY98vqdo2EPJ8I&id=61552231682394
C Posted: Apr 29, 2024
C Captured: Mar 28, 2025

After DOI

Being a nurse is the greatest thing. You get to see all the beautiful sides of life... the beginning of birth and end of life!



B Facebook

B [61552231682394](#)

B System ID: [564029](#)

f [Kathryn M Watson MSN RN](#)

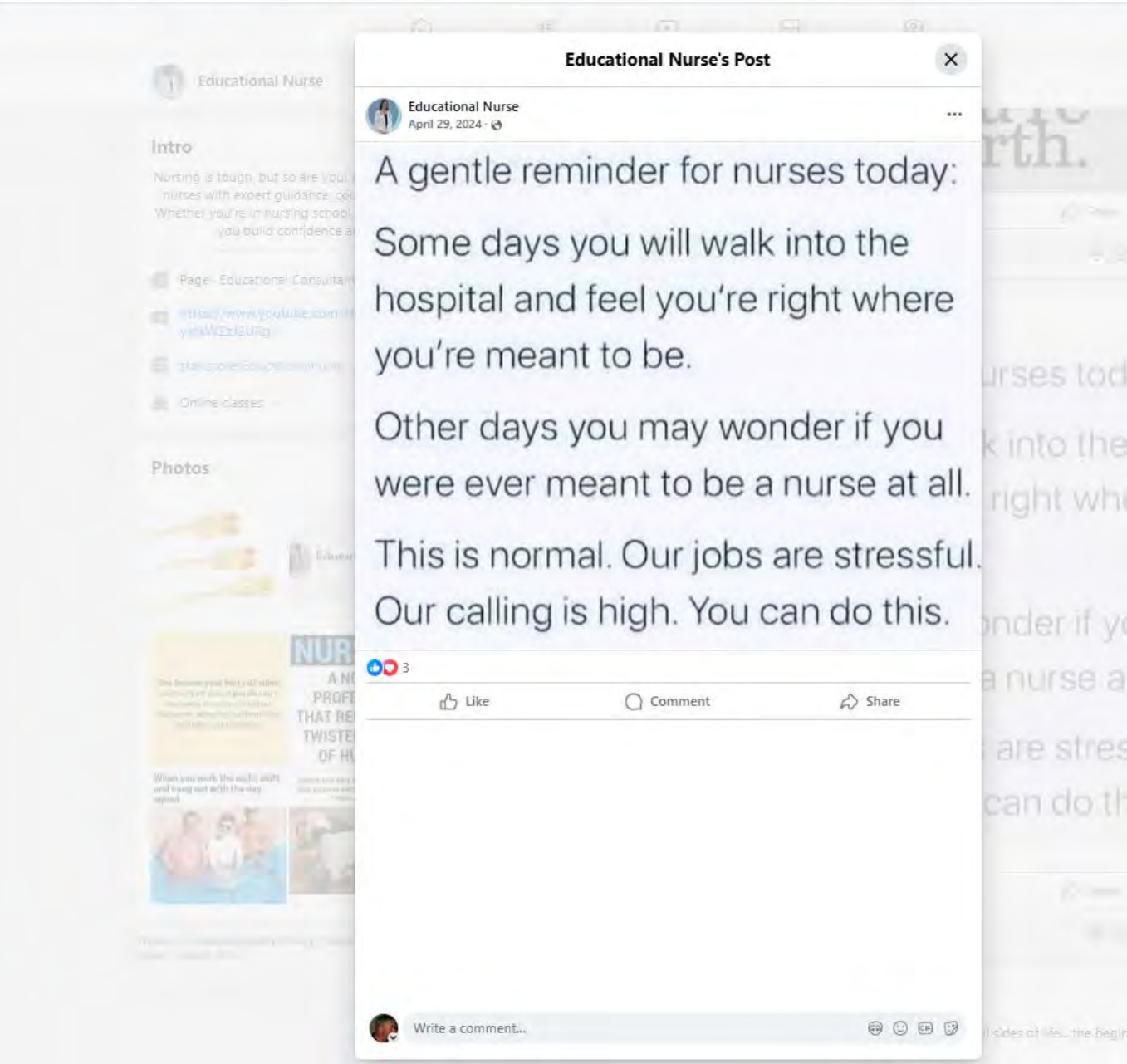
j https://www.facebook.com/permalink.php?story_fbid=pfbid04o3jBWxwpKnh8RjsUu4EjqQ13dLa5dA8y85rpSkvRvu3XHEGPpCte6vGquzcDWdLI&id=61552231682394

C Posted: Apr 29, 2024

C Captured: Mar 28, 2025

After DOI

Post from Subject.



B Facebook

B 61552231682394

B System ID: 564031

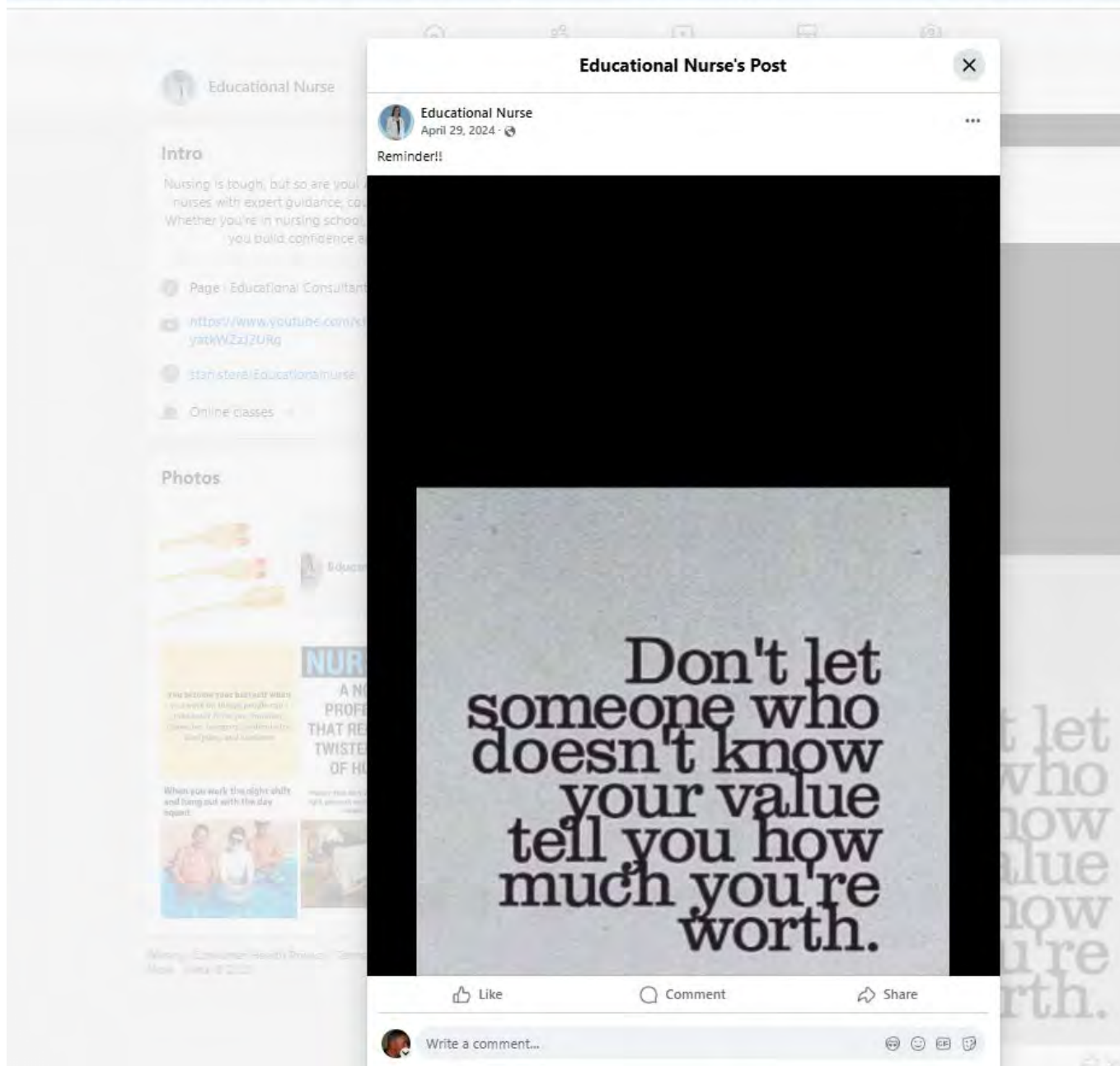
f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0SrLPMZvyeSItXxbjkALJpRxnTWnGoUqL1JxiFVhobcVNVWZxDT95hYr4UPPRZjPl&id=61552231682394

C Posted: Apr 29, 2024

C Captured: Mar 28, 2025

After DOI
Reminder!!



B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

B System ID: [564034](https://www.facebook.com/564034)

f [Kathryn M Watson MSN RN](https://www.facebook.com/Kathryn.M.Watson.MSN.RN)

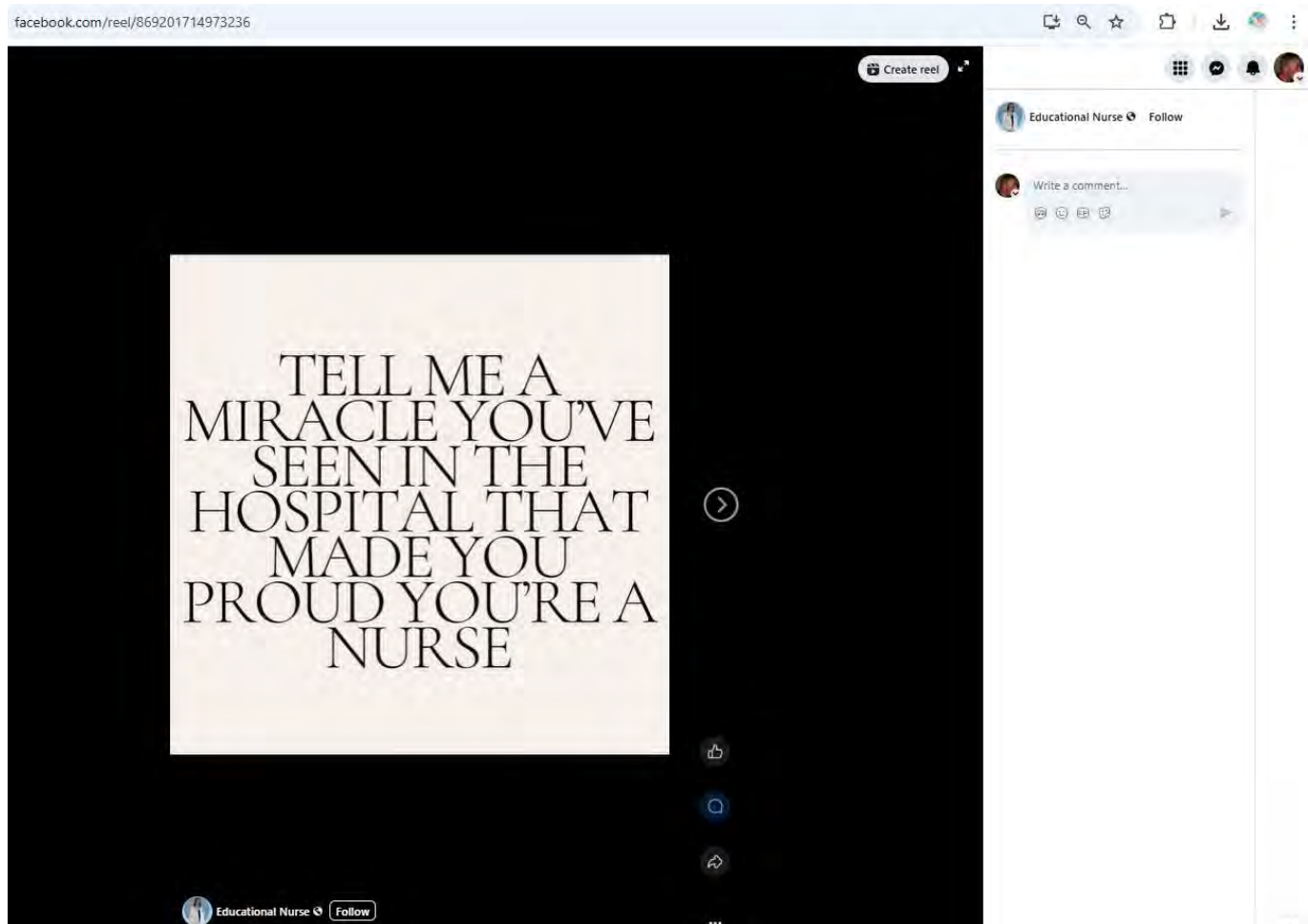
j <https://www.facebook.com/reel/869201714973236>

After DOI

Reel from Subject.

C Posted: Apr 29, 2024

C Captured: Mar 28,
2025



B Facebook

B [61552231682394](#)

B System ID: [564035](#)

f [Kathryn M Watson MSN RN](#)

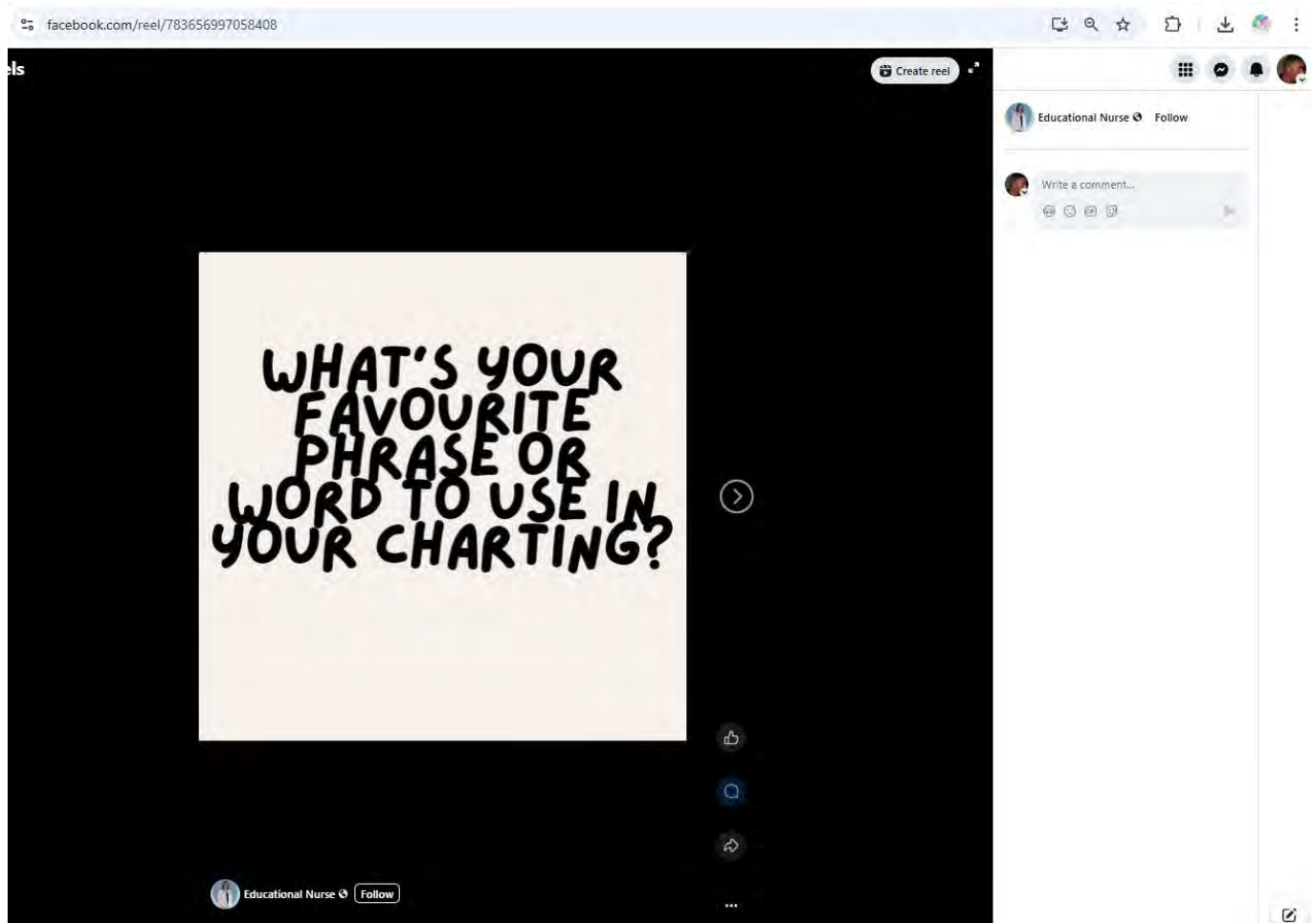
j <https://www.facebook.com/reel/783656997058408>

After DOI

Reel from Subject.

C Posted: Apr 29, 2024

C Captured: Mar 28,
2025



B Facebook

B [61552231682394](#)

B System ID: [564037](#)

f [Kathryn M Watson MSN RN](#)

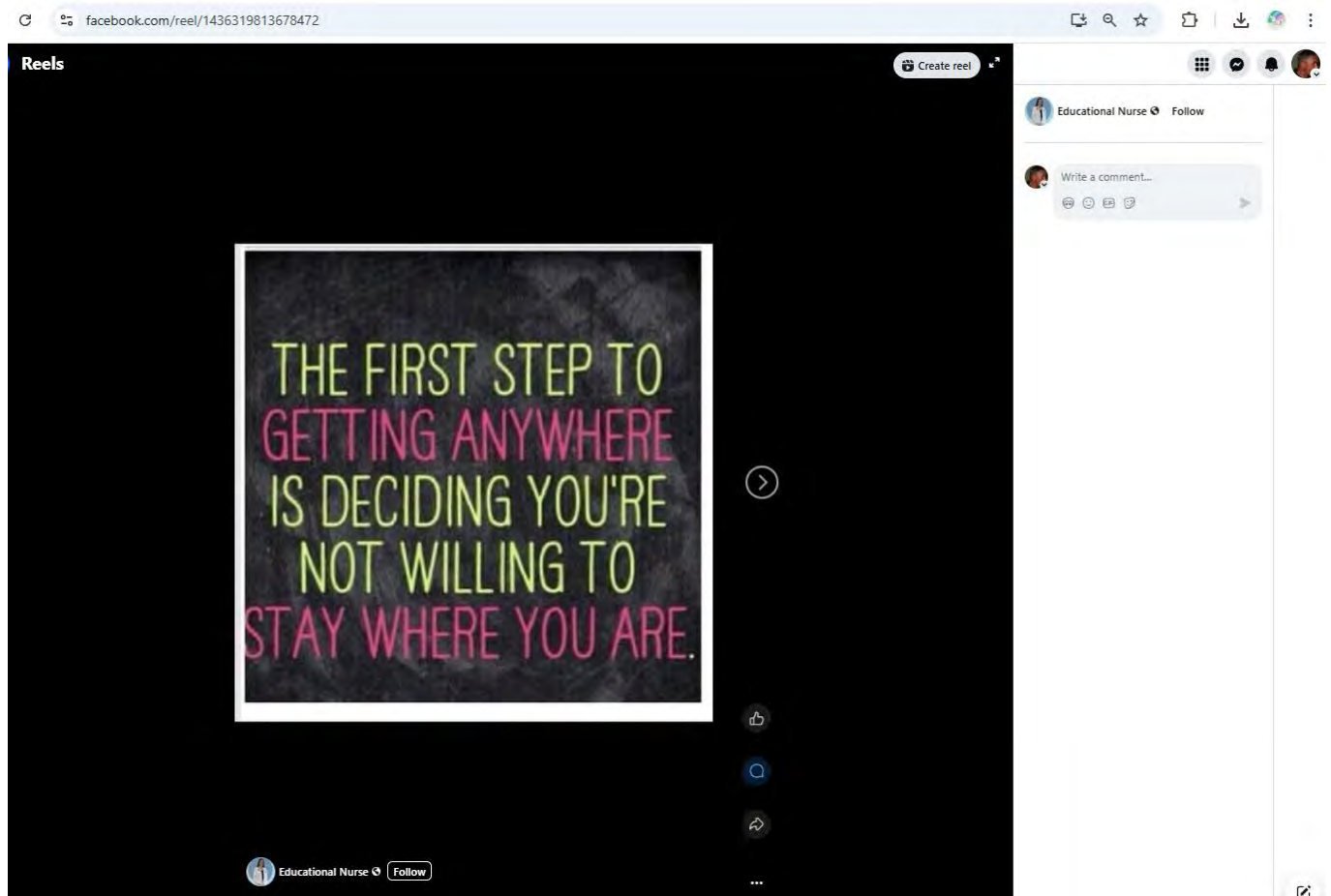
j <https://www.facebook.com/reel/1436319813678472>

After DOI

Reel from Subject.

C Posted: Apr 29, 2024

C Captured: Mar 28,
2025



B Facebook

B [61552231682394](#)

B System ID: [564046](#)

f [Kathryn M Watson MSN RN](#)

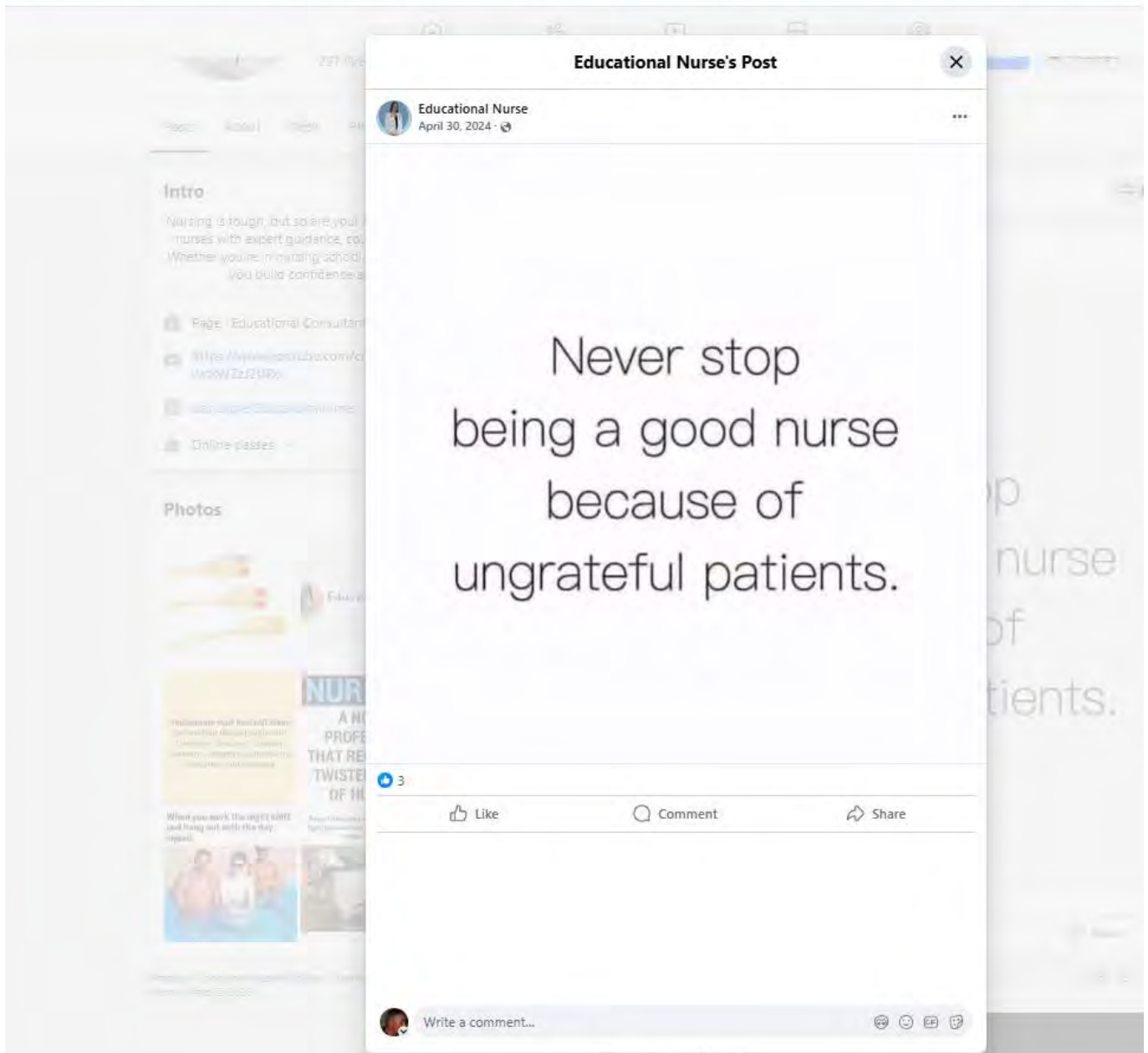
j https://www.facebook.com/permalink.php?story_fbid=pfbid02CzYjswpcLvKoVpcp6o5Qo3pw9etgM3N4zPDC6d5ai3AgvQnqLKG5qiBm2Og4BwjYl&id=61552231682394

C Posted: Apr 30, 2024

C Captured: Mar 28, 2025

After DOI

Post from Subject.



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid02CzYjswpcLvKoVpcp6o5Qo3pw9etgM3N4zPDC6d5ai3AgvQnqLKG5qiBm2Qg4BwjYl&id=61552231682394)

B System ID: [564050](#)

f [Kathryn M Watson MSN RN](#)

j https://www.facebook.com/permalink.php?story_fbid=pfbid02F4g1xt2hYyyxrWcEeUeb56vtDBsgSWKKMjSkjUdEqFjtNaeF4AN74cmmyaam1dl&id=61552231682394

After DOI

When you're trying to explain C. diff to a patient, but they're too busy wondering why their poop is trying to escape... I mean, I get it, it's a lot to take in (no pun intended). But let me tell you, it's not a Great Escape situation in there. Just take the meds, drink the fluids, and let's get this gut back on track, okay? #cdiff #nursinglife #poopproblems"

C Posted: May 04, 2024

C Captured: Mar 28, 2025

Educational Nurse

Intro

Nursing is tough, but so are you! Nurses with expert guidance, color. Whether you're in nursing school, you build confidence a

Page - Educational Consultant

[f160a7f11www.youtube.com/djotkWZzJ3U9g](#)

[16an10nd/EducationalNurse](#)

Online classes

Photos



Nurselifer

Educational Nurse

May 4, 2024 · 🌐

When you're trying to explain C. diff to a patient, but they're too busy wondering why their poop is trying to escape... I mean, I get it, it's a lot to take in (no pun intended). But let me tell you, it's not a Great Escape situation in there. Just take the meds, drink the fluids, and let's get this gut back on track, okay? #cdiff #nursinglife #poopproblems"

No one:
Confused patients with c-diff-



Nurselifer

Monica Sarah ▸ Nurse Restroom

Admin · May 3, 2024 · 🌐

Write a comment...

B Facebook

B 61552231682394

B System ID: 564054

f Kathryn M Watson MSN RN

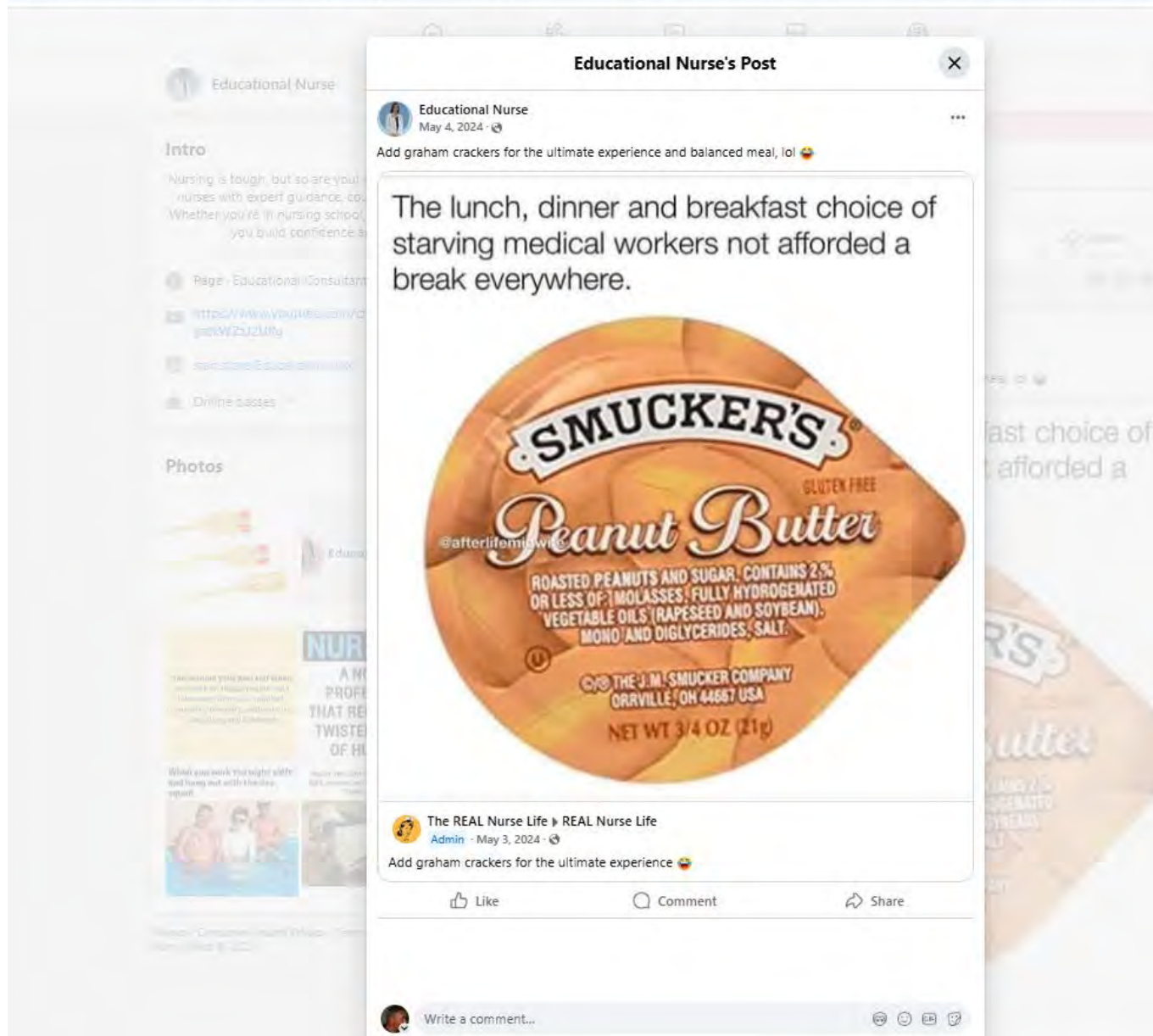
j https://www.facebook.com/permalink.php?story_fbid=pfbid02y1mf2t8WrmGpUiyvUE9Vn4SGP5vQDYCu1GcBShGoccsBzKeWyCdSNZwUhPRuJNh4l&id=61552231682394

After DOI

Add graham crackers for the ultimate experience and balanced meal, lol ☐

C Posted: May 04, 2024

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 564060

f Kathryn M Watson MSN RN

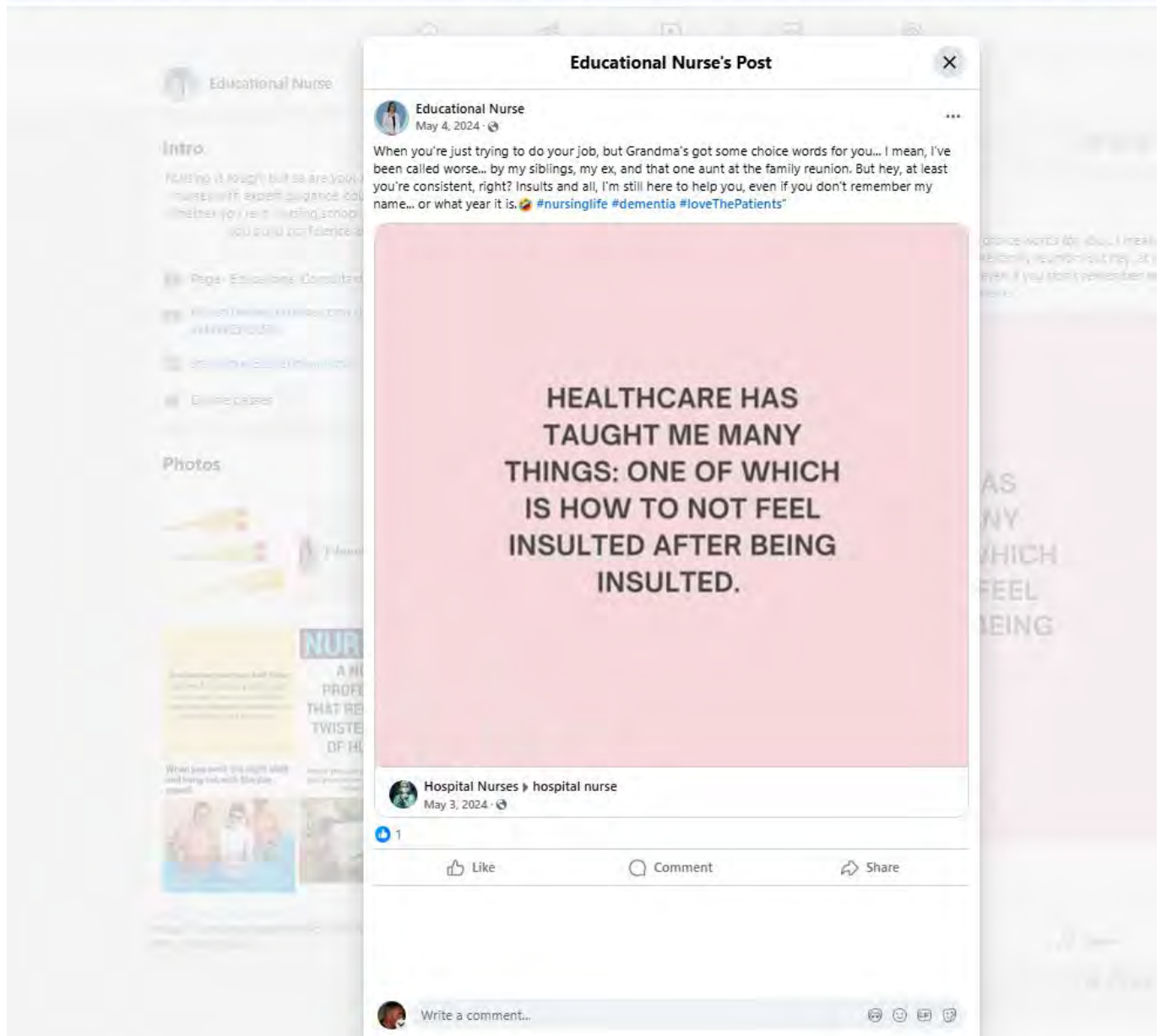
j https://www.facebook.com/permalink.php?story_fbid=pfbid02PFXP05cn6sLFKWCUWDBf6gURva2HlyWVxxRkKwL4kmU9vxFbYSDSEkmDLwsqL7noKI&id=61552231682394

C Posted: May 04, 2024

C Captured: Mar 28, 2025

After DOI

When you're just trying to do your job, but Grandma's got some choice words for you... I mean, I've been called worse... by my siblings, my ex, and that one aunt at the family reunion. But hey, at least you're consistent, right? Insults and all, I'm still here to help you, even if you don't remember my name... or what year it is. ☐ #nursinglife #dementia #loveThePatients"



B Facebook

B 61552231682394

B System ID: 564063

f Kathryn M Watson MSN RN

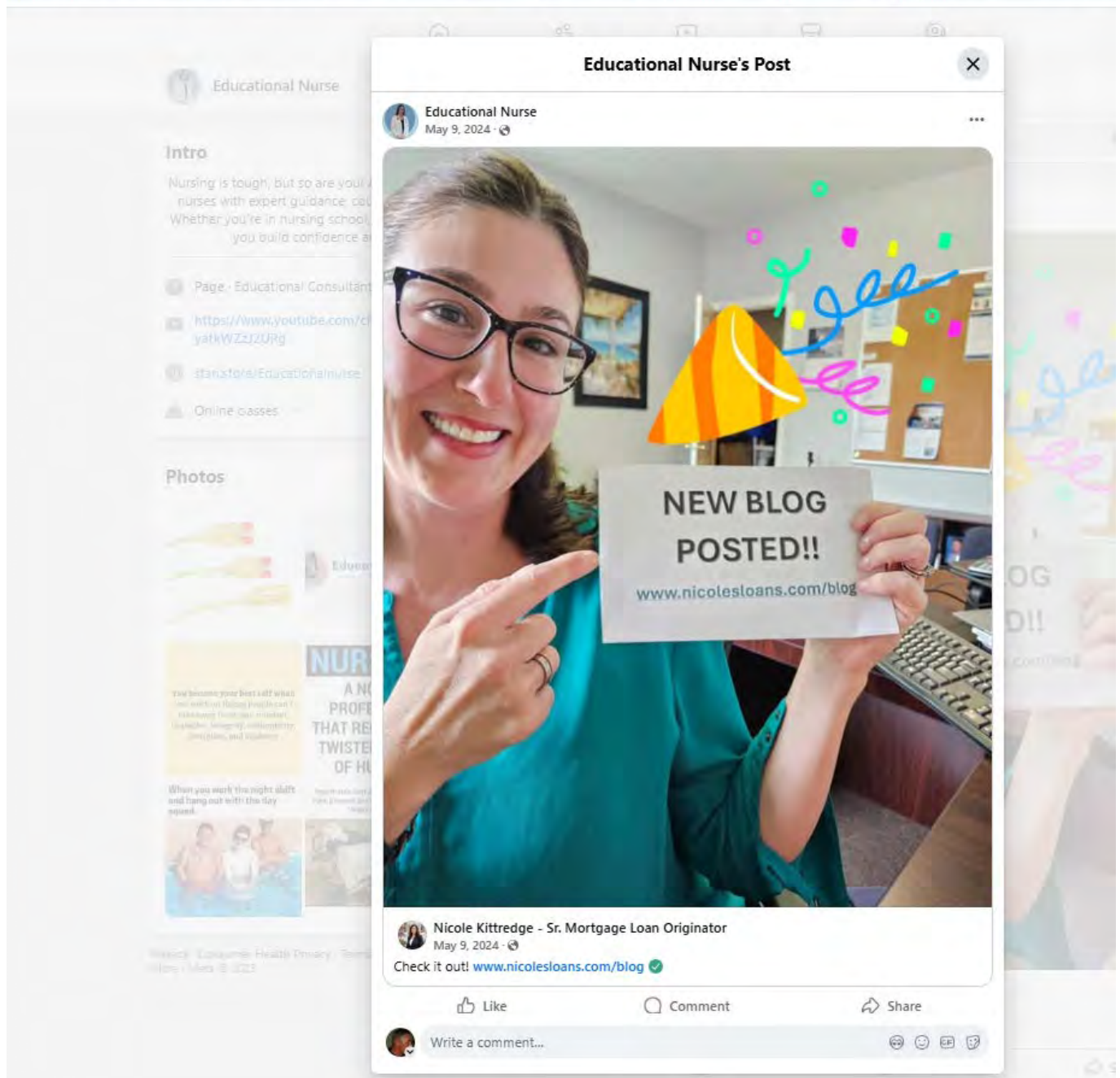
j https://www.facebook.com/permalink.php?story_fbid=pfbid02Z4TBRIUYcwnAdyVefFgbiuzJExz4N5jYxM9it5s97VXix1Tgr1GVX8sc5WggCjwI&id=61552231682394

C Posted: May 09, 2024

C Captured: Mar 28, 2025

After DOI

Repost from Subject.



B Facebook

B 61552231682394

B System ID: 564066

f Kathryn M Watson MSN RN

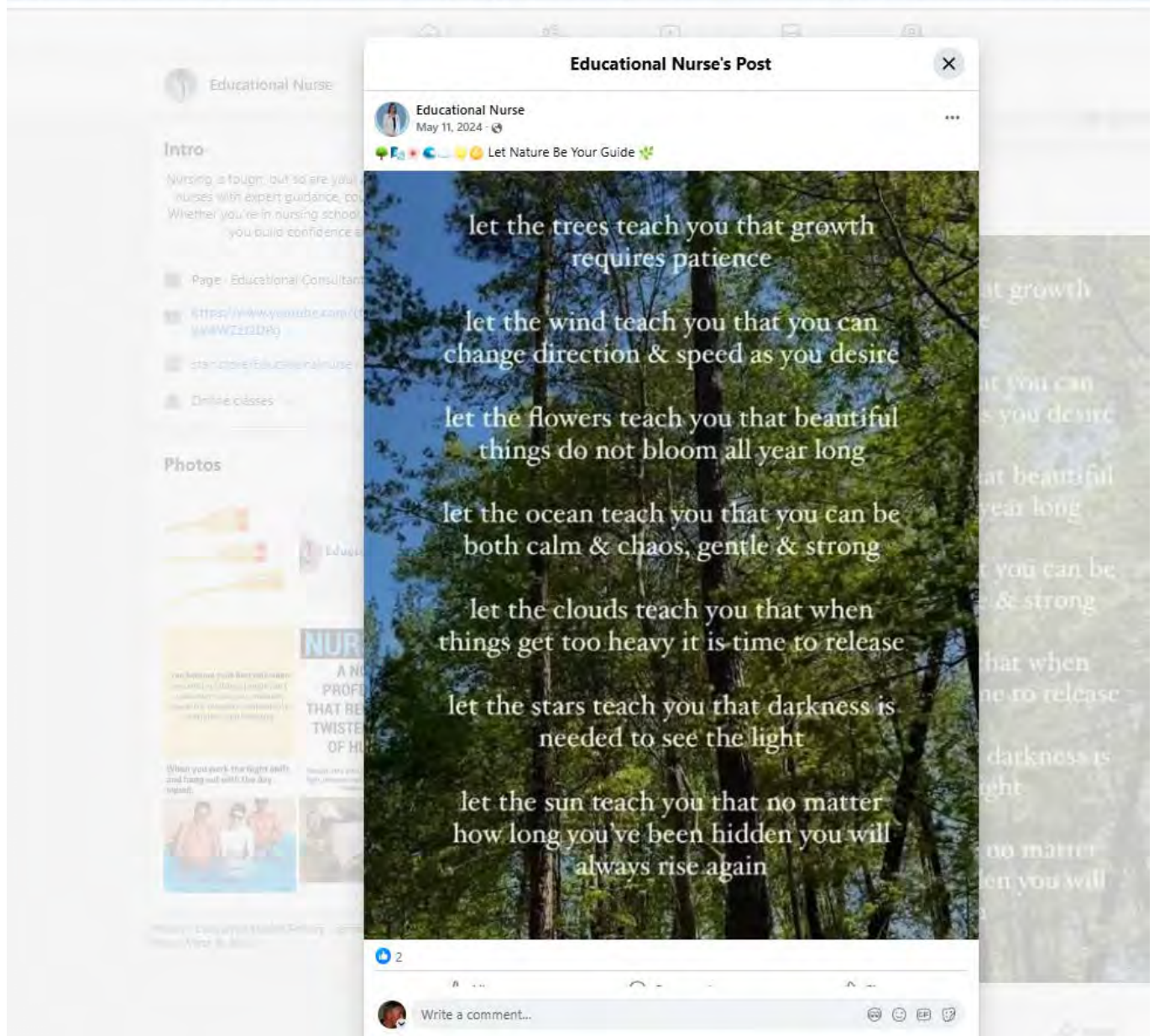
j https://www.facebook.com/permalink.php?story_fbid=pfbid02FTwYmXcvldDOVtbpDKeDGQGvAqSEZnu1t7ZkMBfmQM75yTj8NREI4BdGMda6CKJ&id=61552231682394

C Posted: May 11, 2024

C Captured: Mar 28, 2025

After DOI

□□□□□□ Let Nature Be Your Guide □



TikTok

[@educational_nurse1](#)

System ID: [564610](#)

C Posted: May 11, 2024

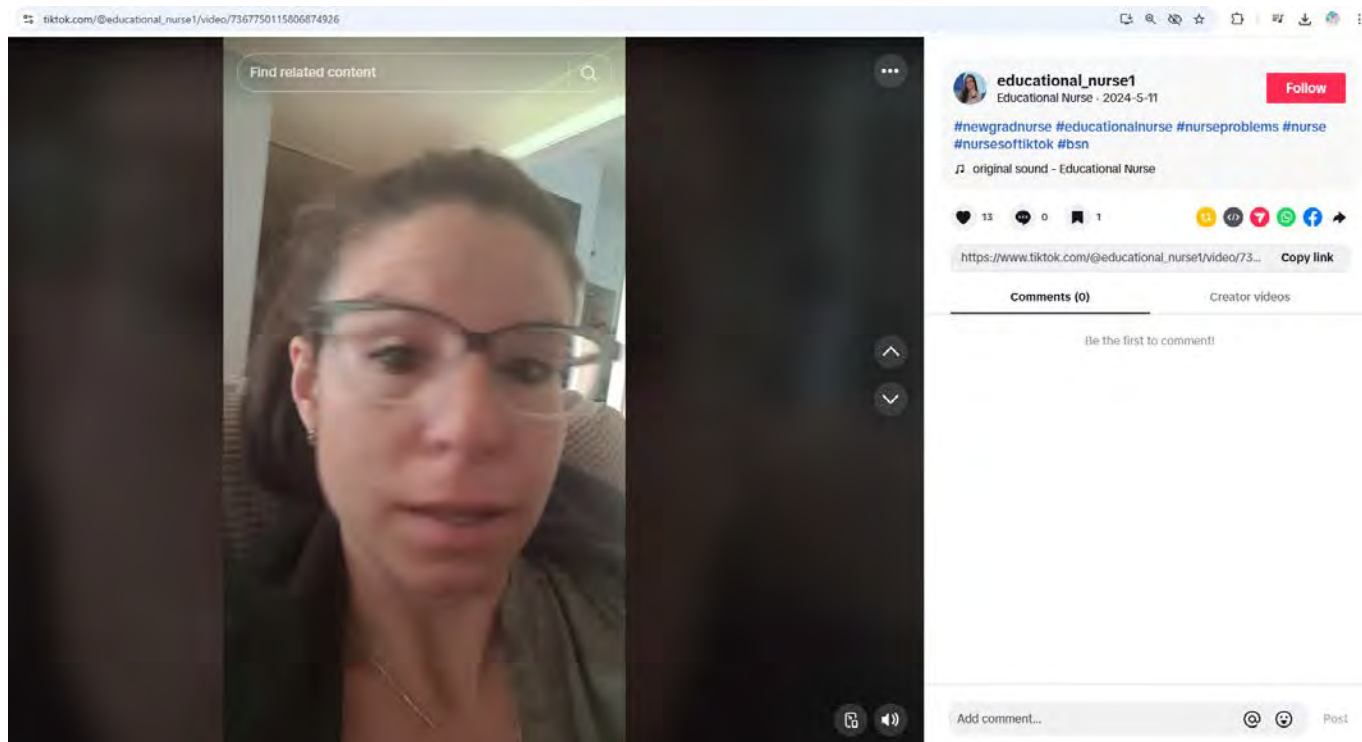
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7367750115806874926

After DOI

#newgradnurse #educationalnurse #nurseproblems #nurse #nursesoftiktok #bsn



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [564069](#)

f [Kathryn M Watson MSN RN](#)

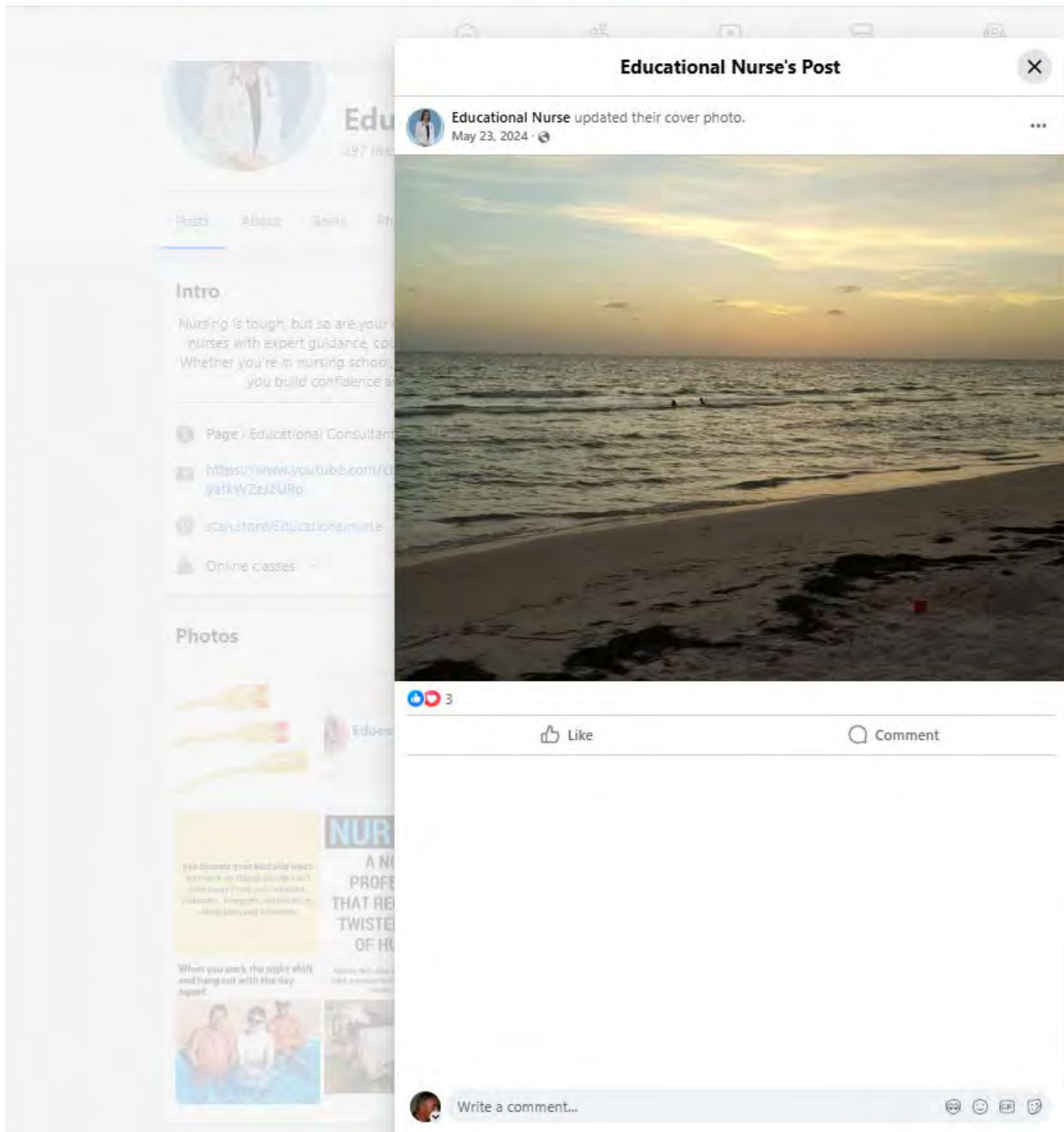
j https://www.facebook.com/permalink.php?story_fbid=1597044557804509&id=61552231682394&substory_index=1597044557804509

C Posted: May 23, 2024

C Captured: Mar 28, 2025

After DOI

Picture posted from Subject.



TikTok

[@educational_nurse1](#)

System ID: [564613](#)

C Posted: Jun 15, 2024

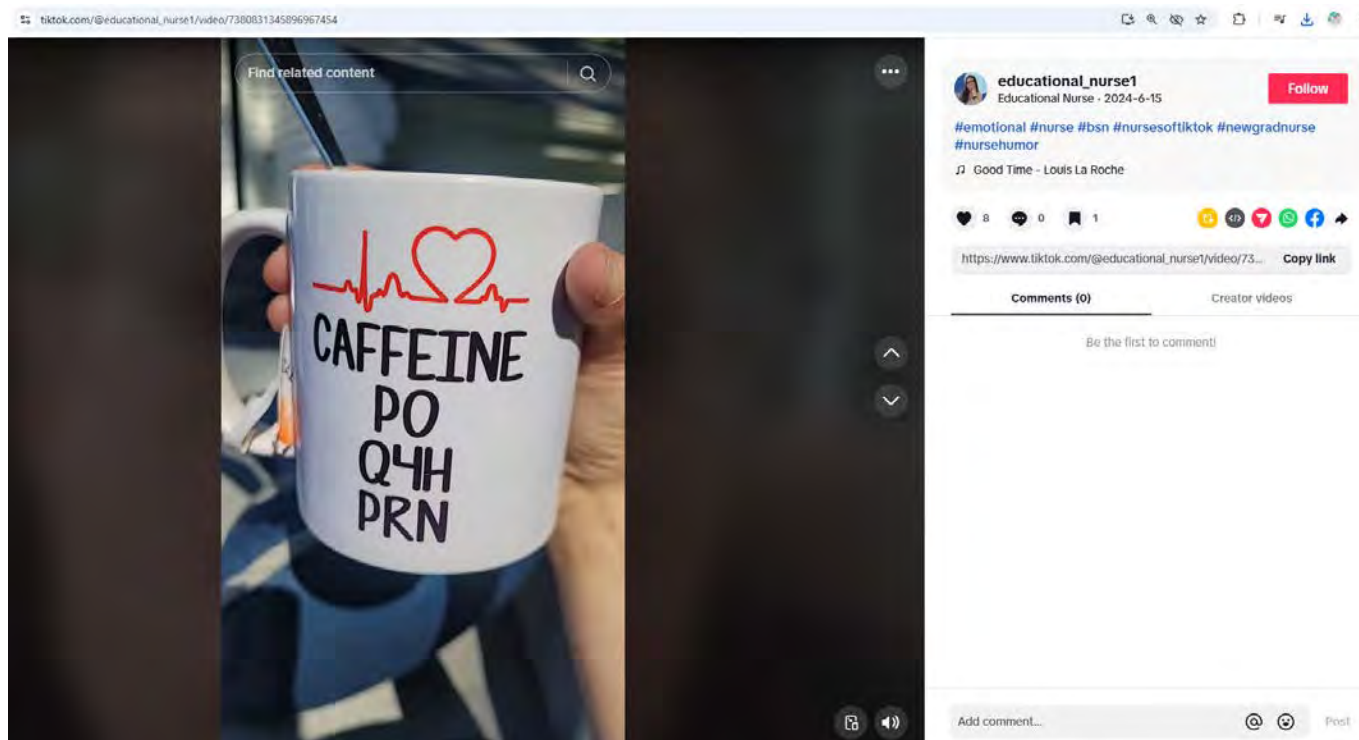
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7380831345896967454

After DOI

#emotional #nurse #bsn #nursesoftiktok #newgradnurse #nursehumor



TikTok

[@educational_nurse1](#)

System ID: [564615](#)

C Posted: Jun 15, 2024

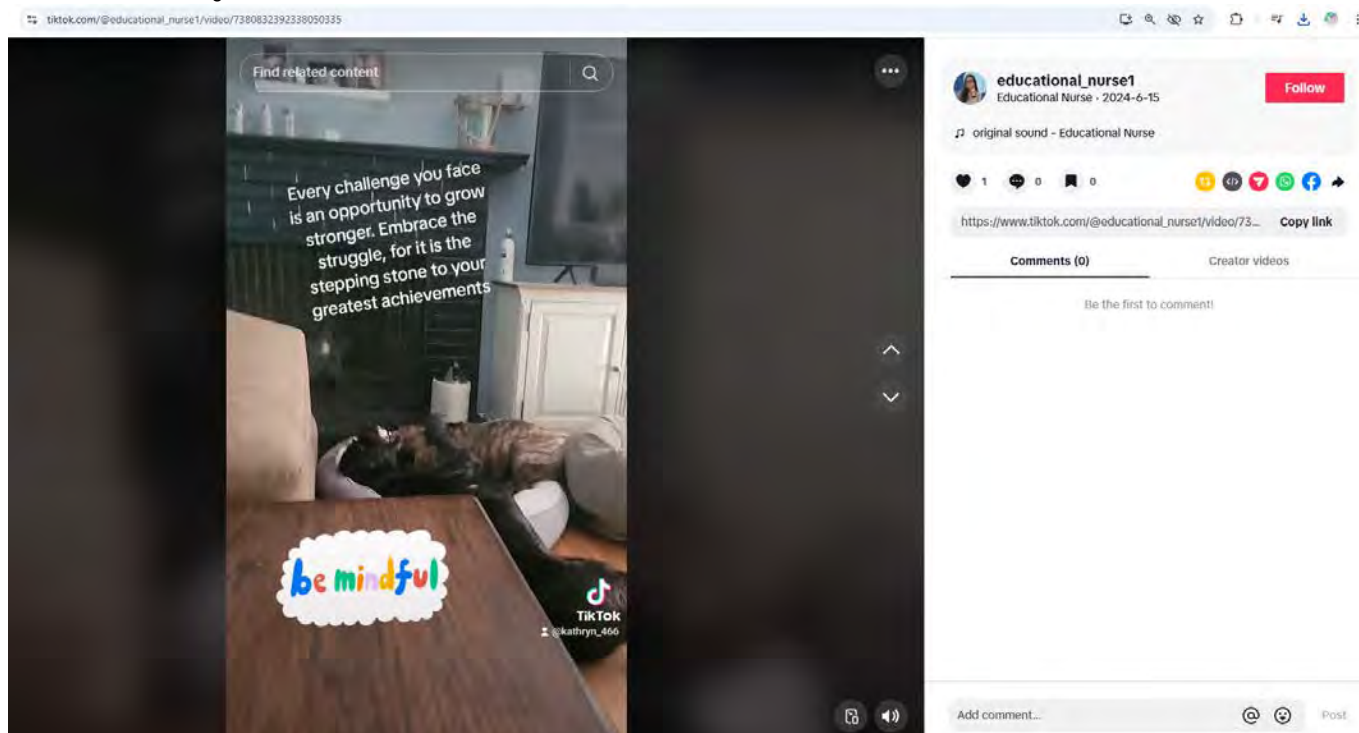
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7380832392338050335

After DOI

Video from Subject about mindfulness.



[Link to download video](#)

TikTok

[@educational_nurse1](#)

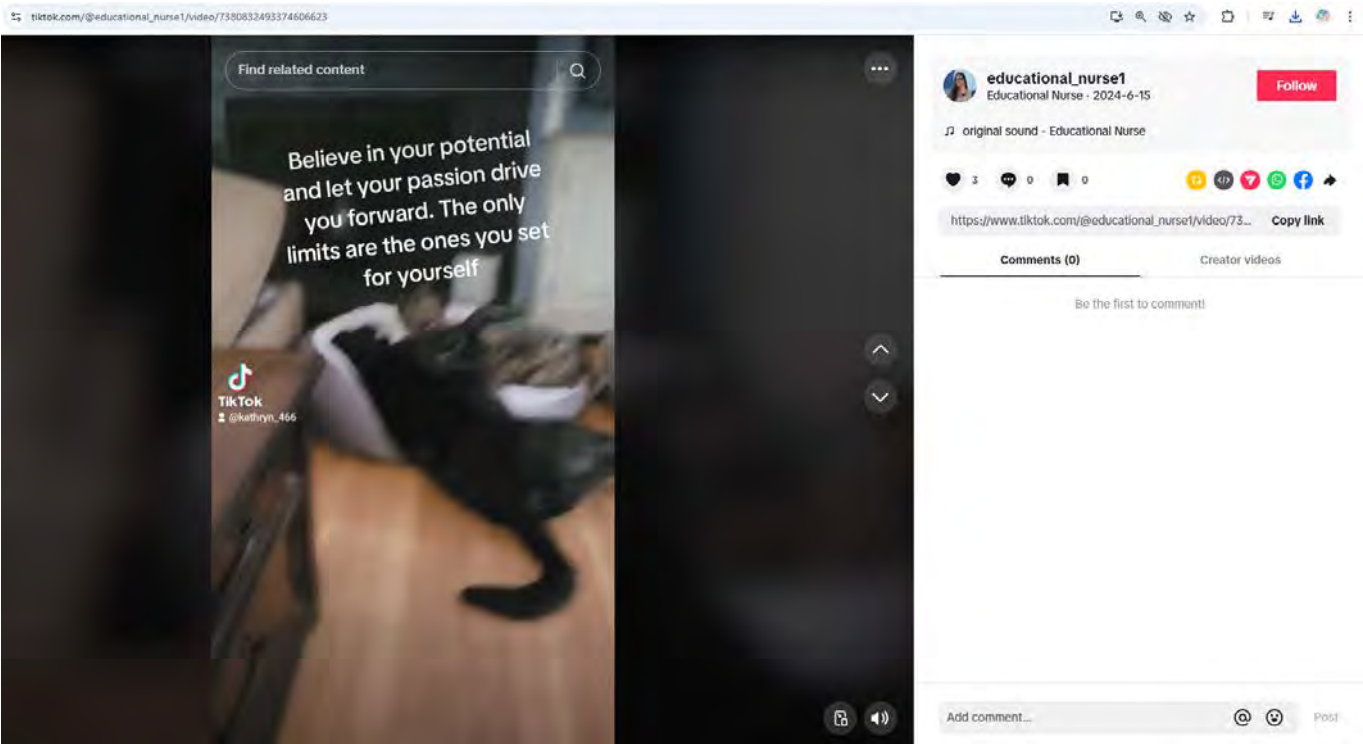
System ID: [564618](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7380832493374606623

After DOI

Video posted about passion.



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564626](#)

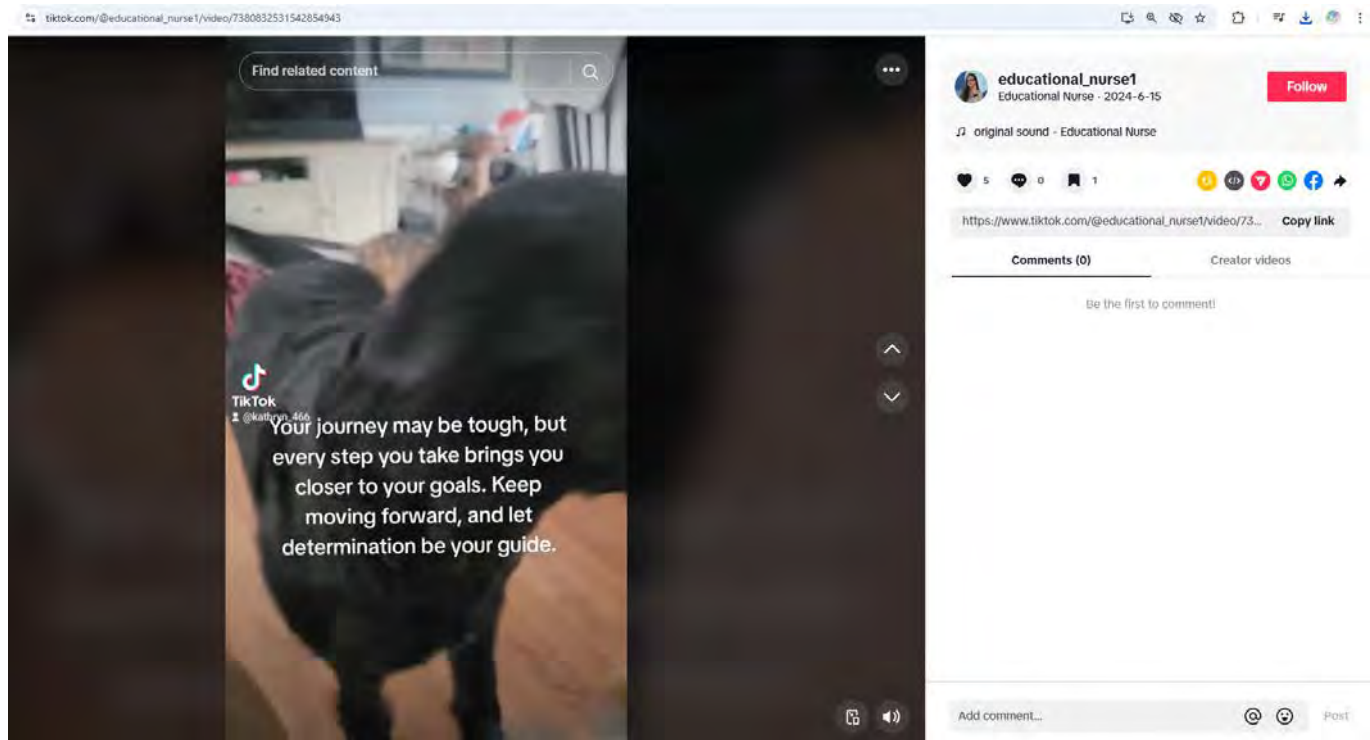
f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7380832531542854943

After DOI

Video of dogs with advice written on the screen.





[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564630](#)

C Posted: Jun 15, 2024

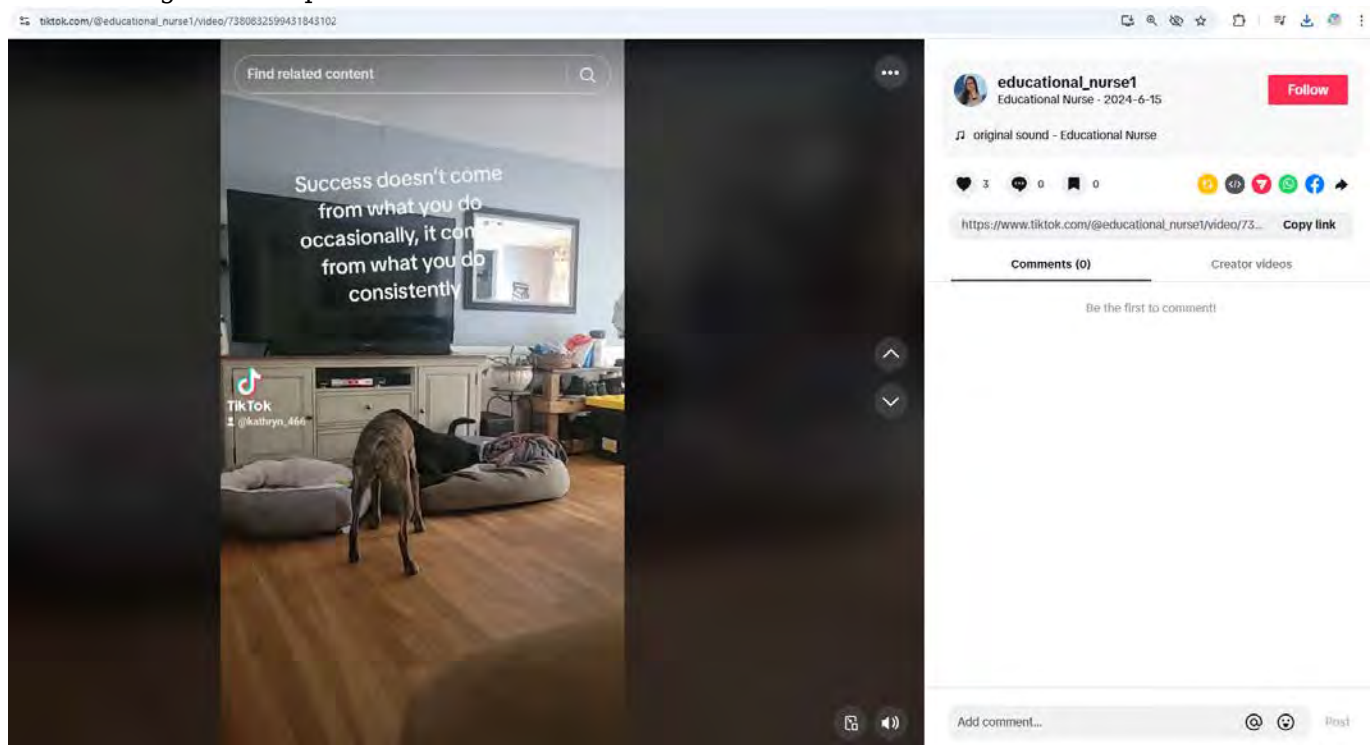
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7380832599431843102

After DOI

Video of dogs with inspirational words.



[Link to download video](#)

TikTok

[@educational_nurse1](#)

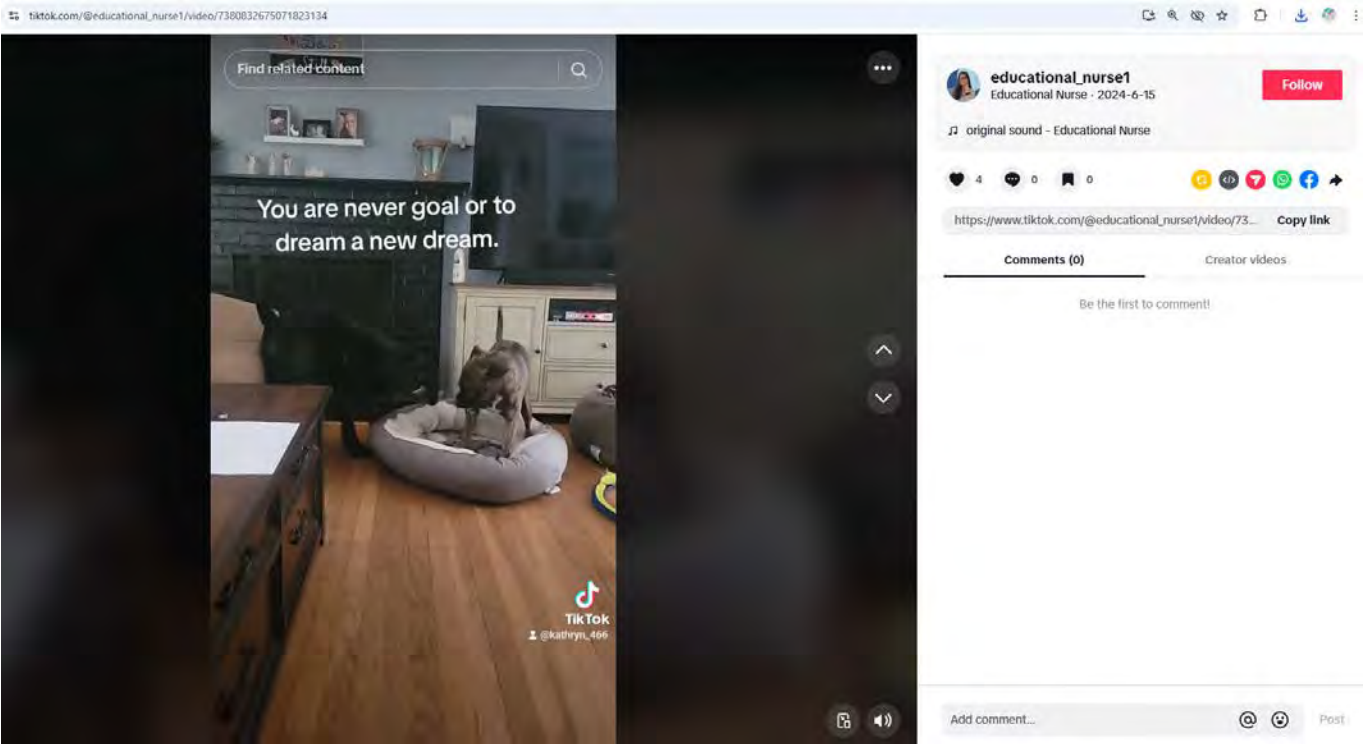
System ID: [564632](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7380832675071823134

After DOI

Video of dogs with inspirational words.



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564634](#)

f [Kathryn M Watson MSN RN](#)

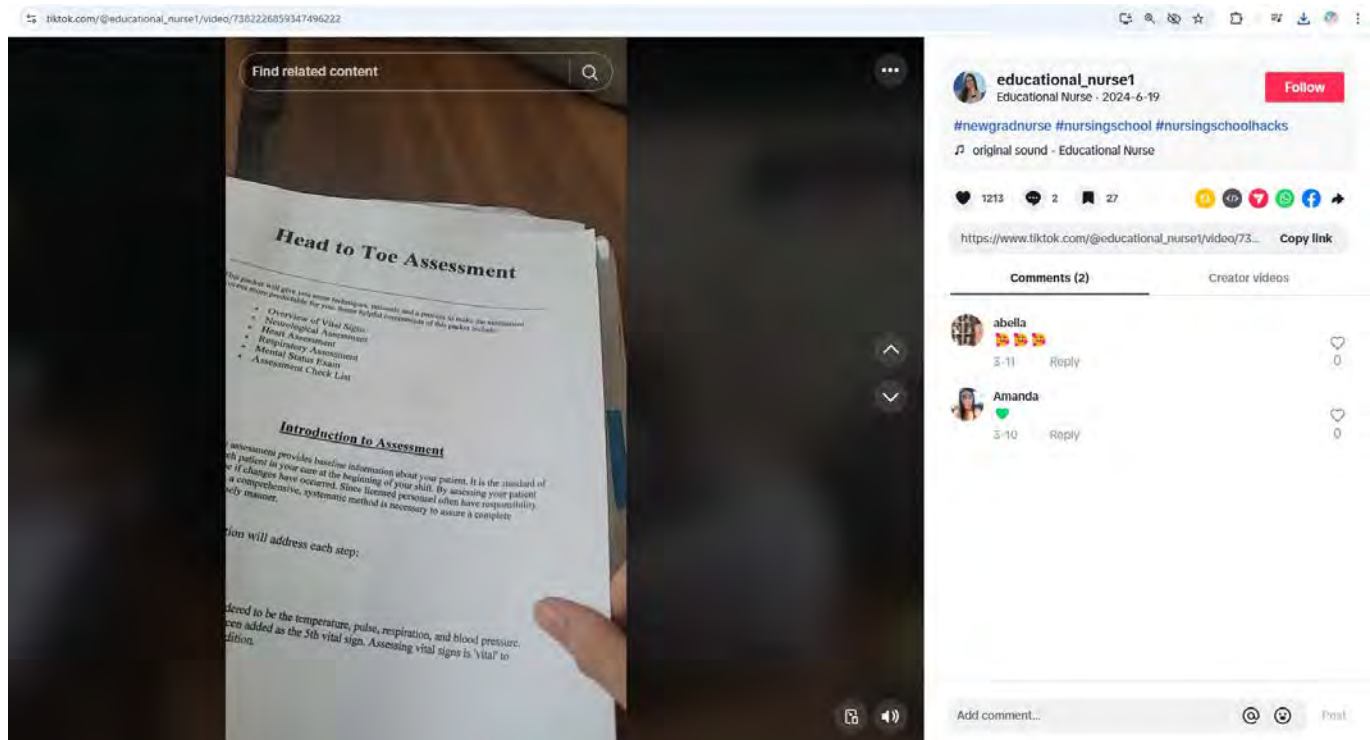
j https://www.tiktok.com/@educational_nurse1/video/7382226859347496222

After DOI

#newgradnurse #nursingschool #nursingschoolhacks

C Posted: Jun 19, 2024

C Captured: Mar 28, 2025



[Link to download video](#)

B Facebook

B [bmcmliller](#)

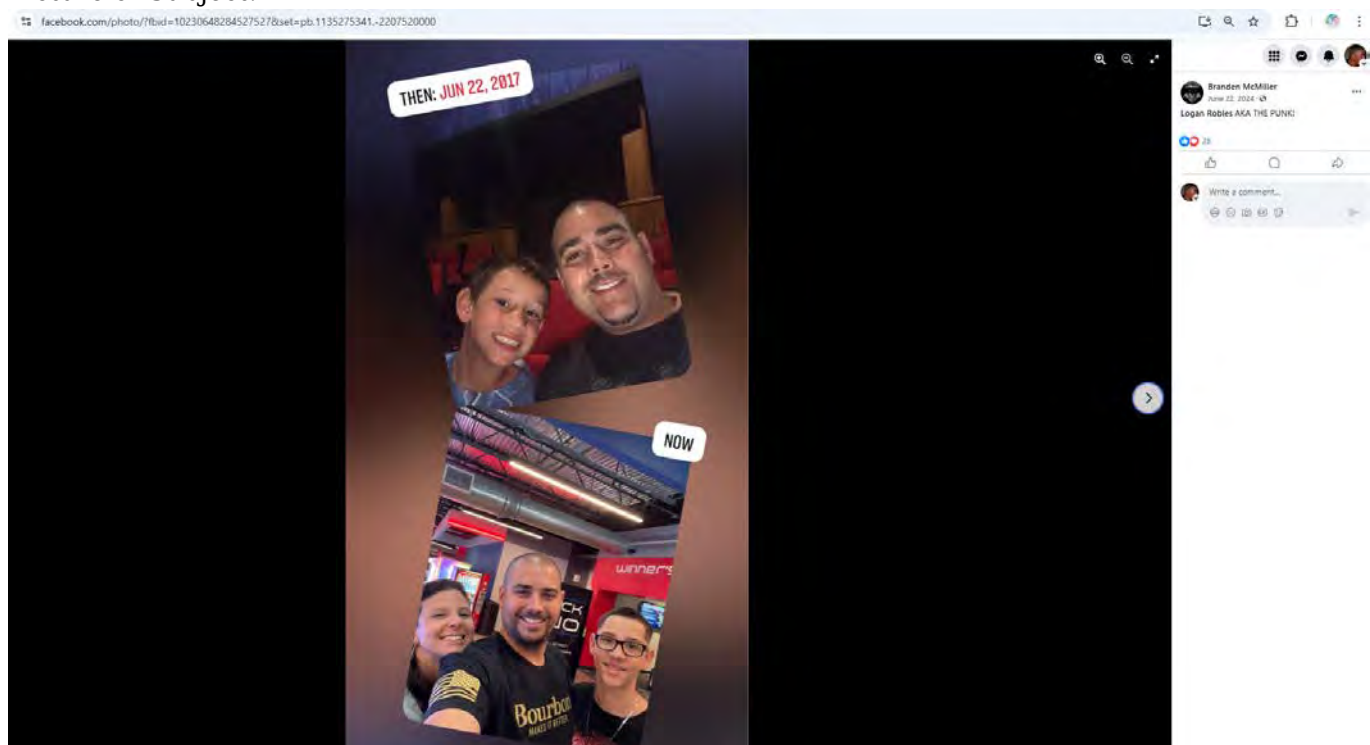
B System ID: [563572](#)

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo/?fbid=10230648284527527&set=pb.1135275341.-2207520000>

After DOI

Picture of Subject.



B Facebook

B [61552231682394](#)

C Posted: Jun 23, 2024

B System ID: [564073](#)

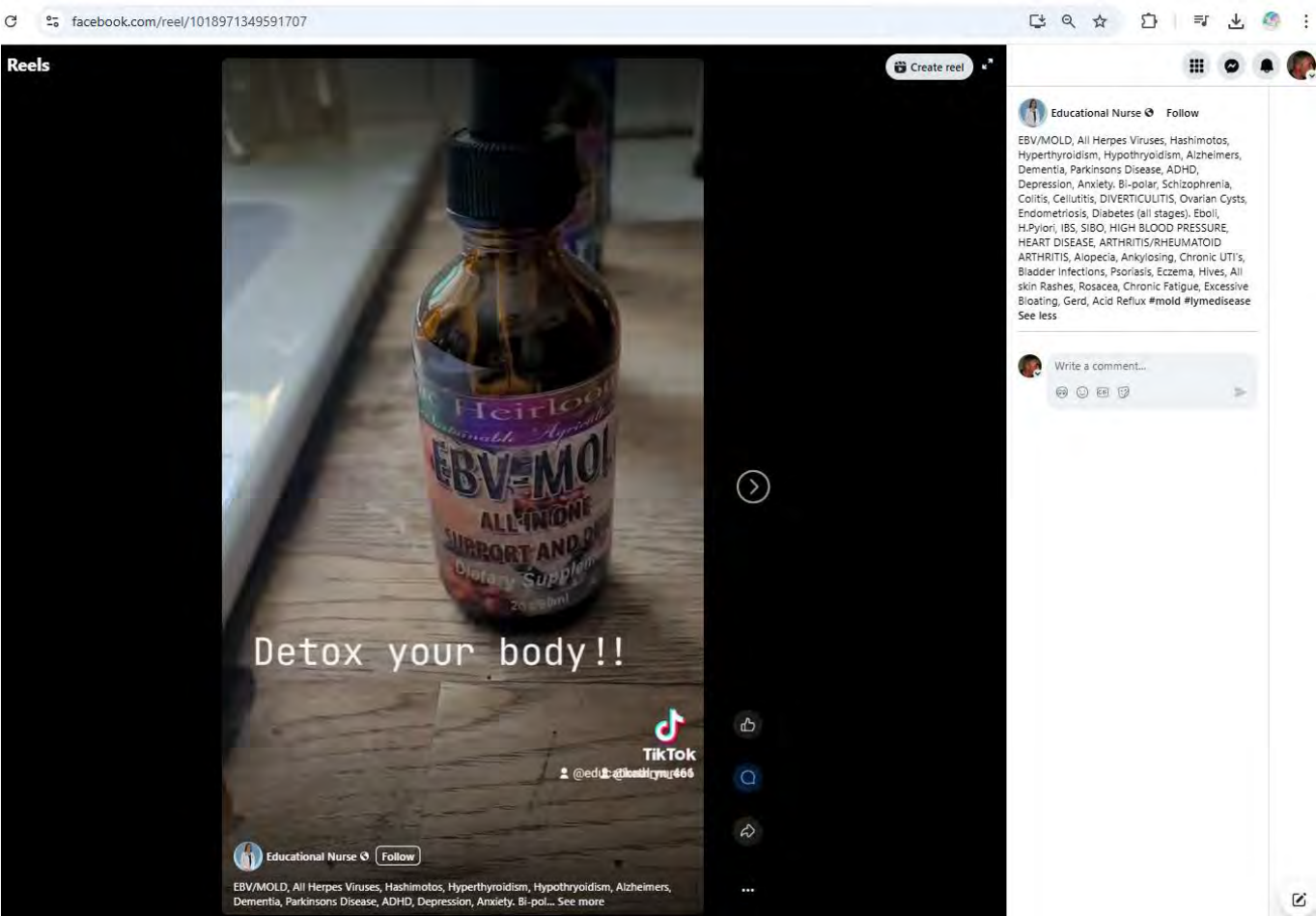
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/reel/1018971349591707>

After DOI

EBV/MOLD, All Herpes Viruses, Hashimotos, Hyperthyroidism, Hypothyroidism, Alzheimers, Dementia, Parkinsons Disease, ADHD, Depression, Anxiety. Bi-polar, Schizophrenia, Colitis, Cellutitis, DIVERTICULITIS, Ovarian Cysts, Endometriosis, Diabetes (all stages). Eboli, H.Pylori, IBS, SIBO, HIGH BLOOD PRESSURE, HEART DISEASE, ARTHRITIS/RHEUMATOID ARTHRITIS, Alopecia, Ankylosing, Chronic UTI's, Bladder Infections, Psoriasis, Eczema, Hives, All skin Rashes, Rosacea, Chronic Fatigue, Excessive Bloating, Gerd, Acid Reflux #mold #lymedisease



[Link to download video](#)

B Facebook

B [61552231682394](#)

C Posted: Jun 23, 2024

B System ID: [564076](#)

C Captured: Mar 28, 2025

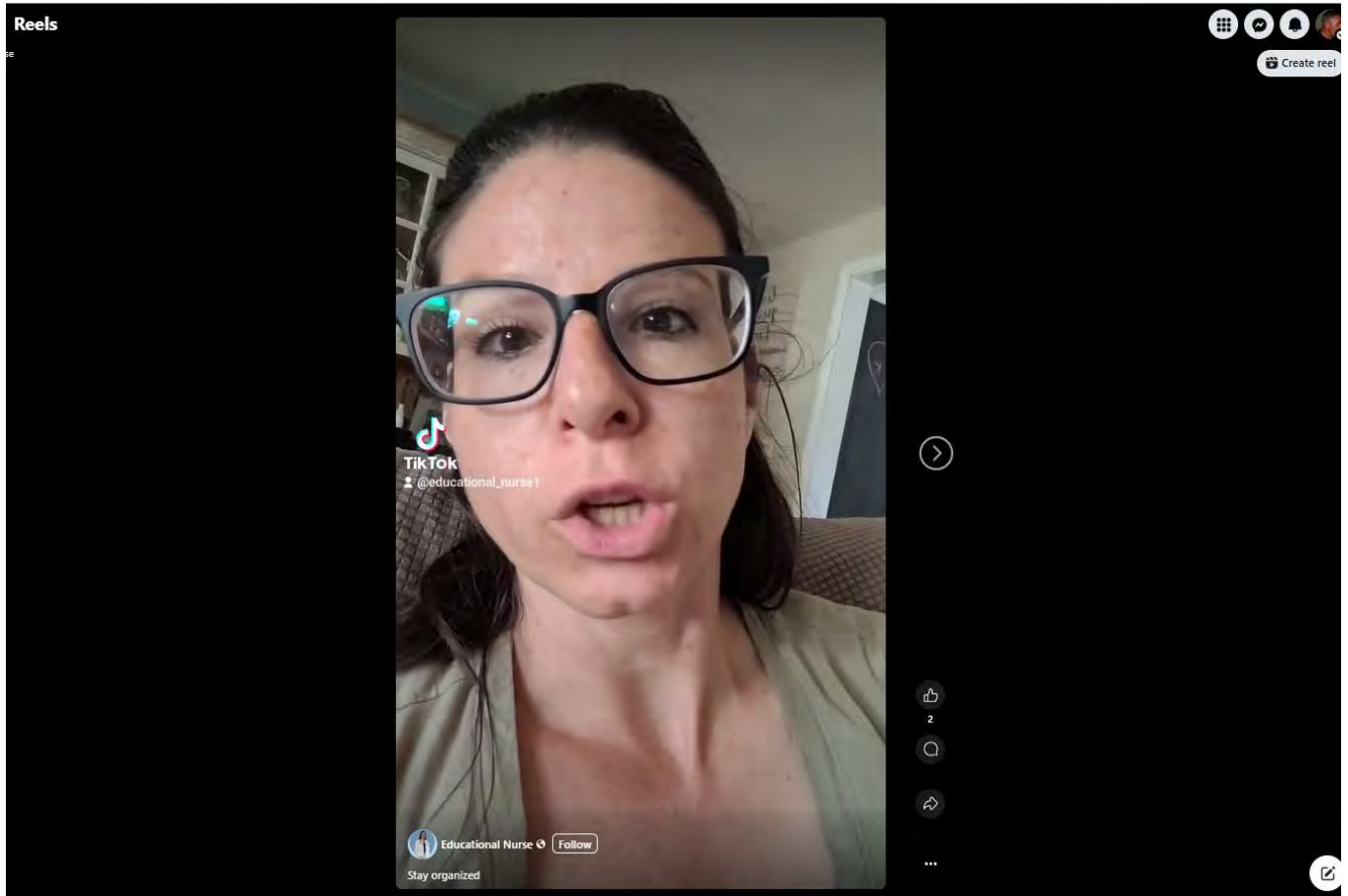
f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/reel/857380476453932>

After DOI

Stay organized

facebook.com/reel/857380476453932



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564639](#)

C Posted: Jun 25, 2024

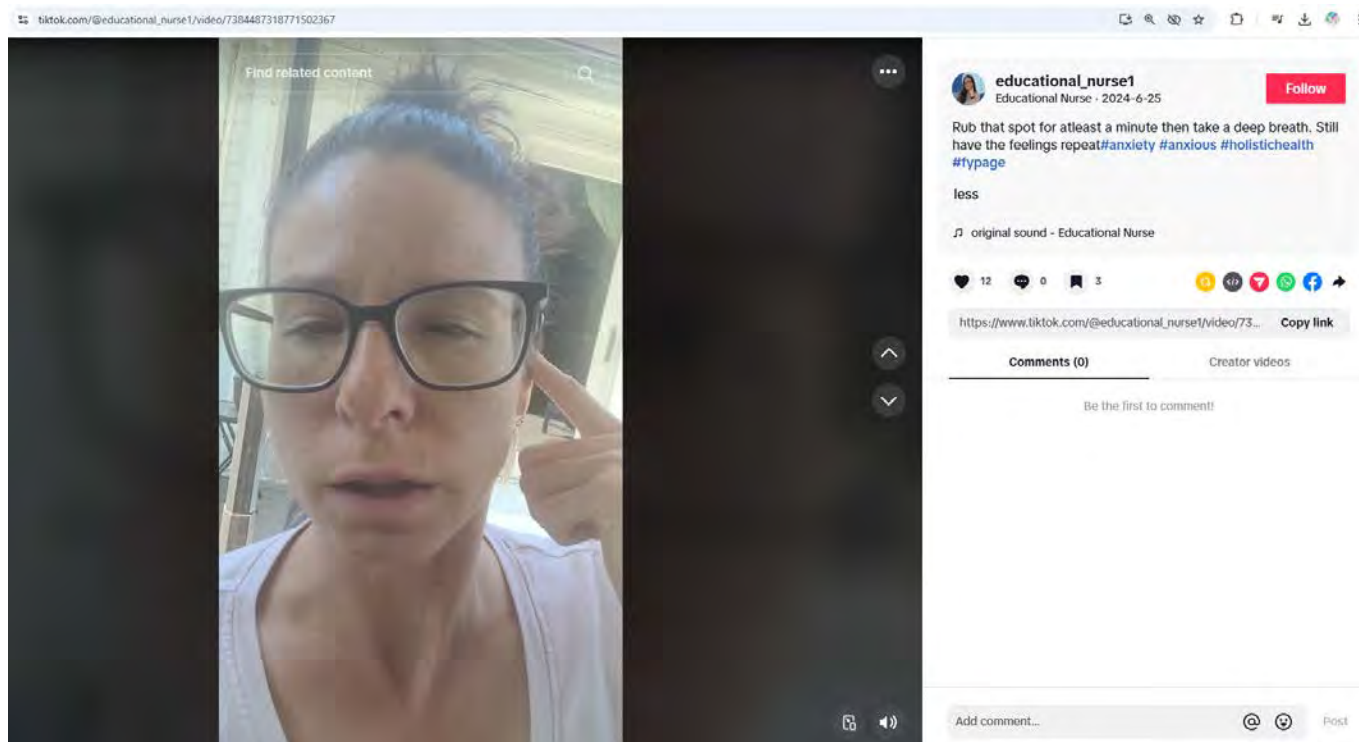
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7384487318771502367

After DOI

Rub that spot for atleast a minute then take a deep breath. Still have the feelings repeat#anxiety
#anxious #holistichealth #fypage



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [564081](#)

F [Kathryn M Watson MSN RN](#)

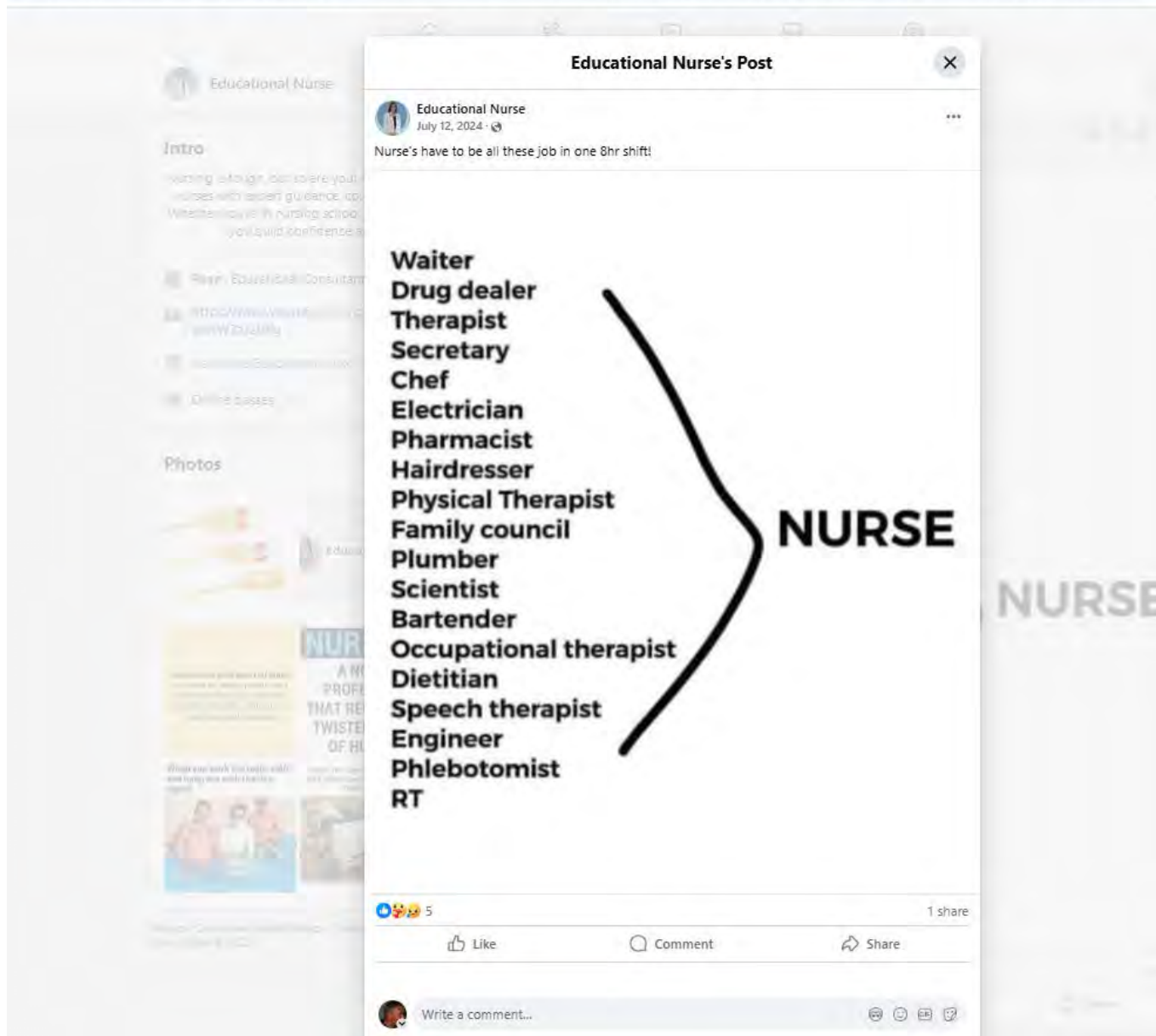
j https://www.facebook.com/permalink.php?story_fbid=pfbid02RFPw7skZGArXdYj6wYugk4o9VeV8k484GryCov4wNYLTwUANqVayWtFYxAmdxO2Jl&id=61552231682394

C Posted: Jul 12, 2024

C Captured: Mar 28, 2025

After DOI

Nurse's have to be all these job in one 8hr shift!



TikTok

[@educational_nurse1](#)

System ID: [564642](#)

C Posted: Jul 20, 2024

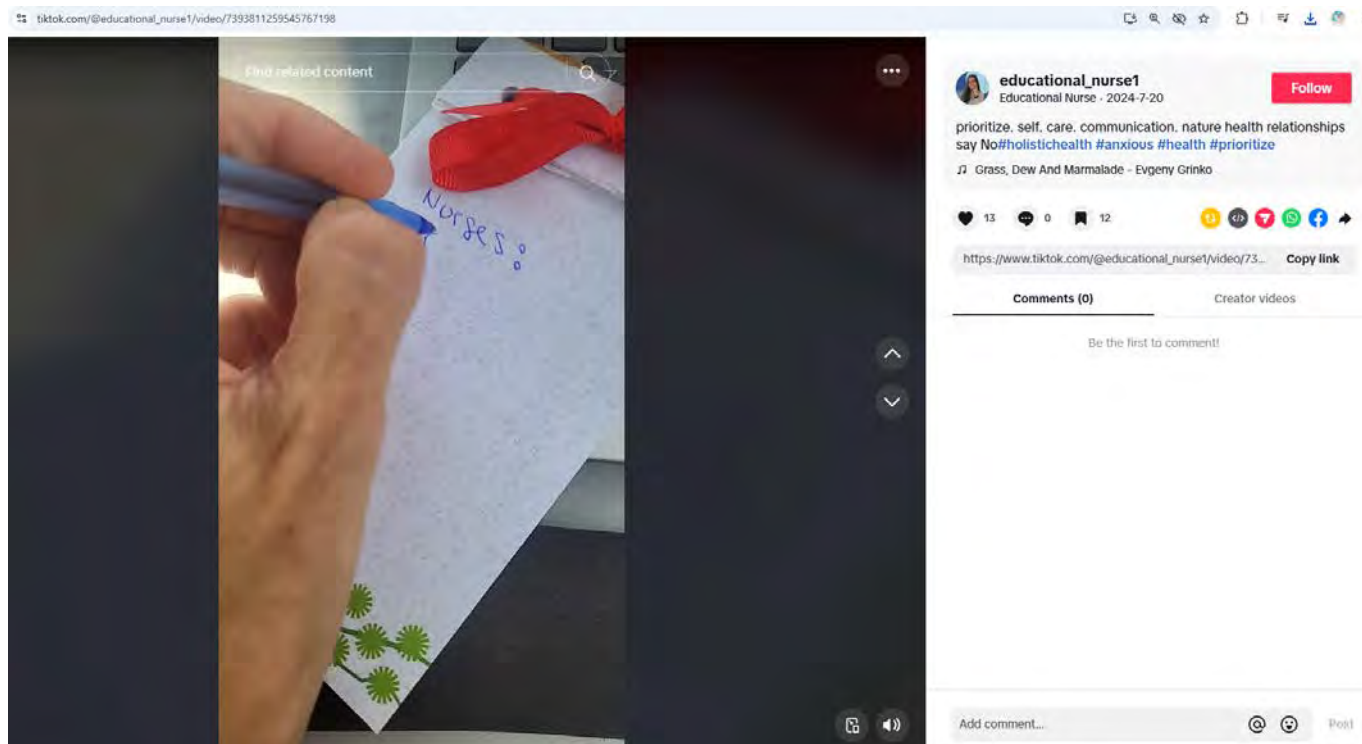
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7393811259545767198

After DOI

prioritize. self. care. communication. nature health relationships say No#holistichealth #anxious #health #prioritize



[Link to download video](#)

B Facebook

B 61552231682394

B System ID: 564085

f Kathryn M Watson MSN RN

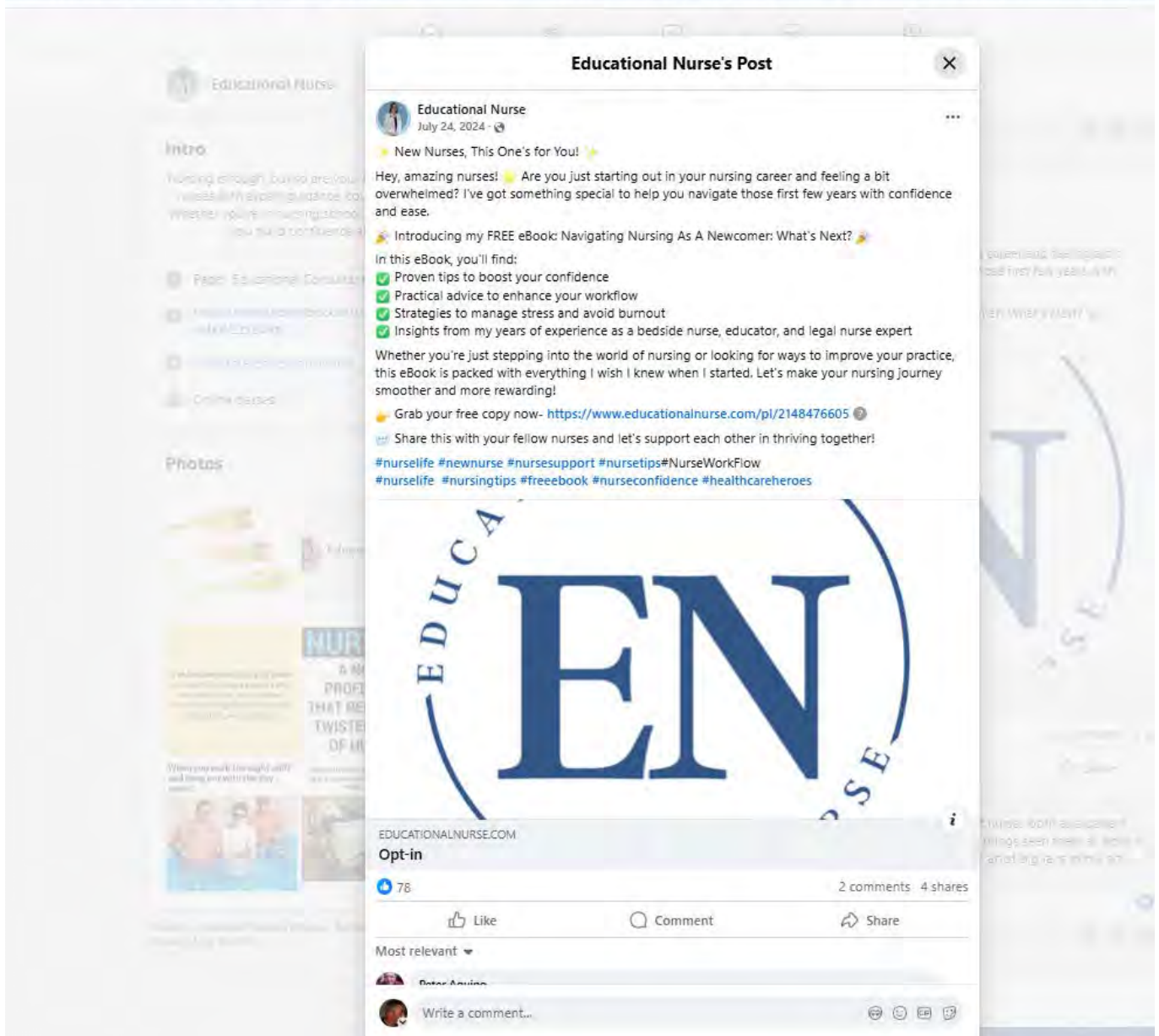
j https://www.facebook.com/permalink.php?story_fbid=pfbid02CZYDDXzDkCX1sNSjrPKbpYo1PB6BH9U5cgOURCyHbTg2ZcKZAG1R1e35HBbPw6Yxi&id=61552231682394

After DOI

☐ New Nurses, This One's for You! ☐ Hey, amazing nurses! ☐ Are you just starting out in your nursing career and feeling a bit overwhelmed? I've got something special to help you navigate those first few years with confidence and ease. ☐ Introducing my FREE eBook: Navigating Nursing As A Newcomer: What's Next? ☐ In this eBook, you'll find: ☐ Proven tips to boost your confidence ☐ Practical advice to enhance your workflow ☐ Strategies to manage stress and avoid burnout ☐ Insights from my years of experience as a bedside nurse, educator, and legal nurse expert Whether you're just stepping into the world of nursing or looking for ways to improve your practice, this eBook is packed with everything I wish I knew when I started. Let's make your nursing journey smoother and more rewarding! ☐ Grab your free copy now- <https://www.educationalnurse.com/pl/2148476605> ☐ Share this with your fellow nurses and let's support each other in thriving together! #nurselife #newnurse #nursesupport #nursetips#NurseWorkFlow #nurselife #nursingtips #freebook #nurseconfidence #healthcareheroes

C Posted: Jul 24, 2024

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 564089

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid08L329AF2CvLRgV1RQH4e3P4qh7dbwkQ7pm6ihRJVUn2PuoQe8arr3oaSShHjdGj2l&id=61552231682394

C Posted: Jul 24, 2024

C Captured: Mar 28, 2025

After DOI

☐ Attention New Nurses! ☐ Are you ready to navigate your nursing career with confidence and ease? Introducing the New Nurse Navigator—your ultimate guide to mastering the essentials and excelling in your first years as a nurse! ☐ ☐ Downloadable Resources in Each Section ☐ Access to a Private Community for All Your Questions What's Inside? ☐ Module 1: Introduction to Time Management Lesson 1: Benefits of Effective Time Management in Nursing Lesson 2: Identifying Common Time-Wasting Activities Lesson 3: Developing a Time Management Plan Lesson 4: Time Management Tools and Techniques Lesson 5: Overcoming Time Management Challenges ☐ Module 2: Delegation and Teamwork Lesson 1: Understanding Delegation Lesson 2: Delegation Techniques Lesson 3: Understanding Teamwork Lesson 4: Effective Collaboration Lesson 5: Putting It All Together ☐ Module 3: Managing Interruptions and Distractions Lesson 1: Understanding Interruptions and Distractions Lesson 2: Minimizing Interruptions Lesson 3: Reducing Distractions Lesson 4: Staying

Focused and Productive Lesson 5: Putting It All Together □ Module 4: Nursing Harmony: Workplace Stressors and Time Management Lesson 1: Understanding Workplace Stressors Lesson 2: Techniques for Managing Workplace Stressors Lesson 3: Time Management Strategies for Managing Stress Lesson 4: Creating a Healthy Work Environment Lesson 5: Dealing with Conflict with Coworkers Lesson 6: Strategies for Creating a Healthy Work Environment: Stress Management and Time Optimization □ Module 5: Nursing Harmony: Maintaining a Work-Life Balance Lesson 1: Understanding Work-Life Balance Lesson 2: Techniques for Managing Time Lesson 3: Creating Boundaries Lesson 4: Building Support Networks Lesson 5: Putting it All Together □ Module 6: License Defense Through Documentation Documentation for Critical Incidents and Emergencies Pediatric and Geriatric Documentation Considerations Behavioral Health Documentation Multidisciplinary Communication Through Documentation Electronic Health Record (EHR) and Its Impact Documentation Audit and Quality Improvement Avoiding Malpractice Claims □ Module 7: Synthesis and Integration: Bringing It All Together Comprehensive Reviews of Modules 1-5 Don't miss out on this invaluable resource! □ Start your journey with the New Nurse Navigator and join a supportive community of fellow new nurses. □ Click and take the first step towards a successful nursing career! □ <https://www.educationalnurse.com/offers/HAob5Gfj> #NewNurseNavigator #NursingSuccess #TimeManagement #Delegation #WorkLifeBalance #NursingCommunity

facebook.com/permalink.php?story_fbid=pfbid08L329AF2CvLRgV1RQH4e3P4qh7dbwkQ7pm6ihRJVVu2PuoQe8arr3oaSShHjdGj2l&id=61552231682394

Educational Nurse's Post

- Downloadable Resources in Each Section
- Access to a Private Community for All Your Questions

What's Inside?

- Module 1: Introduction to Time Management
 - Lesson 1: Benefits of Effective Time Management in Nursing
 - Lesson 2: Identifying Common Time-Wasting Activities
 - Lesson 3: Developing a Time Management Plan
 - Lesson 4: Time Management Tools and Techniques
 - Lesson 5: Overcoming Time Management Challenges
- Module 2: Delegation and Teamwork
 - Lesson 1: Understanding Delegation
 - Lesson 2: Delegation Techniques
 - Lesson 3: Understanding Teamwork
 - Lesson 4: Effective Collaboration
 - Lesson 5: Putting It All Together
- Module 3: Managing Interruptions and Distractions
 - Lesson 1: Understanding Interruptions and Distractions
 - Lesson 2: Minimizing Interruptions
 - Lesson 3: Reducing Distractions
 - Lesson 4: Staying Focused and Productive
 - Lesson 5: Putting It All Together
- Module 4: Nursing Harmony: Workplace Stressors and Time Management
 - Lesson 1: Understanding Workplace Stressors
 - Lesson 2: Techniques for Managing Workplace Stressors
 - Lesson 3: Time Management Strategies for Managing Stress
 - Lesson 4: Creating a Healthy Work Environment
 - Lesson 5: Dealing with Conflict with Coworkers
 - Lesson 6: Strategies for Creating a Healthy Work Environment: Stress Management and Time Optimization
- Module 5: Nursing Harmony: Maintaining a Work-Life Balance
 - Lesson 1: Understanding Work-Life Balance
 - Lesson 2: Techniques for Managing Time
 - Lesson 3: Creating Boundaries
 - Lesson 4: Building Support Networks
 - Lesson 5: Putting it All Together
- Module 6: License Defense Through Documentation
 - Documentation for Critical Incidents and Emergencies
 - Pediatric and Geriatric Documentation Considerations
 - Behavioral Health Documentation
 - Multidisciplinary Communication Through Documentation
 - Electronic Health Record (EHR) and Its Impact
 - Documentation Audit and Quality Improvement
 - Avoiding Malpractice Claims
- Module 7: Synthesis and Integration: Bringing It All Together
 - Comprehensive Reviews of Modules 1-5

Don't miss out on this invaluable resource! Start your journey with the New Nurse Navigator and

Write a comment...

Join a supportive community of fellow new nurses.

🔗 Click and take the first step towards a successful nursing career! 📌

<https://www.educationalnurse.com/offers/HAob5Gfj>

#NewNurseNavigator #NursingSuccess #TimeManagement #Delegation #WorkLifeBalance
#NursingCommunity



The image shows a Facebook post from the page 'Educational Nurse'. The post features a video thumbnail of a woman, Kathryn Watson, wearing colorful scrubs and a stethoscope. The text on the video says 'New Nurse Navigator', 'Beyond the NCLEX to Bedside Mastery', and 'With the legal nurse expert Kathryn Watson'. Below the video, the page name 'Educational Nurse' is visible, along with a 'Sign up' button. The post has 11 likes, 1 comment, and 1 share. At the bottom, there are buttons for 'Like', 'Comment', and 'Share'.

B Facebook

B 61552231682394

B System ID: 564096

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02nBGSRmGdvojokzAzX82vXVndCdtUzvm2NLrvebr6tsFkS72SfGn9pvrcXXTV74d6l&id=61552231682394

C

Posted: Jul 28, 2024

C

Captured: Mar 28, 2025

After DOI

My Journey with Untreated Lyme Disease and Mold Toxicity Note: The link to Medium is no longer valid.

<https://medium.com/p/my-journey-with-untreated-lyme-disease-and-mold-toxicity-6888bac7edde>

ERROR

410

This account is under investigation or was found in violation of the Medium Rules.

There are thousands of stories to read on Medium. Visit our homepage to find one that's right for you.

Take me to Medium

B Facebook

B 61552231682394

B System ID: 564101

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid022V9xPpm6Cioq6HYTFUPnrlhcvUds5ZjwpAoZ437kWS3oX4DrK4jSFkPRJ8RzyhEI&id=61552231682394

C

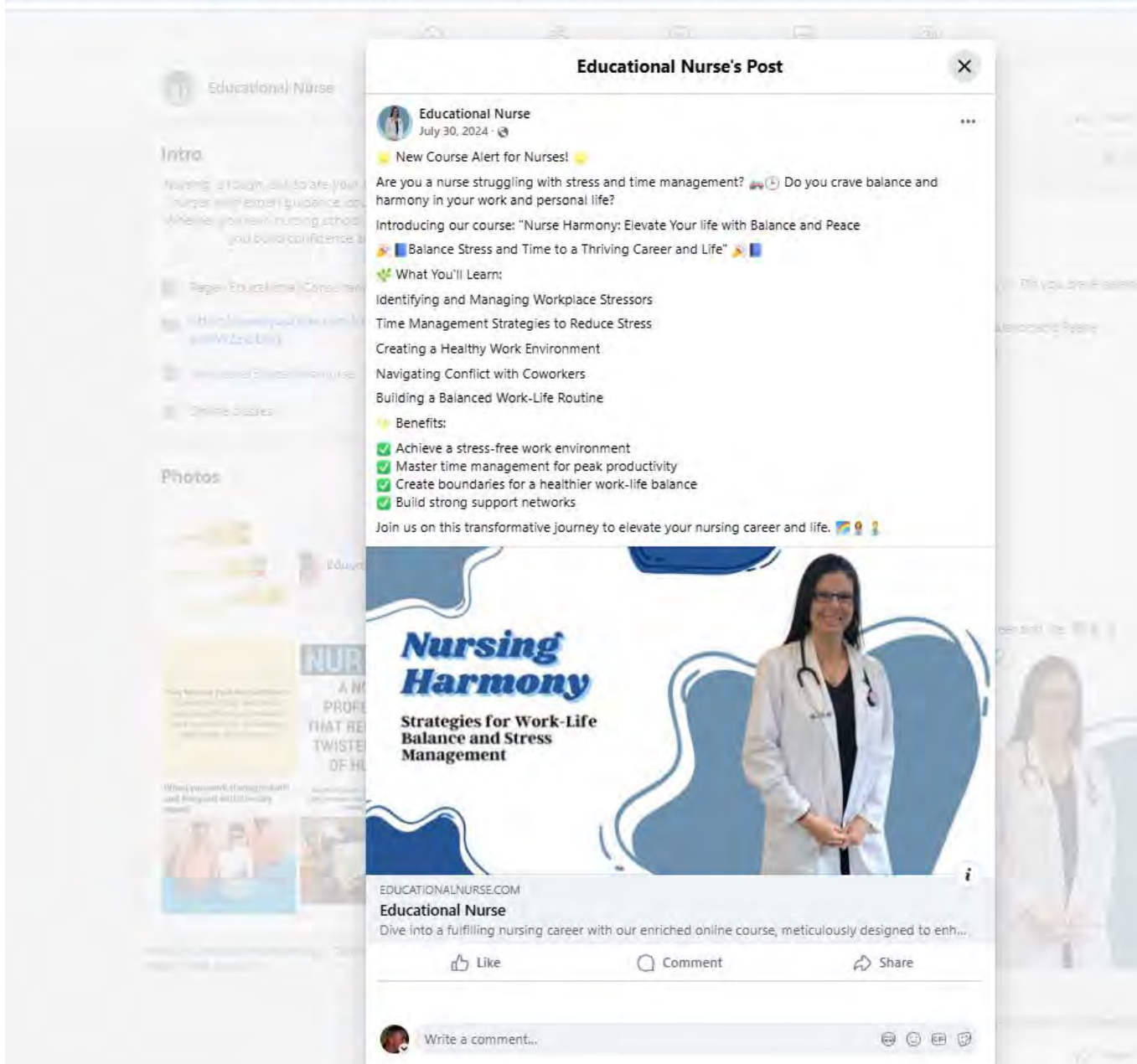
Posted: Jul 30, 2024

C

Captured: Mar 28, 2025

After DOI

📢 New Course Alert for Nurses! 📢 Are you a nurse struggling with stress and time management? 📢 Do you crave balance and harmony in your work and personal life? Introducing our course: "Nurse Harmony: Elevate Your life with Balance and Peace 📢 Balance Stress and Time to a Thriving Career and Life" 📢 📢 What You'll Learn: Identifying and Managing Workplace Stressors Time Management Strategies to Reduce Stress Creating a Healthy Work Environment Navigating Conflict with Coworkers Building a Balanced Work-Life Routine 📢 Benefits: 📢 Achieve a stress-free work environment 📢 Master time management for peak productivity 📢 Create boundaries for a healthier work-life balance 📢 Build strong support networks Join us on this transformative journey to elevate your nursing career and life. 📢📢📢📢



B Facebook

B 61552231682394

B System ID: 564105

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02E1xY8CQ1NkLi1L771amNpyGr9LYNTFinejXDet817swYR7AmHSfLBWuZrAXGALil&id=61552231682394

C

Posted: Jul 30, 2024

C

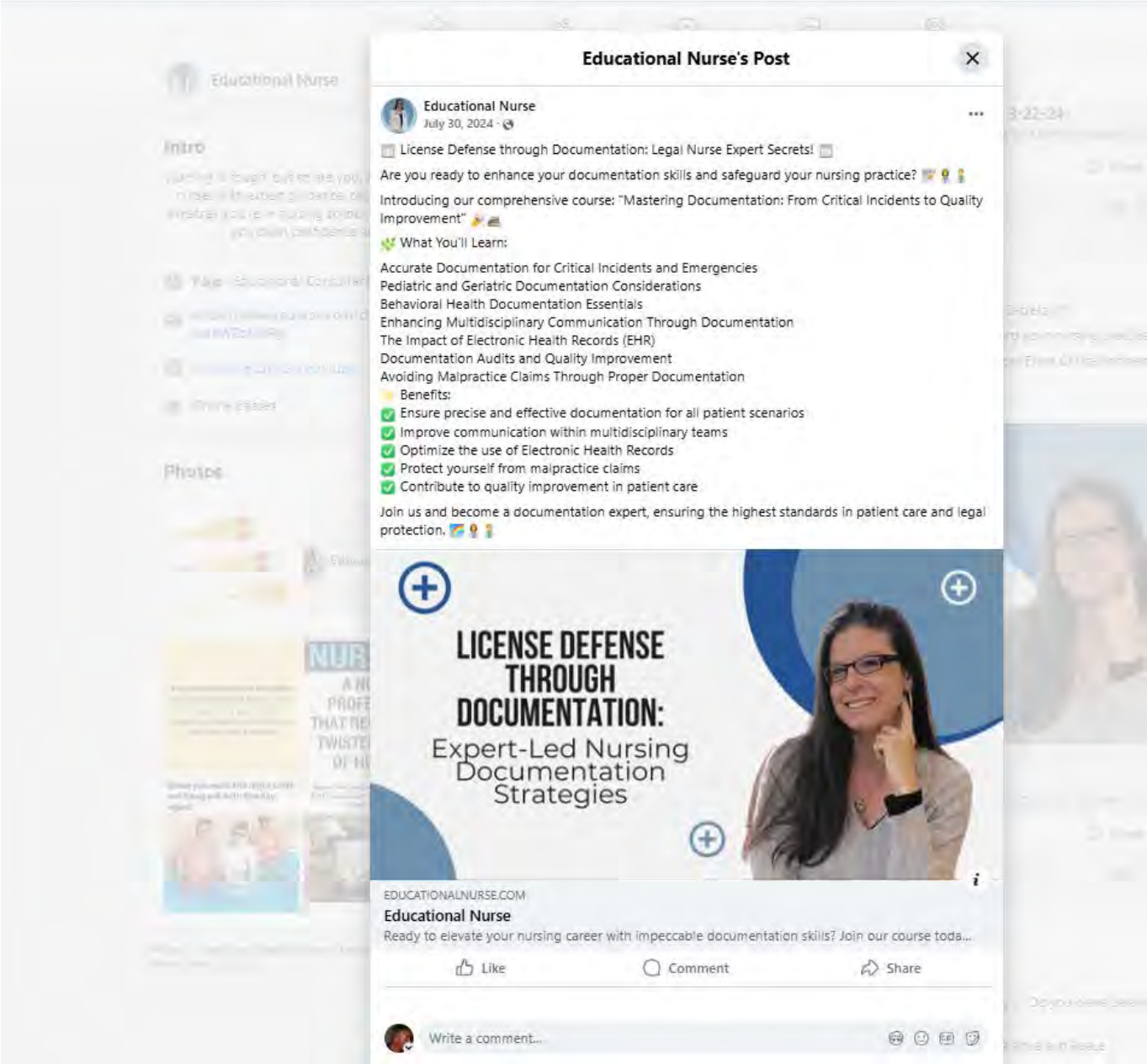
Captured: Mar 28, 2025

After DOI

□ License Defense through Documentation: Legal Nurse Expert Secrets! □ Are you ready to enhance your documentation skills and safeguard your nursing practice? □□□□□ Introducing our comprehensive course: "Mastering Documentation: From Critical Incidents to Quality Improvement" □□ □ What You'll Learn: Accurate Documentation for Critical Incidents and Emergencies Pediatric and Geriatric Documentation Considerations Behavioral Health Documentation Essentials Enhancing Multidisciplinary Communication Through Documentation The Impact of Electronic Health Records (EHR) Documentation Audits and Quality Improvement Avoiding Malpractice Claims Through Proper Documentation □ Benefits: □ Ensure precise and effective documentation for all patient scenarios □ Improve communication within multidisciplinary teams □ Optimize the use of Electronic Health Records □ Protect yourself from malpractice claims □ Contribute to quality improvement in patient

care Join us and become a documentation expert, ensuring the highest standards in patient care and legal protection. □□□□

facebook.com/permalink.php?story_fbid=pfbid02E1xY8CQ1NkLi1L771amNpvGr9LYNTFinejXDet817swYR7AmHSfLBWuZrAXGALil&id=61552231682394



B Facebook

B 61552231682394

B System ID: 564109

f Kathryn M Watson MSN RN

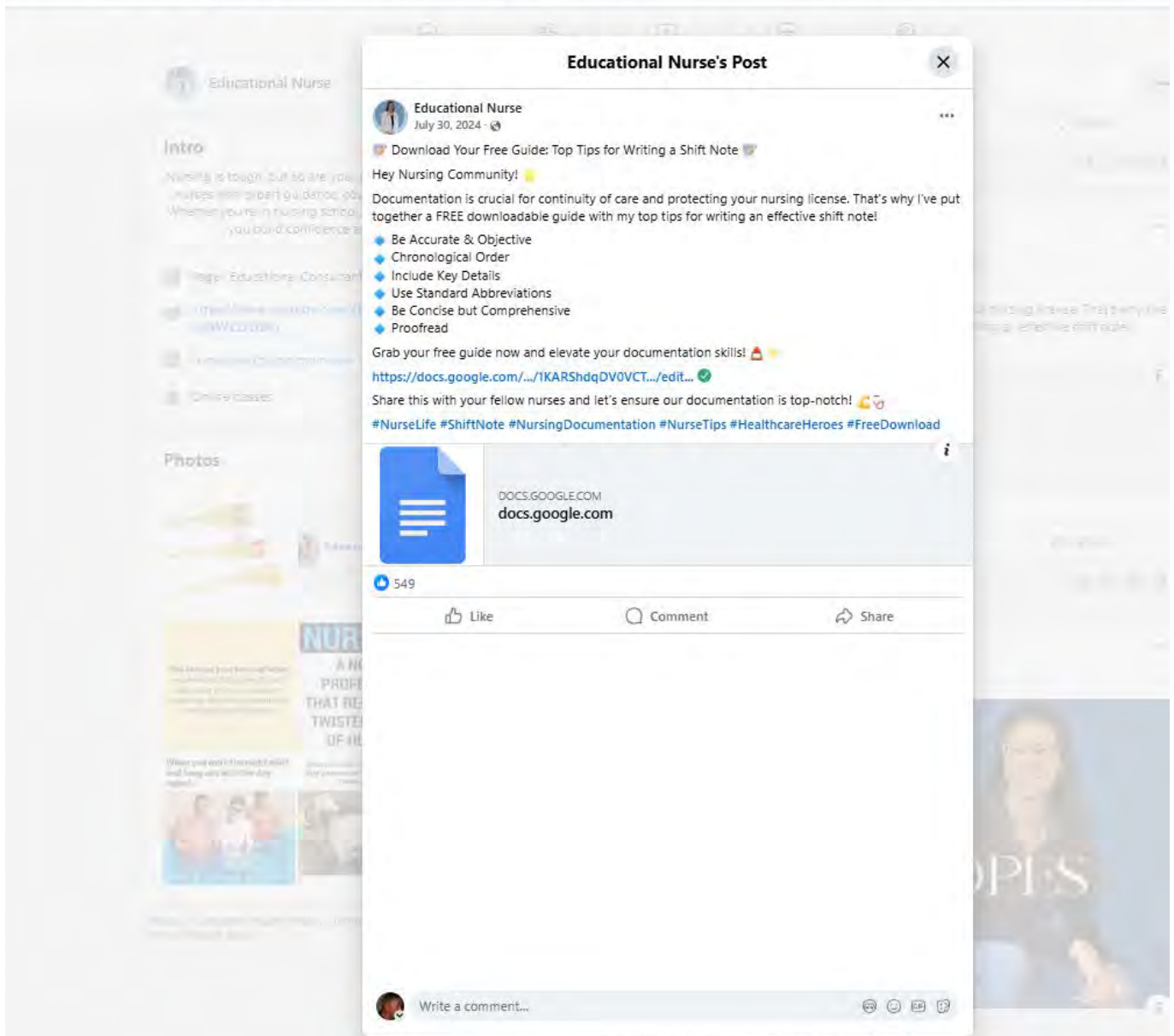
j https://www.facebook.com/permalink.php?story_fbid=pfbid02LdwY4n3bXHEen7qLQw7pxRiyTLFsFM2SMz1rywckNUSZpiRHeyk1UUXVapTEDmWKI&id=61552231682394

C Posted: Jul 30, 2024

C Captured: Mar 28, 2025

After DOI

□ Download Your Free Guide: Top Tips for Writing a Shift Note □ Hey Nursing Community! □ Documentation is crucial for continuity of care and protecting your nursing license. That's why I've put together a FREE downloadable guide with my top tips for writing an effective shift note! □ Be Accurate & Objective □ Chronological Order □ Include Key Details □ Use Standard Abbreviations □ Be Concise but Comprehensive □ Proofread Grab your free guide now and elevate your documentation skills! □□ <https://docs.google.com/.../1KARShdqDV0VCT.../edit...> Share this with your fellow nurses and let's ensure our documentation is top-notch! □□ #NurseLife #ShiftNote #NursingDocumentation #NurseTips #HealthcareHeroes #FreeDownload



B Facebook

B 61552231682394

B System ID: 564112

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02MsajkVWehMRQratNuxkmPhMG9s7TrMBjkMVYmavPYtnX5N6pje88ziND5G4RMOKHI&id=61552231682394

C Posted: Jul 30, 2024

C Captured: Mar 28, 2025

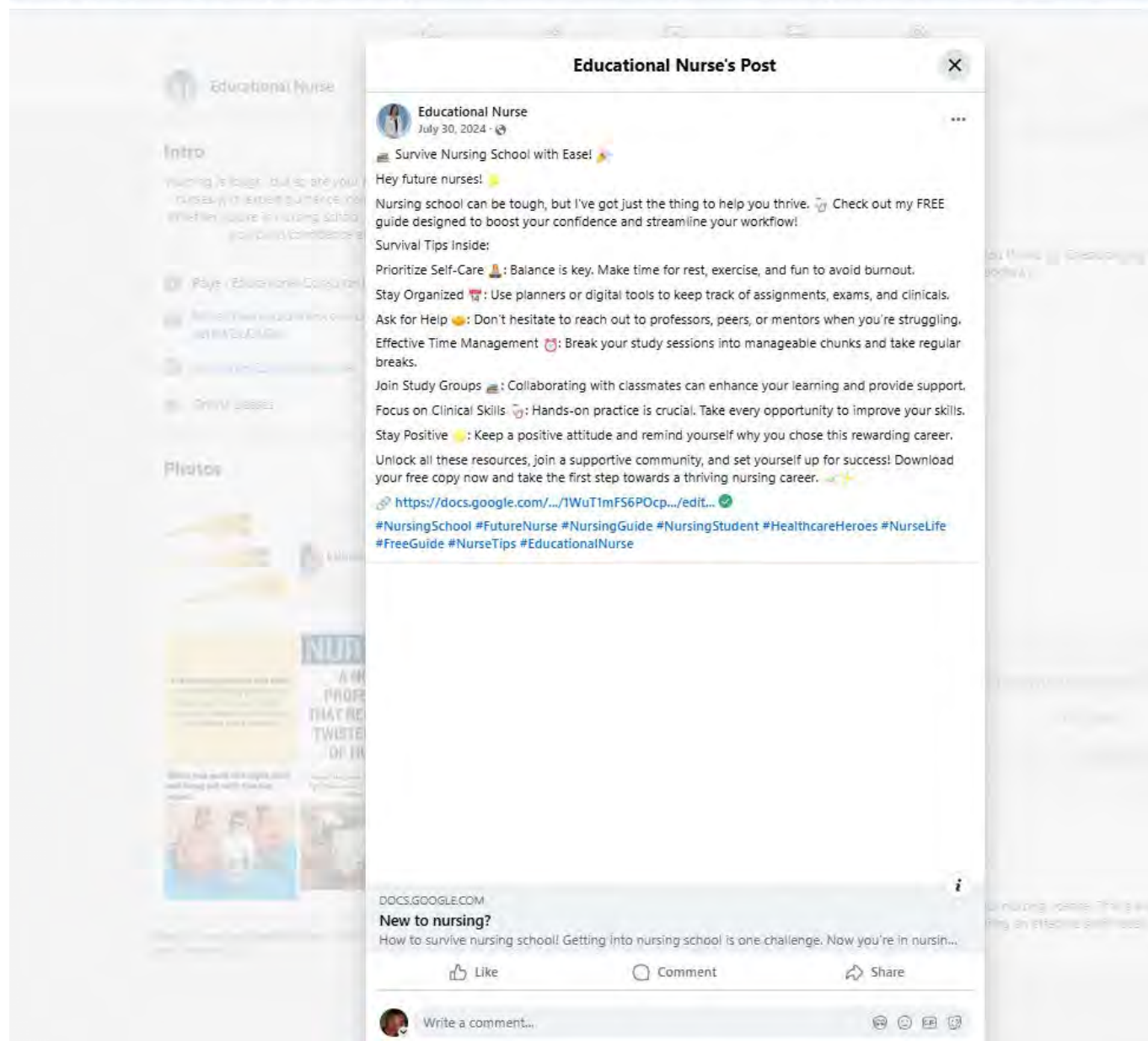
After DOI

☐ Survive Nursing School with Ease! ☐ Hey future nurses! ☐ Nursing school can be tough, but I've got just the thing to help you thrive. ☐ Check out my FREE guide designed to boost your confidence and streamline your workflow! Survival Tips Inside: Prioritize Self-Care ☐♀: Balance is key. Make time for rest, exercise, and fun to avoid burnout. Stay Organized ☐: Use planners or digital tools to keep track of assignments, exams, and clinicals. Ask for Help ☐: Don't hesitate to reach out to professors, peers, or mentors when you're struggling. Effective Time Management ☐: Break your study sessions into manageable chunks and take regular breaks. Join Study Groups ☐: Collaborating with classmates can enhance your learning and provide support. Focus on Clinical Skills ☐: Hands-on practice is crucial. Take every opportunity to improve your skills. Stay Positive ☐: Keep a positive attitude and remind yourself why you chose this rewarding career. Unlock all these resources, join a supportive community, and set yourself up for success! Download your free copy now and take the

first step towards a thriving nursing career. ☐☐ ☐

<https://docs.google.com/.../1WuT1mFS6POcp.../edit...> #NursingSchool #FutureNurse
#NursingGuide #NursingStudent #HealthcareHeroes #NurseLife #FreeGuide #NurseTips
#EducationalNurse

facebook.com/permalink.php?story_fbid=pfbid02MsajkVWehMRQratNuxkmPhMG9s7TrMBjkMVYmavPYtnX5N6pje88ziND5G4RMQkHI&id=61552231682394



TikTok

[@educational_nurse1](#)

System ID: [564644](#)

C Posted: Aug 12, 2024

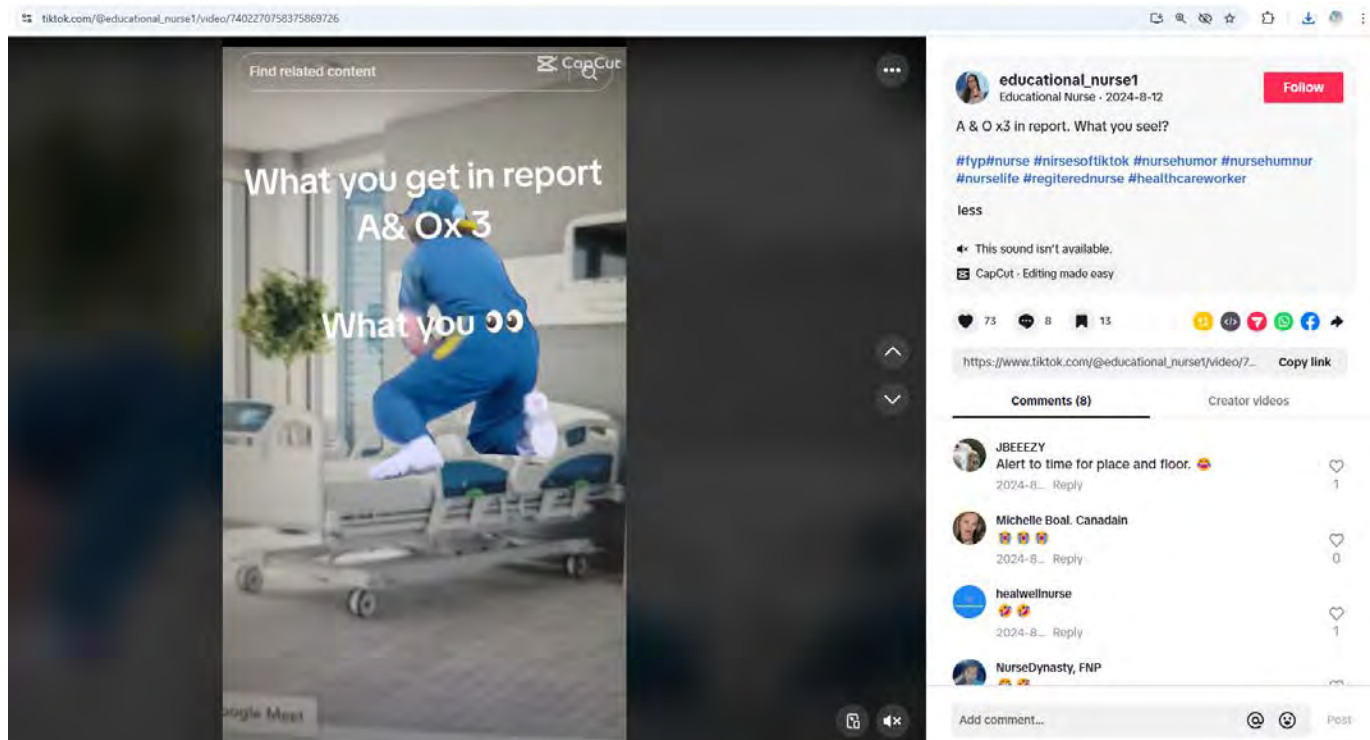
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7402270758375869726

After DOI

A & O x3 in report. What you see!? #fyp#nurse #nursesoftiktok #nursehumor #nursehumnur
#nurselife #regiterednurse #healthcareworker



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564645](#)

C Posted: Aug 14, 2024

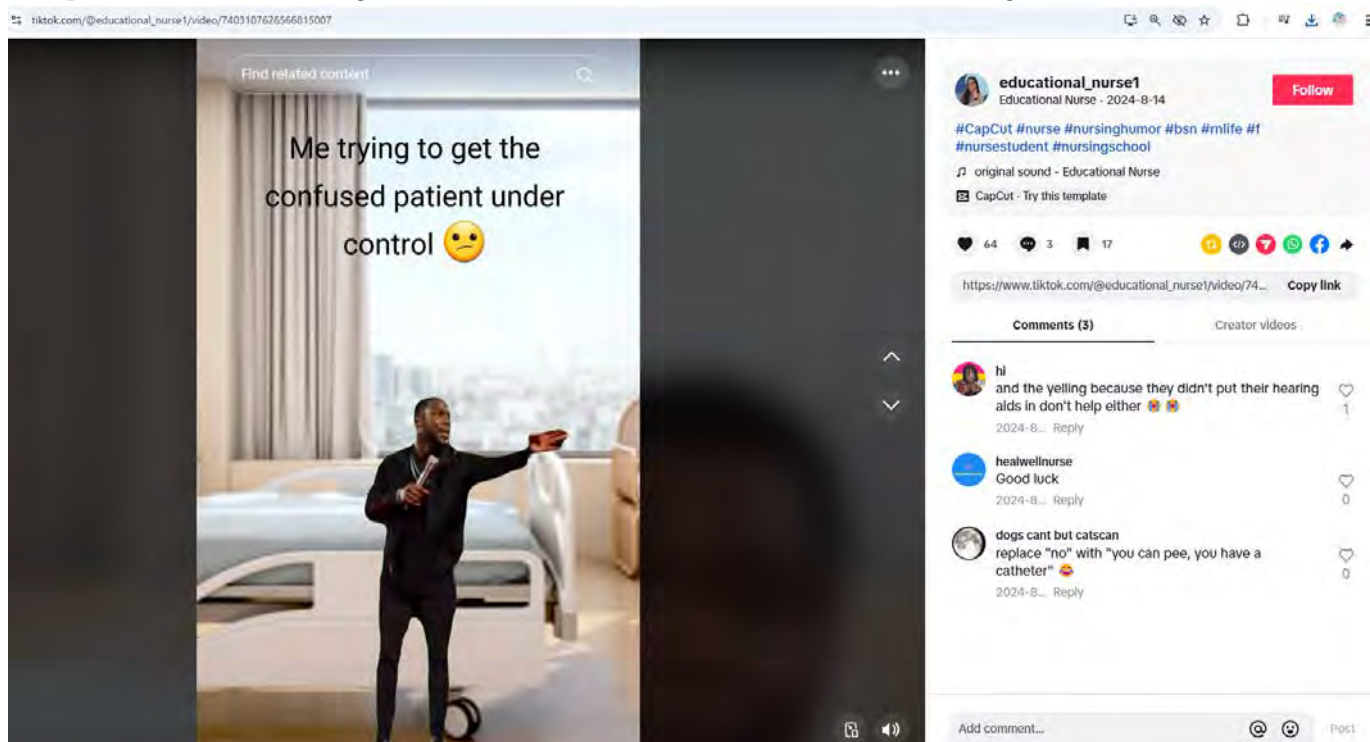
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7403107626566815007

After DOI

#CapCut #nurse #nursinghumor #bsn #rnlife #f #nursestudent #nursingschool



[Link to download video](#)

TikTok

[@educational_nurse1](#)

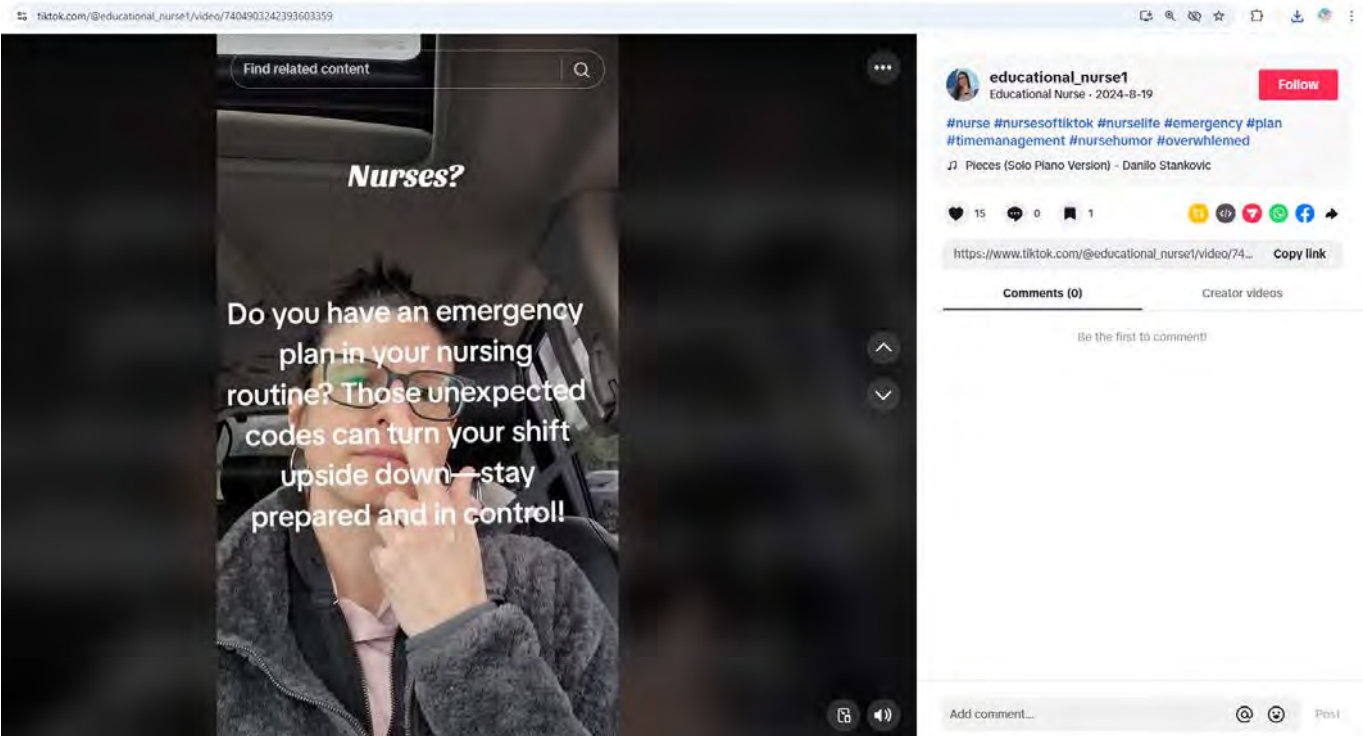
System ID: [564648](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7404903242393603359

After DOI

#nurse #nursesoftiktok #nurselife #emergency #plan #timemanagement #nursehumor #overwhelmed



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564650](#)

f [Kathryn M Watson MSN RN](#)

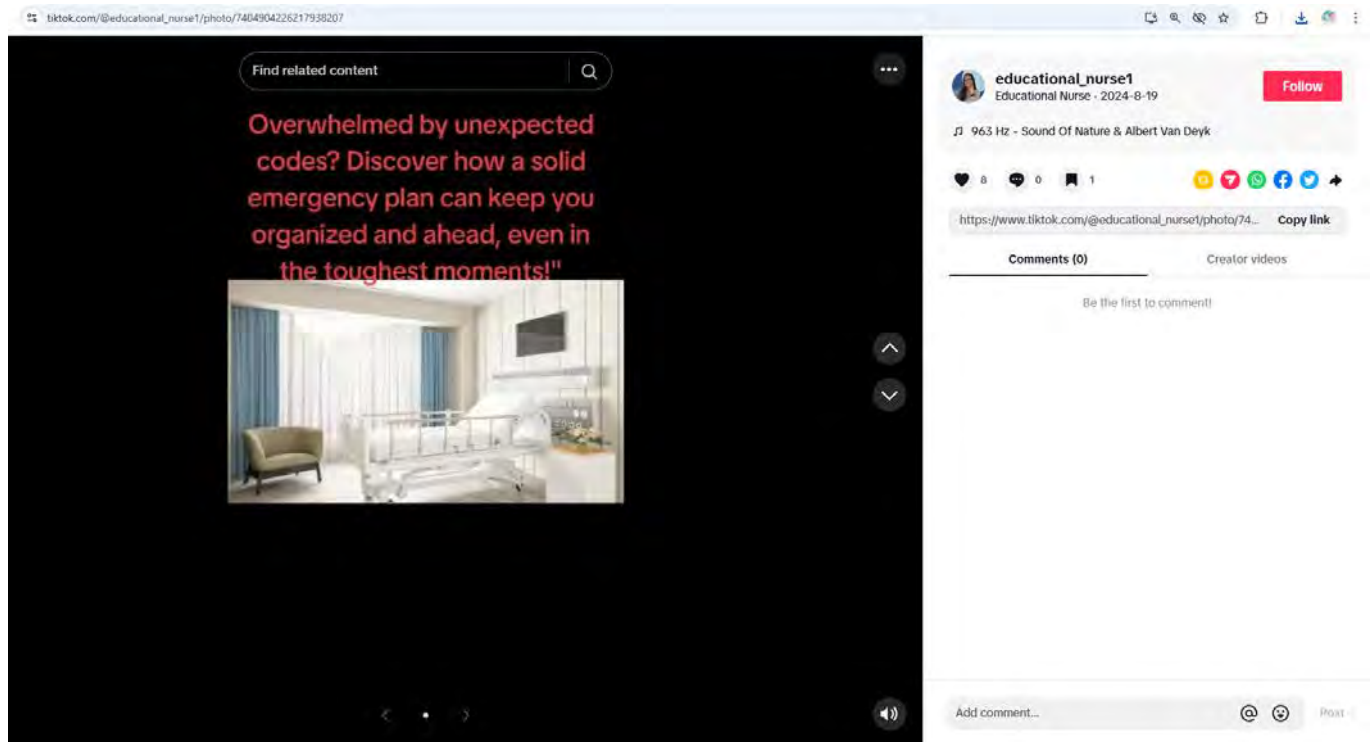
j https://www.tiktok.com/@educational_nurse1/photo/7404904226217938207

After DOI

Post from Subject.

C Posted: Aug 19, 2024

C Captured: Mar 28, 2025



TikTok

[@educational_nurse1](#)

System ID: [564657](#)

C Posted: Aug 20, 2024

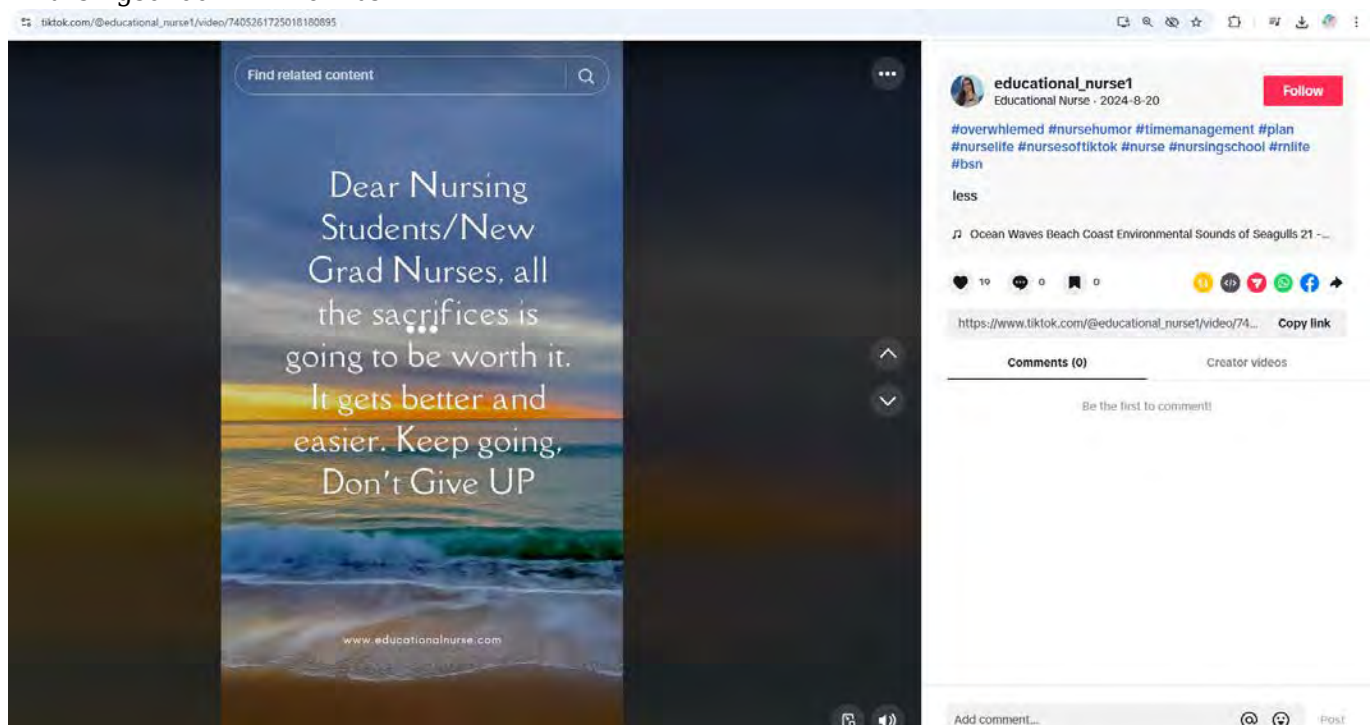
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7405261725018180895

After DOI

#overwhelmed #nursehumor #timemanagement #plan #nurselife #nursesoftiktok #nurse #nursingschool #rnlife #bsn



[Link to download video](#)

TikTok

[@educational_nurse1](#)

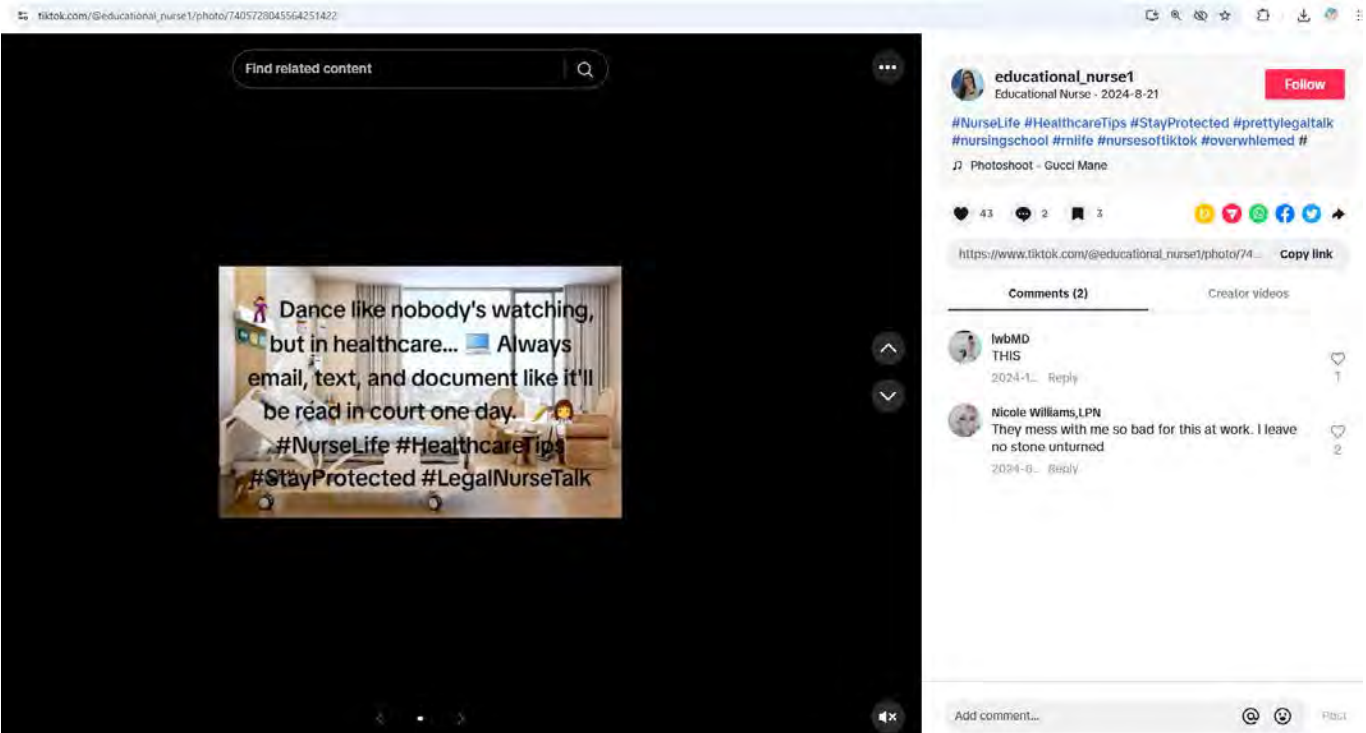
System ID: [564436](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/photo/7405728045564251422

After DOI

#NurseLife #HealthcareTips #StayProtected #prettylegaltalk #nursingschool #rnlife
#nursesoftiktok #overwhlemed #



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564659](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7410862945250397470

After DOI

#fyp #overwhlemed #rewireyourbrain #nurse #nursesoftiktok #48

System ID: [564659](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7410862945250397470

After DOI

#NurseLife #HealthcareTips #StayProtected #prettylegaltalk #nursingschool #rnlife
#nursesoftiktok #overwhlemed #

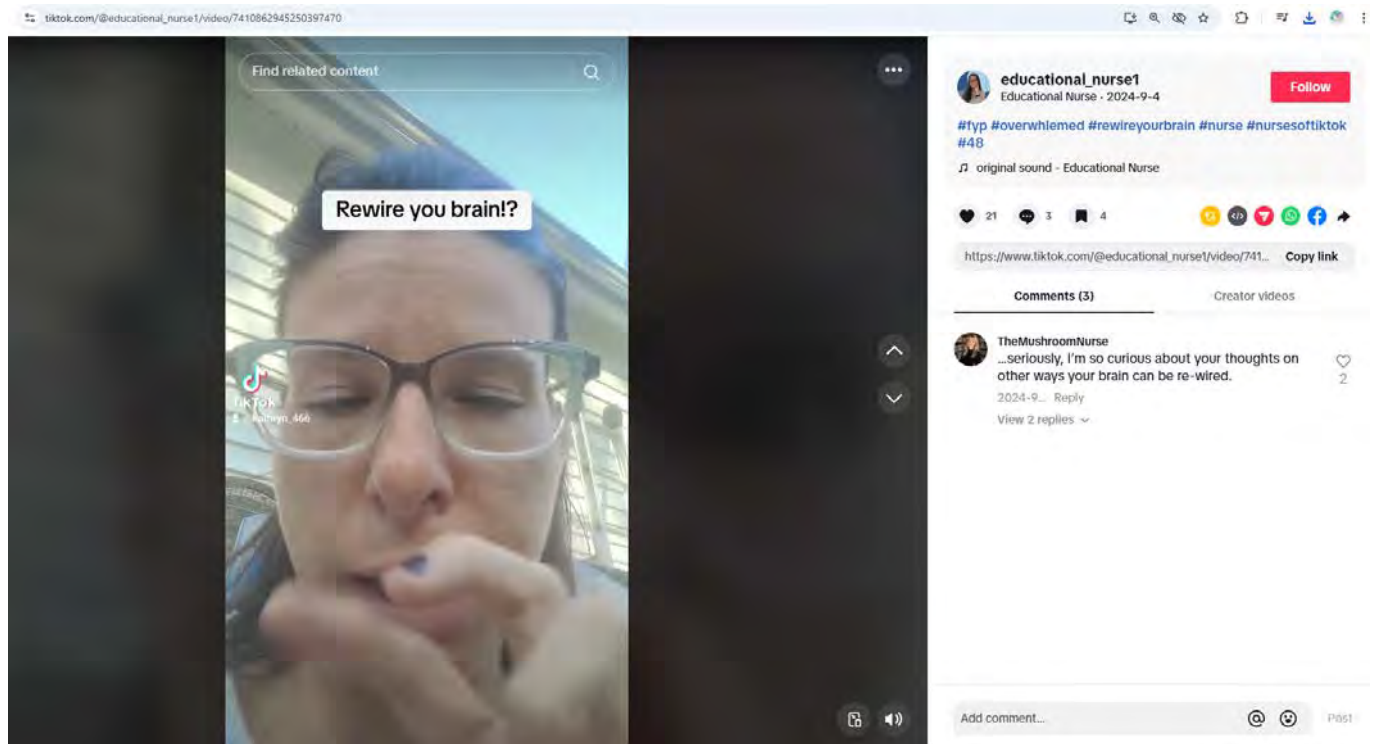
System ID: [564659](#)

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7410862945250397470

After DOI

#NurseLife #HealthcareTips #StayProtected #prettylegaltalk #nursingschool #rnlife
#nursesoftiktok #overwhlemed #



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564670](#)

C Posted: Sep 18, 2024

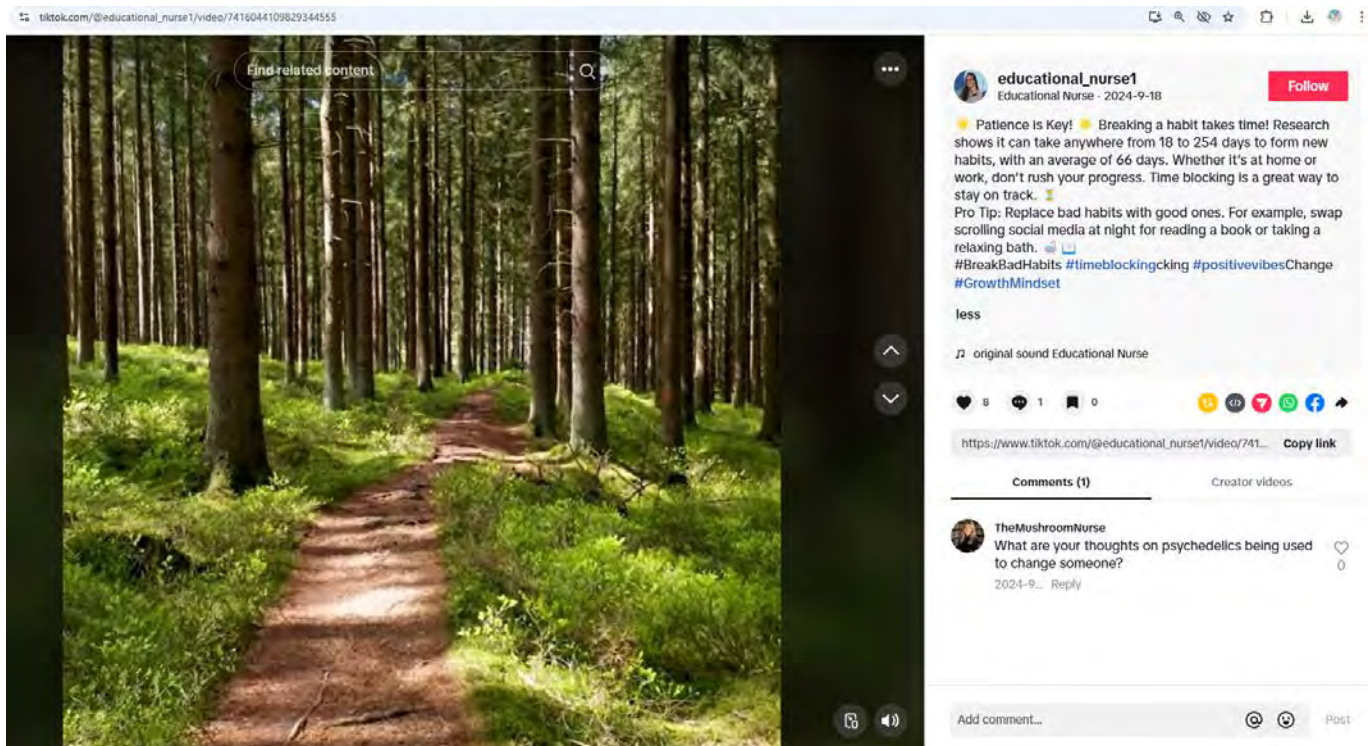
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7416044109829344555

After DOI

□ Patience is Key! □ Breaking a habit takes time! Research shows it can take anywhere from 18 to 254 days to form new habits, with an average of 66 days. Whether it's at home or work, don't rush your progress. Time blocking is a great way to stay on track. □ Pro Tip: Replace bad habits with good ones. For example, swap scrolling social media at night for reading a book or taking a relaxing bath. □□ #BreakBadHabits #timeblockingcking #positivevibesChange #GrowthMindset



[Link to download video](#)

B Facebook

B [bmcmliller](#)

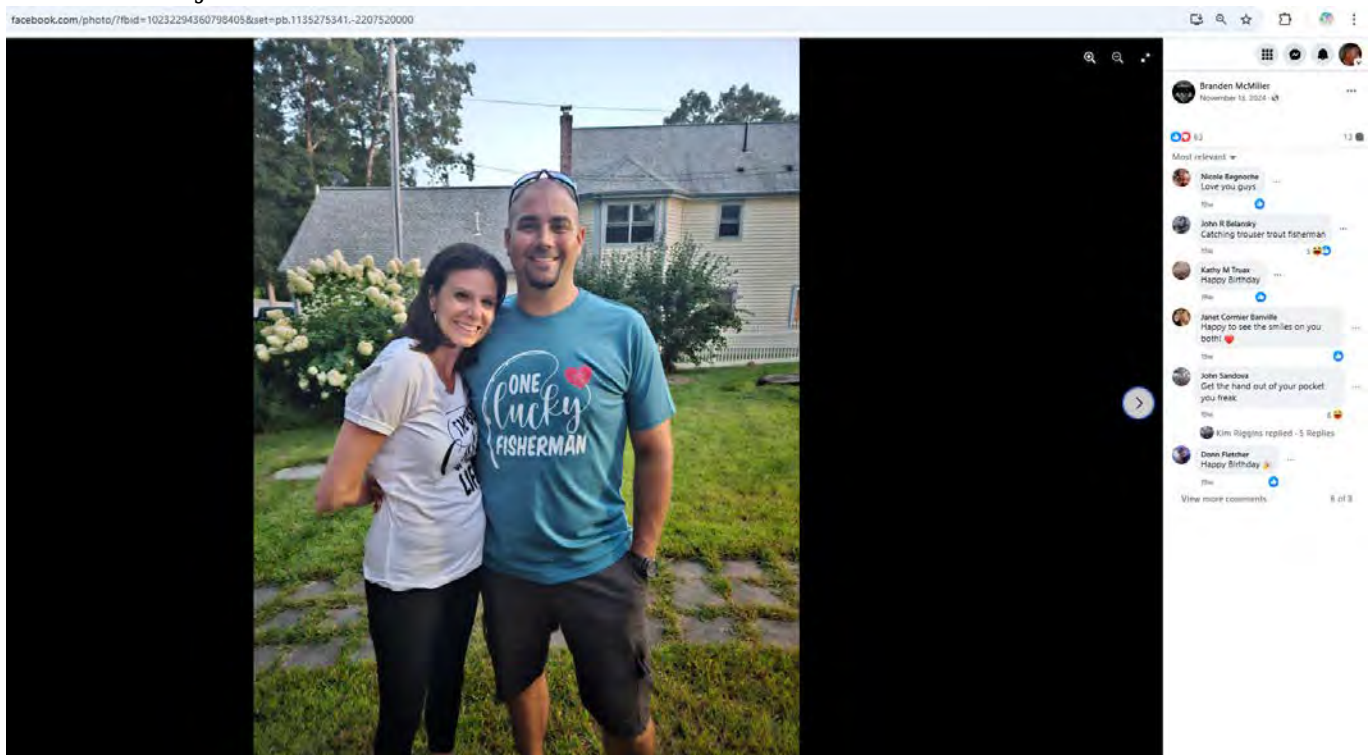
B System ID: [563567](#)

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo/?fbid=10232294360798405&set=pb.1135275341.-2207520000>

After DOI

Picture of Subject and her husband.



TikTok

[@educational_nurse1](#)

System ID: [564672](#)

C Posted: Dec 30, 2024

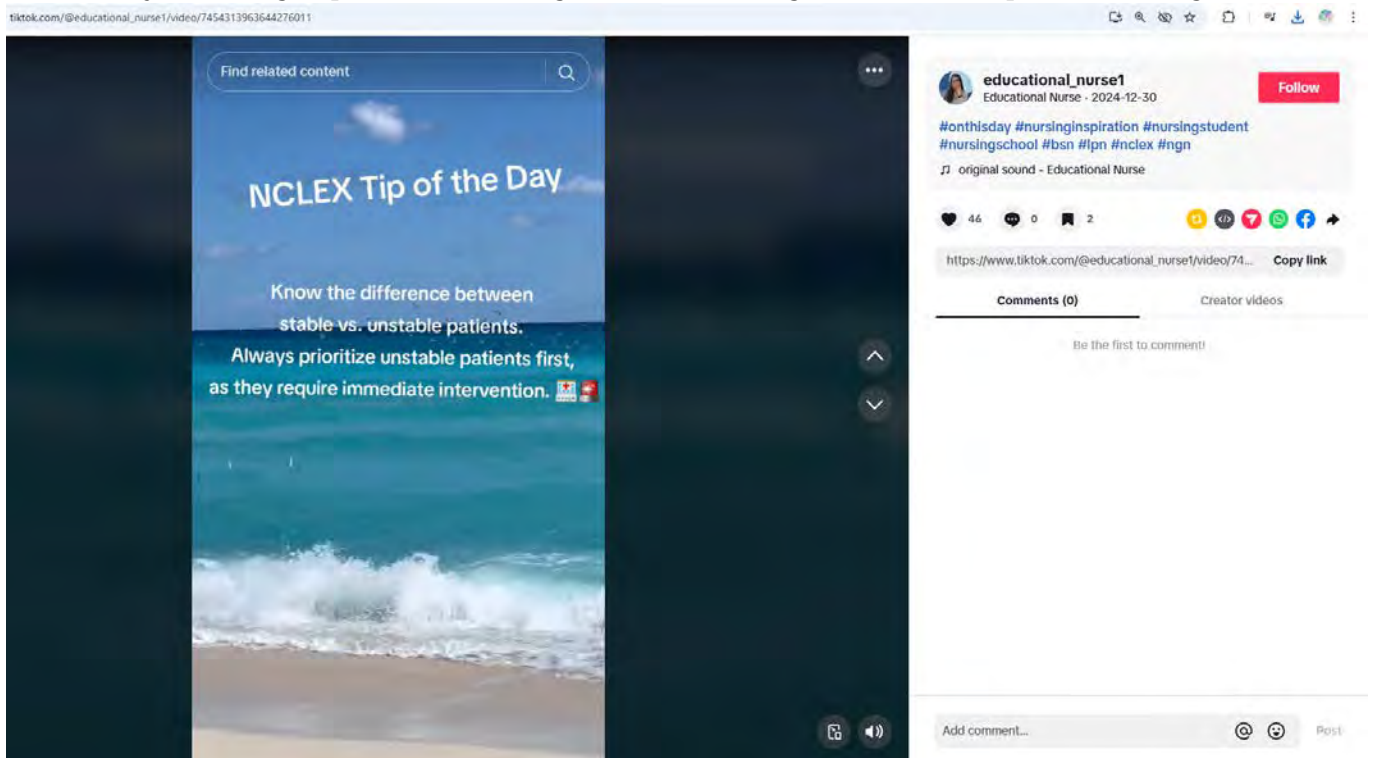
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7454313963644276011

After DOI

#onthisday #nursinginspiration #nursingstudent #nursingschool #bsn #lpn #nclex #ngn



[Link to download video](#)

B Facebook

B [katie.watson.33821](#)

B System ID: [563542](#)

f [Kathryn M Watson MSN RN](#)

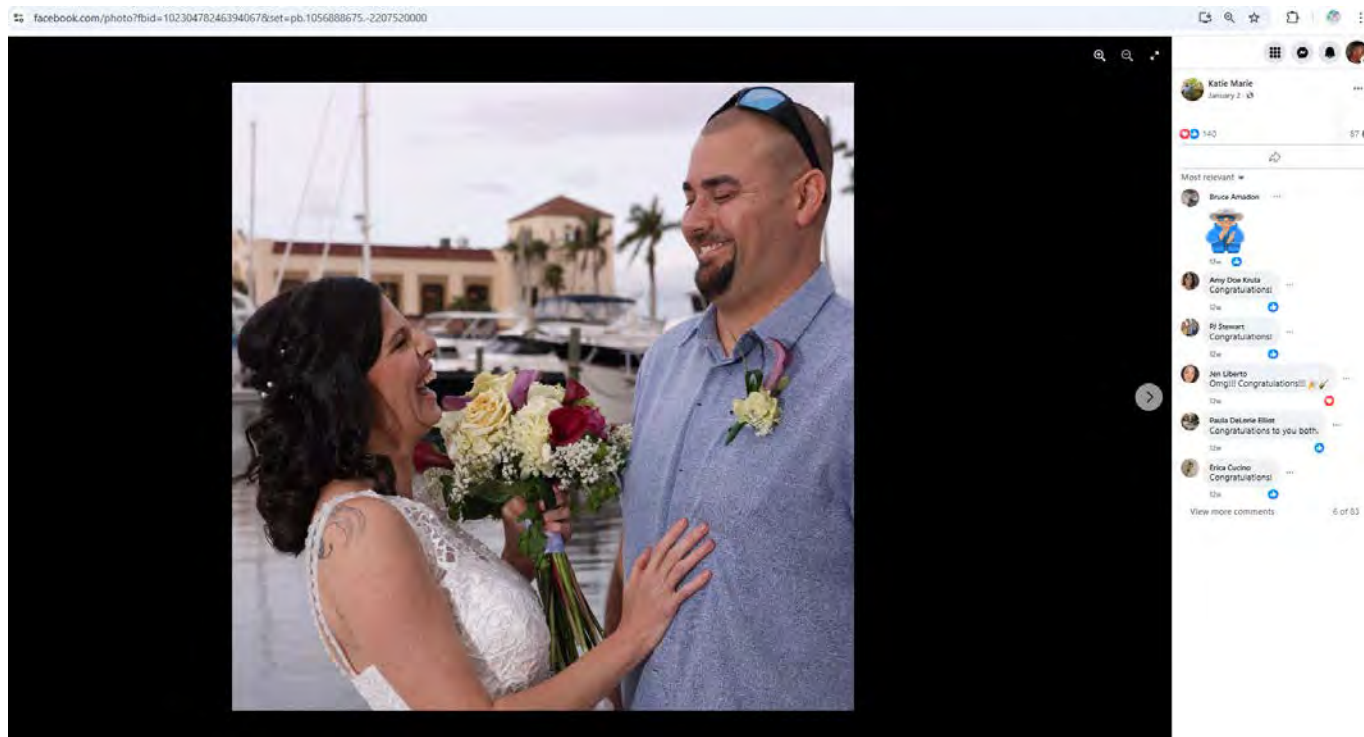
j <https://www.facebook.com/photo?fbid=10230478246394067&set=pb.1056888675.-2207520000>

After DOI

Picture of Subject with her husband.

C Posted: Jan 02, 2025

C Captured: Mar 27, 2025



B Facebook

B [katie.watson.33821](#)

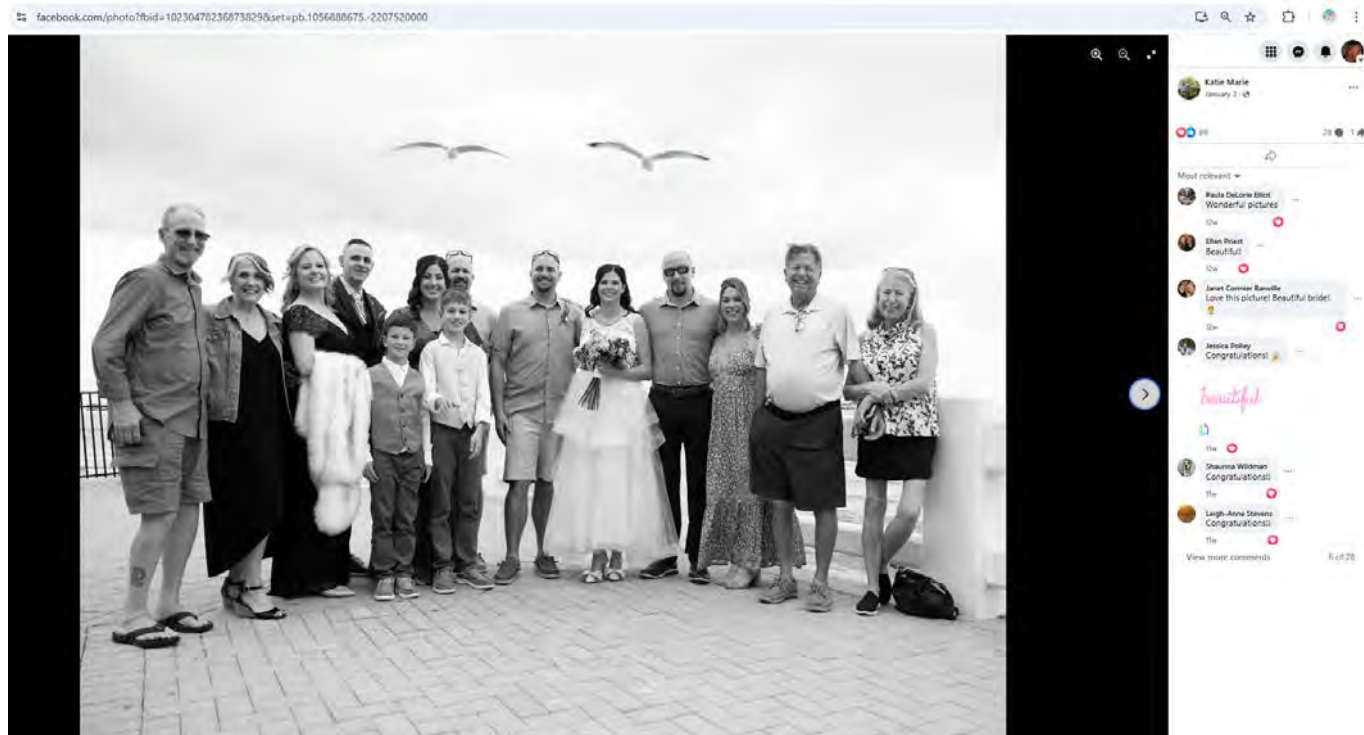
B System ID: [563545](#)

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10230478236873829&set=pb.1056888675.-2207520000>

After DOI

Picture of Subject and her family. Subject is in the middle in wedding dress.



B Facebook

B [bmcmiller](#)

B System ID: [563561](#)

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10233094907971584&set=pb.1135275341.-2207520000>

After DOI

Picture of Subject with her family.



B Facebook

B [bmcmiller](#)

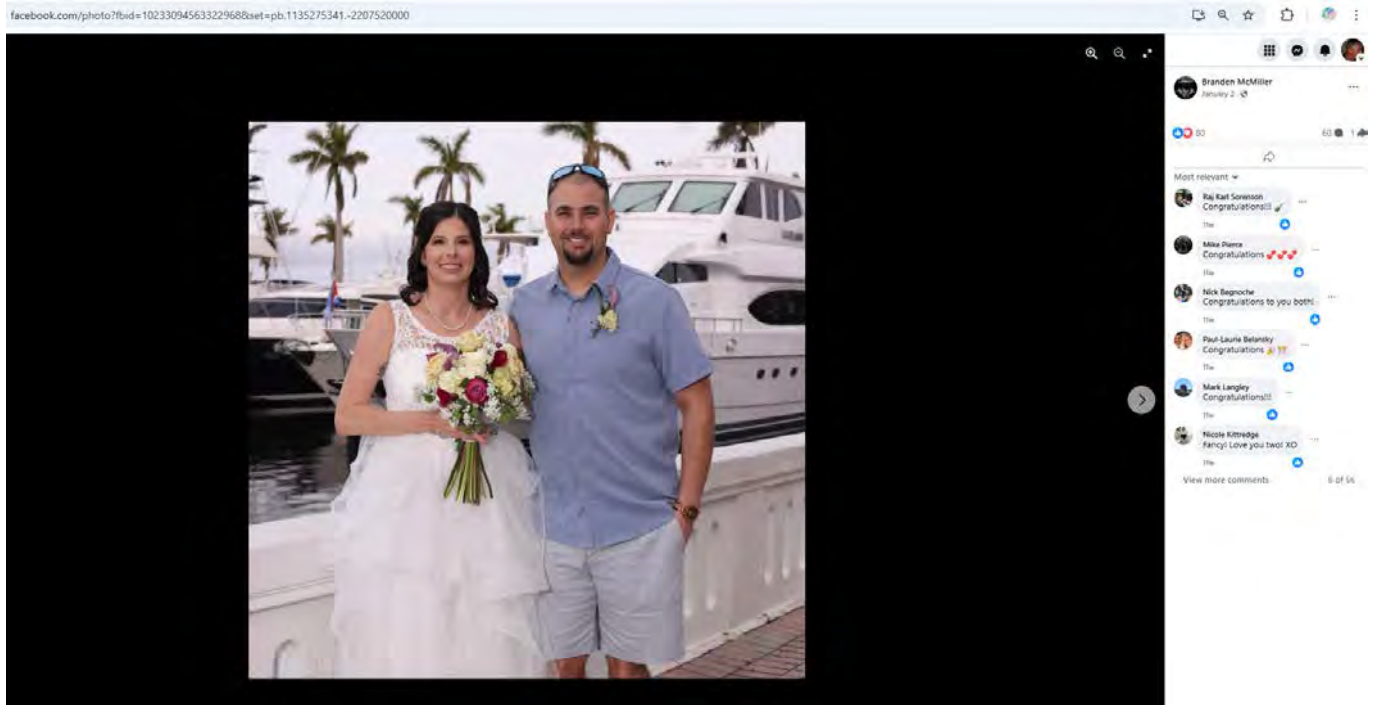
B System ID: [563564](#)

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/photo?fbid=10233094563322968&set=pb.1135275341.-2207520000>

After DOI

Picture of Subject with her husband.



TikTok

@educational_nurse1

System ID: [564307](#)

C Posted: Jan 20, 2025

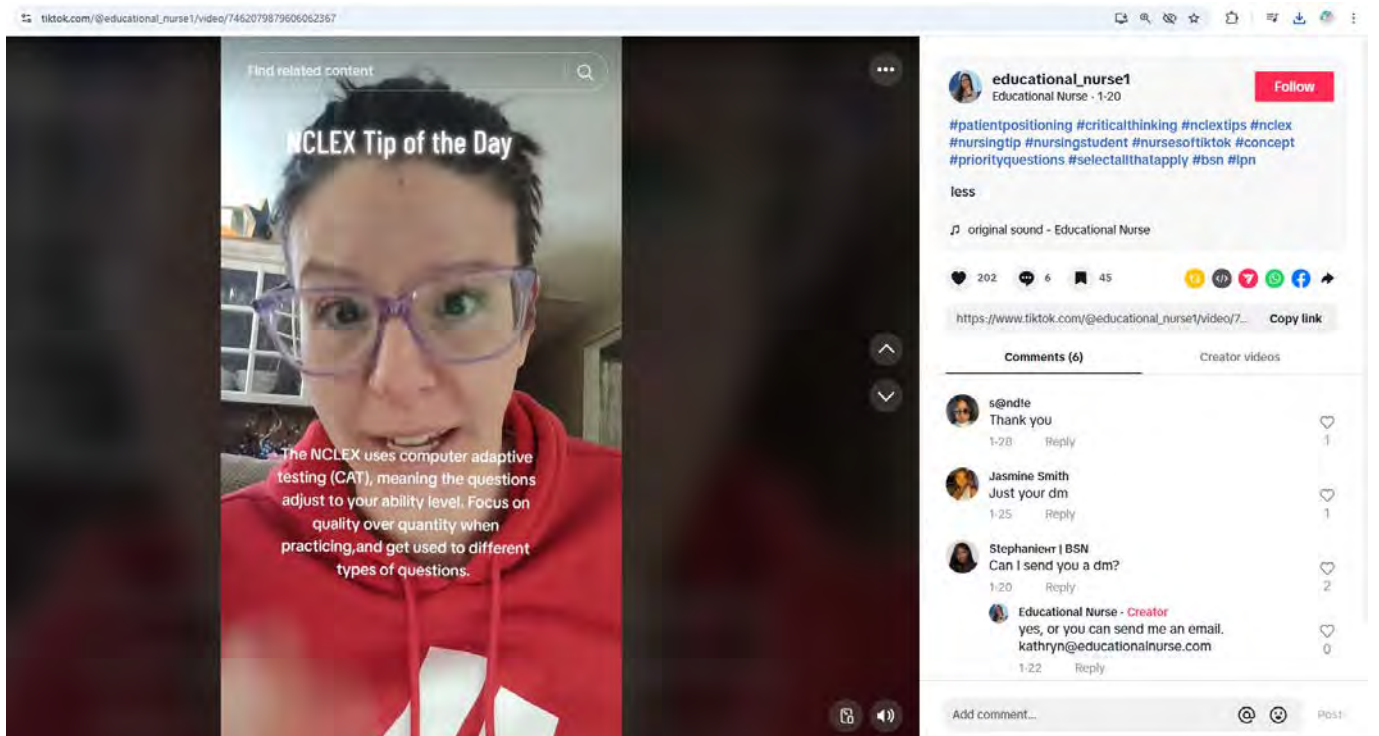
C Captured: Mar 28, 2025

f Kathryn M Watson MSN RN

j https://www.tiktok.com/@educational_nurse1/video/7462079879606062367

After DOI

#patientpositioning #criticalthinking #nclextips #nclex #nursingtip #nursingstudent
#nursesoftiktok #concept #priorityquestions #selectallthatapply #bsn #lpn



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564303](#)

C Posted: Jan 22, 2025

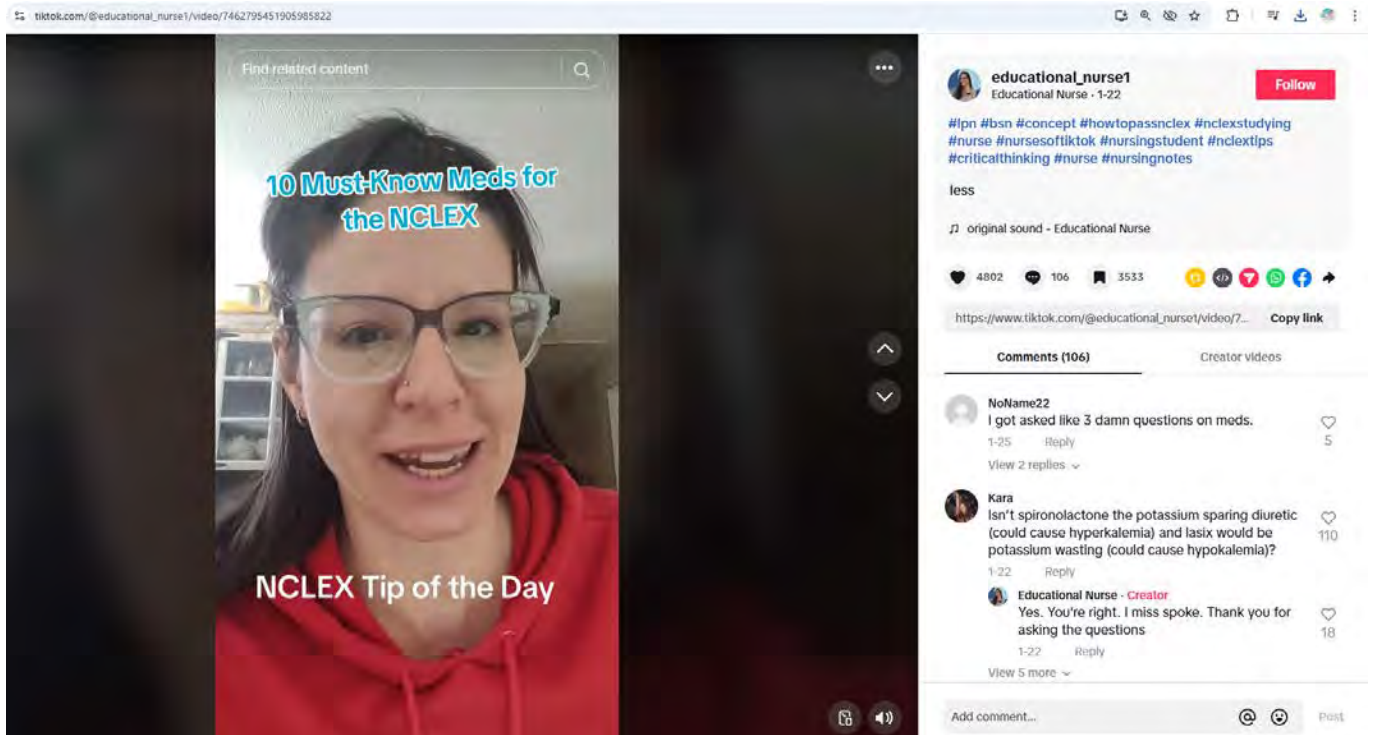
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7462795451905985822

After DOI

#lpn #bsn #concept #howtopassnclex #nclexstudying #nurse #nursesoftiktok #nursingstudent #nclextips #criticalthinking #nurse #nursingnotes



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564299](#)

C Posted: Jan 24, 2025

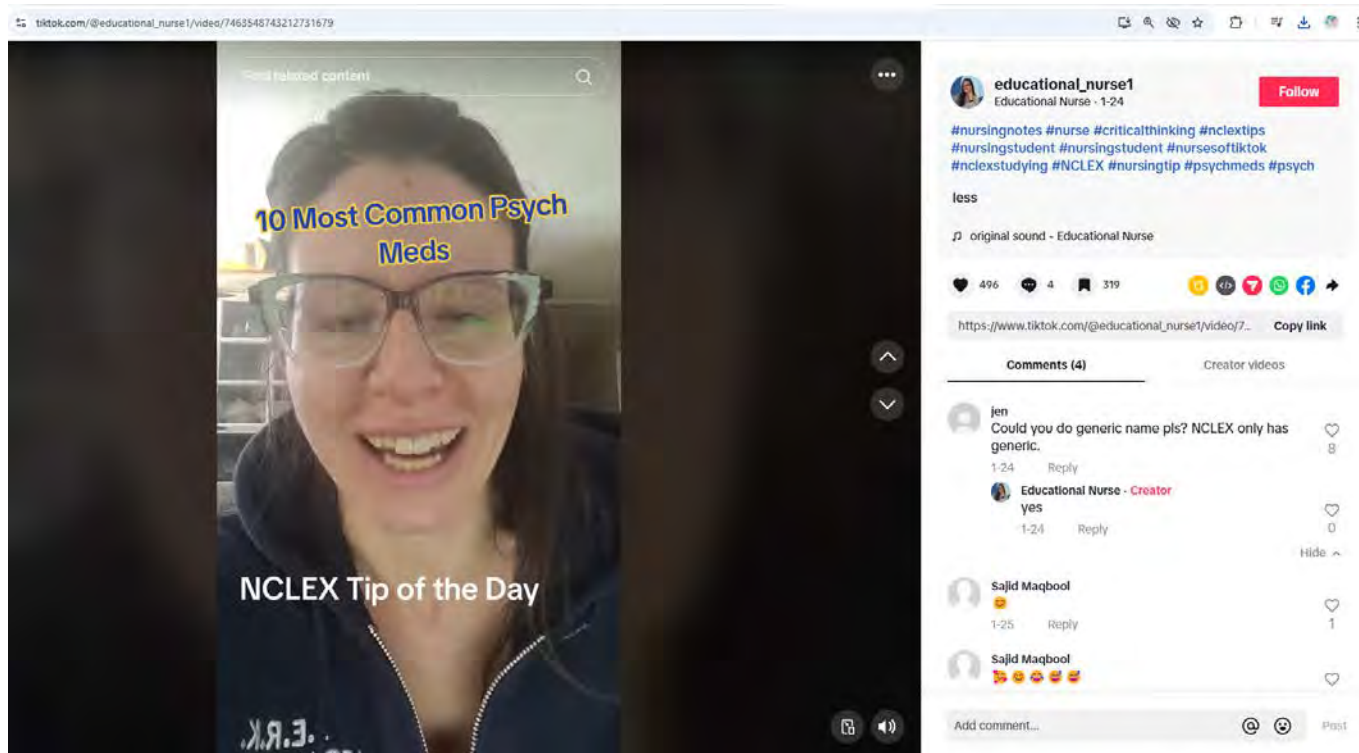
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7463548743212731679

After DOI

#nursingnotes #nurse #criticalthinking #nclextips #nursingstudent #nursingstudent #nursesoftiktok #nclexstudying #NCLEX #nursingtip #psychmeds #psych



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564297](#)

C Posted: Jan 29, 2025

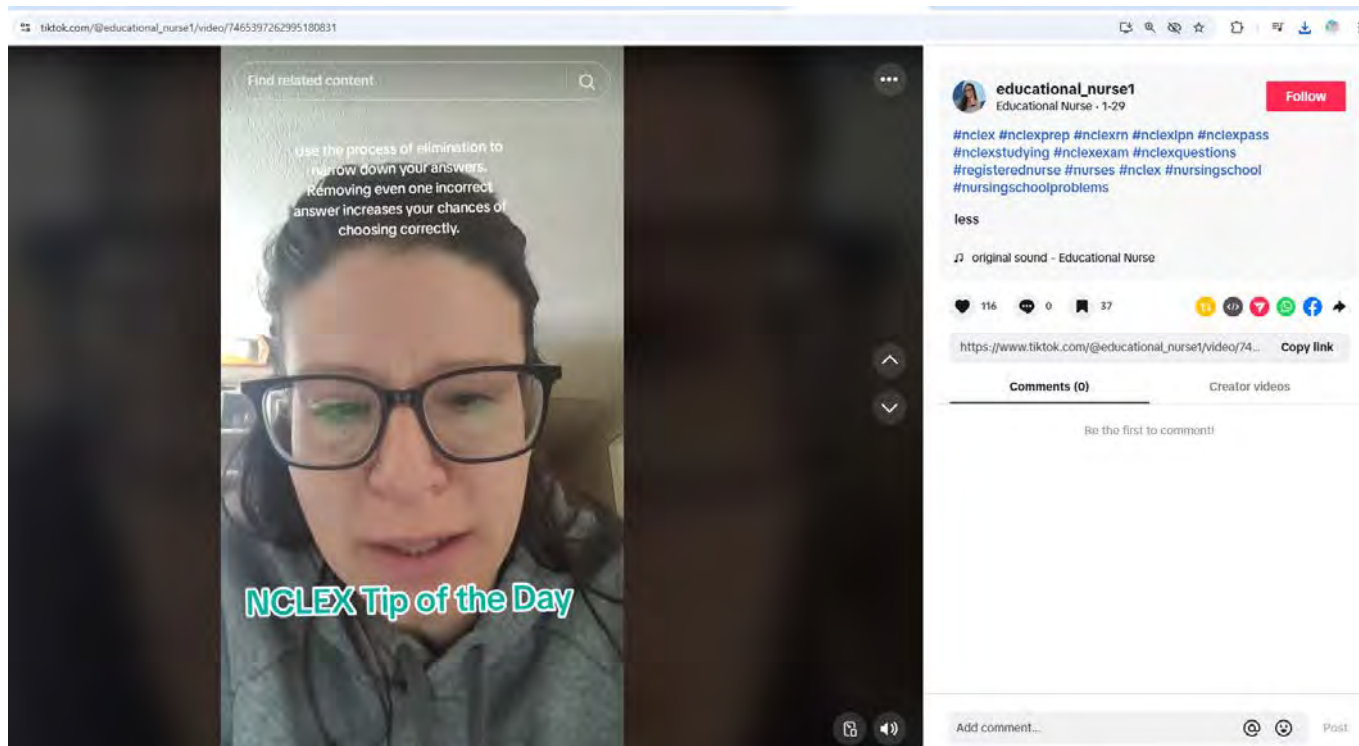
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7465397262995180831

After DOI

#nclex #nclexprep #nclexrn #nclexlpn #nclexpass #nclexstudying #nclexexam #nclexquestions
#registerednurse #nurses #nclex #nursingschool #nursingschoolproblems



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564295](#)

C Posted: Jan 31, 2025

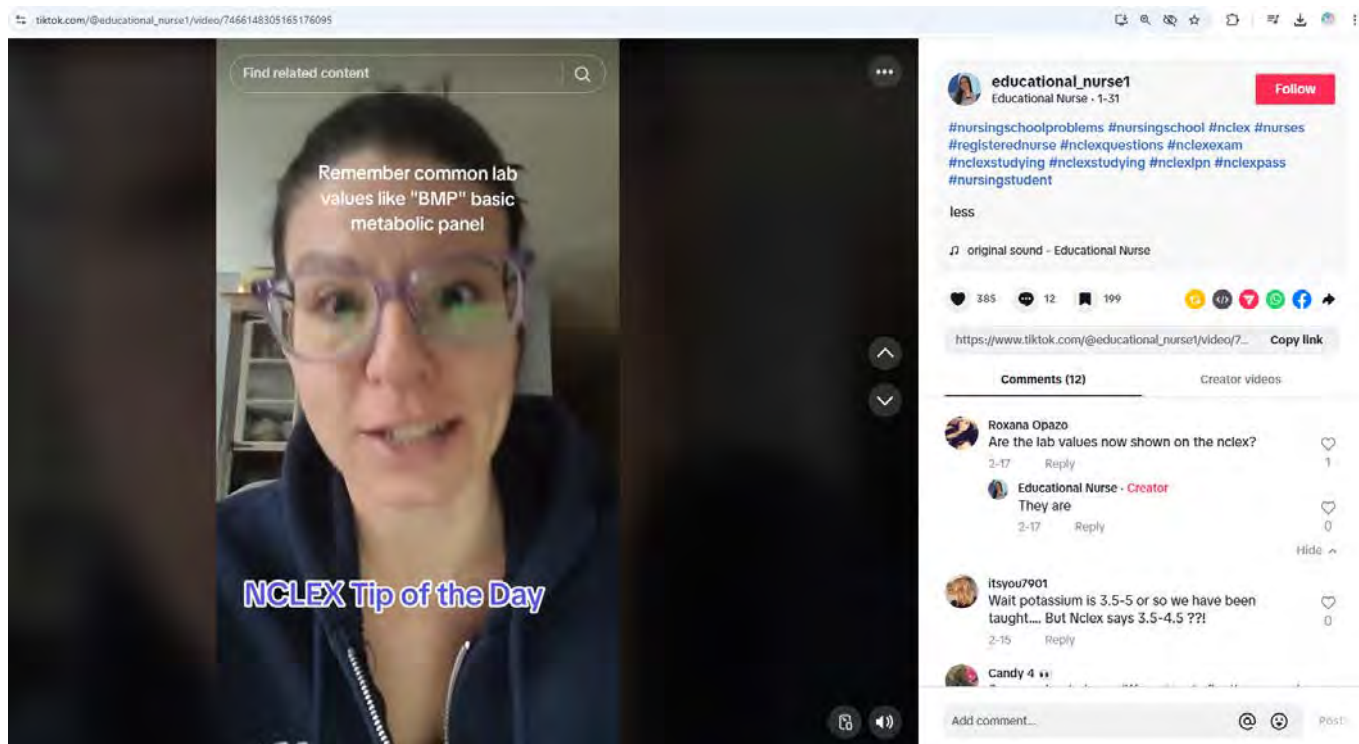
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7466148305165176095

After DOI

#nursingschoolproblems #nursingschool #nclex #nurses #registerednurse #nclexquestions #nclexexam #nclexstudying #nclexstudying #nclexlpn #nclexpass #nursingstudent



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7466148305165176095)

B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

B System ID: [564210](https://www.facebook.com/61552231682394)

f [Kathryn M Watson MSN RN](https://www.facebook.com/61552231682394)

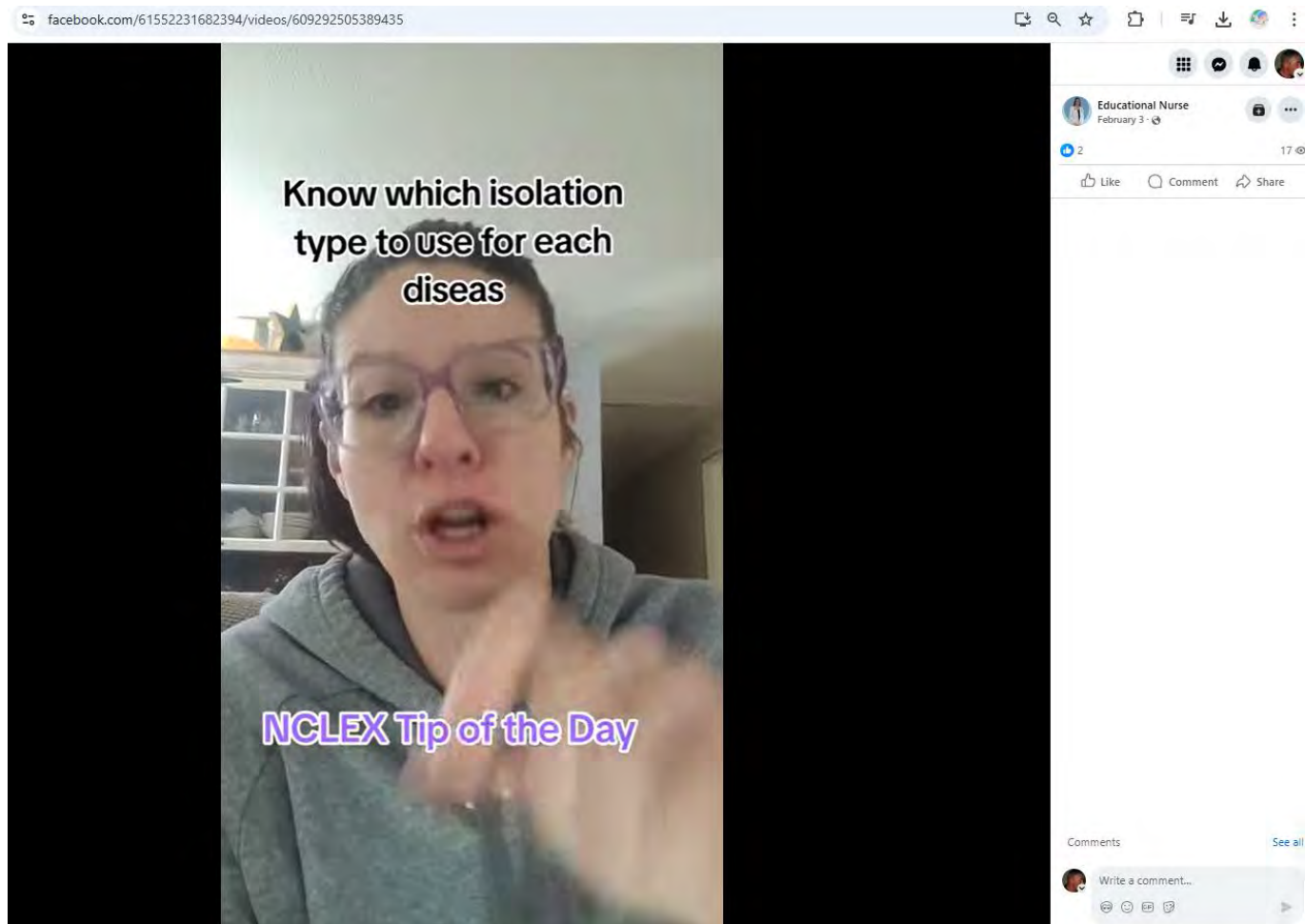
j <https://www.facebook.com/61552231682394/videos/609292505389435>

After DOI

Video of Subject.

C Posted: Feb 03, 2025

C Captured: Mar 28, 2025



[Link to download video](#)

B Facebook

B [61552231682394](#)

C Posted: Feb 13, 2025

B System ID: [564208](#)

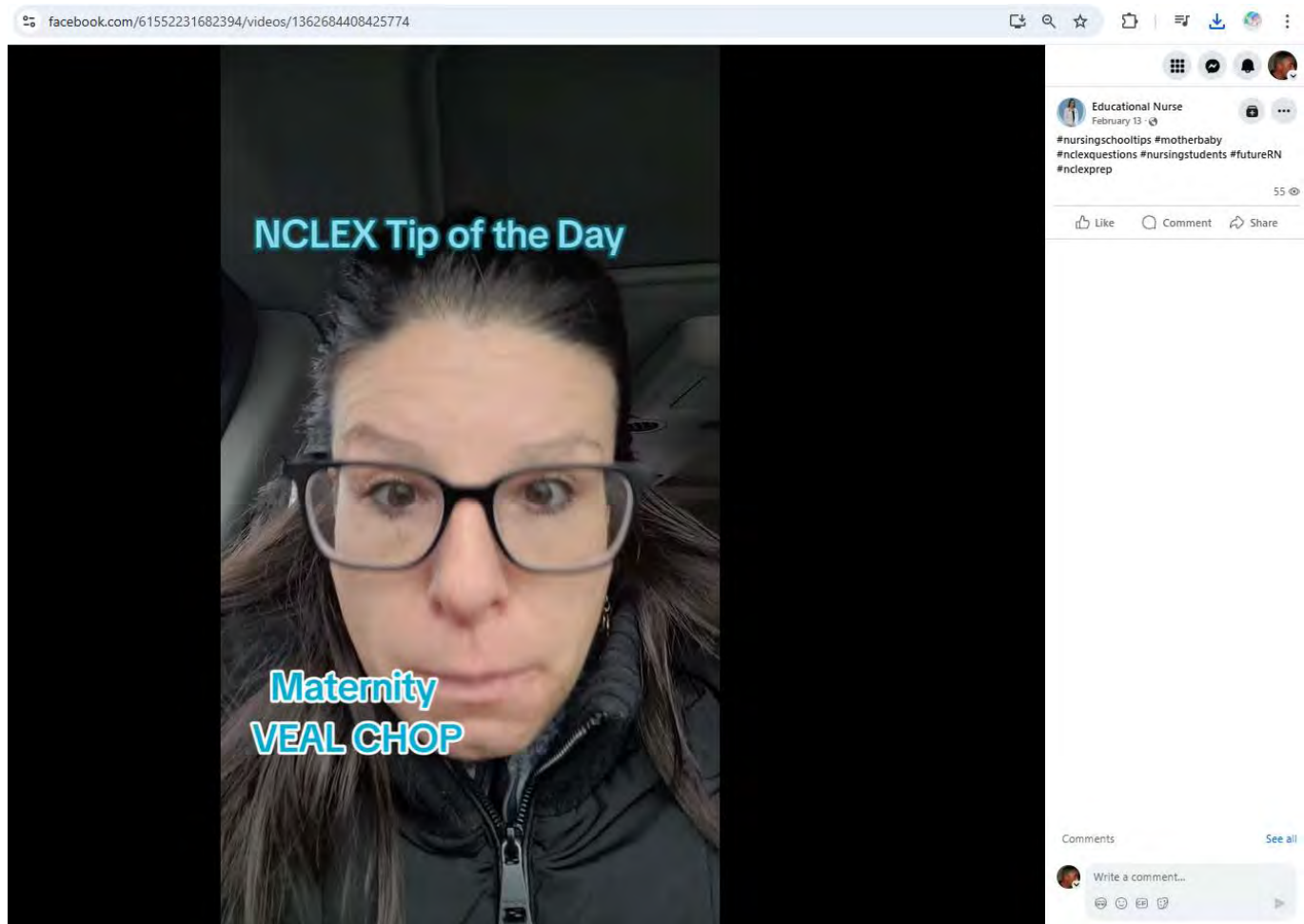
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/61552231682394/videos/1362684408425774>

After DOI

#nursingschooltips #motherbaby #nclexquestions #nursingstudents #futureRN #nclexprep



[Link to download video](#)

B Facebook

B [61552231682394](#)

C Posted: Feb 14, 2025

B System ID: [564203](#)

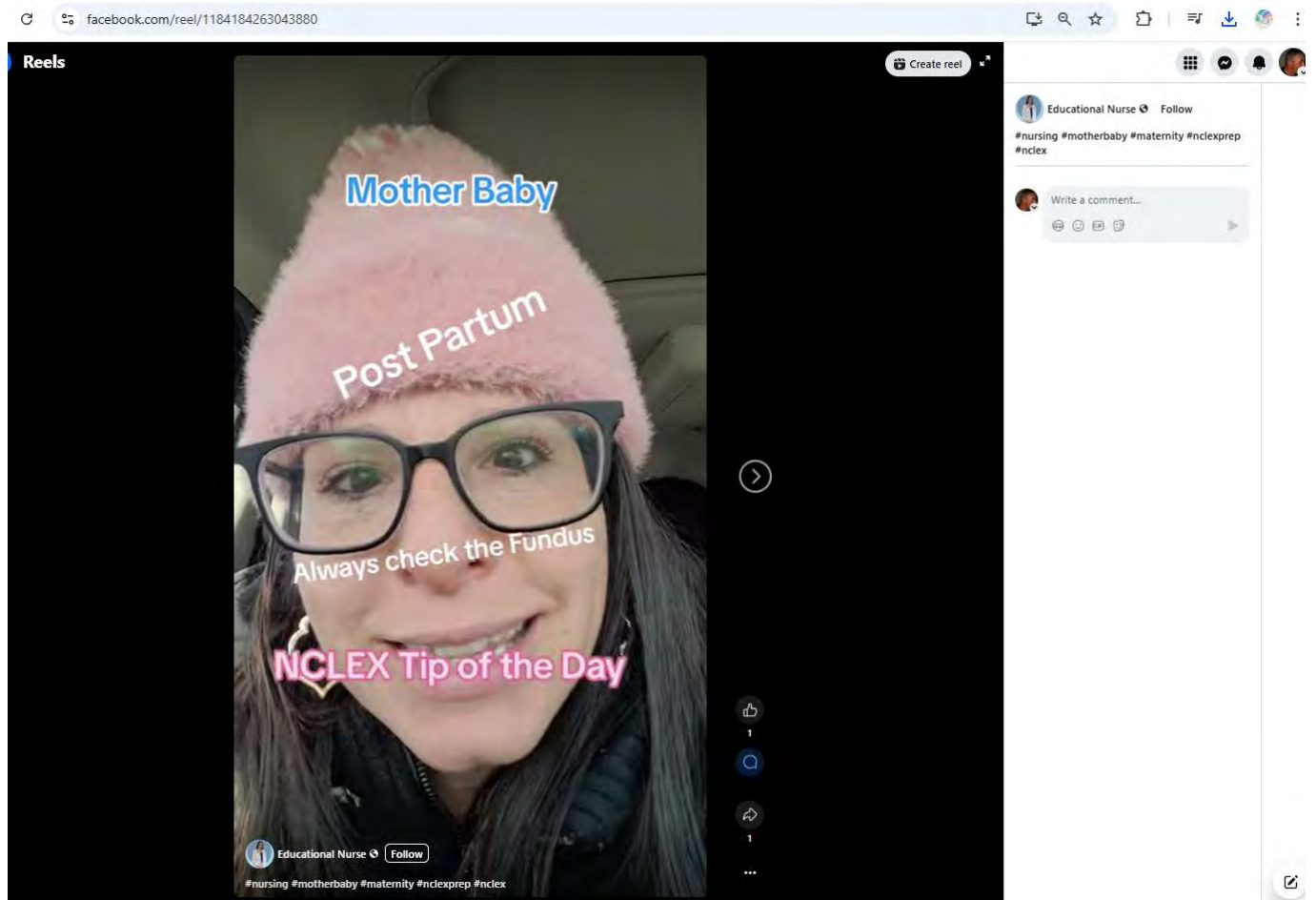
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/reel/1184184263043880>

After DOI

#nursing #motherbaby #maternity #nclexprep #nclex



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564291](#)

C Posted: Feb 14, 2025

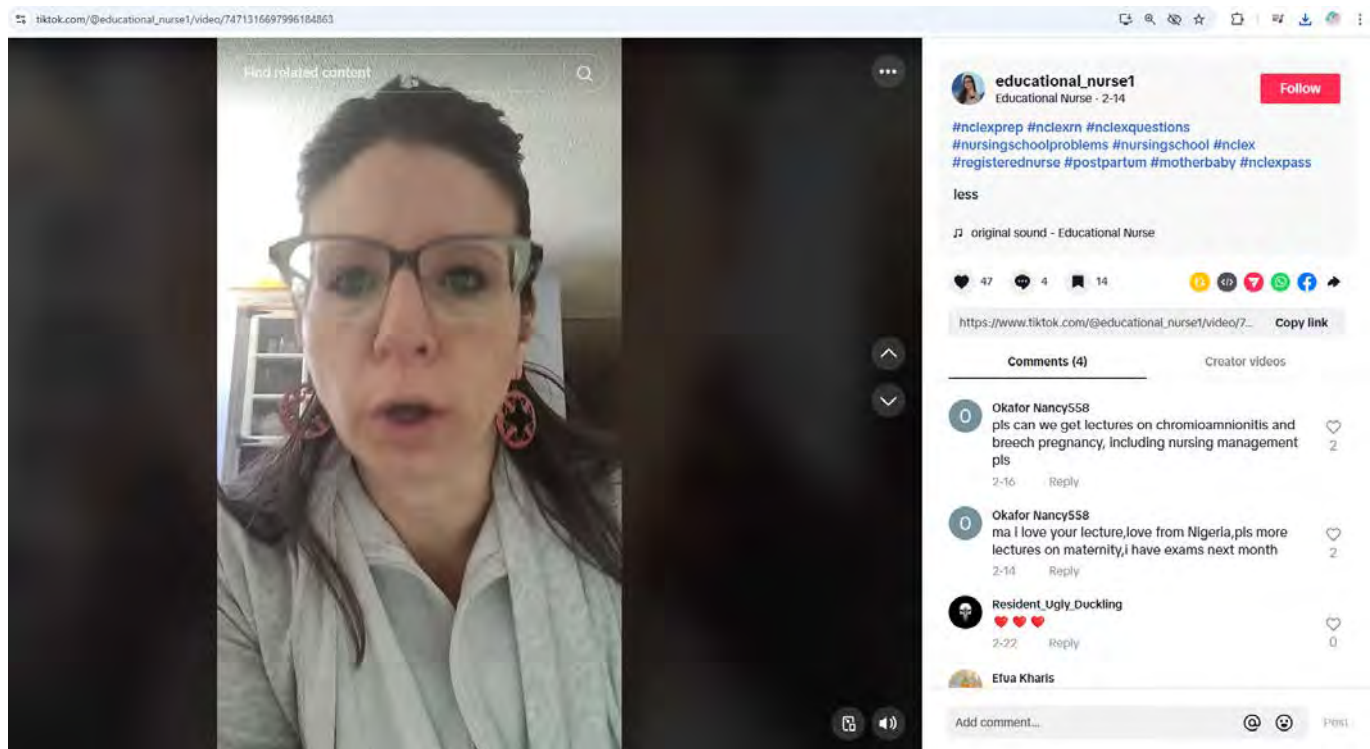
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7471316697996184863

After DOI

#nclexprep #nclexrn #nclexquestions #nursingschoolproblems #nursingschool #nclex
#registerednurse #postpartum #motherbaby #nclexpass



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564282](#)

C Posted: Feb 17, 2025

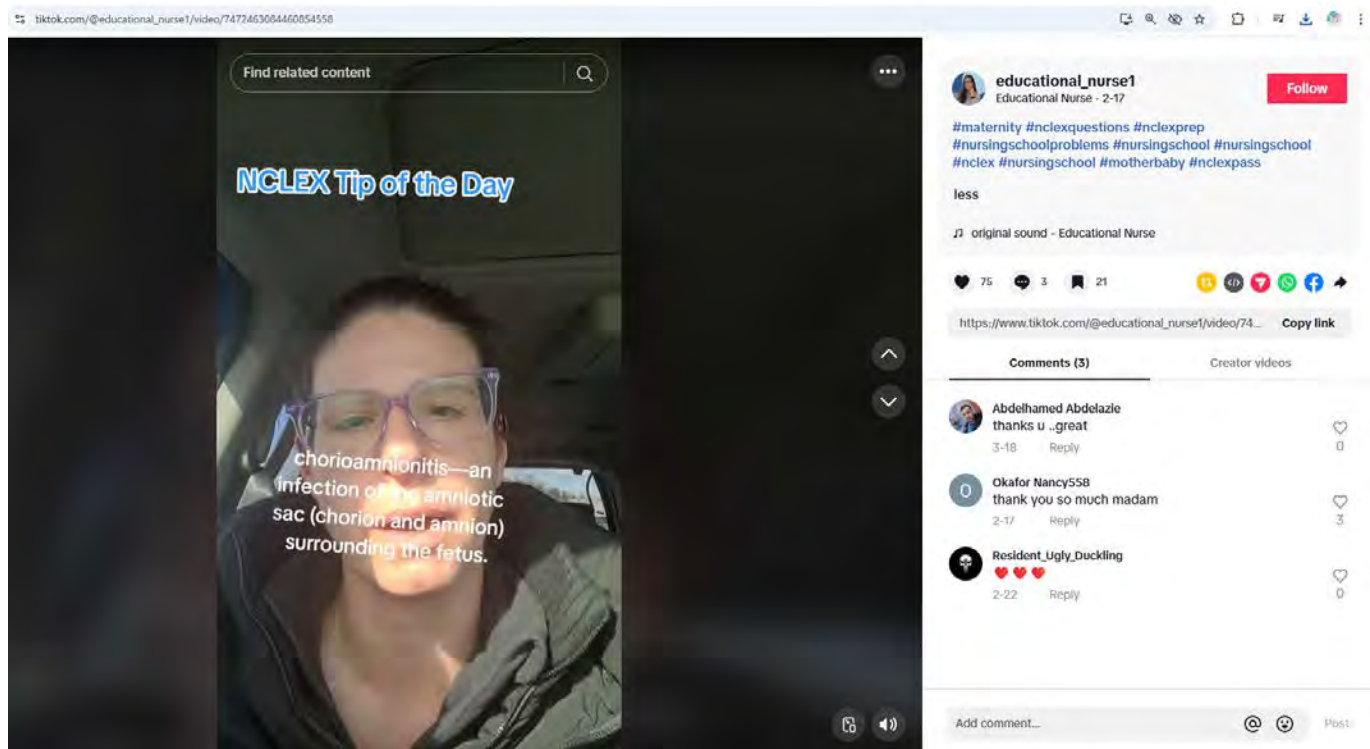
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7472463084460854558

After DOI

#maternity #nclexquestions #nclexprep #nursingschoolproblems #nursingschool #nursingschool #nclex #nursingschool #motherbaby #nclexpass



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564285](#)

C Posted: Feb 17, 2025

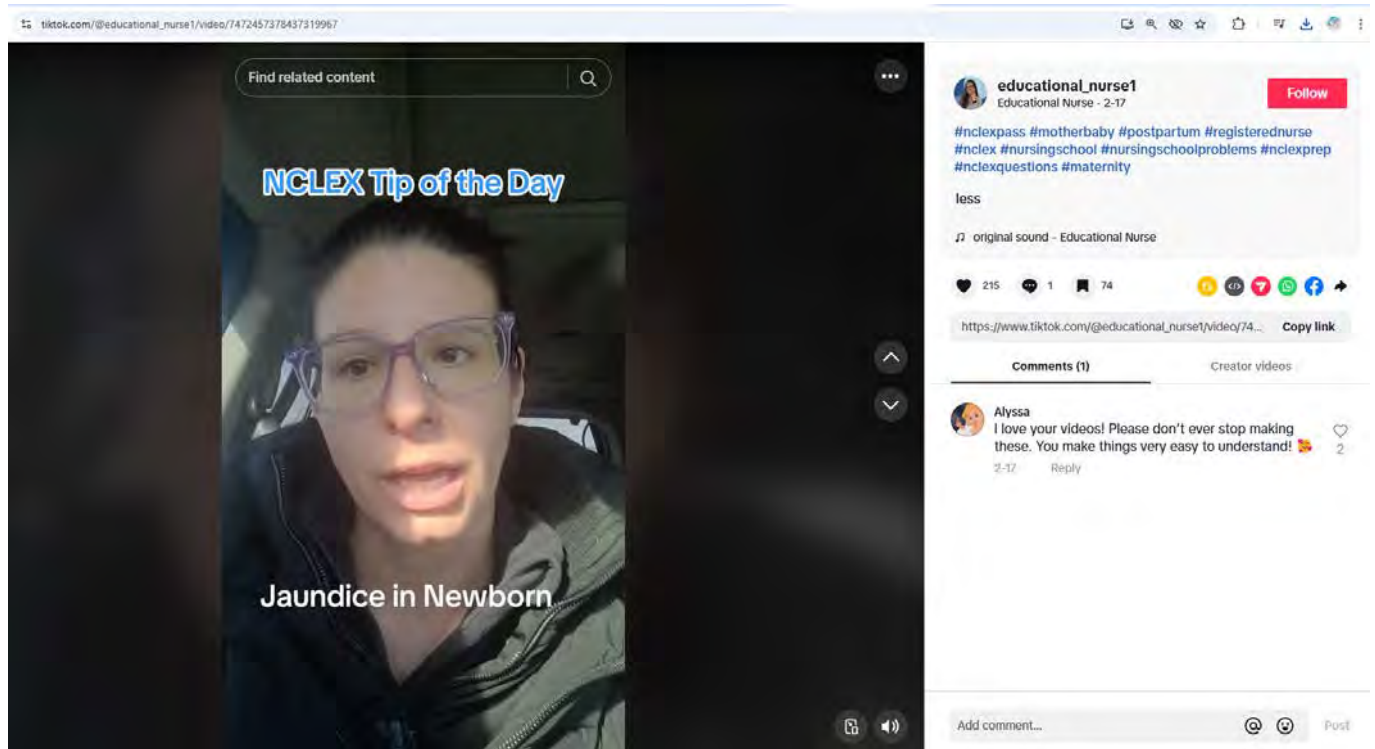
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7472457378437319967

After DOI

#nclexpass #motherbaby #postpartum #registerednurse #nclex #nursingschool
#nursingschoolproblems #nclexprep #nclexquestions #maternity



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564278](#)

f [Kathryn M Watson MSN RN](#)

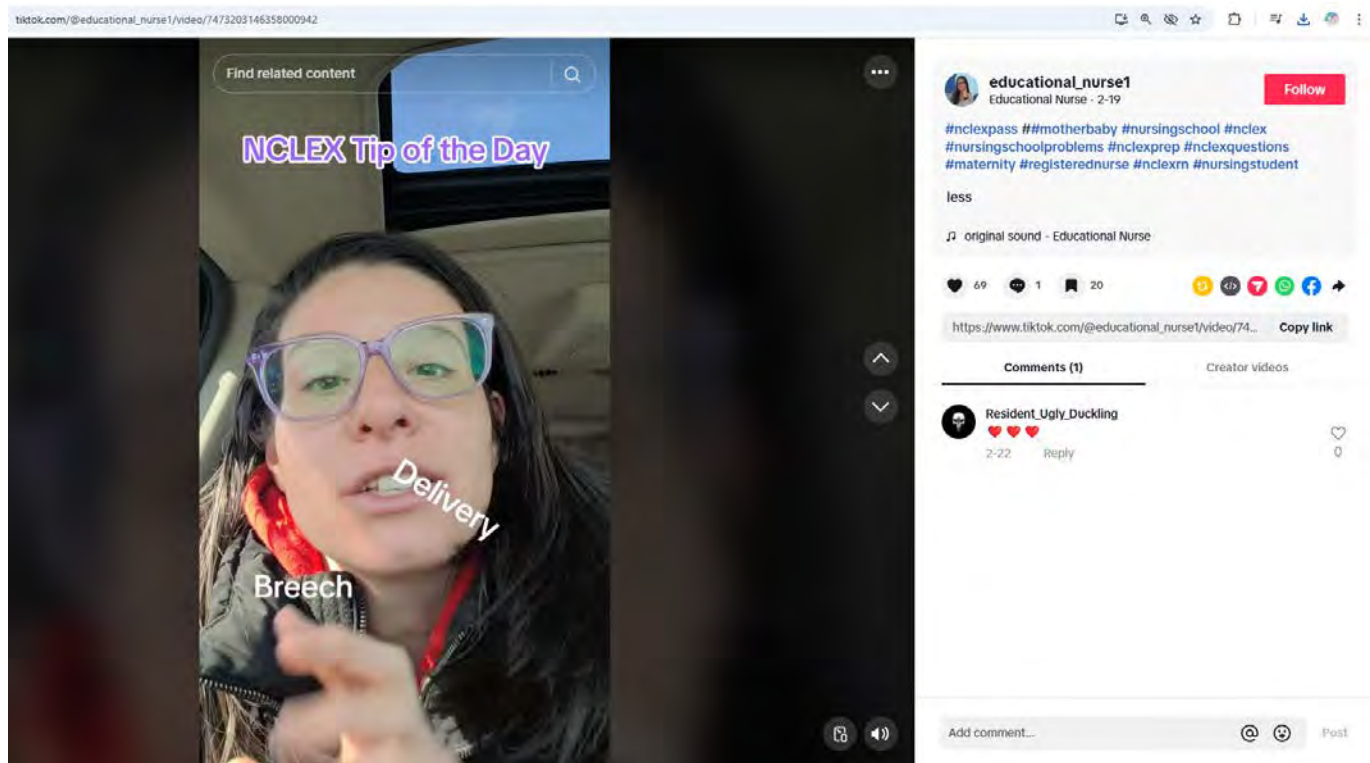
j https://www.tiktok.com/@educational_nurse1/video/7473203146358000942

After DOI

#nclexpass ##motherbaby #nursingschool #nclex #nursingschoolproblems #nclexprep
#nclexquestions #maternity #registerednurse #nclexrn #nursingstudent

C Posted: Feb 19, 2025

C Captured: Mar 28,
2025



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564273](#)

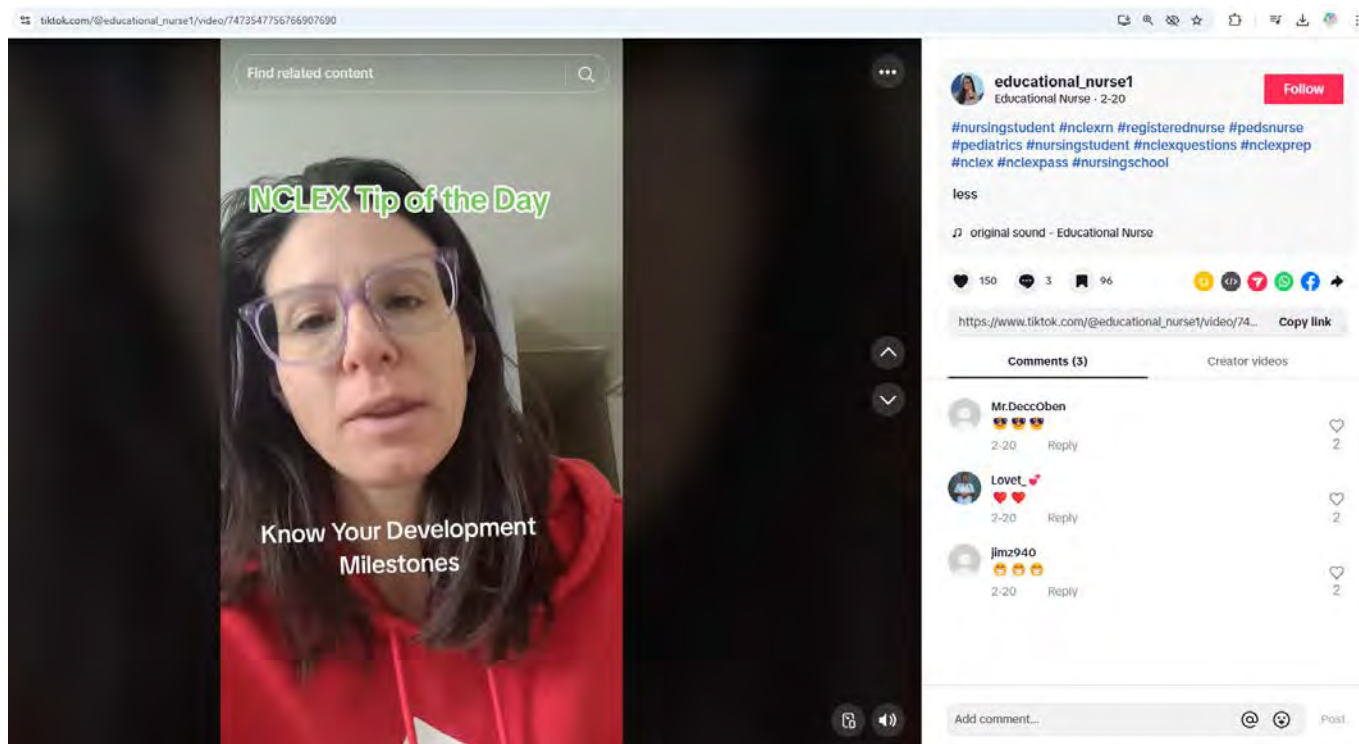
C Posted: Feb 20, 2025
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7473547756766907690

After DOI

#nursingstudent #nclexrn #registerednurse #pedsnurse #pediatrics #nursingstudent
#nclexquestions #nclexprep #nclex #nclexpass #nursingschool



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [564201](#)

f [Kathryn M Watson MSN RN](#)

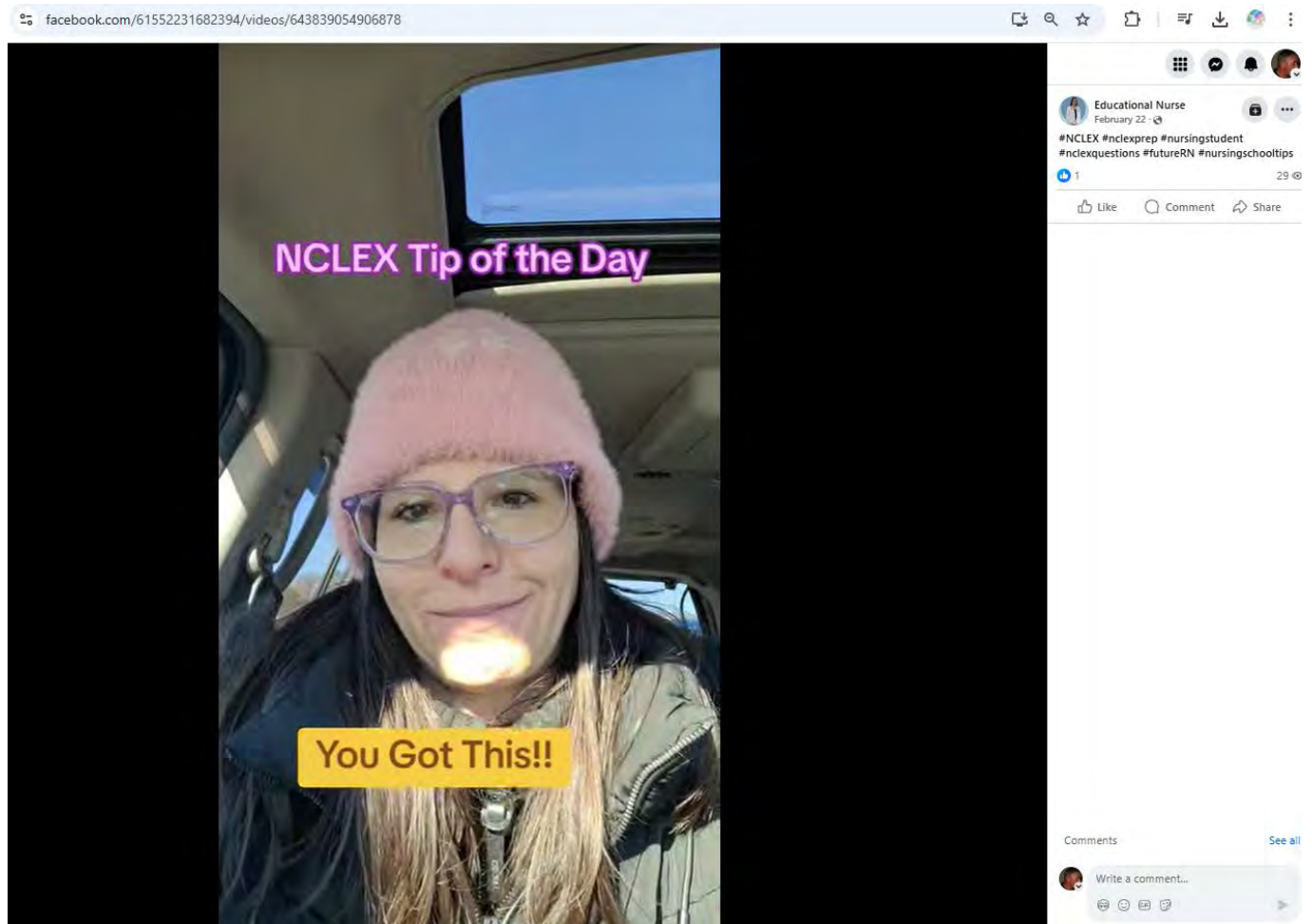
j <https://www.facebook.com/61552231682394/videos/643839054906878>

After DOI

#NCLEX #nclexprep #nursingstudent #nclexquestions #futureRN #nursingschooltips

C Posted: Feb 22, 2025

C Captured: Mar 28, 2025



[Link to download video](#)

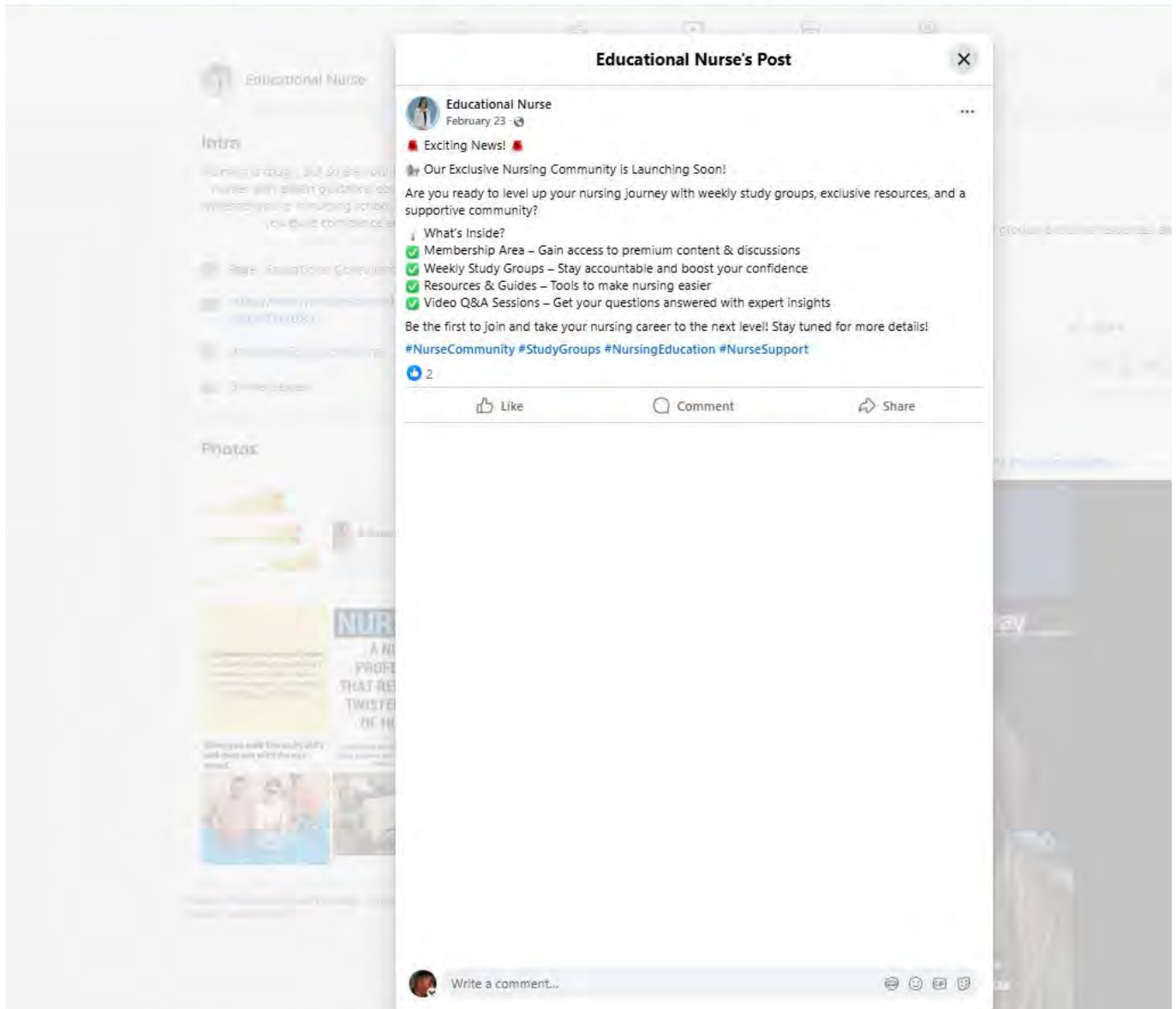
B Facebook

B [61552231682394](#)
 B System ID: [564198](#)
 f [Kathryn M Watson MSN RN](#)
 j https://www.facebook.com/permalink.php?story_fbid=pfbid0gnVPYcGWd9CMoVD5f79CZ769Avzm3jJXDYGw4ss5pMJbyqikIV4Mq7CmWAqa13bl&id=61552231682394

C Posted: Feb 23, 2025
 C Captured: Mar 28, 2025

After DOI

Exciting News! Our Exclusive Nursing Community is Launching Soon! Are you ready to level up your nursing journey with weekly study groups, exclusive resources, and a supportive community? What's Inside? Membership Area - Gain access to premium content & discussions Weekly Study Groups - Stay accountable and boost your confidence Resources & Guides - Tools to make nursing easier Video Q&A Sessions - Get your questions answered with expert insights Be the first to join and take your nursing career to the next level! Stay tuned for more details! #NurseCommunity #StudyGroups #NursingEducation #NurseSupport



TikTok

@educational_nurse1

System ID: 564266

C Posted: Feb 23, 2025

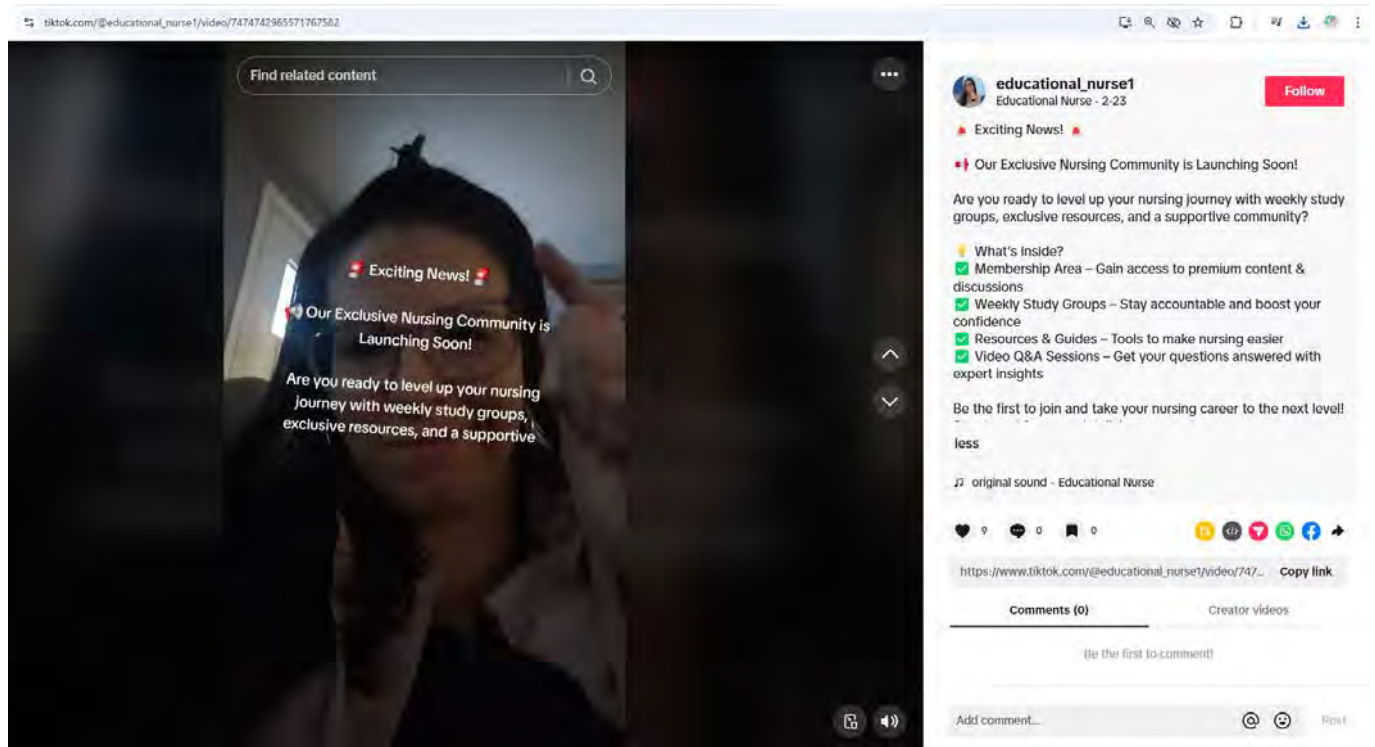
C Captured: Mar 28, 2025

f Kathryn M Watson MSN RN

j https://www.tiktok.com/@educational_nurse1/video/7474742965571767582

After DOI

📢 Exciting News! 📢 Our Exclusive Nursing Community is Launching Soon! Are you ready to level up your nursing journey with weekly study groups, exclusive resources, and a supportive community? 📢 What's Inside? 📢 Membership Area – Gain access to premium content & discussions 📢 Weekly Study Groups – Stay accountable and boost your confidence 📢 Resources & Guides – Tools to make nursing easier 📢 Video Q&A Sessions – Get your questions answered with expert insights Be the first to join and take your nursing career to the next level! Stay tuned for more details! #NurseCommunity #StudyGroups #NursingEducation #NurseSupport #onthisday #nclexrn #registerednurse #nclexprep #nclexpass #nursingschoolproblems #



Be the first to join and take your nursing career to the next level!
Stay tuned for more details!

[#NurseCommunity](#) [#StudyGroups](#) [#NursingEducation](#)
[#NurseSupport](#)
[#onthisday](#) [#nclexrn](#) [#registerednurse](#) [#nclexprep](#) [#nclexpass](#)
[#nursingschoolproblems](#) #

[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564263](#)

C Posted: Feb 24, 2025

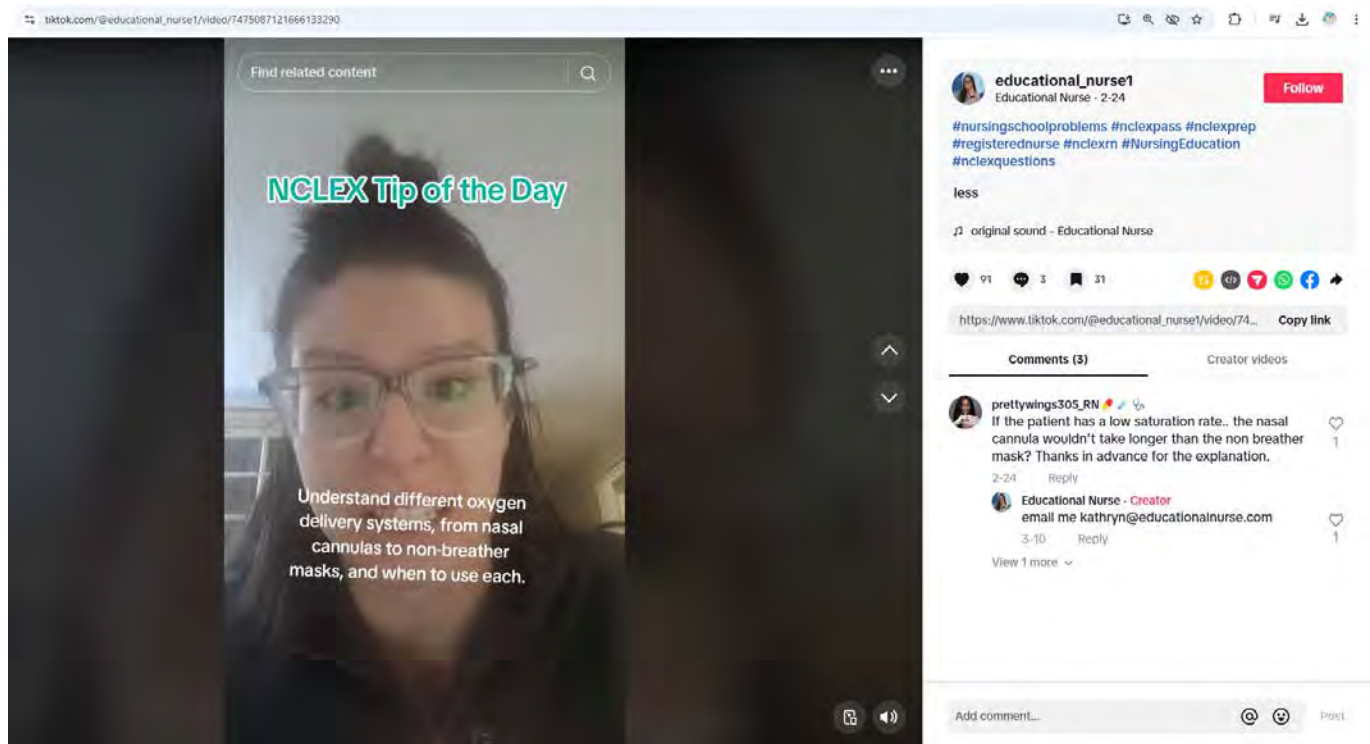
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7475087121666133290

After DOI

[#nursingschoolproblems](#) [#nclexpass](#) [#nclexprep](#) [#registerednurse](#) [#nclexrn](#) [#NursingEducation](#)
[#nclexquestions](#)



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7475087121666133290)

B Facebook

B 61552231682394

B System ID: 564197

F Kathryn M Watson MSN RN

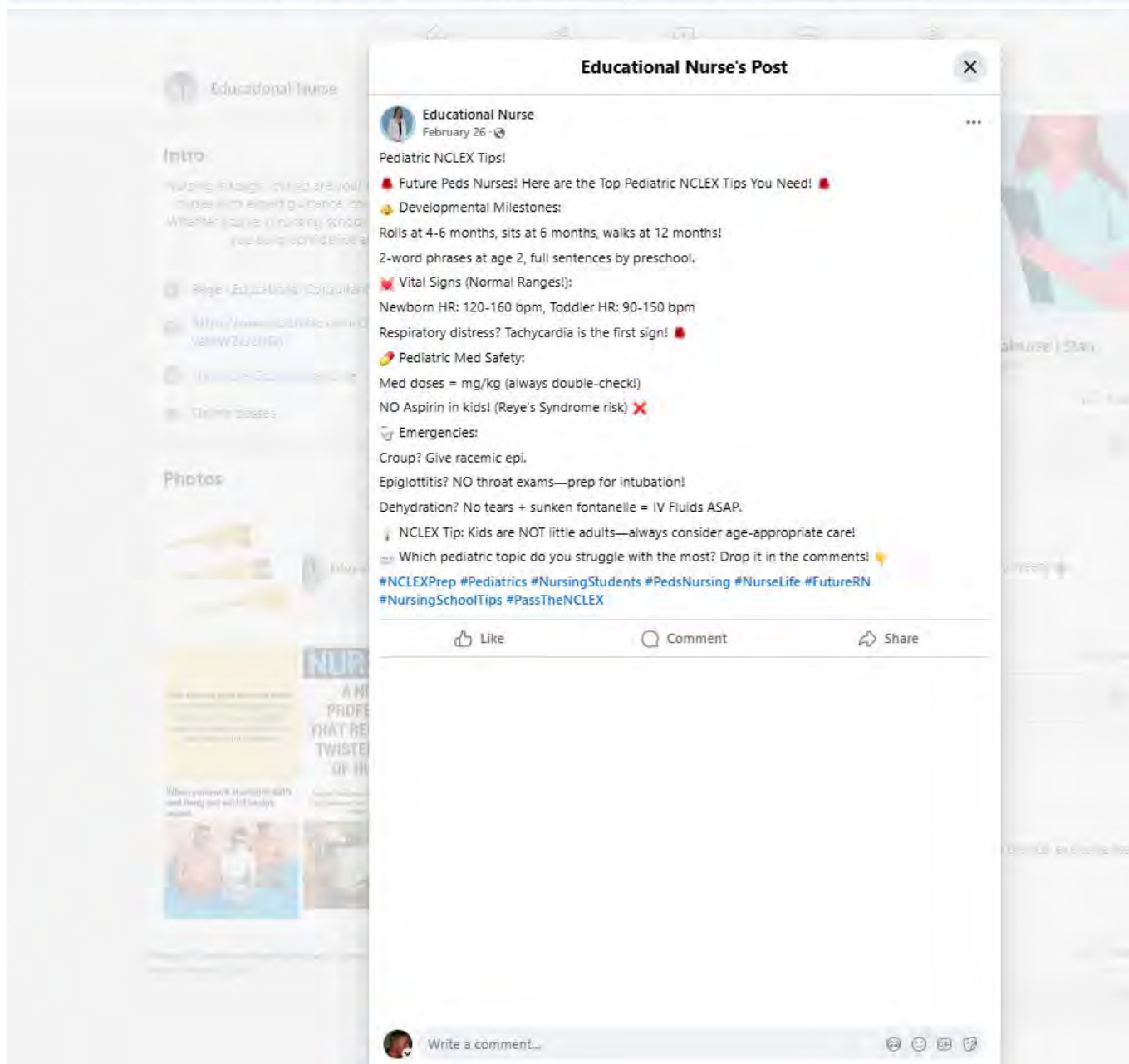
J https://www.facebook.com/permalink.php?story_fbid=pfbid0uBkLhKHxketfZ6KqtdVZMvNJFh3sJp3he1RTCHio8uByzDE877FyojNCc9TMSgHBi&id=61552231682394

After DOI

Pediatric NCLEX Tips! ☐ Future Peds Nurses! Here are the Top Pediatric NCLEX Tips You Need! ☐ ☐
 Developmental Milestones: Rolls at 4-6 months, sits at 6 months, walks at 12 months! 2-word phrases at age 2, full sentences by preschool. ☐ Vital Signs (Normal Ranges!): Newborn HR: 120-160 bpm, Toddler HR: 90-150 bpm Respiratory distress? Tachycardia is the first sign! ☐ ☐ Pediatric Med Safety: Med doses = mg/kg (always double-check!) NO Aspirin in kids! (Reye's Syndrome risk) ☐ ☐ Emergencies: Croup? Give racemic epi. Epiglottitis? NO throat exams—prep for intubation! Dehydration? No tears + sunken fontanelle = IV Fluids ASAP. ☐ NCLEX Tip: Kids are NOT little adults—always consider age-appropriate care! ☐ Which pediatric topic do you struggle with the most? Drop it in the comments! ☐ #NCLEXPrep #Pediatrics #NursingStudents #PedsNursing #NurseLife #FutureRN #NursingSchoolTips #PassTheNCLEX

C Posted: Feb 26, 2025

C Captured: Mar 28, 2025



B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

C Posted: Feb 27, 2025

B System ID: [564194](https://www.facebook.com/564194)

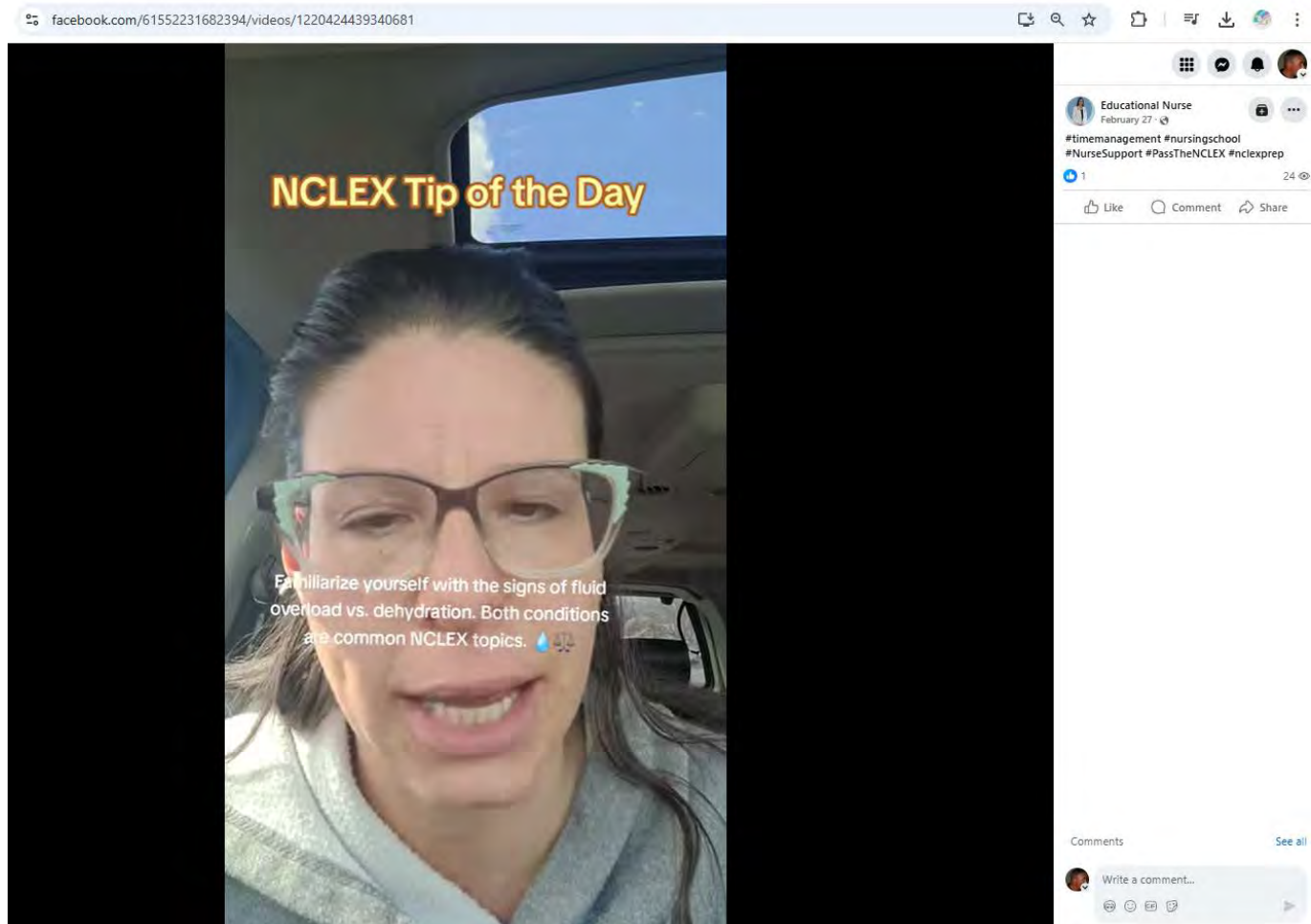
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](https://www.facebook.com/Kathryn.M.Watson.MSN.RN)

j <https://www.facebook.com/61552231682394/videos/1220424439340681>

After DOI

#timemanagement #nursingschool #NurseSupport #PassTheNCLEX #nclexprep



[Link to download video](#)

B Facebook

B [61552231682394](#)
 B System ID: [564196](#)
 f [Kathryn M Watson MSN RN](#)
 j https://www.facebook.com/permalink.php?story_fbid=pfbid0HGTNszL5LPcD8qomdLXMBkPqzOnH4j52qHG98qPfsPKweX9wq8KGaHii2EtqrUjl&id=61552231682394

C Posted: Feb 27, 2025
 C Captured: Mar 28, 2025

After DOI

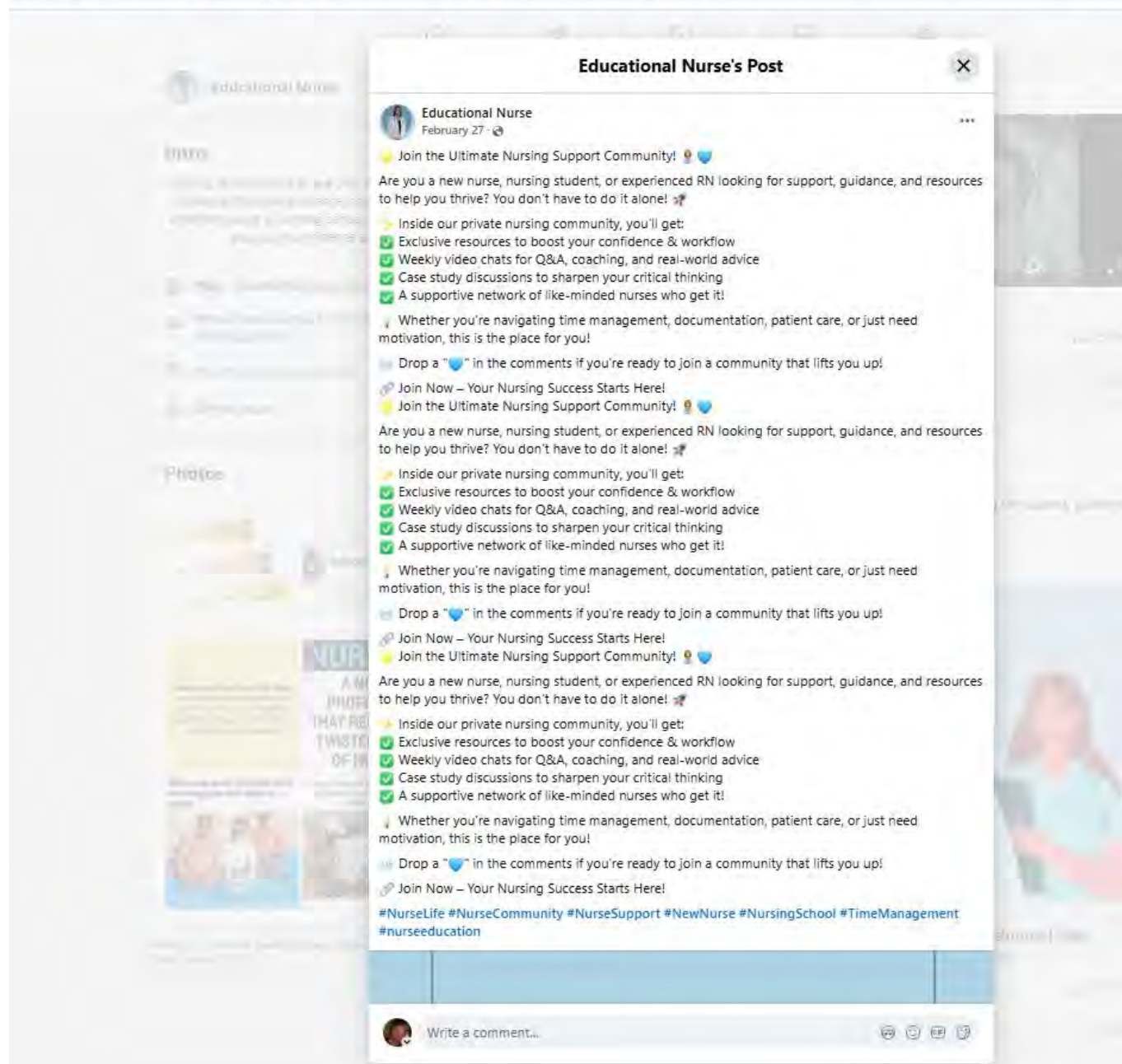
Join the Ultimate Nursing Support Community! Are you a new nurse, nursing student, or experienced RN looking for support, guidance, and resources to help you thrive? You don't have to do it alone! Inside our private nursing community, you'll get:

- Exclusive resources to boost your confidence & workflow
- Weekly video chats for Q&A, coaching, and real-world advice
- Case study discussions to sharpen your critical thinking
- A supportive network of like-minded nurses who get it!

Whether you're navigating time management, documentation, patient care, or just need motivation, this is the place for you! Drop a "👩‍⚕️" in the comments if you're ready to join a community that lifts you up! Join Now - Your Nursing Success Starts Here! Join the Ultimate Nursing Support Community! Are you a new nurse, nursing student, or experienced RN looking for support, guidance, and resources to help you thrive? You don't have to do it alone! Inside our private nursing community, you'll

get: □ Exclusive resources to boost your confidence & workflow □ Weekly video chats for Q&A, coaching, and real-world advice □ Case study discussions to sharpen your critical thinking □ A supportive network of like-minded nurses who get it! □ Whether you're navigating time management, documentation, patient care, or just need motivation, this is the place for you! □ Drop a "👉" in the comments if you're ready to join a community that lifts you up! □ Join Now – Your Nursing Success Starts Here! #NurseLife #NurseCommunity #NurseSupport #NewNurse #NursingSchool #TimeManagement #nurseeducation

facebook.com/permalink.php?story_fbid=pfbid0HGTNszLSLPcD8qomdLXMBkPqzQnH4j52qHG98qqPfsPKweX9wq8KGaHii2EtqrUjl&id=61552231682394



B Facebook

B 61552231682394

B System ID: 564190

F Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02UN936XU73JUSF7ZFQD922rUWZk4dQfPEBz6GPBy6ezzTFV7VraBQnhtjCUpiAm2I&id=61552231682394

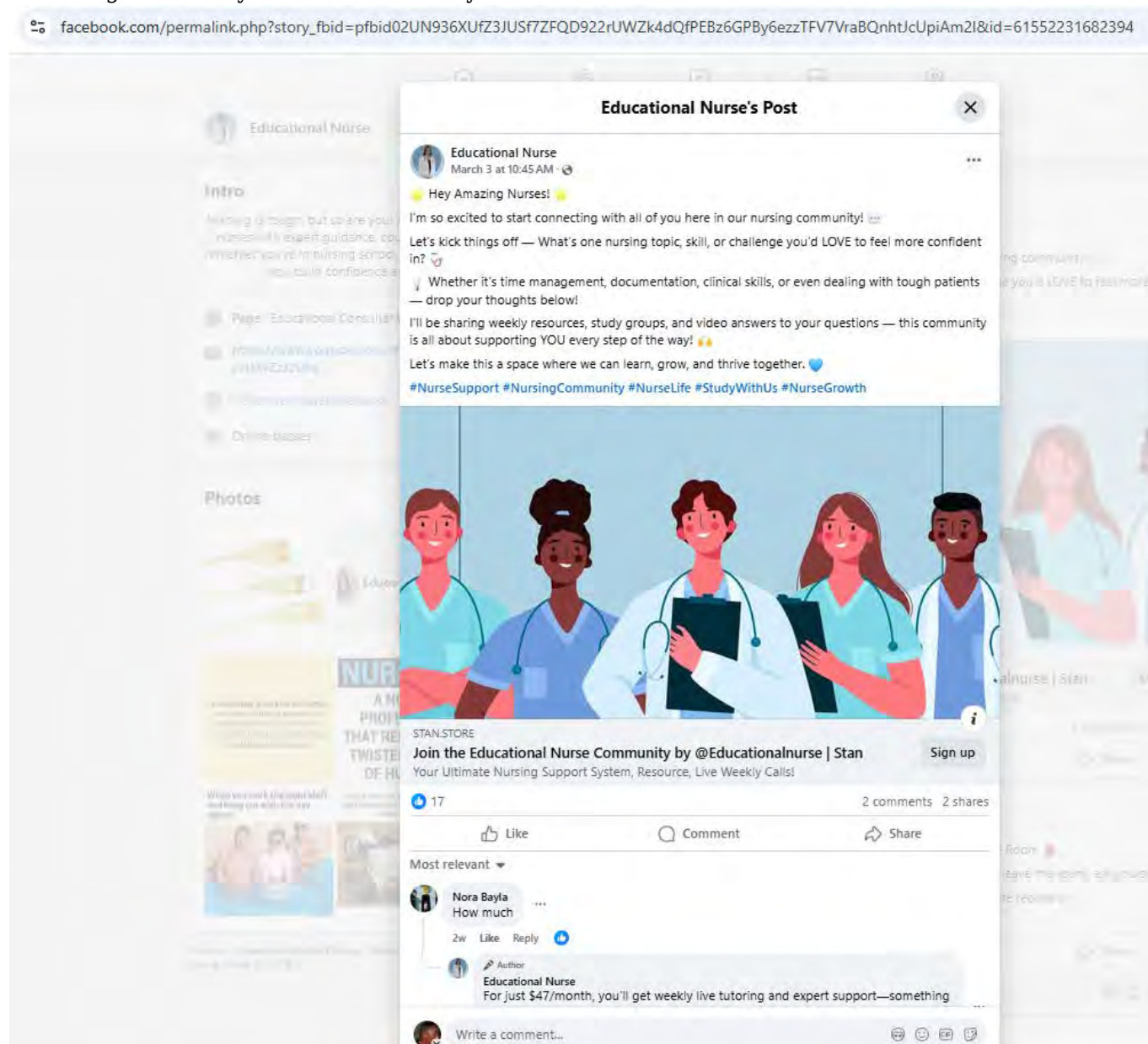
C Posted: Mar 03, 2025

C Captured: Mar 28, 2025

After DOI

□ Hey Amazing Nurses! □ I'm so excited to start connecting with all of you here in our nursing community! □ Let's kick things off — What's one nursing topic, skill, or challenge you'd LOVE to feel

more confident in? ☐ ☐ Whether it's time management, documentation, clinical skills, or even dealing with tough patients — drop your thoughts below! I'll be sharing weekly resources, study groups, and video answers to your questions — this community is all about supporting YOU every step of the way! ☐ Let's make this a space where we can learn, grow, and thrive together. ☐ #NurseSupport #NursingCommunity #NurseLife #StudyWithUs #NurseGrowth



B Facebook

B 61552231682394

B System ID: 564191

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02ieAqX9stT3evwEAc3Oia6V1d66MK6vHc5EkpXGPGDC6FYaczoxzy9uJZzOw9Qomml&id=61552231682394

C Posted: Mar 03, 2025

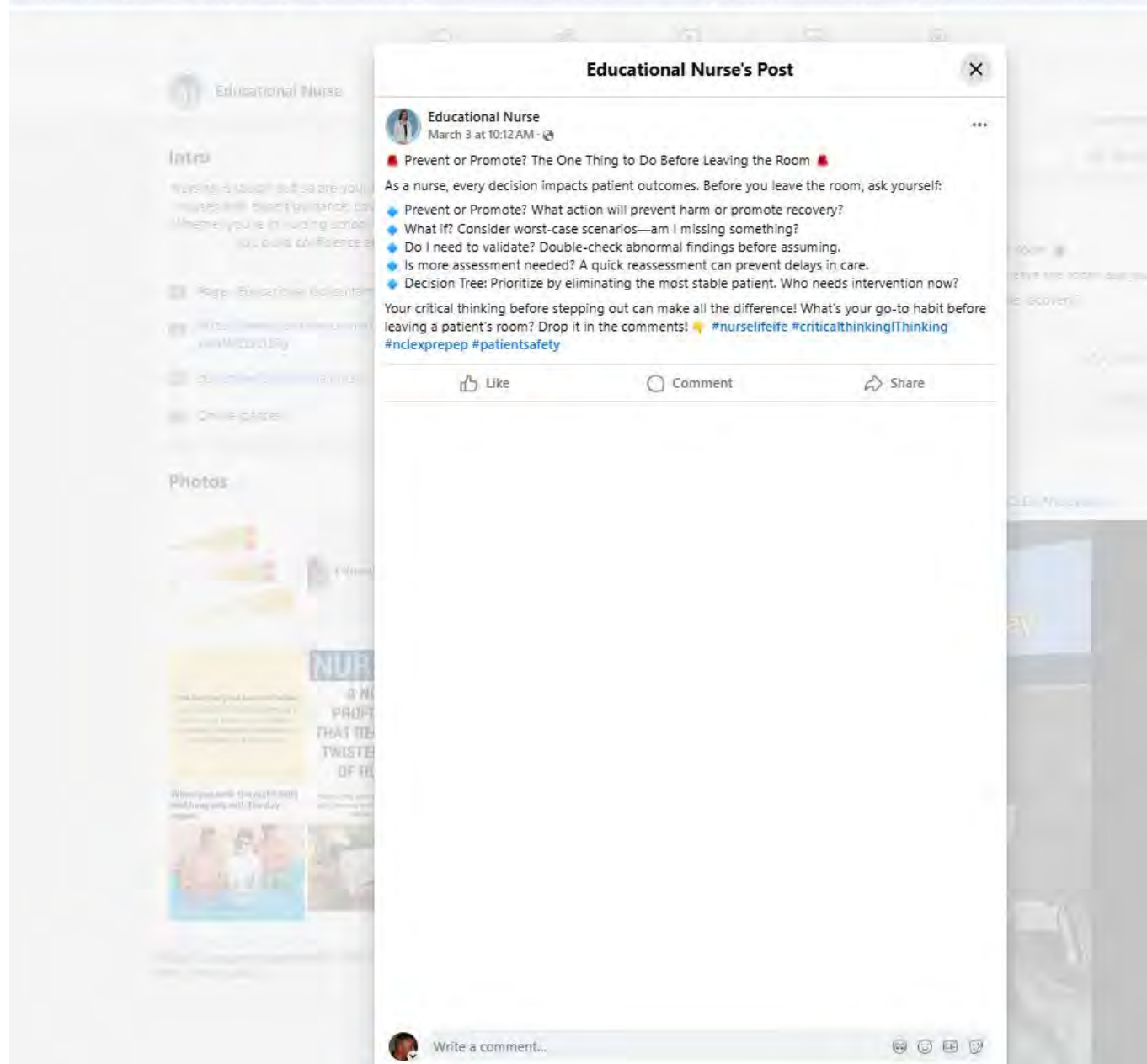
C Captured: Mar 28, 2025

After DOI

☐ Prevent or Promote? The One Thing to Do Before Leaving the Room ☐ As a nurse, every decision impacts patient outcomes. Before you leave the room, ask yourself: ☐ Prevent or Promote? What action will prevent harm or promote recovery? ☐ What if? Consider worst-case scenarios—am I missing something? ☐ Do I need to validate? Double-check abnormal findings before assuming. ☐ Is more assessment needed? A quick reassessment can prevent delays in care. ☐ Decision Tree: Prioritize by eliminating the most stable patient. Who needs intervention now? Your critical thinking before stepping out can make all the difference! What's your go-to habit before leaving a patient's

room? Drop it in the comments! 📌 #nurselifeife #criticalthinkingIThinking #nclexprepep #patientsafety

facebook.com/permalink.php?story_fbid=pfbid02ieAqX9stT3evwEAc3Qiai6V1d66MK6vHc5EkpXGPgDC6FYacozxy9uJZzQw9Qmml&id=61552231682394



TikTok

[@educational_nurse1](#)

System ID: [564249](#)

C Posted: Mar 03, 2025

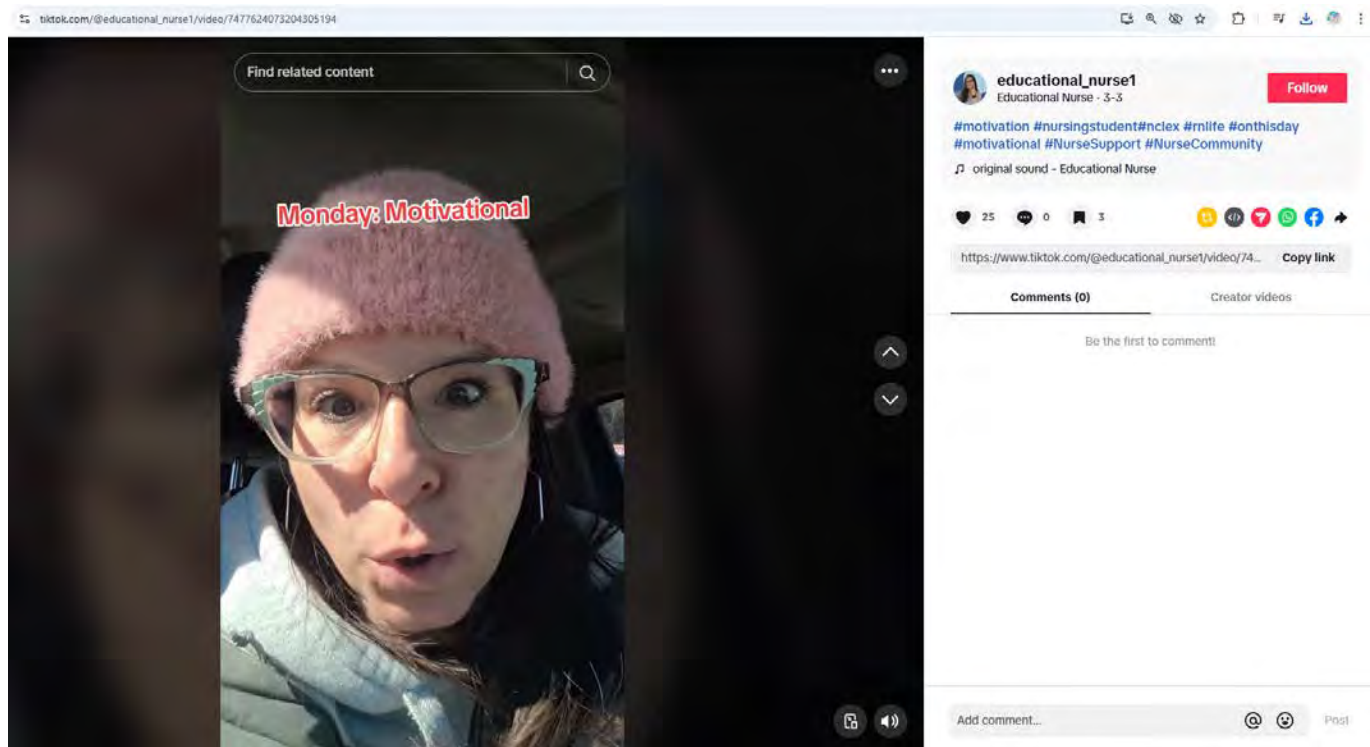
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7477624073204305194

After DOI

#motivation #nursingstudent#nclex #rnlife #onthisday #motivational #NurseSupport #NurseCommunity



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564252](#)

C Posted: Mar 03, 2025

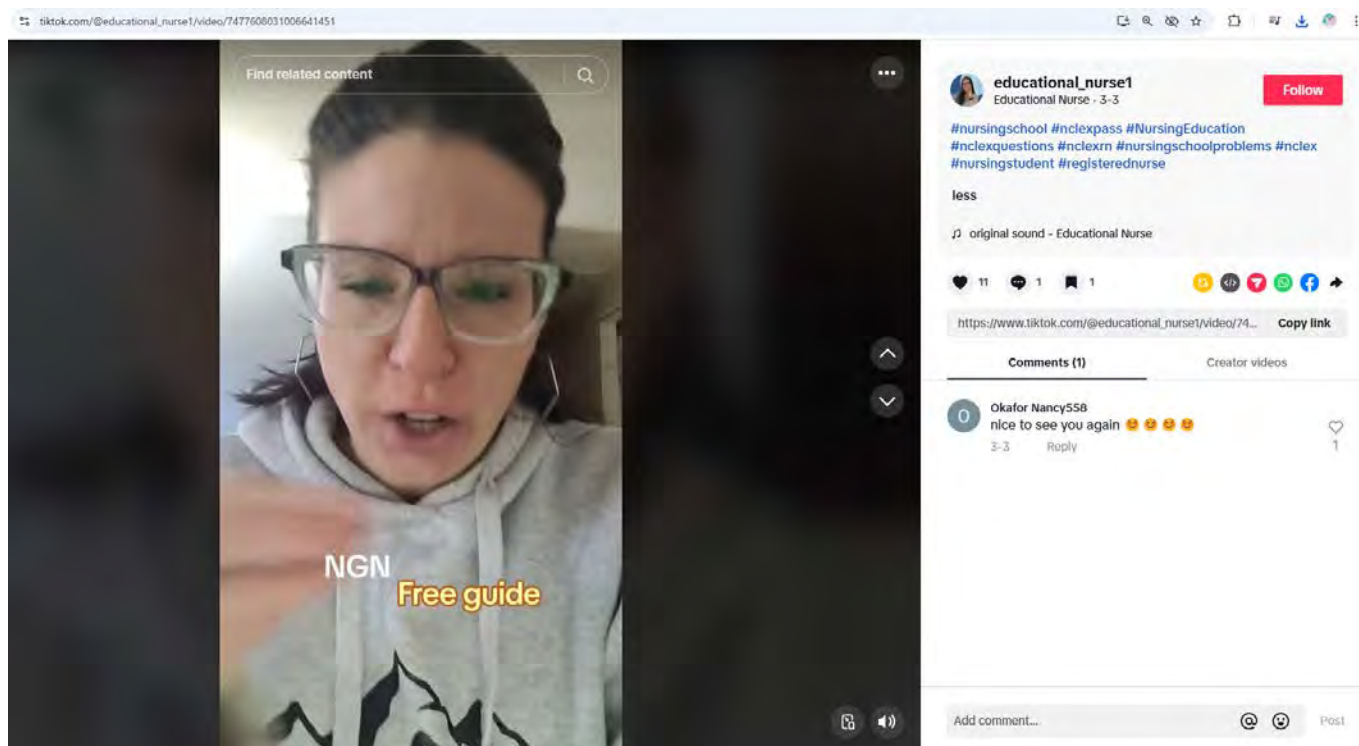
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7477608031006641451

After DOI

#nursingschool #nclexpass #NursingEducation #nclexquestions #nclexrn #nursingschoolproblems #nclex #nursingstudent #registerednurse



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564255](#)

C Posted: Mar 03, 2025

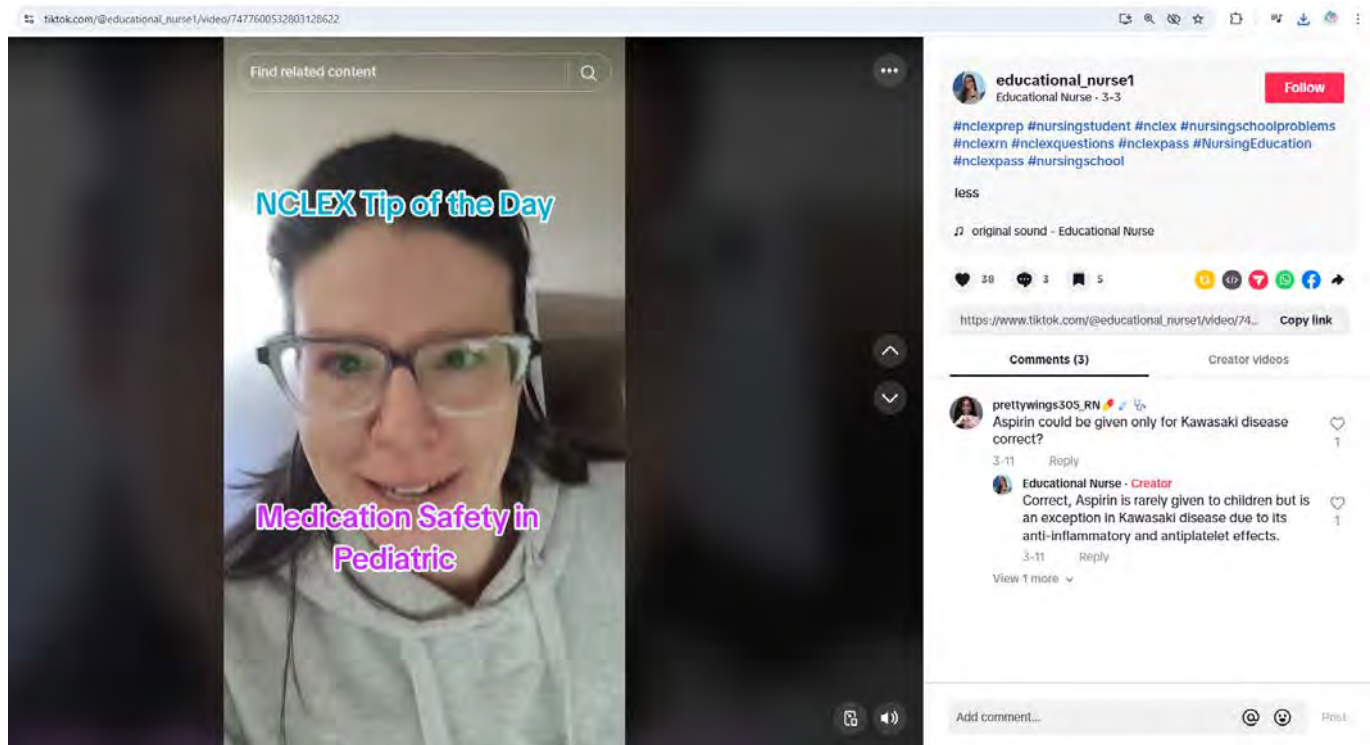
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7477600532803128622

After DOI

#nclexprep #nursingstudent #nclex #nursingschoolproblems #nclexrn #nclexquestions #nclexpass #NursingEducation #nclexpass #nursingschool



[Link to download video](#)

B Facebook

B 61552231682394

B System ID: 564183

f Kathryn M Watson MSN RN

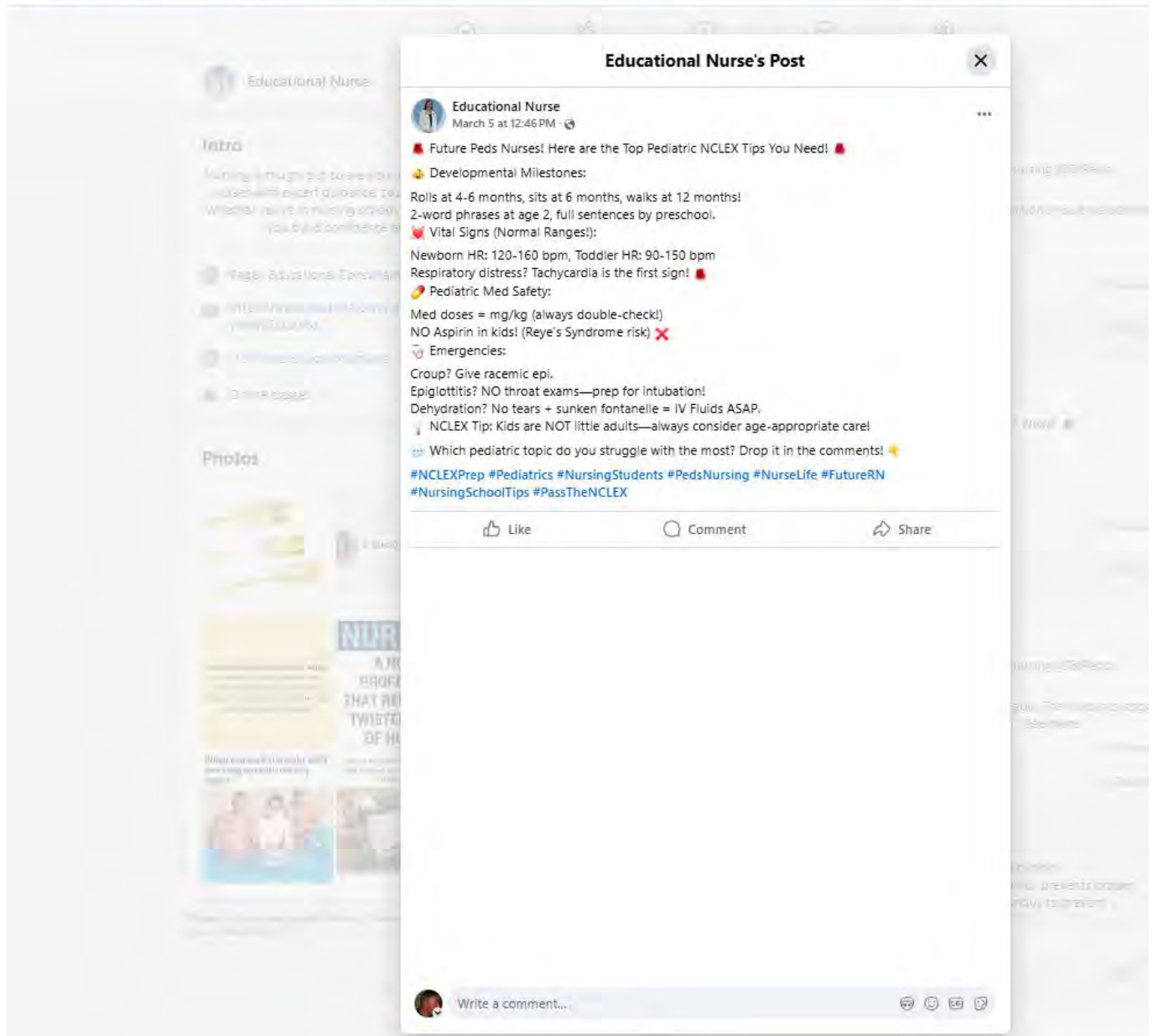
j https://www.facebook.com/permalink.php?story_fbid=pfbid02DJErTYSzu5b22GVL4ZjEZw2kVn7LFPBdFubfz8o7xXDrDS3c7kRF1cYmj4UNP76l&id=61552231682394

After DOI

□ Future Peds Nurses! Here are the Top Pediatric NCLEX Tips You Need! □ □ Developmental Milestones: Rolls at 4-6 months, sits at 6 months, walks at 12 months! 2-word phrases at age 2, full sentences by preschool. □ Vital Signs (Normal Ranges!): Newborn HR: 120-160 bpm, Toddler HR: 90-150 bpm Respiratory distress? Tachycardia is the first sign! □ □ Pediatric Med Safety: Med doses = mg/kg (always double-check!) NO Aspirin in kids! (Reye's Syndrome risk) □ □ Emergencies: Croup? Give racemic epi. Epiglottitis? NO throat exams—prep for intubation! Dehydration? No tears + sunken fontanelle = IV Fluids ASAP. □ NCLEX Tip: Kids are NOT little adults—always consider age-appropriate care! □ Which pediatric topic do you struggle with the most? Drop it in the comments! □ #NCLEXPrep #Pediatrics #NursingStudents #PedsNursing #NurseLife #FutureRN #NursingSchoolTips #PassTheNCLEX

C Posted: Mar 05, 2025

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 564184

f Kathryn M Watson MSN RN

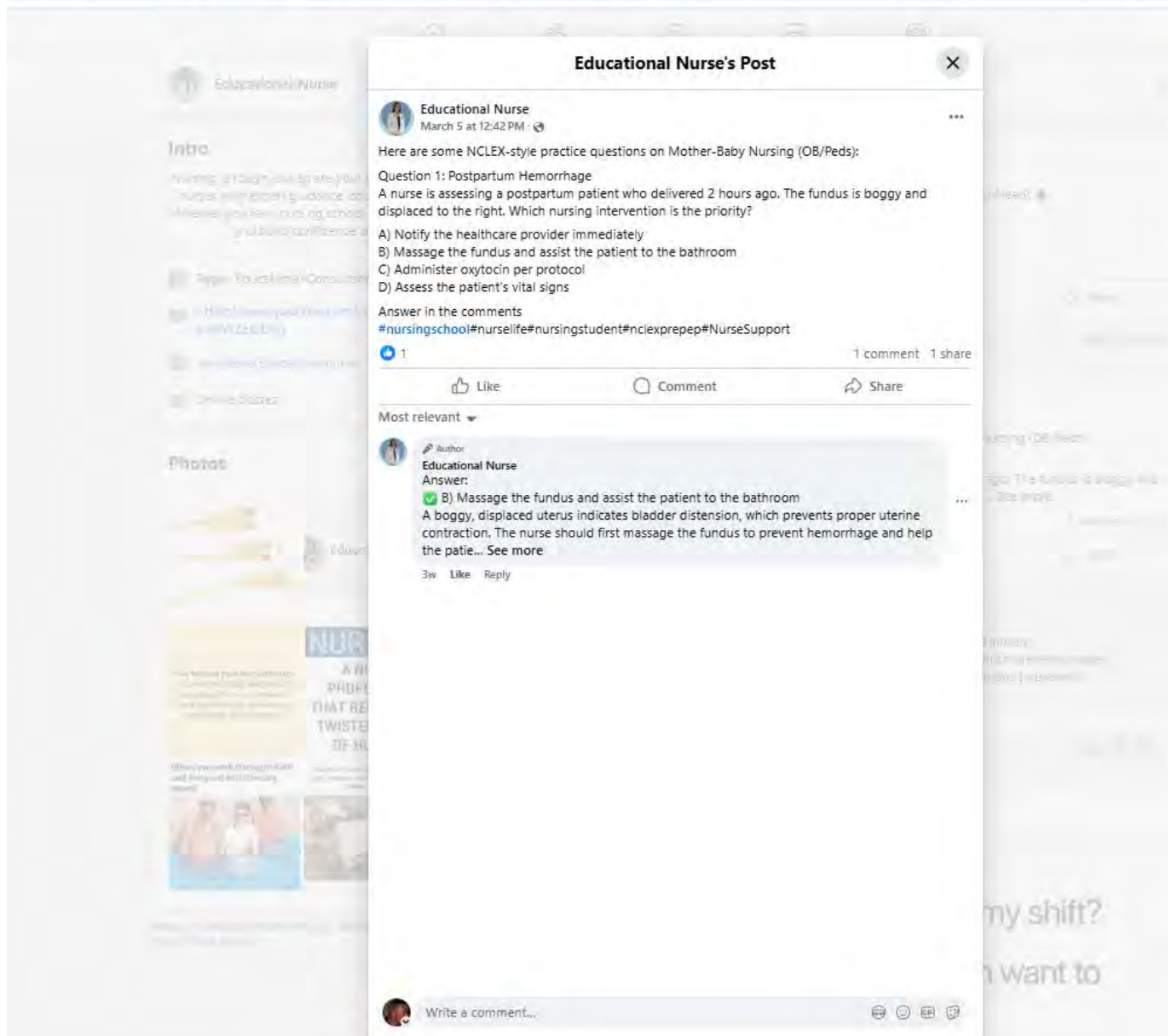
j https://www.facebook.com/permalink.php?story_fbid=pfbid02BfzT6e7VITgwwgM3hJMLX4YHmZJKa7GNfhUz7UuiHuVWKSFEp9hy4jwdoaWAKI&id=61552231682394

After DOI

Here are some NCLEX-style practice questions on Mother-Baby Nursing (OB/Peds): Question 1: Postpartum Hemorrhage A nurse is assessing a postpartum patient who delivered 2 hours ago. The fundus is boggy and displaced to the right. Which nursing intervention is the priority? A) Notify the healthcare provider immediately B) Massage the fundus and assist the patient to the bathroom C) Administer oxytocin per protocol D) Assess the patient's vital signs Answer in the comments #nursingschool#nurselife#nursingstudent#nclexprepep#NurseSupport

C Posted: Mar 05, 2025

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 564185

f Kathryn M. Watson MSN RN

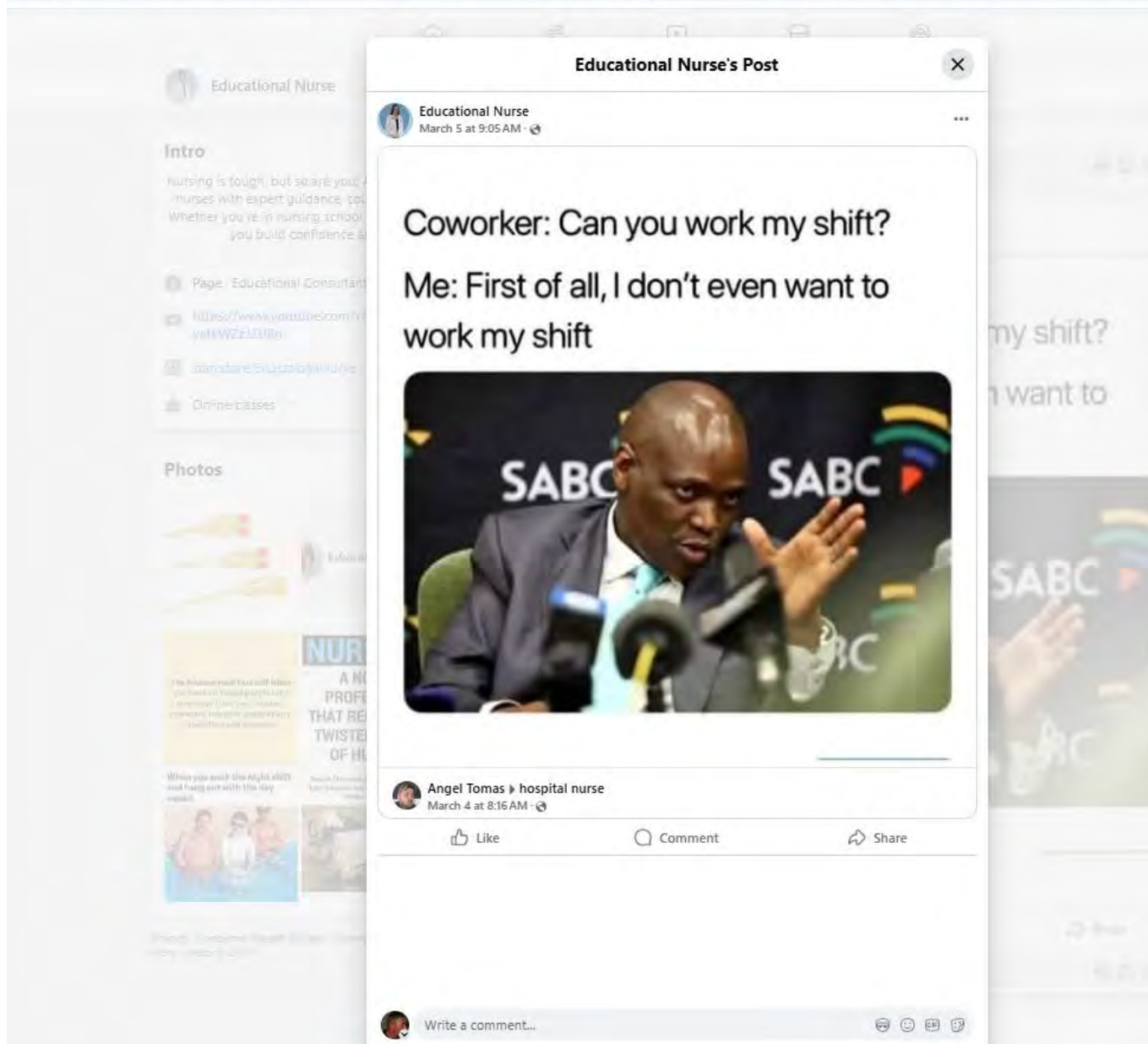
j https://www.facebook.com/permalink.php?story_fbid=pfbid0m8DguhGnONxM48CGuRAq4vKBqFOpJuGwL8nb8XmGnxLXSioHFAHP4cNacLs5JeRI&id=61552231682394

C Posted: Mar 05, 2025

C Captured: Mar 28, 2025

After DOI

Repost from Subject.



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid035qSSNPB6BSUXpGtPAjgFsDdQjvVqVTQ9icabsG4pmzaYeTDY71yErVirgh6VSqFHI&id=61552231682394)

B System ID: [564187](#)

f [Kathryn M Watson MSN RN](#)

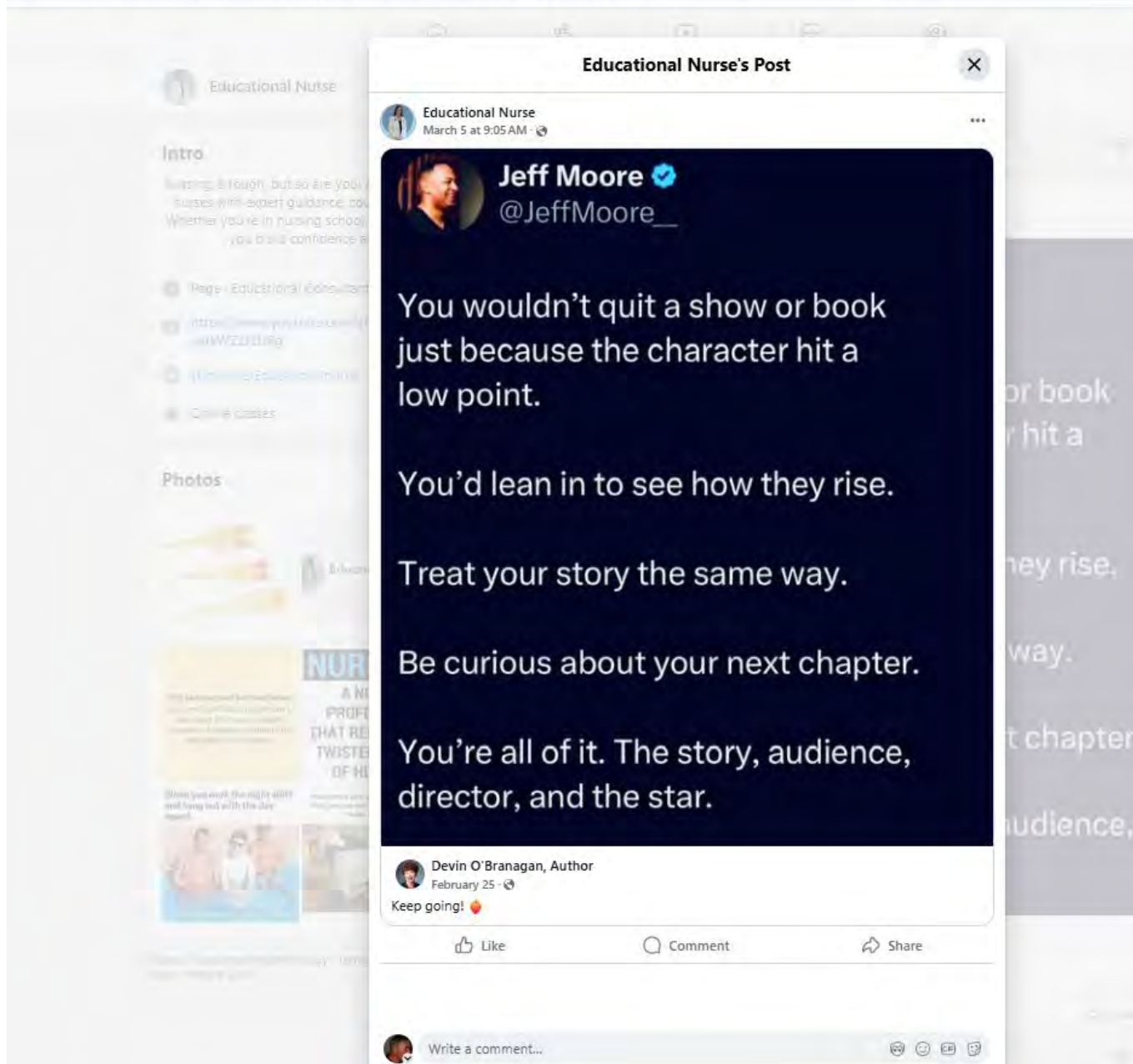
j https://www.facebook.com/permalink.php?story_fbid=pfbid035qSSNPB6BSUXpGtPAjgFsDdQjvVqVTQ9icabsG4pmzaYeTDY71yErVirgh6VSqFHI&id=61552231682394

After DOI

Repost from Subject.

C Posted: Mar 05, 2025

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 564188

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0KVsOwPL7HtfHYTySnyVujFpKNXVZkkLBdiBg56yAhj9m7MxidgcTZXRhekmWdtYl&id=61552231682394

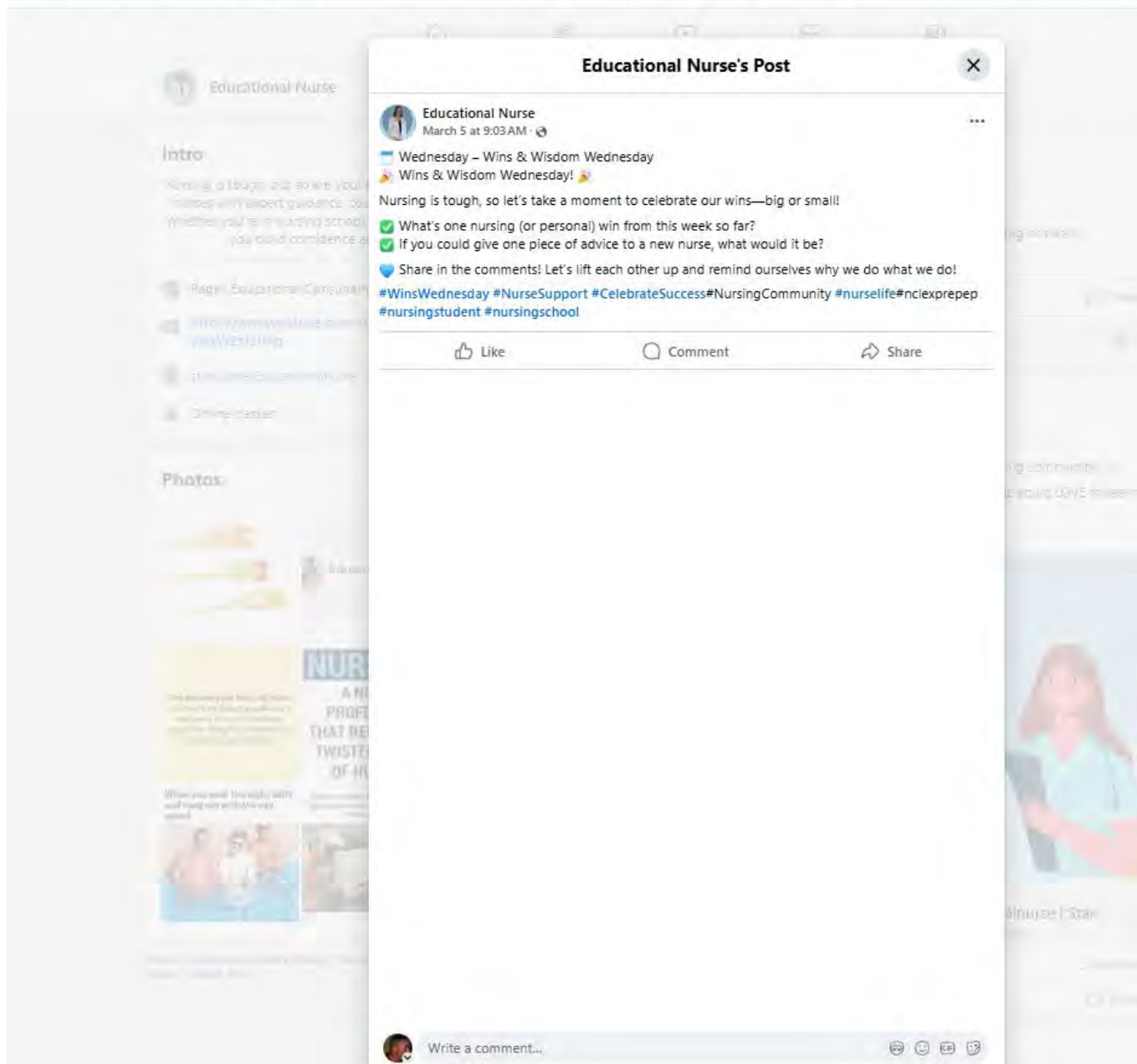
C Posted: Mar 05, 2025

C Captured: Mar 28, 2025

After DOI

□ Wednesday – Wins & Wisdom Wednesday □ Wins & Wisdom Wednesday! □ Nursing is tough, so let's take a moment to celebrate our wins—big or small! □ What's one nursing (or personal) win from this week so far? □ If you could give one piece of advice to a new nurse, what would it be? □ Share in the comments! Let's lift each other up and remind ourselves why we do what we do!

#WinsWednesday #NurseSupport #CelebrateSuccess#NursingCommunity #nurselife#nclexpreprep #nursingstudent #nursingschool



B Facebook

B 61552231682394

B System ID: 564181

f Kathryn M. Watson MSN RN

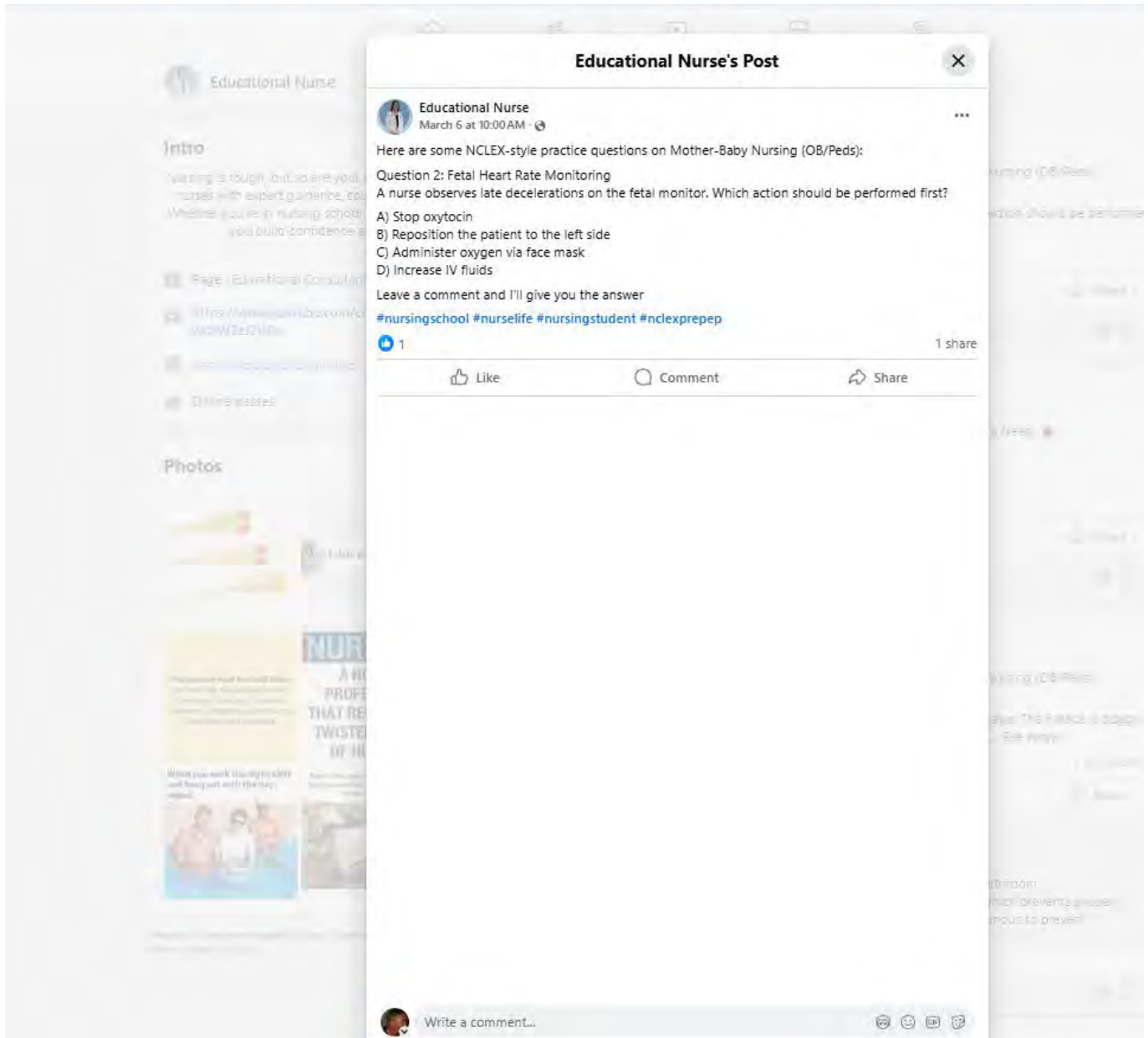
j https://www.facebook.com/permalink.php?story_fbid=pfbid0222qR8ysQU1Vyr4Ycrb6x3ZED3B19q3Ma83seamzPGhwJGh7ngpGDdLgmxxULzOEil&id=61552231682394

C Posted: Mar 06, 2025

C Captured: Mar 28, 2025

After DOI

Here are some NCLEX-style practice questions on Mother-Baby Nursing (OB/Peds): Question 2: Fetal Heart Rate Monitoring A nurse observes late decelerations on the fetal monitor. Which action should be performed first? A) Stop oxytocin B) Reposition the patient to the left side C) Administer oxygen via face mask D) Increase IV fluids Leave a comment and I'll give you the answer #nursingschool #nurselife #nursingstudent #nclexprepep



TikTok

@educational_nurse1

System ID: 564230

f Kathryn M Watson MSN RN

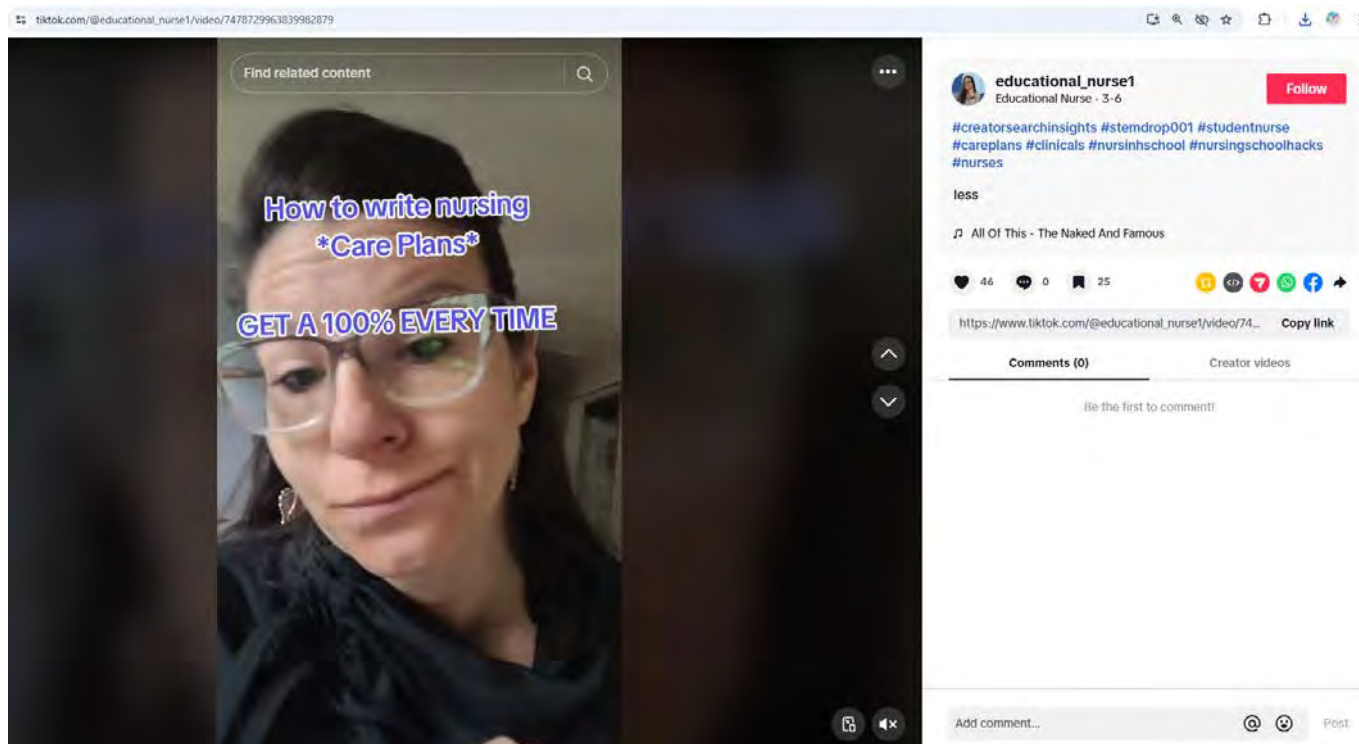
j https://www.tiktok.com/@educational_nurse1/video/7478729963839982879

After DOI

#creatorsearchinsights #stemdrop001 #studentnurse #careplans #clinicals #nursinhhschool #nursingschoolhacks #nurses

C Posted: Mar 06, 2025

C Captured: Mar 28, 2025



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564236](#)

C Posted: Mar 06, 2025

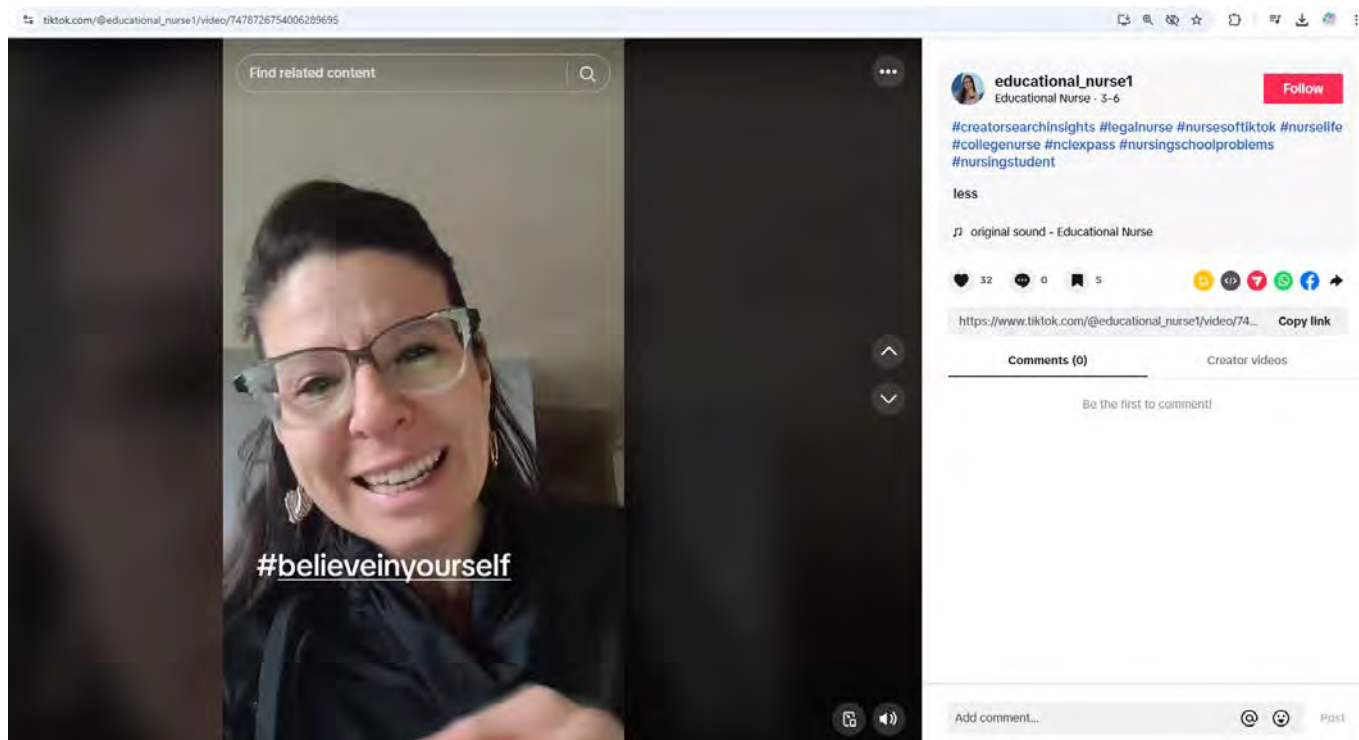
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7478726754006289695

After DOI

#creatorsearchinsights #legalnurse #nursesoftiktok #nurselife #collegenurse #nclexpass
#nursingschoolproblems #nursingstudent



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564242](#)

C Posted: Mar 06, 2025

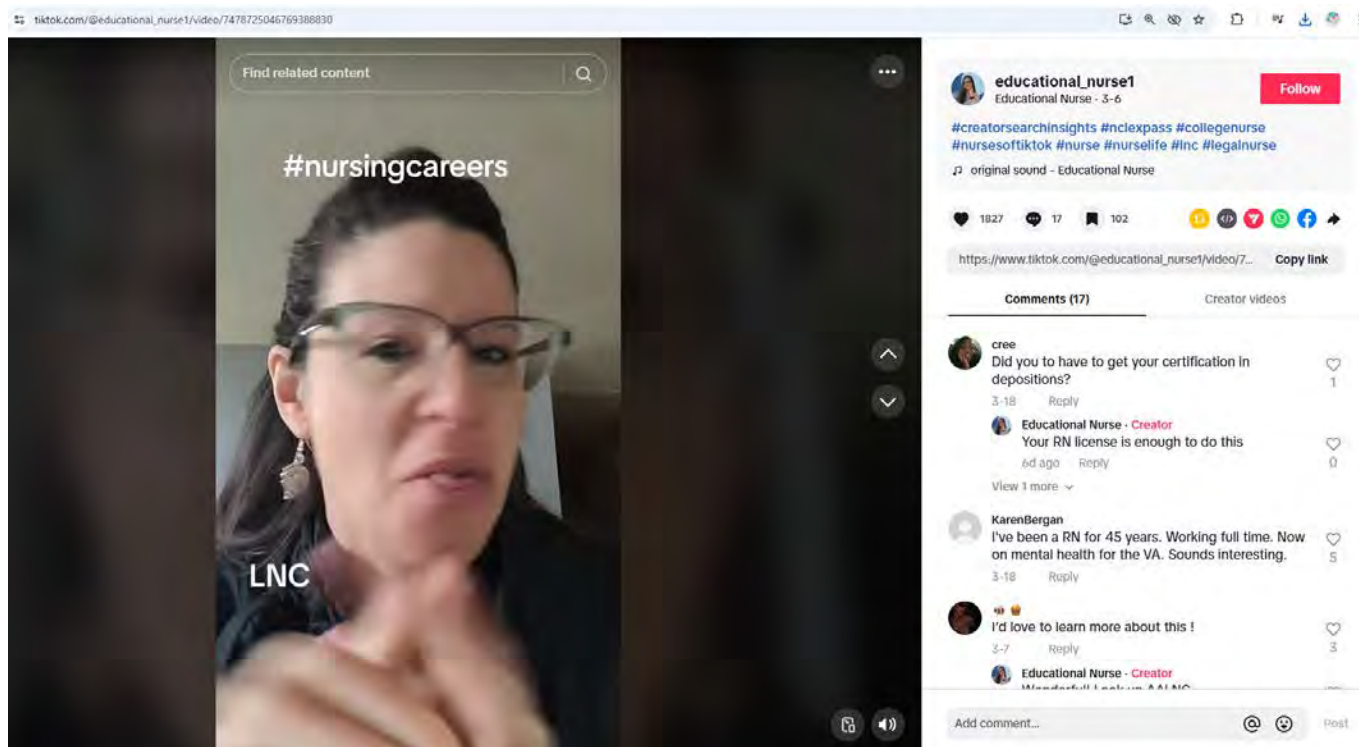
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7478725046769388830

After DOI

#creatorsearchinsights #nclexpass #collegenurse #nursesoftiktok #nurse #nurselife #inc #legalnurse



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564247](#)

C Posted: Mar 06, 2025

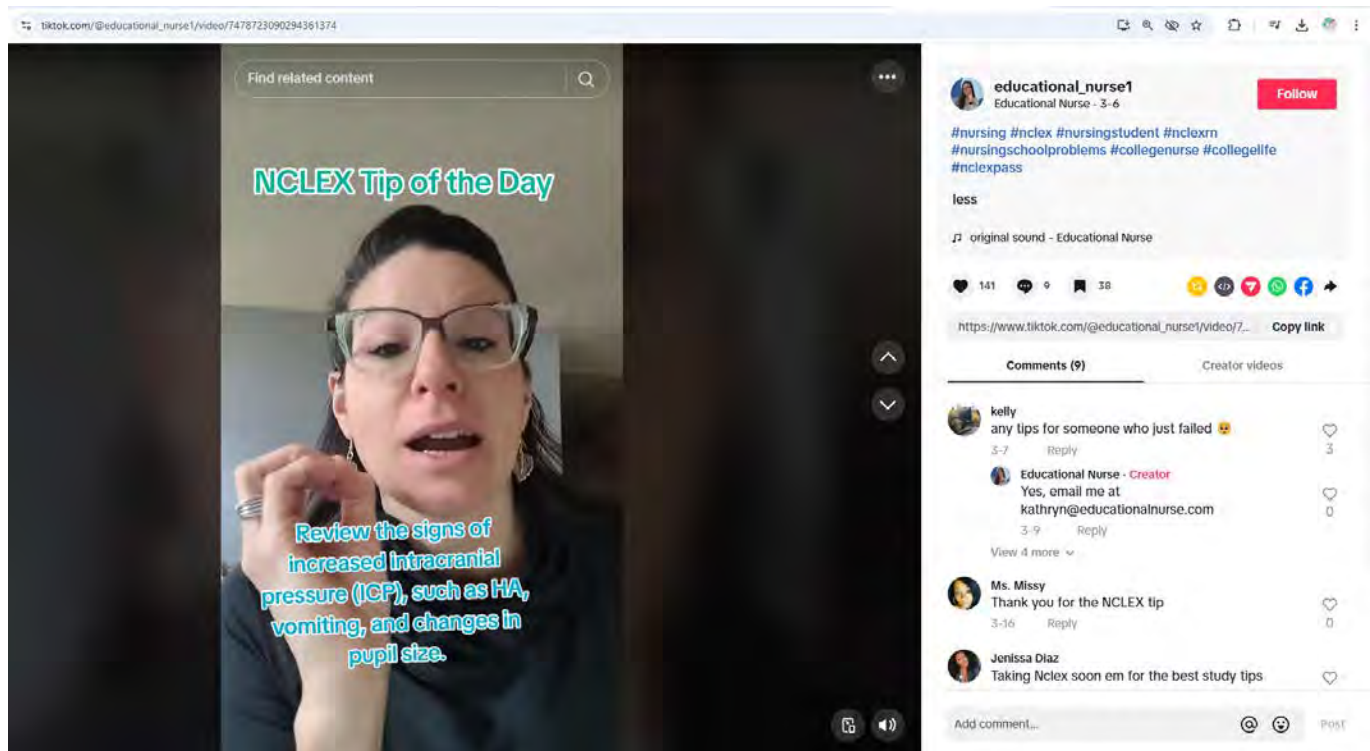
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7478723090294361374

After DOI

#nursing #nclex #nursingstudent #nclexrn #nursingschoolproblems #collegenurse #collegelife #nclexpass



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7478723090294361374)

B Facebook

B 61552231682394

B System ID: 564162

f Kathryn M Watson MSN RN

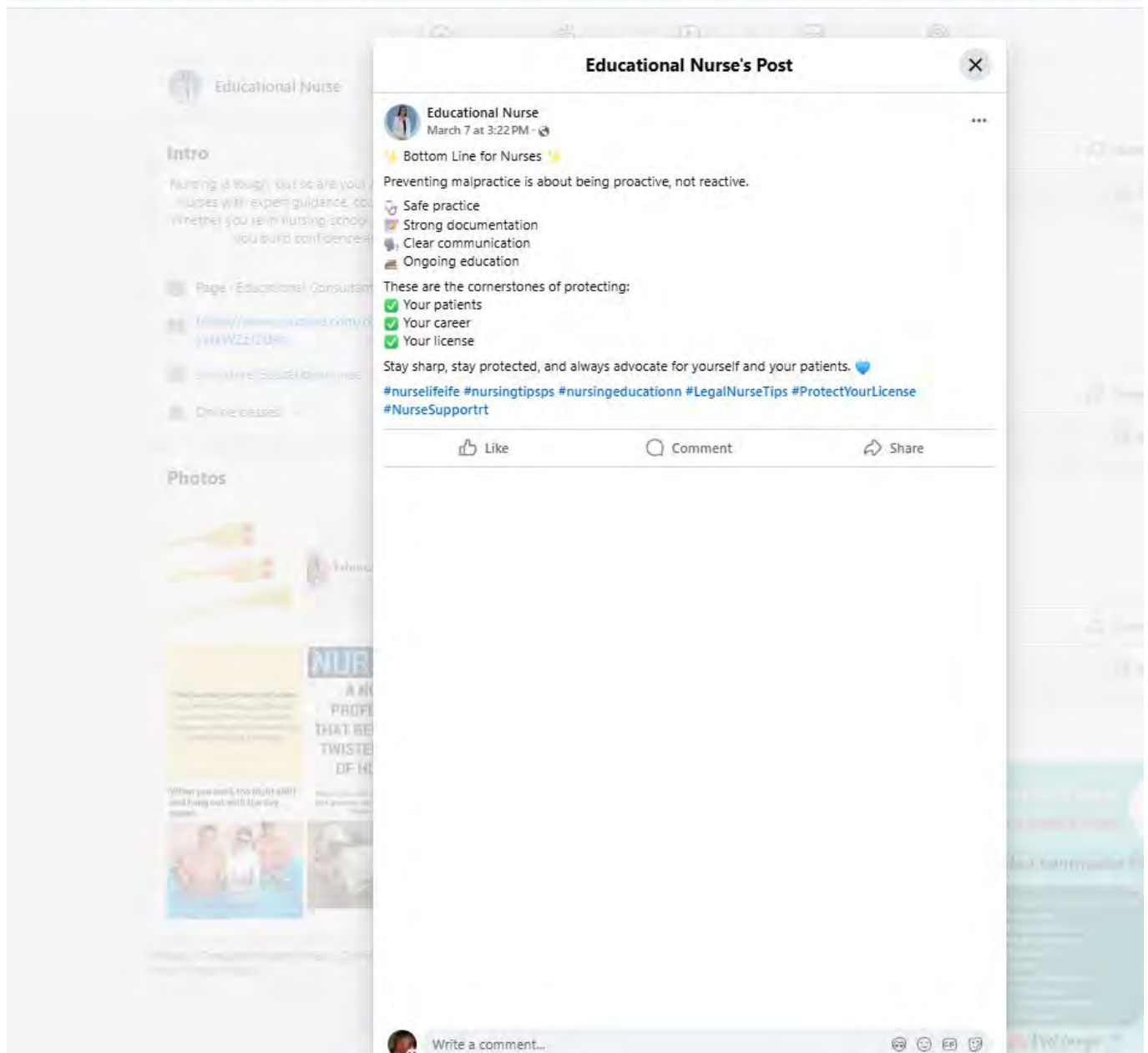
j https://www.facebook.com/permalink.php?story_fbid=pfbid0jBqp19eh7Nz31gbnWuhzEgwUea77NxNPY9xkjsYgKNbbRihJvqhoF2qfKwHLDEatI&id=61552231682394

After DOI

□ Bottom Line for Nurses □ Preventing malpractice is about being proactive, not reactive. □ Safe practice □ Strong documentation □ Clear communication □ Ongoing education These are the cornerstones of protecting: □ Your patients □ Your career □ Your license Stay sharp, stay protected, and always advocate for yourself and your patients. □ #nurselifeife #nursingtipsps #nursingeducationn #LegalNurseTips #ProtectYourLicense #NurseSupportrt

C Posted: Mar 07, 2025

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 564166

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0DNYwrfnNYFuNSWwUA5sM7VER8z64nDCoE42hgjKEuJEAiD15iayom67qQqbXwK7FI&id=61552231682394

C Posted: Mar 07, 2025

C Captured: Mar 28, 2025

After DOI

□ Preventing Patient Falls in Hospitals - What Every Nurse Needs to Know! □ Falls are one of the most common hospital incidents, and they can lead to serious injuries, longer hospital stays, and increased healthcare costs. But here's the good news — most falls are preventable with the right strategies in place! Here are some key steps to reduce fall risk:

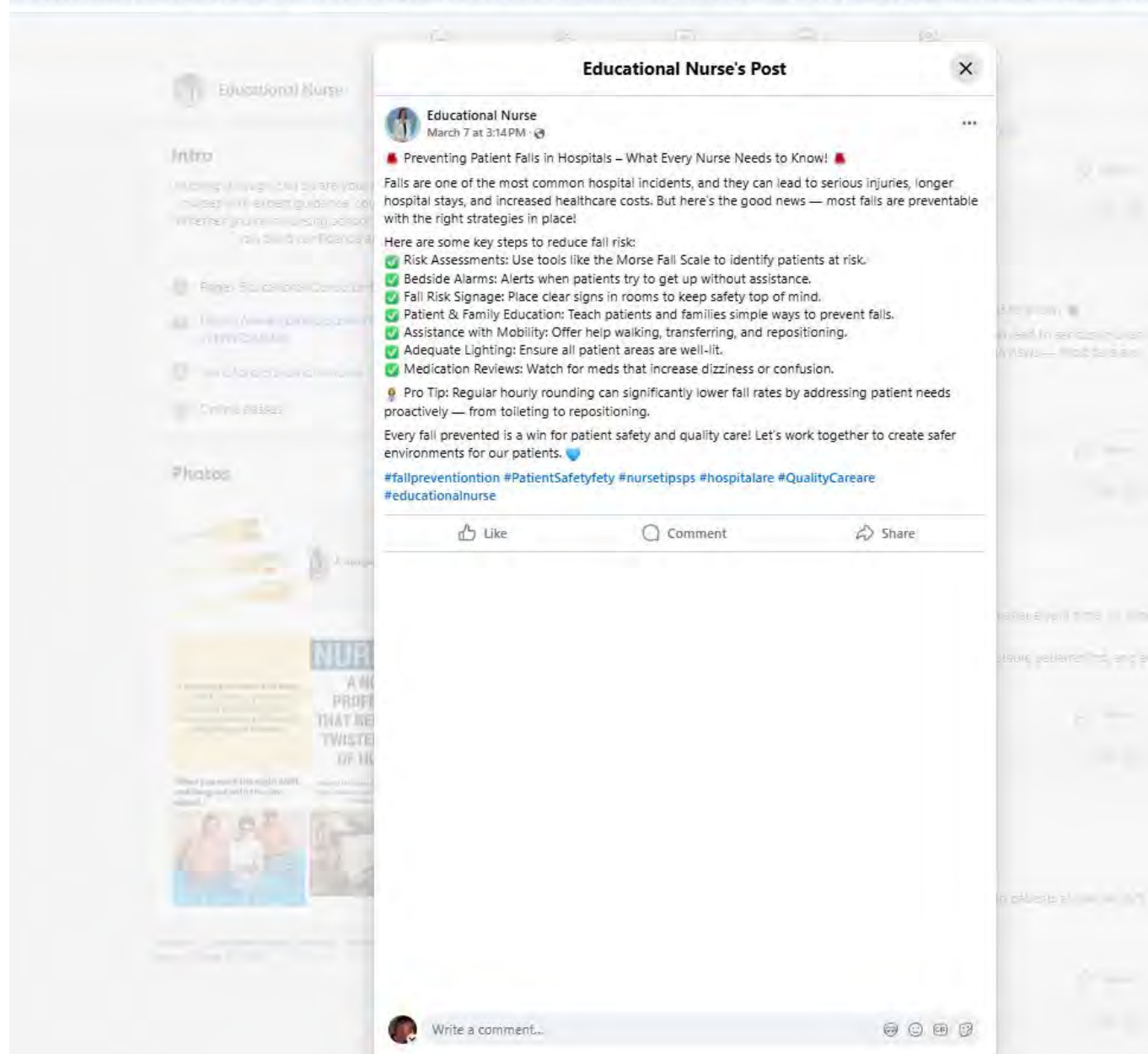
- Risk Assessments: Use tools like the Morse Fall Scale to identify patients at risk.
- Bedside Alarms: Alerts when patients try to get up without assistance.
- Fall Risk Signage: Place clear signs in rooms to keep safety top of mind.
- Patient & Family Education: Teach patients and families simple ways to prevent falls.
- Assistance with Mobility: Offer help walking, transferring, and repositioning.
- Adequate Lighting: Ensure all patient areas are well-lit.
- Medication Reviews: Watch for meds that increase dizziness or confusion.

□□ Pro Tip: Regular hourly rounding can significantly lower fall rates by addressing

patient needs proactively — from toileting to repositioning. Every fall prevented is a win for patient safety and quality care! Let's work together to create safer environments for our patients. ☐

#fallprevention #PatientSafetyfety #nurses tips #hospitalare #QualityCareare #educationalnurse

facebook.com/permalink.php?story_fbid=pfbid0DNVwrfnNYFuNSWwUA5sM7VER8z64nDCoE42hgjKFuJEaID15iayom67qQqbXwK7FI&id=61552231682394



B Facebook

B 61552231682394

B System ID: 564169

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid08lqgAXRx8uqv3YgU5LUSZM7RRpE75Bav8LsueThgwRdZOO8NeKqAzyoxbknAdP7SI&id=61552231682394

C Posted: Mar 07, 2025

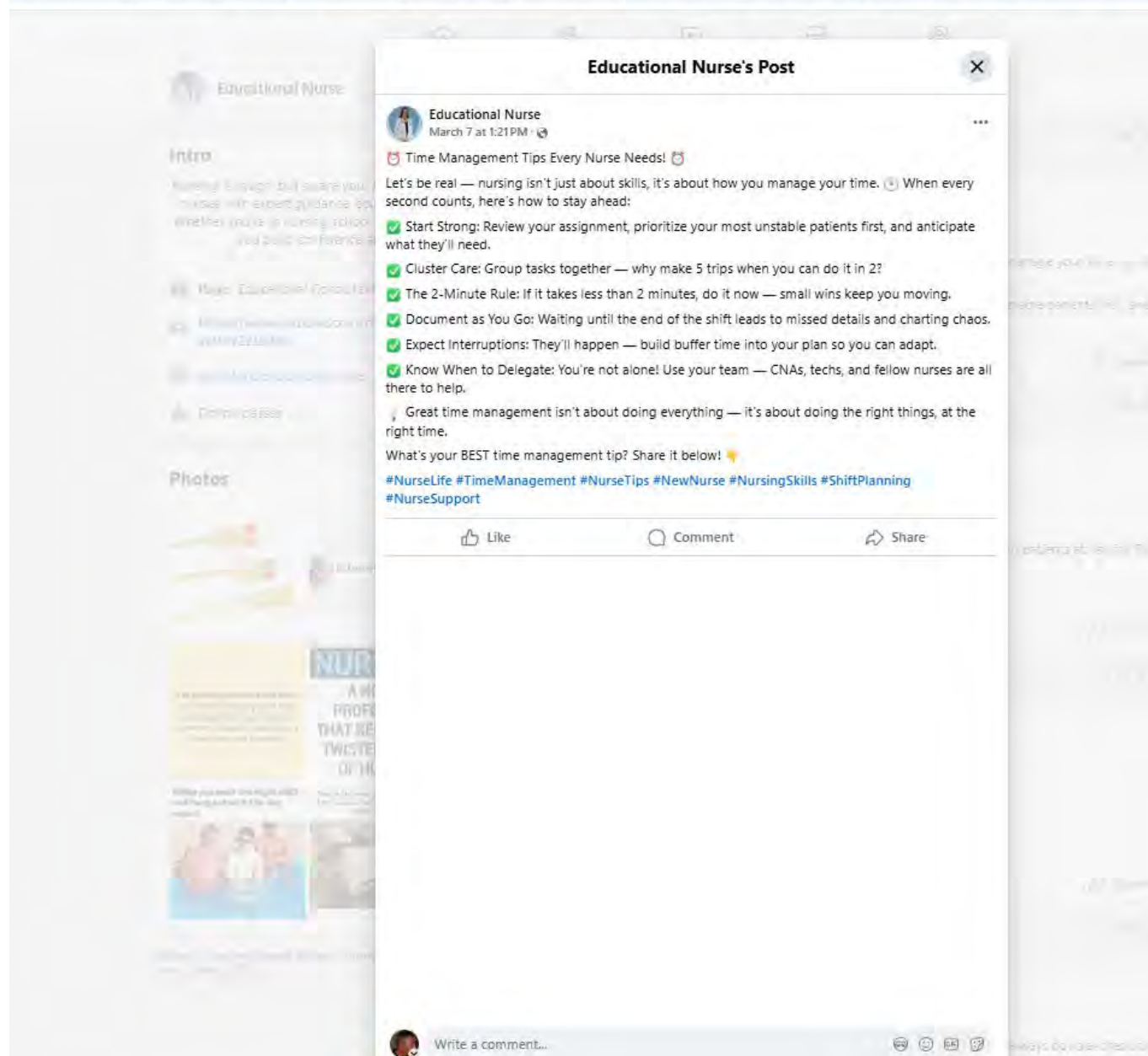
C Captured: Mar 28, 2025

After DOI

☐ Time Management Tips Every Nurse Needs! ☐ Let's be real — nursing isn't just about skills, it's about how you manage your time. ☐ When every second counts, here's how to stay ahead: ☐ Start Strong: Review your assignment, prioritize your most unstable patients first, and anticipate what they'll need. ☐ Cluster Care: Group tasks together — why make 5 trips when you can do it in 2? ☐ The 2-Minute Rule: If it takes less than 2 minutes, do it now — small wins keep you moving. ☐ Document as You Go: Waiting until the end of the shift leads to missed details and charting chaos. ☐

Expect Interruptions: They'll happen — build buffer time into your plan so you can adapt. □ Know When to Delegate: You're not alone! Use your team — CNAs, techs, and fellow nurses are all there to help. □ Great time management isn't about doing everything — it's about doing the right things, at the right time. What's your BEST time management tip? Share it below! □ #NurseLife #TimeManagement #NurseTips #NewNurse #NursingSkills #ShiftPlanning #NurseSupport

facebook.com/permalink.php?story_fbid=pfbid08JcgAXRx8uqv3YgU5LUSZM7RRpE75Bav8LsueThgwRdZQQ8NeKqAzyoxbknAdP7SI&id=61552231682394



B Facebook

B 61552231682394

B System ID: 564170

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0Aix74xGM6HFSx5LNw1A3CrmwJRbzDUgwO4WcG4vue7BuqMW7sAfkbmMRdrddRg3ul&id=61552231682394

After DOI

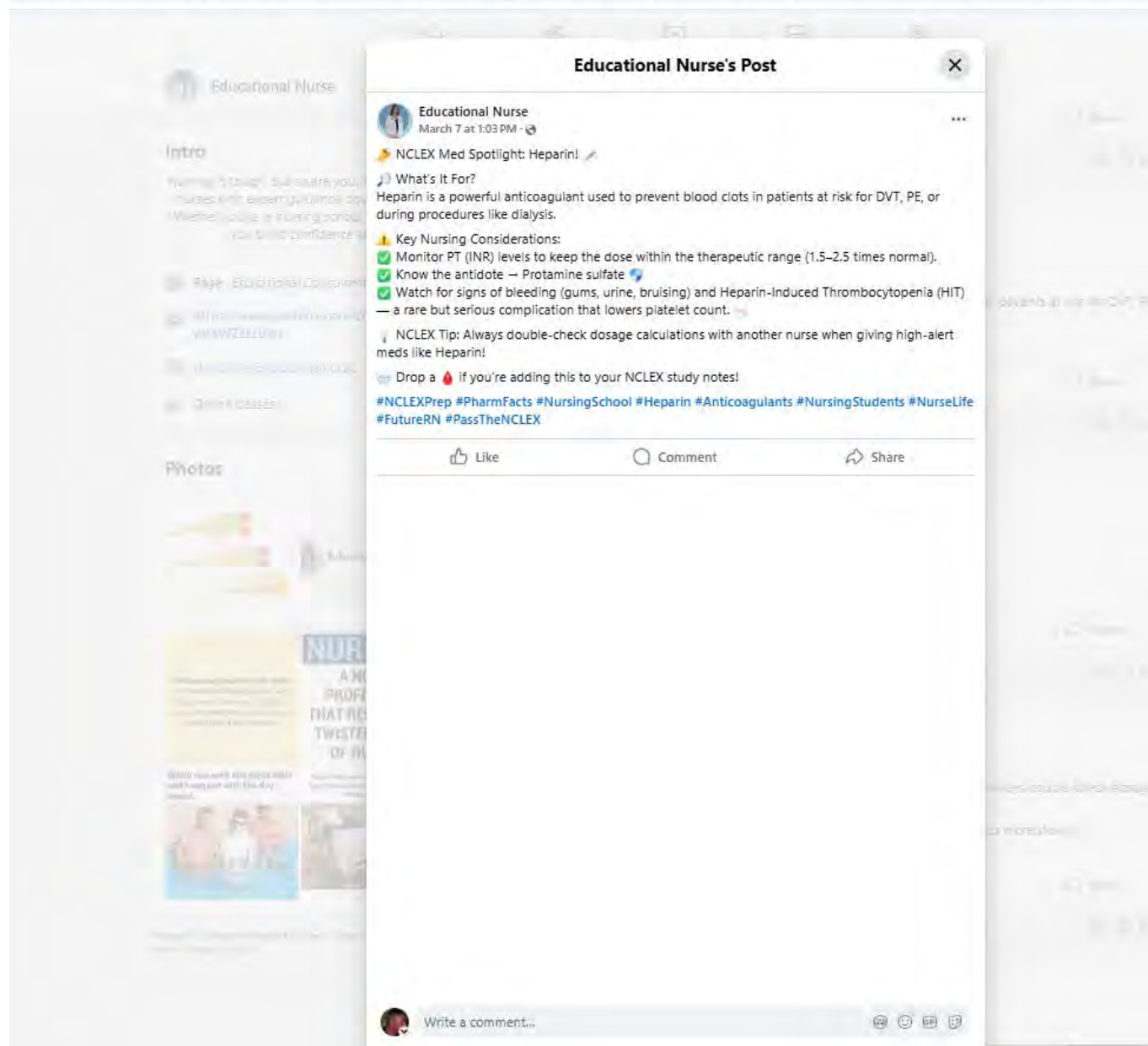
□ NCLEX Med Spotlight: Heparin! □ □ What's It For? Heparin is a powerful anticoagulant used to prevent blood clots in patients at risk for DVT, PE, or during procedures like dialysis. □ Key Nursing Considerations: □ Monitor PT (INR) levels to keep the dose within the therapeutic range (1.5-2.5 times normal). □ Know the antidote → Protamine sulfate □ □ Watch for signs of bleeding (gums, urine, bruising) and Heparin-Induced Thrombocytopenia (HIT) — a rare but serious complication

C Posted: Mar 07, 2025

C Captured: Mar 28, 2025

that lowers platelet count. ☐ ☐ NCLEX Tip: Always double-check dosage calculations with another nurse when giving high-alert meds like Heparin! ☐ Drop a ☐ if you're adding this to your NCLEX study notes! #NCLEXPrep #PharmFacts #NursingSchool #Heparin #Anticoagulants #NursingStudents #NurseLife #FutureRN #PassTheNCLEX

facebook.com/permalink.php?story_fbid=pfbid0Aix74xGM6HFSx5LNw1A3CrmwjRbzDUgwQ4WcG4vue7BuqMW7sAfkbMRdrddRg3ul&id=61552231682394



B Facebook

B 61552231682394

B System ID: 564172

f Kathryn M Watson MSN RN

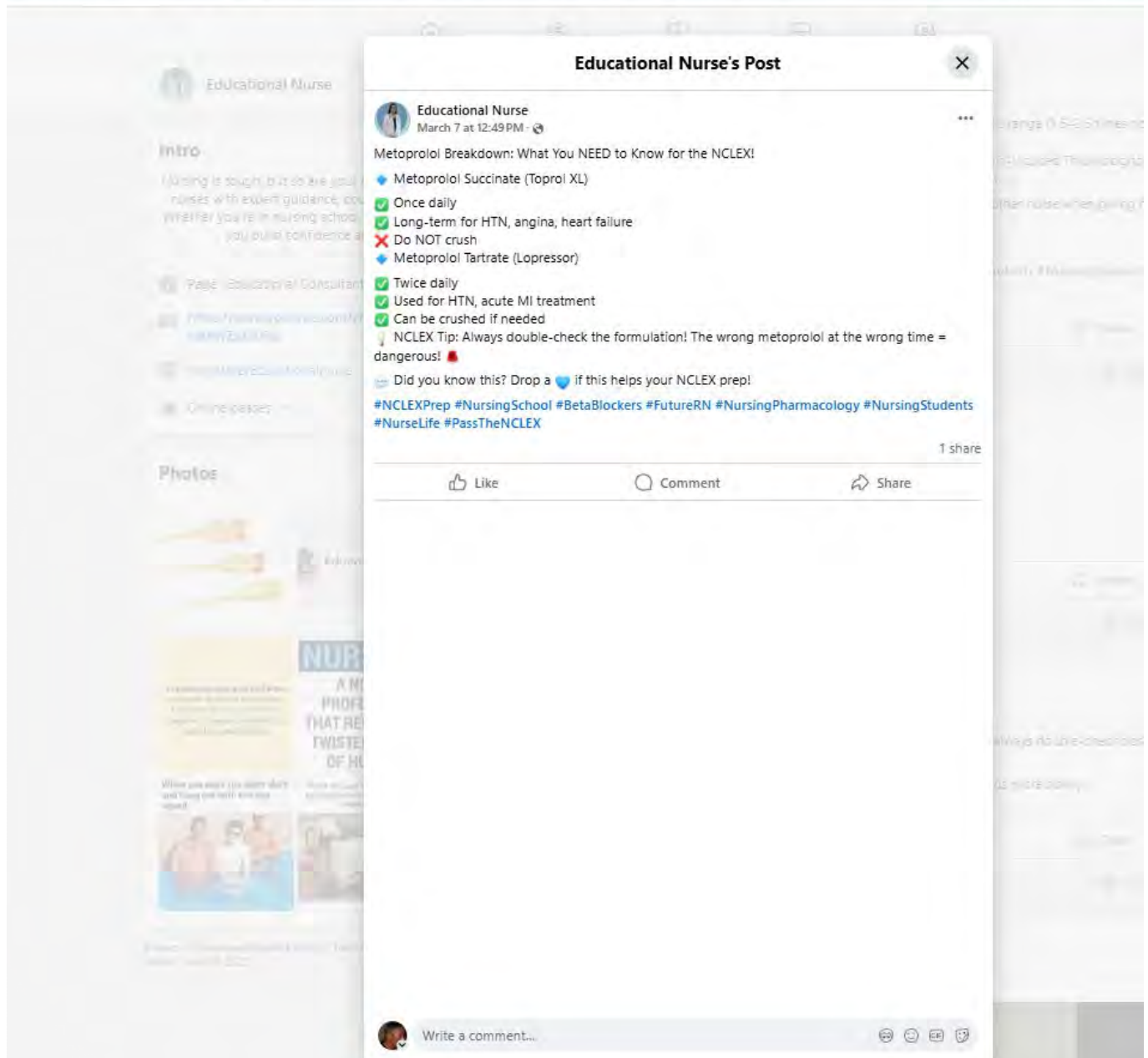
j https://www.facebook.com/permalink.php?story_fbid=pfbid02jVkJKAXZvs1kE4U5bdr8tXMFpQXiGV6hgs8wAfwutEooQ55bEHfVvram5eGT2exl&id=61552231682394

After DOI

Metoprolol Breakdown: What You NEED to Know for the NCLEX! ☐ Metoprolol Succinate (Toprol XL) ☐ Once daily ☐ Long-term for HTN, angina, heart failure ☐ Do NOT crush ☐ Metoprolol Tartrate (Lopressor) ☐ Twice daily ☐ Used for HTN, acute MI treatment ☐ Can be crushed if needed ☐ NCLEX Tip: Always double-check the formulation! The wrong metoprolol at the wrong time = dangerous! ☐ ☐ Did you know this? Drop a ☐ if this helps your NCLEX prep! #NCLEXPrep #NursingSchool #BetaBlockers #FutureRN #NursingPharmacology #NursingStudents #NurseLife #PassTheNCLEX

C Posted: Mar 07, 2025

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 564174

f Kathryn M Watson MSN RN

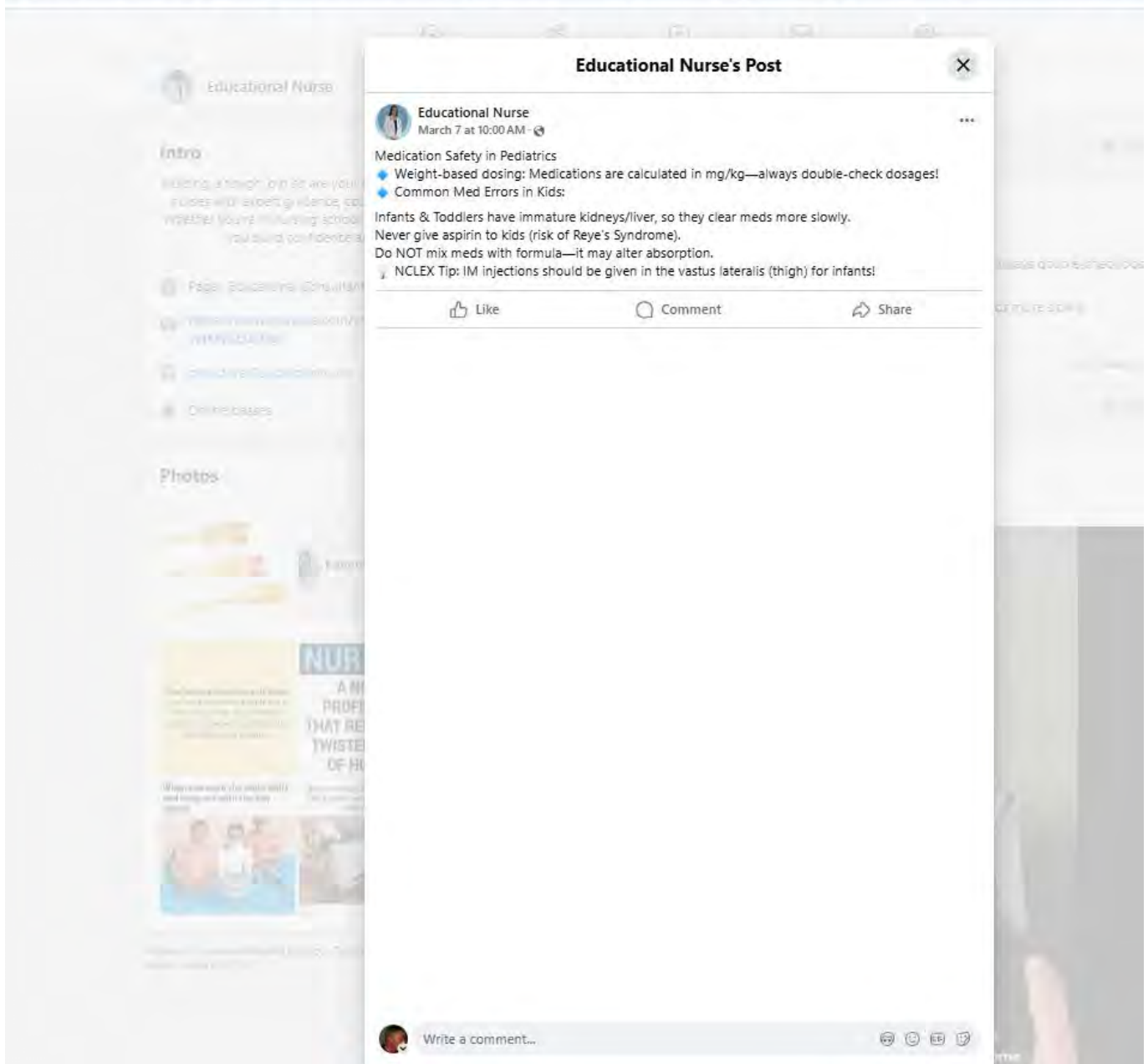
j https://www.facebook.com/permalink.php?story_fbid=pfbid0inFdKNdNaeUjoFyBNcmppm9JnSCp95Fo7RhMETBYjfe1DiApMUkCbmpPtcLarf74Xl&id=61552231682394

C Posted: Mar 07, 2025

C Captured: Mar 28, 2025

After DOI

Medication Safety in Pediatrics □ Weight-based dosing: Medications are calculated in mg/kg—always double-check dosages! □ Common Med Errors in Kids: Infants & Toddlers have immature kidneys/liver, so they clear meds more slowly. Never give aspirin to kids (risk of Reye's Syndrome). Do NOT mix meds with formula—it may alter absorption. □ NCLEX Tip: IM injections should be given in the vastus lateralis (thigh) for infants!



TikTok

[@educational_nurse1](#)

System ID: [564228](#)

C Posted: Mar 07, 2025

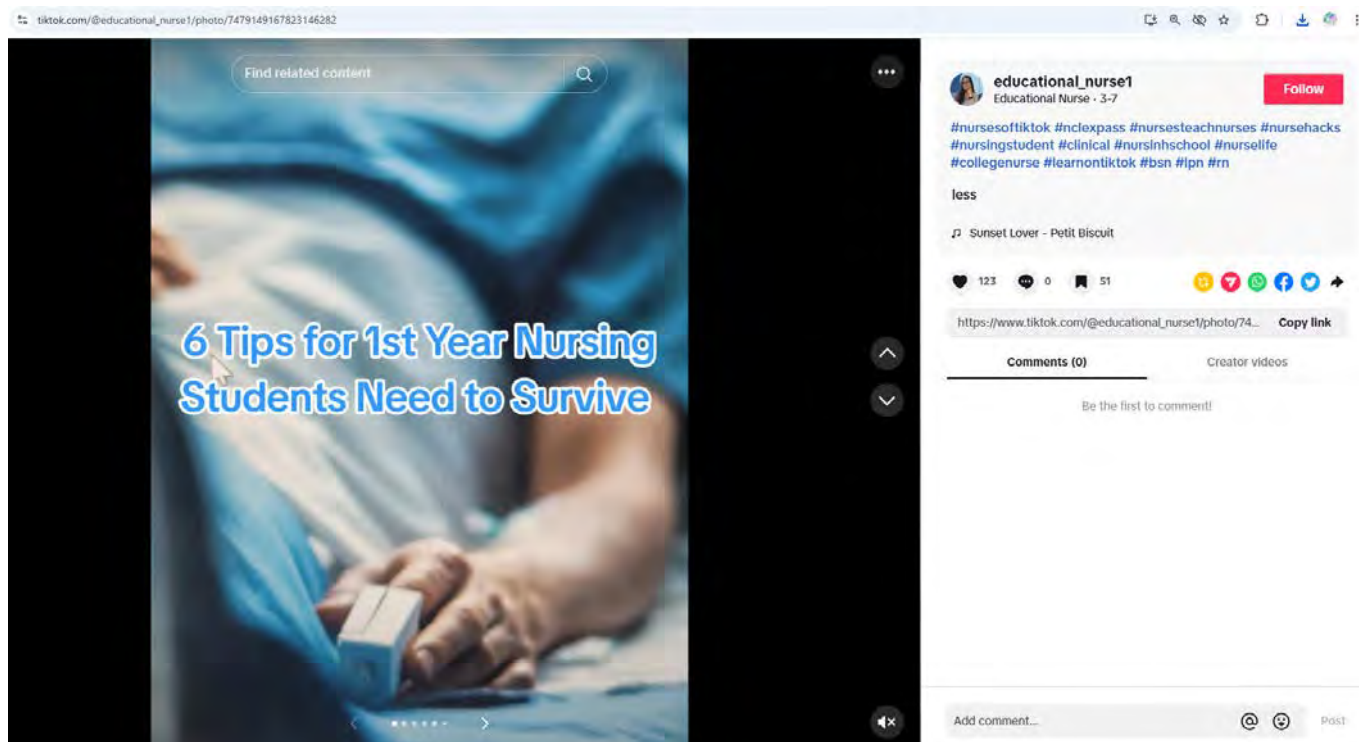
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/photo/7479149167823146282

After DOI

#nursesoftiktok #nclexpass #nursesteachnurses #nursehacks #nursingstudent #clinical #nursinhschool #nurselife #collegenurse #learnontiktok #bsn #lpn #rn



[Link to download video](https://www.tiktok.com/@educational_nurse1/photo/7479149167823146282)

TikTok

[@educational_nurse1](https://www.tiktok.com/@educational_nurse1)

System ID: [564229](#)

C Posted: Mar 07, 2025

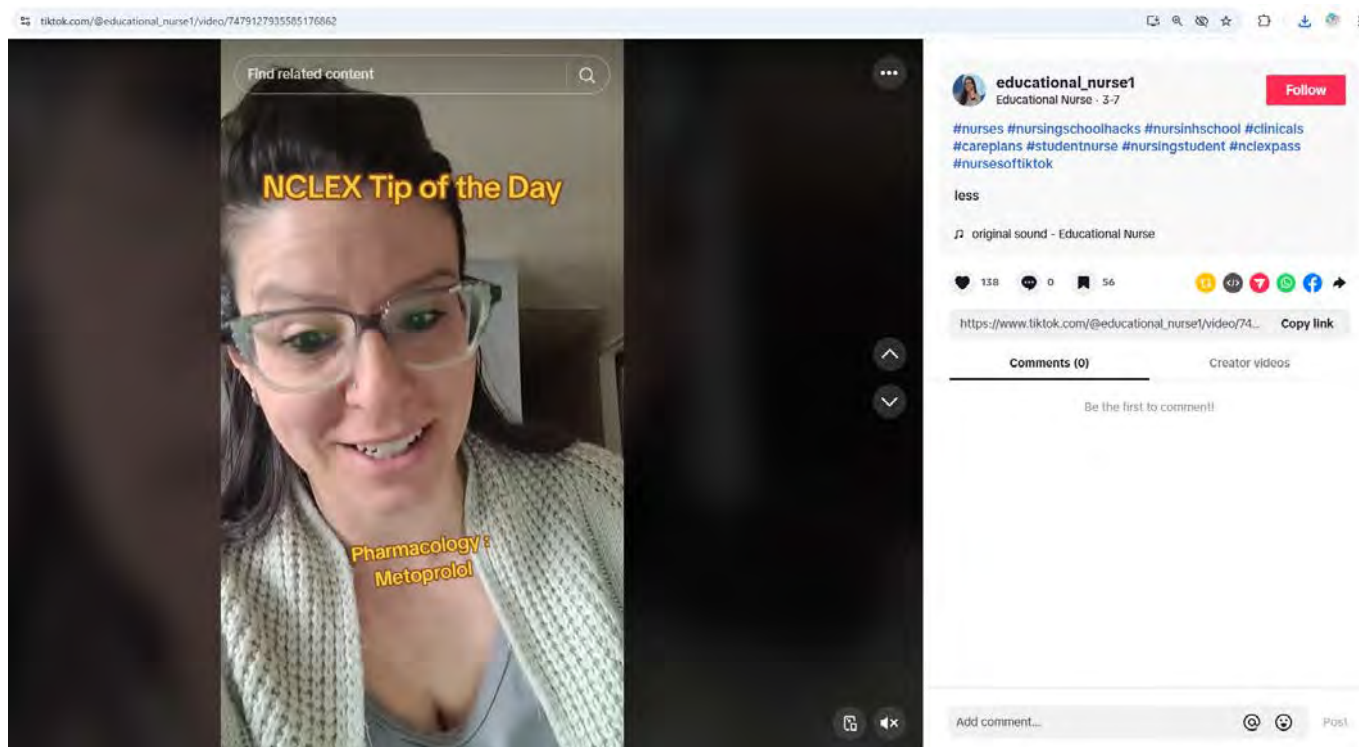
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7479127935585176862

After DOI

#nurses #nursingschoolhacks #nursinhschool #clinicals #careplans #studentnurse
#nursingstudent #nclexpass #nursesoftiktok



[Link to download video](https://www.tiktok.com/@educational_nurse1/video/7479127935585176662)

B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid0ZvdtwzE7JTe7N9dNgTyWEZPWfMca1ySAULEZbD9gVj5VSxDfFbAy7iPIJumpdBcW9BJ&id=61552231682394)

B System ID: 564160

f [Kathryn M Watson MSN RN](#)

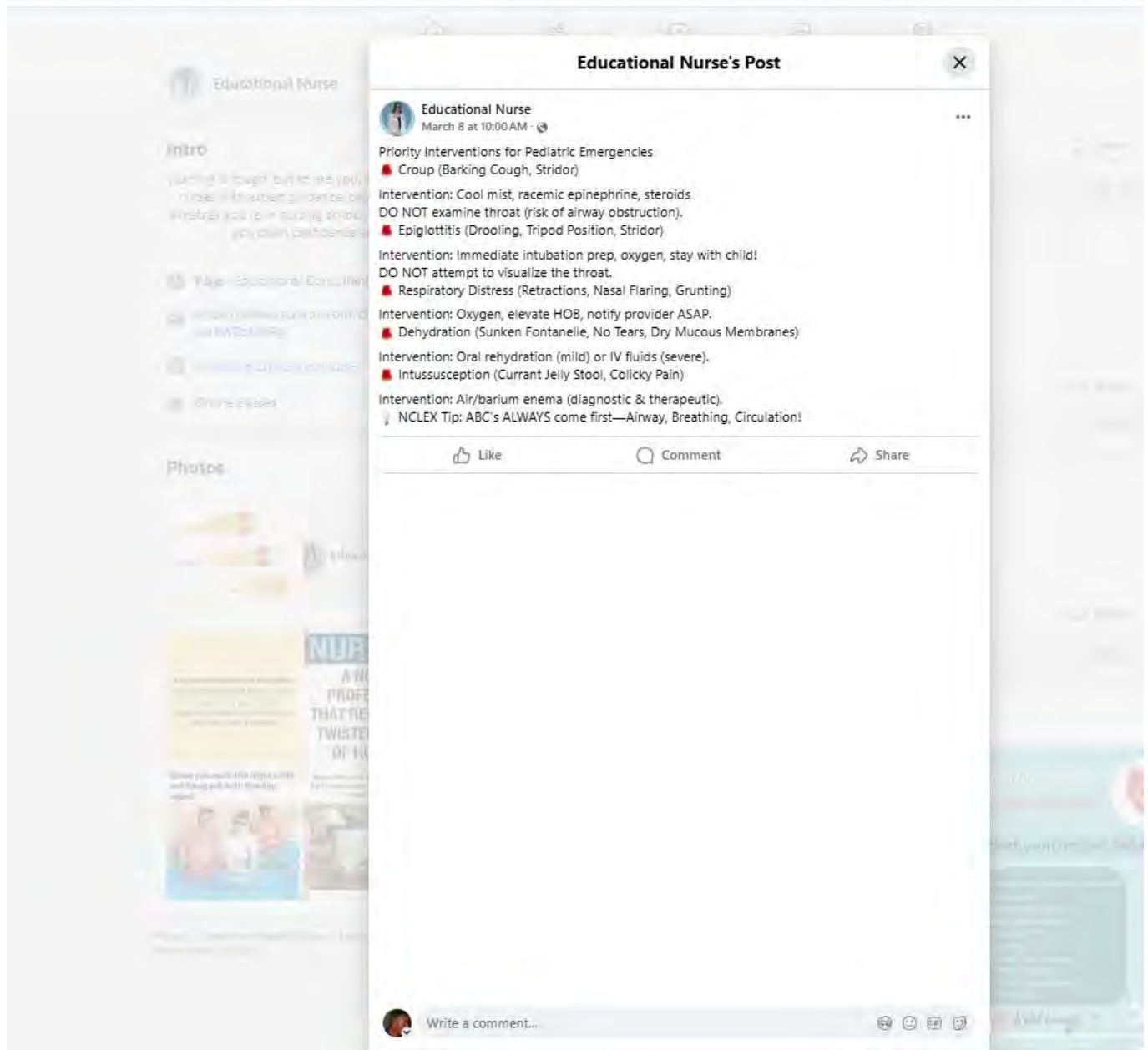
j https://www.facebook.com/permalink.php?story_fbid=pfbid0ZvdtwzE7JTe7N9dNgTyWEZPWfMca1ySAULEZbD9gVj5VSxDfFbAy7iPIJumpdBcW9BJ&id=61552231682394

C Posted: Mar 08, 2025

C Captured: Mar 28, 2025

After DOI

Priority Interventions for Pediatric Emergencies □ Croup (Barking Cough, Stridor) Intervention: Cool mist, racemic epinephrine, steroids DO NOT examine throat (risk of airway obstruction). □ Epiglottitis (Drooling, Tripod Position, Stridor) Intervention: Immediate intubation prep, oxygen, stay with child! DO NOT attempt to visualize the throat. □ Respiratory Distress (Retractions, Nasal Flaring, Grunting) Intervention: Oxygen, elevate HOB, notify provider ASAP. □ Dehydration (Sunken Fontanelle, No Tears, Dry Mucous Membranes) Intervention: Oral rehydration (mild) or IV fluids (severe). □ Intussusception (Currant Jelly Stool, Colicky Pain) Intervention: Air/barium enema (diagnostic & therapeutic). □ NCLEX Tip: ABC's ALWAYS come first—Airway, Breathing, Circulation!



B Facebook

B 61552231682394

B System ID: 564158

f Kathryn M Watson MSN RN

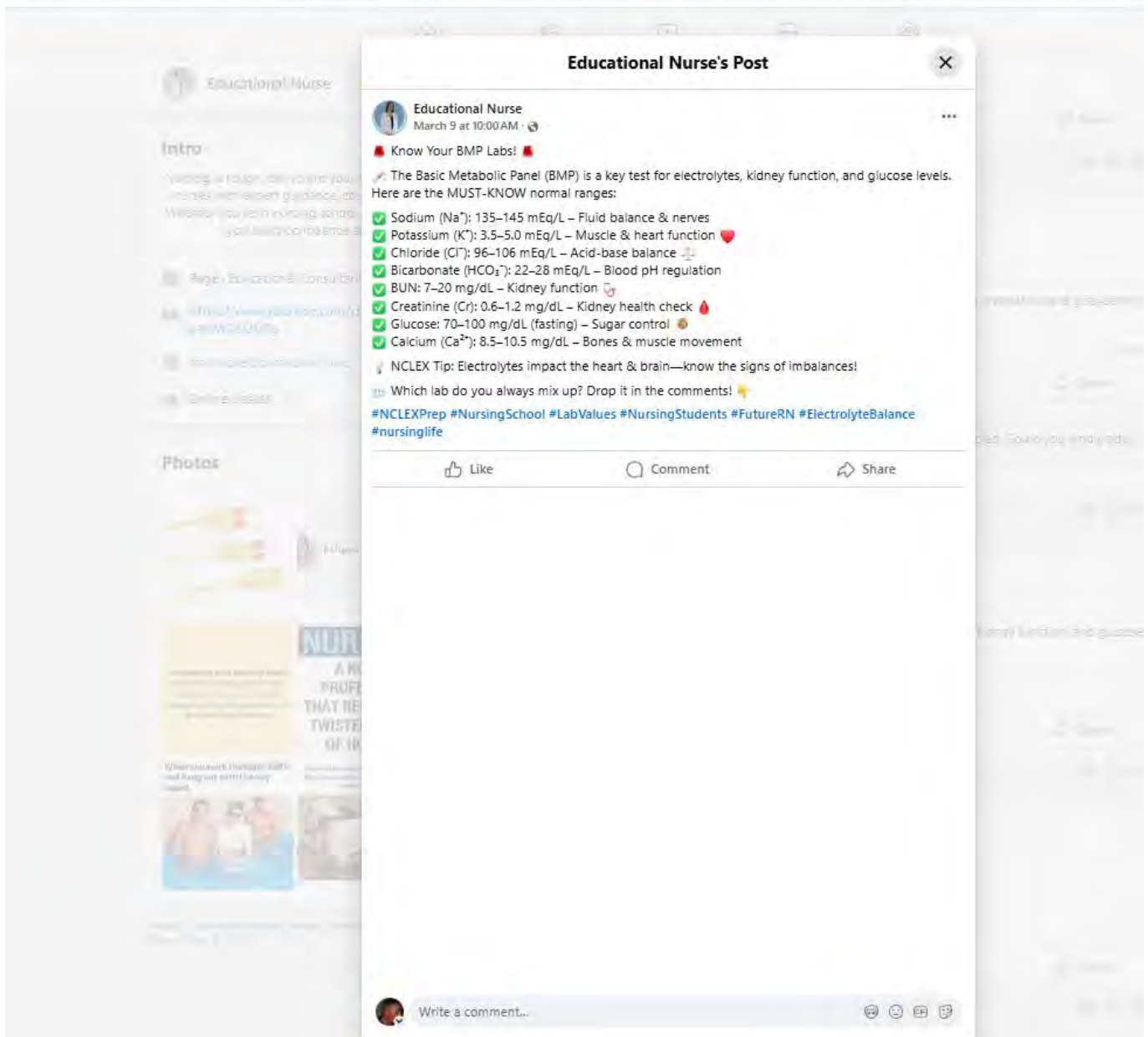
j https://www.facebook.com/permalink.php?story_fbid=pfbid02AaYK88FYB4pDWu83S7LoCZWlounGyconHGgHMuiL.vHGY8TbqXHzFcuHQrtgZJR11&id=61552231682394

C Posted: Mar 09, 2025

C Captured: Mar 28, 2025

After DOI

☐ Know Your BMP Labs! ☐ ☐ The Basic Metabolic Panel (BMP) is a key test for electrolytes, kidney function, and glucose levels. Here are the MUST-KNOW normal ranges: ☐ Sodium (Na^+): 135-145 mEq/L - Fluid balance & nerves ☐ Potassium (K^+): 3.5-5.0 mEq/L - Muscle & heart function ☐ ☐ Chloride (Cl^-): 96-106 mEq/L - Acid-base balance ☐ ☐ Bicarbonate (HCO_3^-): 22-28 mEq/L - Blood pH regulation ☐ BUN: 7-20 mg/dL - Kidney function ☐ ☐ Creatinine (Cr): 0.6-1.2 mg/dL - Kidney health check ☐ ☐ Glucose: 70-100 mg/dL (fasting) - Sugar control ☐ ☐ Calcium (Ca^{2+}): 8.5-10.5 mg/dL - Bones & muscle movement ☐ NCLEX Tip: Electrolytes impact the heart & brain—know the signs of imbalances! ☐ Which lab do you always mix up? Drop it in the comments! ☐ #NCLEXPrep #NursingSchool #LabValues #NursingStudents #FutureRN #ElectrolyteBalance #nursinglife



B Facebook

B 61552231682394

B System ID: 564154

f Kathryn M Watson MSN RN

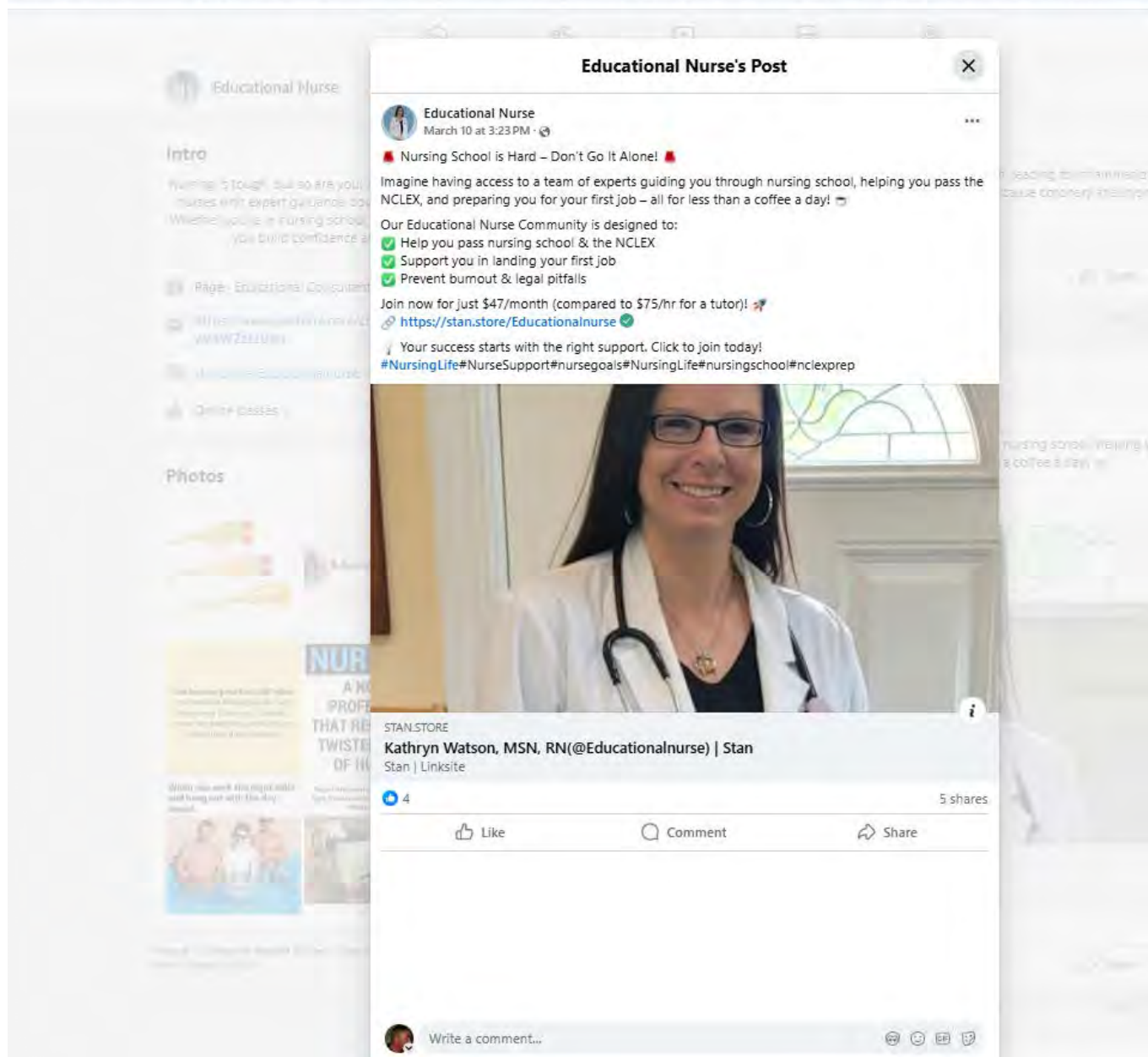
j https://www.facebook.com/permalink.php?story_fbid=pfbid02sXRxbLiaVutAU5xxiQyT4bZKHdCT6qcWyOZGAVY3OALJqZgpK7HK1RXzjg71o1Zxl&id=61552231682394

C Posted: Mar 10, 2025

C Captured: Mar 28, 2025

After DOI

□ Nursing School is Hard - Don't Go It Alone! □ Imagine having access to a team of experts guiding you through nursing school, helping you pass the NCLEX, and preparing you for your first job - all for less than a coffee a day! □ Our Educational Nurse Community is designed to: □ Help you pass nursing school & the NCLEX □ Support you in landing your first job □ Prevent burnout & legal pitfalls Join now for just \$47/month (compared to \$75/hr for a tutor)! □ □ <https://stan.store/Educationnurse> □ Your success starts with the right support. Click to join today! #NursingLife#NurseSupport#nursegoals#NursingLife#nursingschool#nclexprep



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid02sXRxbLiaVutAU5xxiQyT4bZKHdCT6qcWyQZGAVY3QALJqZgpK7HK1RXzjg71o1Zxl&id=61552231682394)

B System ID: [564156](#)

f [Kathryn M Watson MSN RN](#)

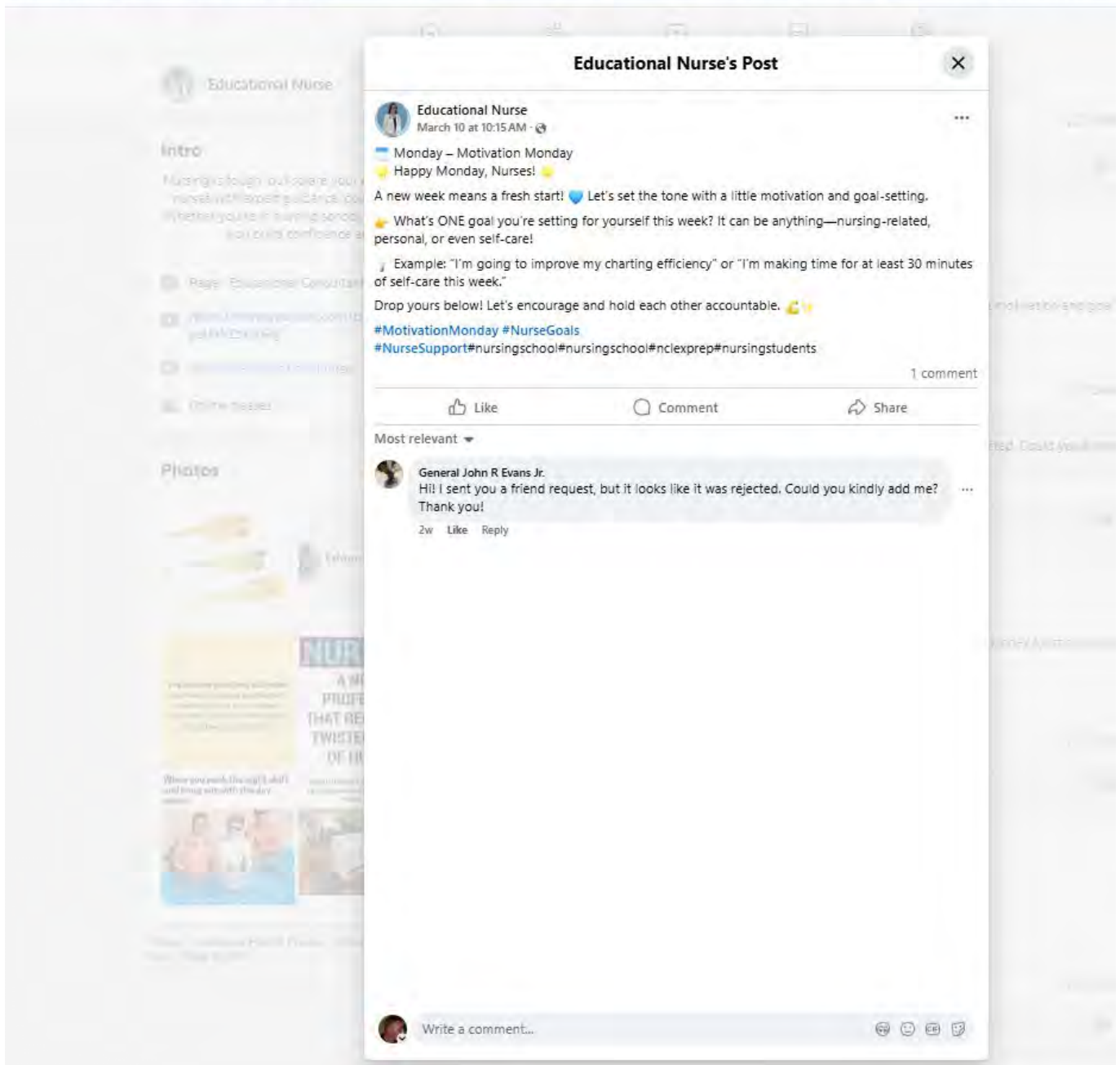
j https://www.facebook.com/permalink.php?story_fbid=pfbid0MY9K5e4vsmtr8fN399WfuUYMSwTX2XhJ29rxzskKk9eouPEUrwnt1z5irQyHRhHnl&id=61552231682394

After DOI

☐ Monday – Motivation Monday ☐ Happy Monday, Nurses! ☐ A new week means a fresh start! ☐ Let's set the tone with a little motivation and goal-setting. ☐ What's ONE goal you're setting for yourself this week? It can be anything—nursing-related, personal, or even self-care! ☐ Example: "I'm going to improve my charting efficiency" or "I'm making time for at least 30 minutes of self-care this week." Drop yours below! Let's encourage and hold each other accountable. ☐☐ #MotivationMonday #NurseGoals #NurseSupport#nursingschool#nursingschool#nclexprep#nursingstudents

C Posted: Mar 10, 2025

C Captured: Mar 28, 2025



TikTok

[@educational_nurse1](#)

System ID: [564225](#)

C Posted: Mar 12, 2025

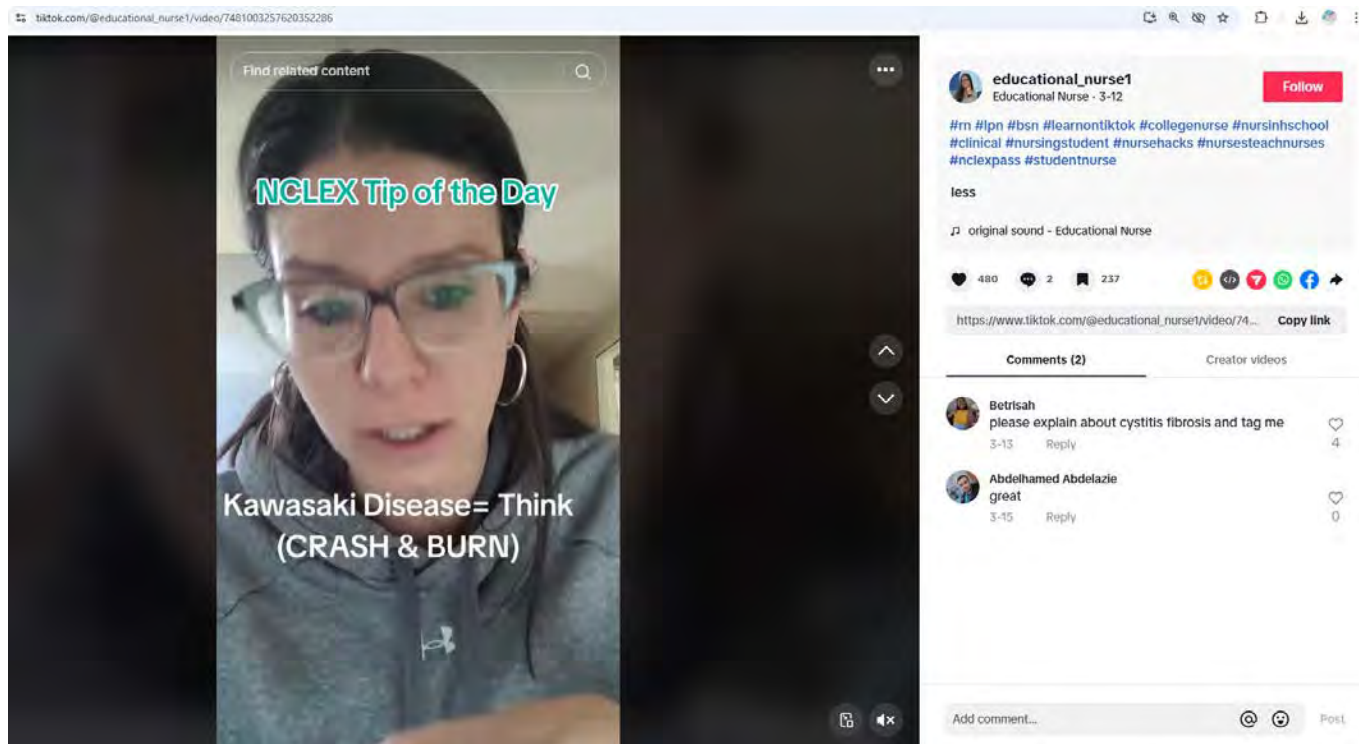
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7481003257620352286

After DOI

#rn #lpn #bsn #learnontiktok #collegenurse #nursinhschool #clinical #nursingstudent
#nurse hacks #nursesteachnurses #nclexpass #studentnurse



[Link to download video](#)

B Facebook

B [61552231682394](#)

B System ID: [564143](#)

f [Kathryn M Watson MSN RN](#)

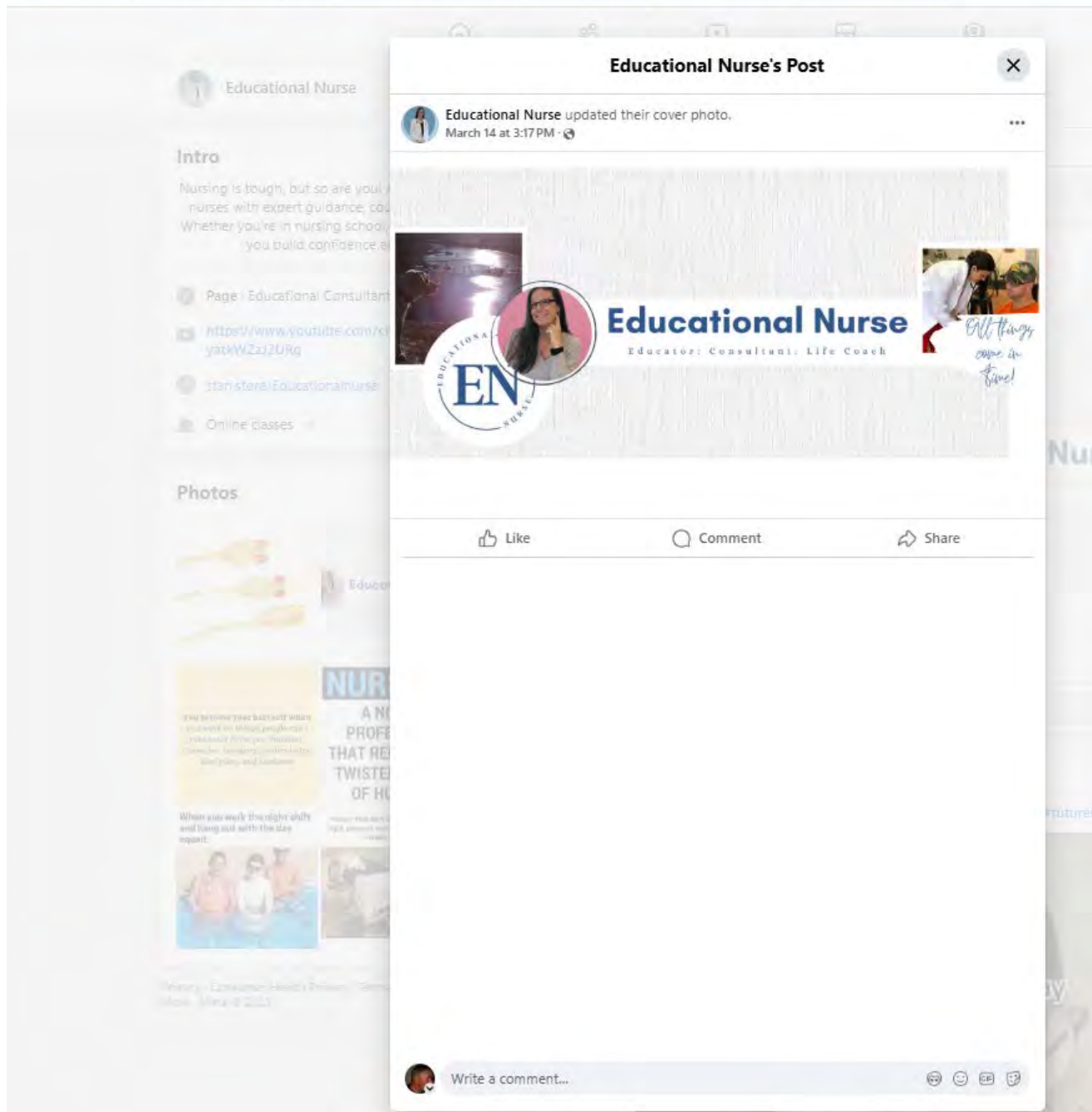
j https://www.facebook.com/permalink.php?story_fbid=9506264879461541&id=61552231682394&substory_index=9506264879461541

C Posted: Mar 14, 2025

C Captured: Mar 28, 2025

After DOI

Picture of Subject.



B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

C Posted: Mar 14, 2025

B System ID: [564146](#)

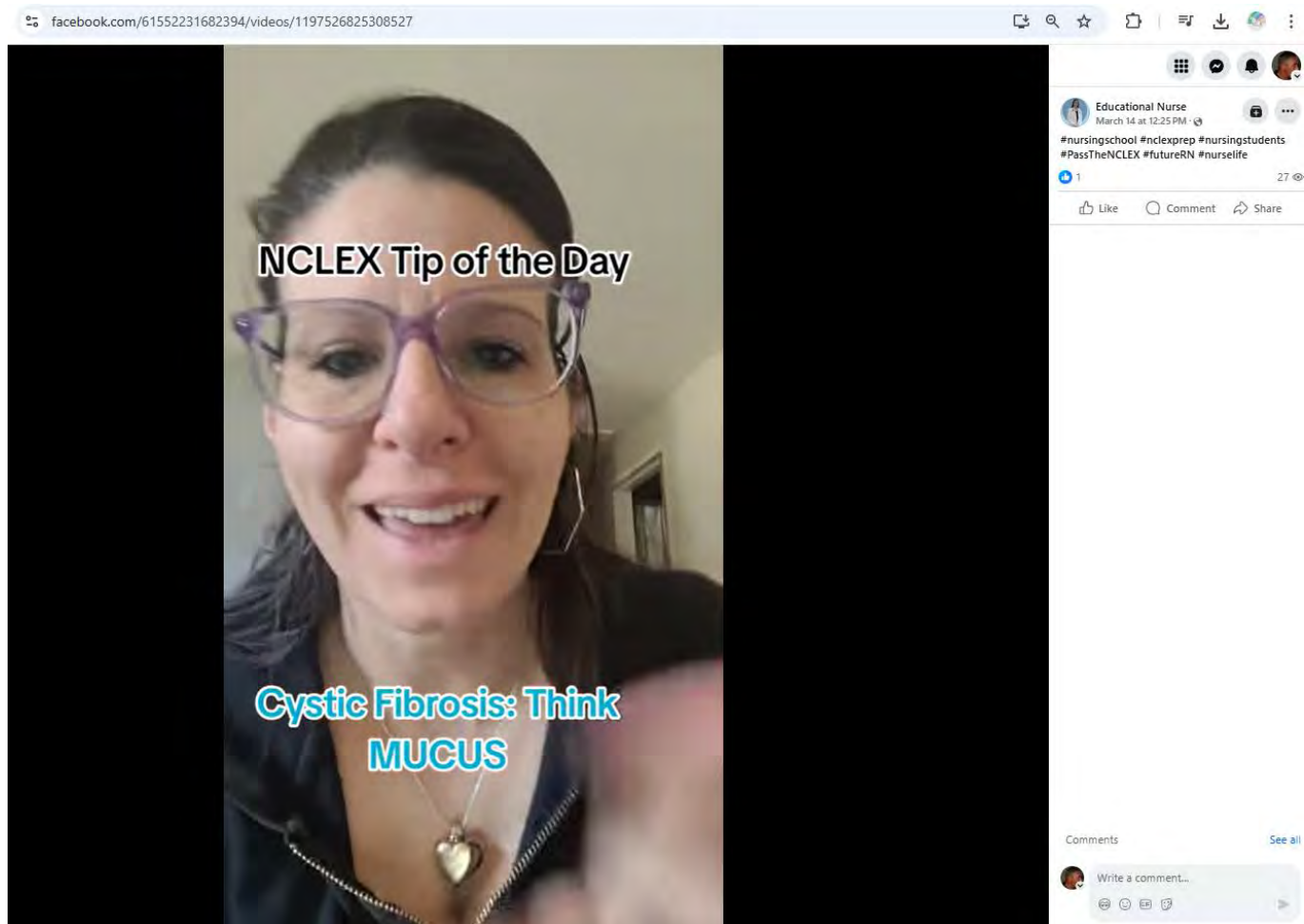
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j <https://www.facebook.com/61552231682394/videos/1197526825308527>

After DOI

#nursingschool #nclexprep #nursingstudents #PassTheNCLEX #futureRN #nurselife



[Link to download video](https://www.facebook.com/61552231682394/videos/1197526825308527)

B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

B System ID: 564148

f [Kathryn M Watson MSN RN](#)

j https://www.facebook.com/permalink.php?story_fbid=pfbid0zypXzaVxCfGdJKH3UCBz3EZRsU86fjCUZ5xgLSa5U4jifxKrX2AbQGVeprxd4isl&id=61552231682394

C

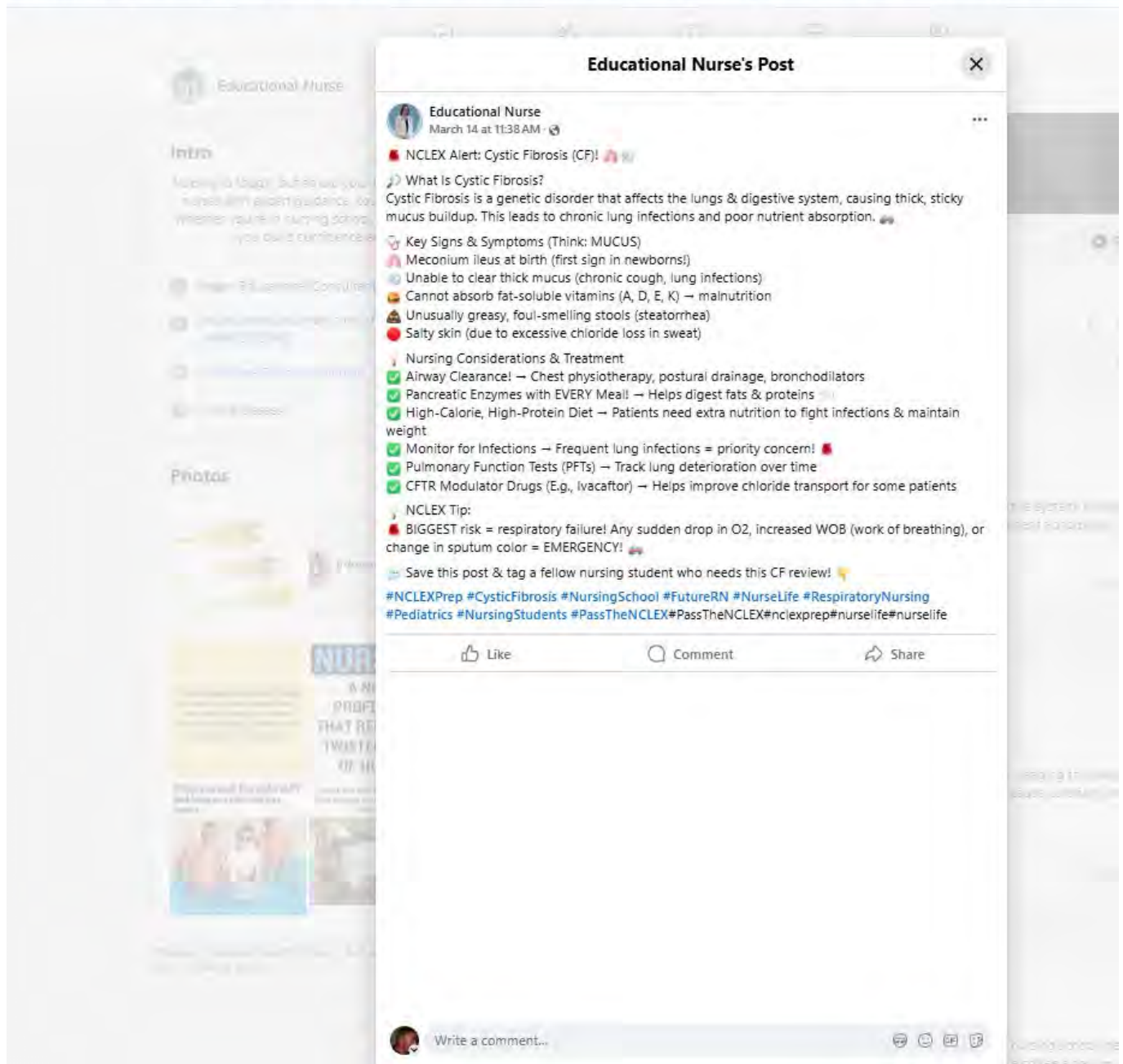
Posted: Mar 14, 2025

C

Captured: Mar 28, 2025

After DOI

□ NCLEX Alert: Cystic Fibrosis (CF)! □□ □ What Is Cystic Fibrosis? Cystic Fibrosis is a genetic disorder that affects the lungs & digestive system, causing thick, sticky mucus buildup. This leads to chronic lung infections and poor nutrient absorption. □ □ Key Signs & Symptoms (Think: MUCUS) □ Meconium ileus at birth (first sign in newborns!) □ Unable to clear thick mucus (chronic cough, lung infections) □ Cannot absorb fat-soluble vitamins (A, D, E, K) → malnutrition □ Unusually greasy, foul-smelling stools (steatorrhea) □ Salty skin (due to excessive chloride loss in sweat) □ Nursing Considerations & Treatment □ Airway Clearance! → Chest physiotherapy, postural drainage, bronchodilators □ Pancreatic Enzymes with EVERY Meal! → Helps digest fats & proteins □ □ High-Calorie, High-Protein Diet → Patients need extra nutrition to fight infections & maintain weight □ Monitor for Infections → Frequent lung infections = priority concern! □ □ Pulmonary Function Tests (PFTs) → Track lung deterioration over time □ CFTR Modulator Drugs (E.g., Ivacaftor) → Helps improve chloride transport for some patients □ NCLEX Tip: □ BIGGEST risk = respiratory failure! Any sudden drop in O₂, increased WOB (work of breathing), or change in sputum color = EMERGENCY! □ □ Save this post & tag a fellow nursing student who needs this CF review! □ #NCLEXPrep #CysticFibrosis #NursingSchool #FutureRN #NurseLife #RespiratoryNursing #Pediatrics #NursingStudents #PassTheNCLEX#PassTheNCLEX#nclexprep#nurselife#nurselife



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid0zypXzaVxCfGdJKH3UCBz3EZR5U8fjCUZ5xgLSa5U4jffxKrX2AbQGVExprdx4isl&id=61552231682394)

B System ID: 564152

f [Kathryn M Watson MSN RN](#)

j https://www.facebook.com/permalink.php?story_fbid=pfbid07TadHXZ9JAHivJzUKFKCjd2cmYU8v8VxsbAVNsWqQhoZ1KKWuUtDPdxttrdDRDS3l&id=61552231682394

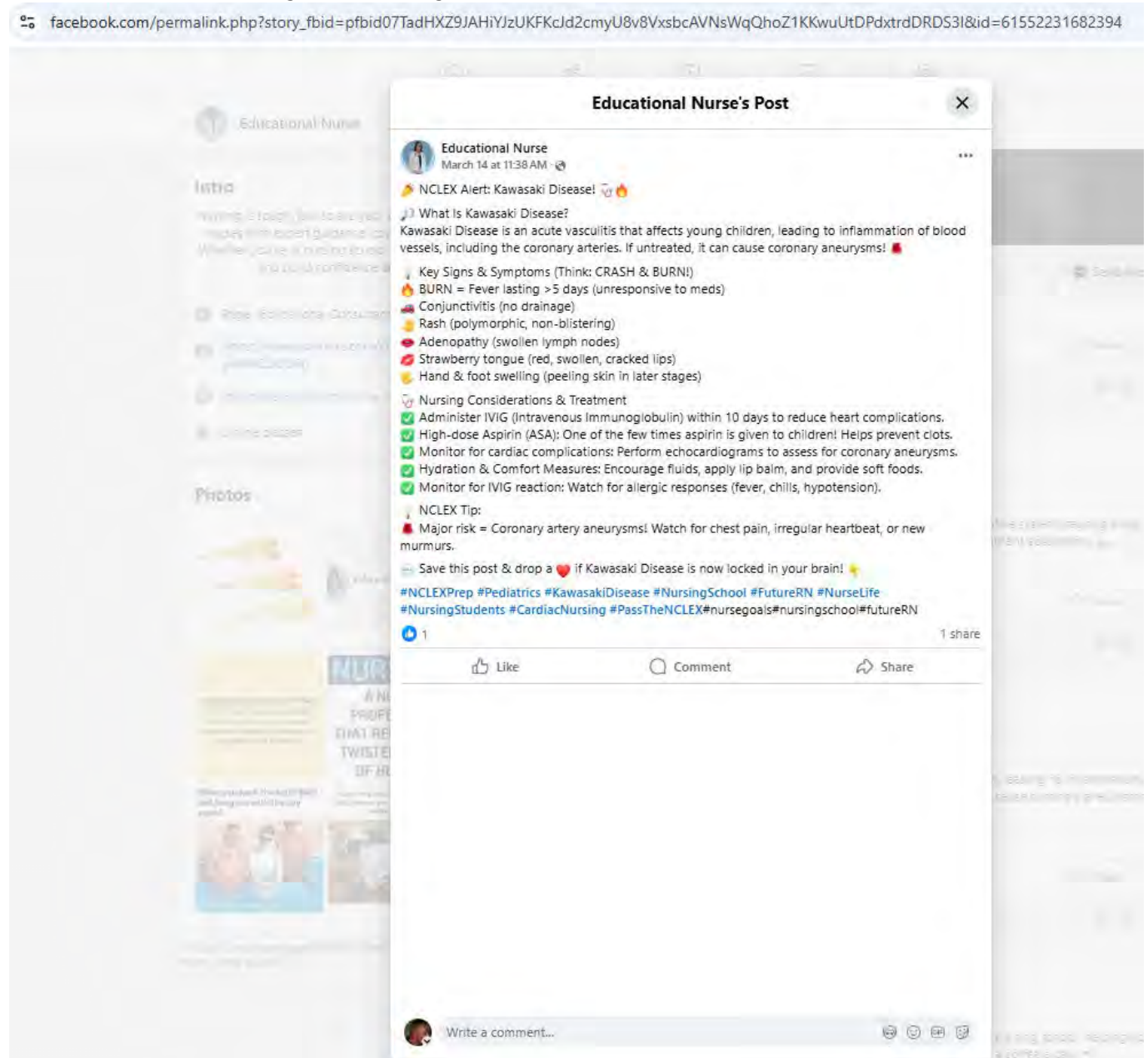
C Posted: Mar 14, 2025

C Captured: Mar 28, 2025

After DOI

□ **NCLEX Alert: Kawasaki Disease!** □ □ **What Is Kawasaki Disease?** Kawasaki Disease is an acute vasculitis that affects young children, leading to inflammation of blood vessels, including the coronary arteries. If untreated, it can cause coronary aneurysms! □ □ **Key Signs & Symptoms (Think: CRASH & BURN!)** □ **BURN** = Fever lasting >5 days (unresponsive to meds) □ **Conjunctivitis** (no drainage) □ **Rash** (polymorphic, non-blistering) □ **Adenopathy** (swollen lymph nodes) □ **Strawberry tongue** (red, swollen, cracked lips) □ **Hand & foot swelling** (peeling skin in later stages) □ **Nursing Considerations & Treatment** □ **Administer IVIG** (Intravenous Immunoglobulin) within 10 days to reduce heart complications. □ **High-dose Aspirin (ASA):** One of the few times aspirin is given to children! Helps prevent clots. □ **Monitor for cardiac complications:** Perform echocardiograms to

assess for coronary aneurysms. □ Hydration & Comfort Measures: Encourage fluids, apply lip balm, and provide soft foods. □ Monitor for IVIG reaction: Watch for allergic responses (fever, chills, hypotension). □ NCLEX Tip: □ Major risk = Coronary artery aneurysms! Watch for chest pain, irregular heartbeat, or new murmurs. □ Save this post & drop a □ if Kawasaki Disease is now locked in your brain! □ #NCLEXPrep #Pediatrics #KawasakiDisease #NursingSchool #FutureRN #NurseLife #NursingStudents #CardiacNursing #PassTheNCLEX#nursegoals#nursingschool#futureRN



B Facebook

B [katie.watson.33821](#)

B System ID: [563539](#)

f [Kathryn M Watson MSN RN](#)

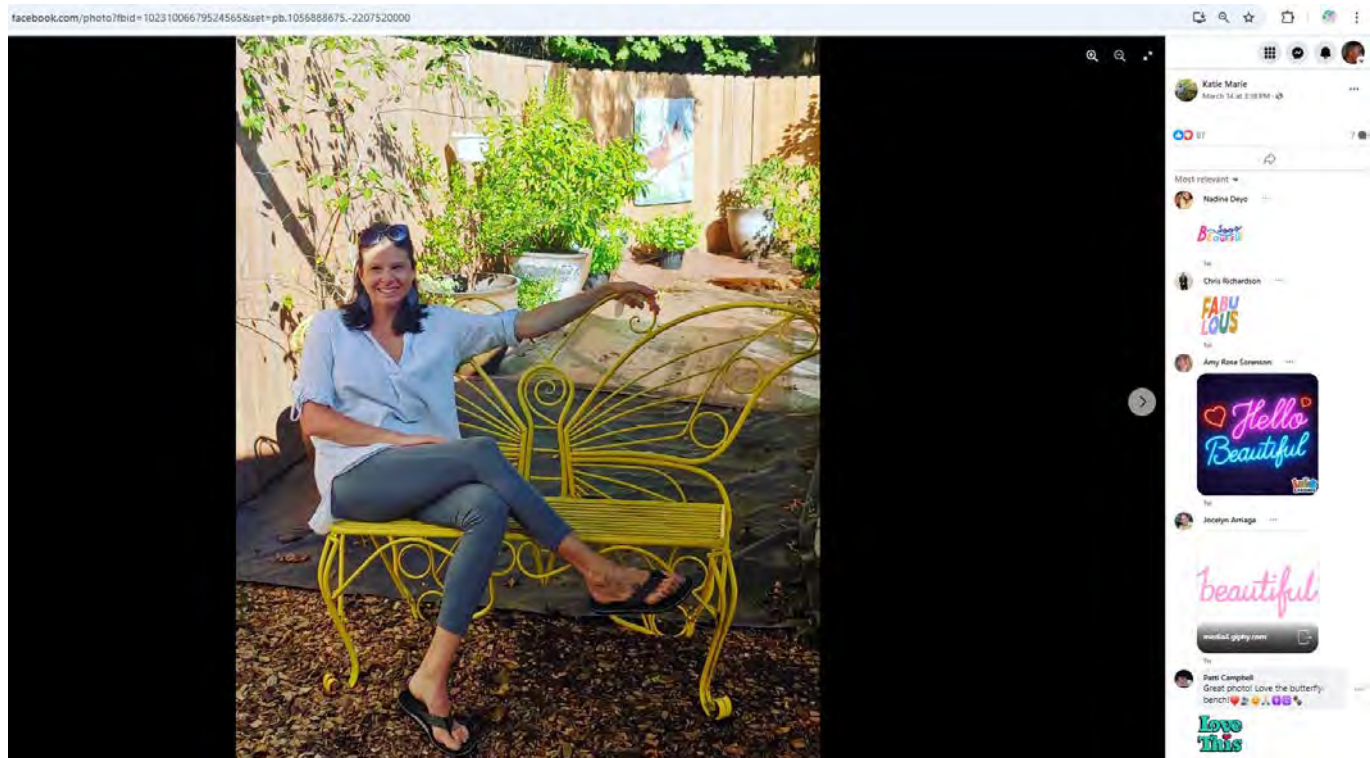
j <https://www.facebook.com/photo?fbid=10231006679524565&set=pb.1056888675.-2207520000>

After DOI

Picture of Subject.

C Posted: Mar 14, 2025

C Captured: Mar 27, 2025



B Facebook

B [61552231682394](#)

B System ID: [564126](#)

f [Kathryn M Watson MSN RN](#)

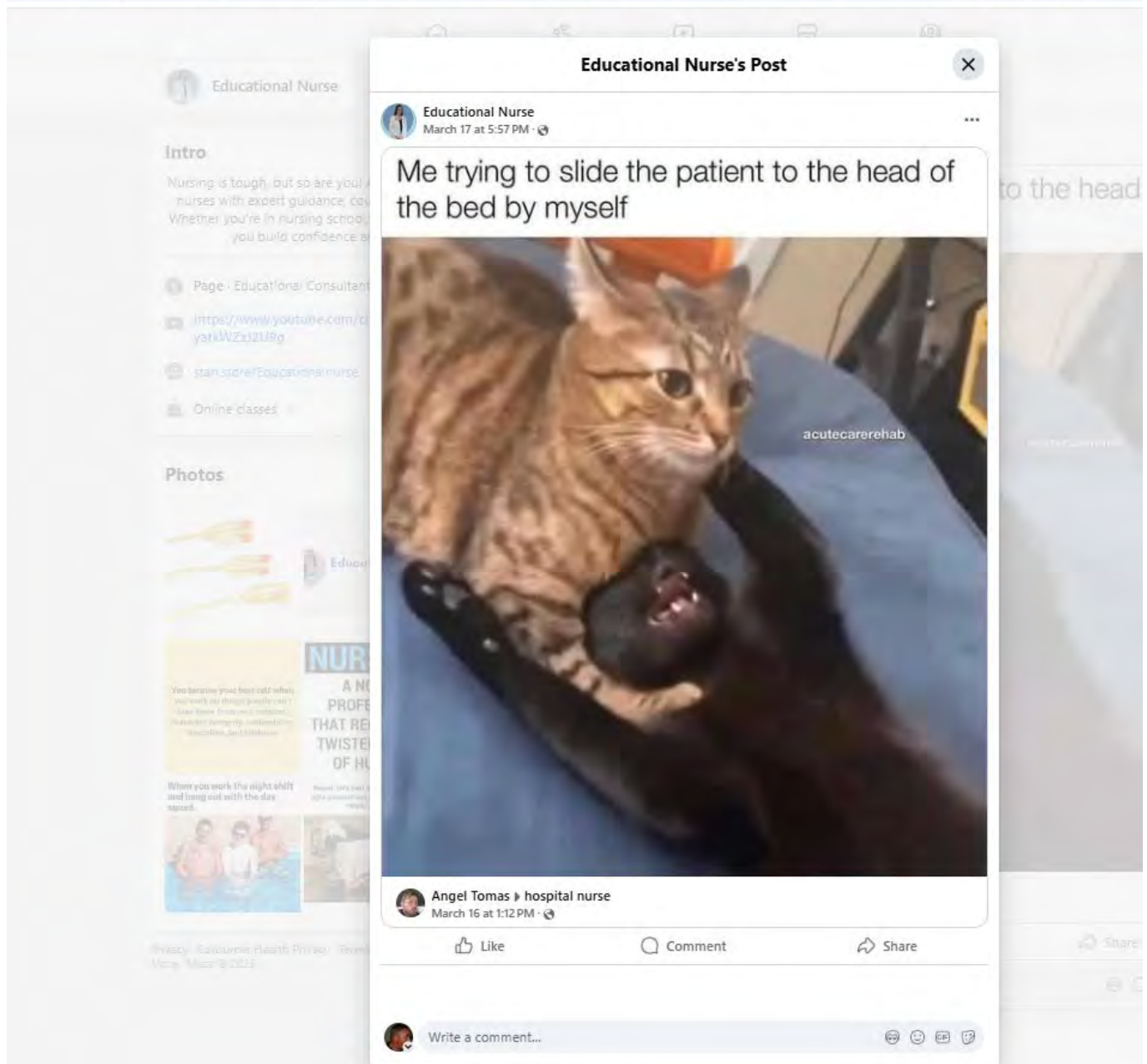
j https://www.facebook.com/permalink.php?story_fbid=pfbid0MRhcvvBKwfZHSLm7w9fz4YyL15P5HKfxkL9DxperKtYhLXqFvVvKOPTmM3F8whHJ6l&id=61552231682394

C Posted: Mar 17, 2025

C Captured: Mar 28, 2025

After DOI

Repost from Subject.



B Facebook

B [61552231682394](https://www.facebook.com/permalink.php?story_fbid=pfbid0MRhcvvBKwfZHSLm7w9fz4YyL15P5HKfxkL9DvperKtYhLXqFiVkJQPtM3F8whHJ6l&id=61552231682394)

B System ID: 564129

f Kathryn M. Watson MSN RN

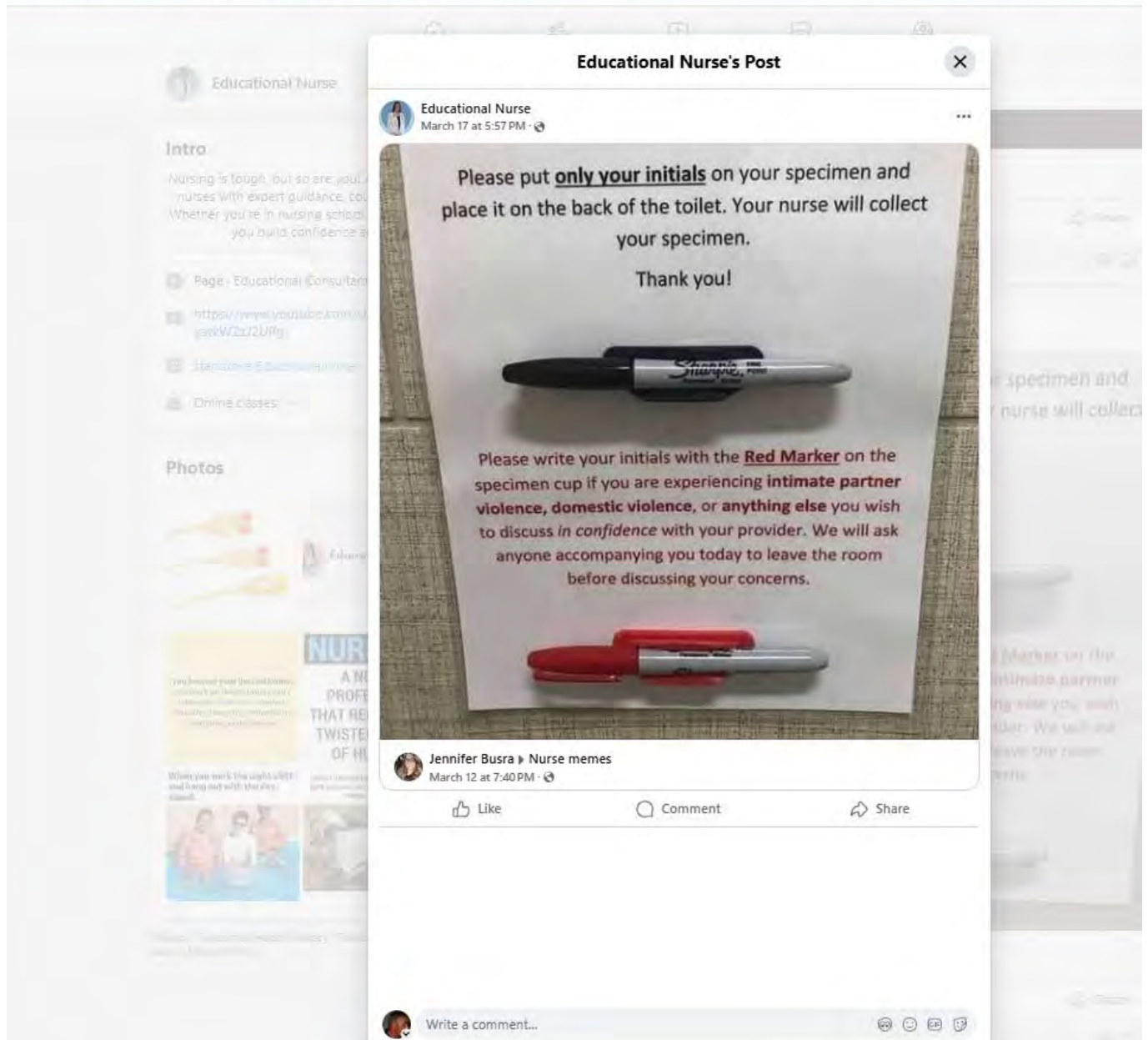
j https://www.facebook.com/permalink.php?story_fbid=pfbid033Q7yatud2aMAkQ8H97ZNgkPNx3rykx8Z9rovEtBh45BaWMzxmPSGPJJ6DSGafPG9l&id=61552231682394

C Posted: Mar 17, 2025

C Captured: Mar 28, 2025

After DOI

Repost from Subject.



B Facebook

B 61552231682394

B System ID: 564131

f Kathryn M Watson MSN RN

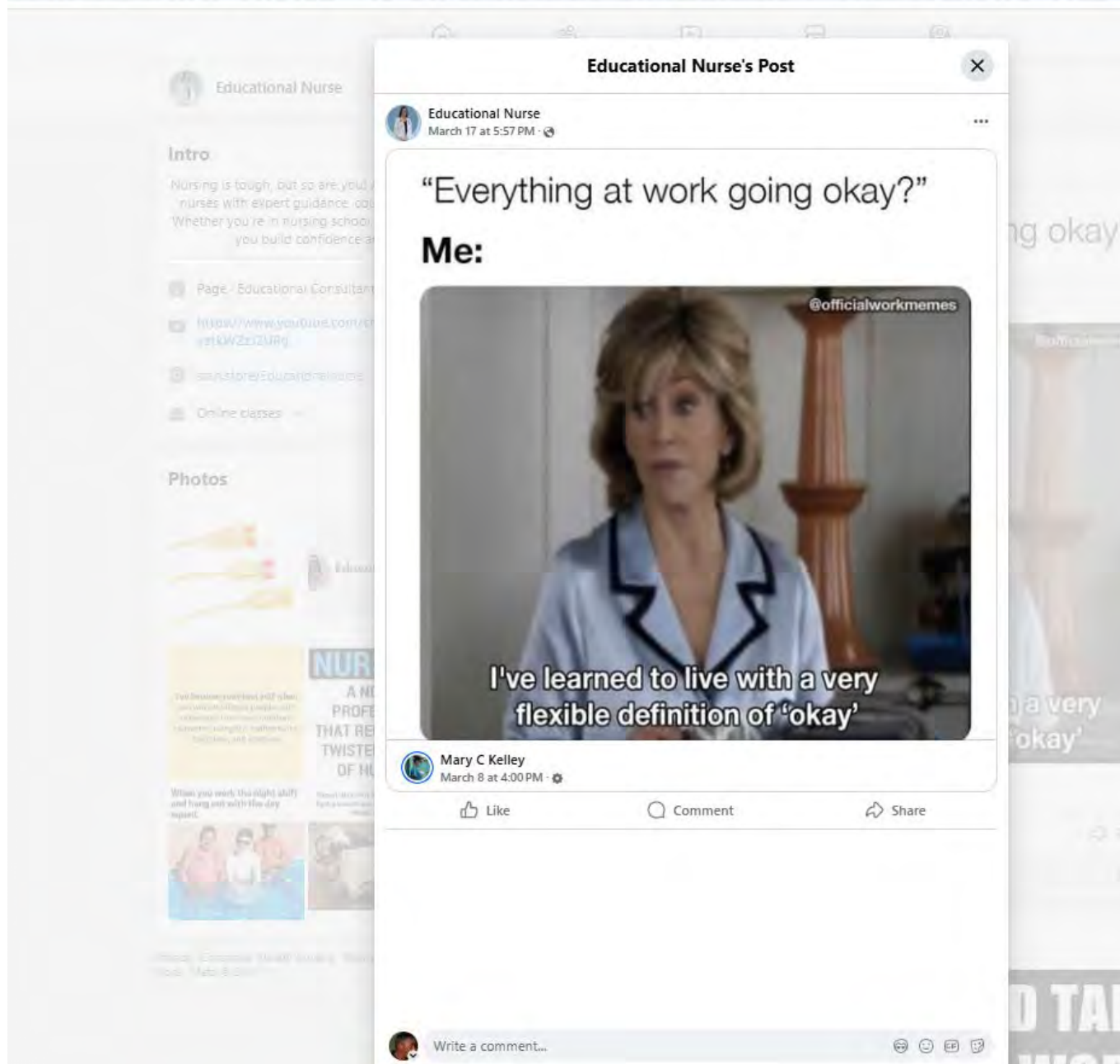
j https://www.facebook.com/permalink.php?story_fbid=pfbid01JTp5Zw1gy26QiY9FBknAe4tbYTXHYa84jW7/GGEmlV2wKTARaS6TgaIV9jjzS2Dl&id=61552231682394

C Posted: Mar 17, 2025

C Captured: Mar 28, 2025

After DOI

Repost from Subject.



B Facebook

B 61552231682394

B System ID: 564133

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0MjPkWkSpLFXFjcCapS1adgFP6yLwrQW0TQ3EhowRHXEZGbY4tWVbek3osfSbrC3l&id=61552231682394

C

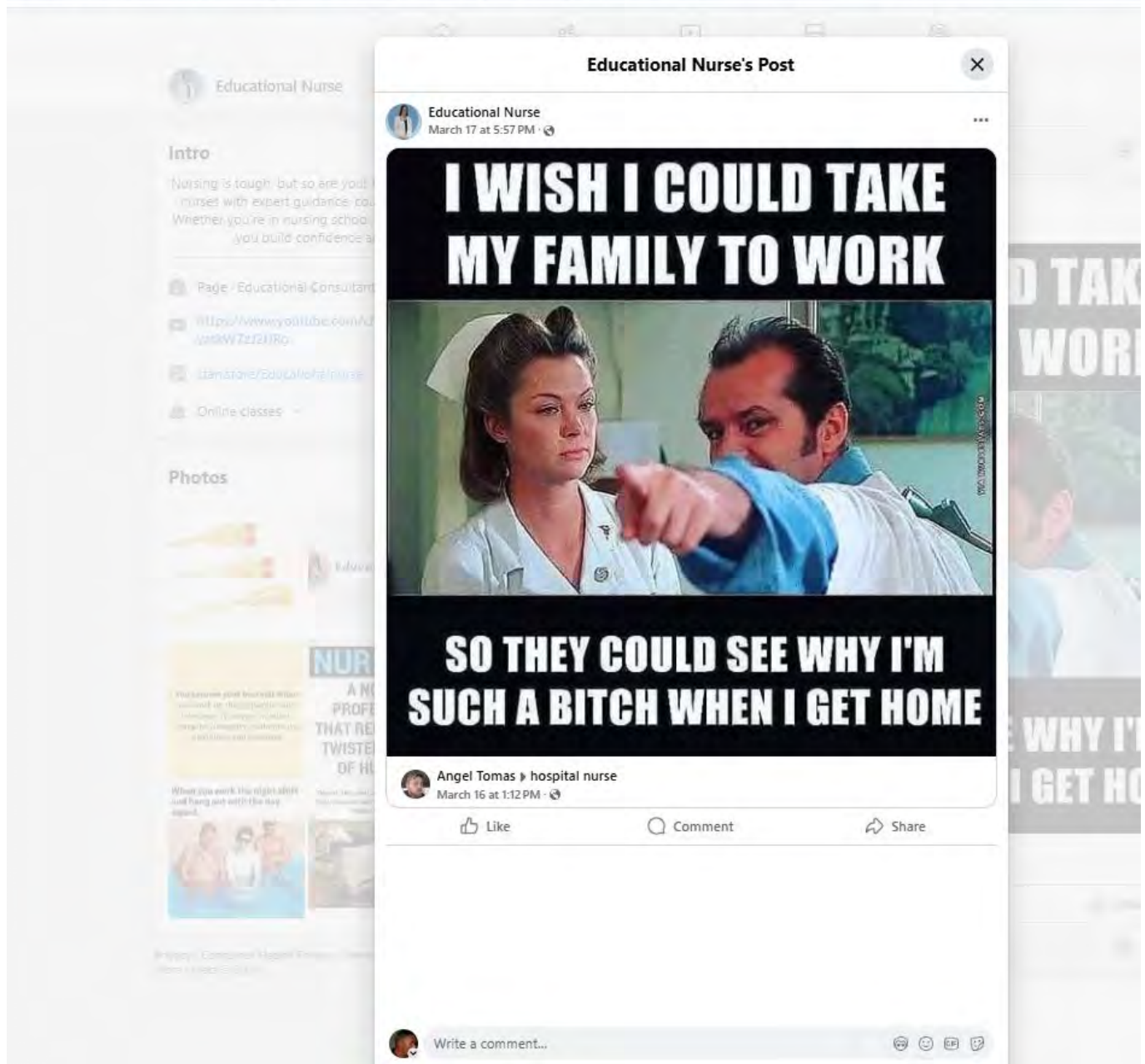
Posted: Mar 17, 2025

C

Captured: Mar 28, 2025

After DOI

Repost from Subject.



B Facebook

B 61552231682394

B System ID: 564135

f Kathryn M Watson MSN RN

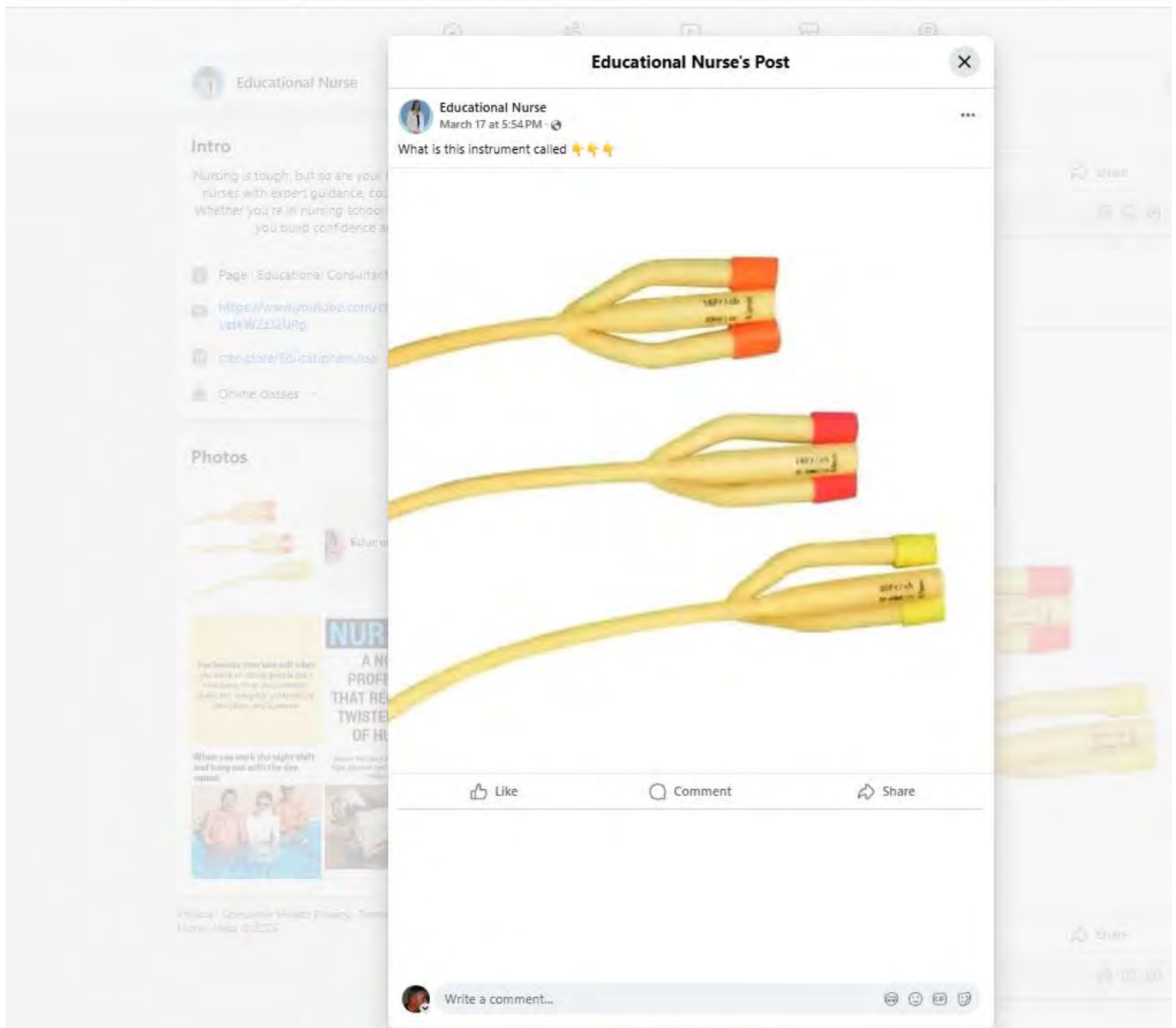
j https://www.facebook.com/permalink.php?story_fbid=pfbid02mFRghrBkEz2mBXbxWy8Em6CyyrZBKoedH9v5XSEniB4UWZbzBdmuFW7Vzrz4MqXSI&id=61552231682394

C Posted: Mar 17, 2025

C Captured: Mar 28, 2025

After DOI

What is this instrument called [] [] []



B Facebook

B 61552231682394

B System ID: 564136

f Kathryn M Watson MSN RN

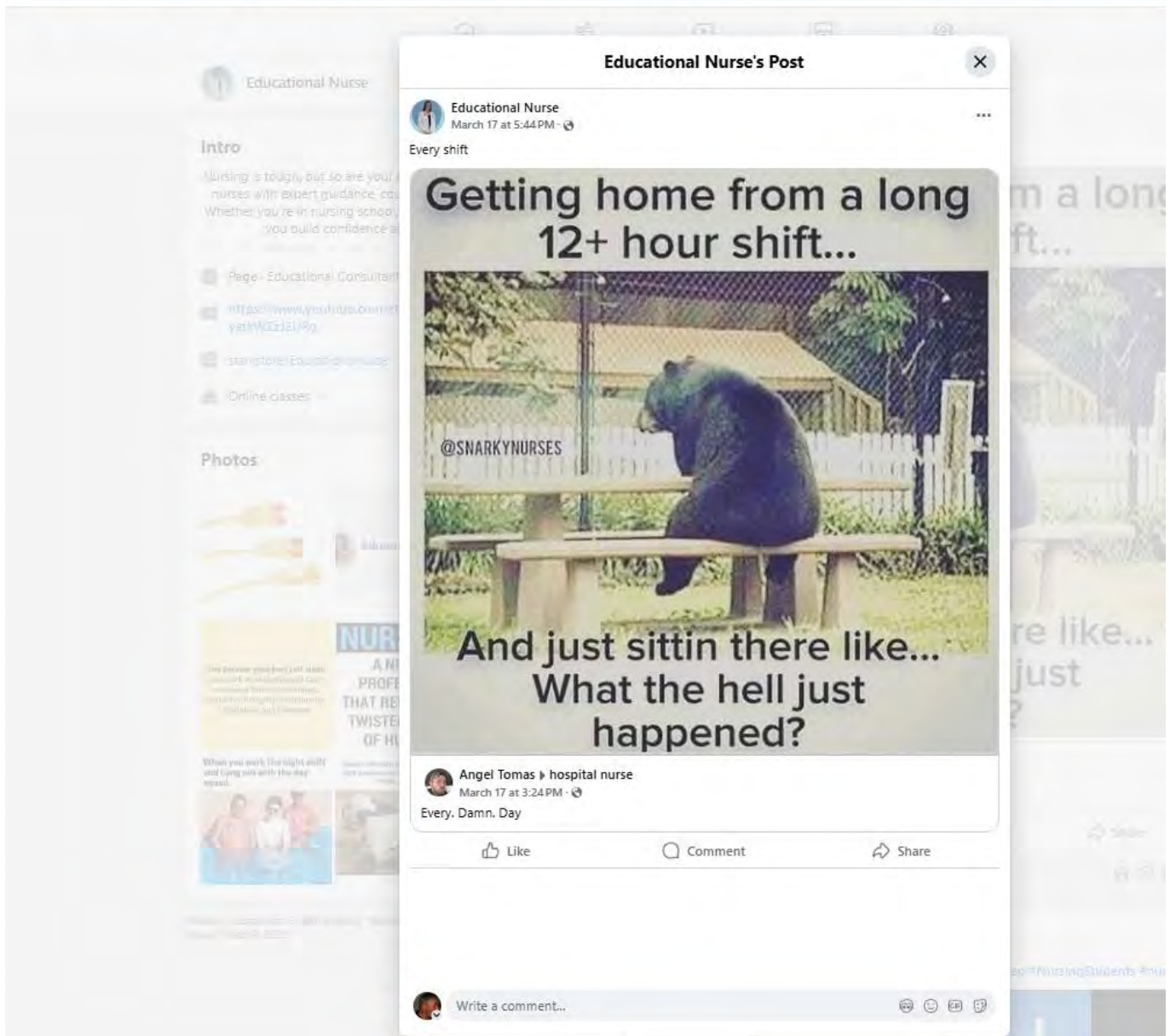
j https://www.facebook.com/permalink.php?story_fbid=pfbid02dFXZLGUSvXuPOdXqXFWVr5cyNDRryn9d1T1vF9bPS5FO6CHia11UrYusUFDCq2yKI&id=61552231682394

After DOI

Every shift

C Posted: Mar 17, 2025

C Captured: Mar 28, 2025



B Facebook

B [61552231682394](https://www.facebook.com/61552231682394)

B System ID: [564138](#)

f [Kathryn M Watson MSN RN](#)

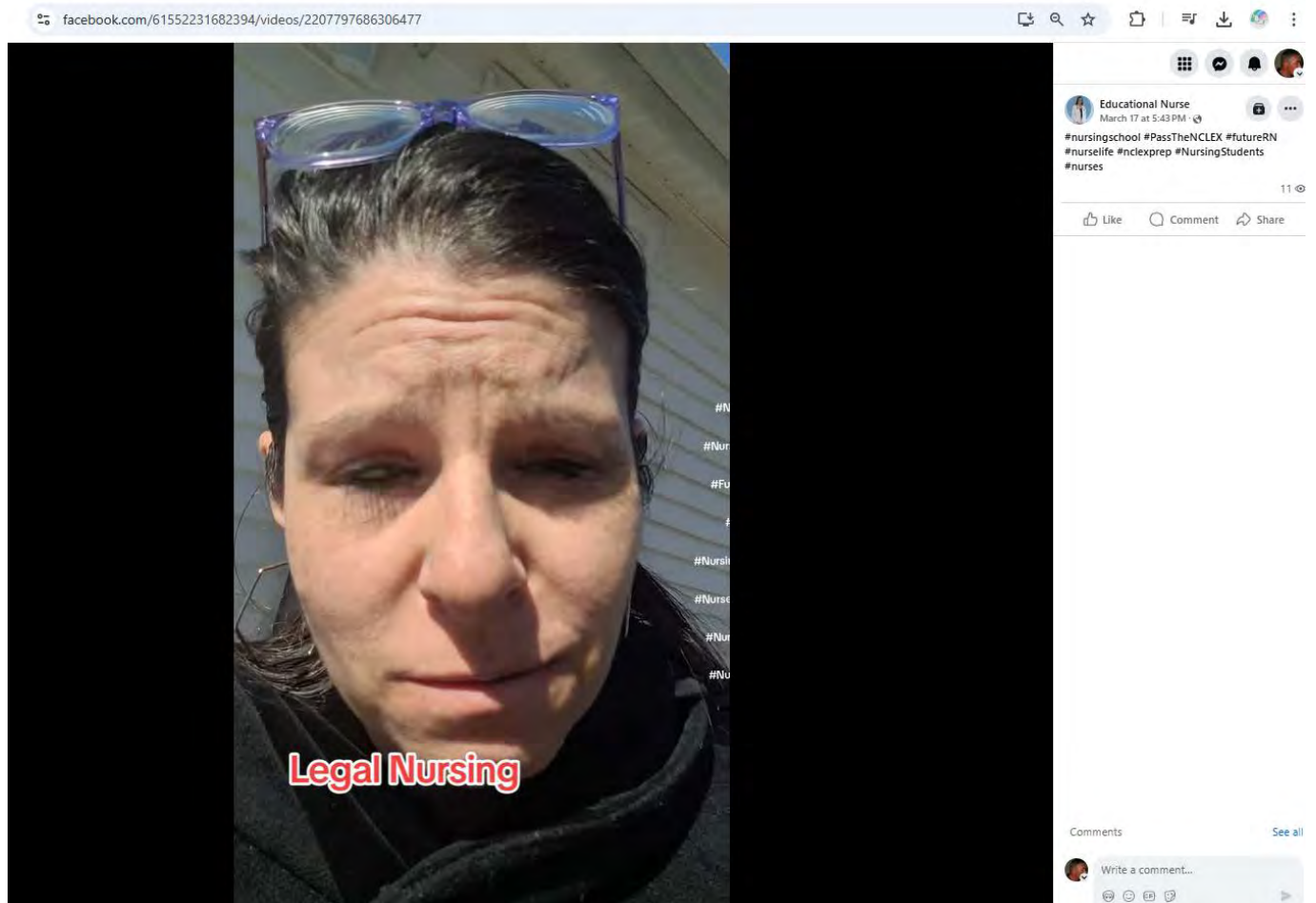
j <https://www.facebook.com/61552231682394/videos/2207797686306477>

After DOI

#nursingschool #PassTheNCLEX #futureRN #nurselife #nclexprep #NursingStudents #nurses

C Posted: Mar 17, 2025

C Captured: Mar 28, 2025



[Link to download video](https://www.facebook.com/61552231682394/videos/2207797686306477)

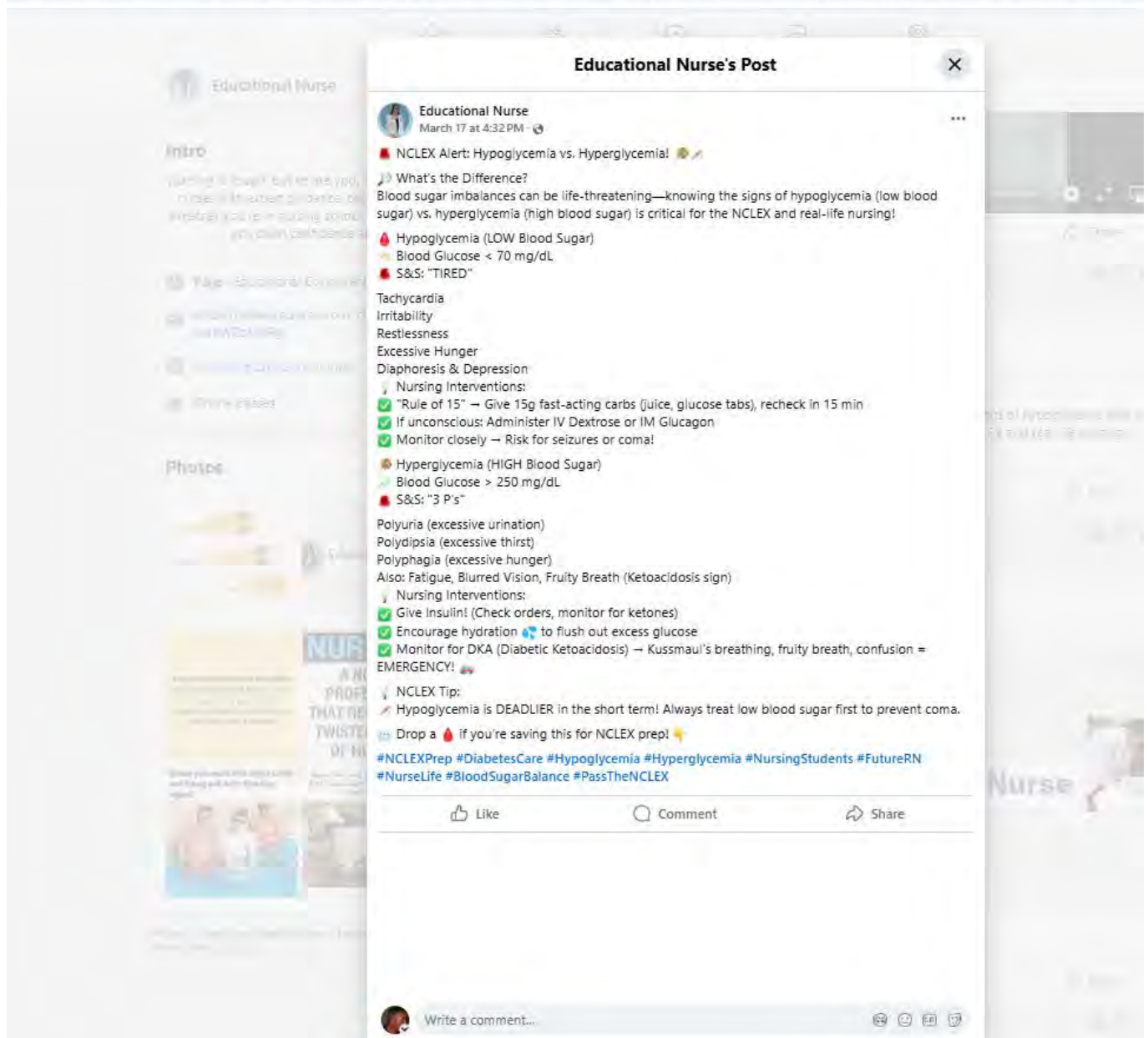
B Facebook

B 61552231682394
 B System ID: 564141
 f Kathryn M Watson MSN RN
 j https://www.facebook.com/permalink.php?story_fbid=pfbid0334TpgR4BySy1mAALWqRKTQ2FD8CGjGyteTLTHtEe1V3mrApqefzwLUpowPCh9l&id=61552231682394

C Posted: Mar 17, 2025
 C Captured: Mar 28, 2025

After DOI

□ NCLEX Alert: Hypoglycemia vs. Hyperglycemia! □ □ What's the Difference? Blood sugar imbalances can be life-threatening—knowing the signs of hypoglycemia (low blood sugar) vs. hyperglycemia (high blood sugar) is critical for the NCLEX and real-life nursing! □ Hypoglycemia (LOW Blood Sugar) □ Blood Glucose < 70 mg/dL □ S&S: "TIRED" Tachycardia Irritability Restlessness Excessive Hunger Diaphoresis & Depression □ Nursing Interventions: □ "Rule of 15" → Give 15g fast-acting carbs (juice, glucose tabs), recheck in 15 min □ If unconscious: Administer IV Dextrose or IM Glucagon □ Monitor closely → Risk for seizures or coma! □ Hyperglycemia (HIGH Blood Sugar) □ Blood Glucose > 250 mg/dL □ S&S: "3 P's" Polyuria (excessive urination) Polydipsia (excessive thirst) Polyphagia (excessive hunger) Also: Fatigue, Blurred Vision, Fruity Breath (Ketoacidosis sign) □ Nursing Interventions: □ Give Insulin! (Check orders, monitor for ketones) □ Encourage hydration □ to flush out excess glucose □ Monitor for DKA (Diabetic Ketoacidosis) → Kussmaul's breathing, fruity breath, confusion = EMERGENCY! □ □ NCLEX Tip: □ Hypoglycemia is DEADLIER in the short term! Always treat low blood sugar first to prevent coma. □ Drop a □ if you're saving this for NCLEX prep! □ #NCLEXPrep #DiabetesCare #Hypoglycemia #Hyperglycemia #NursingStudents #FutureRN #NurseLife #BloodSugarBalance #PassTheNCLEX



TikTok

[@educational_nurse1](#)

System ID: [564219](#)

C Posted: Mar 17, 2025

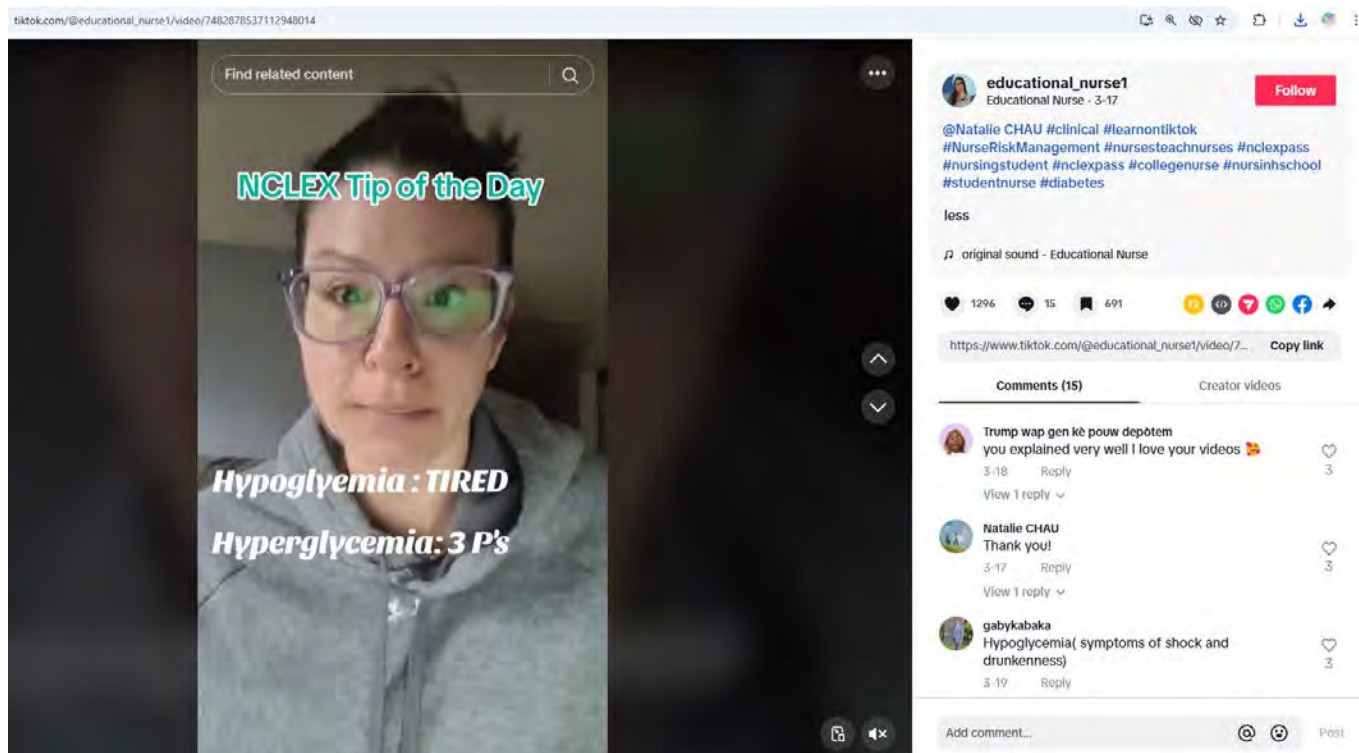
C Captured: Mar 28, 2025

f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7482878537112948014

After DOI

@Natalie CHAU #clinical #learnontiktok #NurseRiskManagement #nursesteachnurses #nclexpass #nursingstudent #nclexpass #collegenurse #nursinhschool #studentnurse #diabetes



[Link to download video](#)

B Facebook

B 61552231682394

B System ID: 564117

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0XA6fq51Vv7MdVVS1G4C9tr9mgvCcLxDEhGaPBVAEEeieYsKiLHNvJtpXhMhcFzrl&id=61552231682394

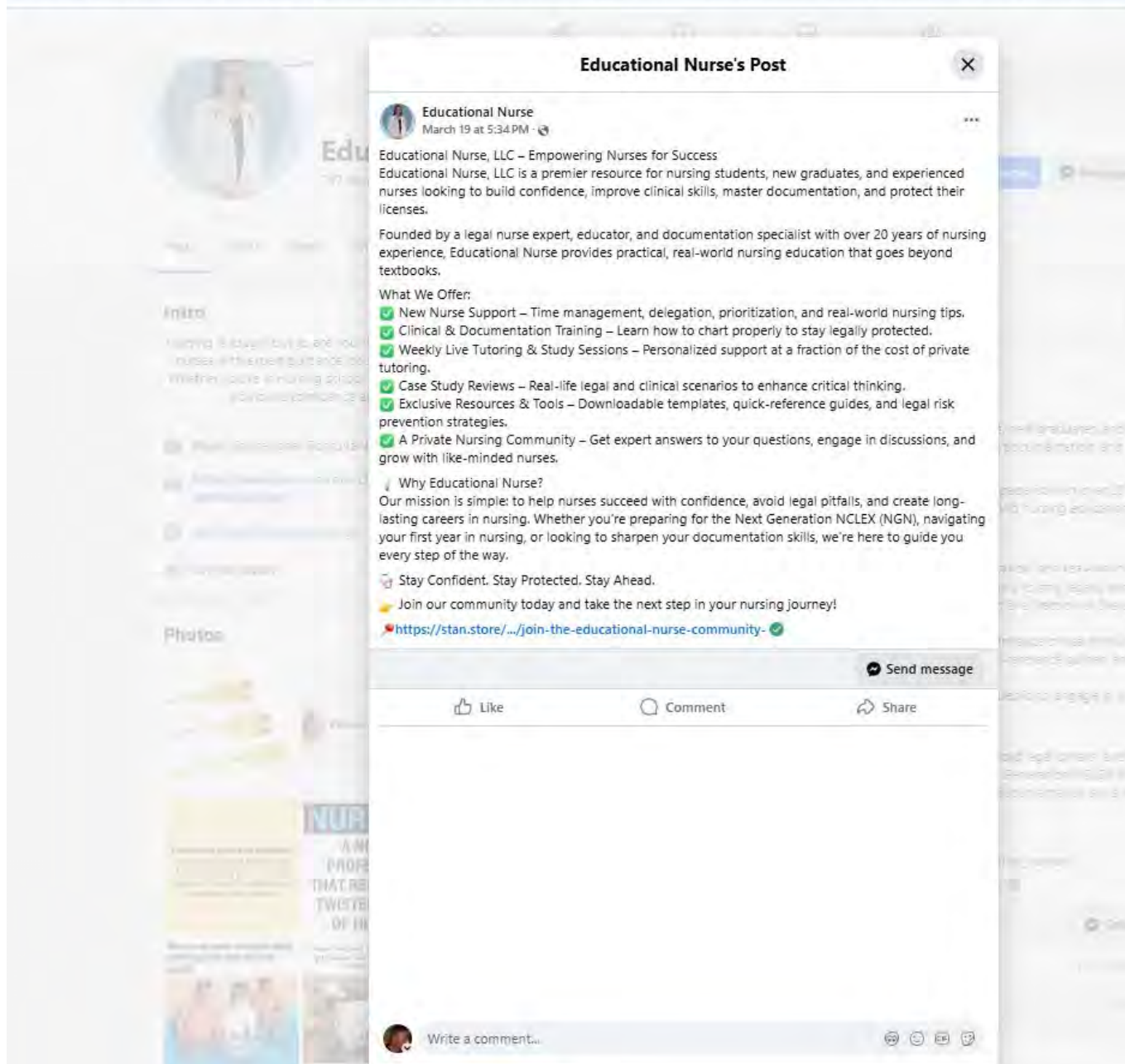
After DOI

Educational Nurse, LLC – Empowering Nurses for Success Educational Nurse, LLC is a premier resource for nursing students, new graduates, and experienced nurses looking to build confidence, improve clinical skills, master documentation, and protect their licenses. Founded by a legal nurse expert, educator, and documentation specialist with over 20 years of nursing experience, Educational Nurse provides practical, real-world nursing education that goes beyond textbooks. What We Offer: □ New Nurse Support – Time management, delegation, prioritization, and real-world nursing tips. □ Clinical & Documentation Training – Learn how to chart properly to stay legally protected. □ Weekly Live Tutoring & Study Sessions – Personalized support at a fraction of the cost of private tutoring. □ Case Study Reviews – Real-life legal and clinical scenarios to enhance critical thinking. □ Exclusive Resources & Tools – Downloadable templates, quick-reference guides, and legal risk prevention strategies. □ A Private Nursing Community – Get expert answers to your questions, engage in discussions, and grow with like-minded nurses. □ Why Educational Nurse? Our mission is simple: to help nurses succeed with confidence, avoid legal pitfalls, and create long-lasting careers in nursing. Whether you're preparing for the Next Generation NCLEX (NGN), navigating your first year in nursing, or looking to sharpen your documentation skills, we're here to guide you every step of the way. □ Stay Confident. Stay Protected. Stay Ahead. □ Join our community today and take the next step in your nursing journey!

□<https://stan.store/.../join-the-educational-nurse-community->

C Posted: Mar 19, 2025

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 564119

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid02Xm3aHwGKOLgNtC9pDtwN91q9PVRcmCwr5Sjhs9vTMqCRMGsqL7Vfg4ZOYVOjXYik&id=61552231682394

C Posted: Mar 19, 2025

C Captured: Mar 28, 2025

After DOI

□ Bottom Line for Nurses □ Preventing malpractice is about being proactive, not reactive. □ Safe practice □ Strong documentation □ Clear communication □ Ongoing education These are the cornerstones of protecting: □ Your patients □ Your career □ Your license Stay sharp, stay protected, and always advocate for yourself and your patients. □ #NurseLife #NursingTips #NursingEducation #LegalNurseTips #ProtectYourLicense #NurseSupport

Educational Nurse's Post

Educational Nurse
March 19 at 5:25 PM · 🌐

👉 Bottom Line for Nurses 👉

Preventing malpractice is about being proactive, not reactive.

- 👉 Safe practice
- 👉 Strong documentation
- 👉 Clear communication
- 👉 Ongoing education

These are the cornerstones of protecting:

- ✅ Your patients
- ✅ Your career
- ✅ Your license

Stay sharp, stay protected, and always advocate for yourself and your patients. 💙

#NurseLife #NursingTips #NursingEducation #LegalNurseTips #ProtectYourLicense #NurseSupport

License Defense Through Documentation

STAN STORE

Protect Your Nursing License with Every Note by @EducationalNurse | Stan

Documentation protects your license—learn to chart defensively and safeguard your nursing care...

Like Comment Share

Write a comment...

B Facebook

B 61552231682394

B System ID: 564120

f Kathryn M Watson MSN RN

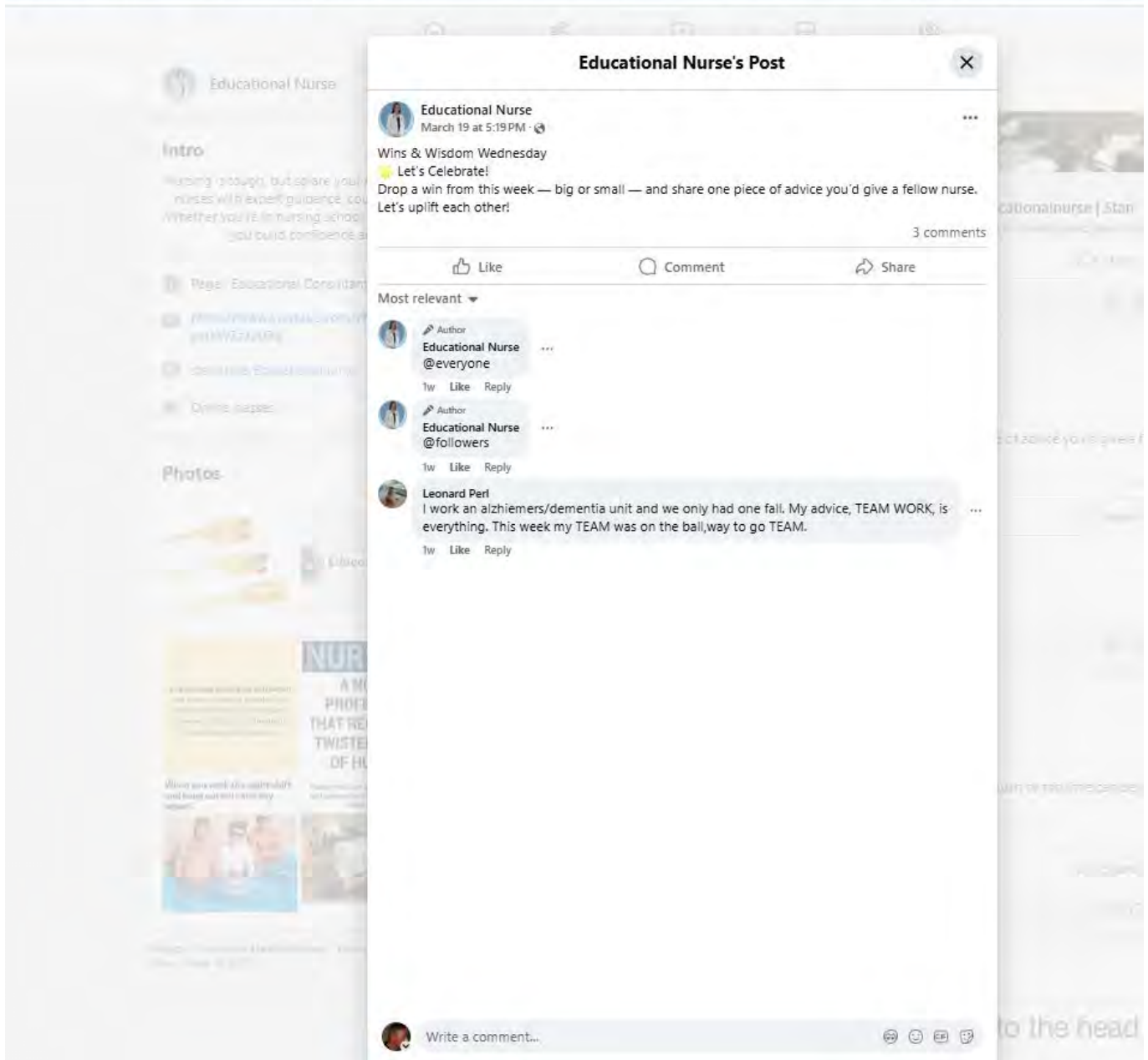
j https://www.facebook.com/permalink.php?story_fbid=pfbid0cSsRZbhXYkcKUwAytZ4SXfX6GNDs2R18jS6GLvP1OhNgKs6cHTdfbFrqWazUdodQl&id=61552231682394

After DOI

Wins & Wisdom Wednesday ☐ Let's Celebrate! Drop a win from this week — big or small — and share one piece of advice you'd give a fellow nurse. Let's uplift each other!

C Posted: Mar 19, 2025

C Captured: Mar 28, 2025



B Facebook

B 61552231682394

B System ID: 564123

f Kathryn M Watson MSN RN

j https://www.facebook.com/permalink.php?story_fbid=pfbid0cR8417z2rX1OYvrx8BEP7XVScjHT1typYrcJ1FpaiMN7nUB11UE4AOtjdOH099s7I&id=61552231682394

C Posted: Mar 19, 2025

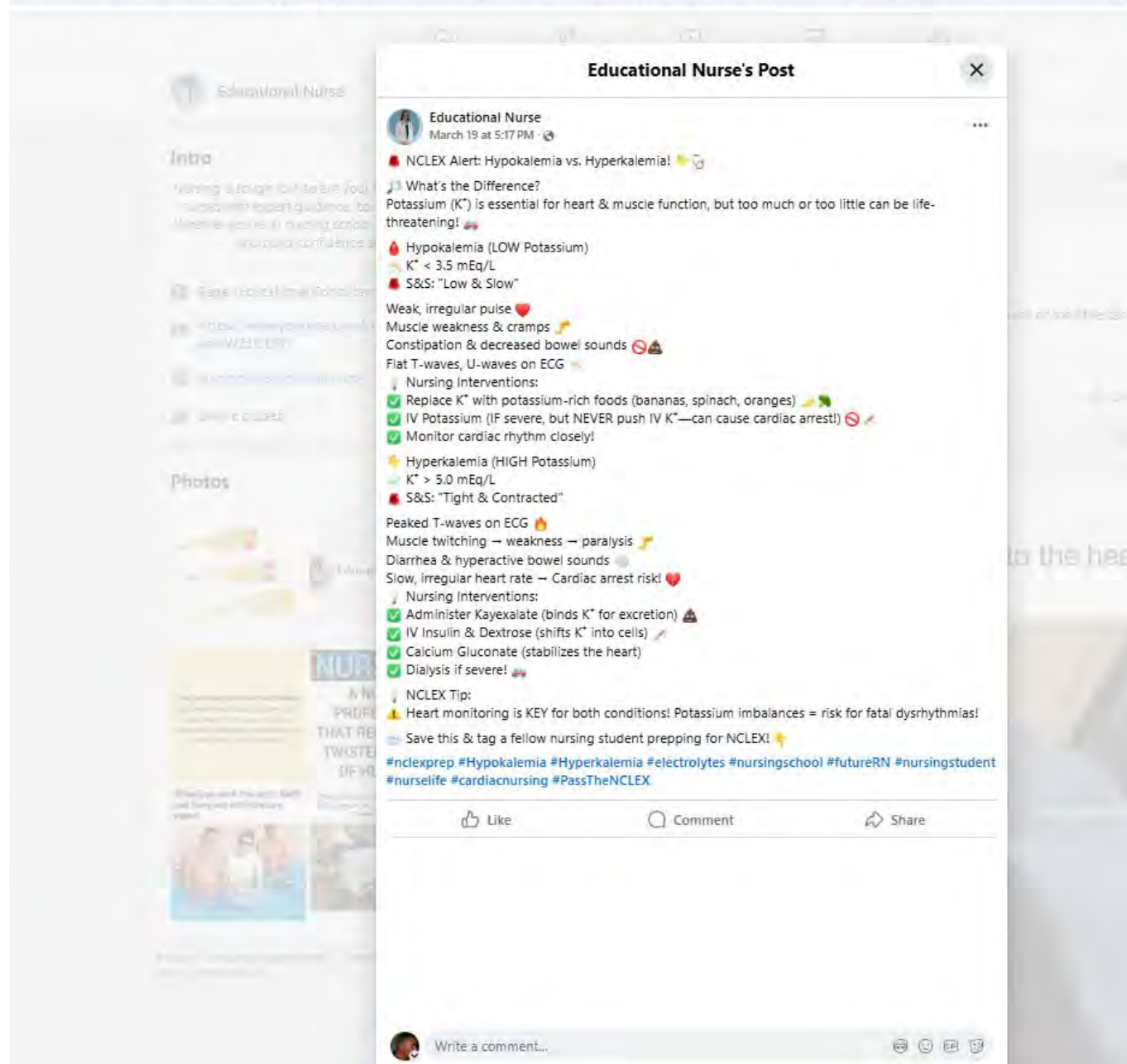
C Captured: Mar 28, 2025

After DOI

□ NCLEX Alert: Hypokalemia vs. Hyperkalemia! □ □ What's the Difference? Potassium (K^+) is essential for heart & muscle function, but too much or too little can be life-threatening! □ □ Hypokalemia (LOW Potassium) □ $K^+ < 3.5$ mEq/L □ S&S: "Low & Slow" Weak, irregular pulse □ Muscle weakness & cramps □ Constipation & decreased bowel sounds □ □ Flat T-waves, U-waves on ECG □ □ Nursing Interventions: □ Replace K^+ with potassium-rich foods (bananas, spinach, oranges) □ □ □ IV Potassium (IF severe, but NEVER push IV K^+ —can cause cardiac arrest!) □ □ □ Monitor cardiac rhythm closely! □ Hyperkalemia (HIGH Potassium) □ $K^+ > 5.0$ mEq/L □ S&S: "Tight & Contracted" Peaked T-waves on ECG □ Muscle twitching → weakness → paralysis □ Diarrhea & hyperactive bowel sounds □ Slow, irregular heart rate → Cardiac arrest risk! □ □ Nursing Interventions: □ Administer Kayexalate (binds K^+ for excretion) □ □ IV Insulin & Dextrose (shifts K^+

into cells) ☐ ☐ Calcium Gluconate (stabilizes the heart) ☐ Dialysis if severe! ☐ ☐ NCLEX Tip: ☐ Heart monitoring is KEY for both conditions! Potassium imbalances = risk for fatal dysrhythmias! ☐ Save this & tag a fellow nursing student prepping for NCLEX! ☐ #nclexprep #Hypokalemia #Hyperkalemia #electrolytes #nursingschool #futureRN #nursingstudent #nurselife #cardiacnursing #PassTheNCLEX

facebook.com/permalink.php?story_fbid=pfbid0cR8417z2rX1QYvrx8BEP7XVScjHT1typYrcJ1FpaiMN7nUB11UE4AQtdQH99s7l&id=61552231682394



TikTok

[@educational_nurse1](#)

System ID: [564216](#)

C Posted: Mar 20, 2025

C Captured: Mar 28, 2025

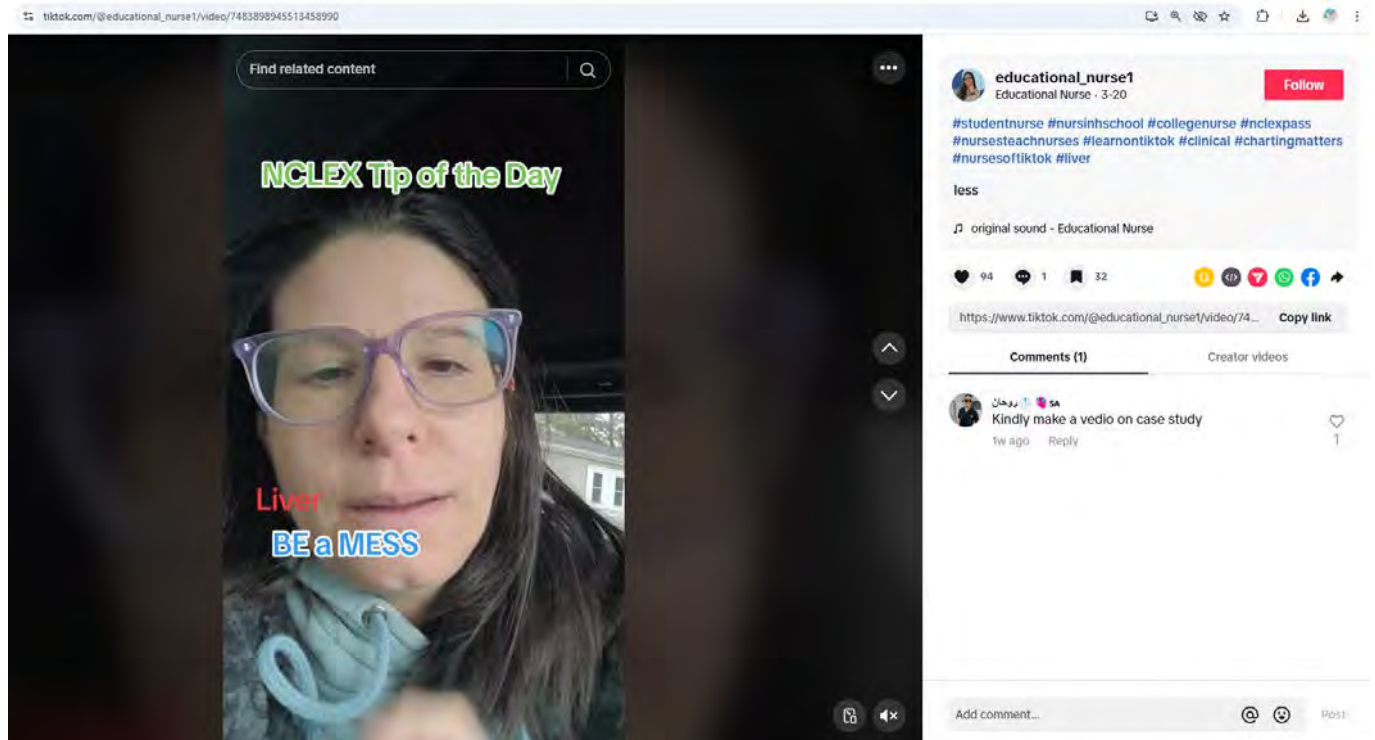
f [Kathryn M Watson MSN RN](#)

j https://www.tiktok.com/@educational_nurse1/video/7483898945513458990

After DOI

#studentnurse #nursinhschool #collegenurse #nclexpass #nursesteachnurses #learnontiktok

#clinical #chartingmatters #nursesoftiktok #liver



[Link to download video](#)

TikTok

[@educational_nurse1](#)

System ID: [564213](#)

f [Kathryn M Watson MSN RN](#)

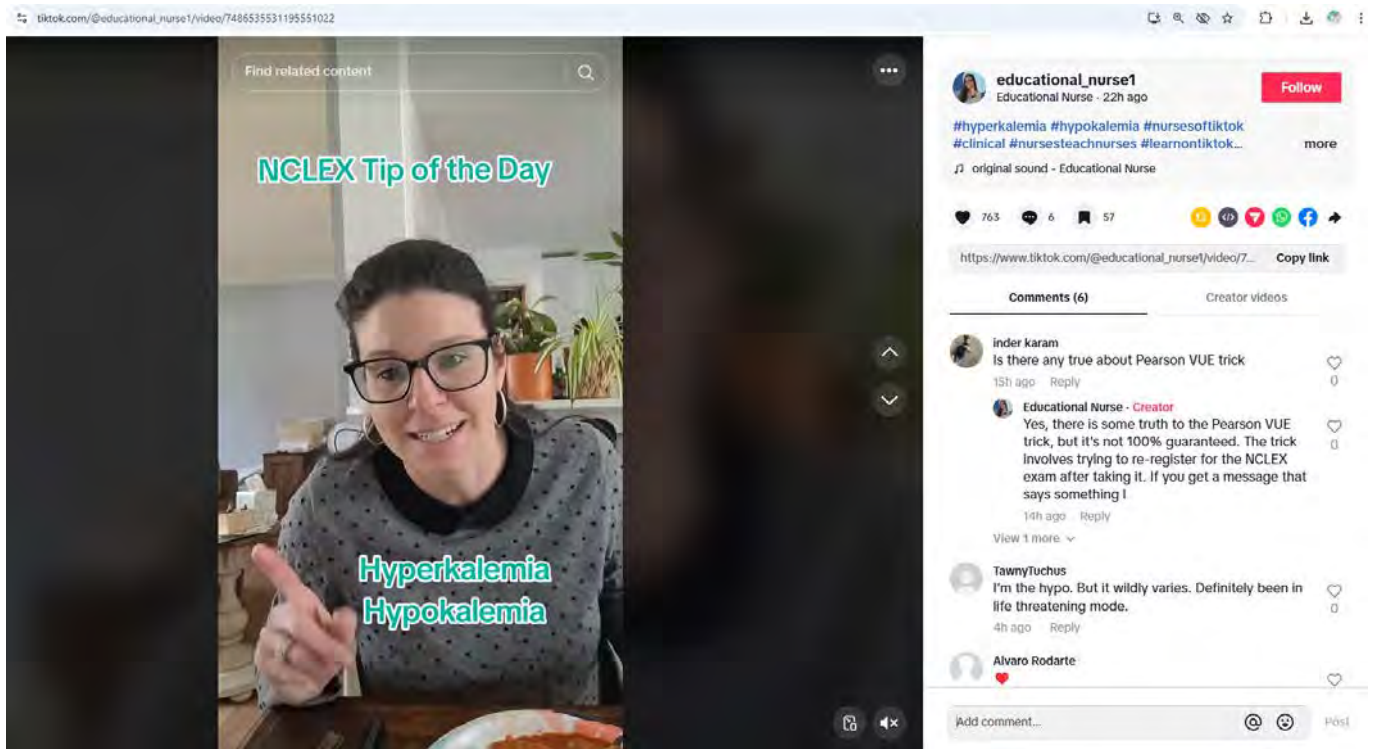
j https://www.tiktok.com/@educational_nurse1/video/7486535531195551022

After DOI

#hyperkalemia #hypokalemia #nursesoftiktok #clinical #nursesteachnurses #learnontiktok
#nclexpass #collegenurse #nursinhschool

C Posted: Mar 27, 2025

C Captured: Mar 28,
2025



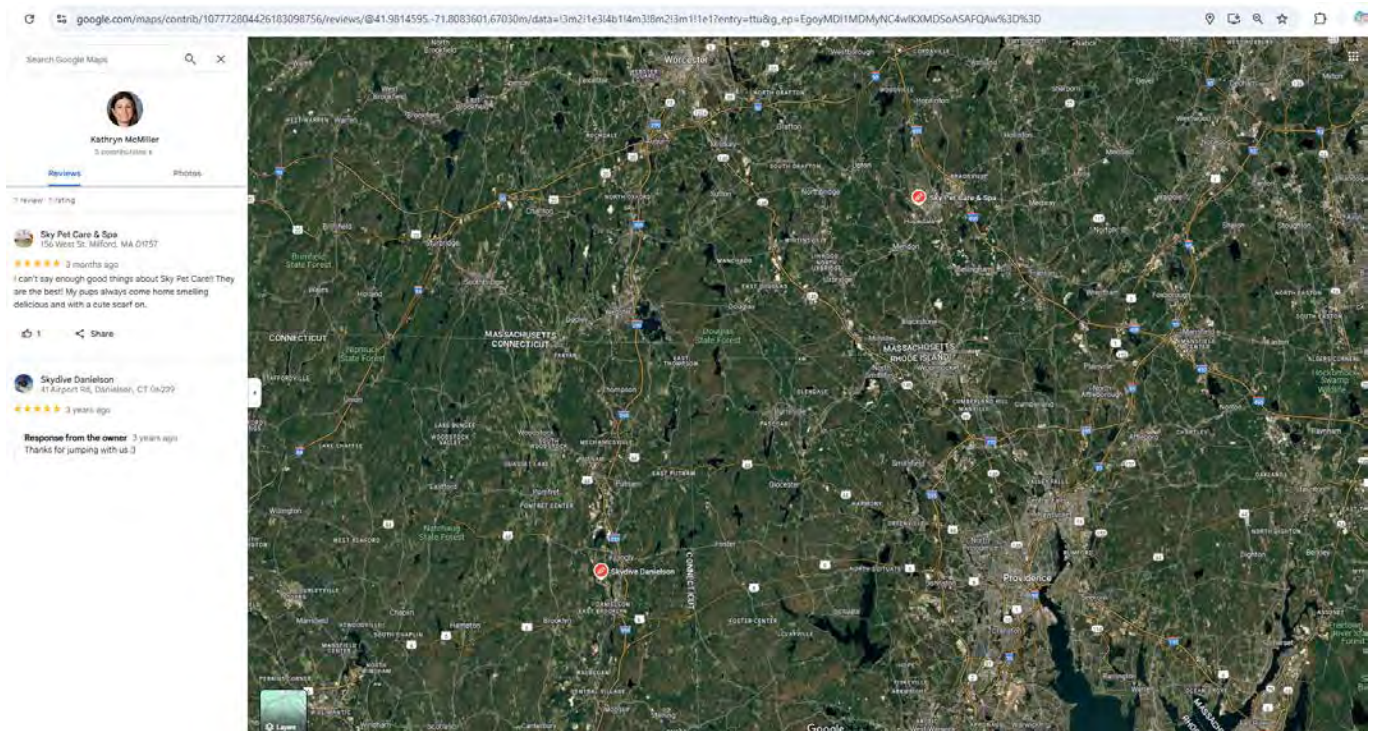
[Link to download video](#)

G Other

G Google Reviews
G System ID: 563415
f Kathryn M Watson MSN RN
j https://www.google.com/maps/contrib/107772804426183098756/reviews/@41.9814595,-71.8083601,67030m/data=!3m2!1e3!4b1!4m3!8m2!3m1!1e1?entry=ttu&g_ep=EgoyMDI1MDMyNC4wIjKXMDSoASAFQAw%3D%3D

After DOI

Google Reviews written by Subject.



G Other

G US Phone Book

G System ID: [563412](#)

f Kathryn M Watson MSN RN

j <https://www.usphonebook.com/kathryn-barr/UITM5kDN4QDNzYTM1gTOxAT0xkzR>

After DOI

US Phone Book for Subject.

C

Posted: Mar 29, 2025

C

Captured: Mar 27, 2025

usphonebook.com/kathryn-barr/UIITM5kDN4QDNzYTM1gTOxATOxzR

Search

Kathryn Barr / Kathryn Barr detailed

Kathryn Barr

Kathryn Barr Age 42 lives in Milford, MA

According to public records, Kathryn Barr currently lives at 5 Dartmouth Dr, Milford, MA 01757-1205 . The phone number Kathryn Barr is currently using is (508) 740-6292 with the carrier Sprint Spectrum LP.

View Kathryn Barr's personal details, location history, phone numbers, relatives, and locations below.

Search Background Report
(Sponsored)

Kathryn Barr
Also known as: Kathryn Watson , Kathryn M Watson , Kathryn M Barr , Kathryn Marie Watson , Kathryn M Ohman , Kathryn Marie Barr , Kathryn Ohman , K Barr , Kathryn Marie Ohman , Kathy Barr , Katherine Ohman.
42 years old

Current Address:
5 Dartmouth Dr, Milford, MA 01757-1205
(Jan 2016 - Feb 2025)

Current Phone Number:
(508) 740-6292
Wireless
Sprint Spectrum Lp
Last Report February 2025

Looking for MLS and Public Record Real Estate Information?
Search Over 175 Million Properties and Build Property Lists with Ease.
[Try PeopleFinders](#)
Sponsored by PeopleFinders.com

Previous Addresses:
71 West St, Milford, MA 01757-4143 (Oct 2011 - Apr 2024)

Relatives

Matthew Barr

Ann Barr

Donald Barr

Matthew Ohman

Roberta Watson

Alicia Watson

Arthur Watson

Frederick Barr

Nicole Kittredge

and 27 more available

Associates

Gary Macalpine

Alaina Mccarthy

Brian Volpicelli

Chris Wright

Daniel O'Neill

Destiny Branfalt

Angie Vantine

Catherine Devine

Christina Robida

and 38 more available

Email:

kmbarr1208@gmail.com

Public Records for Kathryn Barr

Paid Results Sponsored by TruthFinder.com

Kathryn Marie Barr

Milford, MA

Age 42

VIEW DETAILS

Public Records for Kathryn Barr

Paid Results Sponsored by Spokeo.com

Kathryn Barr

Milford, MA

Age 42

VIEW DETAILS

Public Records for Kathryn Barr

Paid Results Sponsored by BeenVerified.com

Kathryn Barr

Milford, MA

Age 42

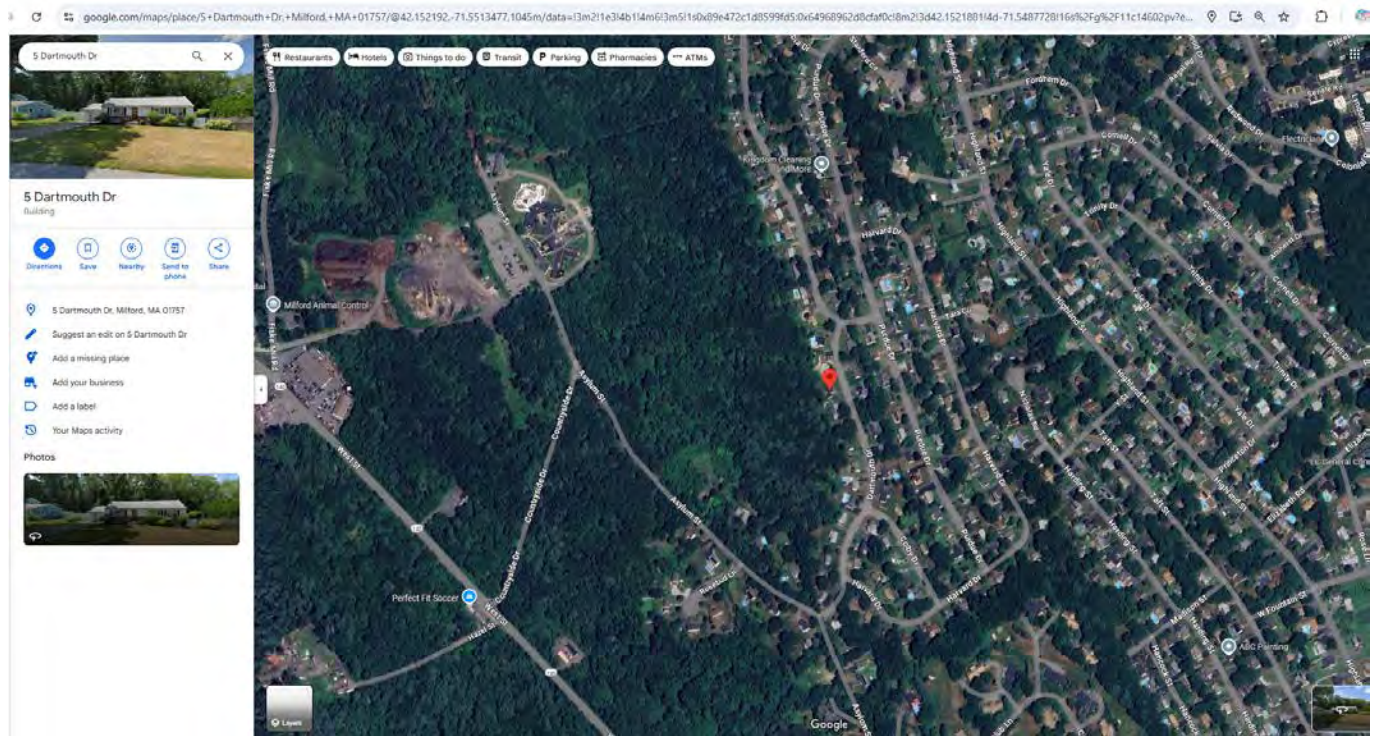
VIEW DETAILS

G Other

G Google Maps/Property Records
 G System ID: 563588
 f Kathryn M Watson MSN RN
 j https://www.google.com/maps/@42.242000,-71.410000,15z

After DOI

Google Map of the property: 5 Dartmouth Dr, Milford, MA 01757. Subject owns the property.
<https://www.masslandrecords.com/Worcester/default.aspx?AspxAutoDetectCookieSupport=1>



[Select All](#) | [Invert Selection](#) | [Deselect All](#) | [Print Search Results](#) | [View: 20 Pages](#) [50 Pages](#) [100 Pages](#)

Street Name	Res. Desc.	Book Desc.	Trans. Desc.	Street #	Trans.
DAINTY SOUTH DR	02/24/2002	67294173	MORTGAGE		MILFORD
DAINTY SOUTH DR	11/8/2002	68466199	MORTGAGE		MILFORD
DAINTY SOUTH DR	2/6/2002	6706671	DISCHARGE		MILFORD
DAINTY SOUTH DR	1/24/2002	66995199	DEED		MILFORD
DAINTY SOUTH DR	1/24/2002	66992002	MORTGAGE		MILFORD
DAINTY SOUTH DR	8/16/2016	31981471	DISCHARGE		MILFORD
DAINTY SOUTH DR	8/2/2016	5172724	M/C		MILFORD
DAINTY SOUTH DR	8/2/2016	5172724	DEED		MILFORD
DAINTY SOUTH DR	8/2/2016	5172742	MORTGAGE		MILFORD
DAINTY SOUTH DR	8/2/2016	5172782	DECLARATION OF HOMESTEAD		MILFORD
DAINTY SOUTH DR	8/2/2016	49711316	CERTIFICATE		MILFORD
DAINTY SOUTH DR	8/2/2016	49711316	DEED		MILFORD
DAINTY SOUTH DR	8/2/2016	49711316	MORTGAGE		MILFORD
DAINTY SOUTH DR	8/2/2016	49711312	M/C		MILFORD
2112 E. B. B. ST. J	11/18/1989	22866111	DEED		MILFORD
2112 E. B. B. ST.	11/30/1989	12483211	DEED		MILFORD

Doc. #	Rec Date	Rec Time	Type Desc.	# of Pgs.	Book Page	Consideration	Doc. Status
88111	10/24/2022	11:00:14.699	MORTGAGE	8	69794-178	26148.33	Verified Certified
Street #	Street Name				Description		
1	DARTMOUTH DR.				3.7 171 PL BK 263.31		
Grantee Grantor-2							
DANIEL R GRIFFIN JR MORTG							Grantee
BIOBROTHER CREDIT UNION							Grantor
Reference -1							
10/21/2022			100.000		2022		